

the
fp

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Nan Goldin

AS THE WORLD TURNS

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The art of Nan Goldin is at once deeply personal and resoundingly universal. From the 1970s to the present, Goldin has used photography to record her own history as well as those of her friends and loved ones as their stories intertwine around the world and across decades, through joy and sorrow. Goldin has long considered her camera an extension of her body, a mechanical appendage through which to capture the world as it unfolds before her. The artist's description of her work as "creating a history by recording a history" suggests how she protects, preserves, and restates her memories through photography, thus creating unbroken narratives that extend across decades.

Goldin was raised in suburban Massachusetts, and took up photography as a teenager in the Boston area. In the early 1980s, she moved to New York City's Lower East Side, where her fascination with music and her intuitive understanding of its emotional power enabled her to transform still images into propulsive narrative energy in her early slideshow performances. Those performances became *The Ballad of Sexual Dependency*, one of the best loved and most storied works of art of the late 20th century.

In this exhibition, *The Ballad of Sexual Dependency* (1980–2006, and extended later) is joined by two more of the artist's groundbreaking slideshow projections: *The Other Side* (1972–95) and *Scaphylla*

(2010). These three works not only form a visual autobiography, but also a generous and loving biography of her generation.

In addition to her slideshows, Goldin's powerful narratives have reached millions of viewers through other formats, including artist's books, individual photographs, and grids. In her most recent works, Goldin has paired imagery from her vast archive of photographs with images of painting and sculpture from European history. By translating the power of images in succession into the slideshow, the book, and the grid, Goldin invites her audience to experience her story as she recalls and records it. These poignant impressions, each documenting moments both personal and universal, position her as one of the master storytellers of our time.



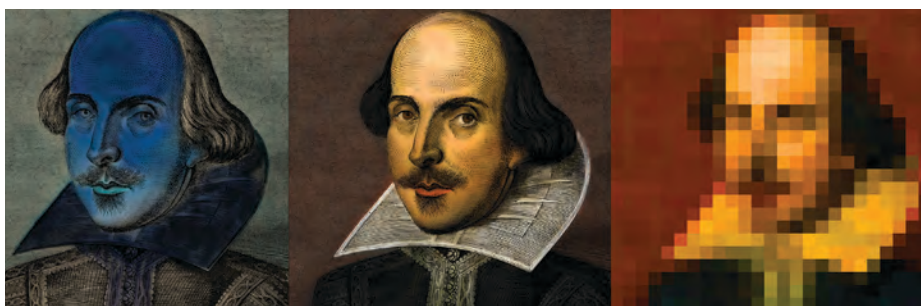


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Sunday, November 12 at 5:00 p.m.
Wednesday, November 15 at 5:00 p.m.
Thursday, November 16 at 7:30 p.m.

Friday, November 17 at 10:00 a.m. – School
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Friday, November 17 at 7:30 p.m.
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Maverick Lynes
Staff Writer

On October 29, 2017, I received news that my friend and teammate, Dannick Breton, had passed away. As somebody who has been fortunate through their life regarding loss, the initial shock was something I have never experienced. Dannick is the closest I have ever been to somebody that I have lost. Struggling to cope with the initial grief, I decided to resort to my usual method of dealing with sadness, writing. I decided to write a letter to him. Dannick was a talented, caring and an all-around beautiful human. I figured it would be a shame not to share the beauty he brought to the world.

Dear Dannick,

You were my teammate, you were the first person I saw on campus and you were my first friend. From the moment I saw you putting up your Quebec flag in your room, we shared a bond—Canadian hockey players across the border to fulfill a dream.

Our first day, we had the international orientation together. You showed up to the bus a little late, hair a mess but dressed well. Little did I know that being late with messy hair would be a common occurrence for you, but the dressing well was more of a hit or miss. I will never forget the day you came into the dressing room with a USM visor and a polo. It had to be one of the craziest outfits I have ever seen, and I had nothing but respect for it.

You and I would share stories of back home and our paths that led us here. I asked you how to say certain words in French, and you laughed at my attempts to repeat them back to you. You told me by our senior year you would have me speaking fluent French and even though you spoke English well, I said we would get rid of your French accent.

On the ice, what can I say, you were straight out of prep school and I joked about that with you. The new systems were confusing and all the freshmen were learning together. It took you a few times but everybody on the team noticed once that light bulb came on. You had a great skill set and all the tools to be one heck of a player in this league.

You were not always on time and you did not always do the drill correctly, none of us did, but the whole team saw the potential within you, which is why we pushed you to be your best possible self every day. It was because we love you.

The dressing room will be different without you, your empty stall a representation of how the whole team feels, we feel empty without you. We are a family who lost our brother and nothing can ever replace your presence. You were one of a kind and nobody can ever deny that.

My last time with you, you were in your Halloween costume. You had a black and white striped shirt, a black beret and a baguette. I looked at you and laughed, then said, “Where is your costume?” to which you replied “Don’t you see this baguette?” Then you asked the people I was standing with if they wanted any bread—that was part of who you were, funny and generous. Later on

I saw you, and your baguette was gone, so of course, I had to ask where your costume was, you stared at me, making a weird face that was a signature to you and said that you gave too many people your baguette. Again, you were too generous. My final moments with you will live with me forever; it is one of my fondest memories and the moment in which I will look back on with the utmost misery.

This initial shock is something I have never experienced; it feels as if life is in black and white and you were the key component to providing color.

I want more days with you, because the few that I had, they were not nearly enough. We had so many memories in our short time of knowing each other and having you taken from the world so abruptly is nothing short of a devastating reality.

I am going to miss your laugh, your smile and the way you would look at me when you were trying to make me smile. It was just this weird look that never failed to cheer me up during a dismal day. Your smile was unique and it could light up the room. You had the power to manifest merriment by stepping into a space and gracing people with that smile and that contagious laugh. You had an infectious personality that touched the people who surrounded you. Your generosity was a desirous trait that people should have looked to embody, you would help anyone with anything they needed, no matter your heavy schedule or the time of night, you would be there. You will be missed by everybody who was lucky enough to have you in their life.

I wish you knew the support group that surrounded you, so many people were in

your corner ready to be tagged in. So many people who cared deeply about you, they would have been there for you whenever and wherever, because they knew you would do the same for them.

From the bottom of my heart, I want to say that I am sorry I was not there for you when you needed me the most. I am sorry you were navigating a dark room without a light. I am sorry that you were lost and I did not come to you with a map. You were my friend and I let you down, I cannot say I am sorry enough times.

Now I go through the day with a significant vacancy in my heart and a void in the dressing room. Your jersey is hung up and I can’t even explain the depths to which I wish it wasn’t. I don’t want it hung up; I want you putting it on as we prepare for our games, I want to see you in it as I look down the bench during the game.

Now I look back and regret the times I took for granted when you came into the rink late. I am envious of those times, back then I wanted you to be on time, and now I just want you here.

I will miss you as my French teacher; I will miss you as the person I could count on for a smile, I will miss you as my teammate and most of all I will miss you as my friend. You were not just one of the good ones; you were one of the few great ones.

Dannick, you will forever be in my heart and forever remembered. Rest easy big guy.



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Please don't waste time worrying

Sarah Tewksbury
Editor-in-chief

Thursday morning the New York Times op-ed columnist David Brooks published a thoughtful analysis of levels of romantic and sexual interaction in this current societal, historical moment. Brooks suggested that there are currently three ways that men can be perceived, as either lovers, prospectors or predators. Comparing men to characters in novelist Jane Austen's stories, Brooks described the beautiful intensity of being a lover. He also raised the question about at what point the perception of a man's interaction with a woman shifts from being a mutual sharing of emotions to a form of a conquest.

In college the culture of sexual interaction has become about fulfilling an indulgence. Spending time with one another in a romantic way becomes void of devotion and fascination with the other person. In February, National Public Radio (NPR) discussed studies that show college aged students today are not having less sex than their parents and grandparents when they were at school, but that it is with a higher frequency of partners without meaningful connections.

Substantial connectivity versus empty interactions seems to be a dichotomy students cannot figure out how to navigate. Current societal rules are showing young people that regardless of what they choose to do and be and represent, they can still achieve a healthy, loving, romantic relationship.

However, there's something that is not considered here. The ability to find someone compatible is difficult when not everyone knows what they want. This is not necessarily their fault. Blame can be placed on the way society has been constructed. People are not walking around with signs on their foreheads that read, "I'm looking for one night with you," or "I'm looking to get to know you." When a connection is made between two people, each one might have a different experience. One may wake up

thinking they've met the woman of their dreams, while the other may not bat an eye to never see them again.

While some may find it satisfying to live without constraints to the way they share their romantic love, others can be caught in an empty realm of unfulfilled desire. Today's college aged students are living in a world that tells them societal norms should be upheld over what an individual truly wants to experience. Studies show that students at the university level crave human connection that is sustainable and that today, they are unable to construct viable romantic relationships because they do not know how to bridge the gap between love and lust. The inability to have a conversation about what each person wants to gain from a romantic human interaction is seemingly plaguing college aged students.

So here I am, a 22 year old woman who was brought up in a family that married young and had children as soon as possible. My perception of love is intense and complicated and the only reason I started believing in it is because I once found my dad's love letters to my mom from when they were falling in love. I'm living in a world that tells me it's okay to experience love and lust however I feel like it. While I think this is a beautiful and raw reality, I find that I am very lonely in my beliefs and desires. My belief is this: I want nothing more than for everyone in the world to be happy and to experience life and love how they want, meanwhile all I want is to know whether every man that looks my way is worth my time and energy. If you know me, you know I'm not patient at all. You know that I'm hyper and intense. Who I am makes it difficult to figure out if potential partners are willing to stick it out.

The level of appreciation I have for human connection is so very high. Hugging my father, high fiving my friends, sitting with someone new and saying hi, and above all, looking people in the eyes. Out of this degree of affirmation, I un-

derstand I am an average USM student and that as a group, we as students are all looking for something different from romantic interactions with one another. My purpose with these words is to insight acknowledgement from you that communal norms do not have to be your norms. With this enlightenment be inspired not to be silent. We have no way of knowing what tomorrow will hold, so be extraordinary every moment and share with those around you your thoughts and feelings. I recently asked my staff to be able to go home every night and look themselves in the eyes in the mirror and know that they did the best they could that day—even if the best they could do was being honest with me about what was going on in their lives and not being able to complete their work.

So I suppose the answer is oblique. I personally have no answer to the question of how to tell whether or not someone is a lover, prospector or predator. I have no way to know at what point is a good point to ask the person you want to spend more time with what they want. And I have no comprehension as to how soon is too soon to tell someone how you feel (probably because my vote is to say it loudly as often as you can). However, it is imperceptible to not ask these questions.

It is now, more than ever, that we must experience love and connectivity within our interactions. As we were always told as children in elementary school, if you have questions but are afraid to ask them, you should ask anyways because chances are, someone in the room has the same ones. I say this with kindness and with a smile: go ask these questions. You might be surprised at how well they are received.

Sarah Tewksbury



Election Day rapidly approaches for Mainers

New referendum is up for approval on voting day November

Sarah O'Connor
Staff Writer

The 2017 Election Day is on November 7. Maine voters will vote on five statewide ballot measures in the Referendum Elections. They will elect new members of the House of Representatives as some terms have come to an end. Additionally, Portland voters will elect municipal seats, including City Council At-Large.

Referendum Elections' purpose is to provide citizens to vote on referenda proposed by the Legislature and Constitutional Amendments. The November ballot had four ballot measures.

Question 1 is titled, "An Act To Allow Slot Machines or a Casino in York County." A public opinion from the "Maine Citizen's Guide to Referendum Election" states that a "yes" vote would "generate millions of dollars in revenue without raising taxes," which would allow the state to fund other programs. It would create new jobs and bring in tourism to Maine, nourishing the economic growth of the state. Opposition to question 1 worries about bringing gambling into the state.

Question 2 is titled, "An Act To Enhance

Access to Affordable Healthcare." It questions whether Mainers want to expand Medicaid to provide healthcare coverage for adults under 65 years old with incomes below 138 percent of the federal poverty level. According to the New York Times, Republican Governor Paul LePage has vetoed expanding access to the program under the Affordable Care Act five times. The issue will be voted on by referendum for the first time by voters.

A public opinion on question 2 from the same "Maine Citizen's Guide" saw that saying "yes" would "expand access to healthcare through the Medicaid program to about 70,000 Mainers" including many individuals in need. They noted it would "fight against opioid addiction and substance abuse," and simply, "It will save lives." Portland Press Herald showed the rift between the two sides on the issue of question 2. Business groups in Maine have extreme views. One side sees it as a source of economic benefits and the other side sees it "as a precursor to a tax increase."

Question 3 is titled, "An Act To Authorize a General Fund Bond Issue to Improve Highways, Bridges and Multimodal Facilities and Upgrade Municipal Culverts." It questions if the voter favors a \$150,000,000 bond issue for

construction, reconstruction and rehabilitation of highways, bridges, and facilities and equipment, and for the upgrade of municipal culverts at stream crossings.

Question 4 is titled, "Resolution, Proposing an Amendment to the Constitution of Maine To Reduce Volatility in State Pension Funding Requirements Caused by the Financial Markets." The "Maine Citizen's Guide" defines the question as a proposal to authorize an amendment to the "Constitution of Maine to extend the maximum period of time," from 10 to 20 years, "over which net losses in the market value of the state-funded retirement plans administered by the Maine Public Employees Retirement System must be retired or funded."

The November 7 ballot votes on positions in the municipal seats for the city of Portland. It's voting for a seat on the city council and school board for district four and five. There are two seats for Peaks Island. There is one seat for a five year term of the Portland Water District. More notably, there are seats open for the school board at-large seat and the city council at-large.

According to the Portland Press Herald, there are three democratic candidates running for the city council at-large seat. Their views

diverge regarding rent limits, housing affordability and moving forward with renovations at the elementary schools at city expense. It has been the most expensive council contest on this upcoming ballot.

The seat is currently held by Jill Duson, 63, who has been on the council for 16 years. Her competitors are Joey Brunelle, 32, and Bree LaCasse, 41. They are looking to intervene their community activism to achieve the three-year term on the council.

According to The Forecaster, the school board race is not especially competitive. Mar-nie Morrione is seeking re-election for the district 5 seat. Newcomers Timothy Atkinson and Mark Balfantz are running for the district 4 and at-large seat.

Elections for the office of Maine House of Representatives is in 2018. The general election is on November 7, 2017. All 151 voting House seats are up for election, in which they serve two year terms. They are elected every two years. There are 40 races to watch in the 2018 elections. There are 21 democratic seats, 17 republican, and 2 independent seasons. As of October 2017, Democrats hold a slight majority.

FP

The importance of community engagement

Equality's role in democracy and higher learning discussed

Ben Theriault
Staff Writer

Through a combination of education, community involvement and the emphasis of equality, Compact President Andrew Seligsohn aspires to redefine the way our country views Civic education. He seeks to promote a new way to execute Civic education with the help of local institutions of higher learning in areas all over the country. He came to USM to explain what the university can do for its surrounding residents.

Last Wednesday, Nov. 1, Seligsohn spoke at Hannaford Hall to advocate for his organization and its potential benefits it may bring the Southern Maine area. He was introduced by Samantha Frisk, the USM Coordinator of Service-learning and Volunteering, who spoke on USM's commitment to the Greater Portland and Casco Bay community.

Frisk emphasized the importance of community involvement during the learning process and expanded upon how USM incorporates these ideals into student's daily

education. Frisk facilitates communications with local schools, Preble St Resource Center and various after school programs, among many others to partner with USM classrooms.

Campus Compact is a self-described "relationship-driven organization" located in Boston. The group seeks to encourage community growth and development through institutions of higher learning. Compact is a way to centralize civic learning in our country and educate students about their potential for community involvement.

Andrew Seligsohn began his presentation with a playful jab at the National Association of Scholars (NAS), a conservative non-profit that also strives for the involvement of students in their respective communities. He stated that NAS has dismissed Compact as left-wing propaganda for their decision to abandon traditional methods of teaching civics.

Seligsohn used this icebreaker as an opportunity to segue into what he defines as new civics. This ideology revolves around the

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Dionne Smith / Community Editor

From **DEMOCRACY** on page 5

building and reinforcement of community. The old civics curriculum focuses on educating and lecturing students. Seligsohn, like Frisk and their many partners, concribe to the belief that the only way to truly understand and educate oneself about civic duty is through direct community engagement.

Following his definition of contemporary civics, Seligsohn discussed equality and its role in civic development. He illustrated this point through the telling of a personal story about his father's past. Seligsohn's father was Jewish and raised in Germany. Following the Nazi occupation, he was forced to flee.

Seligsohn recounts asking his father how he can speak to Germans without resentment. His father explained that during the occupation, an array of people ranging from friends and relatives, to business acquaintances and customers, called his family offering support, despite the tremendous risk it carried. When reflecting upon his interactions with other Germans Seligsohn Sr. stated "I have to assume that they were one of the people that did that [reached out]. That's what's needed to be equal. The people reaching out affirmed our equal-

ity. I can't do anything less than that in my conduct towards others."

This moving story was in essence the backbone of the presentation. Through its recitation, Seligsohn was able to explain that in a community equality is a right that must be granted to all people. He stated that equality naturally evolves into democracy, which inevitably leads to community building.

Seligsohn described equality's role in political development through the elaboration of two mindsets: one that conforms to egalitarianism and one common in the past that conforms to divine right. Historically, leaders were revered as divine entities. He explained that due to this concept, people in the past did not view each other as inherently equal, perpetuating the growth of monarchies and dictatorships. However, when people begin to view each other as no better or worse than themselves, democracy will naturally ensue because everyone's opinion is regarded as important.

After addressing equality's place in government, he went on to discuss the consequences of inequality in community. Inequality takes many shapes and sizes. Seligsohn explained that things such as "poverty, drug addiction, lack of a good education and even lead exposure significantly hinder one's ability

to meaningfully influence their community."

With this information in mind, we finally reach the goals and achievements of Compact. Compact wishes to "... share what we know from both research and practice to provide our members with the best tools for building democracy through education and community partnerships." For resources, they help implement sample tenure and other promotions; civic action plans that actively engage with the unique; and professional services to help orchestrate change and provide research findings.

Civic Action Planning is a process that is applied to colleges that wish to have a greater local presence. Over 450 university presidents have pledged to help devote resources from their universities to give back to the community.

The speech was concluded by USM president Glenn Cummings, who announced that USM is now part of the movement, starting 2018. One of the most notable promises from the plan is increased access to resources that help prepare for internship programs. .

The USM Civic Action Plan can be found at compact.org under the resources category.

FP

Storm ravages power lines

Kate Rogers
Staff Writer

Schools all over Maine were closed on Monday due to the storm that brought powerful winds and knocked out power for nearly half a million Mainers. The USM Lewiston campus lost power from around ten o'clock Wednesday morning until Thursday morning, while Portland and Gorham campuses did not have major issues and only canceled half a day's classes on Monday. CBS News 13 said on twitter that due to cancellations, schools may use up most of their snow days before winter comes. The power outages also caused businesses to close all over the state. Many hospitals had to run on generators and several more canceled surgeries and appointments for fear of being interrupted by outages, according to BDN.

The Portland Press Herald reported that it was the largest amount of outages in the Central Maine Power Company's (CMP) history, at nearly 500,000 Monday afternoon.

A large portion of the damage from the storm was due to trees and poles that had fallen down because of the power-

ful winds; the wind speed in Augusta reached 70 mph according to the Morning Sentinel. The fallen trees caused roadblocks, damaged cars and houses, as well as impairing power lines.

Flooding was reported in most river-side and coastal cities but the amount of rainfall was not severe. The highest reported rainfall was approximately 4 inches in some areas, according to the Portland National Weather Service. Major flooding occurred on the Kennebec, Carrabassett and Sandy rivers with towns like Waterville and North Anson getting detrimental water levels.

During the storm communities came together to assist with damages and provide resources for people without power. On Wednesday, the Augusta Civic Center opened as a warming shelter for people who had no heat. The Windham high school offered warm showers and a place for charging phones, advertised by the Windham Police Department's twitter page. Similar temporary shelters opened all across Maine. According to the Portland NWS, this October has been unusually warm so many people were alright without heat. No one in Maine was reported seriously injured during this storm.

Concerns about Halloween events

on Tuesday were brought up due to so many hazards in the streets.. Portland encouraged families to go out but to be very careful and aware of hazards, according to the Press Herald.

As far as the damages caused by the storm, according to WCSH 6 Portland news, "The state is pursuing a federal disaster declaration. MEMA has been working to collect information on storm damage, both public and private." Peter Rogers, the director of MEMA encouraged residents to keep track of all damages including spoiled food and let their local governments know about them.

As of Thursday night, CMP's online count of statewide power outages was down to around 70,000. The linemen and the firefighters have been working long hours fixing power and cleaning up as Governor Lepage has issued a state of emergency. CMP will likely have power back for everyone before Monday. Not all downed lines and trees have been cleared away and police along with CMP encourage people to stay far away from downed lines, and not to drive under them.

FP



Police Beat

*Selections from the
USM Department of
Public Safety police log
Oct. 11 to Oct. 20*

10/11/2017

Could you please come get this bong?

Marijuana Violation, Robie Andrews Hall. Caller looking to turn over drug paraphernalia to an Officer from a dorm room. No charges, report referred to Student Conduct.

10/12/2017

Not a good combo

Liquor law violation, G13C parking lot. Officer dispatched for a male subject that is intoxicated and upset. Gorham Rescue dispatched, transported to Maine Medical Center. Referred to Student Conduct.

10/13/2017

Sounds like Scorpio season to me

Disturbance call, Sullivan Gym. Officer dispatched to a fight in progress between two people. Officer separated two people that were fighting. Portland Rescue was dispatched for an injury. Both people involved in the fight were trespassed from the Sullivan gym. No pending charges. Case closed

10/18/2017

T-Birds vs. Scorpions

Vandalism, Portland Campus. Officer reported that a University vehicle was vandalized by an unknown person. Open, U.I.

10/20/2017

I told you not to come around here

Criminal Trespass. Parking Lot G2B UpperClass Hall lot. Subject spotted by officer that had been trespassed from campus. Subject was Charged with Criminal Trespass. Closed.

Police Beats are edited for grammar and style.

The need for intentionally chosen family

Nan Goldin exhibit showcases the importance of connection

Johnna Ossie
Managing Editor

Nan Goldin's photography is the kind of deeply personal art that makes you want to immediately sob, laugh and kiss the person closest to you. On display at the Portland Museum of Art through Dec. 31, this is the first time Goldin's work has been shown in Maine. The last time it was shown in New England was over 20 years ago, in 1985 at the Institute of Contemporary Art in Boston.

Goldin was born in Maryland in 1953 to a middle class, suburban family, but left her home at the age of 13. Her photographs explore the LGBTQ+ subcultures of Boston, New York, Provincetown and elsewhere. Many in the LGBTQ+ community will recognize the fierceness of love, the deep intimacy, the grief of loss and bonds of friendship that Goldin displays among this chosen family of friends and lovers. The works spans from the 1970s to present day.

In three separate slideshows set to music, Goldin's photography gives the viewer the

feeling they are reading someone's secret diary. In *Scopophilia*, Goldin's juxtaposition of photographs taken in the Louvre after closing time and her own portraiture give a tenderness and emotionality to her subjects. By contrasting portraits of her friends in New York City apartments or hotel rooms with renaissance paintings of long haired, nude women in an embrace, or the close up hands and breasts of sculptures, Goldin shows a vision of love, magic and intimacy that is not easily captured through the lens.

In *The Other Side*, named after a gay bar in Boston that Goldin and her friends frequented, Goldin captured positive images of LGBTQ+ life that were rare to find at the time. Goldin's photographs are raw, humanizing and poignant. Her images of drag queens not only on stage but sitting quietly in their apartments or getting ready backstage offered a lens into the community that was not easy to come by during the time she took her photographs. In *Other Side*, her friends sit in filthy apartments or laugh in bar booths. They picnic by the ocean or hold

hands in tousled bed sheets.

Goldin offers to the viewers a chance to sit with the emotional complexity, love, grief, friendship and joy of the community in which she lived. In the background of *Other Side*, John Kelly sings Joni Mitchell's, *Woodstock*, adding "...and I dreamed I saw the drag queens...and they found the cure for AIDS for all the nations." Goldin photographed the LGBTQ+ community leading into and throughout the AIDS epidemic, and her photographs capture her friend's grief, emotion and loss as they lose loved ones to AIDS. Many of the people in the photographs died of AIDS themselves.

In Goldin's opus, *The Ballad of Sexual Dependency*, a 45-minute, 800 photograph slideshow, she exhibits moments of love, marriage, sex, domestic violence, substance use, children and friendship. In the same slideshow we see a woman cradling an infant at her breast in the bathtub and later someone injecting heroin into their arm. Goldin displays the breadth of the human condition in a way that is heart wrenching. As with

most of Goldin's work, the balance between love and anger, hard and soft, closeness and distance is on full display to the point that the viewer feels they have stumbled upon something deeply secret. It feels as though you should look away - but cannot.

Goldin's on again, off again lover of several years, Siobhan, shows up regularly throughout this exhibit. In photographs that are almost piercingly honest, Siobhan stands nude in the shower, lies in bed or sits in a window, all the while staring straight into the camera. Goldin herself appears in the *Ballad of Sexual Dependency*.

Whether in a bedroom, drag bar, hospital room or water-side picnic, Goldin presents to viewers a set of photographs so moving and so rooted in the humanity of her subjects that it is easy to get lost in time while viewing her work. Goldin's is the kind of work that reminds us that we should spend more time by the sea, holding our friend's hands or noticing the way the light comes in through the window.

FP



Bradford Spurr / Photography Director

First Light: A discussion of Native Tribes

Wabanki and other tribes bring awareness to U.S. federal issues

Samuel Margolin
Staff Writer

“The trees and stone bore witness to their suffering and for generations as they have stood in solemn prayer. Generations of grief and hope rooted deeply in this land that I think I own. There are voices, which have been silenced, and they are dying to be heard. I can only stop talking and quiet my busy mind, break open my heart to all I don’t know.”

- From a poem by Penthea Burns, Maine Wabanaki REACH Co-Director.

The University of Southern Maine and Portland Friends Meeting co-hosted a film screening and panel discussion Thursday evening as part of the Gloria S. Duclos convocation series. In celebration of Native American Awareness month, the Maine Wabanaki-State Child Welfare Truth & Reconciliation Commission was invited to screen the new short film *First Light* and discuss some of the issues facing the Wabanaki tribes and other native tribes like them. Speaking at the convocation were the film’s director, Adam Mazo, Director of the Upstander Project, Dr. Mishy Lesser, as well as two women from the Maine Wabanaki REACH program.

The Upstander Project is an organization that makes original documentaries that challenge indifference to injustice by raising awareness of it, especially among teachers and students. Their focus is contributing to action-oriented campaigns in response to vital social issues. *First Light* is a 13-minute film that is a prequel to a full-length film called

Dawnland. Both films document the time between 1879 and 1981 in which the United States government took Native American children away from their tribes, devastating parents and denying children their traditions and identity in an attempt to assimilate the native culture into white America.

In 1999, the U.S. federal government pointed the finger at Maine and other states decreeing that they were not in compliance with the Indian Child Welfare Act (ICWA). This led to the creation of The Maine Wabanaki –State Child Welfare and Truth Reconciliation Commission (TRC) which later became Maine Wabanaki REACH which stands for Reconciliation, Engagement, Advocacy, Change and Healing. *First Light* introduces us to the technique and work of these commissions that began in 2013 as they attempt to discover what happened to Wabanaki families in the child welfare system, recommend improvements and illuminate the path toward healing and cooperation. Even in the short film, the American foster care system’s disproportionate native population was extremely prevalent.

Starting in 1879, the United States Federal Government mandated that any Native American children under the age of 16 should be removed from their home or tribe and assimilated into white schools and homes in an attempt to eradicate their native culture. This action would continue in the U.S. for almost a century with the last of these schools closing in 1981. This is the starting point of the TRC in 2013.

What the TRC concluded was that

decolonization should be at the heart of the process of reconciliation, which introduces a new approach to healing for generations of Native people suffering from historical trauma. Decolonization tries to reverse the process that occurred after hundreds of years of attempted cultural genocide. A more frightening figure is that from 2002 to 2013, Native children in Maine entered foster care at more than five times the rate of non-Native children. In other states such as Minnesota, Native foster care rates can be as high as 20 times the rate of non-Natives while consisting of only one percent of the total state population. This answers the question of whether or not Native populations are still affected today by the cultural genocide of the past. The answer is a depressing and concerning “yes.”

The speakers from the Maine Wabanaki REACH Program and the TRC spoke after the screening about their role in the film’s creation as well as overall goals and achievements of their organizations. Esther Anne and Penthea Burns both co-direct Maine Wabanaki REACH and are extremely active in efforts to better their Native communities. Burns outlines how 400 years of European invasions and genocides have shaped her tribe’s current state. She says that the Wabanaki people have a life expectancy of only 54 years, and face high rates of physical diseases, mental illnesses and severe poverty. These are remnants of colonization that still cripple Native communities all over the country. In order to fight these conditions of historical oppression, Burns advocates cultural reclamation.

“It is a testament to their strengths,” Burns said, “that Wabanaki not only survive, but are focused on thriving by reclaiming cultural wellness and spiritual practices and building their communities and resources in ways respectful of the interconnections within nature.”

Teaching and learning about these cultural and historical struggles can help the new generation not repeat the mistakes of the past. REACH has been working with USM and the Muskie School to help foster a new understanding and response to how and why Native students have disproportionate enrollment rates in college. The effort to address the adverse impacts of colonial oppression on Native students and their recruitment, retention and academic success is an important piece of the puzzle that is reconciliation.

Burns talked about how important events like the *First Light* discussion are to preventing further oppression and awakening

a thirst for understanding. She outlined that decolonization is not just a problem of the past, dismantling cultures using archaic strategies never to be found in modern society, but a modern danger that must be identified before it can be solved.

“Colonization is not only an historical concept related to European arrival and governmental relations. It is a current and active internalized system that defines all things (i.e., children, citizenship, rights, land, water, etc.) as resources that exist for the benefit of some through the oppression and harm of others, particularly indigenous people,” Burns said.

Decolonization is personal and grounded in community values. Burns is asking people to look at their lives differently; to unlearn, and learn again as they peel back the layers of systemic oppression.

“It is painful and humbling and necessary to recognize these impacts, but we do so in order to take responsibility for our own ongoing complicity in colonialism,” Burns said.

Mishy Lesser spoke before the screening about how many people were brought up knowing only one side of this historical narrative. Many non-Native people don’t even possess the understanding that non-Native ancestors’ colonialism hurt a modern Indigenous people.

“Unless we understand the process of dispossession triggered by the arrival of colonial settlers and how they justified taking someone else’s homeland, it will be hard for us to recognize that Indigenous peoples are contemporary peoples, they are our neighbors and colleagues and friends, and that they have been subjected to innumerable injustices for centuries,” Lesser said.

The need to make that connection between the history of our land and the more recent history of taking children is paramount to avoiding further damage to this once pristine society. Regardless of what someone’s race is or what someone thinks is or isn’t owed to the Natives of this land, education and connection are the tools that must be utilized in order to foster understanding, peace, and healthy communities.

Burns put it best, “Through this learning we recognize that it is our interconnectedness that will create change and help us all thrive. Decolonization embraces a commitment to creating a just future, with a peaceful and healthy world. We are bound together, approaching our relationships with humility, kindness, generosity and reciprocity not only for today, but holding the long view of the future.”

FP



Katelyn Rice / Staff Photographer

MOVIE TALK

War for the movie of the summer

Third Planet of the Apes takes a different approach to war

Dan Kilgallon
Staff Writer

For someone who loves their movies in threes, I was pretty excited to pick up War for the Planet of the Apes when it finally hit Blu-ray/DVD a few weeks ago. The film completes what I consider to be an underrated science fiction trifecta that began with 2011's Rise and followed up with 2014's Dawn. I am typically not on board with reboots in Hollywood, but Rise provided an excellent origin tale with enough originality to function as an above average action movie; a "Curious George" of sorts, for adults. I was looking forward to Dawn in 2014 and walked out of the theater shocked by the grittiness of the dystopia depicted and improved visual effects used to bring the monkeys to life in an even more realistic way. At this point, I knew that this Planet of the Apes reboot trilogy had a real chance to be something special.

War for the Planet of the Apes takes place just a few years after the battle that concluded its predecessor. The highly intelligent chimpanzee Caesar (Andy Serkis) and his society of apes have continued to live in the woods during this time, taking shelter in a tree hideout that is designed to protect them from the remaining humans. As explained in the first film, much of humanity was destroyed by a deadly virus known as the Simian flu. Now a ruthless, unnamed "Colonel" (Woody Harrelson) leads the last military force known as Alpha Omega. They attack the apes in the beginning of this movie and Caesar attempts to make peace with them after. However, Caesar is eventually forced to take matters into his own hands and set out on a path of vengeance for the greater good of his kind.

A part of me feared that War would be explicitly indicative of its title and loaded with over the top battle sequences from start to finish. While there is action sprinkled in doses throughout the movie, the story is really more focused on the emotional and psychological warfare between the conflicting species. Andy Serkis and Woody Harrelson really shined in making this happen, with a big part of the story shaping into a personal conflict between the two leaders. The motion capture work of Andy Serkis was somehow better than it was in the first two movies; it is obvious that he once more poured his heart and soul into making this monkey come to life. The result was a visually stunning character with a more compelling story arc than most other human antagonists of Hollywood blockbusters. Woody Harrelson complements this nicely through his own performance as a frightening antagonist with a dark moral compass.

It is hard to look past the subtexts and implications that have come with the Planet of the Apes franchise since the original film was released in 1968. War for the Planet of the Apes builds upon this history and provides plenty more room for discussion. Perhaps most obvious is the idea of

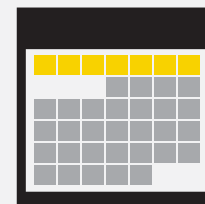


Photo courtesy of 20th Century Fox

how we treat animals in society. For example, by the middle of this movie, the apes find themselves held captive in a giant quarantine facility where they are used for manual labor by the humans. Some read this a metaphor for animal abuse while others would go a step further and say that the apes of this franchise have always been meant to represent oppressed minorities of our country. On top of these implications, there is plenty of imagery from our own global conflicts present in this movie. First of all, the facility where the monkeys are held captive is very reminiscent of concentration camps of the Second World War. Also, the decorated helmets worn by the Alpha-Omega soldiers seem to be a direct reference to the same headgear of the Vietnam War.

After another rewatch, I can confidently say that War for the Planet of the Apes remains my favorite film from a successful summer season. The movie is driven by the close of an epic character arc for Caesar and supplemented by plenty of previously mentioned thematic layers. This film can be consumed for entertainment while opening up more serious discussions; a rare feat for a summer blockbuster.

FP



**A&C
Listings**

Monday, November 6

W.E.B. Du Bois Lecture on Race and Democracy
USM Portland Campus
Hannaford Hall
Starts: 5:00 p.m. / Ends: 7:00 p.m.

Tuesday, November 7

USM Jazz Combo Performance
One Longfellow Square
Portland, Maine
Starts: 7:00 p.m.

Wednesday, November 8

Love is Alternatives to Incarceration
USM Portland Campus
Hannaford Hall
Starts: 6:00 p.m. / Ends: 9:00 p.m.

Thursday, November 9

Visiting Artist Lecture: Christy Georg
Maine College of Art
522 Congress Street
Starts: 12:00 p.m. / Starts: 1:00 p.m.

Friday, November 10

Twelfth Night (or What you Will)
USM Gorham Campus
Russell Hall
Starts: 7:30 p.m.

Saturday, November 11

Ballroom with a Twist
Merrill Auditorium
20 Myrtle Street
Starts: 7:30 p.m. / Ends: 9:30 p.m.

What caught your eyes and ears this week? Let us know! arts@usmfreepress.org

Want to submit an event?
arts@usmfreepress.org

Perspectives

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This Week In Winchester / 12
Crosswords and Puzzle Page / 13

Student Perspective

Weed out the facts

Jess Ward
News Editor

When people find out that I moved to Maine from Colorado, one of the first questions that they usually ask is if I smoke weed. The association between the two is not unfounded, since Colorado was one of the first states to completely legalize recreational marijuana. Amendment 64, which proposed new laws to legalize weed, passed in 2012 and has since been implemented in cities and counties all over Colorado. Despite being federally restricted, Colorado's state government has persisted in upholding its defense of marijuana both recreationally and medicinally.

I smoked weed for the first time when I was 16 and have not looked back since. My friends and I smoked at parties, in private and even during school. We fit our stereotype perfectly: stoners in Dr. Martens and oversized graphic t-shirts who just wanted everyone to chill out. As obnoxious as I am sure that was for our peers, smoking weed was a way for us to relax and not focus on the impending doom that would be our young adulthoods. It meant less panic attacks, better sleep schedules and time for friendships and community—in spite of our crowded schedules.

When I heard that Governor Paul LePage vetoed L.D. 1650, "An Act to Amend the

Marijuana Legalization Act," I was dumbfounded as to why. As a result of legalizing weed, Colorado has seen countless benefits. Statistics surrounding decreased opioid deaths, increased funding for schools, and the plethora of medicinal uses have been plastered all over newspapers and social media. However, LePage cited Colorado as one of his reasons for vetoing legalization, saying that "marijuana-related traffic deaths more than doubled since recreational marijuana was legalized [in Colorado]. The violent crime rate in Colorado increased nearly 19 percent since legalization, more than double the national rate."

This blatant misuse of information was shocking, as LePage not only created a one-dimensional image of traffic deaths and violent crime, excluding other factors like gun control and urbanization, and he conveniently failed to address all the positive change legalization made happen.

Regardless of what LePage thinks about the morality of legalizing weed, he seems to be ignoring one obvious fact: even if weed is not legal, people are going to keep using it. That is not to say that every illegal substance should be made readily available to consumers, but marijuana is, for the most part, a harmless plant that does not carry the risk of addiction or overdose as many other drugs do.

Even though I am not 21, and, therefore,



Bradford Spurr / Director of Photography

could not buy weed from dispensaries, it was never a sketchy or dangerous endeavor. Neighbors, coworkers, and friends' parents all grew weed in their homes, eliminating the risk of being sold laced or moldy weed. We felt safe in smoking, which is not something I can say about Maine. Last year, my friends and I were slipped phenylcyclidine (PCP) in the form of marijuana, and there was no way for us to come forward. We knew admitting that we smoked weed would leave us just as liable as the student who sold it to us, so we had no choice but to stay silent.

I have no doubt that within my lifetime, weed will be a completely legalized recreational substance in the United States. LePage may continue to block amendments and legislation, but as the stigma surrounding smoking fades and weed is seen as the lucrative and beneficial substance that it is, Maine's state government will have no choice but to listen to the voice of its people. So put on some Kanye West music, load your bowls, and wait it out. It cannot be long now, no matter what LePage says, before we are all feeling a little bit more relaxed.

FP

Editorial

Spreading kindness to counter divisiveness

Editorial Board
Free Press Staff

Every November, political signs line the sides of roads and keep mailboxes company at the end of driveways. Names of politicians or short, urgent messages telling voters to select either 'yes' or 'no' on their ballot are poignantly present. Since the 2016 presidential election, the intensity of political signs has escalated around the state of Maine. On a backroad traveled on only by locals in South Berwick, a handmade plywood sign was displayed that

read, "Hillary for Prison, Trump for President." Within days, the sign was vandalized and rebuilt.

The advocacy for peace through political signs was born through this time of great political contrast. According to the Bangor Daily News (BDN), one Mainer is attempting to spread love and kindness through signs. Amid political signs are a series of large white placards with massive red hearts painted on them. Peter Baldwin has invested his time and energy into spreading positivity in the world. During an interview with BDN, Baldwin said, "There

was such divisiveness over last year's election on both sides. It boils down to: "where is the love?" Others have opted to put intricate signs calling for peace in their yards, reading, "Hate has no home here."

During a time in the United States where the nation has been deeply divided and has crevices made out of hate, now is the time more than ever to acknowledge simplicity, kindness, love and all of the aspects of being a human.

There are many boxes and labels that, while intended to foster belonging and solidarity, also impose clear lines of difference.

Difference in and of itself isn't bad, it's actually a good thing. But all too often people lose sight of the importance of being human to one another. Of the 7 billion people on this planet, there are things which are common across the board. Each person is human. Each human breathes, wishes, dreams, hopes, cries, loves and searches for connection and belonging. Every human needs another person at some time or another. Being human means treating others with respect and care, despite differences.

See EDITORIAL on page 12

Advising Advice

How to do college when you are an introvert

Advisor shares her own story

Janis Albright
Contributor

Having gone through college as an introvert and, now, meeting many introverts as an advisor has made me think about how important it is for us to pay attention to our personalities in order to feel fulfilled during the college experience and beyond.

Do you prefer to have a nice dinner at home with some friends rather than going to a crowded restaurant? Do you like to think through a question during class before raising your hand? If so, you may have introversion tendencies. You may not necessarily be shy but may be happier when you can live in quieter, low-key environments. There are many ranges to the questions above, but there are probably many similarities.

Did you know that there are many famous introverts who made a quiet difference in this world such as Rosa Parks, Gandhi, Charles Darwin, and Eleanor Roosevelt? Even though our culture tends to favor extroverts—who are just as wonderful—it is estimated that a third to a half of the population are introverts.

The main “takeaway” is to find the zone of energy that works for you. Here are several tips inspired by Susan Cain, author of *QUIET: The Power of Introverts in a World that Can't Stop Talking*.

Find quiet spaces on campus where you can think deeply and recharge yourself. This solitude can lead to creativity and time to generate your own ideas. This is helpful for yourself, and if you are involved in group projects, you will have time to work out your own ideas before being asked to share them with others.

If you need to be in busy areas, take advan-

tage of noise cancelling headphones.

Involve yourself in experiences that are important to you.

Take time to read and write, if you wish.

Find a few close friends in which you can develop meaningful relationships and share interests. This may take you a little longer, but it is worth it. Also, it will take the pressure off of feeling like you will miss out on something if you do not socialize in large groups.

Advocate for yourself. If you need more time to participate in discussions in class, let your professor know or join a smaller group. By speaking up, there may be some choices to negotiate.

Give yourself credit for your ideas and interests. Practice sharing yourself in comfortable settings, since others can benefit from your talents and creativity!

It is ok if you do not want to be a leader, in the strict sense of the word. Remember that leadership can also mean developing a long-lasting involvement in an interest. For example, I know a student who has been monitoring the water quality of Casco Bay for over three years. I consider her a leader in environmental conservation.

Want to learn more? The Career & Employment Hub offers several self-assessments to give you insights on your personality. Also, having conversations with your faculty and professional advisors can give you time to reflect on college choices and can help you connect your interests to meaningful experiences. In the end, enjoy your journey and know that you have a lot to offer by being an introvert!

FP

**To submit a letter to the editor
please email your letter to
sarah@usmfreepress.org**

Letters to the editor should not exceed 500 words and the Free Press reserves the right to edit for length. Content should not be harmful to the USM community. The Free Press reserves the right not to publish submitted letters.

LET'S TALK ABOUT IT



I am a sophomore at the University of Southern Maine and was curious about what there is to do in and around Portland. I am of age and know there are a lot of amazing breweries and bars, as well as great nightlife, but one of my best friends is under 21 and we wanted to find fun stuff to do together around the city. Someone told me my student identification card gets me free access to some places as well, is that true? Thank you!

Johnna Ossie
Managing Editor

There are probably more bars and breweries in Portland than I have the space to list here. It seems like a new bar opens in Portland every week. I honestly think the best way to check them out is to just go for it. I could list every single bar in Portland here and do a pro/con list, but that would be a lot less fun (for both of us). Some bars and breweries that I used to frequent are Flask, The Snug, Bunker Brewing, Novare Res, and DTL. There's probably a bar in every block downtown though. Perhaps you could create some sort of elaborate plan to start on one side of town and work your way through every bar in Portland? It might take you the next three years of your college career to complete it, but it could be a good time! And please, please make sure to tip your bartender (that's per drink!).

As far as dancing goes, 80s night at Bubba's Sulky Lounge is almost always a good time. There is a cover charge, but it is free if you dress up in your best 80s garb. A high pony and some leg warmers usually does the trick. Flask Lounge and Jewel Box also host great dance parties in tiny spaces.

If you want to bear witness to some drunken debauchery, where most of the men are wearing backwards baseball hats and people are constantly tripping on cobblestones, head on down to Fore Street or Wharf Street. It is not really my scene, but many people seem to like it. While you're down there, wander into Old Port Tavern because I want you to see it. Just trust me.

For your friend who is under 21, there are

a lot of places in Portland that hold shows for all ages or 18+ shows. Space Gallery, State Theater, Port City and Aura are a few.

Your student identification card gets you into the Portland Museum of Art for free. You also get discounted Metro tickets (and soon they will be free), so you can check out areas further from town if you do not have a car. It is true that your student identification card will get you discounts around town; it is also true that the University of Southern Maine website does not list any of those places. Let us hope that someone in charge is reading this and decides to update the list soon (hint, hint).

Now, I am going to be your mother for a second and say some things about drinking. You can throw the paper out the window if you do not want to read it, or you can decide to read it—it is up to you. Please, for the love of all good things, do not drink and drive! You are not invincible despite what your 21-year-old brain tells you when you are three shots and two beers in. It is not worth it. Not to get home faster, not to be cool, not to go over to the house of the very cute person that you just met. Call a cab, call a friend, call your actual mom, walk four miles, but do not get behind the wheel! If you go out with your friends, please, take care of and keep an eye on each other. If you decided to go home with someone, remember that being drunk is not consent. If someone cannot verbally consent to you or is visibly drunk, you should probably get them some water, tuck them into bed and check on them in the morning.

There! Now that we got that over with, go have fun! I hope the Portland nightlife treats you well.

FP

This Week in Winchester

It's not all about traveling

Julie Pike
Staff Writer

Today, November 1, 2017, officially marks the halfway point of my semester abroad. It feels like I have been here in England much longer than only a month and a half, and I have several more weeks to go. The month of November is going to be filled with trips to other countries in Europe. I have plans to go to Rome, Prague, Paris, Austria and Barcelona. Unfortunately, my trip to Barcelona is still up in the air; my ability to travel to the country depends on whether or not it will be safe to travel to, with Catalonia attempting to gain independence from the country.

Aside from my travel plans, I have also been busy trying to figure out my assignments for my classes. Although the classes I attend are pretty similar to the ones I am used to in the United States, the way they are are graded are much different, however.

For one thing, attendance is not mandatory, at least it is not included in your overall grade. Students could skip as many classes as they wanted and just do the assignments. Nevertheless, the more you miss out on the lectures and seminars in each class, the more lost you would become when it comes to the final assignments.

In a majority of my classes, I will have one assignment due at the end of the semester that I will be graded on. My entire grade in those classes will be dependent on that one paper, which is daunting. I am used to having a bigger essay or research

paper as my final for classes, but I am not used to that being my only grade.

In some of my classes, we have small assignments that we work on during the semester that are not graded, which make me ask the question, "Why am I putting time into this?" It turns out that all of the little assignments lead up to help you with the bigger one at the end. Although they may seem like a waste of time, they are actually helpful in preparing for the final.

The professors at this University put a lot of faith in their students to do work independently. If you are able to budget your time wisely and put in the work each week, you will do well in the class. This opens the doors for people to slack off, however, they will find that they are just setting themselves up for failure.

The numerical grades here differ drastically. For instance, getting a 40 percent grade on your work here means that you have passed. Whereas getting that grade in the United States would be devastating. I am used to the grading scale being from 0-100, but here it is completely different. To be honest, I still do not completely understand how it works, but I will at least know if I have passed the class!

I had my first assignment that is actually going to be graded due this week, and it was a bit nerve wracking. Not only are words like 'behaviour,' 'criticised,' and 'organised' spelled differently here, I have to remember the spellings and their various essay structures from one class to another.

I am used to writing my assignments based on the Modern Language Association



Photo courtesy of Wikimedia

tion (MLA) format for referencing, which is pretty common across universities in the states. Over here, they use the Harvard University referencing system. Though I have no idea how it works, I have the use of the internet and can find resources on how to cite quotations and books that I use.

I ran into trouble just finding out how to structure the pages of my essay, as every website online had a different example of what a Harvard referencing type paper would look like. I eventually just broke down and asked my professor. I was hesitant because I did not want to seem like I needed special assistance just for being American and not being used to their sys-

tem, but I really needed help.

Aside from the grading system in each class being completely dependent on one or two assignments, I like how the classes are here. Most of my homework is just reading to do before class. I feel like I spend a lot less time doing homework than I am used to.

All of my classes include a part where the teachers actively engage with their students, in a seminar-type class, which to me is the best way to really understand what you are learning. I just hope that I will be able to find out how to correctly put together an assignment before the end of the semester. Wish me luck!

FP



Peter Baldwin / Bangor Daily News

From EDITORIAL on page 10

In the brief moment before snapping a photo, Kevin Carter had a decision to make: take a once-in-a-lifetime photograph, or be someone who, for once in a little girl's life, would take the time to care. He chose the former. He won his Pulitzer and he gained a long desired fame with his piece titled "The Vulture and the Little Girl." But he also carried with him for the rest of his days the guilt of choosing his role as a photographer over his role as a human. This type of choice happens every single day at varying levels of severity. The trouble is, over time people have become more desensitized to the guilt of refusing, or failing, to be human towards one another. Reputation, position, titles, fear, pride and other "important" things prevent people from being human to one another.

What happened to caring about a person simply because they're human? Why is a

political bumper sticker on a car the deciding factor in whether or not to pull over and help someone change their tire? Why is recognition more important than a life? It's time to focus on reaching out to others as equals, as humans who are all experiencing life at the same time. It's time to offer a hand of help, hope, love and support. You never know when you'll be looking for an encouraging smile, or just need someone to care. That support may come from the least expected sources.

As Roy Bennett once said, "Do not let the roles you play in life make you forget that you are human."

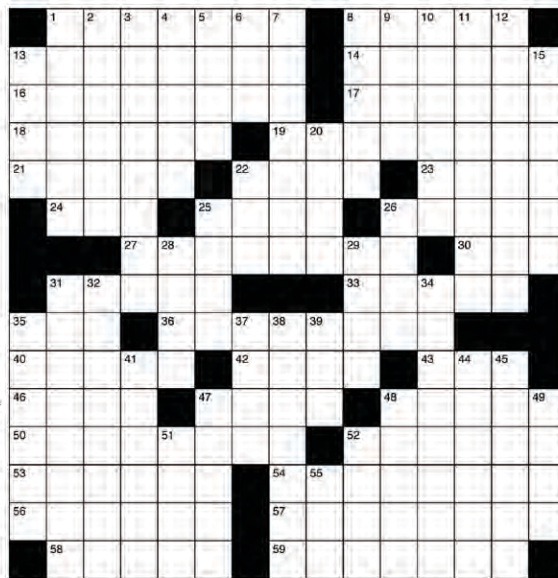
We are all humans, we will all need help at some point and we're all in this together. So let's ignore the titles, the reputations and the differences and simply stand together, support each other, and be human. Let us replace our differences with the sentiment of Baldwin and spread love over all else.

FP

Crossword

Across

1. _____ Williams
8. Diuretic's target
13. "Mambo _____" (1954 hit song)
14. Interior layer
16. "Been there" partner
17. Net blocker
18. Rattletrap
19. Chicken Little, e.g.
21. Springy songs
22. Building beam
23. Vous _____
24. German "the"
25. "I'm only _____ for the money"
26. Upper crust
27. Like some volcanoes
30. It began as Southwestern Bell Corp.
31. _____'s Razor (philosophical law of simplicity)
33. Remove a mistake
35. "The Name of the Rose" author
36. Snail at Chez Jacques
40. Dorks
42. "Garfield" comic strip waitress
43. "_____ Late for Goodbyes" (Julian Lennon hit)
46. Bean in "The Silence of the Lambs"
47. Tandoor-baked bread
48. iPod varieties
50. Baskin-Robbins order
52. Withdraw
53. Shaving foam
54. Collectively
56. Tasks or taxes
57. Sped up
58. Jittery
59. Espouses another point of view



Down

1. Impassive
2. Dagger grip
3. Like some blankets
4. Moreno and Coolidge
5. True in Tyrol
6. "_____ pig's eye!"
7. None whatsoever
8. British composer Sir Edward _____
9. French fashion icon
10. Canine cover
11. Armies of regular citizens
12. Licorice liqueur
13. Revered rock star, e.g.
15. It follows "On your mark!"
20. Do, re, mi, fa, sol, _____, do
22. Corp abbreviation
25. Chow chow chow, maybe
26. Saarinen of Finland
28. Scottish denials
29. Singer Suzanne
31. Sealab resident
32. Chevrolet sports car
34. Embassy officials
35. Wrap around
37. See ya, in Sicily
38. Algonquian Indian
39. LBJ follower
41. Enter quickly
44. Low-scoring tie
45. A whole lot
47. Like some paganism
48. Not familiar with
49. Bit of bird food
51. Middle marks
52. Coarse file
55. Maple syrup base

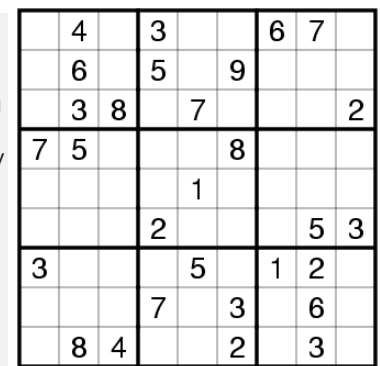
The solution to last issue's crossword



Sudoku

Level of difficulty: Easy

The object of a sudoku is to fill in the remaining squares so that every row, every column, and every 3×3 box contains each of the numbers from 1 to 9 exactly once.



Word Search

Theme: Comfort Foods

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.



burger
chicken
chips
chocolate
cookies
donut
fries
hot dog
ice cream
macaroni
pancakes
pie
pizza
potatoes
sandwich
soup
spaghetti
taco

Cryptogram

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

FWX UXF'V GOMNF OV QTKW FNN GXV-
VOQOVFOK. WX KNTMB TVX RJ RMFOFTBX
RBUTVFQXJF.

And here is your hint: O = I



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USM Community Page



People of USM Skip Cadigan

Liz Trudel
Staff Writer

The Sullivan Recreation and Fitness Complex, located on the Portland campus, is a multipurpose facility designed with student fitness, wellness, and recreation in mind. The complex is comprised of two fully equipped, air-conditioned fitness centers with a large free weight selection, a variety of universal/cardio equipment, saunas, and extensive locker rooms with a multitude of showers and restrooms. The complex is home to basketball courts, racquetball courts, a squash court, a spin room, and a multipurpose room. For a small price, students can receive personal training sessions, specifically tailored to meet their individual needs and to help them set and reach their personal goals. Also offered at the complex, is a therapeutic massage service by a nationally certified massage therapist, Linda Dillingham.

The heart and soul of the successful Sullivan Complex facilities can be found in the central office of the basement complex. George Cadigan, better known as “Skip”, is the Sullivan sports amenity manager, or “the funny guy at the gym,” as he likes to refer to himself. Skip has been working for the University of Southern Maine’s sports complex for 33 years and he loves his job. He adores his coworkers and expresses his gratitude for the support that they show him and his family. Cadigan recalls when his daughter was born and he was on “baby leave.” His boss called him into work for an “urgent” meeting and when Cadigan arrived, he found that his coworkers had given him a surprise baby shower. Skip states the best portion of his job is the people and the sense of the community which he feels with the gym members and his coworkers. He describes the gym community as a large, close-knit family with traditions



Liz Trudel / Staff Writer

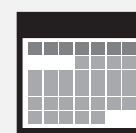
that everyone looks forward to, one tradition is the annual Christmas party. Cadigan states that he is a “people person” who loves to interact with the gym members and he enjoys teaching the proper usage of the gym equipment to assist individuals to achieve their personal fitness goals. Cadigan is currently mentoring a university student who desires to fill his place someday. He states, the greatest feeling in the world to him is teaching students to execute the job that he enjoys and to witness their passion for the field of work.

Cadigan has always had a love of sports, fitness, and the outdoors. Growing up, he enjoyed hunting, fishing, skiing, and rugby. In his earlier years, he worked as a first-aid ski patrol in the Pleasant Mountain Ski Area of Maine. He enjoyed assisting people on the mountain, which helped guide him along the path to his current vocation. Cadigan attended Springfield College in Massachusetts, where he majored in recreation, a field which his heart had

been set on from a young age. Skip stated that the biggest role model in his life was his grandmother. Very much like Cadigan, she adored people. He expressed his grandmother’s great love for others in the way in which she always had guests in her home and she constantly went out of her way to make special birthday cakes when it was someone’s birthdays. In town, Cadigan’s grandmother was referred to as “mom.” Cadigan’s grandmother once told him, “There are many different roads in life, but they all lead to the same place. There aren’t any bad roads. All you can do is keep following the road, stay in the middle of the road, and take everything in moderation.”

If Cadigan could give one valuable piece of information to current college students, it would be to chase after your dreams and not the money. Also, to find your passion and what makes you, you, and do it, because you will enjoy going to work every day.

FP



Community Events

Monday, Oct. 6

W.E.B Du Boise Lecture
USM Portland campus
Hannaford Hall
Starts: 5 p.m. / Ends: 7 p.m.

Tuesday, Oct. 7

The Intersection of Racial Equity,
Nonprofit Programming & Implicit Bias
USM Portland Campus
Wishcamper Center
Starts: 5 p.m. / Ends: 6:30 p.m.

Wednesday, Oct. 8

Love is Alternatives to Incarceration
USM Portland campus
Hannaford Hall
Starts: 6 p.m. / Ends: 9 p.m.

Thursday, Oct. 9

Thanksgiving Fundraiser
USM Portland campus
Woodbury Campus Center
Starts: 11 a.m. / Ends: 1:30 p.m.

Friday, Oct. 10

Rotary Veteran Appreciation Luncheon
Italian Heritage Center
40 Westland Ave
Starts: 11:30 p.m. / Ends: 1:30 p.m.

Saturday, Oct. 11

Planet Nine
USM Portland Campus
Southworth Planetarium
Starts: 3 p.m. / Ends: 4 p.m.

Sunday, Oct. 12

SMCC Obstacle Race Fundraiser
SMCC Campus
1 Fort Rd.
Starts: 10:00 a.m.

Want us to include your event?
dionne.smith@usmfreepress.org

Sports

Friday

Women's Ice Hockey

vs. Mass.-Boston
4:00 p.m.

Friday

Men's Ice Hockey

vs. Mass.-Boston
7:00 p.m.

Saturday

Men's Cross Country

NCAA Regional's
Gorham
11:00 a.m.

Saturday

Women's Cross Country

NCAA Regional's
Gorham
12:00 p.m.

Saturday

Wrestling

@Roger Williams
Invitational
10:00 a.m.

USM wrestler makes a stand thousands of miles from home

River Plouffe Vogel
Sports Editor

Raul Gierbolini is a freshman, and he is one of the few students who is from Puerto Rico at USM. Gierbolini is also on the wrestling team, which is why he came to USM, despite it being so far from his home. This speaks to the reputation the USM wrestling team has amassed with Mike Morin, in his third year as head coach, widely regarded as one of the top Division 3 programs in the country. Gierbolini grew up in Carolina, Puerto Rico, and wrestled there since he was a child. He is a five time Pan American Games medalist and three time National Champion for Puerto Rico. He spent his senior year at Somerset Academy Charter High School, in Florida, where he racked up an impressive overall record of 83-28, and was ranked fourth in the state for his weight class. Gierbolini is easy to spot in crowd, probably wearing a winter hat pulled over his ears, while sporting a big smile on his face. He is open about who he is, his community, his faith and his culture.

Recently however, Gierbolini's mind has been back with his family and friends. The weight he carries on his shoulders is obvious, thousands of miles from home. On Sept. 20, a category four hurricane with 150 mile per hour winds made direct landfall on Puerto Rico. Experts say it was like a 50 mile wide tornado that swept directly over the island. Almost a month later, as of Oct. 16, some 86 percent of the island's 1.57 million electricity customers were still without power. There is barely any clean drinking water, foods, supplies and any other essential resources. After the hurricane, Gierbolini knew he had to do something.

"It's been hard being so far away from home, while at the same time, trying to do something bigger," said Gierbolini.

Gierbolini has hosted several fundraisers on campus and has worked with his local church as well. He has also paired up with the Student Athlete Advisory Committee (SAAC) to raise money and spread awareness for the cause. However, that is not al-

ways so easy.

"It's been very hard, especially on this campus, being the only Puerto Rican here. It hurts, it affects me, but I'm used to it. If I was able to be connected to more Hispanics it would help, because when we are together, we are a lot stronger than we are divided," said Gierbolini. "It's been incredible the way people have helped, especially with me just being one. I think it shows the power of going out and asking questions, and being persistent."

Gierbolini is no stranger to stepping up and being in the spotlight. Some might say it runs in the family. Gierbolini's father is a commander in the U.S. Army in Puerto Rico and has been working tirelessly around the clock since Maria made landfall. It is clear how proud Gierbolini is of his father, and the role his whole family has played in helping others, but also that he feels torn in being so far away. His family is from the north side of the island. They live on a big farm and even though their house survived, they saw huge loses in trees and livestock.

Gierbolini explained, "Puerto Rico has a metropolitan area, which is less rural than the rest of the island. The metropolitan area gets more energy and focus, so those areas have seen power come back, but a lot of Puerto Rico, like a lot of it, in the rural parts, it's been hard to contact people. It's been hard to get to people and it's been hard to get resources to people. It's just hard, with no electricity and no water it causes a domino effect. Things can't get to places because their isn't good communication."

It could take anywhere from 45 to 80 billion dollars to completely rebuild from the damage of hurricane Maria. The U.S. government has pledged to do everything it can, but help and support have been slow and insufficient. Images of the aftermath are jaw dropping, and frequently described as apocalyptic by viewers. A month after its landfall, barely anything has changed and the media firestorm that once covered every aspect of the storm's destruction has subsided as well. Without the coverage, people's minds have started to wander else-



Photo courtesy of Raul Gierbolini

where. That is why Gierbolini's work has only just begun.

Puerto Rico will need funding and support for months, possibly even years, to come. Every aspect of life there has been changed, and thousands of Puerto Ricans have left with their families to continue their educations in a different state, another overlooked impact of the hurricane's aftermath.

"As Hispanics we don't really lose who we are has Hispanics, like the beauty of it, but we do lose some of our culture. There are a lot of Hispanics who look for refuge in another place, they don't really accept their home how it is. But I love Puerto Rico, when I finish here I'm going back. I don't want to see it suffer," said Gierbolini. "There are thousands of Puerto Ricans that have left the island to continue high school or university elsewhere. That is sad for me,

I've seen so many people that I know go to another place, but so many can't leave, they don't have the money, they have to stay. My parents won't leave, it's our home."

Gierbolini's determination mirrors that of millions of Puerto Ricans who are back home putting the pieces back together. They have lost everything but hope. They have been ignored and neglected by their own country and president, yet this does not stop them. For such a tiny group of islands, the spirit and culture of Puerto Rico is larger than life. Gierbolini is a perfect example of that, bringing that same spirit and perseverance thousands of miles from home, to a tiny school in Maine.

If you want to get involved you can email River Plouffe Vogel at river@usmfreepress.org, or Raul Gierbolini at raul.gierbolini@maine.edu.

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