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Paris struck with worst terrorist attack in Europe since 2004

Zachary Searles
News Editor

Paris was the victim of the worst terrorist attack in Europe since the Madrid bombings of 2004. At least 128 people have been confirmed dead and 180 injured after gun and bomb attacks that took place Friday night.

Bataclan concert hall was stormed by gunmen who opened fired on the crowd, killing 80 people and taking hostages before security could get into the hall.

"They didn't stop firing. There was blood everywhere, corpses everywhere. We heard screaming. Everyone was trying to flee," Pierre Janaszak told the Agence France Presse.

Janaszak also said that the gunmen blamed the president of France, Francois Hollande, for the attacks, claiming that it was his fault the attacks were happening and that he should have never intervened in Syria.

Not far from the concert hall, gunmen stormed three restaurant and a bar. In this part of Paris, 40 people were killed by the attackers.

"We heard the sound of guns, 30-second bursts. It was endless. We thought it was fireworks," Pierre Montfort, a resident of Paris, said in an interview with the BBC.

Photo courtesy of Bangor Daily News, Christian Hartmann/Reuters

More than 1,000 military personnel have been deployed throughout Paris, citizens are being asked to remain in their homes.

At the time of the gun attacks, President Hollande was attending a friendly international game between France and Germany. Two explosions went off right outside the venue and the President had to be evacuated.

Residents in Paris are being asked to stay in their homes and more than 1,000 military personnel have been deployed across the city.

According to the BBC, police are saying that all gunmen involved are dead, with seven killing themselves with explosive vests and an eighth being killed by security forces. Police are still unsure if any accomplices are on the run.

President Hollande said the attacks were an act of war and said ISIS were responsible for the attacks. In an internet statement from the terrorist group, they claimed credit for the attacks, saying they set up precise attacks in the French capital.

The Islamic State also claimed that the attacks were the "first of the storm" and then mocked France, calling them a capital of obscenity and prostitution.

President Barack Obama, Pope Francis and Russian leader, Vladimir Putin, have spoken out against the heinous attacks and have offered their condolences to the citizens of Paris.

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Portland unveils new monument dedicated to fallen men and women

Bradford Spurr
Free Press Staff

Located in the heart of the Old Port, a heroes memorial was unveiled to the public last Tuesday just in time for the Veterans day remembrance. The monument is located right off of Commercial Street by DiMillo's restaurant on the water and was erected in honor of the men and women who have fallen in combat since WWI.

Veterans Day began at the end of World War One as Armistice Day, which marked the ceasefire that fell in the eleventh hour, of the eleventh day, in the eleventh month marking the tradition for Veterans day to be celebrated on November 11.

At the unveiling last week, Governor Paul LePage addressed the crowd of proud servicemen and women. He stressed the importance of increasing benefits for our disabled veterans.

"A thank you will never repay what you've done for us," said Lepage as an introduction to his speech. "It's just a small token of appreciation, we can never repay the freedom that you've given this great country."

Governor LePage explained that it is important for a community to learn something from these men and women, saying that this understanding should be passed onto future generations to inspire respect and appreciation for these brave individuals.

The Easter Seals of Maine have plans to build several more 'hero walls' along the waterfront and have even discussed expanding into different cities like Lewiston-Auburn and Gardiner. A spokesperson speculated that about eight independent monuments could fit in the allocated space in the DiMillo's plaza.

Ponda Stanhope, a resident of Old Orchard Beach was in attendance to commemorate her father Bernard Cilley, whose picture is immortalized on the wall. He died fighting in WWI.

"I thought it would really take off a little bit more than it has because I've had [my father] up there on that wall going on seven years," said Stanhope. " I'm kind of disappointed that it hasn't expanded all the way along the waterfront like we had hoped it would, but we love it."

Bradford Spurr / *Free Press Staff*

Gov. Paul LePage speaks at the unveiling of a monument that honors the fallen men and women in uniform since WWII.

For Stanhope, the celebration of Veterans day gives her a constant reminder of her father and the importance he played in the lives of others. The unveiling of the monument gives her hope for a safe future and melancholic nostalgia for her husband's service.

"It means a lot, I'm here, I'm safe, my family is safe," she said.

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WEDNESDAY
NOVEMBER 25TH
COME JOIN US FOR A
THANKS
GIVING
PARTY
WITH SPECIAL GUEST DJ'S
DJ ASIA || DJ BUSCH
PEARLULTRANIGHTLCUB • MARKS PLACE
442 FORE ST || PORTLAND, ME 04101 || 416 FORE ST
Pearl
ultra
nightclub
MARK'S
PLACE

Racism at University of Missouri sparks rally in downtown Portland

150 students gather to bring awareness and stand with Mizzou and #ConcernedStudent1950

Krysteana Scribner
Editor-in-chief

Last Friday, 150 students gathered in Monument Square to protest racial discrimination on university campus's across the country. With the conflict growing at the University of Missouri and racial tensions rising, the group marched together down the streets of Portland chanting, "No Justice, No Peace" and "Black Lives Matter" in hopes to bring awareness to these issues and to stand symbolically with Mizzou.

At the University of Missouri, a lot has unfolded since the start of their semester. Although these issues are just recently coming to light, they have always been a problem. In September, President Collegian members from the University stated they were called racial slurs by local authorities during their homecoming practice. Other forms of racism include the drawing of a swastika on campus walls. The list of incidents goes on and on: but the desired influence for change is catching on quick. Protests soon began: MU student Jonathan Butler began a hunger strike and several members of the Mizzou football team refused to play until the President resigned.

This group, who have deemed the online hashtag #ConcernedStudent1950, created the name to honor when African American students were first allowed to attend the university. On November 9, the University President Tim Wolfe resigned after providing little help in the fight against racism and white supremacy. Regardless, the university still has a long ways to go before it reaches it's desired goal of creating a more racially diverse campus.

> **"I come from Sudan, we don't have rallies and marches about causes so big like this, so it's an opporunity to do something really special**
>
> **Lily Biancho,** *Student at Deering High School*

Rallies and protests have been taking place around the country and the one in Portland last week was bustling with people ready to speak out for a cause they believe in. Kendall Schutzner, a student at Bowdoin college, has been working closely with a lot of the people spoke at the rally in Portland. She hopes it will bring to light an issue that is happening not just in Missouri, but across the nation.

"I've seen a lot of the emotional reactions to bias incidents on campus and I am constantly asking myself how I can be supportive," said Schutzner. "The primary answer I got was that showing support and showing up at rallies is the best way to raise awareness."

University of Southern Maine sophomore Hamida Hassin was the first to speak at the rally, explaining how white supremacy has got to go in order for all individuals to feel free from the struggles of discrimination.

"Those in power are disrupting my life, people of color's lives and the futures of our children," said Hassin. " We must keep on fighting so that those of us don't have to face poverty, police brutality, deportation, violence and discrimination because of our racial identity."

Lily Biancho, a student at Deering High School, stood with her friends in the back of the crowd and cheered as Hassin spoke. For Biancho, the realities of racial discrimination are more obvious than ever, and the opportunity to participate in rallies is the chance to share an opinion.

"I come from Sudan, we don't have rallys and marches about causes so big like this so it's an opportunity to do something really special," she stated.

Andrew Mills, a junior criminology major at USM, believes that the teaming up of universities to rally for a movement so important will make cause for change around the world. He'd like to stop seeing people hate on others because of different religious, political and cultural life views.

"A lot of people don't realize what is happening because it doesn't happen in Maine like it does elsewhere, but I think if people from everywhere can come together and spread the message that Black lives matter, then we can make a difference," he said. "We are all humans and that is what it comes down to."

> **"I have spent too many hours trying to explain to administrators and staff that every solution they have given us in their attempts to end the supremacy's legacy has been Band-Aids on an unhealed wound**
>
> **Ashley Bambosa,** *Bowdoin Student*

Jennings Leavell, another student at Bowdoin college, was granted access to a college van and carpooled with student's to the event. He explained that many students at Bowdoin have reached out to the community and expressed discontent with the status quo at their university.

They have asked allies to speak out, and I'm here to add my voice to the rally," said Leavell. "We've come here to participate, to say we stand in solidarity with the students of mizzou and that we stand with students all over the nation."

As the speech came to a close, Bowdoin student Ashley Bambosa took the microphone and exposed her opinion. She explained that students can recognize that institutionalized racism has existed in higher education since its conception. Regardless of how many times she's been told racism no longer exists, she explained that students are still proving it to be otherwise.

"I stand before you today exposed and exhausted. I've seen too many of my classmates break down in tears and rage. I have spent too much time responding to anonymous and racist threats," she stated boldly. "I have spent too many hours trying to explain to administrators and staff that every solution they have given in their attempts to end the white supremacy's legacy at our institution has been Band-Aids on a unhealed wound. We're tired of waiting. Black lives matter."

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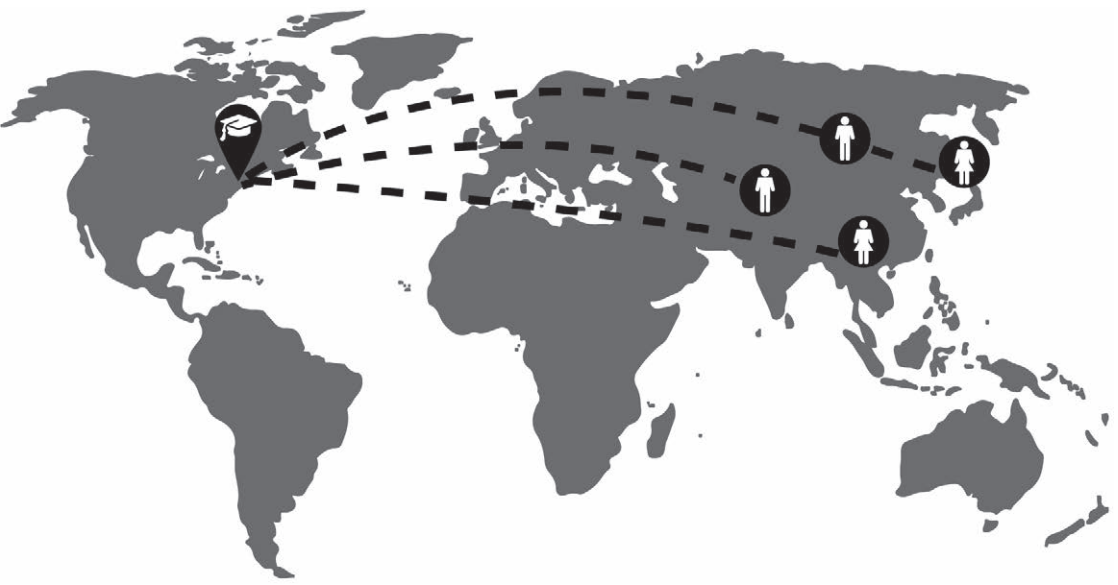
New USM program hopes to draw in more international students



Hannah Lyon / *Design Director*

International students looking to join the STEM program will be able to enter a two year program at USM.

Thomas Fitzgerald
News Intern

Students at USM may see an increase in the number of people residing on campus in Gorham next fall, as President Glenn Cummings is seeking an approval from the University of Maine System to integrate a two-year high school program that welcomes international students.

The program will initially be open to fifty students who are proficient in reading and speaking English, as well as being able to meet standardized academic requirements. The courses that students would be taking in this program would be very similar to courses that a traditional freshman would be enrolled in, with many different entry level course options.

This idea has been one that President Glenn Cummings has been advocating for even before his presidency. Each student that is accepted and enrolled in the program will be required to pay over $32,000 for the school year that is portioned out between tuition, room and board, but also fees that need to be paid to the Council on International Education Exchange.

The reason that the CIEE is entitled to compensation from the program is because they will be working alongside USM to find people with potential interest. As well as recruiting, the CIEE will also be offering orientation programs in order to ease the transition process for students.

President Cummings has already presented his plans for the program to the academic and student affairs committee of trustees, and if his presentation is considered a success, the recommendation will be forwarded to the entire board to vote for its approval.

"For international high school students in their junior and senior year who are academically advanced, the ability to take post-secondary courses provides them with a perceived advantage," Cummings stated in his proposal initially reported by the Portland Press Herald. "A U.S.-based education is valued in many different countries for the perspective that the students gain, the opportunities available to the students while abroad, and the students' language proficiency that is strengthened through studies and extracurricular activities."'

> **"A U.S.-based education is valued inmany different countries for the perspective that the students gain, the opportunities availbe to the students while abroad, and the students' language proficiency that is strengthened through studies and extra-curricular activies."**
>
> **Glenn Cummings**, *President of USM*

Bringing more international education to USM will be an important opportunity for foreign students who may not have the same opportunities from where they reside from, and some USM students are intrigued by the idea, but still

"As long as they also have the ability to transfer those credits towards their college of choice I believe that it is a really good idea." Junior health science major Brian Doyer said regarding the plan. "It would be nice to know where all of that money is going though if President Cummings is saying that there will not be any profit coming from this. It is a great proposal to give our school some added exposure, but having to hire more faculty in wake of all the layoffs that we have undergone makes me a little uncertain."

Students will in fact leave USM with two years of transferable college credit, but will not have eligibility to participate in a sporting team or intramural events. There is still approval that needs to be cleared by the Maine Department of Education regarding visa issues from students.

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Paul D'Amato tries to dispel the myths of Marxism

David Sanok
Free Press Staff

The Socialist Worker organization held a lecture on defining Marxism and Socialism at Payson Smith hall last Tuesday night. The event was organized to educate people about how Marxism and Socialism can be used to fix the economic inequality in America.

"There's an assumption here in America that people who believe in the ideas of Karl Marx are people who believe in Stalin's Russia or Fidel Castro's Cuba. That's simply not true," D'Amato said. "What people misunderstand about Marxism is how his ideas, if implemented correctly, could greatly improve our society".

D'Amato went on to explain that Karl Marx's economic ideas failed in Soviet Russia because the government itself was not structured in a democratic fashion. This enabled Joseph Stalin to manipulate the system and become the military dictator of Russia.

"Unlike Soviet Russia, our government has checks and balances along with separation of powers to prevent a dictatorship from happening. But people often confuse government structure with economics and think that if America adopted socialism and replaced capitalism, the government would cease to be a republic," D'Amato said. " Our goal as an organization is to explain to people why that's not true and why socialism will work in America."

In his argument for socialism, D'Amato criticized what he perceives to be the immorality of capitalism by talking about the growing gap between rich and poor in America. He also highlighted Karl Marx's writings on the gap further illustrate his point. D'Amato blamed the widening gap on big banks being able to gamble with people's savings, high healthcare and education costs, lower tax cuts for the rich while higher taxes on the middle class and money in politics being used to corrupt politicians.

"The system of capitalism is inherently unfair to average working middle class American," D'Amato explained. "To achieve a socialist economy, getting big money out of politics is the top priority. Once corporate money is banned, then we must focus on reaching out to all Americans on why we should become a socialist country."

D'Amato concluded his lecture by allowing the audience to participate in a seminar style discussion. Audience members could ask questions to D'Amato or others in attendance and talk about their own personal views.

Thatcher Platts was one of the audience members who participated in the discussion. Platts expressed his dissatisfaction with the Democratic and Republican Parties for their failure to address the gap between rich and poor.

Nathan Baril / *Multimedia Editor*

Students at USM look on as D'Amato discusses the distinctions between Socialism, Stalinism and Marxism.

"Both major parties are being brought off by corporations and that's why the greedy bankers aren't in jail. The Republicans are pro-deregulation and business so that's not the surprising, but the Democrats claim to be the champions of the middle class yet take corporate money and refuse to prosecute the bankers responsible for the recession. So really when you're voting democrat, you're only voting for the lesser of two evils," Platts said.

Despite his dissatisfaction with the democrats, Platts said he supports outspoken democratic socialist Bernie Sanders for president over front-runner Hillary Clinton, even going as far as supporting a third party candidate for president if Sanders is not the democratic nominee.

"If we just keeping voting for the same old establishment politicians, no real change will ever come and socialism in America will never become a reality," Platts said.

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USM to cover $6 million budget gap without making cuts

Majority of the budget gap is due to enrollment still being down 6.5 percent

Zachary Searles
News Editor

Nathan Baril / *Multimedia Editor*

A view from the top of the parking garage on the Portland campus. USM is currently facing a $6 million budget gap, partly due to a two percent increase in faculty salaries.

Enrollment at USM has been on a steady decline over the past few years, with a 6.5 percent decline this year. This decline has contributed to the almost $6 million budget gap that USM is currently faced with.

This gap is much smaller than what USM faced last year when 51 faculty members and five academic programs were cut to close a $16 million gap in the budget.

Unlike last year, most of the budget shortfall will be able to be covered by leaving open positions vacant for the time being, deferring maintenance on some buildings around campus, cutting budgets in administration and using almost all of USM's $3 million in reserves, Buster Neel, Chief Financial Officer, said at a Faculty Senate meeting earlier this month.

"We were able to find enough to avoid any layoffs this year," said President of USM, Glenn Cummings. "The idea behind that is to strengthen our employee morale, to give a sense of hope and to get a new public image of USM."

President Cummings also said that he thinks these plans are working; he thinks faculty are now coming together to strengthen USM.

"As best we can judge, without taking drastic measures, we could get through next year," Neel said at the Faculty Senate meeting that took place earlier this month. "My concern is that we are starting to run out of options."

Part of the budget gap is also coming from a two percent increase in faculty salaries, along with the general expense costs going up, so even if USM was to get to zero percent decline in enrollment, USM would still be looking at a budget shortfall of a couple million dollars.

"Even if we make it back to zero percent loss, we'll still have to make some pretty tough decisions, but we could probably do a number of things that would prevent us from having to do any major layoffs or cuts," President Cummings said.

> **"We were able to find enough to avoid any layoffs this year. The idea behind that is to strengthen our employee morale, to give a sense of hope and get a new public image of USM.**
>
> **Glenn Cummings**, *President of USM*

President Cummings also said that he believes USM can do better than a six percent drop in enrollment, but if enrollment continues to stay down then President Cummings said there may have to be some cutbacks, but he stressed that they would not be to the magnitude of what happened last fall.

Other than an increase in enrollment, if USM were to face a gap like this in the future, they could look towards private fundraising or state appropriations to cover the gap, or another option would be raising the tuition.

President Cummings does not make any decisions about whether tuition is raised or not; those decisions come from the Board of Trustees.

President Cummings did say that no Board of Trustees member has said anything to him regarding the increase in tuition costs, but he did state it is a topic that will continue to be discussed in the near future.

"At USM, we would like to meet with student leaders and get some feedback from them, some of them might have some strong feelings either way," said President Cummings.

USM isn't the only university in the UMaine System to face a budget gap. The University of Maine is looking at a budget gap of $7.2 million, $2.8 million of that is a direct result of the 2 percent increase in salaries.

The gap in the budget comes despite a 7 percent increase in the amount of out-of-state students that enrolled at UMaine this year, students that typically pay three times as much as in-state students.

According to the Portland Press Herald, University of Maine President, Sue Hunter, said that it's too early to tell how exactly they will close the gap, but the plan is to close it without having to make any cuts.

The University of Maine System as a whole will be facing a $52.6 million budget gap by 2020, according to a five-year projection.

President Cummings said that as budgets continued to be discussed, it's important to make sure that students are at the center of every decision made.

"As we develop the vision for USM, going forward, what is best for students has to be our top priority and it's about student success, building a university that can really help students get to their goals and feel like this is a place where they are known, respected and growing academically, that's the key thing," said President Cummings.

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In Brief...

Local &

State

USM mourns the loss of beloved student, David Zysk, Jr.

A funeral was held this past weekend for David Zysk, Jr., 33, a student at USM who passed away recently. Zyst was in the social work program and a staff member at the Preble Street Resource Center where he helped those that battled with addiction and substance abuse.

Zysk knew first hand what it was like to battle with addiction. He had been sober for four years before that addiction took his life.

"He saved so many others, but he could not save himself, ultimately," said Mary Jeralds, the mother of Zysk. She went on to say that it was a one-time relapse that had killed him.

Zysk was involved with many committees and task forces in the area that helped everyone from teens to the elderly deal with their substance abuse problems.

"He just wanted people to be treated with dignity and respect," Jeralds said. "He had a special connection with people. It was his passion and joy."

Zysk is survived by his 18-month-old son, his girlfriend and his sister.

Search is underway for missing Portland water taxi

The Maine Marine Patrol, the Coast Guard and the Portland Police Department are all looking for a 24-foot boat owned by Portland Express Water Taxi that hasn't been seen since Wednesday.

Adam Patterson, Captain of the boat and was believed to have been on the boat when it went missing, also has not been seen since Wednesday.

"We're treating it as a missing persons case," said Police Lt. Robert Ridge. He went on to say that they believe no one else was on the boat at the time that it went missing.

According to the Portland Express Water Taxi's website, water taxis are typically used to transport no more than six passengers, serving the islands of Casco Bay, but they can also be used for chartered tours or special events.

The Coast Guard said that they are looking for a vessel that is painted white and has the words "water taxi" running down the side of the boat.

TPP trade agreement may be good for Maine's economy

According to a U.S. Department of Commerce report issued last week, the TPP trade agreement will boost Maine's exports by removing almost all existing tariffs on seafood, forest products and information technology.

The report also notes that $1.8 billion worth of goods were exported to 11 countries that are participating in the trade agreement. Eighty percent of imports from these countries are duty free, but the U.S. pays tariffs on the goods that they send to these countries.

Maine exporters pay tariffs upwards of 40 percent on some products and under this trade agreement, most of those tariffs would be eliminated.

TPP would strengthen the economy of Maine by making it cheaper to do business with the countries involved in the agreement, however TPP remains controversial, mostly because it was negotiated behind closed doors and not all of the content from the agreement has been released to the public at this time.

Many lawmakers, even some from Maine, say they will not vote for this agreement because of the lack of transparency. The agreement would have to be approved by a majority in Congress.

Environmental groups push to get thorny skate on endangered species list

Animal Welfare Institute and Defenders of Wildlife have put a request in front of the National Oceanic and Atmospheric Administration to give the thorny skate the protections reserved for endangered animals.

NOAA has one year to decide if they will grant the fish protections or not.

Federal surveys found that the fish's population has been on the decline since the 1960s and it was only at 3 percent of its target level in the early 2000s.

The thorny skate is one of three species that can be found in the Gulf of Maine that is up for protection.

If protections are granted that means that there will be habitat protections and fishing restrictions, which some fishermen oppose because skate is commonly used as bait when trapping lobster.

"With all the reduction in groundfish and the cutting houses slowing down, there isn't as much bait," said Beth Casoni, Executive Director of the Massachusetts Lobstermen's Association.

Fishermen haven't been allowed to fish the thorny skate since 2003, but it is a common bycatch when fishing for cod or scallops.

D.J. Schubert, Animal Welfare Institute wildlife biologist, said that protecting the skate is part of a larger effort to preserve marine species.

"There are a lot of species in the ocean, and unfortunately, a lot of them are in trouble," Schubert said.

National

Wisconsin hosts fourth GOP debate

Eight candidates took the main stage in Milwaukee, Wisconsin to debate on issues regarding the economy last week. The debate was hosted by Fox Business and The Wall Street Journal.

Candidates were asked to answer whether they would bail out the banks again, if faced with another financial collapse, some candidates danced around the question, saying that banks shouldn't be too big to fail.

Ted Cruz, Texas senator and husband of a Goldman Sachs partner, was the only one to give a definitive answer, saying he would "absolutely not" bail out the banks again.

Despite being a debate on the economy, candidates were asked about their foreign policy. Many of the candidates support a no-fly zone in Syria, while Donald Trump and Kentucky Senator Rand Paul were the only ones to say they didn't want to get involved with another war.

Senator Rand Paul was the only candidate to come out against increasing military spending, saying that you can't just pick and choose where you decide to be conservative with your government spending, trying to get the budget under control means that you have to control spending in all areas.

Uterus transplants could soon help pregnancy among infertile women

Surgeons at the Cleveland Clinic expect to transplant a uterus into a woman who doesn't have one so that she can bare children, making them the first surgeons in the United States to ever achieve this.

Recipients of future uterus transplants will be women who were either born without one, had it removed or have uterine damage. The transplants will be temporary, removed after a couple years or after the recipient has two children.

The new transplants could help change the lives of an estimated 50,000 women, but it does come with its risk. Any pregnancy that results from a uterus transplant will be considered high risk and the fetus will be exposed to anti-rejection drugs.

Despite the risks, many women said they would still get the transplant and eight women are currently undergoing screening to see if they qualify for the transplant, with one saying she still wants to become pregnant and have a child.

"I crave that experience," she said. "I want the morning sickness, the backaches, the feet swelling. I want to feel the baby move. That is something I've wanted for as long as I can remember."

Police Beat

Selections from the USM Department of Public Safety police log October 7 to October 17

At this time, police logs have still not been updated by USM Police.

Wednesday, Oct. 7

Should've parked in a no-art zone
Vandalism Complaint, 55 Campus Drive. Subject reports Vandalism to his vehicle while parked overnight. Report Taken.

Friday, Oct. 9

666, Exorcism in progress
Disturbance, UpperClass Hall. Officer investigated report of people yelling.

Searching for a party
Drug Complaint, Robie Andrews Hall. Officer investigating the Smell of Marijuana. Report Taken.

Satisfaction guaranteed
Drug Complaint, Robie Andrews Hall. Officer investigating. Report Taken.

Sunday, Oct. 11

Aren't all trips accidental
Security Alarm, 21 Falmouth St Portland. Accidental Trip. Alarm Reset.

Tuesday, Oct. 13

Craaaaazy taxi
Liquor Law Violation, 28 Husky Drive. Subject intoxicated, summons was issued and called a Taxi for transportation.

And don't come back!
Criminal Trespass violation, 32 University Way. Student was warned for trespassing. Report Taken.

Said they were looking for someone named Molly
Wellbeing Check, 16 University Way. Student not feeling well and confused. Rescue called. Report Taken.

Wednesday, Oct. 14

10 points off each day the report is late
Suspicious Activity reported, Officer investigated. No Report.

Friday, Oct. 16

Or hit by a smooth criminal
Security Alarm, 246 Deering Ave. Emergency Door Alarm Activation. Accidental.

Summons for being too awesome
Disturbance Call, Woodward Hall. Report of a Loud Party. Report Taken. Summons Issued for Alcohol Violation.

Saturday, Oct. 17

Buying too much beer to carry
Assist Other Agency, Cumberland Farms. Assisted Gorham PD with a transport.

The drunk doctors
Medical Emergency, Robie Andrews. Student intoxicated, transported to Hospital. Report Taken. Summons issued for Alcohol Violation.

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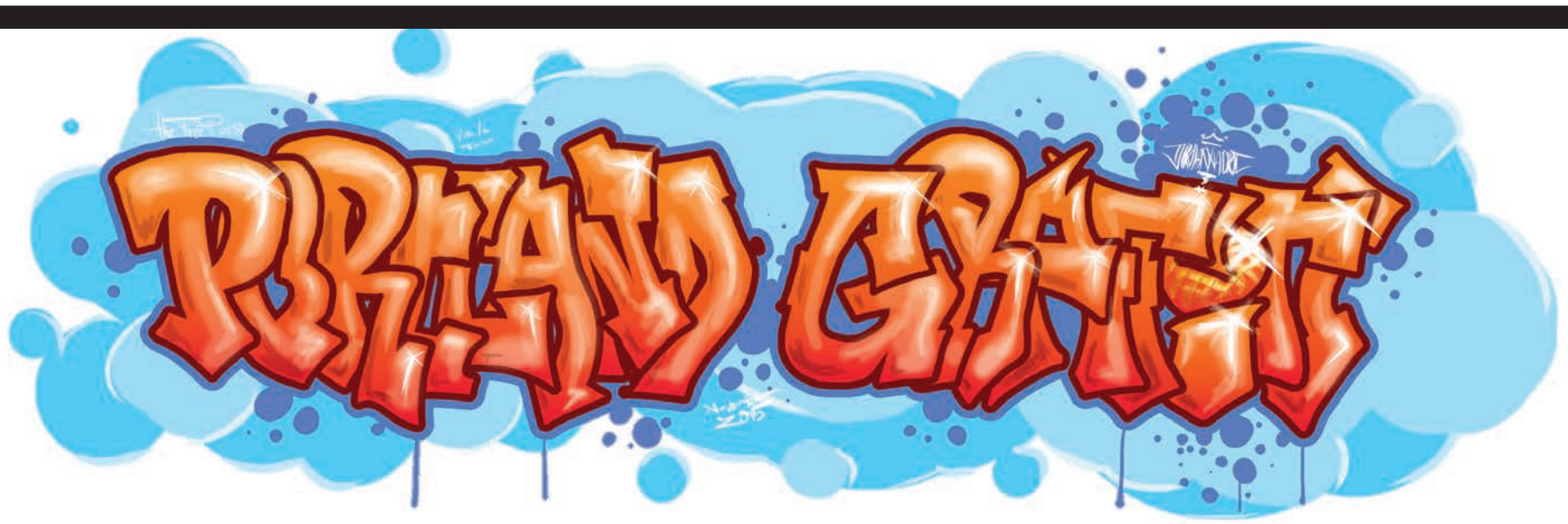
Our Town review / 9
Film & Netflix review / 10

Arts & Culture



Dora Thompson
Arts & Culture Editor

Home to the Portland Museum of Art, the Maine College of Art, and countless galleries, Port city is no stranger to the art world. Most art is consumed in white-walled galleries, with patrons' shoes clicking through the silence as they enjoy the paintings in a neat and orderly fashion.

But out of the street, something different is happening. Unabashedly splattered across the bricks of the city is a different kind of art, the art of graffiti. It mainly consists of words, often the artists' tag. Brightly colored and often hard to read to the average civilian, the art dots the buildings in the area. The art form is highly controversial, as many residents think that it is ruining Portland's aesthetic, and see it as simply defacing public property.

This viewpoint is not new, and neither is graffiti. Starting in the 1970s, artists would tag subway trains so their work would travel for them, and their name would get out. In cities like New York, Los Angeles, and Philadelphia, subways would be covered in art, much to the opposition of the local law enforcement. Especially in areas like the Bronx, where the buildings were not in ideal condition at the time, it was a way for a younger generation to reclaim their space. It eventually moved to the streets and became what we know today.

The book "Subway Art" by Martha Cooper and Henry Chalfant captures the lost artwork of major cities the 1970s and '80s. To any graffiti artist, that was really the "hay day."

An artist that goes by the tag "Turdl" (the artists have opted to go by their tags for legal reasons) remembers his fifth grade teacher gifting him this book and he was interested in the genre ever since.

> **"Instead of painting on a canvas, wrapping it in bubble wrap and stowing it away, my art is out in the public.**
>
> **2RICH (the tag of a Portland graffiti artist)**

An artist whose graffiti tag is "2RICH" remembers being fascinated with the idea behind the movement. The rise of graffiti is often associated with the rise of hip hop in the 1970s and '80s. Break dancing, rapping and graffiti were all a counterculture movement that 2RICH wanted to be a part of.

Since spray paint isn't sold to those under 18 years of age, 2RICH remembers stealing large amounts of spray paint to go cover abandoned buildings with artwork. He was having a rough time at home and didn't want to be in his house, so he would spend long hours doing art. He remembers it being hard to avoid other people doing illegal things of a greater caliber in the abandoned buildings, when all he wanted to do was paint.

"It's weird. There's nothing like graffiti," explained Turdl. "Painting in a studio on a canvas doesn't compare." He compares it to the feeling he got when he was a kid and threw a snowball at a car and got away with it.

"Instead of painting a canvas and wrapping it in bubble wrap and stowing it away, my art is out in the public," added 2RICH. "I like my work being for everyone to see."

Aspiring artists would probably start with making thier own tag. They'd have to make one that was easy and quick to do. Over time they'd perfect it, make it their own, and make it flow well.

"It's really an interesting study of letters," said Turdl.

Graffiti art fosters a very close community as well. Turdl said that some of his best friends are artists, and when they meet up to paint it's akin to a fishing trip. Often times, artists can recognize styles that are specific to a city. Turdl says he can watch a movie that is supposed to be set in New York, but he can tell it's in Los Angles because of the style of lettering in the surrounding graffiti.

"It's a secret community," said 2RICH. "Everyone is always trying to one up one another."

Portland has less graffiti than other major cities. Artists have to look hard to seek out places to do work. Contrary to popular stigma, however, a lot of artists won't tag small businesses and won't support artists that just senselessly tag windows in mom and pop shops. They prefer to target larger corporations.

"I like doing it on anything we're paying taxes on," said Turdl.

Yet the stigma still exists. Both 2RICH and Turdl also do art professionally. Yet 2RICH says that he is often judged as a graffiti artist when hired. Professionals may not want to pay him as much or take his work as seriously, even though he can work with a variety of mediums and styles.

In defense of the art form, 2RICH points out that some property owners let their buildings crumble, and his art is better than moldy walls. He gets upset when artists get charged thousands of dollars for what they did, but it would take a gallon of paint and an hour to paint over.

Turdl points out that new condo buildings and the modernizing of the city is more harmful than his art work. "Graffiti is raw. It's the community speaking."

Right here in Portland, the concept of art is being challenged. it doesn't have to be framed and price tagged to be legitimate or worth admiration. What people might think is a ragtag group of delinquents is a thought out art form, with no notoriety or credit, and oftentimes no pay.

"Art is better appreciated in moments where you would have never expected to see it, rather than when you go to an art show and expect awesome art and are underwhelmed," said 2RICH. He points out that some of his biggest fans are people that are living on the street, that would never make it to art shows. He says that art shouldn't just be for one type of person.

A good example legal graffiti style artwork is the side of the club Asylum, at 121 Center Street, and on the side of Gorham Bike and Ski, at 693 Congress Street. Head down and appreciate this free and outdoor art show. Graffiti doesn't wait for a gallery opening or showing. It demands to be seen all the time. Your city is talking to you, so take the time to read it.

dora@usmfreepress.org
@USMFreePress

Photos courtesy of Mike Rich

LEFT: Local glass artists' KGB Glass hired Mike Rich do a personalized graffiti mural in their studio. : RIGHT: Local artist Mike Rich spray paints on a wall in Portland

Non-profit brings community together with poetry slam

People from all around Portland gather together to share their stories at Tuesday poetry readings

Meaghan Gonsior
Contributor

Dimmed lights, local brews on tap and an unmistakable vibe can be found mingled throughout the Port Veritas crowd gathered at Bull Feeney's Pub on any given Tuesday night in the Old Port. This particular night, Nathan Amadon, the Port Veritas' Slam Master, prepped the crowd for open mic poetry readers, to be followed by feature artist Billy Tuggle and the monthly Second Tuesday Poetry Slam. Nathan's self-deprecating stage persona loosened up the crowd. A bystander could sense the type of camaraderie that is only be built by time together and shared vulnerability.

A poetry slam is an informal competition judged by a selected group of unbiased audience members. The first National Poetry Slam competition happened in San Francisco in 1990 and today continues to be performed all around the world. The current Port Veritas (from the Latin meaning truth) slam has its roots in a group started by Jay Davis in 1998. With the help of many committed enthusiasts, Port Veritas registered as a certified non-profit organization in 2009.

On stage, several poets took turns with the open mic, reading or reciting original poetry or work credited to others. Amadon then introduces the evening's feature poet, Billy Tuggle, "co-host of Chicago's long-running open mic: In One Ear" and "the 2015 National Poetry Slam Head to Head Haiku Champion."

A lively-eyed Tuggle took the microphone with a veteran performer's charisma speaking:

"Dear atheist, don't argue... You literally have nothing to prove."

The eager crowd erupted with laughter and applause as soon as the last word dropped. Tuggle's haiku has delivered a humorous punch in just 17 syllables. He has been performing in slams across the country for 12 years and describes himself as a geek who likes the idea of using word games.When he first joined the scene, there was a movement away from reading directly off paper, focusing mostly on theatrics and the performance presentation. Over the last decade, he has seen poets returning to paper, with less of a focus on memorization and more attention to the writing craft and imagery.

The evening climaxes with the main event: preselected poets performing three original poems in multiple rounds. Judges rate each performance on a scale of 1-10, with crowd members booing or cheering each score. Poems range from tongue-in-cheek to scathing to poignant. Poet Ellyn Touchette shares a compelling poem about a childhood Halloween costume, which leaves the listener chewing on the reality of sexism in American society. Touchette has been performing since she was 14 and says it's the "most raw way of communicating."

USM student Aria Northrop is in her third year as a social & behavioral science major. She's been participating in Port Veritas slams for the last five years. As a 16 year old, she won a slam competing against adults.

"It was life changing to have my thoughts and feelings be so well-received coming from a place in my life where it felt like no one really understood," says Northrop. "I used to get so nervous before performing I would be sick. People asked me why I kept reading and I always answered with the fact that it's exhilarating. . . It takes weeks for me to memorize one poem, let alone three for a slam."

> **"Talking about past experiences in a poetic form on a stage in front of people is no joke. It takes courage and bravery.**
>
> **Aria Northrup, junior social and behavioral science major**

For Northrop, the process of writing and reading her written work has allowed her to better understand herself and express herself in ways she never could before.

"Talking about past experiences or current experiences in a poetic form on a stage in front of people is no joke," said Northrop. "It takes courage and bravery and for some reason is the one place I feel I have both."

Other poets express similar sentiments regarding the Port Veritas community. Touchette enjoys "connecting with people on important issues." Kirsten Uhde started competing in 2014 and said it all comes down to "the chance to share" about experiences. "[The poem] came out of you because you felt really alone," and "it makes life nicer" to not feel alone anymore.

It's not all rainbows and unicorns though. Northrop says there have been times when being vulnerable on stage has hurt.

"One time, I read a poem and on the last stanza, I broke down and started crying. The type of crying no one wants to admit to. I remember [someone I knew] coming up on stage and whispering, 'You're okay, but you can't cry here. Your time is still going. Get off the stage. Cry outsid

That was a big lesson I learned, and I guess it hurt me too," she explained.

With so much at stake emotionally, some might wonder why slams are so popular with young people across the country. For Northrop, the connection she feels with this community has allowed her to feel safe about expressing her feelings.

'Someone may have just gotten on stage and talked about their rape or their ex-boyfriend or coming out to their mom," said Northrop. "Maybe they talked about depression in a way that you had never thought about, but now will always think about. The fact that the community is also sharing their deepest parts makes it easy to feel safe. It's like home."

arts@usmfreepress.org
@USMFreePress

Photos courtesy of Ellyn Touchette

Slam Poet Ellyn Touchette stands at the microphone and recites her work. Each Tuesday, Bull Feeney's hosts the Port Veritas Poetry readings.

PORTLAND'S FARM TRUCK JUICE

Amanda Melanson
Free Press Staff

The Portland community prides itself with forward thinking when it comes to agriculture and concepts such as pesticide-free and GMO-free. Tthere will be a new face in town soon, where Farm Truck Juice plans to open its doors in a few weeks.

The idea for their brand of farm-to-glass started with Walter Loeman, who has had the idea for several years. Loeman took an economics class and the idea came from pitching an idea to the class for their final and seeing it to fruition. It started with the idea of having the product on the back of a truck and expanded from there. The team consists of his family: a son, Joe and his wife, as well as fellow USM alum Lincoln Dresser. Tyler Pierce is their connection to Maine's farming community and Ry Russell brings a business marketing background to the table. The criteria for their juices, according to Walter, are "local farms, local farmers … we will know exactly where our juices come from".

Nathan Baril / Multimedia Editor

The entrance of the 186 Brackett St. shop tantalizes future customers

Certainly, a Co-Operative idea isn't a new one to Portland, but their on-the-go business model lends a unique idea to the concept. Working with local farmers, they will bring Portland citizens that much closer to what it means to have natural fruits and juices in their diet. In a world where everything is jam packed with additives and extra sugar, Farm Truck Juice brings a refreshing outlook to the community. Their location will be a on the go juice bar where consumers can come and go with fresh juice at hand.

They currently are in the middle of setting up, but work with a farm in Dresden among "30 to 35 different farms," Loeman said. "It's about getting food that's not processed… literally from the farm, washed, and to you." He describes it as the "simplicity" of bridging the gap between the farmer and the community.

" I was fairly skeptical but he's just there, like a thorn in your side!" Russell said, of how he heard of the business model and what Loeman hoped to achieve. He continued the discussion by elaborating that Dresser and Loeman, who are close partners, asked him to join the team as their marketing consultant. His company owns several kiosks within the Maine Mall and he brings a wealth of experience to the table.

Joe Loeman is currently in the midst of redesigning their menu, but the idea is fairly straightforward when put in context of Walter's criteria.

The Co-Operative Farm Truck Juice can be found on 189 Brackett Street, next to Rosemont's West-End location in Portland. They have a Facebook page and a website that contains more information for anyone eager to learn more and stay up to date of when they will be opening.

arts@usmfreepress.org
@USMFreePress

USM's Our Town will have you calling your mom

Anora Morton
Free Press Staff

Just before World War II, Thornton Wilder wrote Our Town. Set before World War I, at the turn of the 20th century, Our Town is a three act play depicting life in the small New England town of Grover's Corner. Each day starts off with a milkman delivering that day's diary, just as reliable as the sun coming over the horizon.

With a full town of characters, Our Town is expansive, focusing more on the movement of life itself, and less on a particular life within the town. The town itself is quite small, with many mentions to the bigger Conway, and Boston across state lines, but Our Town utilizes the small town recognition many of us have to draw upon theatrical intimacy between audience and cast.

Ben Davis, a Junior English major who plays Mr. Webb, assures that even though Our Town takes place so long ago, doesn't mean it is not relatable; "What makes it interesting is the commonalities between us." USM's Our Town is almost set-less,and completely curtainless, as the original play was, but what is striking is the ensemble that is constantly on stage, providing sound effects, and scenery of the goings on in small town life. This is to make the audience feel "less distant from the production" Director Andrew Harris explains.

"There is a lot to be found in everyday life" Andrew Harris, the guest director of Our Town commented on the "take away" this play offers. Although this play takes place more than a century ago, it's meant to be relatable.

"They talk about the mountains, they talk about the weather, they talk about time passing; and it's that we seem to keep losing those connections as people" Harris explained, "We lose the connection of communication."

Our Town asks the audience to reflect and appreciate these aspects of life we take for granted. The play's three acts move throughout life, with childhood and growing, partnership, and passing on all appreciated and thoroughly explored.

Walking out of Our Town, it will not be surprising if audience members feel an overwhelming urge to go for a fall hike, or appreciate those whom we coexist with and possibly ellist a phone call or two to parents and other loved ones. Brittany Burke, a Sophomore Theater major, plays Emily Webb, a young citizen of Grover's Corner, describes Our Town as very emotional, and that the play overall sends the message of "appreciate what you have, because you don't know what's going to happen".

Our Town opened Friday the 13th, and runs until Sunday the 22nd on the Main Stage at Russell Hall on the Gorham Campus.

arts@smfreepress.org
@USMFreePress

Photos courtesy of Lori Arsenault

Scenes from USM's main stage fall play, Our Town. The whole cast remains on stage for the entire show.

A&C Listings

Monday, November 16

Comedy: Bo Burnham
The State Theater
609 Congress St.
Starts: 8:00 p.m.

Tuesday, November 17

Friendsgiving Dinner
Outliers
231 York St.
Starts: 6;30 p.m.

Poetry Slam
Bull Feeney's
375 Fore St.
Starts: 7:00 p.m.

Wednesday, November 18

Art: Ni Rong: IN AMERICA
PhoPa Gallery
132 Wasington Ave.
Starts: 12:00 p.m. / Ends: 5:00 p.m.

Film: Penobscot: Ancestrial River, Contested Territory
Lee Auditorium
133 Wishcamper Center
Starts: 6:00 p.m.

Thursday, November 19

Film: Police Officer
Space Gallery
538 Congress St.
Starts: 7:30

Music: They Might Be Giants
Port City Music Hall
504 Congress St.
Starts: 8:00 p.m.

Music: Dark Star Orchestra
State Theater
609 Congress St.
Starts: 8:00 p.m.

Friday, November 20

Our Town
Russell Hall,
37 College Ave, USM Gorham Campus
Starts: 7:00 p.m.

Don't Pump the Gas in the Presnese of my Corpse
Space Gallery
538 Congress St.
Starts: 7:30 p.m.

Saturday, November 21

Burlesque: Redhot & Ladylike present: "Give Spanks"
Port City Music Hall
504 Congress St.
Starts: 8:30 p.m.

Sunday, November 22

Sean Mencher
Local Sprouts Cooperative
649 Congress St.
Starts: 11:00 a.m.

Want to submit an event?
arts@usmfreepress.org

Excellent directing has audiences laughing one minute, crying the next

Fox Searchlight Pictures

Aaron Halls
Free Press Staff

Me, Earl, and the Dying Girl, released earlier this year, is directed by Alfonso Gomez-Rejon and is based off a book of the same name by Jesse Andrews. The movie follows a high school senior named Greg who likes to make movie parodies with his friend and filming partner Earl; when Greg and Earl are introduced to Rachel, a fellow classmate diagnosed with cancer, the three develop a friendship that changes their lives in ways they never expected.

One of the first standouts of this movie is the excellent direction by Alfonso Gomez-Rejon as well as the script from Jesse Andrews, who adapts his own novel to the screen. With a title such as Me, Earl, and the Dying Girl going in one might have a preconceived notion that this is going to be a straight drama, but one of the most surprising aspects of the movie is its sense of humor.

Due to the direction and writing by Gomez-Rejon and Andrews respectively the movie perfectly balances it's dramatic and comedic elements producing scenes that will leave audience members laughing one moment and tearing up the next. Gomez-Rejon also incorporates visual elements such as stop motion claymation into the film which injects the movie with a unique and quirky personality. Also impressive is the cinematography by Chung-hoon Chung; it's beautifully composed, informs the story, and constantly uses of different types of camera movements make the film feel dynamic without sacrificing feelings of intimacy throughout it.

Racchel and RJ Cyler as Earl also impress in their ability to create likeable characters while handling the film's dramatic and comedic elements; all three share a wonderful chemistry that gives the film a lot of heart.

With its fantastic balance of comedy and drama, amazing performances, and creative cinematography Me, Earl, and the Dying Girl is one of the best movies of the year; if you haven't seen it I definitely recommend it.

arts@usmfreepress.org
@USMFreePress

Don't go judging just yet: The Flash TV Series will blow you away

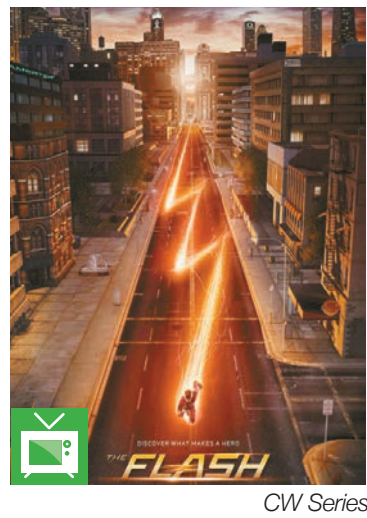
Hannah Lyon
Design Director

If you love superheroes, science fiction and binge watching TV shows on Netflix, you should check out the CW's television series, The Flash. Rotten Tomatoes rated season one of The Flash with a 97% and the audience also praised the series with a 90%. The first couple of episodes may be shaky, but don't give up - if you keep watching you will soon get hooked. You can watch all of season one on Netflix and watch the latest episodes of season 2 on the CW website for free. Once you catch up, you can view the newest episodes Tuesday nights at 8pm.

The show stars Grant Gustin as police scientist Barry Allen with a secret identity as The Flash, along with his team, Danielle Panabaker as Caitlin Snow and Carlos Valdes as Cisco Ramon. Barry's Dad in the show, Henry Allen is played by John Wesley Shipp, the original Flash superhero from the 1990 CBS series. The Flash overlaps with the CW Arrow series, so if you like that show you will love to see see Barry Allen (Flash) fighting along with Oliver Queen (Green Arrow).

When Barry is struck by lightning from an explosion caused by a world changing invention called the particle accelerator, he goes into a coma and is awoken several months later with super speed. Not only did he receive powers, but so did several super villains. He dedicates his time to protecting Central City and tracking down evil metahumans.

This show has amazing special effects and probably wouldn't be possible without it. The series includes a huge gorilla with psychic powers, a giant tsunami caused by a villain who can create weather from his hands, a raging wormhole in the sky and so much more.



CW Series

arts@usmfreepress.org
@USMFreePress

Perspectives

Our Opinion

Service learning in the classroom is educational, but overwhelming when required for credits.

Editorial Board
Free Press Staff

Service learning: a *learning strategy that incorporates community service with instruction to enrich the learning experience*.

At least, that's how Google defines it. Some professors here at our university - as well as other universities across the nation - make service learning a requirement to pass their class and sometimes to graduate at all. The reasoning behind it is logical: Getting students out into the community to engage and educate others will not only benefit themselves, but the ever-changing and expanding generations around them.

What would you say if I told you that two classes you need to take in order to graduate both require service learning? What if you're not allowed to double-dip (work double the hours at one location) but are instead required to volunteer your free time at two separate locations in order to pass with your credits? Would you be able to manage your time efficiently? The typical SL site requires one or two hours of your time each week for 10-12 weeks in a row.

Pretend you're signed up for two classes that need service learning. Assuming you have to work two hours a week, for 10 weeks, at two different locations because you're signed up for two different service learning classes: Can you afford to donate 40 hours of your time that not only costs you money, but time? We would argue it's worth the educational aspect. It's worth meeting new people, making connections and is super helpful in building a resume - but we also have to be realistic: Why are so many professors now making it a requirement?

We believe that service learning is an important part of the college experience. Required participation in the community has a really rewarding and positive outcome. It has the ability to provide an individual with a different perspective and positive understanding of the education in which others receive, but we don't agree with forcing a student to do service learning more than once in their college career - students have a lot going on and not all of us have the time or resources to spend time at these SL locations.

Lorrayne Carroll is an English Professor at USM who requires service learning for her 'Literacy Studies' class. She explained that "The downside to SL comes when a student is overwhelmed by the extra time commitment, or, worse, they find themselves in more than one course that has an SL component." She also advocates for community engagement as "a great opportunity to interact with people they might not meet otherwise across institutional, age, cultural, neighborhood or regional, and economic differences."

In the fall semester alone, 15 courses at USM required service learning. Many of the classes that require service learning fall in the departments of English, Education, Social Work and Linguistics. Some of these classes include Intro to Social Work, Nursing 101 and many more. This spring, over 30 classes will require service learning as a intricate part of a student's education - but why? Why have a variety of different classes require learning outside the classroom instead of one big service learning requirement for graduation? It doesn't make sense to overwhelm students - mental health will directly be affected by the stress of extra responsibilities. Why require someone to pay for a credit to volunteer? Why not just make it a requirement to participate in community partnerships to succeed in this world of wondrous people?

Could this be USM's way of saying, "Hey, look at us, we're a Metropolitan University now!" Because like many others on campus, the real definition of "Metropolitan University" is blurred and confusing.

Between sips of coffee and late night cramming sessions, I'm sure we could come to the general consensus that service learning is, indeed, a beautiful education tool that every student should participate in, but when it comes down to the nitty-gritty of it all, it truly isn't realistic to ask students for it more than once in their career.

Anarchist Luddite

Let's stop pretending that panhandlers are a threat to society and help them out already

Brian Gordon
Free Press Staff

Have you ever stood on a median and begged for change? My god is it hard. I was tried to try it, to put myself in the shoes of dozens of people who do it around Portland on a daily basis. I didn't have the nerve so I tried getting drunk to do it, but still I couldn't bring myself to get out on the curb and fly a sign. What if my boss drove by? My ex-girlfriend? High school friends? My mom? I couldn't do it because I'm not desperate enough. I live in an apartment, have a couple bucks in the bank and a steady-enough job. Besides those corners are hotly contested and someone else needs that money a lot more than I do.

I don't envy anyone who has to stand on the median asking for change, no matter their reason for being out there. It takes guts. It takes being at rock bottom. It takes not knowing where else to go to ask for money.

"Get a job!" people yell, as if that's always where you should be. They want to put you in your place because your standing there isn't part of the pretty scenery. Well it's not so easy if you don't live in an apartment, with a shower and clothes, and your mental problems aren't too major. To survive in Portland you need several jobs and even then you might not be able to afford the median income 1BR of $1200 a month.

Asking for spare change is the same as a normal job; the people that stand on the medians are selling their time for money. The hitch is, the money is volunteered by the public. Nobody forces you to go to your terrible office or restaurant job. You go because you enjoy the money, and you think it's worth selling your time for a paycheck on Friday. You've convinced yourself you need it to survive, because you know no other way to live.

No one forces people to stand on the corner asking for money, they choose to do it in the hopes that they'll get some money. This makes me respect them all the more because there is no guaranteed wage, the city hasn't passed an ordinance for a minimum wage for flying a sign. Hell, maybe they should.

The city recently dropped its lawsuit against panhandlers standing in the median. As always the government says it's trying to "protect you" from danger. In reality it was because it doesn't fit with our "brand" (I just spit up) of world-class yuppie tourist destination. Yeah there is a danger from people who drive cars acting like maniacs, but that's another problem. But if you're desperate enough to stand at a stop light, go for it. It's your choice. I hope you get enough for something to eat or do whatever substance you want to do. We don't judge people who drink in their homes, why should we judge homeless people's choices? They just don't have the four walls we're blessed with. They've earned the money by selling their time, just like the rest of us wage slaves. Respect them and if you can spare it, give em a buck or two.

brian.gordon@maine.edu
@USMFreePress

Self Exploration

There is something about the days becoming shorter and colder that makes me want to retreat

Nick Beauchesne
Sports Editor

Is it just me, or does life seem to get a little bit tougher this time of year? There's something about the days becoming shorter and colder that makes them feel constricting. I would not go so far as to categorize myself as SAD, but content isn't the right label either. The urge to retreat against the impending winter can be a significant obstacle to overcome toward the end of autumn. Why was I not consulted about this Daylight Savings Time situation? If I had been, you can be assured I would have spoken up for the people, like myself, that don't see the rationale in constructing an environment where most people see the sunset from a classroom window, its rays gone before the class-day ends.

Summer seemed to be a full out sprint this year- days running into nights that seemed too short. Being as busy as I was, I took those days and nights too much for granted. They seemed almost perpetual- an endless supply even though they each, individually, flew by. Now, looking back, I wish I would have recognized more the importance of savoring those warm evenings, sitting by the fire, sporting short-sleeve shirts and legwear that didn't require insulation. I catch myself sometimes thinking about those nights and I wonder whether this winter will afford any similar opportunities to find comfort against the cold.

And then I snap out of it; I remember that the weather is beyond my control, but my perspective on life is not. Life as a college student for me now, this time around, cannot be determined by the alteration of the seasons. The snow and the cold will come, and they will go, whether I get out of bed and into my books or not. There is just too much to get done to get down due to dropping temperatures. When it gets dark out (at a ridiculous 5:00 pm now) I'll just turn on the lights, or go to one of the many brightly-lit corners of Glickman and engage in the studies that I am here to immerse myself in.

It really is all a matter choice. Despite the many excuses that can be (and often are) created to retreat, there are many more important reasons to push through. Many people find themselves in situations much more challenging than my own. I have a brother right now navigating through his first semester at Maine Law, logging around ten hours a day in class or in the library. Seeing him put all the energy into his studies that he does makes me realize, in turn, why I am here. Back again after five years away from this school, I am here to get my degree, master the craft that is my major and become the student and man that I am ready to be.

This may sound like a corny pep talk- something that you'd see coach Taylor say on Friday Night Lights (not that I ever watched that show or anything)- and maybe it is. I think though that sometimes the cliche fits the case in point to a degree where it can be allowed for.

editor@usmfreepress.org
@USMFreePress

THE FREE PRESS
92 BEDFORD STREET,
PORTLAND, MAINE 04101
(207) 780-4084
www.usmfreepress.org

EDITOR-IN-CHIEF
Krysteana Scribner
krysteana@usmfreepress.org

NEWS EDITOR
Zachary Searles
zachary.searles@maine.edu

NEWS INTERN
Tom Fitzgerald
tfitzgerald24@live.com

ARTS & CULTURE EDITOR
Dora Thompson
dora.thompson@maine.edu

COMMUNITY EDITOR
Rahma Ali
rahma.ali@maine.edu

SPORTS EDITOR
Nicholas Beauchesne
nicholas.beauchesne@maine.edu

STAFF WRITERS
Brian Gordon, Sam Haiden, Erica Jones, Cody Marcoft, Zach Abbotoni, Joie Grandbois-Gallup, Dustin Kelly, Anora Martin, Mary Ann Silliboy, Martin Conte, Amanda Melanson

DESIGN DIRECTOR
Hannah Lyon
hannah@usmfreepress.org

DESIGN ASSISTANTS
Orkhan Nadirli

MULTIMEDIA EDITOR
Nathan Baril
nathan.baril@maine.edu

STAFF PHOTOGRAPHERS
Muna Adan, Patrick Higgins, Mercedes Loveless, Cynthia Mello, Ari Soto, Katelyn Wiggins, Sam Hill

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Sustainability & ME

Water saving situations lead to positive environmental impacts

Tyler Kidder
Contributor

Do you ever think about how much water you use each and every day? From waking up in the morning to brush your teeth, going to the bathroom throughout the day, then showering or bathing at night? Or what about buying bottled drinking water? Most US citizens use about 100 gallons of water a day, while most of the world lives off three gallons or less per day.

I cannot tell you how many times I see people leave the water running while brushing their teeth. Even if it is a slight drip, you are still wasting water! By simply TURNING THE KNOB you can save so much water, which could be used for other, better purposes. A faucet that that is left running or drips one drop per second wastes 27,000 gallons of water annually.

You do not really think about how important water is until someone gives you facts about it. Did you know that only 1% of earth's water is freshwater available for drinking and 2% is frozen? The other 97% of water is salty ocean water. Doesn't this concern you and make you want to be more careful with how you are handling water?

Across the globe, two out of 10 people do not have access to safe drinking water, and in the U.S., many states face water shortages and droughts. Meanwhile, Robert Glennon reports in Unquenchable: America's Water Crisis and What to Do About It, Americans use 24 gallons of water each day just to flush their toilets—approximately 5.8 billion gallons. As the global population continues to grow and climate change results in more water crises, where will we find enough water to meet our needs?

Here are some ideas on how to make a successful change on conserving water. The University of Illinois calculates that shutting off the tap instead of letting it run continuously will save your family up to 10 gallons of water a day. Using a faucet aerator is a great, cost-effective method of saving water. The aerator introduces tiny air bubbles into your faucets flow so you use less water overall while brushing your teeth. Instead of going to use your hands to fill them up with water to rinse your mouth after brushing your teeth, use a cup. When taking a shower, try timing yourself to see how long you take. If you are not satisfied with your time, try and beat it and reduce it with every shower. This will get you into a good habit of not taking long showers and wasting water. You can also bring in a water bottle and refill it, instead of always buying and using new bottled water. Old water can be used to water plants and flowers in gardens. We want to use water wisely, put it to good use, and make a change for a healthier world!

editor@usmfreepress.org
@USMFreePress

Semester at Sea

"I might be falling in love with Brazil..."

Joie Grandbois-Gallup
Contributor

Hello everyone,

My apologies for not sending an update sooner. Internet access has not been as good as I had hoped. However I am alive and well having just arrived in Salvador, Brazil on Wednesday. I have crossed the Atlantic and the equator!! My seven days at sea were peaceful ones filled with classes and homework...and dance. I have started teaching belly dance on the ship and I am truly enjoying it.

Since my last message we have visited Croatia, Greece, Spain, Senegal and Brazil (where I will be until Monday evening).

Brazil so far seems quite amazing. It is full of music and song. As a percussionist I am experiencing a bit of heaven; there is rhythm everywhere!! Yesterday I spent the afternoon in a percussion workshop with Giba Conceicao. It was two of the most amazing hours of my life. Tonight I´ll be attending either an Afro-Brazillian dance class or a samba show. I am not yet sure which!! There really is so much to see and do here.

I might be falling in love with Brazil...or Salvador at least.

After Salvador we have a nine day sea journey to Trinidad and Tobago. We are there for only a short time, two days, before we head for the Panama Canal and Costa Rica.

This journey is two thirds over.

I hope to update again in Trinidad. Thank you again for making this journey possible.

Oh! I hope my post cards have been arriving safely. If you did not send me your address please do so and I´ll send one a long.

In gratitude,
Joie

editor@usmfreepress.org
@USMFreePress

Letter from the Editor

Have work-study? Need an internship? Want to volunteer? Join the Free Press Team!

Krysteana Scribner
Editor-in-chief

This is the second to last issue we publish before the end of the semester and I am suprised to say my time as EIC has already gone by very fast! I'm not sure how long I'll be here, but while I'm working at the paper I want to get as many students involved in our group.

We are constantly putting house ads in our paper hoping a few of you students will stumble upon them and think, "Hey, this looks like something I could do." I've heard from a few students that say, "I don't write so I didn't think I had a place in your student organization" but that's ridiculous! The Free Press has something for everyone. Anything you can think of, I'm sure we can find a place for you here. If you like writing, we're looking for help all the time, and you can pick the section you desire to write for. Photography is always an option, even if you've never tried it! Want to sell advertisements and get paid doing it? Interested in publishing our work online so we can stop slacking in our social media department? Working at the campus newspaper is the place you get to learn and grow and find your place in the world. When I started at USM, I treated my classes like a job: I commuted from Saco, attended class and then left. I got good grades, yes, but I didn't enjoy myself. Looking back, joining the Free Press was the best thing I could have done for myself. Google search my name under news and you'll find every article I've ever written. Now, imagine that you search your name and your work comes up: Do you know how many prospective employees are going to be thrilled that you've worked for a newspaper and implimented real world skills while still in college?

I could throw so many other reasons your way as to why we want to have you on the team. When I walk into the office each morning, I'm greeted by our Business Manager Lucille. She always makes hot coffee and is nice enough to provide us with fresh, baked goods. We have desks you can work at, a common room for discussions and you'll begin interacting with people you would never do so with. The one thing that you share in common is the desire to publish your work for the world to see. If you're interested in any positions, please let me know. With a new semester upon on, I'm ready to build this team bigger than ever before!

krysteana@usmfreepress.org
@Krysteana2016

Advising Advice

USM Undergraduate Teacher Certification: What you need to know

USM Dual Advising Program
USM Staff

Undergraduate Teacher Certification at USM!: More than 130 years ago, the Gorham Normal School, opened for the purpose of meeting a teacher shortage, provided education to aspiring teachers. Today, as USM, we are continuing that mission.

The USM School of Education and Human Development, in partnership with colleges throughout the university, offer students the opportunity to earn a teaching certificate while concurrently pursuing their specific major and academic goals. If you have a passion about working with children and young adults, are a team player and love working in groups, are adaptable and flexible, can work well under pressure, have strong written and verbal communication skills, are committed to diversity, and plan to be a lifelong learner. . . teacher certification may be for you!

Want to Explore Teaching?: There are courses if you want to learn more about teaching. The following are offered each semester: EDU 100 Exploring Teaching as a Profession and EYE 108 (Culture, Identity, and Educatio). There will be Upcoming Information Sessions Monday, November 16 @ 3pm in 301C Bailey Hall, Gorham Campus and Wednesday, December 16 @ 10am in 301C Bailey Hall, Gorham Campus.

How It Works: USM undergraduate students pursue their major through a college, and then choose the content area for their teaching based on the major. The colleges that offer this teacher education option are Lewiston-Auburn; Management and Human Service; Arts, Humanities and Social Sciences; and Science, Technology and Health.

In addition to completing their major and core, students also take the courses defined by their content area. This includes introduction to education, teaching methods, and student teaching. Students identify early in their major if they also want to pursue teacher certification. At the end of the student's undergraduate career at USM, he or she will have a bachelor's degree, major, and teacher certification in a content area related to their major.

Students choose a major and associated certification area. To view the undergraduate teacher certification options please visit: https://usm.maine.edu/teacher-certification/teacher-certification-area

Benefits of Teacher Certification at USM: Not only are we state approved but also nationally accredited. Pre-internship courses include field placements so students receive experience working with children and are fully prepared when placed in a school for their student teaching/internship. Students are fully immersed in the art of educating along with content knowledge so they are fully prepared to teach after graduation. Students receive multiple supports from faculty and staff to ensure success in their academic pursuits. Students graduate with a bachelors in their major and are able to pursue other career options if they decide to not teach. Because students are completing a major, they will have strong content knowledge and be highly qualified to teach in that content area.

Want to Know More? Christen Stande, Academic Advisor for Education: christen.stande@maine.edu07.228.8315 or 207.780.4555

Resources

Teacher Certification - https://usm.maine.edu/teacher-certification

Office of Educator Preparation - https://usm.maine.edu/educator-preparation

Advising Website: https://usm.maine.edu/advising

Any suggestions for future topics, please contact Janis Albright: janisa@maine.edu

Poetry Corner

Skin Deep

By Dustin Kelly

My brother cast me into this dark impound I believed was myth
Face bleeding, eyes burning, I screamed for a soul to reach me
Crying inside and out, I yearned for fresh air outside the steel
Knuckles and metal crossed my skin and bones as I squealed
I felt the blood pour and heard the skin and bones break
Thunder struck and suddenly I was all alone, bleeding emotionally
Locked in a sheep's trap, I was the wolf suffering
That was no thunder, but the slamming of my freedom
As the pain forcefully withdrew, I saw through the minute squares
Through the pain gathered in my eyes I lost breath to my sight
My brother rested on the pavement as a black bag pierced my heart
They zipped everything I loved into an artificial vessel
I realized that was not my brother as I reaped fear in my bones
My brother would never cast me into this pain, fear and regret
Only the white man would follow orders without understanding
This man, the same inside as I, did not share the love I did for my brother's skin

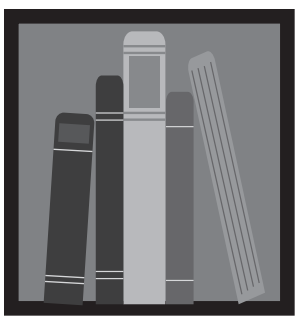
Word of the Week

Sonder

Pronounced: sawn.der

The realization that each random passerby is living a life as vivid and complex as your own - populated with their own ambitions, friends, routines, worries and inherited craziness.

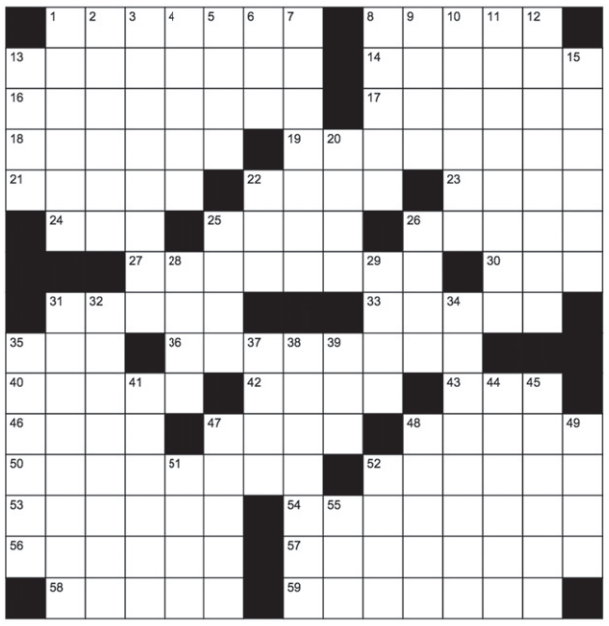
Know of any interesting vocabulary words?
Email us at
editor@usmfreepress.org



Crossword

Across

1. Undermine
8. Turn back to zero
13. Liberian capital
14. Planet beyond Saturn
16. Pilot's field
17. Football's Broadway Joe
18. Model train giant
19. In direct competition
21. ___ a hand (helps out)
22. Canine warnings
23. Certain
24. 2010 Aaron Sorkin film (abbr.)
25. Bk. of the Pentateuch
26. Cheech who sang "Born in East L.A."
27. Online dating site
30. Battery size
31. Not as many
33. Even a tiny bit
35. Word after diaper or safety
36. Kind of district
40. Did the math
42. Greasy
43. French statute
46. "I ____ man with seven wives..."
47. Hwy.
48. Type of bear
50. Rubber bands, e.g.
52. Be philanthropic
53. Egyptian's neighbor
54. "Take my wife... please" comedian
56. Cry after a long wait
57. Convention stickers
58. Affirmations
59. Rubberneckers' interests



Down

1. Communist counci
2. Labor groups
3. Factory fresh
4. They're cast
5. Wicked
6. Kia model
7. Snit
8. Early alphabet letters
9. The "E" of Q.E.D.
10. Indian turnover
11. F flat, really
12. Training program
13. Popular teen hangout
15. Tanya Roberts film
20. "____ put it another way..."
22. Berlin's land (abbr.)
25. "Double ____" (Nickelodeon quiz show)
26. Legend
28. Round up
29. Hungarian leader Imre
31. Trust
32. Lamp support, perhaps
34. In excruciating detail
35. 1988 Toto hit
37. Therefore, in Paris
38. Fake it, musically
39. Sort
41. Classes you barely have to attend
44. Whoopi's medium role
45. Conferees' labels
47. Hues
48. Musical pitches
49. Lusts
51. Subdue by shocking
52. Russian parliament
55. Boat propeller

Sudoku

A sudoku puzzle consists of a 9 × 9–square grid subdivided into nine 3 × 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 × 3 box contains each of the numbers from 1 to 9 exactly once.

4			9					
8	3	7	2				4	
		2		4		6		
2				3				
	5		1		7		2	
				9				1
		8		1		7		
	2				4	8	9	5
					3			6

			5					
	7				2	8	6	
4		2		7	1	3		
	9							8
		7		8		1		
8							3	
		3	9	4		6		1
	4	8	2				9	
					7			

Cryptogram

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

CR E YEU CO IWYASDJDSL OBMAMCODV HL KWN YBIK NDCTKJ KD'O ABJ WU, CO KD RSEH-HDMTEOJDV?

And here is your hint:

D = E

The solution to last issue's crossword

Weekly Horoscope

★★★★★ great
★★★★ good
★★★ average
★★ alright
★ difficult

Aries ★★
March 21-April 19

Retirement issues are in focus. Double-check your social security records, pension plans, IRA, and appropriate financial matters.

Taurus ★★
April 20-May 20

Conflicting stories abound. Excesses of information are tossed your way. Eliminate what you don't need.

Gemini ★★★★
May 21-June 20

You're a source of warmth and may carry the troubles of other people. Get your share of tender, loving care as well.

Cancer ★★★★
June 21-July 22

Romance is in the air! Plan for some candlelight, soft music, favorite movie, bubble bath, or whatever helps you feel cherished.

Leo ★★★
July 23-August 22

A cooperative spirit gets household chores done more easily and efficiently. Create a game-playing spirit and family members will enjoy pitching in.

Virgo ★★★
August 23-September 22

You avoid unpleasant topics, preferring to keep things "nice." A smooth flow appeals, but don't overdo.

Libra ★★★
September 23-October 22

A day for dealing with practical necessities. Authorities may be involved in your financial picture. Stay sensible and all will be fine.

Scorpio ★★
October 23-November 21

Mechanical items are involved in the financial picture. Repairs are possible. If shopping for a new object, check it out carefully.

Sagittarius ★★★★★
November 22-December 21

A mystical experience (through art, nature, beauty) uplifts you. A sudden sense of well-being overtakes you.

Capricorn ★★★
December 22-January 19

Hasty actions lead to later regrets. Curtail your impatience and take life one step at a time.

Aquarius ★★
January 20-February 18

You feel the pull between a new, challenging project and tying up the loose ends on some old responsibilities. Make a compromise.

Pisces ★★★
February 19-March 20

A loved one requires extra sympathy. Be flexible and willing to help (but not TOO much).

fp
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USM Community Page

USM Scuba Club offers diving certification

From the coast of Maine to an Island in the Netherlands

MaryAnn Silliboy, *Free Press Staff*
Dora Thompson, *A&C Editor*

The dive community in Maine is vibrant and USM is a part of it. The Scuba club isn't just a group of divers, dive instructors and interesting people connected to the USM community. There are a group of students, alumni, faculty and staff.

The club was founded in 2010 as a BSO student group by Greg Cavanaugh, the group's current advisor. Cavanaugh worked at USM as a professional staff member for the Technology Leadership program until 2014 when his position was eliminated.

He explained that the club was founded to make diving an accessible sport to everyone in the USM community. He enjoys being part of a vibrant community of people who are passionate about the sport.

"I continue to volunteer as an advisor, because I love the work and the students are amazing," said Cavanaugh. "96.5 percent of our planet is covered in water and diving gives people a window into that world."

The group's mission is to help educate the USM community about the sport, to help students gain an understanding of underwater stewardship, to make the sport accessible to students and to have fun through diving adventures.

The group has sponsored upper level and specialty training courses for USM divers who want to continue their training beyond the basic level. They dive as a group regularly along the Maine coast. The dive season starts in May and runs through October.

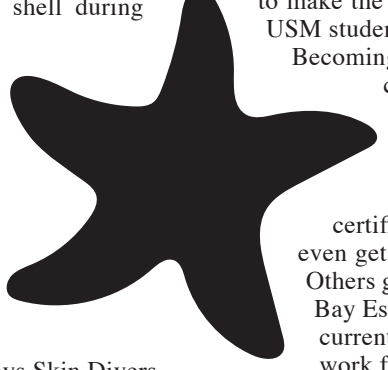
They have already certified approximately 40 new divers and impacted hundreds of students through the discover scuba events. The group has also extended their reach to faculty, staff and to the families of USM community members.

They hold "Discover Scuba" events each semester, which provides an opportunity for those interesting in diving to try in a pool environment before signing up for a full certification class.

"You have to get out of your comfort zone and everyone is helping everyone to put on their gear to dive," said Cavanaugh. "People really end up coming out of their shell during this."

> **"96.5 percent of our planet is covered in water and diving gives people a window into that world."**
>
> **Greg Cavanaugh**, *Advisor of USM's Scuba Club*

The Scuba Club works in a partnership with a commercial dive shop located in Auburn, Barclay's Skindivers Paradise. This is where Cavanaugh works as a dive trainer. The company collaborates with Barclays Skin Divers and gives access to NAUI certification, which is an internationally recognized dive certification body.



Once an individual has earned the certificate, they can keep it for life. The club works with them to receive items at a student rate, which would normally be expensive for dive certification classes.

The group has been discussing and raising money to go on a diving trip abroad to Bonaire in the Netherland Antilles during spring break. It's an island known for being one of the top five scuba locations in the world and can be found in the Caribbean. There are several folks from the USM community who are planning to attend and the club and are trying to make the trip more affordable to USM students.

Becoming involved in the scuba club has given students many opportunities. Students have found many job opportunities with their scuba certifications. Some students even get summer jobs on boats. Others get full time jobs. Casco Bay Estuaries, for example, is currently looking for divers to work for them.

The dive community is a great way to make lifelong friendships, learn interesting and fun skills and to get credentials that can be used to get fun and well paying jobs.

Interested students can get on the email list to find out when events are happening by sending an email to usmscubaclub@gmail.com. Or by going on the Facebook page, where events and classes are announced (search USM Scuba).

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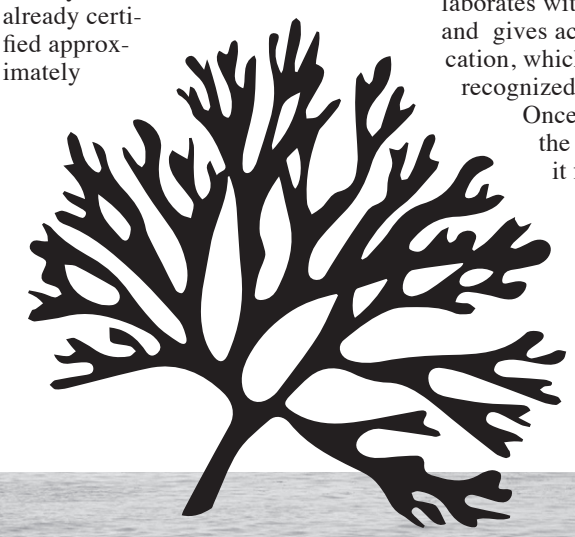

Photo courtesy of Greg Cavanaugh

The scuba club helps educate the USM community about the sport and makes it easily accessible to students.

Campus Events

Monday, November 16

Crosstraining
University of Southern Maine, Portland
Sullivan Gym Complex
Starts: 5:15 p.m. / Ends: 6:00 p.m.

Wellness Center: Clothing Drive Drop-Off
University of Southern Maine, Portland
Woodbury Campus Center, Wellness Center
Starts: 8:00 a.m. / Ends: 10:00 p.m.

Tuesday, November 17

USM Jazz Ensemble
University of Southern Maine, Gorham
Corthell Concert Hall
Starts: 7:30 p.m.

Students and Recovery
University of Southern Maine, Portland
Payson Smith, room 203
Starts: 5:00 p.m. / Ends: 6:00 p.m.

Wednesday, November 18

Laser Tag with Student Activities
University of Southern Maine, Gorham
Costello Sports Complex, Hill Gym
Starts: 7:00 p.m. Ends: 9:00 p.m.

Our Town
University of Southern Maine, Gorham
Russell Hall,
Starts: 5:00 p.m.

Planting the Seed: 19th Century "Utopianism": American Social Imaginary
University of Southern Maine, Portland
Glickman Library
Starts: 4:30 p.m.

Thursday, November 19

Husky Harvest
University of Southern Maine, Portland
Woodbury Campus Center
Starts: 11:10 a.m. / Ends: 2:00 p.m.

Visiting Scholar Adeline Koh
University of Southern Maine Portland
7th floor Glickman Library
Starts: 4:00 p.m. / Ends: 7:00 p.m.

G-CAB: Name That "Toon" Trivia
University of Southern Maine, Gorham
Lower Brooks Student Center
Starts: 9:00 p.m. / Ends: 10:30 p.m.

Friday, November 20

Fiesta Friday
University of Southern Maine, Gorham
Lower Brooks Student Center
Starts: 9:00 p.m. / Ends: 11:00 p.m.

Franco-American Sing Along
University of Southern Maine, Lewiston
Room 170
1:30 p.m. / Ends: 2:30 p.m.

For more events:
www.usm.maine.edu/events

WELCOME HUSKIES!

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Sports

Home Games

Friday
Men's Ice Hockey
vs. Babson
7:00 p.m.

Saturday
Women's Ice Hockey
vs. Mass.- Boston
1:00 p.m.

Saturday
Men's Ice Hockey
vs. Babson
4:00 p.m.

Athletes engage beyond the playing field

Photo courtesy of USM Athletic's Website

USM students in the Full Potential Program attend a guest presentation by Dr. Erin Hatch on Sports Psychology in September.

Nick Beauchesne
Sports Editor

The University of Southern Maine Athletic Department has launched an initiative that aims to foster success both on and beyond the field of play for its student athletes. The Full Potential Program, as it is called, ran as a pilot last year. The program's success, combined with the university's desire to establish the initiative as a staple of the athletic department's over-arching goals concerning the development of the student-athlete, ensured that the program would be back in 2015-2016 for a second year.

The program, a combination of a wide range of activities, presentations, tutorials and skill-building curriculum, builds upon a set of foundational principles that foster the development of well-rounded individuals. Full Potential focuses on five core areas, Personal Development, Academic Achievement, Athletic Performance, Career Skills and Service to Community, abbreviated PAACS.

Al Beane, Director of Athletics at USM, describes the program as an effort to enhance both the expectations of the student-athletes at USM, as well as to offer them an opportunity to develop skills that will make them successful citizens long after they finish athletic competition as a Husky.

"The program (Full Potential) provides an opportunity for our student-athletes to develop skills that translate beyond the field of play," said Beane. "Our goal is to develop young men and women that will serve their community both during and after their time at USM."

Each pillar of the program is a building block that, on its own, stands as an important aspect of creating healthy, successful individuals. When compiled together though, these five pillars will provide a base by which the young men and women that participate in the program can develop and translate these skills that served them well on the playing field into aspects that make them leaders off of it.

"It is very important to us that we provide opportunities and programs for our athletes that will prepare them for a lifetime of leadership and success," said Beane.

All too often, college student-athletes come to school with their priorities in reverse. Universities across the country are filled with cautionary tales, both past and present, concerning athlete-students that come to play full-time and learn part-time.

"Kids come to school with the idea that they will become professional athletes, which is a dream that less than one percent of them will realize," said Beane. "It is our goal, as coaches and as teachers, to help them to realize that athletics is only one aspect of what will help to make them successful adults."

The Full Potential Program offers guest lectures that run throughout the course of the academic year. As of now, the program is offered on a volunteer basis, but some coaches have chosen to make matriculation through it a prerequisite to being able to participate in their athletic programs.

The wide range of skill-development opportunities, along with presentations from people that are experts in various fields from psychology to nutrition, and many in-between, aims to create a culture at USM where scholastic sports participation is refocused toward emphasizing the importance of developing the student first, and the athlete second.

sports@usmfreepress.org
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Men's Hockey explodes for 6-2 win over U. New England

Sophomore goalie Kyle Shapiro (pictured) turned aside 29 of 31 shots en route to the Huskies defeating UNE. With the win, USM moves to 3 and 2 on the year. A balanced attack, with six different players scoring, bodes well for the team as they secured red their second consecutive win.

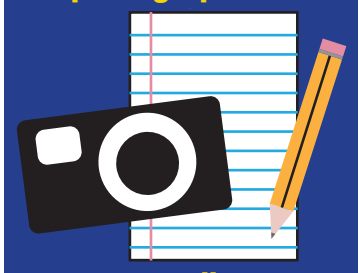
Huskies fall in season opener

The USM girl's basketball team lost to Castleton St. 43- 28 Friday night during their season opener at Costello Gym. The Huskies (0-1) travel to Salem State Saturday afternoon to participate in the Salem State Tip-Off Classic, an early season yearly tournament. They will compete against Thomas college at 1:00 PM, seeking their first win of the young season.

USM shuts out St. Michael's

The USM women's hockey team won their first game of the season Friday night, defeating St. Michael's college 3-0. With one goal in the second period and two in the third, USM controlled the game from the onset. First-year player Julia Buffalini (pictured) assisted on the first goal of the night for the Huskies (1-2).

We are looking for sports writers and photographers.



email:
editor@usmfreepress.org

Scoreboard

November 7

Men's Hockey
USM 4
St. Michael's 2

Women's Hockey
USM 0
Norwich 3

November 13

Women's Basketball
USM 28
Castleton State 43

Women's Hockey
USM 3
St. Michael's 0

Men's Hockey
USM 6
U. of New England 2

Upcoming

November 17

Men's Basketball
Southern Me.
@ U. of New England
5:30 p.m.

Women's Basketball
Southern Me.
@ U. of New England
7:30 p.m.

November 20

Women's Ice Hockey
Southern Me.
@ U. of New England
4:00 p.m.

Men's Basketball
Southern Me.
vs. Colby-Sawyer
@ Rivier College
8:00 PM

November 21

Wrestling
Doug Parker Invitational
12:00 pm
@Springfield College

For more listings of upcoming Husky sporting events, please refer to the official USM athletic's website.