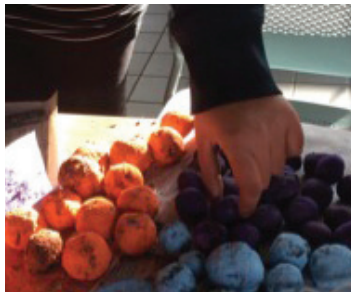




400 YEARS OF SHAKESPEARE

April 23 marks the 400th anniversary of his passing. How is Portland celebrating his legacy?

ARTS & CULTURE 6



SUSTAINABILITY & ME: Birds and Bees

What brings to mind when you hear the word pollinator? Pesticides? Honey? Find out for yourself!

PERSPECTIVES 8



SPEED ROOMMATING

Not sure how to pick a roommate in college? USM hosts a "speed roommating" event.

COMMUNITY 10

the free press

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Assessing the risk of alcohol

Dispelling a stigma and getting the facts on substance use

Krysteana Scribner
Editor-in-chief

For college students, the consumption of alcohol varies from person to person. Whether you're drinking to socialize, celebrate, suppress difficult emotions or to simply relax, it has both a strong and varying affect on those who decide to drink. Why does alcohol cause us to act and feel differently? How much is too much? Why do some people become addicted and not others?

While drinking alcohol in appropriate amounts won't put you at a high risk for long-term damage, consuming the beverage often and/or in large quantities can put you at risk. According to the Institute of Alcohol Abuse and Alcoholism (NIAAA), drinking at college has become a ritual that students often see as an integral part of their higher education experience.

They estimate that each year in

the U.S., and average 1,825 college students between the ages 18-24 die from alcohol related injuries, 696,000 students are assaulted by

that are in control of movement, speech, judgement and memory. In turn, the effects lead to clear signs of drunkenness: Difficulty walking,

“Not everyone who drinks develops an addiction, and in moderation, it's okay to experiment, as long as you're being safe.”

Paul Dexter, Coordinator of Learning Support at USM

another student who was drinking and over 97,000 students reported experiencing alcohol-related sexual assault or date rape.

According to the NIAAA, alcohol not broken down by the liver goes to the rest of the body, including the brain. It can affect parts of the brain

slurred speech, memory lapses and acting on impulsive behavior.

Consequences of Drinking in College:

According to the National Council of Alcoholism and Drug Dependence, brain development continues well into a person's twenties and excessive drinking at a young age can hinder this process. Those who consume alcohol irresponsibly encounter struggle in academics, memory loss, sleep deprivation and a number of medical conditions that develop the longer you consume, such as Anemia, Cardiovascular Disease, Depression, Liver Disease, Pancreatitis and more.

Coordinator of Learning Support at USM, Paul Dexter, is in charge of building partnerships with academic departments across the institution to identify ways to help students succeed. He explained that with heavy drinking, comes lack of sleep, and with that comes the inability to function as well as those who do not drink.

"Many people believe [alcohol] helps you sleep because of the initial depressive affect, but with enough consumption it actually reduces the amount of REM sleep (or deep cycles of sleep) one gets," he stated. "These REM sleep cycles are required to feel well rested and this is the time when information you took in during the day is solidified in your memory. The less REM sleep we get, the less effective ingraining of information happens during sleep."

Although USM does not currently have data to know which students are engaging in high risk alcohol and drugs, Dexter explained that staff members are educated on what high risk use looks like and what they can do to help students succeed. These signs, he explained, vary from student to student, but one of the most



Photo courtesy of USM

The Honor's program accepts a grant that will send students in the program to Iceland to study at a ceremony on March 3.

USM receives grant for study abroad in Iceland

Erica Jones

Free Press Staff

Starting in 2017, thanks to generous gifts received by the Honors program, incoming University of Southern Maine honors students will have the chance to study abroad in Iceland for two weeks as part of a new, four-week summer course.

Last Thursday at the Glickman Library, USM President Glen Cummings alongside representatives from Iceland's Reykjavik University announced the plan that offers students the "chance to enroll in a four-week course, the second half of which will take place in Iceland," according to USM's website.

This travel opportunity is made possible by a \$450,000 endowment from the estate of alumna A. Carolla Haglund and a \$482,000 grant from the Maine Economic Improvement Fund (MEIF) — an almost one-million-dollar gift in total. The stu-

dents in the program will spend two weeks in Iceland at Reykjavik University, with transportation, room, and board included.

"This program will provide a significant opportunity for our students to broaden their horizons, to engage in the wider world and better equip them with the necessary knowledge and skills to play key roles in the expanding and strengthening of our economy here in Maine," said President Cummings.

Rebecca Nisetich, interim director of USM's honors program interim, discussed how USM came to receive these grants. "The Haglund Gift was donated to the university. The gift specifications were that it would go to students with certain GPAs," she explained. A. Carolla Haglund's estate designated the gift as an endowment for international opportunities for USM students, according to USM's website.

See Honors on page 3

USM looks to open season strong

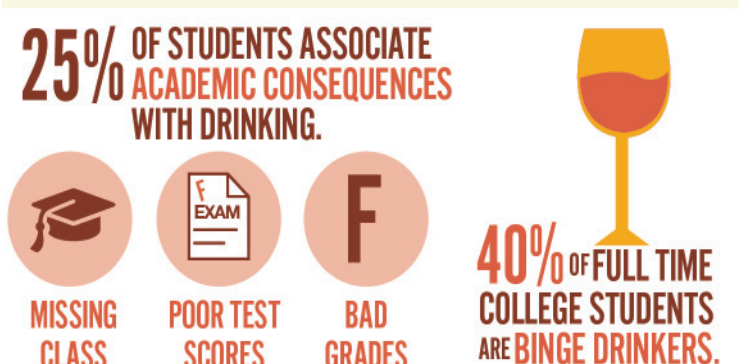
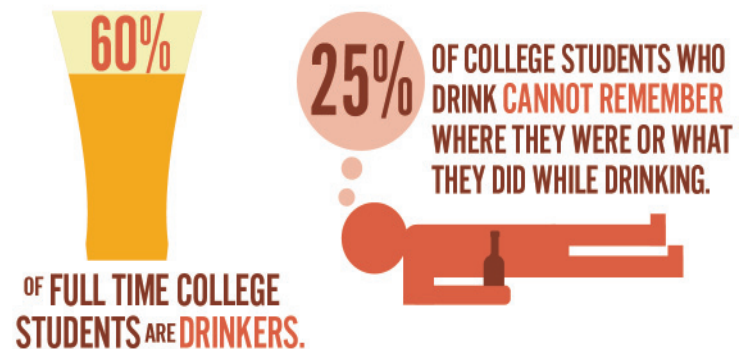


Photo courtesy of USM Athletics Website

Senior Sarah Pelligrinelli had two goals and an assist for the Huskies against Saint Joseph's Wednesday night.

For full story, see page 11

THE TRUTH ABOUT ALCOHOLISM



Hannah Lyon / Design Director

See Alcohol on page 4

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PORTLAND, MAINE

Panelist offer uncensored advice on sex

Julie Pike
Contributor

On Tuesday, March 8, the newly founded group Huskies For Reproductive Health put on an event in the Gorham campus Lower Brooks. The event was a panel of "sexperts" who could talk and answer any questions from students about all things sex related.

On the panel was Samar Jamali, a nurse practitioner from Health and Counseling Services at USM, Gina Roark, a sex educator and owner of Nomia in Portland and Kimberly Brown, a disease intervention specialist, from the Maine Center for Disease Control.

The founders of Huskies for Reproductive Health, Emma Donnelly and Molly Concannon, both students at USM, created this event to help reduce the stigma that surrounds the topic of sex, especially on college campuses.

Their club began back in December, and the group decided that they need to bring the topic of sex and reproductive health up on campus. The "sexpert" panel was created to encourage students to ask their unanswered questions and to promote safe sex on campus.

Donnelly voiced the objective for the event; "We wanted students to be able to come to our event with their uncensored sex questions for our 'sexperts' to give them uncensored down to earth real answers with no judgement."

The event was successful, around thirty to forty students attended, with lots of audience participation to ask questions for the panel. Each student that attended got their own goody bag with information about how to



Katelyn Wiggins / Free Press Staff

Goody bags packed with information on how students can keep themselves sexually healthy.

keep themselves sexually healthy, including how to contact planned parenthood.

Most of the questions rendered laughs from the audience, for their generally uncomfortable nature, but the important part was that the audience was engaged in the talk and asked a variety of questions, no matter how embarrassing they may seem.

This was just what Donnelly had intended for the event; "The topic of sex always seems kind of taboo, but we are in college and this is the age where people are typically experimenting, or have their first long term relationship and are sexually active, so it needs to be talked about."

To keep things light free prizes were given away in several raffles, winners received free t-shirts, books, and various sex toys.

Dan Welter, Chief of Staff for Campus Life at USM, was there

to engage the audience, gave the introduction for each of the panelists, and created the ground rules for the event. Welter kept things light by getting the audience to laugh at the more uncomfortable topics.

Donnelly and Concannon provided extra resources for any students who wish to find out more about safe sex, reproductive health, and any other questions they have. Students who wish to find out more can visit Nomia, a sex shop in Portland, Planned Parenthood on Congress St. in Portland, Portland Infectious Diseases, where one of the "sexperts" Brown is from, and USM Health Services, which have many resources in terms of birth control, pelvic exams, and STD testing and treatment for all students to utilize.

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From Honors on page 1

Nisetich is also responsible for one part of the generous donations. "The MEIF Grant was something I did on behalf of the Honors Program," said Nisetich. "I wrote the Grant proposal and submitted it MEIF. It was accepted, and now we have the grant for the next 3 years."

The course in Iceland is part of an ongoing effort to "build strong educational partnerships that will both create exciting new opportunities for our students and set the stage for economic growth between our two countries," said President Cummings in a news release, also stating that "the core of economic growth is education."

Last semester in October, President Cummings as part of a group of 40 officials traveled to Iceland and stayed for five days, where they attended the Arctic Circle Assembly in Reykjavik. Iceland, a small nation of 323,000 people, and Maine, its closest neighbor in the United States, have had a beneficial trade relationship since Eimskip, an

Iceland-based shipping company based, designated Portland to serve as its U.S. port of call, according to USM's website. The initiative to create strong ties between Maine and Iceland, Cummings believes, will be advantageous for the future economy as our world changes.

Ari Jonsson, Reykjavik University's rector/president, also expressed his eagerness for the new international education program. "Iceland's a small country, which means that if we end up closing ourselves within Iceland and not providing the ability for Icelanders to experience and connect with people outside of Iceland, we'll become isolated and backward," said Jonsson. "That's just the nature of being closed off in a small community. So, we have to open up. We have to be connected."

The first group of students is expected to leave for Iceland in summer 2017.

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Photo courtesy of USM

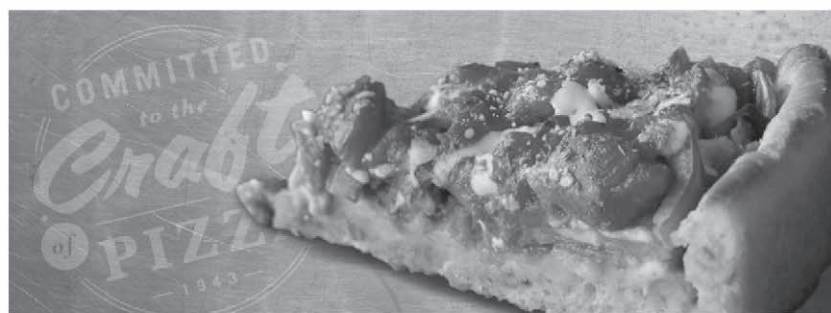
President Cummings shakes hands with President of Jonsson of Reykjavik.

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Maine businesses come together to raise minimum wage for entire state

Zachary Searles
News Editor

Maine's state minimum wage is \$7.50 an hour and hasn't been raised a cent since 2009. Some Maine businesses feel that isn't good enough, causing a coalition of nearly 10,000 individual Maine business owners to call for an increase in the state minimum wage. The coalition proposed a four step process. Starting in 2017, Maine's minimum wage would increase to \$8.50, then increase \$.50 each year until 2020 when the wage per hour would reach \$10.

The coalition is not calling for an index in the wages, so it would not be adjusted with inflation.

"Our coalition supports a meaningful increase in the minimum wage and wants to ensure that any increase is sustainable for the long term," said Greg Dugal, president and CEO of the Maine Restaurant Association and the Maine Innkeepers Association, in a press release. "We are calling on Maine legislators to support a responsible option for voters to consider on this fall's ballot."

Several business owners in Maine have come out in favor of this plan, one of them being Chris Tyll, owner of Pat's Pizza in Portland.

"I support raising the minimum wage and doing so in a way that is not harmful to small business owners," said Tyll in a press release. "Eliminating the tip credit would hurt Maine's vibrant restaurant industry by dramatically increasing the cost of doing business for restaurants, and others involved in Maine's tourism industry."

Last fall, voters in Portland decided against raising the minimum wage to \$15 an hour, citing that it would hurt small businesses in the city.

While the ballot initiative was



Photo courtesy of Bangor Daily News

Will Ilkard, director of the Maine Small Business Coalition, speaks at a press conference at The Briar Patch bookstore in Bangor on July 29, 2015. He introduced many small-business owners, who spoke and showed their support for the minimum wage increase that will be on the 2016 ballot.

shut down in Portland, at the start of the new year the hourly wage was increased to \$10.10, with a plan to increase again at the start of 2017 to \$10.68 and then in 2018 the minimum wage will be directly tied to the cost of living as measured by the Consumer Price Index.

Students at USM felt the benefit from the rise in the hourly wage, receiving an email just before the new year that stated USM would raise the hourly pay to all student workers making less than \$10.10 an hour.

"While the city's action does not technically apply to members of the USM family in Gorham and Lewiston, it is our strong belief that we function and succeed as one in reaching our institutional goals and objectives and therefore the minimum wage increase is rightly shared across our university," President Glenn Cummings said in an email in late December.

Despite the state minimum wage being \$7.50, some employees are already starting their em-

ployees out at a higher wage.

"The minimum wage in our business is \$10 per hour and I am confident \$10 per hour is sustainable for Maine businesses and Maine's economy," said Ken Keiran, owner of Union Farm Equipment in Union, in a press release. "However, increasing starting wages above that threshold would outpace our pricing support and force us to either raise prices or cut positions - both of which would be bad for Maine businesses."

The coalition is looking to get the issue onto the ballot in November and let the people of Maine decide.

"We are proposing a significant increase in the minimum wage in Maine and we are calling on the Legislature to give the voters of Maine a choice when they go to the ballot box this fall," said Dana Connors, President of the Maine State Chamber of Commerce in a press release.

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From Alcohol on page 1

important symptoms presents itself in a change of brain chemistry.

"If a person continues to use in a high risk way, then you see changes in brain chemistry, and that's when tolerance goes up," he stated. "It's going to take more to get the desired effect. From an academic standpoint, one of the challenges when someone continues to use in a high risk way overtime is that he/she is affecting the brain's ability to modulate stress."

According to the NIAAA, 1 in 4 college students report academic consequences from drinking, including missing class, falling behind in class, doing poorly on exams or papers, and receiving lower grades overall. Dexter stated that it is important to understand with drinking, little stressors on the brain become more problematic and harder to control.

"Not every student who drinks develops an addiction, and in moderation, it's okay to experiment, as long as you're being safe. If any student finds themselves making changes related to their substance use, there are many support services here at USM," stated Dexter. "No one has to feel ashamed by their drinking habits. No has to go through a substance use disorder alone."

Student Recovery Liaison Ross Hicks, who works closely with administration to ensure changes are made to accommodate students seeking recovery, explained that a lot of people think substance use disorder means you're morally weak or don't have the willpower.

"It is a medical condition and there is a treatment," said Hicks. "If we address it as so, we can frame the conversation in a way that will hopefully lead to better access to treatment and for those of us that have been able to accumulate some measure of sobriety, whether it's days or years, we tend to identify ourselves as long-term recoverers."

Dispelling the stigma around substance use disorders:

Diane Geyer, the coordinator of clinical substance use services, is dually licensed in mental health and substance use and works closely with students on campus who may be struggling with the disorder. She explained that there are a variety of reasons why students drink, but a lot of cases are centered around the desire to fit in and make friends.

"Having a sense of wanting to belong is a big reason it happens. These students want to belong, they want to fit in - and, as most students would agree, taking risks can seem fun," Geyer stated. "It's important to understand that we all can have a substance use problem. Everybody is at risk, but some people are more susceptible."

She further explained that there are two types of risks: Low risk

choice and high risk choice. For students who integrate drinking into their social lives, it's important to recognize that it is okay to do so, as long as the consumer is being responsible and knows when to stop. When a student finds themselves at a crossroads of uncertainty regarding their drinking habits, Geyer stated there are many resources for students on campus to take advantage of.

"Often times, those struggling with the disorder have to find new friends to socialize with, because their old friends are so consumed in the addiction," she stated. "We need to stamp out the stigma of those struggling with substance use disorders - they are people just like you and me, and they can't always control the problem. If everyone around them is using, they may not see it as a problem."

For Jake Mitchell, a freshman physics major, his struggle with a substance use disorder began in his hometown of Chicago, where he was unable to escape the grasp of addiction. The chance to recover came along when he decided to start new, move to Maine and attend USM.

"I'm living in a sober house right now, and that's why I am going to USM. Maine was my only option to stay out of trouble," he stated. "I was getting into really bad situations in the last city I lived in and this geographical change is just what I needed. I'm happy to say I am 6 months sober."

Andrew Kiezulas, a senior chemistry major at the USM, has dealt with addiction first hand and has seen how the illness affects the people. He stated that so many kids feel today feel broken and are made to feel as if the struggle with substance use disorder will never end. However, Kiezulas has made it his life's mission to change that perspective by providing others with his experience of recovery.

"Not many people really understand what substance use disorder looks like," explained Kiezulas. "So they see you drinking or they see you doing drugs and they say 'why can't you just stop?' You want to shake them and tell them it runs so much deeper than that."

For Kiezulas, the road to recovery will continue to be one where he grows and learns. He explained that it's important for people to realize that his illness doesn't define who he is as a person.

"I may die a person in long term recovery. I may have an active substance use disorder, but I don't have to be an alcoholic my whole life. I'm in recovery along with many other incredible people," explained Kiezulas. "The truth is, I like to think I'm strong and impervious to what other people say and think - but it matters."

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Patrick Higgins / Free Press Staff

WMPG Community Radio Spring Begathon March 17 - 23



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In Brief...

Local & State

Bill proposed by Gov. LePage opposed by slim margin

Early last week Gov. Paul LePage proposed a bill that would impose a mandatory six-month driver’s license suspension for any convicted drug dealers. A legislative policy committee voted to oppose the bill with seven against and six in favor.

According to Republican Sen. Scott Cyrway, this new law would give law enforcement with a greater tool to combat the drug problem in the state.

“We are experiencing one of the worst drug epidemics in history, and we need to use all tools that are available to fight the battle to keep drugs off the streets,” Cyrway said.

Maine has filed for waivers from federal suspension provisions in the past, but Gov. LePage is no longer inclined to do so because it goes against his personal stance on drug enforcement. Failure to file for the waiver will result in a \$13 million loss in federal highway funds.

Judge will decide if Bangor man was sane or not during the beating of his girlfriend

Joshua Cole was arrested back in 2014 for beating his pregnant girlfriend to the point where she is now blind. Cole has a history of mental illness, so a Superior Court judge will now decide if he was sane or not when the beating took place.

Cole has been hospitalized all over the state and is currently being held in the mental health wing in a correctional center in Windham.

“He was out of his mind when he committed these acts, suffering from an acute mental illness, and he was not taking his medication,” Hunter Tzovarras said in his opening statement. “He was delusional, irrational and unable to appreciate the wrongfulness of his actions.”

Two psychologists have testified to Cole’s defense, both of them stating that Cole was delusional when he attacked his girlfriend.

Paramedics allegedly refuse to help man in snowmobile accident

On March 2, Glenn Dumont collided with another snowmobile, dying in the crash. Now,

Dumont’s brother is claiming that paramedics refused to come to the crash because they didn’t want to the accident, which was in a wooded area with the nearest road being about a mile away.

According to a CBC report, a snowmobiler with Dumont offered to take the paramedics to the scene, but they refused, saying that government regulations that state they can refuse to intervene if they themselves might be put into danger.

Lewis Pelletier, Dumont’s brother, stated that they dug a snowmobile out of a snowbank after the crash and strapped Dumont to it to bring him to the ambulance, but at that point it was too late.

“[Quebec is] advertising the snowmobile industry,” Pelletier told the CBC. “Little do we know that this is all they do is advertise, but if you get in trouble, you’re on your own.”

National

SeaWorld announces no new generations of killer whales

Last Thursday the company announced that current generation of killer whales housed at SeaWorld will be the last. This comes almost three years after the release of the documentary ‘Blackfish,’ which profiled one of the whales and since the release of documentary SeaWorld has been under constant attack.

"Why the big news? SeaWorld has been listening and we're changing. Society is changing and we're changing with it," the company said. "SeaWorld is finding new ways to continue to deliver on our purpose to inspire all our guest to take action to protect wild animals and wild places."

Recent reports say that Tilikum, the whale profiled in ‘Blackfish’ may be nearing the end of his life. Close estimates place him at around 35 years old.

SeaWorld also announced that the company is partnering with the Humane Society to advocate for ocean wildlife protection.

President Obama gives his choice for Supreme Court judge

With the passing of Antonin Scalia, there was a vacancy in the supreme court that needed to be filled and both sides have been fighting ever since to decide as to when that position should be filled, with Republicans claiming that President Obama should not get to pick the next judge because he is within the last year of his term and the newly elected president should be the one to decide.

Last Wednesday President Obama nominated Merrick Garland, who is a well respected in Washington legal circles and has drawn praises from both parties, to fill the vacancy.

“I’ve selected a nominee who is widely recognized not only as one of America’s sharpest legal minds, but someone who brings to his work a spirit of decency, modesty, integrity, even-handedness, and excellence,” President Obama said in a formal Rose Garden ceremony announcing his selection.

Republicans were quick to reject the nomination, one of them being Kentucky Senator Mitch McConnell who said he would not allow Judge Garland in his Capitol office or taking any action on his nomination.

International

U.S. man sentenced to 15 years hard labor by North Korea

Otto Frederick Warmbier was getting ready to leave North Korea on Jan. 2 when he was arrested at the airport for committing a hostile act against the state. Last week he was sentenced to 15 years of hard labor.

Warmbier was accused of removing a political banner from the hotel he was staying in. The State Department said the punishment did not fit the crime and urged North Korea to pardon Warmbier and grant him amnesty.

The trial reportedly only lasted one hour and North Korean officials presented fingerprints and surveillance images that they claim prove Warmbier is guilty.

"My brother and my sister need me," Warmbier said during the trial. "I beg that you see that I am only human, how I have made the worst mistake of my life."

Kurdish group TAK claims credit for the Ankara bombing

The Kurdish militant group TAK is now claiming credit for the bombing in Ankara, the Turkish capital, that took place on March 13 and killed 37 people. The group says the bombing was in retaliation for military operations in south-east Kurdish.

The TAK is a group that stems from the banned Kurdistan Workers’ Party and had already claimed credit for a bombing that also took place in Ankara last month.

The group posted on their website, stating that the bombing had been intended for security forces and there was no intentions of killing any civilians, but the group did go on to say that civilian casualties are inevitable in their attacks.

"On the evening of March 13, a suicide attack was carried out... in the streets of the capital of the fascist Turkish republic. We claim this attack," the group said on their website.

All information for Briefs was gathered from the Bangor Daily News, New York Times, CNN and BBC.



Police Beat

Selections from the USM Department of Public Safety police log March 1 to March 12

3/1/16

4:20 on 4th Hastings

Drug Complaint, Upton Hastings Hall Report of the smell of marijuana, 4th floor of Hastings. Court summons served for possession of marijuana.

3/3/16

Experiments after dark

Vandalism/Burglary. Science Building and Masterton Hall. Report of damaged door knobs. Police found that several offices in Masterton Hall and Science Building were damaged as a result of attempted and/or forced entry. Currently under investigation.

3/4/16

Blowing smoke in Upton Hastings

Criminal Mischief: Supervisory Alarm, Upton Hastings Hall. Smoke detector in pre-alarm: Officers found that a fire extinguisher had been discharged. Under inv.

3/6/16

Don’t jump!

Suspicious incident, Parking Garage. Report of person too close to the edge of the roof. Students photographing the area. No report.

3/7/16

Hey, I left my homework in there!

Burglary, Science Building. Report of an office door that had been tampered with, possibly forced open. Under Investigation

3/8/16

Finders Keepers

Theft report, Brooks Student Center. Theft of cash. Under investigation.

I could have sworn that was my bag

Theft report, Masterton Hall. Report of a male individual going through back packs. USM Police charged James R. Emerton, 50 of Portland with theft. He was also trespassed from USM

3/9/16

Those parked cars come out of nowhere

Motor vehicle crash, parking garage. Caller reports their vehicle was struck while it was parked on the 3rd floor. Accident report taken.

3/11/16

Going, going, gone

Suspicious Activity, G13 lot. Report of people climbing the fence to rear Softball field. Gone on arrival.

3/12/16

Rule #1: Don’t talk about fight club

Noise Complaint, Upper Class Hall. Report of a disturbance and fight. Investigated, resolved.

Police Beats are edited for grammar and style.

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Arts & Culture

Celebrating Shakespeare 400 years after his death

Amanda Melanson
Free Press Staff

The works of William Shakespeare are so deeply woven into the English-speaking world that most folks are unaware of the extent of its impact. This April 23rd marks the 400th anniversary of the passing of The Bard, and the Portland area is not letting the event go off without a bang. Three events will be taking place, throughout the month of March into April. Portland currently houses an important artifact called the "First Folio" that is currently being showcased at the Portland Public Library. The book itself is hundreds of years old, hand bound, and contains numerous single copies of Shakespeare's works, both well known and lesser. The First Folio will be showcased at 5 Monument Way – on the corner of Congress and Elm Streets – until April 2.

Further events to celebrate the anniversary include a showing of Shakespeare's famous Macbeth which is currently being performed throughout the month of March by Bare Portland. Tickets are currently still for sale and priced at \$10.

According to Bare's website, Bare's mission is to create "a performance collaborative focused on community building through site-specific creative projects," and to "create high caliber theatrical productions open to all members of the Portland community to foster empathy and inclusiveness."

From March 31 to April 10, the Portland Shakespeare Company, will be performing Richard II at the Immanuel Chapel at St. Luke's Cathedral, located at 143 State Street in Portland. Tickets are on sale and currently priced at \$20. Richard II is a story of a monarch, whom since childhood believes himself to

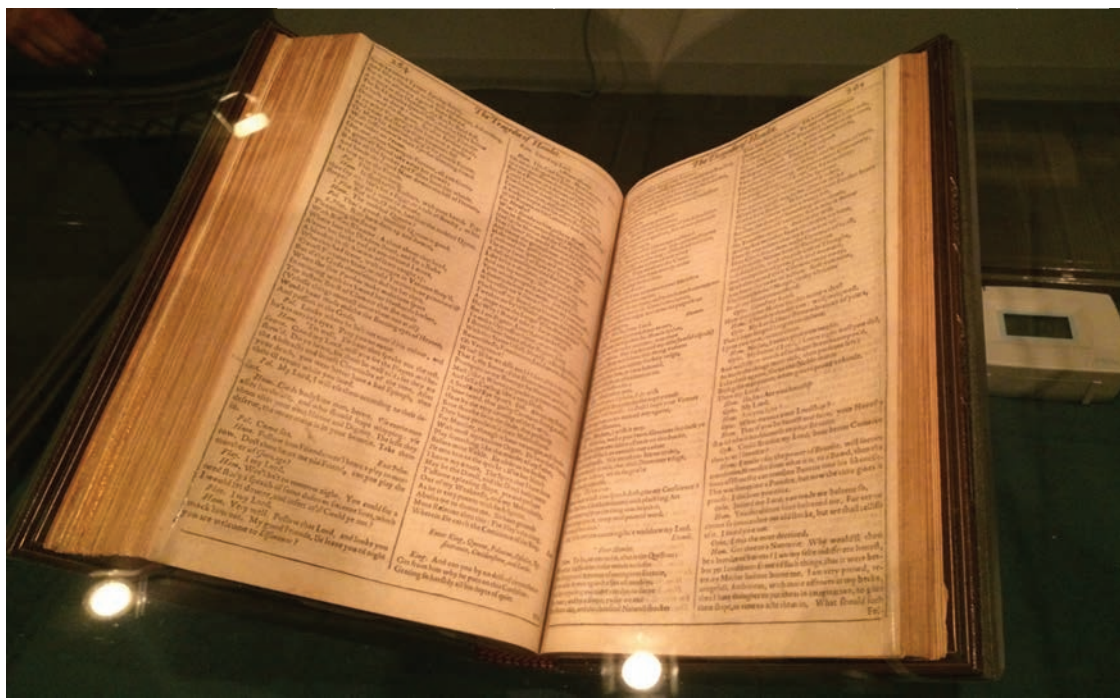
be God's ruler of England. But his vanity threatens to send everything crumbling. General Admission for the show can be purchased online or at the door.

Professor Benjamin Bertran of the English Department teaches several classes on Shakespeare at USM. He gave a lecture on Shakespeare earlier in the week.

"There were many reasons people went to see Shakespeare in his own day, and one of them was definitely his inventiveness and experimentation with words. I think we still feel a fascination with Shakespeare's words, even though English has changed considerably since he wrote the plays," explained Bertran. "I will say that – and I realize this is just my bias as an English professor – we can't truly appreciate Shakespeare until we have struggled with and, as a result come to take pleasure in, his language."

Bertran also encouraged a visit to the Portland Library, for anyone looking to gain more knowledge. The way we consume Shakespeare is vastly different from when he was alive. Rather than attend plays in large amphitheaters, we consume Shakespeare everyday in the form of books, movies and audio. Each coming generation in the 400 years since Shakespeare's death has gotten to consume his work in a different way, with a different set of cultural lens to color his plays. Yet, there remains a brutal timelessness about it.

"Think about how our media has changed and how that has changed our experience of Shakespeare. In many ways these changes are for the better," said Bertran. "Think of how we can now read the First Folio as an ebook on a website. I like to be optimistic about the way our new technologies keep Shake-



Amanda Melanson / Free Press Staff

Shakespeare's 'First Folio' exhibition at the Portland Public Library is open to the public until April 2, 2016.

peare alive."

The library made sure to impress the importance of this through their updated murals around the exhibit, decorated with quotes from Shakespeare and themed furniture

“ Think of how we can read the First Folio as an ebook on a website... I like to be optimistic about the way our new technologies keep Shakespeare alive. ”

Benjamin Bertran, English Professor at USM.

and displays. One such mural had quotes from Romeo and Juliet. It also modernized the ancient story by making it into "tweet" form.

the history of English Literature and is comprised completely of plays only.

Voyvodich added that without this volume that "It is possible that The Tempest would not have been published. Plays were not considered literature in Shakespeare's time and were considered lesser than other forms. Eighteen of Shakespeare's plays including Julius Caesar and Macbeth might not have survived history, were it not for this Folio. It took five compositors two years to print 715 copies of these folios. Each copy is unique – including mistakes."

Voyvodich also made mention that several original copies of actor's lines got ruined when they had been destroyed by cannon fire during a play. This particular original copy of Shakespeare's works was carefully placed in a temperature controlled encasement of glass, using silica to maintain an even temperature so as to preserve the pages. Guests were instructed not to touch the glass, so as not to trip any alarms or disturb the book.

Marc Voyvodich, visiting the exhibit in support of his daughter, said "It's a remarkable opportunity for the people in this community

to be in touch with the shared heritage that goes back to England and Shakespeare. I don't think anything like this has ever happened before, here in Portland. I've been to Stratford upon Avon and Shakespeare's grave. It's nice to be able to get in your car and be reconnected to history." Earlier in the exhibit, he enthusiastically instructed those waiting to visit the presentation to tell his daughter how brilliant it was – something none found hard to do.

Miss Voyvodich, who has a Masters in Shakespearean Literature, has been studying The Bard for a while. She wants to stress that it is no small deal that the First Folio is in Portland. An extremely rare object is available for the public to gawk at, and it's just on Congress Street. Without The First Folio, our language and culture would absolutely be different.

"As the first collection of plays in history of the English, it is significant as an artifact from Jacobian times. It shows a moment in time where theater was becoming part of literature. All 18 of Shakespeare's plays that are bound in the book would have been lost were it not for this book," said Miss Voyvodich.

"The fact that it's in Portland is incredible. The amount of access you get by it being in a public library is great because it gives an introduction that someone might not otherwise have."

After the exhibit, guests were encouraged to visit the guest shop where Shakespeare texts and information was provided, along with other unrelated memorabilia. Voyvodich also mentioned that the group prior was much smaller and that she was "hopeful to see more turn out to explore the exhibit."



Amanda Melanson / Free Press Staff

This mural is found at the Portland Public Library, and is called "Midsummer Night's Dream."

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A&C Listings

Monday, March 21

Film: Stretch and Bobbito: Radio That Changed Lives
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

Comedy Night: Worst Night of The Week
Blue, Live Music Bar
650A Congress St.
Starts: 8:00 p.m. / Ends: 10:00 p.m.

Tuesday, March 22

Port Veritas Poetry Slam
Bull Feeney's
375 Fore St.
Starts: 8:00 p.m.

The Lavender Blues
One Longfellow Square
181 State St. #201
Starts: 8:00 p.m.

Wednesday, March 23

USM Juried Student Exhibition
USM Art Gallery
37 College Ave.
Starts: 12:00 p.m. / Ends: 4:00 p.m.

Portland Comedy Showcase
Bull Feeney's
375 Fore St.
Starts: 8:00 / Ends: 9:30 p.m.

Thursday, March 24

Film: Very-Semi Serious
Portland Museum of Art
7 Congress Sq.
Starts: 6:30 p.m.

Film: A Space Program
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

Friday, March 25

The Nth Power
Port City Music Hall
504 Congress St.
Starts: 9:00 p.m.

Saturday, March 26

Lake Street Dive
State Theater
609 Congress St.
Starts: 8:00 p.m.

Sunday, March 27

Food Fights
Portland House of Music and Events
25 Temple St.
Starts: 9:00 p.m. .

Want to submit an event?
arts@usmfreepress.org

HEAVY ROTATION |

WHAT CAUGHT THE EYES AND EARS OF OUR STAFF THIS WEEK

Logic performance in Portland was all about the fans



Def Jam Records

Matthew Craig
Contributor

On Friday, March 11 the rapper Logic played a sold out show at State Theatre. Opening for him was Dizzy Wright who, also a rapper, is a much different performer than Logic. Together the two put together a very energetic show, filling State Theatre with more concertgoers than I've seen in some time.

The opening of the concert made me optimistic about the coming show. I was surprised when Dizzy Wright and his band members took the stage. Having only been to a few rap concerts myself, including OFWGKTA and Macklemore (wasn't crazy about his show), I didn't expect that Dizzy's performance would incorporate live instruments. I wouldn't call Dizzy a lyrical genius, but I also don't think his objective was to blow away fans

with clever lines. At times, I would have called his beats boring, and likened them to some of the played out rap music that's on the radio, but the fills and syncopations from his drummer kept it fresh and exciting. Dizzy also does a good job of engaging the crowd, keeping concertgoers involved with the music.

After Dizzy Wright departed, Logic's DJ did his best to satiate the crowd before the headliner came on. He played one track featuring an Outkast sample that I found to be quite fresh. This provided me with a good, (relatively) quiet moment to find out a little about Logic's fanbase and how they feel about him. Based on my sample, I would estimate that the median age of Logic's followers is around 18 years old. I met fans who were 21, 18, 19, and some who were in their mid-late 20's and early 30's; however, Logic's most enthusiastic fans seemed overwhelmingly to be 18 and under. Regardless of age, gender, or any other factor, there were some feelings about Logic that were ubiquitous among fans. In short, the people I spoke with felt that Logic cares about his fans, spreads a positive message in his music and provides content with more depth than a lot of popular rap artists. One fan, named "Devin" exclaimed that Logic is "lyrically off the charts" when I inquired as to his reasons for following the rapper. Others

described him as "old school."

Logic's performance itself was focused around his fans. He played his most popular songs and got to know the crowd, while providing some interesting visuals in the foreground. Much of the supporting visuals were images from pop culture. A couple of clip include scenes from the film Akira and the series Cowboy Bebop. His performance was visually stimulating, with some cinematic qualities. As for the crowd interaction, he took time at the beginning of his set to talk to some members of the crowd, finding out their names and ages. After speaking with quite a few, Logic talked to 13 year old boy named "Son." After finding that he was familiar with one of his songs, Son was invited up on stage to perform the song with Logic.

It's safe to say that Logic is a highly competent lyricist. His instrumental tracks are also varied and interesting. Logic's production is tight. There were no awkward hiccups in the performance, and the sound was well balanced and suited to the venue. Overall, it was a good time, and Dizzy Wright was an excellent opener for Logic. If you're looking for a high-energy rap concert and part of the younger crowd (under 21), I doubt you'll find a Logic concert to be disappointing.

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Indie film on Netflix is a noteworthy watch

John Rocker
Free Press Staff

Dope is an Indie film that came out last year. The reviews for this film were positive and it got an 88% on Rotten Tomatoes. The story takes place in present day, but based on how the main characters are dressed, you wouldn't believe that. The main characters are three teenagers who are about to graduate high school and they are considered geeks. They are obsessed with 90's culture and they have their own band. Out of the three, the story focuses on Malcolm (Shameik Moore). He lives in Inglewood, California, an area known for a lot of criminal activity. He lives with his single mother and his father left him when he was young, but despite all the things surrounding Malcolm, he wants to better himself. He wants to do well on the SATs and even go to Harvard. The story really kicks off when Malcolm and his friends go to a party run by a drug lord, and chaos ensues from there.

The story takes a lot of crazy directions, but it's something that grabs your attention and is paced well. It's an adventure film mixed with a coming of age film, set in modern times. It's a film that's difficult to categorize. The film is truly something original, which is great to see. It also gives a great

message. No matter where you come from, you can achieve it if you are willing to make the effort. This is something that is shown throughout multiple points of the film with different characters, and it works.

The performances are also noteworthy, particularly Shameik Moore. He did a fantastic job of making his character feel natural and likeable. Throughout the movie, you watch this character evolve while still retaining to his true self, and Moore certainly deserves a lot of credit for this. I hope to see him in more movies in the near future. Really, most the performances felt natural, with the exception of a certain businessman. Other than that, the cast does a great job and the dialogue certainly helps. It's a great mix of comedy and drama, and it gives the characters a lot more complexity. It makes the characters believable, which makes the world feel believable, which makes the story feel believable.

Looking at the technical aspects, the editing is definitely something worth mentioning. It does a great job using non-linear storytelling at points, allowing us to go back to certain points in the story to fill in the blanks. Perhaps a certain detail lost in the chaos. There is also an incredible emphasis on music and it's used in interesting ways with



Open Road Films

the editing. There's one moment where a song says "backwards" and the film literally starts to go backwards because it is going to take us back to a point in time to fill the blank. It's the little things like that make this film stick out from the rest. The soundtrack is also really catchy and fits well with the characters, since a majority of it is 90's hip-hop.

Overall, *Dope* is an original and enjoyable film with a good story and great performances. Since the film is out on Netflix, I'd give it my highest recommendation.

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What caught your eyes and ears this week? Email arts@usmfreepress.org

Perspectives

Letter from the Editor

Join the team!

Krysteana Scribner
Editor-in-chief

This week, the Free Press team returns from a Journalism Conference in NYC with new ideas to showcase in our print edition. We changed the teasers, found on the first page of our paper, and after our brief vacation coming up in a few weeks, we will be adding new design and layout like you've never seen before.

On our trip to NYC, I learned what it means to be both a leader and a friend. I bonded with my staff members in ways I never had before: I had the chance to see them as people outside the office for a chance, and I've never felt closer to each and every one of them.

One of my favorite things about being a part of the Free Press team has been learning and growing with my co-workers. Regardless of my higher title, I see myself as equal to my peers, as another cog in the machine of student journalism. We are all important here, even those of us that write only one article a month.

We're looking for more Free Press staff members to join our team. You aren't required to have any writing, design or photography experience because we have staff here that are trained to help you. If you send us an email with your resume, we can set up a time to meet and discuss your options. You can write for any section you want, take photos of any event you please and be a part of a team of individuals with varying interests and career goals.

It's great experience on a resume, and has served as a transition job into places like the Bangor Daily News. So why not give us a try?

Word of the Week

Persnickety
[per.snick.et.y]

Placing too much emphasis on trivial or minute details; fussy.

Ex: He lost of a lot of friends due to his persnickety attitude.



Know of any interesting vocabulary words?

Email us at
editor@usmfreepress.org

Self Exploration

The NYC experience: What did we learn there?

Nicholas Beachesne
Sports Editor

This past weekend, nine members of the Free Press staff spent four days and three nights in New York City. Attendees at the College Media Association (CMA) conference, this trip gave us all a chance to sit in on presentations with professionals across the vast spectrum of careers in the fields of media and journalism. As impactful as the conference was though, the experiences that we shared as a staff and as friends will be something that will last as long as any of the classes we attended.

The Manhattan in Times Square, a 22 story structure owned and operated by some conglomerate out of Qatar, was our home for the trip. Four blocks from Central Park and four blocks from the heart of Times Square, we found ourselves in the thick of it, so to speak. Lights flashed and horns honked at every hour. Panhandlers hustled our community editor into paying five dollars for a CD and men dressed in diapers with terrifyingly realistic baby-face masks shook rattles for quarters. We were a long way from Gorham - and it was great.

The most memorable of the many highlights of this trip, for

me, was the four mile walk we took from the Manhattan Inn to the One World Trade. This excursion led us past the Flatiron and Empire State buildings, through Soho and Greenwich Village, down to the tallest structure in the Western Hemisphere, a building that soars a fitting 1,776 feet to the top of the New York skyline, rising from area where the twin towers fell 15 years ago. The building is adjacent to two reflecting pools that rest in the footprints of the two buildings that formerly stood there.

We arrived at One World Trade just as the sun had finished setting. Nightfall enveloped the 9/11 memorial, adding to the weight of the experience. I will never forget the feeling I had upon staring into those pools. Overwhelmed by emotion, our group became quiet, somber and reflective. Some were brought to the point of tears as the impact of the site and the reverberations of that dark day came rushing back.

As heavy as the memorial was, the tower, stretching skyward, reminded me that the worst moments can be overcome with the right resolve. Our country and this city have risen up since 9/11. Yes, things are not the same since that day. Some things have changed for

the better, others have changed for the worst - but New York City, and specifically One World Trade, remains the symbol for what makes our country great.

Sharing this experience with the Free Press team has brought us closer together. By the end of our trip, when we began the six hour bus ride back to Maine, the nine of us had become so much closer than we were when we first got on the bus in Portland Saturday morning.

I remember veterans of the NYC trip saying that things change after going to the New York conference. "You get to know each other on a different level." This is certainly true. The group that I went down to New York with is no longer just a collection of coworkers. We are now people of a shared experience, and are all far closer as a result.

Much was learned by all of us at the paper during the CMA conference and we hope that our work from here forward will reflect the knowledge and skills attained. I think that they will. Something else though that I believe will reflect itself in the Free Press from here on will be the closeness that this trip created.

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Sustainability and ME

The birds and the bees:

Learn to appreciate the pollinators

Lisa Willey
Sustainability & ME

What springs to mind when you hear the word "pollinator?" Most people immediately picture a honey bee, but there are many other insects and even birds which are critical to pollination. Essentially a pollinator is a critter who, in its efforts to put food on the table, spreads pollen from one plant to another. This fertilizes the plant, which eventually produces some sort of seed or fruit. According to the Pollinator Partnership (www.pollinator.org), 75 percent of the world's flowering plants rely on pollinators, about 200,000 species in all, including bees, butterflies and bats. This isn't simply about blueberries and apples; animals that are important to humans, such as cows, rely on flowering plants. If you like chocolate, think about the fact that a tiny fly pollinates the cocoa plant!

The biggest threats to pollinators are pesticides and herbicides. It makes sense: if a pesticide is meant to kill hornets, it will kill honeybees. If it's meant to kill weeds, it will kill dandelions, a very important nectar source for many insects, including honeybees and butterflies. Broad-spec-

trum insecticides are the worst, as they are designed to kill ALL insects. For a complete list of products which contain chemicals known to kill pollinators, visit www.xerces.org. The most important thing we can do to support pollinators is not to use pesticides.

Also, protect pollinators by protesting with your wallet. Refuse to shop at places that sell pesticides, or nurseries that spray pesticides on their plants. It's not just big box stores which sell these chemicals; smaller greenhouses may also. Always ask, and if they sell or use these toxic chemicals, tell them why you won't be shopping there.

Boycotting the products is one of the best ways to bring about a ban on their use. Write, call, and email your senators and congress members (contacts available at www.maine.gov) about legislation to ban chemicals such as Neonicotinoids and brands such as Round Up. There are other alternatives to dealing with pests, including hand picking and raising praying mantis and ladybugs, which consume many garden pest insects. This is called "integrated pest management," and a great place for ideas is www.maine.gov.

Get out there and enjoy the work of pollinators! Stop and

smell the roses, visit a local beekeeper (like The Honey Exchange on Steven's Ave), and think about planting some pollinator attractant plants, such as squash, milkweed, and purple coneflower, even if you live in a tiny apartment. Check out http://umaine.edu/gardening for ideas on planting for pollinators. You could also try some guerrilla gardening! Last week, the USM Greens made "seed bombs."

This is a mix of clay, compost, and seeds which are shaped into small balls, allowed to dry and are then thrown into places that have soil but no flowers. Join us at the Portland First Friday Seed Bomb Slow Ride in April! If you are into citizen science, visit the Maine Inland Fish and Wildlife website where you'll find information on the Maine Butterfly Survey and the Bumble Bee Atlas (where you get to run around like a kid with a big butterfly net!).

Whether you are watching bumblebees clumsily fly from flower to flower, or visiting an apple orchard, take time to appreciate pollinators. That hum you hear on a spring day may just be your fall apple being pollinated.

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Speed “Roommating” tests compatibility

Raquel Miller
Free Press Staff

How do we choose roommates? They are the people we will be living with for varying chunks of time, so hopefully our roommate is the kind of person we are looking for. What are we looking for? Are they like us? Do they work? What is their major? These are all very important questions to consider before making a final decision.

On March 9, student activities hosted a Speed “Roommating” event in order to relieve any anxiety students feel about finding a roommate for the upcoming school year. A take on the “Speed dating” concept, in Speed “Roommating,” located at Lower Brooks on the Gorham campus. Students each received a name tag where they wrote a basic idea of what roommate they are looking for; A fellow honor student, a specific gender or gender neutral person, or even if they have no preferences at all.

Coordinator of student activities, Samantha Elliot states, “Regardless of rooming preference, every student will have an opportunity to speak with all the students attending.”

“We want to help build friendships as well as find roommates!” In 3 to 5 minutes, students will have the option to utilize note cards with questions they could ask a potential roommate, but students are encouraged to ask questions that are important to them. The conversation can be guided in whichever direction participants feel comfortable with.

Ideally, after their 3 to 5 minute interaction, students will have a general idea of whether or not they like the person they met with and ideally like them enough they might want to live with them so they will write their name down on a note card to be turned in at the end of the night.

In order to minimize pressure and pro-



Patrick Higgins / Free Press Staff
Gabby Perron (left) and Jasmine Armstrong (right) met in Lower Brooks on March 9 to participate and network for compatible friends at the “Speed Roommating” event.

mote a sense of comfort between students, contact information will not be exchanged during the event. If two students both write down each other’s names on a card after a successful meeting, student activities will send contact information to the matches.

Thankfully, if students are having a difficult time warming up to each other, student activities provides an ice breaker question like: “If you had to be one age forever, what age would you be and why?” The icebreaker question aims to get each person thinking and become comfortable with one another.

Often, students struggle to meet new people after the school year begins. They find their group of friends and classmates, forgetting that we are on a campus full of other interesting people.

Elliot notes “We have been noticing for some time that after the first few weeks

of the year, students become less likely to strike up a conversation with someone they do not know and that can make it difficult to meet new people or even change friend groups throughout the year.”

Even if a student doesn’t match with someone else, hopefully, they will have made a new acquaintance or new friend.

Speed “Roommating” is a new concept and event at USM. Student activities is trying something new with Speed “Roommating” and taking notes on the ways students mix and interact with one another in this kind of setting. Regardless of the turnout, student activities will use successful techniques and use them to return to in the future, whether it be through Speed “Roommating” or another event.

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Students of USM

Blue Hayler: Moving across the country for his passion

Meaghan Gonsior
Free Press Staff

Born and raised in the mountainous region of western Montana, Blue Hayler fell in love with the ice when he was in the first grade. He learned to skate on a frozen river nearby his family’s rural cabin. Shortly after he joined a youth hockey team in Missoula, his parents and brother became hooked on the sport as well.

A successful high school career for Hayler included three state championship titles, leading his hockey team as captain, receiving Missoula’s highest academic award, the eagle gold medallion, and earning all-state in both soccer and lacrosse. After high school, Hayler spent two years playing hockey on the East coast for the Richmond Generals in the U.S. premier hockey league.

“It was a blast, one of the best times of my life. I got to play hockey and didn’t have to worry about school.” It was in Virginia that USM’s coach Edward Harding recruited Hayler as a forward/wing, based on his strength and speed. Harding also looks for “hockey sense and competitiveness” in his players.

“Blue is a very driven and hard-working young man. He knows the direction that

he has to go to become successful.” Hayler was attracted to the University of Southern Maine based on the school’s engineering program, as well as the opportunity to take his hockey career further.

When he’s not on the ice or playing other team sports, Hayler enjoys being active outdoors: backpacking, mountain biking and avoiding spiders whenever possible. According to Hayler, Portland is somewhat similar to his hometown of Missoula, which he describes as “a laidback college town, where most people know everyone else.”

After moving to Maine last fall, Hayler discovered that his expectations of vacationland were slightly off. “I was expecting everyone to have these crazy accents, but they just don’t. It was kind of a let down, actually,” Hayler laughed. He isn’t the first person in his family to attend college in Maine. As a student at the University of Montana, his mother spent a semester away studying at USM in Portland.

If Hayler’s life had a theme song, he’d pick “Hotel California, because it’s awesome,” and his favorite read is Robin Hood.

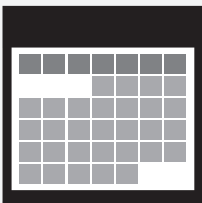
According to Hayler, one of the best parts of being on a collegiate team is the camaraderie forged, through both wins and losses together.



Meaghan Gonsior / Free Press Staff

“All the guys on the team are good guys, automatic friends. You get instantly molded into the system...We didn’t have the best season this year... It’s a good conference; all the teams can beat each other,” Hayler said, remaining positive that the Huskies will have a better run next year.

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Campus Events

Monday, March 21

Dinosaurs at Dusk!
University of Southern Maine
Southworth Planetarium, Portland Campus
Starts: 1:00 p.m. / Ends: 2:00 p.m.

Tuesday, March 22

Indoor Walk/Jog Drop in
University of Southern Maine
Sullivan Gym
Starts: 12:00 p.m.. / Ends: 1:00 p.m.

USM Flow Jam
University of Southern Maine
Multipurpose Room, Sullivan
Recreation Complex
Starts: 4:00 p.m.. / Ends: 5:00 p.m

Purple Pingo
University of Southern Maine
Lower Brooks
Starts: 9:00 p.m. / Ends: 10:30 p.m.

Wednesday, March 23

Wellness Breakfast
University of Southern Maine
Woodbury Campus Center,
Portland Campus
Starts: 10:00 a.m. / Ends: 1:00 p.m.

Two Small Pieces of Glass
University of Southern Maine
Southworth Planetarium
1:00 p.m. /Ends 2:00 p.m.

Islam Awareness Day
University of Southern Maine
Woodbury Campus Center
Starts: 11:00 a.m.. / Ends: 2:00 p.m.

Walkin’ Wednesday
University of Southern Maine
Bailey Bus Stop
Starts: 2:00 p.m. / Ends: 3:30 p.m.

Thursday, March 24

USM Juried Student Exhibition
University of Southern Maine
Lower Brooks Student Center
Starts: 12:00 p.m. / Ends: 6:00 p.m.

Friday, March 25

Flute Master Class
University of Southern Maine
Corthell Concert Hall
Starts: 3:00 p.m. / Ends: 5:00 p.m.

Natural Selection
University of Southern Maine
Southworth Planetarium
Starts: 8:30 p.m. / Ends: 9:30 p.m.

Saturday, March 26

USM Juried Student Exhibition
University of Southern Maine
Lower Brooks Student Center
Starts: 12:00 p.m. / Ends: 4:00 p.m.

For more events:
www.usm.maine.edu/events

Sports

Spring Lacrosse Preview

USM Lacrosse teams excited for 2016 season



Photos courtesy of USM Department of Athletics Website

Left: Sophomore Nate DelGiudice had 10 points (5G, 5A) in USM's win over UMaine Farmington on Wednesday. Right: Senior Sarah Pelligrinelli had two goals and an assist for the Huskies against Saint Joseph's Wednesday night.

We are looking for sports writers and photographers.



email:
editor@usmfreepress.org

Scoreboard

March 9

Men's Lacrosse	
USM	11
Husson	3

March 12

Baseball	
USM	7
Worcester St.	4

Women's Lacrosse	
USM	17
Husson	2

March 16

Men's Lacrosse	
USM	25
Farmington	2

Women's Lacrosse	
USM	8
Saint Joseph's	13

Upcoming

March 21

Baseball
@ Auburndale, Fla.
vs. Salve Regina
Starts: 11:00 a.m.

Softball
@ Claremont, Fla.
vs. Worcester st.
Starts: 1:00 p.m.

March 23

Men's Lacrosse
Southern Me.
@ Mount Ida
3:30 p.m.

Men's Tennis
Southern Me.
@ Thomas College
Starts: 4:00 p.m.

Softball
Salve Regina
@ Southern Me.
11:00 a.m.

For more listings of upcoming Husky sporting events, please refer to the official USM athletic's website.

Huskies off to hot start

Nick Beauchesne
Sports Editor

After finishing the 2015 season with a 6-7 overall record, the University of Southern Maine's Men's Lacrosse team is looking for a change of pace this season. The Huskies have a total of eighteen returning players on their roster including their top scorer from last season, junior Seth Wing (West Gardiner / Gardiner Area).

Wing was announced captain for his second year in a row, alongside seniors Ryan Jurgelevich (Portland), Eddie Barrasso (Wilmington, MA / Wilmington), and junior Jaymz McStowe (Plymouth, MA / Plymouth North).

Five freshman and junior Joe Penna (Saco / Thornton Acade-

my) join the Huskies for the 2016 season. Freshman Paul Leonardo (Groton, MA / Groton-Dunstable) has already made his mark with the team after being named Little East Conference Rookie of the Week.

Leonardo's strong performance in the Huskies matchup against Maine Maritime Academy, where he scored three of the teams fourteen goals including the game-winning goal, prove him to be a strong contender in the Little East Conference.

So far, 2016 looks good on the Huskies. They dominated their first two games of play winning 14-6 over Maine Maritime Academy in the season opener and then taking down Husson University 11-3 in their home opener. The Huskies host UMass Dartmouth for their next home game on Saturday, April 9th at 1:00 P.M.

USM looks to open season strong

After finishing last season at the Little East Conference Semifinal game against Plymouth State, the University of Southern Maine Women's lacrosse team is looking forward to heading even further during the 2016 season. The Huskies ended the 2015 season with a 7-12 record and a total of 230 goals scored in those nineteen games.

The Huskies will have eleven players returning to the team, including top scorers from 2015, seniors Sarah Pelligrinelli (Southington, CT / Southington) and Anh Nguyen (South Portland, ME / South Portland). Pelligrinelli led the team in goals, scoring 54, and came third for assists with 11, totaling 65 points for the season. Nguyen led the team in points with 71, 40 goals and a team high of 31 assists.

Pelligrinelli and Nguyen were both named captains along with juniors Kaelyn Kuni (Waterboro

/ Massabesic) and Lauren Lesard (Lewiston / Kents Hill). Nine new players will take the field for the Huskies this season. Including freshman Hannah LaSalle (Humarock, MA / Marshfield), who was named Little East Conference Rookie of the Week. LaSalle was a force in the Huskies season opener against Husson University. In the 17-2 victory, LaSalle tallied a goal, five draw controls, and six ground balls.

Juniors Sam Campobasso (Buxton / Bonny Eagle) and Lauren Lesard both tallied four goals in Southern Maine's win over Husson.

The Huskies will host their next home game Saturday, April 2nd against Eastern Connecticut State University.

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Students named co-captains for USM's 2016 tennis team

Senior Tyler Adams (Buxton/Bonny Eagle) and junior Kyle Curley (Gorham) have been named co-captains for the 2016 USM Huskies' men's tennis team. Second-year head coach Timothy Lacombe made the announcement. They are two of the four returning All-Little East Conference players.



USM freshman Dalton Rice named pitcher of the week

The Little East Conference announced its first set of weekly baseball awards last week and USM freshman Dalton Rice (Oxford Hills) was selected as the Pitcher of the Week. In his first collegiate start this past Saturday, Rice pitched six shutout innings for the Huskies en route to a 14-2 victory over Worcester State University.



USM senior named to All-New England Region Fourth Team

Senior Megan Pelletier (Winslow, Maine/ Messalonskee) of the University of Southern Maine Huskies' women's basketball team has been named to the D3hoops.com All-New England Region Fourth Team. Pelletier is earning all-region honors from D3hoops.com for the first time.



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