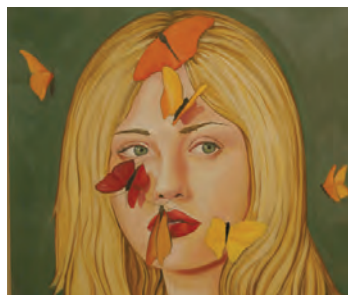




INDIA STREET HEALTH CLINIC

The India Street health clinic may soon see its services consolidated, but why? Find out the details inside.

NEWS 2



GRADUATING ART STUDENT GALLERY

Seniors show off their final pieces before they go off into the post-graduation world.

ARTS & CULTURE 7



ANIMALS ON CAMPUS

Last week, the Animal Refuge League brought bunnies to campus. Are animals therapeutic for stress?

COMMUNITY 14

the free press

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USM professor gives talk on drone warfare

Bryer Sousa
Free Press Staff

USM English Professor John Muthyala served as a facilitator of critical cultural reflection and as an educator as he presented a talk titled “Drones: Weapons of War or Tools for Entertainment” to students and members of the community in 423 Glickman Library on April 13.

In Professor Muthyala’s presentation, two questions were explored as part of the Faculty Lecture Series that was brought about by the Department of English, those questions being: “How do digital tools, systems and networks extend, justify, or contain America’s role in the world? And what impact do they have on society, culture and liberal democracy?”

Professor Muthyala elaborated on the two aforementioned questions due to the fact that he is penning a book concerned with surveillance cultures and drones. Moreover, his intellectual endeavors are concerned with various questions in disciplines such as the digital humanities, globalization studies, the literature of the Americas and cultural criticism. In fact, Professor Muthyala has authored two books, *Reworlding America: Myth, History, and Narrative* and *Dwelling in American: Dissent, Empire, and Globalization*.

When asked about how he arrived at the title of the talk, Professor Muthyala stated that “It [the title] was framed in that way to avoid the perception that drone technology is inherently oriented only towards control, surveillance, and destruction, at least in the way that drones have captured the public imagination, that is, primarily as tools of state violence. Because of the rapid infusion of technology into society, the commercialization of drone technology has also started and that has led to the application of drone tech in a variety of contexts.”

Professor Muthyala expanded upon the contexts, by noting that “Researchers in both private and public universities are using drones to survey the impact of rising sea levels in areas they simply could not reach... We have drones being used for natural disasters to access humanly impossible to reach areas to watch a dissipate things they could not do without this technology, especially where

time is of the essence, for example, in the case of an apartment building fire.”

Nevertheless, rather than simply highlighting the fact that drones can be used for enhancing public safety and just causes, Professor Muthyala also delved into the state-violence-based nature of drone use as well. “In this lecture, I was going to focus primarily on the military aspects and American foreign policy,” he said. He continued by explaining that “One of the things that the Obama administration has done is move beyond the personality drone strike strategy that the Bush administration employed. The personality based strike was oriented towards understanding and assessing individuals’ behaviors, for example, who they were meeting and what they were doing... Obama moved that into a entirely different realm with his signature strike strategy, which exams patterns of behavior among large groups of people, irrespective of the individual nature of an activity. Thus we have instances where the parameters of the strike can be indiscriminate.”

Professor Muthyala concluded our conversation by stating that “Drones and surveillance systems inaugurate a new dispensation of empire. While changing our sense of space and time they are altering notions of war and peace, guilt and innocence, visibility and invisibility, security and the greater common good.”

Following the interview with Professor Muthyala, Catherine, a student of the University of Southern Maine, was asked what her views are with respect to the utilization of drone technology. “It seems irresponsible to put innocents at risk by way of algorithms and artificial intelligence. Drones shouldn’t be the first resource used in international diplomacy. It is dumbfounding to me,” she stated.

To read a recent article by Professor Muthyala, please see “Whither the Digital Humanities?” For another perspective on the militarized employment of drones in international affairs, one may be interested in a column written prior to this presentation, titled “The Millennials Conscience, On The Drone Papers,” published by The Free Press.

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Huskies take down Eagles for seventh straight win



Erin Brown / Free Press Staff

Junior Bobby Delaney winds up to pitch against the Husson University Eagles in a win Tuesday afternoon.

For full story, see page 15

Polls are now open, student body president nominees provide their solutions



Bradford Spurr / Multimedia Editor

Student Body President nominees, Muhammad Khan and Dylan Ross, at the debate last Thursday night.

Colin Cundy
Contributor

On April 14, polls officially opened for the 2016 student body president and vice president elections. Candidates for these positions introduced themselves and their platforms in two debate-style events. The first was held late-morning in Woodbury Center on the Portland Campus and the

second occurred in the evening in the Brooks Student Center on the Gorham Campus.

The student body president and vice president lead the Student Senate and act as representatives to the university’s administration. The Student Government Association (SGA), which the student body president and vice president are a part of, is responsible for governing all student groups.

Each student pays a ‘student activity fee’ based on the student’s credit hours. The SGA is the steward of the fund this fee creates.

Muhammad Khan, candidate for student body president and a history major, is running with specific goals in mind. “I would like to work with USM Libraries and help them purchase all the

See nominees on page 5

Bill to transition India Street services leaves some uneasy

Krysteana Scribner
Editor-in-chief

The city of Portland is looking to pass a new budget, which could cause all clinics at the India Street Public Health to close. In the wake of this decision, over 20 public health workers would lose their jobs, and 1,114 patients receiving care at these clinics would be forced to shift their services to the Portland Community Health Center.

With the loss of India Street Clinics, there will also be a loss of programs for HIV Prevention, Positive Health Care, STD Clinic, the Needle Exchange, Free Clinic and the Immunization Clinic. The India Street Needle Exchange, which currently distributes more than 100,00 clean needles yearly, would also be shut down, with the current idea to transfer the services still in it's early stages of thought.

The Portland Community Health Center, a privately run non-profit currently provides their services to over 6,600 people a year, but in the transfer of services, it had been made unclear how they will accommodate that demand of services that will be lost on India Street.

Jessica Grondin, director of communications for the city of Portland, stated that she doesn't anticipate any problems to arise, and made clear the reasoning as to why this consolidation has been proposed.

The city is no longer receiving as many grants as we used to, and unfortunately the federal government is no longer funding cities. They want health care to be distributed through these federally regulated health care services all under one roof," she stated. "Instead of waiting another year or two and losing all our grants, we're trying to proactively take the steps to start transferring these services and maximize reimbursement levels and make sure."

Grondin is right about the heavy reliance on grants for India



Krysteana Scribner / Editor-in-chief

The Portland Community Health Center on India Street services over 6,000 people, but due to potential legislation that will result in a loss of funding, the services offered may no longer be in one convenient location.

Street: According to the Public Health Division's 2014-2015 annual report, the India Street clinic had an annual budget of \$1.4 million, with nearly half of that cost being paid through federal and state grants.

She further explained that across the country, municipal health services are no longer providing direct clinical care, pointing out that only 11 percent of cities provide direct health care in clinics like those found on India Street. For Grondin, the change can be seen as a positive one.

However, other individuals in the community have expressed more concern for the issue at hand. Last Thursday, members of the Portland City Council's Finance Committee expressed their concerns about the plan to close

the health center on India Street. The three member committee will vote next week at a public hearing on April 21. If the proposal goes through, the vote will go back to the full council and they will have the first reading on May 2, with a

Students and Recovery group on campus, explained that although he has never personally used the services on India Street, he knows a lot of individuals who do, and the loss of these services would be detrimental to their well-being.

“ I think if services were transferred to another entity, the continuity of care will be broken... a lot of people will get swept through the cracks. ”

Erika Ziller, USM Faculty Member

second read and vote on May 16. Dick Morin, a senior sociology major at the University of Southern Maine and participant in the

“I think if services were transferred to another entity, the continuity of care will be broken,” he explained. “You have people

who have gone to this clinic for years and people have a comfortable factor along with relationships being formed. You don't have to have an appointment to get served, either - if this transfer occurs, I think a lot of people will get swept through the cracks.”

Other individuals gave a similar response regarding the possible change, with worries that it will lead to reduction in efficiency, accessibility and reliability of currently well-integrated services. The widespread fear is centered around the possibility that the community health care will not be able to live up to it's promise of community health support.

“Even if you plot it out perfectly, somebody is going to get lost in the shuffle. I don't see how that is not possible,” said Erika Ziller, a health policy researcher and faculty member at the University of Southern Maine's graduate center. “I just don't know this plan has been fully thought out to the extent it needs to be to be effective.”

As a follow-up statement, Mayor Ethan Strimling informed the public that their concerns were being heard via Facebook last week, stating that as he reviews the proposal, he will be looking to ensure that if any changes are made in serving those in need, there will not be even the slightest reduction in their service.

“I firmly believe that a city can and should be judged by the way we treat the most vulnerable among us,” he wrote. “It is incumbent upon the council as we review the City Manager's proposed budget to keep that in clear focus.”

The proposal will go before the City Council's Finance Committee from 2-5 p.m. Thursday at City Hall. The committee is charged with making a recommendation to the full council. A public hearing and voted on the proposal is scheduled for April 21.



Photo courtesy of Bangor Daily News

Needle disposal boxes have been installed in Deering Oaks Park in Portland.

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240 registered volunteers lend a helping hand

12 local organizations come together for Husky Day of Service

Julie Pike
Free Press Staff

Dating back to 2010, every spring at USM, students, staff, faculty and alumni participate in the Husky Day of Service. This event is a way to engage its participants in community service projects with local organizations for the day. The Husky Day of Service is a great opportunity for first time volunteers to experience community service in a comfortable group setting.

This year the 7th Annual Husky Day of Service was held on Friday, April 15. The event is primarily sponsored by the Office of Community Engagement and Ca-

were registered to volunteer at 18 different community organizations in the Greater Portland area. The event's success continues to grow with each year. Some of the local organizations that were included in the event were Preble Street, Garbage to Garden, Goodwill, Portland Gear Hub, Girls on the Run, Cultivating Community, Animal Refuge League, Ripplefect, Partners for World Health and more.

The event kicked off at 9:30 a.m. in the Sullivan Gym on the Portland campus, where each participant chose their volunteer site. USM President Cummings was there with a special kick-off speech to start the day. Every participant received a free light

“ It was really humbling to see these people who struggle, be capable of being so happy. ”

Gabrielle Perron, Student at USM

reer Development, with support from a planning team comprised of students and staff from various departments at USM.

Last year, 70 students, staff and faculty volunteered for a total of 207 hours with 12 local organizations. This year, over 240 people

breakfast and lunch, as well as a free t-shirt and free transportation to their project site. All projects wrapped up at around 3 p.m. to conclude the day.

The event was created as a way to get members of the USM community interested in volunteering,



Bradford Spurr / Multimedia Editor

Partners for World Health, located on Broadway West in South Portland, collects soon-to-be-expired or extra medical supplies and repurposes it for supplying clinics in third world countries. This was one of the many locations students volunteered at during USM's day of service.

while also providing extra help to community partners who need assistance with special projects. For USM students, faculty and staff who want to get involved in their community but have busy schedules, this event provides a great opportunity to them with a one-time volunteering project. It can also inspire those who want to make a long term commitment to volunteering in their community.

One student, Gabrielle Perron, described her experience vol-

unteering at the Wayside Food Program in Portland. There she helped package food and brought it to an apartment building where elderly and disabled residents who can't afford to buy their own live. Perron and other students also helped set up a table there with different types of foods, and then helped served this food to the residents. Perron commented that "it was really humbling to see these people who struggle, be capable of being so happy."

For any students who want to learn more about volunteering opportunities outside of the Husky Day of Service, they can visit the Office of Community Engagement and Career Development in 100 Payson Smith on the USM Portland Campus, or they can visit usm.maine.edu/volunteer or email usm.community@maine.edu for more information.

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There's more out there than heteronormativity

Candice Isaac
Free Press Staff

On April 1, several student staff members from the USM Center for Sexualities and Gender Diversity headed down to Stony Brook University in Stony Brook, New York to attend the 21 annual Northeast Lesbian, Gay, Bisexual, Transgender Conference. The three-day conference highlighted many ways to discover and develop best practices, programs, resources and policies to support the LGBTQ community at campuses across the northeast. Too often heteronormativity, which is based on attitudes that heterosexuality is the only normal and natural expression of sexuality, is pervasive in our culture leaving those with different sexual identities feeling marginalized. CSGD staff members were amongst several local, regional, and national activists and organizations who share in the vision for judgment-free campuses where anti-LGBT sentiments are non-existent.

The conference held several interesting and relevant workshops as well as breakout sessions often led by student leaders who personally dealt with the topic. Presen-

“Things Nobody Tells You About Coming Out,” and “How to Create an LGBTQ Friendly Campus.”

“From Fear to Advocacy,” was a presentation led by Jay Hicks, a young man who shared his personal story on how he went from victim to victor. Hicks talked about dealing with the mental and physical ramifications of being a victim of a hate crime and his triumph to regaining his life and becoming an advocate for LGBTQ students on his campus.

Hicks noted that several university outlets such as university counseling, the office of student affairs and advisors that were sympathetic to LGBTQ students were to thank for supporting him throughout his journey to healing. He also mentioned that students become informed of university resources such as medical withdrawals that can help them deal with their pain and also maintain their good academic standing. Peer mentoring was equally important to the speaker who said that without that he might have felt more isolated after the incident.

Conference attendees also had the opportunity to hear from American actor and singer, Mya Jeanette Taylor. Taylor talked



Candice Isaac / Free Press Staff

Earlier this month, students at USM headed down to New York for the 21st annual Northeast Lesbian, Gay, Bisexual, Transgender conference where they learned practices and policies to better support the LGBTQ community.

open up about their own personal struggles about not being accepted by loved ones once coming out. Taylor reminded student attendees that being, “respected, not accepted” was important, as not everyone will agree with your lifestyle changes. Taylor also suggested that those lacking family support create and build relationships with friends as those are the people that they will need to depend on during tough times.

The conference ended on Sunday, April 3 with an uplifting unified exercise led by Adaku Utah, an award-winning liberation educator and organizer committed to healing and liberation within oppressed communities. Utah began with a mindfulness meditation exercise to help attendees center and ground themselves for the work that lied ahead. Next, Utah talked

about how human connection and interdependence was needed for humans to be and feel supported throughout their lives.

This idea supported the overall message during the conference that the LGBTQ community, along with allies, needed to be there for one another during what would be difficult times. What followed was several exercises based on really getting to know the person you were paired with.

Utah said “too often we give polite answers to the question ‘how are you?’” and challenged attendees to go deeper and to share how they were really doing. This exercise led to comments by attendees that they never have the opportunity to share how they are really doing. One participant said that the exercise was difficult because she felt vulnerable because no one

she encountered before had ever cared.

Understanding our heteronormative society and learning how to include and support other sexual orientations will have many benefits for us on campus which is work that the CSGD continues to encourage. The USM Center for Sexualities and Gender Diversity seeks to ensure a university environment that is positive, safe and supportive for individuals of all sexual orientations and gender identities, in particular members of the Lesbian, Gay, Bisexual, Transgender, Queer, Questioning and Asexual community.

“
Too often we give
polite answers to the question:
‘how are you?’

Adaku Utah, Liberation Educator

tation titles included “GaySL: A Crash Course in LGBTQ American Sign Language,” “Organizing at the Intersections of Black Lives Matter and Gender Justice,” “Appropriation versus Diversity: Beating the Double-Edged Sword,”

about her journey as a transgender woman and how her life has changed for the better since landing a leading role in Sean Baker’s film Tangerine.

Taylor’s candid personality helped some audience members

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Four professors granted tenure

Each received unanimous votes at BOT meeting

Zachary Searles
News Editor

At the bi-monthly Board of Trustees meeting, which took place earlier this month, four members of the USM faculty were awarded tenure and upgraded to the title of associate professor.

Kelly Hrenko Ph.D., Yuseung Kim Ph.D., Alexander Lapidus Ph.D. and Peter J. Woodruff Ph.D., have each been apart of USM for six years and each got a unanimous vote from all 16 board members to be granted tenure.

Professor Hrenko, before coming to USM, was teaching art in Minnesota to kids in kindergarten through 12 grade. She received her Ph.D. from the University of Minnesota for Art Education with a focus in culture-based art and culture-based education. She has published three book chapters along with three articles in journals and created an interactive website.

Before being brought to USM as



Kelly Hrenko

Received Ph.D. in Art Education from the University of Minnesota.

The final professor to receive tenure at USM was Professor Woodruff, who teaches classes in Biochemistry at both the graduate and undergraduate level. When not in the classroom, Professor Woodruff is advising the Chemistry Club, which has been acknowledged by the American Chemical Society, for work completed under his leadership.

According to the USM website, Professor Woodruff's research is focused on a group of small organic compounds called compatible solutes. His work has resulted in two publications, a patent, and oral and poster presentations.

President of USM, Glenn Cummings, was quick to congratulate the four professors, including a small blurb about them in weekly email blast that gets sent out to students.

"On behalf of the USM community allow me to express our sincere admiration and appreciation for their tremendous devotion to our students and their disciplines that this recognition implies," President Cummings wrote in the March 14 edition of the Monday Missive to USM students.



Peter J. Woodruff

Adviser of the Chemistry Club when not in the classroom.

part of a National Science Foundation grant linked to a research program, Professor Kim was an instructor at the University of Colorado, where he received his Ph.D. and spent three years, from 2001 to 2004, as a planner and researcher at Seoul Development Institute. Currently, Professor Kim teaches eight different programs, in both undergraduate and graduate programs, focusing planning, town design and sustainability.

After earning an undergraduate degree in Russia, a masters degree in Thailand and a Ph.D. in English at Indiana University of Pennsylvania, along with teaching in several foreign countries, Professor Lapidus came to USM, teaching literacy, at the undergraduate and graduate levels, on the multiple campuses and online.

When not in the classroom, Professor Lapidus represents the state on the executive board of the Northern New England TESOL (Teachers of English to Speakers of Other Languages) Association. He also serves on the Faculty Senate here at USM.



Yuseung Kim

Professor of eight different programs at USM.

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From nominees on page 1

necessary textbooks needed for coursework at USM," he said.

Khan continued to say that college is very expensive, and that the first step to reducing the cost of college is eliminating the cost of textbooks.

The cost of attending university to begin with is very high, he contended, which makes it imperative to find other ways of cutting students' costs. In order to provide the textbooks needed at USM, Khan would work to expand USM's libraries and make required texts available for borrowing.

He would also make fundraising one of his administration's priorities. "Fundraising for an increased number of scholarships open to all members of the student body" would be yet another effort he'd undertake if elected.

Khan, who has served in the student senate, highlighted the need for unity within the student body as another reason for his seeking the presidency. "We need to stop factionalism that is prevalent among many student groups," he said. Khan further remarked that a united student body is needed for the betterment of USM.

Khan has also served as a member of the Gorham school board, and would like to see more involvement between USM and Gorham and Portland school districts. On the subject of increased community outreach, Khan said, "This would be a great opportunity for USM students to gain internships as mentors and coaches in the Gorham community." Kahn noted that this increased outreach is a way to improve both USM and its local communities.

Matthew Raymond is running alongside Khan as candidate for vice president, and wants to use the position to advocate for a more positive environment on campus. He said he'd "like to advocate for the issues that they care



Bradford Spurr / Multimedia Editor

Student Body President hopeful, Dylan Ross, responds to a question at last Thursday night's debate after putting on a clown nose.

about most."

Raymond, a member of USM Socialists, promised to argue for increased funding from the

state. He said he would work to "support working and middle class students here at USM and across the University of Maine system."

Dylan Ross, a senior political science major, is also running for student body president.

"I am disgusted with how the university I love has been operating," he said. This feeling, he continued, has motivated his running for office.

Ross, while praising his opponent, didn't hold his feelings about the SGA back.

"I would like to see most pre-existing student leaders resign," he said. This personal belief has left Ross feeling "like running is the only way to correct the problems."

Ross, previously involved in

the Student Senate, also noted that the institution's retention rate needs to be addressed. "Our retention rate is 67 percent, and the national average is 72.3 percent," he said. He said the solution is "to take our school back, not with a polite suggestions, but with clear demands, and reasonable dialogue."

The polls opened on April 14 and will be open through April 20. Students, residential and commuter, can find ballots on the SGA's page on the USM website. Students can also find other relevant information on this page, such as more information on the candidates, Senate meeting times and more. Students can also find more information on Facebook page 'USM Votes 2016.'

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In Brief...

Local & State

Judge overturns decision to reject marijuana referendum petition

It’s possible that marijuana legalization will find its way onto the ballot after a Superior Court judge ruled last week that Maine Secretary of State Matthew Dunlap committed an error of law when, back in March, he determined that the signatures in a citizen petition for the referendum to be invalid, which made the referendum ineligible for ballot placement.

Dunlap and his office will now reappraise the petition’s thousands of signatures to make sure that enough valid ones were obtained. Proponents of the bill submitted 99,000 signatures back in February, far exceeding the minimum of 61,123 that are needed.

“We’re glad the secretary of state will be reviewing the petitions,” said David Boyer, Maine political director of the Marijuana Policy Project, “and we’re confident that we collected far more valid signatures from Maine voters than are required to qualify for the ballot.”

York County sheriff says incident at county jail was not a riot

Last Wednesday night, roughly 30 inmates at the York County Jail’s largest housing unit refused to return to their cells. This incident was broadcasted as a riot, resulting in several officers responding to the scene.

York County Sheriff Bill King stated that the incident was not a riot, but only an act of civil disobedience. He added that inmates were back in the their cells within an hour. King further stated that the incident of disobedience was a result of operational changes at the jail that some inmates were upset about.

“An investigation will be conducted and inmates who are identified as the instigators will face administrative sanctions,” King concluded.

New Balance finally voices concern over Trans-Pacific Partnership

New Balance, a shoe company that employs over 900 people in Maine, has broken their silence about the Trans-Pacific Partnership (TPP), which they claim is a result of the President Obama failing to offer them a contract to manufacture shoes for the military.

A spokesperson for the company claims that the TPP is the worst trade deal the company has ever seen, partly because it allows a free trade agreement with companies such as Vietnam, which is a big competitor for the company in the shoe industry.

Despite the fact that the TPP has been in effect for over a year, New Balance held its tongue and didn’t

say anything because, according to New Balance Spokesman Matt LeBretton, they were told that if they kept quiet then they would be offered a military contract.

“The Obama administration said, ‘Look, we know you’re really intent on pursuing selling shoes to the military — 100 percent domestically made shoes to the military. If you work with us on TPP, we’ll do everything we can to make sure you have an opportunity to bid for this military opportunity,’” LeBretton said.

LeBretton claims that the Department of Defense has been putting up roadblock after roadblock, keeping the company from obtaining such a contract. This LeBretton says was particularly apparent when New Balance sent the Department of Defense three different styles of shoe for basic training and the company was informed that it would take six months to test each shoe, resulting in a year and a half wait before they would know if they got the contract or not.

National

Legendary night at NBA game

Last Wednesday night, NBA fans witnessed history in the making when Kobe Bryant, five-time NBA champion and 18-time All-Star, played the final game in his 20-year NBA career.

For the past two decades, Bryant has been teased as being a “ball hog,” and that he should pass more. It’s been reported that his teammates told him not to pass the ball during his final game, and Bryant ended his career with a bang, scoring 60 points.

Tickets for Kobe Bryant’s last game reportedly sold for astronomical prices—well into the thousands of dollars—with one StubHub ticket being listed at \$27,500. One group of three told CNN that they had scalped tickets outside and paid almost \$5,000 for tickets that, on a normal night, would only cost about \$30.

Bryant’s last game wasn’t the only big news to come out of the NBA last Wednesday night: the Golden State Warriors, who have dominated the NBA all season, won their 73rd game of the season, setting the record for most wins in a single season, beating the previous record set by the Chicago Bulls during the 1995-96 season.

Biggest mistake of Obama’s presidency

In an interview with Fox News, President Obama stated that the worst mistake of his presidency was the lack of planning for the aftermath of the death of Libyan dictator Muammar Gaddafi in 2011.

"Probably failing to plan for the day after what I think was the right thing to do in intervening in Libya," President Obama said.

Although President Obama stated that he thinks the intervention went as well as it could have, he still believes that Libya today is a mess, and even privately referred to the state as a “sh*t show,” according to an article in The Atlantic.

Chicago police accused of institutional racism by task force report

Last week, a task force appointed by the mayor of Chicago released a report that stated that Chicago police "have no regard for the sanctity of life when it comes to people of color" and that police have alienated blacks and Hispanics with their use of force.

The report was released on the same night when protesters took to the streets in the hundreds to protest the death of Pierre Loury, a 16 year old who was shot and killed by police last Monday.

"The community's lack of trust in CPD is justified," the report said. "There is substantial evidence that people of color—particularly African-Americans—have had disproportionately negative experiences with the police over an extended period of time.”

The report also stated that, in the last eight years, 74 percent of people injured or killed by police officers were African Americans.

International

China rules against first same-sex marriage lawsuit

China ruled against the first same-sex marriage lawsuit, ruling against two men who filed a lawsuit last summer when their marriage application was denied. The couple was granted the right to argue their case in court back in January.

There is no explicit ban on same-sex marriages in China, but the courts referenced several provisions that went into effect in 1981 that specify gender in the marriage law.

"What we want is not just a sheet of paper or the recognition of some strangers—this is about freedom and equality,” Sun Wenlin said.

The couple’s lawyer, Shi Fulong, said that he wasn’t surprised by the final ruling, but it still made him feel disappointed and saddened.

Two earthquakes hit Japan in the same week

Early Saturday morning, a magnitude-7.0 earthquake struck Japan in the same spot that was struck by a magnitude-6.2 earthquake just two days prior. The 6.2 earthquake resulted in the death of nine people.

It is still unclear whether anyone was killed during the second quake and just how much damage was done, but the Japan Meteorological Agency promptly issued a tsunami warning, which is typically issued when waves are expected to be higher than one foot. "No question, this is a large and very important earthquake," said Doug Given, a geophysicist with the U.S. Geological Survey. "And it will do a lot of damage."

Information for Briefs was taken from the Bangor Daily News, CNN, BBC and the New York Times.

Know anything interesting?
email: editor@usmfree-press.org



Police Beat

Selections from the USM Department of Public Safety police log March 19 to March 28

03/19/2016

Dude, Where’s My Car?

Suspicious incident, P2 parking lot. Student reported finding an unknown male passed out in her car. Portland Police assisted and conducted a transport. Report taken.

03/22/2016

Paraphernalia Paranoia

Drug Complaint, Robie Andrews Hall. RA found drug paraphernalia in the residence hall. Officer took a report.

03/23/2016

Police Reports are the new Snapchat

Disorderly Conduct, Sullivan Gym. Two patrons of the gym were having a disagreement and wanted it reported. Report taken.

03/24/2016

No One Wants Crappy Art

Security Alarm, Art Gallery. Officer handled. False Alarm.

You Took My Breath Away

Medical Emergency, Bailey Hall. Student having an asthma attack. Gorham rescue transported to Maine Medical Center.

Hastings in a Haze

Drug complaint, Upton Hastings Hall. Officer investigating. Report taken.

Your Phone Will Be Obsolete In A Week Anyways

Theft Report, Sullivan Gym. Caller reports the theft of an Iphone 6 and a credit card from the Gym. Under investigation.

03/25/2016

Good Ol’ Fashion Clam Bake

Drug complaint, G8 Parking lot. Students smoking marijuana in a vehicle. Summons was issued for possession of a useable amount of marijuana. Report taken.

Not My Antique Sitting Chairs!

Vandalism, Corthell Hall. Custodian reports that a few chairs in the lobby have been damaged. Report taken.

03/28/2016

Spring Break - Gorham, Maine - It’s Crazy

Noise complaint, Upperclass Hall. Party on the second floor broken up, warning for disorderly conduct. Report taken.

The Madness Continues! Rebel Rebel!

Disturbance, Upperclass Hall. Report of a possible fight in progress. Officer advises that people were talking loudly and there was no fight.

Papercuts Are The Worst

Medical Emergency, Philippi Hall. Student having a medical issue. Gorham Rescue transported to Maine Medical.

Nobody Reads Books During Spring Break

Security Alarm, Glickman Library. False alarm. to Maine Medical Center.

Police Beats are edited for grammar and style.

Art students show their final pieces before going into the real world

Matthew Craig
Free Press Staff

On Tuesday, April 12, the 2016 exhibition for graduating BFA and BA students of USM opened, with an opening reception on April 14. Professor Porobic opened the ceremony with a speech detailing the hard work and commitment of the students exhibiting their works. This year's event marks the fortieth time the USM art department has organized an exhibition for graduating art students. This year's graduating students are Christopher Armstrong, Kevin Gusto, Ryan Jordan, Virginia Monsell and Riley Schwarcz.

The curator of the gallery, Carolyn Eyler, among other faculty, played a very important role in the development of the exhibition. Graduating students have, of course, been honing their skills in their respective mediums and styles in their classes, but this exhibition was intended to prepare them for showing their work in professional galleries. Faculty use their own experience and expertise to guide these students, so that they can work through the various challenges that setting up in a gallery presents. Not only did this exhibition provided students with valuable experience, but it also bolsters an artist's résumé. Further, burgeoning artists have the opportunity to work with their peers on a group project. The students are responsible for almost every aspect of the gallery, from the design of the event card to hanging paintings and showing other works.

Riley Schwarcz, one of the stu-



LEFT: Graduating student Virginia Monsell stands next to her painting, "Melusine." RIGHT: Another painting by Monsell, who mainly works in oils. She tackles themes of feminism, seduction and man facing the natural world.



Matthew Craig / Free Press Staff

dents preparing to graduate from USM's BFA program, enjoyed the collaborative environment that the exhibition provided her. She described her style of art as 'abstract gestural'. The experience of setting up her work at the gallery was quite valuable to Riley, and she felt it was "really great to get involved in interdisciplinary events."

Another student involved, Virginia Monsell, primarily works with oil paint, and described her style generally as surrealism and art nouveau. Her art is inspired by personal experiences, and she draws on themes such as feminism, man vs. nature, seduction and mystery. Virginia appreciates the opportunity she has had to show her work, but setting up a professional exhibit is no small task. Not only was the organiza-

tion of the gallery challenging, but "laying out [her] soul in front of everyone" was "nerve-racking."

Kevin Gusto, whose primary medium is oil paint as well, also found the exhibition to be vitally important, stating he "would not have been prepared for the real world without having done this." Kevin likes to make use of color theory in his work, focusing on the connotations of colors and also how he personally feels about them. He found the guidance provided by faculty to be instrumental to his doing his best work. Kevin originally was accepted to the Savannah College of Art and Design (SCAD), and had studied there for a time before transferring. After studying at USM for a while, he found that the quality of his education was

higher than at SCAD, citing the understanding and artistic guidance of USM's faculty as just one of the reasons why he has enjoyed a better education here. Furthermore, he's been impressed by how cooperative and helpful his peers have been, and described an instance in which he was painting a stream of water and one of his classmates took the time to pour water for him while he was painting so that he could get a better feel for his piece.

Carolyn Eyler later described the significance of this gallery in itself, as well as in relation to the juried art show that USM organizes. Both events are paramount to USM's art students and community, but for different reasons. While this gallery is a great opportunity for students to show their finished works in a professional environ-

ment, the juried show provides students with the invaluable experience of submitting works, and dealing with rejection. The competitive aspect of the juried show allows the student to learn about the process of getting their work into a gallery in the real world, as opposed to the current BFA gallery where they are entitled to exhibit their art. The juried show is open to all students of USM, and, while Carolyn would love to see more involvement with the show, it has been difficult to spread the word. That is not to say that opinions are not given on the BFA gallery, however. On April 21, from 4-7 p.m., professors, professionals and students will provide critiques of the work on display.

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Save the tears for the dance floor

Jimmy Dority
Free Press Staff

"Dance is for everybody; it shouldn't be exclusive," director Maria Tzianabos, after intense rehearsal on Friday, said. The tenacious Tzianabos was vocal as she presided over the rehearsal for May's performance, shouting words of praise and appraisal as her dedicated troupe of dancers flew and glided across the small space. With bold movements and graceful gestures the dancers floated across the floor, each one asserting an essay in movement.

The performance was charged with control and intention. Comprised of mostly theater majors, the group buzzed with a dramatic activity that was at once individualized and unified. The pieces breathed with a unique vitality, at one moment communal, at another disjunct. The mixture was no accident, but a thematic thread that characterized this charged performance.

Many of the dancers will be graduating this year, and the show provides a platform to express both the ecstatic excitement and the awful dread

that graduating entails. Through the medium of dance, students express the experience of a new horizon and growth that is experienced with and without others. [Student] emphasized the theme of the "strength of the individual within the community," noting how fluid-

Dance is for everybody, it shouldn't be exclusive.

Maria Tzianabos, Director

ly this dynamic can be represented through the language of dance. The show, produced by Maria's Danceworks and sponsored by USM, will explore themes of identity, connectedness and transition.

The genesis of the show is a unique example of art imitating life: "Dance USM," a celebrated biannual concert, ran last year,



outlet for their expressive work other than the dance classes offered by USM. As both a remedy to this problem, and as an homage to these seniors, Tzianabos invited them to collaborate with dance students outside of USM.

No stranger to new horizons,

Tzianabos described having taught dance at USM for seventeen fruitful years, collaborating with artists and meeting "purple people," another term for the oddballs who inspire us, or people who hold a strong belief in "reciprocal learning."

She has pushed her students to integrate themselves within in the larger dance community of southern Maine. May's performance will feature some of Tzianabos' younger students performing alongside the seniors.

Drawing on the works of Martha Graham and Bill T. Jones, some of the choreography incorporates pedestrian movement into the fold, creating a humanistic experience.



Photo courtesy of Callie Cox

2016 Dance USM poster, continuing with the theme of "purple people."

Other pieces utilize ballroom and jazz idioms to produce a lively effect, such as one exciting piece choreographed by Maria Tzianabos and John Nolan.

As the students shared their thoughts after an arduous rehearsal, the bright and dynamic Tzianabos insisted that she and the crew save their tears for after the performance. Nonetheless moved, she humbly noted, "I just want them to meet their purple people."

The show will take the form of two performances in Russell Hall

on the Gorham Campus: "Transitions" on Friday, May 6 at 7:30 pm, and the "Annual Spring Concert" on Saturday, May 7 at 2 p.m.. The shows will feature Tzianabos' Terpsicore Repertory Company and community guests from Ballroom Dance Portland, Fusion Dance Company, and more. Tickets are \$15 for adults, w\$12 for USM students.

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Apocalyptic connections

First time Portland filmmaker makes the end of the world look beautiful

Dora Thompson
Arts & Culture Editor

“You sleep for more than one third of your life and the last day is no exception I guess,” the line from local SMCC Communications major Mackenzie Bartlett’s short, “Alone Together” is as eerie and engrossing as her film. The idea came to Bartlett at 2:00 a.m. three years ago when she couldn’t sleep. After spending six months developing the story into a script, auditioning actors and a Kickstarter campaign, the late night fever dream was made into a reality. The apocalyptic film details the final hours of the lives of main characters Beth, played by USM Theater Alumni Hannah Perry, and David, played by Sam Carlson. While end-of-the-world films are common, Bartlett’s take on it was not.

“Most post apocalyptic movies have the people being love lost lovers that could have been. But we didn’t want to do that,” she explained.

Instead, the film tackles the rather awkward and bumpy relationship that occurs when two strangers are thrown together, and the important connection that can form if people open themselves up.

“It’s important to make those connections. Even if it feels too late, they can be valuable,” said Bartlett.

The film centers around Beth, shy and self conscious, who never did all that she wanted to in her short life. Bartlett said that the film challenges our generation of privilege. Beth has the feeling many millennials have that they have the potential to amount to something but never quite get there. Alone Together makes “I’ll do it tomorrow,” seem like an entirely different concept.

Bartlett said when she wrote “Alone Together” she had a lot going on in her life.

“I used it as a weird therapy or self expression. I hope when people watch it it resonates. At the end the characters really lay it all out on the table.”

On Earth’s last day, Beth throws her keys into her apartment and slams the door, pretending she locked herself out. She spends the day with her neighbor David so she doesn’t have to be alone. The two slowly open up to each other until each “sort of explodes,” said Bartlett.

“My favorite part of being in this film was being challenged as actress and being a character with some emotional ups and downs,” said Perry. “It was extremely rewarding from an actor’s perspective.”

With a purposeful lack of world building and backstory, so to not take away from the narrative at hand, the film unfolds in what Bartlett’s hopes will captures a mix of “Lost in Translation”, “Eternal Sunshine of the Spotless Mind” and anything by Wes Anderson. The result of the medley of inspirations is dreamy and softly lit. Beth has a hallucination of reaching her hand out a window and touching flowers, which don’t exist anymore in this post apocalyptic world, or lays on a floral sheet tracing the pattern wistfully. The lighting seems otherworldly, and nothing you’d expect four twenty somethings to achieve in a Portland apartment with borrowed and rented equipment.

The story caught the eye of the public when Bartlett and her director of photography, Joey Hyland, launched a Kickstarter campaign. They filmed a promotional video

so viewers could get an idea of their vision. The campaign asked for \$1,2000, to rent and buy equipment, as well as feed the actors and helpers when they were on set, since they couldn’t pay them. To create incentive to donate, Bartlett offered free posters, copies of the film and sign postcards for different levels of donations. One donor whom no one in the production knew personally started at a five dollar donation, only to raise it to a 500 dollar contribution as they saw the film progress.

This is Bartlett’s first film, and “shooting did not go smoothly,” she laughed. Bartlett said she planned for a five day filming schedule, but it quickly became ten. The cast and crew filmed into the night, making sure everything was perfect. Bartlett said that Perry persevered and remained positive through the late night, even when falling asleep with coffee in her hands.

“I could see [Bartlett’s] and [Hyland’s] strong dedication to telling the story right and well,” said Perry. “[Bartlett] wasn’t afraid to film a scene over and over again until it was exactly what she wanted.”

Perry said that the most difficult of moment of filming was when she had to film a scene for hours in a bathtub, fully clothed.

“It was totally worth it in the end though,” she added.

“Alone Together” will premiere with two showings at the Maine Mayhem Film Festival at Nickelodeon Cinemas on May 12th. Support local first time filmmakers, and wallow in the sweet, sweet melancholy as you (aesthetically) question your mortality.

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Photo courtesy of Mackenzie Bartlett and Joey Hyland

TOP: Media is prevalent in the film Alone Together, using newspapers and radio broadcasts to set the scene. MIDDLE: Cast members Hannah Perry and Sam Carlson. BOTTOM: The character Beth dreams of flowers, which don’t exist in the post apocalyptic world.

What do I do if my wife is more successful than me?

Amanda Melanson
Free Press Staff

On April 13, Professor Assunta Kent hosted a live reading of the play He and She by Rachel Crothers at USM’s Talbot Lecture Hall in Luther Bonney. Crothers was an American playwright and theater director known for her well-crafted feminist thematic plays with strong educational and ethical messages for anyone looking to understand the evolution of feminism and the problems that still come up today. By historians, both past and present, recognize Crothers as the most successful and prolific woman dramatist writing in the first part of the twentieth century. Many of her plays, and specifically He and She, touch upon the double standard between genders. He and She is set in 1910, and its central theme lies with the question: What is a woman’s job? Is it to her family as the caretaker, or is it to contribute finances alongside her husband?

He and She tells the story of a young married couple, Tom and Ann Herford. They are a happy couple with successful careers and a child. Tom supports women’s rights and is pleased that his wife has demonstrated talent in his own field, sculpture. But when he loses an important sculptural commission to Ann, the family’s beliefs



Photo courtesy of USM Public Affairs Office

are put to the test: Can Tom live with his wife’s public success and his own very visible failure? Can Ann live with Tom’s embarrassment and the effect it may have on their relationship? Will Ann’s professional commitments now take her even further from her maternal duties to a teenaged daughter who is already feeling neglected because of her parents’ busy work lives? Other characters include Tom’s assistant, who is honest about expecting his fiancée to give up her career as a journalist and become a homemaker when they marry; Ann’s father, who is dismayed that his daughter would even consider jeopardizing her

marriage in this way; and Tom’s unmarried sister, who is self-supporting but has achieved her own status by not having a husband and children, a loss she regrets. The play ends with Ann arguing that the decision to have children, for a woman, changes everything. The live reading ran two hours in length, finishing with open-floor feedback from the audience that opened up the discussion of the different themes of the play and the comparison to how these situations might be approached now.

The open-floor discussion brought up the very heart of the issues brought up by the play, with one audience member asking questions of the cast, “What are you willing to give or take on [as a

daycare and we have not made progress on that.”

“The take away from the play is that the issues Ann, Tom, and the rest of the cast face are still actually relevant in today’s society. We still have issues of equality happening today.” USM student Hollie Pryor said. Pryor is a sophomore theatre major last seen in the ASL As You Like It performance at USM.

The actual statistical data that was discussed during the sit down with the cast was this: “Female full-time workers make only 79 cents for every dollar earned by men,” according to the Institute for Women’s Policy Research. With that in mind, it can be hard to argue women being asked to

or not he is truly as open minded as he thinks he is when it comes to his wife’s rights and her career choices. Briggs appeared last semester in Our Town at USM and has appeared in plays more than 30 times in the last 11 years with different community theatres. He explained, expanding on Pryor’s response, that issues of equality are “a timeless issue” that we are unfortunately struggling with still to this day. He also noted early on in the talk that while his character is very old fashioned in his values, Briggs himself is not, resulting in some laughs and a shoulder pat from one of his castmates

“We rehearsed over fifteen hours, from the time everyone got their scripts and began memorizing their lines. Tonight was our first live run of the play!” Pryor said. Each actor expressed mutual excitement at the turnout for the live reading of the play. As part of the authenticity, each actor was dressed in costumes matching the period in time from which the play originated.

The casts’ hard work paid off, as their live reading was met with applause and deep discussion to finish off the evening. A trip to Denny’s followed as a way for the cast to celebrate.

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“The issues [the cast face] are still actually relevant. We still have issues of equality happening today.”

Hollie Pryor, Sophomore theater major

parent]? You’re lucky if you get to stay home and most think it’s supposed to be easy. There’s nothing easy about being a mom.”

Kent, the director and narrator of the play, further responded to other comments to the play: “A lot of countries have family leave and

stay home by their spouses, as is the case with Ann and Tom during the play.

It is through the influence of Dr. Remington, Ann’s father who is portrayed by Ezra Briggs, a political science major at USM, that Tom begins to question whether

Rocker Reviews: A must see or wait until DVD?



Hardcore Henry



Timur Bekmambetov

John Rocker
Free Press Staff

Hardcore Henry is an action movie directed by Ilya Naishuller. The majority of the film takes place from perspective of a man named Henry, a man who is resurrected with cybernetic technology in a lab by his wife Estelle (Haley Bennett). Henry cannot remember how he ended up in the lab in the first place. Within minutes of waking up, a man named Akan (Danila Kozlovsky), who is also a telepath, breaks into the facility Henry's in and kidnaps Estelle. Now Henry must search throughout Moscow and find Estelle while avoiding Akan's men. The story itself isn't that deep, but it works. There is a twist here and there, but it's nothing that is mind blowing. The structure of the

movie is just one action sequence to another. That's not to say it's a bad thing though. The action sequences are a lot of fun to watch. Really, this whole film is interesting to watch because of how it is shot. As mentioned earlier, it's shot mostly in first person. It kind has that GoPro feel with the way the frame bends, but it makes more believable that we are viewing this from a first person perspective. There are even moments where the same shot gets multiple angles because each eye ball is treated like its own camera, which I thought was really neat. If there's one issue with the first person perspective is how much the camera shakes.,. Shakiness aside, the film is still a lot of fun to watch. The action sequences are filled with fast paced action and violence, and it escalates as the story progresses. The film has a video game feel to it and reminds me of games such as the Call of Duty series or Mirror's Edge. There's a lot of gunfire and parkour. The film also does a great job in having a variety of locations. There's also a great use of prosthetics, which make the world feel real. The performances for the most part work, but it's Sharlto Copley's Jimmy that shines in this film. There are a lot of aspects to this character, and it looks like Copley was having a lot of fun doing it. Jimmy is a funny character, but also a badass at the same time. Jimmy provides a lot of the humor for the film, but there's also some great humor in the editing. Henry doesn't have that much of a character. He's a silent protagonist, and it's explained in the story why he can't talk and it makes

sense. That doesn't excuse the fact that Henry doesn't have too character to him besides trying to rescue Estelle, but that's pretty much it. Overall, Hardcore Henry is an entertaining action film that gives a unique concept and works for the most part. It's not deep or thought provoking, it's simply entertainment. If you like violent action films, you'll like this one. Otherwise, I'd suggest waiting. Recommendation: Wait for DVD/Netflix

The Jungle Book



Jon Favreau

The story of The Jungle Book follows a young boy named Mowgli (Neel Sethi) who is raised in the jungle by a pack of wolves and his guardian, a panther named Bageheera (Ben Kingsley). It's a particularly dry summer and the water in the jungle is limited. There is one

drinking spot known as "Peace Rock" where all the animals can come to this drinking spot and be safe. At this spot, a tiger named Shere Khan (Idris Elba) is introduced and tells the wolves that Mowgli will only become a threat to the jungle when he grows up and therefore must leave. Mowgli decides that for the wolf pack, which he considers his family, to stay safe from Shere Khan that he must go. Bageheera accompanies Mowgli on his journey and an adventure unfolds from there. The story itself is relatively simple, but it's the animals that Mowgli runs into along the way that keeps it interesting. The most remarkable thing about this film is that even though it's called a "Live action" film, a lot of the film, including the animals and the locations are all computer generated. The only things that are real are Mowgli, some set pieces and props and this entire film was shot in a studio. I knew this information before hand, but even then I was mesmerized how realistic these computer-generated graphics were. There were a lot of times when I was examining the screen, trying to decide what was real and what wasn't. One would think that the animals would be difficult to do, but it worked. They felt like they were a part of the world, and it's crazy to think that people were able to create a world such as the one presented in the film. The performances were also great. Neel Sethi deserves a lot of props for being able to work with such few objects and puppets as animals. He was able to show Mowgli's struggle of trying to fig-

ure out where he belongs well. The voice cast is also great with talent such as Christopher Walken, Lupita Nyong'o, Scarlett Johansson and more! The standout to me was Bill Murray as the lovable and carefree bear Baloo. This may be because the majority of the cast was going for serious tones with their characters, and when looking at the film it makes sense, but Murray was able to bring out a lot of humor and charm with Baloo. To those that are wondering, yes "Bare Necessities" is in this film and Murray sang it quite well. There were a few things in this film that didn't work for me. The first would be the scene involving Kaa the snake voiced by Scarlett Johansson. The character wasn't in the film long and really didn't leave that much of an impact, mostly because of Johansson's performance. There didn't seem to be as much effort behind in comparison to the other members of the cast. Another issue I had was the size of the jungle is never really defined. At first, you think it's big, but somehow a character is able to travel what is believed to be a long distance in a relatively short amount of time. The final issue I had was Mowgli's ability to survive certain falls. This is more of a nitpick than actual criticism. Overall, The Jungle Book was a successful reboot with a fantastic looking world with solid performances. It's a great film for a wide range of ages. My recommendation: Go see it this weekend.

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A&C Listings

Monday, April 18

Comedy Night: Worst Night of The Week
Blue, Live Music Bar
650A Congress St.
Starts: 8:00 p.m. / Ends: 10:00 p.m.

Tuesday, April 19

Film: How To Change The World
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

Music: The New Mastersound
Port City Music Hall
504 Congress St.
Starts: 7:30 p.m.

Wednesday, April 20

Music: John Mellancamp
Merrill Auditorium
20 Mytle St.
Starts: 8:00 p.m.

Portland Comedy Showcase
Bull Feeney's
375 Fore St.
Starts: 8:00 / Ends: 9:30 p.m.

Thursday, April 21

Music: Jessica Fichot
One Longfellow Sq.
181 State St.
Starts: 8: 00 p.m.

Friday, April 22

Comedy Class Graduation Show
One Longfellow Sq.
181 State St.
Starts: 7:00 p.m.

Music: Spose
Portland House of Music
25 Temple St.
Starts: 8:00 p.m.

Saturday, April 23

Bar Harbor Film Festival
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

The Bob Charest Band
Portland House of Music
25 Temple St.
Starts: 8:00 p.m. / Ends: 11:55 p.m.

Sunday, April 24

Film: City Of Gold
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

Music: The Wild Feathers
Port City Music Hall
504 Congress St.
Starts: 8:00 p.m.

HEAVY ROTATION |

WHAT CAUGHT THE EYES AND EARS OF OUR STAFF THIS WEEK

“Some of the most beautiful harmonies I have personally ever heard”

Quinn Farwell
Contributor

“Today I walked through your town / It’s ruined for me now,” Greta Kline sings bluntly over slow tempo and fluffy keyboard chords in her album closer O Dreaded C Town. Next Thing, the second full length studio album by Frankie Cosmos, Kline’s music moniker, is bursting with bluntly honest lyrics. As has always been the case with Frankie Cosmos songs, the lyrics are very personal, containing multiple pronouns per song and even stating her own friends’ names. Themes of songs range from cheerful odes to her friends who “embody all the grace and lightness” in Embody, to the sad, lonely truth of being a touring band in Tour Good. The height of the album lyrically is in the 11th track, Is it Possible / Sleep Song, in which Kline ponders over a past unhealthy relationship and sings the glaringly honest lines “I guess I just make myself the victim like you said / That’s why when you treat me sh*tty you get mad” in her unique style over open sounding music. Although the lyrics are very personal to Kline, it’s seamlessly easy to relate to any song. Through evidence, Next

Thing has really struck a chord with its audience. A tweet from Kline’s twitter page reads “Tfw a stranger GETS IT! Thank u to everyone who thoughtfully takes in our music.”

Musically, Frankie Cosmos is an indie-pop outfit, consisting of keyboard, guitar, bass, and drums. The music of Next Thing is fun, simple, catchy, and easy listening. On the Lips is arguably the catchiest song on the album consisting of three chords and a catchy chorus of “Where would I kiss ya’ / If I could kiss ya.” Being an indie-pop group, much of Frankie Cosmos’s songs are short. The average song on this album is under two minutes long while the longest song on the album is Too Dark, a 2 minute 44 second long song that comes in two different sections. The album runs a meager 28 minutes for its 15 songs, 11 minutes longer than their first studio album, Zentropy. Tour Good is arguably the most advanced song musically and is one of the shortest songs. It has quiet and loud sections, speeds up and slows down, and features some of the most beautiful harmonies, melodies, and chord progressions I have personally heard.

Hailing from Brooklyn, New York, Frankie Cosmos is reflec-



Bayonet Records

tive of young and scraping-by Brooklyn and the tightly knit group of friends that make up Frankie Cosmos and the indie music of Brooklyn, New York. Kline’s backing bands often contains musicians from other indie Brooklyn bands, like Gabrielle Smith of Eskimeaux and Aaron Maine of Porches, who produced Frankie Cosmos’s Fit Me In EP of last year. Being part of a tightly knit musical community allows for frequent collaboration and musical influence on one another. Overall, Next Thing is a good reflection of the music of indie Brooklyn and is a great, catchy indie-pop record with incredible lyrics.

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Dynamic duo in Indie Pop have distinct and emotional sounds

Krysteana Scribner
Editor-in-chief

Over the course of 2014, indie pop artists Anthony West and Josephine Vander Gucht recorded and released one song per month. The end result, the album *Oh Wonder*, properly named after the dynamic duo themselves, has 15 original songs that encompass a soft electro-pop vibe that is great to listen to during downtime, study sessions or while you’re trying to fall asleep.

One of their more popular songs, “Technicolor Beat,” has a breathy synth-pop feel to it, as the two harmonize in octaves that allows their voices to be distinct, yet beautifully intertwined. This song talks about being in love with someone, feeling that their movements and personality is so similar to yours that you move in a “Technicolor Beat.” Listening to this particular song feels like being lost in a haze, where emotions and realistic thinking are lost in translation.

The synthesizing melody allows the listener to feel entranced, singing, “And I feel life for the very first time / Love in my arms and the sun in my eyes / I feel safe in the 5 a.m. light / You carry my fears as

the heavens set fire.” They sing in perfect tranquility, with their lyrics echoing through my memories like poetry.

Another song, “Without You,” starts with a smooth, repetitive piano intro, while other instruments slowly emerge in the background: maracas, the slight snap of a snare drum, all of which progress into a expanding synthesized hum, which expands and compresses like a deep breath. This song explores the theme of being single and wanting to be back with your former significant other.

When their voices come into play, their inevitable harmonizing skills sway my eardrums like a sailboat out at sea. They sing, “Come back into the good life / Lose these hazy love lies / I’ve been chasing my mind / Lonely in the cold nights / Cause I’m kicking up stones without you.”

Although most of their songs have a steady, upbeat feel to them, the song “All We Do” encompasses a more melancholic tone, where the two singers harmonize, “All we do is hide away / All we do is chase the day.” They follow up with a chorus just as sorrowful, writing, “...I’ve been upside down / I don’t wanna be the right way round / Can’t find



Caroline International

paradise on the ground.” The song is introduced by the duo’s customary soothing, repetitive piano progression, and it isn’t until halfway through the song that a strong and powerful beat is found, only to disappear when the vocals return.

Overall, I highly suggest listening to any song on *Oh Wonder*, particularly if you’re feeling melancholic, overwhelmed, or are simply relaxing and soaking in your own thoughts. West’s and Gucht’s music has the ability to sway me into feeling positive, even when their vocals tell a different tale.

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What caught your eyes and ears this week? Email arts@usmfreepress.org



Want to work for the Free Press? visit: www.usmfreepress.org/get-involved or email editor@usmfreepress.org

Want to submit an event?
arts@usmfreepress.org

Perspectives



Sustainability and ME

Happy birthday, Earth Day!

Celebrate by being thoughtful

Emily Schner
Sustainability and ME

Earth Day is officially middle-aged. Beginning in the U.S. in 1970, it sought to bring people together to work towards a positive future for the planet. Though initially envisioned as a national teach-in on the environment, focused primarily on university and college campuses, it played out in rallies, protests and programing in parks, schools and community centers nationwide. Since that very first Earth Day on April 22, 1970, which had roughly 20 million participants, the event has grown into an international phenomenon, and is celebrated by more than a billion people every year, making it the largest secular holiday in the world. The organization Earth Day Network continues the mission of the original Earth Day.

Earth Day Network's website makes a statement describing the history of Earth Day that is especially relevant in today's highly divisive political climate:

"Earth Day 1970 achieved a rare political alignment, enlisting support from Republicans and Democrats, rich and poor, city slickers and farmers, tycoons and labor leaders. By the end of that year, the first Earth Day had led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water, and Endangered Species Acts."

So where are we now? Earth Day 2016 is especially significant, as President Obama and China's President Xi Jinping have both pledged to sign the Paris Climate Agreement at an official ceremony at UN headquarters in New York. Having these two powerful leaders and countries formally agree to cut carbon emissions is huge, at least on paper. Time will tell the impact it has in the real world. Earth Day 2020, which will mark the 50 year anniversary, will also be significant: Earth Day Network has promised to plant 7.8 billion trees—one representing each human being on the planet—by April 22, 2020.

Each of these actions is important. But it's also important to remember that the movement behind

this single-day event is really about increasing environmental knowledge and advocacy. It's about normal people across the world caring enough about their everyday actions to be thoughtful and take the time to do what honors and preserves the natural world.

So, if you just happened to be looking for what YOU can do to be that environmentally thoughtful person, look no further than your refrigerator. One thing that all humans have in common is food. And diet is an area where you can have make a big difference from an environmental standpoint.

Eat local. Maine is lucky to have hundreds of small farms. The Portland Food Co-op, Rosemont, Louis' Natural and even Hannaford and Shaw's stock local products. The Portland Farmers Market, which starts outdoors again the last week in April on Wednesdays and Saturdays from 7 a.m.-1 p.m., is the perfect place to shop. Before you make the case that you don't have enough money, head to the Market Info Booth. They accept SNAP cards for purchase of any food at the market, and they offer a 50 percent bonus in addition! (For example, for every \$2 taken off the SNAP card, customers receive an extra \$1 good for fresh fruit and veggies).

Eat lower on the food chain. Plant-based foods use less energy and inputs, such as water, to grow than animal protein, such as meat, eggs and dairy. I'm not saying you have to become a vegan, but challenge yourself to make meals based around plants instead of meat.

Drink tap water. Bottled water is not any safer than tap water, as it's not held to the same regulatory standards as municipal water. It does also require tremendous amounts of fossil fuels to make and transport the plastic bottles, and costs way more than tap water (which, by the way, is free of charge). Investing in a quality reusable coffee mug and/or water bottle is well worth it.

As cheesy as it sounds, make every day Earth Day.

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Our Opinion

Reconsider India Street proposal

Editorial Team
USM Free Press Team

The city of Portland is looking to pass a new budget which could cause all clinics at the India Street Public Health Center to close and be consolidated into the Community Health Center on Park Avenue. The problem with this transition of services is that many individuals have expressed great concern that clients will lose critical care during this transition. Additionally, over 20 public health workers would lose their jobs, and 1,114 patients receiving care at these clinics would be forced to shift their services to the Portland Community Health Center.

Although Portland officials

have stated that the transition is necessary due to a decrease in grant funding for the clinics on India Street, we at The Free Press are less concerned with the budget and more concerned with what will happen to those who need treatment.

Not only will individuals lose jobs due to this consolidation, but it is still very unclear how the new center will accommodate for additional patients—the hundreds who are HIV-positive, struggling with addiction and/or looking to acquire needles or exchange them, and the scores of homeless desperate for some welcome salvation from the brisk Maine nights. We believe there is too much focus on the consoli-

See Opinion on page 12

Life Stories

A weekend of dancing in Portland

Johnna Ossie
Free Press Staff

I'm a gal who loves to dance. More so, I'm a gal who needs to dance. I've found dancing to be one of the most therapeutic ways to get over a breakup, or a bad day at work, or after spending hours studying and my eyes start to cross from reading. Here I bring to you my long weekend of getting my groove on, busting a move, pop drop and locking, or whatever you like to call the beauteous thing we call dance.

Thursday, Asylum: I went to Asylum on a Thursday for 80's night. There wasn't too many people inside but the ones that were there were enthusiastically dancing to "Come On, Eileen." This is a good place to go if you're not really into the "house music" scene and want to have a lot of room to dance to your favorite 80's song. I'm more a fan of the crowded, loud, pulsing lights scene, but it was refreshing to have enough room to move around while I danced. One thing about Asylum is that if you're tall, you can't really put your hands above your head without hitting the ceiling. I'm 5'10" and had trouble doing a full arm extension, so keep that

in mind if you're a "raise the roof" kind of dancer.

Friday, Pearl: The first thing that happened inside Pearl was that the bouncer told me I had to pay to check my coat and couldn't leave it unattended. To be honest, I ignored him and shoved my coat in a corner until he caught me and told me I could hang it on a hook if I really wanted, but the hooks are basically in the middle of the dance floor. The next thing that happened was that I hadn't been there for more than 5 minutes before someone touched my butt, and it continued on in that manner until I eventually gave up and left. I couldn't even stay at Pearl long enough to order a drink. If the place hadn't been full of drunk, predatory bros and I was able to stash my coat in a corner without paying three dollars, I may have stayed because the music was solid and the dance floor was packed.

Friday 2.0, Styxx: This is a great place to go if you don't want any creeps lurking on you. Everyone at Styxx in my experience has just been there to dance and have a good time, and not prey on other people on the dance floor. The music is great and sometimes

See Dance on page 12



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STUDENT FRIENDLY RATES

Word of the Week

Trepidation

[trep.i.da.tion]

A feeling of fear or agitation about something that may happen.

Ex: "The men set off in fear and trepidation."

Know of any interesting vocabulary words?

Email us at
editor@usmfreepress.org

From Dance on page 11

they turn on a fog machine which makes your dance moves seem way more epic than they may actually be, which for me is an important factor.

Saturday, Bubba's: A lot of people prefer to go to Bubba's on Friday, when they have an 80's dance party every week, but I'm partial to Saturday. Maybe it's the 90's boy band music that gets played by DJ Jon, or the fact that everyone isn't wearing neon leggings and high ponies. Bubba's is a solid place to get your groove on if you want to venture (kind of far) away from the old port. I can't promise you won't get hit on by creepy dudes here, but the bartenders are cool and there's usually enough of a crowd that you can dance away from any creeps. Or you can venture back to one of the other multiple dance floors and check out the baby toys hanging from the ceiling. Also, Bubba's light up dance floor is probably the most magical floor in Portland.

Sunday, Flask: Now's when I admit that I am pretty biased in my love for Flask, and I'm going to tell you that it's the best place in Portland to dance. Flask is tiny but the music is always good, and the crowd is (almost) always not creepy. Not to mention, there aren't many other places in town where you can find a full blown dance party on a Sunday night. Every time I go dancing at Flask I have a good time, the DJ's are awesome, the bartenders are great, the dance floor is packed, and the people are lovely.

There are a lot of other places in Portland to dance, but I couldn't fit them all in one weekend or one article. If you feel like exploring your options, Mark's Place, Oasis, Old Port Tavern, Ri Ra, Bull Feeney's, and many others are all available for your dancing needs. I'll meet you on the dance floor.

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Advising Advice

Advising offices are here to help you

Advising Department
University of Southern Maine

When you walk into an Advising Office, whether it be LAC, Gorham or Portland, you usually are first warmly greeted by one of our front office colleagues or a work-study student. The front office staff and students work with advisors as a team to ensure that your needs are met and that you are treated as individuals. Every day is different – every student is different - therefore we can help you with different types of questions or connect you with someone on campus who can quickly help you. As we do this, we strive to create an atmosphere where each student feels safe and where everyone is treated with honesty and respect.

What kinds of questions are typical? You may need to know where to get your Student ID card and parking pass, how to start the admissions process or even simply where a room is located. In addition, we can help you find out who your advisor is, how to search for specific types of classes, how to change your major, apply for graduation and much more. Sometimes you may not know exactly what to ask, but we are happy to help you

figure out what you need, so you can move forward. As mentioned before, your questions may also be answered by one of our work-study students. Students that come in appreciate these student helpers' encouragement and knowledge.

Services offered may vary slightly based on location. For example, even though the Office of Registration and Scheduling is in Gorham, the Portland office still handles those functions for you as well. Also, if you have questions concerning classes or what specific holds on your account mean so you can rectify them, the Portland staff can help. The LAC Student Success Center is a one-stop location that works closely with many commuter students. Our LAC office assists with everything from preliminary questions in your early academic career up through your graduation. We can help you register for classes, pay bills, individual orientations and more.

In summary, whatever your question, all three locations will help you find the answer. We are here to help you!

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Poetry Corner

Fence of Figment

Dustin Kelly
Free Press Staff

I've witnessed too many return, staggering, bruised and bloody Gallivanting on the other side in lustrous pastures, selfishly Vastly envious of how rich and heavenly the green must taste Intoxicated by deceptive illusions of the continuously starving Demanding their hunger be fulfilled by a silver spoon of greed Yet not fathoming why each blade tastes worse than the one before Beliefs have been conjured, of golden seeds fed by holy rains Though the land is nourished and fastened by the same irises Only perception creates this border diving the fields of perfection Oblivious to the seeds that have been sown in their own meadows Blind to what is rooted below their soles or lack acquired tenacity Triumph met with heartache and many moons shall fuel pure wisdom Inevitable hands prevail wondrous colors so divine nothing else exists Let the trees dance as long as they need before whispering to you Softly, nature speaks it's philosophy so deep it cuts through bone Yearn weakens to reveal the constraint was but a figment within Surrounding you is everything once thought an immeasurable distance Wake up to taste and breathe all that satisfies the hearts true desires Look down and see the beautiful green between your toes, where its always been

Curmudgeon Chronicle

You are not alone in your senioritis struggles

Brian Gordon
Free Press Staff

I'm suffering from an acute case of 'senioritis,' or 'I don't give a crap about anything school related.' My new interests include napping, wanking, pouring excessive amounts of beer and whiskey into my body and watching six hours of 30 Rock straight. I could give a hoot about any of my classes. I just want to get the hell out of Dodge as quick as possible.

The tediousness of doing homework, writing papers, and showing up for class has left me drained. I haven't read a decent novel in months; I haven't seen a movie in a theater since I can't remember when; and my sole aim when I go out is to destroy with booze what I learned in class during the week. I yearn for the freedom from the school day drudgery. I long for summer, for swimming every day, hiking mountains, having bbq's, drinking beer outside and not answering to anyone. Ah the good life.

I'm not alone in my seniori-

tis. Look around your classes, and chances are people are skipping more. Eyes are glazed over, with vacant brains lying behind them. Boredom lurks in every classroom. What was once interesting, the senior now finds dull. I've started to figure how many assignments I can skip and still manage to graduate. A grade of D- still counts as passing for your core classes. Sure it'll demolish your GPA., but who cares? Once you pass through the hallowed halls of USM no one gives a crap about your GPA. No one will ask you at your job interviews what you scored in your science exploration class. So maybe it is a good time to ease up on the gas and stop killing ourselves with homework.

How you 22 year olds have made it through this much school without losing your gourd is beyond me. Aren't you ready for a break? And I don't mean jumping straight into a job. That's just more tasks, more slaving away for minimal results. I mean actual thinking for yourself, deciding what you want to do when you want to do it. When the

sun goes down and we go home from school or our jobs we're still the same schmo -- we need to figure out how to live fulfilling lives without merely being yes men. As my man Dylan said, "Twenty years of schoolin' and they put you on the day shift, look out kids they keep it all hid."

I feel like I've proved myself as a student by now. I don't really care to do any more tedious assignments. How much longer can I drag out a mere thought for three pages? Who am I fooling at this point by looking up synonyms and simply reiterating the same junk? My chips are cashed in and I'm heading for the parking lot. I'm a big man on campus, slayed my share of freshmen and now I'm ready to take this sideshow on the road.

The only cure for senioritis is the cap and gown and for me, blowing this pop stand. The end is nigh – one month to go, we're almost there. See ya at graduation.

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From Opinion on page 10

tion of services, and too little focus on how this new center will accommodate a sudden influx of the downtrodden, the men and women who want to achieve more for themselves but cannot afford the basic medical care that one must regularly obtain to be a successful jobholder in this country.

On Saturday, while taking photos near the health center on India Street, one of our photographers was approached by at least two individuals in a short time frame, with both individuals concerned about the future of this clinic. "Hopefully that sign stays there," one gaunt man said, walking down the street in tat-

tered clothes. It is frustrating that there is such a prevalent homeless problem in Portland (dozens of homeless individuals passed away on the streets in just the winter of 2015 alone). And newspapers in the Portland area also can't stop talking about the city's other ill: heroin. Even the least politically involved individuals know that there is a heroin problem in Portland, so it is ridiculous that we are backtracking.

It's like Portland suddenly became ultra conservative. Consolidating, and in turn diminishing, the social programs that can help these addicts recover, these homeless individuals get assistance with mental and physical health issues, and become more

enterprising citizens shows our city to be not a proud bastion of compassion but, rather, a city that neglects its most vulnerable citizens, as though to say that because these men and women are without money, they are without human value, human potential. .

One of the most important things citizens can invest their tax dollars in is providing rehabilitative care and support for addicts and the homeless. Let us have a few unfilled potholes and a few hideous building exteriors, because for goodness' sake, we must care for those who have not the means to care for themselves.

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The solution to last issue's crossword


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Weekly Horoscope

 **Aries** ★★★★★
March 21-April 19

Your imagination can add spice to your love life tonight, if you are willing to give free rein to ideas and images which excite you.

 **Taurus** ★★★★★
April 20-May 20

Daydreams help create the future. Sharing your hopes and wishes with those closest to you helps them to come true.

 **Gemini** ★★
May 21-June 20

Household members fluctuate from rowdy to silent or seeking fantasy rather than action. An adaptable attitude allows you to cope.

 **Cancer** ★★★★★
June 21-July 22

New age concepts or gadgets add spice to your love life. Seek avenues of enhanced satisfaction for you and your beloved.

 **Leo** ★★★
July 23-August 22

Today you may feel torn between the "real world" and religious or spiritual perspectives. Keep a balance between principles and practicalities.

 **Virgo** ★★★
August 23-September 22

If you ask, you can get reassurance about a family matter. Blood remains thicker than water.


| | |
|-------|-----------|
| ★★★★★ | great |
| ★★★★ | good |
| ★★★ | average |
| ★★ | alright |
| ★ | difficult |

 **Libra** ★★★
September 23-October 22

Charitable impulses get your attention. You may make a contribution or get involved in helping the less fortunate.

 **Scorpio** ★★★
October 23-November 21

You need mental stimulation and variety today. Gravitate toward chatting with friends or other so-cial activities. Take breaks.

 **Sagittarius** ★★★★★
November 22-December 21


Barriers you've been hitting against start to give way. Keep on pushing (tactfully) and you will succeed.

 **Capricorn** ★★★
December 22-January 19

A little mystery adds to your appeal. A small change in your appearance or usual style can stimulate additional passion from a partner.

 **Aquarius** ★★★
January 20-February 18

Personal needs come easily; relationships take more effort. Keep open to compromise and the viewpoints of others.

 **Pisces** ★★
February 19-March 20

Be sure your laid-back attitude does not spill over into languor. Comfort appeals. You're adept at soothing ruffled feathers.

Crossword

Across

- Freudian concerns
- Went to the polis
- Former Cub Sandberg
- "____, the Killer Whale" (1966 film)
- Khomeini, for one
- Shoe widths
- Triple-flavored ice cream
- Ergo, to Descartes
- Made of mud
- Grate deposit
- Pots, kettles, etc.
- "Billy, Don't Be ____" (1974 song)
- Bubbly drink
- Beatrice Kiddo's code name, in "Kill Bill"
- Automotive pioneer
- First name in horror films
- Pigment-deficient animal
- Musician with a reed
- Golf prop
- Now, in Latin
- Deed holder
- Singapore neighbor
- Full of nervous energy
- Next-door resident
- Region of Israel
- Star ____ (Jewish symbol)
- Here in Mexico
- "And that's that!"
- Void companion
- Things yonder
- Some guts
- "Finding Nemo" fish voiced by Willem Dafoe
- Played the part
- Combat fatigue, for short

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Down

- Kin of -ess
- Titans' mother
- The Tent-maker
- Apt. building manager
- More nasty
- River that forms part of Colombia's border
- Tit for ____
- "Bambi" role
- Babel
- Moses parted it
- 1997 Bond girl Michelle
- State bird of Hawaii
- Quick-exit keys
- Buckeye State resident
- With "E," a Wild West legend
- Penguins' org.
- Gum glob
- Schoolyard comeback
- Collector's violin
- Van ____ (rock band)
- War correspondent, in modern lingo
- Sluggish stat
- Scintilla
- Scintilla
- Carrots, for snowmen
- Log listing
- "Dedicated to the ____ Love" (Shirelles song)
- What actors tread
- Fess (up)
- REL's Civil War counterpart
- Bethesda org.
- Last car on a train
- Tip or Eugene
- Loc. of Reno
- Rubbed out
- Da ____ Vietnam
- Prefix meaning "same"
- Seabird
- "Take ____ from me..."
- Bit of a shock
- Enrages
- Group of two
- Schedule abbr.
- Storm-tracking org.
- Morse code part

Sudoku

The object of a sudoku is to fill in the remaining squares so that every row, every column, and every 3 × 3 box contains each of the numbers from 1 to 9 exactly once.

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USM COMMUNITY PAGE

Animals on campus could reduce stress levels

Raquel Miller
Free Press Staff

In the spirit of springtime, the Animal Refuge League of Greater Portland brought bunnies to USM's Gorham campus this past Thursday. Arrow and Boulder, two California rabbits, were available in Lower Brooks to students and families, in groups of four, for gentle petting and playing. The two are only four-months-old, weighing around five pounds, and will grow in size and to a weight around eleven pounds. While Arrow lounged around, opting to let people approach her, Boulder hopped around the room energetically, preferring to be chased.

Volunteers awaited students and families at a table with a simple release form, and were then allowed into a room where the bunnies played. Four people at a time were allowed in in order to not overwhelm the two furry guests. Volunteers weren't expecting as many people as they did, and around 5:00, they had to print out more release forms, adding to their already printed fifty.

While commuter students can return home after a day of classes and be greeted by their pet, resident students don't have that option. Coordinator of Student Activities, Samantha Elliot, commented, "We regularly hear students share how much they miss having a family pet around and this makes any event with animals a real hit with students." From 4 p.m. until 6 p.m., students had the ability to visit with the furry friends.

One can find members of the Portland and Gorham community walking their dogs along campus sidewalks or making use of the greens to play outside of Luther Bonney and Payson Smith, but USM currently does not allow pets in



Patrick Higgins / The Free Press Staff

Sophomore Psychology major Sarah Blanchard (left) and friend Shayanne Frazier (right) spent time with bunnies provided by the Animal Refuge League.

residence halls. Small non-walking aquarium fish are allowed, as well as service and assistance animals with approval by the Disabilities Services Center.

It would be an ideal experience for students to be allowed animals in residence halls at USM, but space, waste management, veterinary care, and budgetary factors must be considered. Even events such as "Hopping into Spring with Bunnies" must meet insurance, accommodation, and safety requirements according to Elliot.

There are a number of studies associated with a decrease in stress levels and interactions with animals. Interactions with animals have proven to improve quality of life in the elderly and chronically ill, and students are not exempt from those benefits.

USM's community can anticipate upcoming partnerships with the Pixel

Fund and Therapy Dogs International for some stress relieving animal interaction, without any added stress when it comes to the responsibility of pet ownership.

Elliot informed, "the Gorham Campus Activities board has partnered with the Pixel Fund, a dog rescue, fostering and adoption non-profit, for stress relief events." As well as their partnership with the Pixel fund, they are partnering with Therapy Dogs International for a spring stress relief event.

Whether it be visiting Arrow and Boulder, finding the time to visit their family pet on the weekends, or opting to volunteer at shelters or the Animal Refuge League, interacting with animals can have a positive effect on student stress levels.

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Students of USM

Muhammad Khan on cultural adaptation

Meaghan Gonsior
Free Press Staff

Some people let life drift by, but not Muhammad Khan, president of USM's Muslim Student Association. Khan, a 19-year-old freshman from Gorham, has jumped into the USM community with both feet. Since moving to Maine from Pakistan at the age of 8, Khan has intentionally and actively embraced new situations.

"When you're younger you can assimilate far quicker than when you are older," Khan commented on his family's immigration to the U.S. Khan's family of nine moved from the Punjab province city of Multan which has a population of over a million people located in under 1,500 square miles.

When he first arrived, he knew only two words of English. Now, when he returns to visit his extended family in Pakistan every few years, they say he speaks with an accent.

"We moved to Standish, Maine with a population of a million trees," Khan joked. While he misses Pakistan at times, Khan admits that it's because he only remembers the good that he left behind. He notes that returning to



Meaghan Gonsior / Free Press Staff

Pakistan does create an experience of reverse culture shock and everything seems different.

"It almost feels like I'm going to a new country. The people are different, the way food tastes changes and so does the way you interact with people," Khan observed. "Whatever culture you're in, you always feel like an outsider. You're

always seen as someone who came, not someone who is from there."

Khan has become an active member of USM's Student Senate and he is running for SGA President this week, along with third year history major Matthew Raymond as his Vice President.

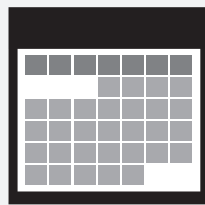
Outside of school, Khan enjoys meeting friends for trivia night at Buffalo Wild Wings and playing pool with his brother at a friend's house.

"I'm still learning how to play pool. It's embarrassing sometimes, but it's fun," Khan chuckled. Regarding his time at USM, Khan was appreciative of the community he has joined.

"I like how diverse it is, really. There's all sorts of people from all over the world here. A lot of outgoing people, welcoming people. The MSA is my family now, I love these guys."

Despite the challenges that moving to a foreign culture poses, Khan suggests that it creates a more positive experience than negative. He believes everyone would benefit from spending a year or two abroad, truly immersed in a foreign culture.

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Campus Events

Monday, April 18

Dinosaurs at Dusk!
University of Southern Maine
Southworth Planetarium, Portland Campus
Starts: 1:00 p.m. / Ends: 2:00 p.m.

Red Cross Blood Drive
University of Southern Maine
P2 Parking Lot, Portland Campus
Starts: 10:00 am / Ends: 3:00 p.m.

Tuesday, April 19

Green Zone Training
University of Southern Maine
303 Payson Smith Hall
Starts: 1:00 p.m. / Ends: 2:30 p.m.

USM Flow Jam
University of Southern Maine
Multipurpose Room, Sullivan
Recreation Complex
Starts: 4:00 p.m. / Ends: 5:00 p.m.

Athletic Training Fundraiser
University of Southern Maine
Lower Brooks on the Gorham Campus
Starts: 5:00 p.m. / Ends: 9:00 p.m.

Wednesday, April 20

Flower Pot Decoration
University of Southern Maine
Osher Map Library
Starts: 8:00 p.m. / Ends: 10:00 p.m.

Wellness Breakfast
University of Southern Maine
Woodbury Campus Center,
Portland Campus
Starts: 10:00 a.m. / Ends: 1:00 p.m.

Laser Mania
University of Southern Maine
Southworth Planetarium
Starts: 2:00 p.m. / Ends: 3:30 p.m.

Thursday, April 21

Disney Trivia Night
University of Southern Maine
Lower Brooks Student Center
Starts: 9:00 p.m. / Ends: 11:00 p.m.

Friday, April 22

Thinking Matters
University of Southern Maine
Abromson Center
Starts: 8:00 a.m. / Ends: 3:00 p.m.

Southern Maine Passover Cedar
University of Southern Maine
Gorham Campus
Starts: 6:00 p.m. / Ends: 9:00 p.m.

Saturday, April 23

Who's Afraid of Virginia Wolf?
University of Southern Maine
Russell Hall, Gorham Campus
Starts: 7:30 p.m.

For more events:
www.usm.maine.edu/events

An look at athletic training and sports injuries at USM

Nick Beauchesne
Sports Editor

Anyone who has played competitive sports during their life has probably had the experience of having to visit the athletic trainer's office at some point. Whether it is during practice, a game or while training during the offseason, injuries happen. When they do, it is crucial that the athlete receives treatment from a specialist that knows the best course of action to get the player healthy and back in the game. Luckily for the athletes at USM, our university has an Athletic Training program staffed with professionals in the field, as well as students acquiring the tools necessary to become certified athletic trainers themselves.

"The USM College of Science, Technology and Health and the department of Exercise, Health and Sports Sciences offers undergraduate degrees in Athletic Training, Exercise Science and Health Sciences" according to the department overview on the university website.

With these three concentrations, students here have an opportunity to learn the skills required of individuals that seek to become professionals in any of a wide range of fields related to the degree programs it offers.

Noel Neptune, clinical education coordinator and lecturer at USM, describes some of the changes that have developed over just the past ten years in terms of how people in

the field diagnose and treat concussions.

"Back then if athletes were asymptomatic after ten minutes of initially showing signs of concussion, they were able to return to the field of play that same game. Now, there is a strict and thorough return to play protocol that can take several weeks" Neptune said.

As much as concussions are at the forefront of people's thoughts on modern day athletic injuries and treatment, there are a multitude of other injuries that come up over the course of a season. The students that matriculate through these majors get comprehensive training across the wide spectrum of injuries and treatment options.

Along with education received in the classroom, students take clinicals where they receive on the job experience. Lindsay Webber, a sophomore in the Athletic Training program, is currently in her clinical rotation this semester working with the USM baseball team.

"Most often we deal with overuse injuries. UCL tears and Tommy John surgery are common," said Webber. Those people are out for the season after the receive the required surgery."

These types of injuries, focused on the shoulder, are especially common in baseball. Each sport tends to see specific injuries that are more common to that sport. Basketball, for instance, sees a large amount of lower body injuries, ranging from



Patrick Higgins / Free Press Staff

Knee injuries are a common occurrence during athletic competition, which can require physical therapy and/or surgery, depending on the severity of the injury.

ankle sprains to knee injuries. Head injuries can be common occurrences

“Most often, we deal with overuse injuries... those people are usually out for the season.”

Lindsay Webber,
athletic training major

in all sports and are treated with the care and attention that they require. These majors, as rewarding and

beneficial as they are to those that choose them as their focus, are quite demanding. "We experience a pretty big drop in numbers after the first clinical rotation" Webber said. "I think you really learn the most during your clinical hours."

The challenge that this course load exacts on the student, though, is worth it. They make connections with professionals in the field, get the chance to have on-the-job training while learning their craft and often times line themselves up for career placement upon graduation.

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Huskies take down Eagles for seventh straight win this season

Nick Beauchesne
Sports Editor

Tuesday afternoon the University of Southern Maine Huskies took down the Husson University Eagles 6-1 with help from senior Sam Dexter (Oakland, ME/ Messalonskee) who smashed a home run and tallied three RBI's. Junior Paul McDonough (Wells, ME/ Wells) also contributed to the team's success with two runs, three hits, and one RBI. With Tuesday afternoon's win, the Huskies improved their 2016 season record to 14-5.

The Huskies went up early in the bottom of the first inning. With Paul McDonough on first base Sam Dexter doubled in McDonough to pick up the game's first run. With sophomore Sam Stauble (Harrison, ME/ Bridgton Academy) up to bat, it was Dexter's turn to cross home plate after a throwing error by Husson's shortstop. Southern Maine headed back to the dugout after the first inning leading Husson 2-0.

In the bottom of the third, with McDonough on second base, the Huskies' lead doubled as Dexter stepped up to bat and homered to left field. As both rounded home plate, Dexter grabbed two more RBIs and the Huskies were up 4-0 over the Eagles.

Designated hitter McDonough assisted the Huskies again during the bottom of the fourth. After he was able to double to right center, freshman Kip Richard



Erin Brown / Free Press Staff

Freshman catcher Kip Richard takes a swing against Husson Tuesday during the Huskies 6-1 win.

(Kennebunk, ME/ Kennebunk) advanced home for the Huskies when McDonough singled and picked up an RBI for himself in the process. Due to a fielding error, McDonough advanced to second and freshman Kyle O'Connor (Lynn, MA/ Lynn English) headed to third. The Huskies were up 5-0 when the Eagles intentionally walked Dexter to load the bases. The Eagles brought freshman Joe Skoczylas (Winthrop, MA/ Malden Catholic) to the mound to relieve sophomore Tommy Burns (Eddington, ME/ John Bapst. Memorial). After the change up, off of a wild pitch, O'Connor scored Southern Maine's sixth and final

run of the evening.

In the top of the fifth inning, the Eagles scored their lone run of the afternoon. Freshman outfield/pitcher, Alex Chapman (Westford, VT/ Bellows Free Academy) ran home from third base after a single from senior infielder JT Whitten (Waterville, ME/ Waterville Senior) drove him in. The Eagles could've doubled up on runs as freshman Mike Wong (Lewiston, ME/ Lewiston) was just behind Chapman on second but was beaten to third when senior leftfielder Nick Dibiasse (Portland, ME/ Deering) connected with short-stop Dexter who found sophomore Brandon Martins (Manorville, NY/

Eastport South Manor) on third base to close out the inning and end any thoughts Husson had of narrowing the margin.

Sophomore Bobby Delaney (Merrick, NY/ Kellenberg Memorial) picked up his first start of the season as pitcher and his first tally in the win column. Delaney threw six full innings, only allowing Husson five hits and one run.

Freshman Tanner Laberge (Windham, ME/ Windham) and senior Ryan Browner (Georgetown, MA/ Georgetown) both made their appearances on the mound during the game. Laberge came in to relieve Delaney at the top of the seventh and Browner for Laberge at the top of the ninth. Both held Husson hitless while on the mound

Tommy Burns started on the mound for the Eagles. After giving up six runs, Joe Skoczylas would relive Burns in the middle of the bottom of the fourth. In the bottom of the eighth, the Eagles made another switch on the mound as sophomore Steven Hanscom (Bar Harbor, ME/ Mount Desert Island) came in to finish out the game for Husson.

The Huskies will be back in action on their home field Wednesday April 20th at 3:30 against the Endicott College Gulls and again Thursday April 21st at 3:30 against Babson College Beavers.

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| Scoreboard | | |
|------------|------------------|----|
| April 11 | Women's Lacrosse | |
| | Me-Farmington | 2 |
| | USM | 21 |
| April 13 | Softball | |
| | USM | 4 |
| | Bowdoin | 5 |
| | Baseball | |
| | USM | 10 |
| | Colby | 7 |
| April 14 | Baseball | |
| | St. Joseph's | 8 |
| | USM | 9 |
| | Women's Lacrosse | |
| | USM | 19 |
| | Maine Maritime | 1 |

| Upcoming | |
|---|--|
| April 19 | Men's Tennis @ Bridgewater State 3:00 p.m. |
| | Baseball @ Mass-Boston 3:00 p.m. |
| | Softball @Mass-Boston 3:30 p.m. |
| April 23 | Men's Outdoor Track and Field: @ Colby College College. 11:00 a.m. |
| | Women' Outdoor Track and Field @Bowdoin 1:00 p.m. |
| | Men's Lacrosse @ Western Conn. Starts: 12:00 p.m |
| For more listings of upcoming Husky sporting events, please refer to the official USM athletic's website. | |

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