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USM is one of nine universities throughout the country to receive a grant from the U.S. Environmental Protection Agency to help combat climate change.

This grant will provide funding for the New England Environmental Finance Center which is housed here at USM at the Muskie School of Public Service.

“The University of Southern Maine is committed to strong community support and engagement, and the New England Environmental Finance Center embodies that philosophy in the programs they implement throughout New England,” Gleen Cummings, President of USM, said in a press release.

According to the press release, there has been no set dollar amount as of right now because the final budget allocation will be split amongst the nine universities, so USM will only receive a portion of that.

Martha Shells, Program Director for the New England Environmental Finance Center at the Muskie School, said that with the grant they want to work on climate adaptation with New England communities.

“Currently we also work on projects that are funded by other grants, which include the waste reduction, training and assistance to Maine schools K-12, to increase recycling and initiate food composting in their cafeterias,” Shells said.

Earlier this month, more than 50 speakers attended Our Changing Coasts, a conference in South Portland sponsored by Casco Bay Estuary Partnership, to discuss the changing of Maine’s coast.

“Casco Bay is the living heart of our region. And it is changing,” Dr. Curtis Bohlen, Casco Bay Estuary Partnership Director, said in a press release. “Protecting this vital economic engine and the industries and communities that it sustains will require embracing change and seeking creative solutions to emerging challenges.”

Dr. Bohlen also wrote an op-ed for the Portland Press Herald in which he discuss the topic at hand a little more in depth.

In the op-ed he notes that storms like the one Portland saw at the end of September are becoming more and more frequent. In the 1940s storms that left more than two inches of rain were rare and now, he says, they are an estimated three times as likely.

“As we’ve seen with the recent extreme rainstorm, the influx of invasive species and the loss of two Maine shrimp seasons, the environment in Maine is rapidly changing, and therefore, so is the Casco Bay. The Bay plays an integral part of our economy and our community. As a community engaged university, we’re proud to play a part in the collaborative efforts of the Casco Bay Estuary Partnership and we applaud their efforts to monitor and protect the Bay,” President Cummings said in a press release.

According to Dr. Travis Wagner, professor of environmental policy at USM, Casco Bay with untreated sewage being discharged during these storms.

“When you have a high tide during a significant storm event, the stormwater cannot be discharged into Casco Bay and backs up into streets and buildings, which was the case of the recent flooding in Portland that closed the campus,” Dr. Wagner said.

Bohlen also notes that, according to a Maine Geological Survey, ocean levels could increase by about four feet before the year 2100.

Climate change has also been causing a problem with Maine’s foliage this year. The changing of the leaves that so many people love to see has happened later this year due to our statistically warmer than average month of September.

Travelling to Maine to see the foliage is just part of the $5.5 billion dollar tourist industry that Maine has, according to the Portland Press Herald.

When leaves stop producing chlorophyll in the fall that’s when they change from green to orange to red before they fall off the tree for winter.

According to the foliage report from October 14, 2015, trees in Maine are showing 70 to 100 percent in color and have a leaf drop rate at around 50 percent.

Despite the evidence, there are still people that deny that climate change is happening or that climate change is caused by humans.

Dr. Robert Sanford, professor and chair of the environmental science department at USM, said that the environment doesn’t care what our politics are, these things will just continue to happen.

“Am in the business of helping people become critical thinkers, to not just selectively choose or ignore facts,” Dr. Sanford said.

Dr. Wagner said that he wouldn’t say anything to climate change deniers.

“At this point, a climate denier orientation, loss of potential income or freedoms. Thus presenting more facts will do nothing. The more important block is the large group of people who are uncertain
Early Halloween traditions date back to Celtics

In modern day, Americans spend $6 billion annually on Halloween

Zachary Searlies
News Editor

On October 31, millions of children across the country will venture out into their neighborhood with friends, knocking on the doors of their neighbors, wearing a costume and asking for candy, but where did these traditions stem from?

According to a History Channel article put out about the history of Halloween, it’s believed that the holiday originated from an ancient Celtic festival known as Samhain, which in turn made commercial, pre wrapped candy the only safe choice. An anonymous student at USM told us that they typically associate Halloween with the idea of dressing up in costumes and also witches, specifically pointing the ones from Salem during the times of the witch trials.

Though not all students that were asked shared the same views of costumes and candy.

When asked about what they thought of when they thought of Halloween some students at USM thought about candy and ghosts as being typical Halloween images that they see everywhere. According to The Atlantic, Americans spend $2 billion every year on candy alone during the Halloween season, which accounts for one fourth of candy sold in the US.

Trick-or-treating is a tradition that is a big part of most people’s experience with Halloween, especially as a child, though it wasn’t a widely practiced in the US until the late 1940s. Even when it did become a widely practiced custom, according to The Atlantic, candy wasn’t the obvious choice for things to hand out to children. Some would receive nuts, coins or even toys when they rang the doorbells of their neighbors.

So when did candy start to dominate Halloween? According to The Atlantic, candy didn’t become a staple of the holiday until the 1970s, but it started as children receiving unpacked candy which posed the threat of being tampered with, which in turn made commercial, pre wrapped candy the only safe choice.

An anonymous student at USM asked shared the same views of costumes and candy. “When I think of Halloween, I think of scarifying evil spirits away because that’s where it started in a lot of cultures,” said an anonymous student at USM before going on to account his childhood memories of running around with his friends on Halloween night, filling his pillow case with candy.

A study done consisting of 415 students at a large university in Canada shows that for first year college students, the days where the most drinking is done typically surrounds a holiday such as Halloween or Saint Patrick’s Day.

“So what will students at USM be doing on Halloween?”

“I definitely think that a lot of people will probably end up drinking throughout the night, probably a lot of parties. I don’t think a lot of people do any of the Halloween traditions,” said an anonymous student at USM.

Some other students also said that there will definitely be a lot of parties going and they would probably attend or at least go out for Halloween.

“There’s some sort of energy in the air associated with Halloween that makes you a little wilder than usual, almost like a full moon,” said an anonymous USM student.

Breast Cancer Awareness Month in Maine in Full

When it comes to promoting breast cancer awareness, the effort in Maine is currently and significantly lower than the national average.

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October is Breast Cancer Awareness Month, and it’s noticeable in the number of pink ribbons that decorate our communities. The pink ribbon, a universal symbol for breast cancer, appears everywhere.

City buildings are lit up in pink. Even high school football players competing under Friday night lights sport pink socks, towels and gloves to spread awareness of the disease.

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"Sometimes [the amount of pink] seems a little silly, but every time we remind one more person that they’re in a risk group they should get checked, that’s one more life potentially being saved” said Cullen McGough, Director of Communications and Marketing at the Maine Cancer Foundation. The Maine Center for Disease Control and Prevention (CDC) claims the U.S. has the highest breast cancer rates in the world. It is estimated that over 200,000 women were diagnosed with, and over 40,000 will succumb to breast cancer each year, according the CDC.

In Maine in 2014, roughly 18 percent of cancer cases were breast cancer, according to McGough. Fortunately, he said, deaths from breast cancer have been on the decline since 1990. McGough explained that although Maine has “significant cancer issues,” one are the state does well in is breast cancer screenings.

“We have a higher screening rate that the national average and, because of that, our mortality rate is significantly lower than the national average,” said McGough.

He attributed that success, in part, to the organizations, businesses, community partners, and individuals who participate in breast cancer awareness month. It has been an eventful month for raising awareness.

WIBQ, commonly referred to as Q99.9, hosted its annual “Cans for a Cure” fundraiser, where people donated bottles and cans, with the goal of raising $50,000 for the Maine Cancer Foundation and the Cancer Community Center. On October 17, the station announced it had collected one million bottles and cans, totaling $50,000 in returns.

WGMX contributed as well. Last Saturday, Blake and Eva of the Coast 93.1 Morning Show trekked out to the with listeners to tie and raise awareness for breast cancer. The radio station collaborated with various local Supermarket salons, where donors could drop off bras. Warner Brothers and Epic Records donated a dollar to the Cancer Community Center in Portlond for each bra donated.

On October 18, Making Strides Against Breast Cancer hosted a walk at Fort Williams Park in Cape Elizabeth. According to its website, 1,500 people participated in the event, raising over $135,000. Proceeds went to the American Cancer Society for research.

October is winding down, which means Breast Cancer Awareness Month is as well. For those looking to participate, there are still events happening. One of those is Marie’s Closet at the Cancer Community Center.

The two-day sale, created by Marie Wood in 2011, features used clothing, jewelry, shoes, and accessories, as well as bake sale. Wood, a survivor of Non-Hodgkin’s lymphoma, raised $6000 in last year’s sale.

“Whatever we make goes right to the Cancer Community Center and they’re able to use it as they best see fit,” said Wood.

Wood is a member of the Red Hat Society, an international social organization for women, which helps with the fundraiser. Wood notes that, although the sale falls in the middle of Breast Cancer Awareness Month, it isn’t affiliated with that movement.

“Marie’s Closet is meant for anyone — all cancers,” she explained.

“We’re not breast [cancer] awareness, we’re into cancer awareness,” Wood has been involved with the Cancer Community Center for 13 years.

“We’re a very active organization and we have a lot of fun. When you can do that without thinking about your cancer, and being with people who understand and know where you’re at, it’s a real comfort,” she said.
USM flu shot clinics
What you should know before getting it

Erica Jones
Free Press Staff

The flu shot controversy is most likely one you are familiar with, especially so now that the dreaded "flu season" has arrived. Here at USM, flu clinics are held yearly by University Health and Counseling Services, and students are encouraged to get flu shots and take other health precautions to protect themselves and others from catching the flu.

Despite the scientific endorsement and advantages of not just flu shots, but all vaccines, there remain people unconvinced of their safety; appropriately, many of these people do not get an annual flu shot. The more unvaccinated people in any group, the more complications are made to herd immunity. Dictionary dot-com defines herd immunity as the "immunity or resistance to a particular infection that occurs in a group of people or animals when a very high percentage of individuals have been vaccinated from most vaccines in 1999 as a result of the media-perpetuated myth that flu shots and other vaccines are the cause of autism, also known as autism spectrum disorder. There is no evidence supporting a link between vaccines and autism.

Halloween costumes that discriminate against any specific religion, race or sexual orientation are banned. Please be mindful and respectful of all students on campus.

Erica Jones
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I don't like that I don't know all the ingredients in flu shots, and the fact that they contain mercury sounds so unsafe

Anonymous, USM Student

Halloween Costumes: What is appropriate?
After last year’s situation, multicultural center hopes to spread awareness

As we learned first hand last year, an individual’s choice of costume can have an impact on a Community

Joy Puthal, Dean of Students

Palmira Wilson (right), 12, gets a shot from medical assistant Shelby Heggeaman on March 9 at Portland Community Health Center.

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This incident sparked a movement of education in the multicultural center. Posters were put up weeks prior to the holiday and will stay up until November. These posters depict people wearing different offensive costumes: from a sexualized native american to caucasian nurses, who painted their face black, and then ice ice-cream man toubble astronaut recycled from space suits. Mohammed and several of her friend’s were instantly struck by fear, not knowing whether or not a real outbreak was occurring on campus grounds.

"We kept hoping that they were anonymous said. "I don’t like that I don’t know all the ingredients in flu shots, and the fact that they contain mercury sounds so unsafe."

The truth is thimerosal, a mercury-containing compound present in early vaccines, was eliminated from most vaccines in 1999 as a result of the media-perpetuated myth that flu shots and other vaccines are the cause of autism, also known as autism spectrum disorder. There is no evidence supporting a link between vaccines and autism.

Halloween has always been holi-day for people to dress up, a time when wearing the attire of someone you’re not feels more acceptable. At the University of Southern Maine, the multicultural center is working to promote cultural competency.

Last year, a situation broke out at the multicultural center when two nurses, who still remain anonymous, wore Ebola hazmat suits to a ‘Feel Good Friday’ event. As Howa Mohammed, a junior health sciences major, explained that at the time, she was shocked to see two people walking down the hall wearing Ebola nurse hazmat suits. Mohammed and several of their students, she explained that educating the work of students to get out in front of the issue of the potential impact of costume choices. As for potential perpetrating stu-dents, she explained that educating the work of students to get out in front of the issue of the potential impact of costume choices.

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On November 1, 2014, a fire engulfed a two family home on 20 Noyes Street killing six people. In the aftermath of the tragic event, some people in the local community have proposed a memorial for the victims: six diamonds comprised of small blue lights with a white orb in the center. However, recent neighborhood objections have come up, leaving the possibility of this memorial in the hands of the city’s arts committee.

Ashley Summers is a coordinator committee for the Noyes St. fire memorial and wife of Steven Summers, who died tragically in the fire last year.

“Today, the location of the fire sits in desolate ruins, the only remaining piece standing is the foundation. The worst part is, these people are still hiding their names and faces from the public,” said Summers. “They are telling people not to post about them. I couldn’t believe it,” said Summers. “One of her jobs is to connect young people.”

Davis was unavailable for comment on her point of view, and city hall never responded to our request for information on the subject matter.

“Six diamonds, one for each victim, it would be a great way to memorialize the lives of each victim, he’s not alive to advocate for their installation.”

“I didn’t know him long or well, but still felt heavy when the names of the victims were released,” said Swanson. “I’m unsure why people would want to stop something that shows support for the victims, friends and families.”

The panel finally approved the memorial on late Friday evening, just in time for the one year anniversary. The installation can only be up 90 days, and will only be lit from dusk to 9:00 p.m.

According to a survivor who spoke on condition of anonymity, his story hardly a day has gone by since that he has not thought of Noyes Street. He explained that he feels his opinion on a dispute over the lighting system in the park would be inappropriate, but does have one thing he wants people to know.

“I treat my life differently. I check smoke detectors. I pay more money to avoid living next to a party house. I hope that regulations might change so that those six people might have had another way out,” said the anonymous survivor. “I hope that Maine actually funds it’s fire inspection so that properties with so many flagrant violations might not go unnoticed for quite so long. Thus far nothing has changed.”

A memorial celebration is planned for November 1 at 4:30 p.m. at the park. A reception will follow at HopeGateWay on 509 Forest Avenue.

Krysteana Scribner
Editor-in-chief

Photos taken last year after the fire broke out retell the stories of those who were lost. On November 1, 2014 six people died in the fire, leaving behind a grieving community.

It upsets me to know they will say these hateful things about our way of memorializing our families and hide their names and faces from the public.

Ashley Summers, committee coordinator for the Noyes St. fire memorial, has been one of the leading team members to get the “Starts of Light” memorial off the ground and into the park despite what claims made by neighbors that some of the victims wanted it taken out.

“Almost a year later, they said process wasn’t correct followed. Summers said this isn’t an acceptable answer for her, stating, ‘It should have gone before the committee a month ago, there was definitely some sort of misunderstanding here.”

“A few neighbors ganged up against us because they don’t want the lights in the park, but they are just contacting the city alone,” said Summers. “They are telling people they don’t want to change the nature of the park, but these lights will be in the trees’ above the park – it’s not changing the landscape. I mean, every other park in Portland has electricity.”

“Somebody who knew three of the victims of the tragedy, can’t understand why they don’t complain about seeing the burnt down piece of property, but have a problem with six lights to help families and friends grieve.”

“For them to say that it would ruin the park’s character? I mean, what character? It’s a dinky park behind a gas station. Why not add some beautiful lights that many would love and support?”

Portland local Layne Waddell was one of the victims of the fire that engulfed the building on Noyes Street that night, but believes the memorial lights seem harmless.

“I didn’t know him long or well, but still felt heavy when the names of the victims were released,” said Waddell. “I am just trying very hard to put this behind me and move on. They were all like family to me which is why it’s tough to talk about them.”

What Waddell would like to see happen is to see some lights near the tragic scene: something to brighten up the dump that they have left sitting there. She said that in the summer, it would also be a great idea to have a community garden there.

“In an email exchange between occupants of Noyes Street and the City Arts Committee, many neighbors expressed concern on the idea that lights would ‘intrusively be shining into their living rooms, and bedrooms from dusk to late evening every day.’”

One member of the email exchange claimed there has been no neighborhood notice of changes to the park despite what claims made on channel 8 broadcast, saying, “there has been NO information provided and NO meetings have been held.”

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In Brief...
Eastern Cemetery is one of the biggest and most diverse documents in Maine of burial practices from the mid-1800s. The cemetery was cared for again. These volunteer advocates of the After-life specialize in stone preservation and repair, landscaping, and education. There was a need and a desire for this to start. This is a historic ground and people wanted to fix it,” explained Ron Romano, who is the treasurer of Spirits Alive and also ran their summer tour program. “Our number one goal is to bring this place back to life.”

The group members are trained on how to properly conserve and clean a stone, and they’ve saved 100 gravestones just in the last year. Spirits Alive raises money through a series of advocacy programs, including winter lectures, summer tours and even a play. A Walk Among the Shadows is a theater performance in Eastern Cemetery that incorporates historical figures who were buried there. You can catch the performance this weekend, as it premieres the 28th to the 30th. Check out their website at spiritsalive.org for more information. All the money will go to helping the preservation of the graveyard.

Spirits Alive also restored “The Dead House,” which was Portland’s only receiving tomb at the time it was built in 1850. The Dead House, as it was called in old documents, was a temporary storage cavern for bodies during the winter, when it was impossible to dig. Before the receiving tomb, families would store their dead in sheds or barns. The building is half subterranean tomb, that goes under Congress Street, built to hold up to 80 coffins. It is attached to the iconic white cedar building with gingerbread carving, used to store landscaping tools. Last year Spirits Alive saved the landmark.

“We have people in the neighborhoo-d who will stop by when they see us working and say, ‘I can’t believe how nice this is looking, you guys are doing a really great job,’” recalled Romano.

“You used to look down the road and see a bunch of broken leaning stones, but now they are upright, we cleaned them and got them re-set.”

It’s still a work-in-process, but now the public land is accessible and Ornate tombs house entire families, and huge granite monuments tower over simple rock markers. Eastern Cemetery is brimming with stories. But that’s not the only thing it’s brimming with.

Early reports of grave-diggers say that since there were so many unmarked graves, they’d go dig one and there would already be human remains in it, and they would have to find a new spot. In the oldest corner of the cemetery, it is estimated that there is absolutely no space under the surface that is not filled with bodies.

To save space, tombs were invented. A family would buy a tomb, on the surface a box or table-like structure, with plenty of room for names. Under the surface was a brick and mortar cavern, where family’s coffins were stacked. A stairway led down to the room, and was covered up by a “coping stone,” a large stone slab, and covered over with sod, only to be unearthed when the next family member passed. Built from 1798 to 1830, the 95 tombs line Funeral Lane, all connected underground. They prevented families would have to be split up because of the over population of bodies, but tombs ensured this would not be the case, with some housing up to 200 other Maine cemeteries. The oldest stone in the cemetery is marketed is from 1717, belonging to a woman named Mary Green. She probably came from a wealthy family to have a marked grave, as graves at that time were marked by simply a rock. She probably came from a wealthy family because grave stones weren’t available at that time, and they’d have to have travel- toBoston to get a stone.

When stonecutter Bartlett Adams rolled into Portland in 1800, a lot of people wanted gravestones, and his business boomed. People wanted them for both recent deaths and deaths that had happened a long time ago, that they wanted to mark. Eastern Cemetery sports several instances where one of Bartlett’s grave stone stands in front of an older, simple rock grave for someone who passed long ago, finally memorized by name.

Romano studied Adams’ work, and has identified 700 graves from his shop in this cemetery alone, and 1,700 scattered throughout 200 other Maine cemeteries. The first stonecutter in Maine had beautiful handwriting and signature carving, all my hand. Some common gravestone carvings of the time were a traditional urn and willow or a skull with wings.

Adams’ work and many others cover the cemetery, each stone a work of art. Eastern Cemetery also has some locally famous figures buried on its ground, includ-ing Lembedu Moody, who built the Portland observatory and James Alden, a south seas explorer and descendant of the Mayflower pas-senger John Alden.

“But mostly it was just ordinary people buried here,” said Romano. “This is where everyone on the peninsula ended up being buried from the early days on.”

Spirits Alive goal is to make this historic landmark consumable to the public, a place of education, respect, and art. So take a picnic or an autumn stroll and take in the stories Portland residents of the past.

Dora Thompson / Arts & Culture Editor
Halloween – or ‘All Hallows Eve’ as some might call it – is the time of year for creative get-ups and visits to your favorite creepy cemeteries or haunted houses. Portland has several fun places that have been rumored to be haunted over the years, though not all of them may be visitor friendly and trespassing is not recommended. This list can still serve as a fun bit of information for your avid Halloween fanatic and lover of ghost stories.

### Historical buildings in near USM campus

#### Robie-Andrews Hall
USM’s own Robie-Andrews Hall, located on Gorham Campus, is also said to be haunted by a former student up on the 4th floor. Before the haunting and the apparent student’s death, the building was part of the all-women’s Gorham Normal School. The rumors go a bit like this: in the 1900s, a student would go up into the belfry tower to be alone, calling for her parents as she suffered through being homesick. She is rumored to have died by hanging herself up in the tower. Whether the story is true or not remains to be seen, as it has gone through a bit of tailoring over the years.

#### Charles Q. Clapp House
The Charles Q. Clapp House (97 Spring St.) can be found in Downtown Portland on Congress and Elm Street. The house itself is a Greek revival style home. It is said that Charles’s father, Asa Clapp, can sometimes be seen within the house or that cold spots and other paranormal phenomena have been experienced. The house was built in the mid 1800s by this man. It is said his ghost did not begin making appearances until nearly 70 years after his death in 1848.

#### McLellen-Sweat Home
Next door to Charles’ home is the McLellen-Sweat Home that Asa Clapp purchased in the 1800s but never lived in. Located on the corner of Spring and High Street, it is said Asa haunts this house and as well as his son’s home, perhaps as a means of protecting his family’s property. The home was sold in 1825 to a man named Joshua Wingate, whose daughter married Charles.

#### Cote Family Farm
One last interesting home to research is the Cote Family Farm in Gorham. It is said that investigators dug on the 35 acre Cote farm in North Gorham to find the body of William Sanborn, the first husband of Lottie Cote. He went missing on June 20 1910, leaving behind Lottie and their three children. Fourteen years later, Lottie’s second husband Alphonso Cote was murdered. This murder along with a series of other disappearances on the farm property (including two hired workers who went missing in the middle of the night) called for further investigation of William Sandborn’s disappearance. While it may or may not be haunted, it is still a chilling story with a conclusion that you can conclude for yourself.
**HEAVY ROTATION**

**WHAT CAUGHT THE EYES AND EARS OF OUR STAFF THIS WEEK**

**The Babadook**

The Babadook, released in 2014, is a horror movie written and directed by Jennifer Kent. The movie tells the tale of a mother named Amelia (played by actress Essie Davis) and her son Samuel (played by actor Noah Wiseman). When Samuel finds a book about a creature called ‘The Babadook,’ strange events begin to occur, leading to a terrifying and bone-chilling journey for both family members.

You may have heard about this movie a year ago with critics praising the direction and script by Jennifer Kent, and I have to share their sentiment. A great choice she makes in directing this film is slowly building up to long sequences of horror in which the tension gradually builds up to a breaking point that will leave audiences members never wanting to leave their seats.

Sound and lighting are utilized expertly here with every night time jump and creak of Amelia’s house working perfectly with its dark shadows to create fear inducing sequences. Although there were a couple of things that could have been changed to make the plot more focused in places, I was really impressed with the script by Kent. She takes time to get audiences invested in the two main characters, allowing you to feel familiarity to them and a loss of control once the terror actually begins. Another standout of this movie was the performances by both Essie Davis and Noah Wiseman. Essie Davis gives a commanding EP and I assure you that is not a typo.

I didn’t know what to expect when what I consider to be progressive and hardcore is Queens of the Stone Age. “Enthrall to the Void of Bliss” is literally everything you would expect from a band that claims that they “have achieved bliss in night’s forbidden womb,” which is a direct quote from their website.

My plan for this album review is to go song-by-song and tell you what it sounds like to me in varying degrees of convoluted metaphors and pop culture references (obligatory praise Lucifer). The lead song is a funny bass crazy track by the name “Arcana Manifesta” that sounds similar to a hellish ambulance going 10 mph down a tunnel.

Next we have what I imagine to be a tiresome, predictable, and dull movie. “Levitating Stones” sounds like a song from Willy Wonka played backwards in an empty bathroom (oddly specific yes but also oddly accurate, you decide). “Llevating Stones” sounds like the song that plays during a bad WWE entrance from my middle school wrestling phase. Enough said.

“Emancation” is what I like to call the “comcast customer service hold music” because I am running out of witty things to say. Lastly (you thank dark father) is “Mediation of Transcendental Evil” that contains a distorted synth so frightening that Stanley Kubrick would turn it off. All in all I would rate the album a solid 5 head bangs out of 5.

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**Paranormal Activity 3**

Paranormal Activity 3 is the third installment of the Paranormal Activity franchise as well as another addition to the found footage film phenomenon that has been sweeping Hollywood. Unlike Paranormal Activity 2 however, Paranormal Activity 3 serves as a prequel to the first Paranormal Activity film by following the main character Katie when she was a child.

The film goes through all the found footage cliches that have been done over and over again. From the jump scares, to the false sense of security, to the twist endings; Paranormal Activity is a been there done that film. Most of the jump scares are fakeouts and you can see them coming a mile away, so there’s very little suspense to go about. Wist at the beginning where Lois is first introduced looking all creepy and possessed. It’s obvious she going to back in the story at some point, so there’s absolutely no surprise at the end. Paranormal activity is a tiresome, predictable, and dull addition to a franchise that is clearly running low on new ideas.

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**Want to submit an event?**

arts@usmfreepress.org
Deaf culture and the misconceptions that surround it

Hearing aids are available for some, but most don’t see the need for them

Krysteana Scribner / Editor-in-chief

Throughout history, culture has been defined as the beliefs of a particular group of individuals that differ from others. Culture varies in all forms and has many different faces to it, yet many students may be surprised to learn that the deaf community has a culture of their own and that many of the people in the deaf community don’t want to be hearing.

Regan Thibodeau, a lecturer in Theater Arts & Culture, said, “A deaf person is someone born deaf or who becomes deaf as a result of injury or illness and is unable to hear. They are able to keep their culture and communicate with a deaf person, but if a child was to grow up in a hearing culture, they would most likely want their children to learn ASL to keep the community alive.”

Thibodeau explained that when the hearing aid first came along, the deaf community was very afraid of it, because it was a threat to their culture. Then they invented a device that goes into your ear that can help almost any deaf person hear. She said the creation of these hearing devices made the deaf community seem like they needed to be like everyone else, so they handed together to keep their culture alive.

“I have the ability to use an implant, but I don’t. I don’t think that hearing people should take it for granted. I can hear noises such as laughter once and traveling around the world. Hearing people sometimes grow up with one language. I think that’s kind of boring,” she signed.

Thibodeau explained that there are many misconceptions about the deaf community, but the most common one is that all deaf people hear nothing. She explained that there are many levels of deafness that make it so some people can hear a little while some cannot hear at all. For example, some people can only hear sounds in a certain range. But for someone to speak ASL, their ability to hear doesn’t matter. Thibodeau explained that a deaf person knows from birth they are different because they are a minority group, but this doesn’t mean that hearing people shouldn’t take it for granted.

The difference between the deaf and hearing culture, Thibodeau explained, is that hearing people don’t notice they have a hearing culture until they meet a deaf person. She further explained that hearing people don’t notice they have a hearing culture until they meet a deaf person.

Deaf culture and the misconceptions that surround it

Hearing aids are available for some, but most don’t see the need for them

Krysteana Scribner / Editor-in-chief

A beginner in ASL signs, ‘name’ for the first time.

There really is a range of deaf people in our community. I like to say hearing is similar to the way we measure eyesight. Some people can hear a little, some people can hear nothing. Some hear some out of one ear and not the other,” signed Thibodeau.

Thibodeau said that there are many misconceptions about the deaf community, but the most

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Anachronistic Luddite

Why do you stare so intently into your hand?
Brian Gordon  Free Press Staff

I have a fantasy to one day run through the halls of USM smacking the phones out of everyone’s hands. Would they even know what they were doing? More importantly, how would they record this amusing moment?

The kids these days are enthralled in a new warming glow that has taken the place of the old blue embrace of TV. Smart phones are the new oxygen for idiots.

Why do you stare so intently at your hand? What nuggets could possibly be coming from there? What are you scared of missing out on? Don’t you have books to read for class?

Your smartphone makes you a clone. You are not original. To me it doesn’t seem like there’s anything to gain from owning a smartphone. Isn’t it nice to disconnect, go to the woods and walk around? Doesn’t disconnecting make you feel more like a human? You shouldn’t be comfortable all the time – that’s just the lie advertisements feed you.

Fear of awkwardness is irrational. Why are we striving towards perfection in our personalities when we should be aiming just north of dumb?

Constantly knowing what other people are doing breeds unoriginality. If you’re always in touch with your friends or even strangers, your personality grows based on other people’s predilections. I wish you would cultivate your own tastes. All personality grows based on other people or even strangers, your friends or even strangers, your

We could report on this tragedy all day and never truly understand the grief unless we experience it ourselves. Survivors expressed sadness for the loss of their neighbors, one of them not really knowing the victims but saying he felt scared for life.

Our message to each one of you is this: Be safe this Halloween. Check smoke detectors if you’re staying inside and do whatever necessary to prevent disaster from striking. Be with friends, drink responsibly, do whatever possible to keep yourself safe and out of harms way.

The Noyes Street fire was nothing more than friends getting together to have a good time. Never take some other place. Nobody got hurt and be grateful for our short but beautiful lives.

Advising Advice

What Does Advising Mean for You?

Ways Advisors Can Help:

Continuing our new column on advising, let’s explore some of the specific ways meeting with faculty and academic advisors can help students. Future columns will delve into the topics brought up here in more detail.

Advising is a critical component of the college student experience. Students who have not declared a major are assigned both an academic advisor and a faculty advisor in their major department.

Advisors are resources for all students, wherever they are in their academic career. There are many valuable ways to create a connection with advisors and develop meaningful relationships that last throughout an academic and professional career.

Major & Career Exploration:

Students with a declared major or career path in mind can meet with their faculty advisors to learn more about their major, plan classes, learn about internships, apply for scholarships, explore career and graduate school opportunities, and learn about many other recommendations. Students who are not sure of their major or career path can meet with their academic advisor to explore different majors and how they can use their strengths to develop a rewording career. Academic advisors have a good understanding of student organizations on campus and can help students develop their major and career interests.

Students can work in collaboration with their advisors to design a graduation plan that works specifically for their needs.

Your Questions:

Advisors look forward to meeting with you to address your individual questions! If you have suggestions or ideas for future articles, please email us (care of): Janis Albright at janisalbright@maine.edu

PERSPECTIVES

The Noyes Street fire reminds us to take nothing for granted

Editorial Board
Free Press Staff

At this point, we’ve all heard about the Noyes Street fire that occurred last year: 6 people died due to smoke inhalation in a building engulfed in flames. We’ve reported on it time and time again, and it never gets easier. We can’t imagine how difficult it is for people who knew the deceased to go through day to day life without feeling an immense amount of pain and sadness.

Out of the tragedy, many revelations have been brought to light. The fire was started by a improperly disposed of lit cigarette in a trashcan, and people weren’t awakened in time because landlord Gregory Nisbett never installed working smoke alarms or maineguards.

Gone are the days of the old blue embrace in a new warming glow that has taken the place of the old blue embrace of TV. Smart phones are the new oxygen for idiots.

You look like a freakin’ moron

Brian Gordon  Free Press Staff

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Martin Conte
Contributor

I am not an early adapter. I have no smartphone. My ipod is silver and has a scroll wheel. My watch has hands. My books do not have screens. The first draft of this essay started out as a handwritten, point on a yellow legal pad. So it's typical that I turn to the medium of "blogging" about 3 years after the golden age of the outmoded system of communication. Would more people read this text if I followed the unspoken "recommendation" to blog on Snapchat? Or would I be better served to remind us of one of the strengths of books, so meticulously detailed books, that USM's own Martin Conte could write about.

The power of books: USM Graduate weighs in on his love for English and learned life lessons

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It is being warm under a sea of blankets
It is the long elevator ride with your worst enemy
It is feeling true support from family and friends
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It is putting on your own shoes.

Paper Parallels

Dustin Kelly

If your reality spills into the one you hold unknowingly; that's a damn good read

Lost in leafs of brilliance that lured me through time and space
Those who could not hear that what is going on behind the scenes of Montag's hellish world.

Instead, let yourself go, like Montag, to respond, and to share. Interpret that information.

What did you first write down that brought your story to life?

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Poetry Corner

They laughed at me while the stones and insults kept soaring
Loaded adjectives hurt more than the jagged edges of earth
Yet between punches and shaming, the pages took me far away
Hardbacks shielded my mind as I turned the everyday to antique and alien

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Can You See It?

by Dustin Kelly

Last Saturday, WMPC's 20th Annual Record sale raised $6,000. To see future events, go to www.wmpc.org or visit their location right below our office at 92 Bedford Street.

What did you miss last week?

Nicholas Beauchesne
Free Press Staff

As a college student, life can become a whirlwind of deadlines, assignments and obligations. There is all too often not enough time in the day to take care of all of the things on the constantly growing "to-do" list. Laundry grows from baskets, to piles, to mounds. Homework, if one is not careful, can go through a similar process.

Things pile up - in the chaos of class and homework, of work - in a job and in - perhaps a "real life" that others will learn, change, and themselves interpret that information.

This blog is my attempt to listen, to respond, and to share. Come share with me. Do not succumb to the four-walled televisions of Montag's hellish world. Instead, let yourself go, like Montag, "as the land rushed at him, a tidal wave, a force that others will learn, change, and themselves interpret that information."

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Perspectives

There is a beyond. It is called adulthood: a career: real life. I have heard it whispered of in the corridors of the high school I worked at for the past four years. Teachers are the gatekeepers, holding the keys and leading the way toward this "real life" spoken of earlier. As both an arbiter and a source of knowledge, the teacher often times serves as one of the most influential people in a student's life. They model behavior and impart lessons that can have a lasting, sometimes lifelong, effect on those that they teach.

There is a point here. It probably could have come earlier, but it is my hope that it did not come too late. You see, I have had one such teacher in mind throughout this article. Maybe some of you do too. In high school, I had a government teacher by the name of Beaulieu. And I still marvel at the way that he was able to capture my attention, and the attention of my fellow students. Learning about a bill becomes so much more interesting when you can capture it.

His emphasis on early man and woman he taught became a part of the informed electorate. A true leader, I carry with me still, a decade later.

Self Exploration

As this piece ends, I could not help but whisper that main point on a yellow legal pad. I have concluded that what I have come to close analysis and productions that does sound right? I miss it. The power of books: USM Graduate weighs in on his love for English and learned life lessons

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Puzzles

Crossword

Across
1. Gallery’s hometown
5. Belgium-based imaging company
8. Port of Fred’s shout
14. “Reni___” (1968 movie)
15. Complaints
16. Roarres and Fitzgerald
17. Subject of a famous ancient bust
18. Die down
20. Exam mark
21. Trumpet’s playmate
22. Ending with ‘scared or not’
25. John who played Bilbo in “Animal House”
30. Memory
33. One of the Judits (abbr.)
35. Picnic side dish
36. Metha-guy
37. Candid’s characteristic
39. Camera light
42. iPhone voice software
43. Have ___ of confidence (seem self-assured)
45. V emotive sound
47. Caitlic
51. “Mulan” character
54. None, to Neruda
57. Ship’s cabins
61. Savannah tackle
65. Charmed by “Carolyn Koohe”
67. Louisiana river feature
68. “Mad Money” network
69. Ancient stringed instrument
70. Source mint
71. Water from Psalm 119
72. Deleted

Down
1. Test of hunger or remorse
2. Rice rich?
3. Baking oven furniture
4. Mongol’s world
5. Away from the stem
6. Stick-kicking
7. Rice of hooky
8. With hands on hips
9. Old Testament leprechaun
10. Draft choice
11. Sandwich order
12. Maas’ slad
13. Lethal snake
14. Stays in the minority
15. Actor Affleck
16. Narcissus’ obsession
17. Southwestern Indians
18. Outed as a movie, e.g.
19. Attitudinal
20. Conceive revel
30. One finishing a sentence
31. N.C. capital (abbr.)
32. Bee formation
33. Halo Hoop maker
36. South-central Chinese province (not)
38. Word in a Mr. T catchphrase
40. ____ (in her own right)
41. Cannon of Hollywood
44. Atomic number 75
46. Journal
49. Same contents
50. Nut turner
51. Casseroles ballet
55. Winnow part
56. “___, ___” (Connie Warwick hit)
57. Seventy adjective
58. Nothing more than
60. Isle of Reas’ habitat
61. Swiss financial services co.
62. Place ending
64. View of
64. Extend line relative
65. Vol. measures

Sudoku

A sudoku puzzle consists of a 9 x 9–square grid subdivided into nine 3 x 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 exactly once.

Cryptogram

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

RMJA SZPK MZXJ
LO MZOE EZ AJROS
MGEFMJH EJKXLEJO,
FZPQH EMJS TJ GTGJ
LA EMJ RZZH?

And here is your hint:

E = T

The solution to last issue’s crossword

Weekly Horoscope

Aries
March 21-April 19
A willingness to admit mistakes serves you well in a relationship. Confess and move to a new level of intimacy.

Taurus
April 20-May 20
You’ll want to spend lavishly on someone close to you. Be sure you can afford it!

Gemini
May 21-June 20
Decide which rules at work are helpful and which need changing to increase efficiency. Then work to improve those regulations.

Cancer
June 21-July 22
Getting some exercise is a good idea today. Keeping active supports your spirit and builds energy.

Leo
July 23-August 22
How do I love thee? Let me count the ways. You could be counting into the wee hours of this evening.

Virgo
August 23-September 22
Although you feel that the people you love are only looking at what you can do for them, they also love you for who you are!

Libra
September 23-October 22
You may feel torn today between going your own way at work versus seeking some input from others. Find a middle ground.

Scorpio
October 23-November 21
You and the family need to balance tasks with playtime today. A little compromise can allow all of both.

Sagittarius
November 22-December 21
You may shock people a bit with what you say. Asserting your freedom of thought is especially important. Originality is highlighted.

Capricorn
December 22-January 19
Tell the one nearest and dearest to you how much you love him/her. NOW is the time to say it—right out loud.

Aquarius
January 20-February 18
Your hermit side wants to retreat, yet you need an intensely intimate experience. You can do both.

Pisces
February 19-March 20
You are more practical about people today (but don’t turn people into a “chore” or burden). You can improve a relationship.

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The vision of modern day witches may be to blend an old haggard woman with green skin and a big nose. Just like in the movies, she may be seen throwing bat wings into massive cauldrons and cooking up potions for lovers and enemies. Yet witches aren’t just defined by one single thing. In today’s modern age, witches can be anyone: they can be young, old, male, female, transgender, straight and gay witches - and they are just as varied as the followers of any other religion. However, modern-day witches are a far cry from the traditional image of a crooked hag into a cauldron.

According to Tapley, a senior English major minoring in Women and Gender Studies, has been in the PSA for three years now and has been practicing Witchcraft for about five years. Tapley identifies as a Witch because it means ‘wise woman’ and she thinks it is critical to reclaim the term. “A Witch should always strive to be respectful and accepting of nature, animals, other people,” she explained.

Lorraine Carroll, an English professor, is teaching a Topics in Literature course on witchcraft this semester. She explained that contemporary witches are self-defining and wouldn’t want to redefine or redefine their mode of self-identification.

“Their witchcraft is practiced as a religious group on campus. The group has which is founded in September 2012 has a mission to provide a safe haven for students, sort of similar to a church. The group is also meant to serve as a platform to talk about paganism with other believers. The group is made up of a bunch of students who’ve band together to help each other learn about the pagan religion and their experiences with it.”

The PSA functions as a kind of coven for Pagan students—almost like a youth group. They are part of the Silver Cauldon Coven of Portland, ME who have been practicing for more than twenty-five years. However, many students in the PSA practice their own rituals and do them with small groups of friends, or others who are just interested in spells. When witchcraft is practised as a religion, it is called by the Old English term for witch, Wicca. The PSA is a group of people who is to know most was that witchcraft is like a religious people. Tapley, senior English major who practice their own rituals, and tools to bring about
coven for Pagan students—almost like a youth group. The pagans realize that I’m actually a really cool gal and, they learn to appreciate me for being a human being.

Sarah Tapley, senior English major

Modern witches are misunderstood

Rahma Ali
Community Editor

The PSA functions as a kind of coven for Pagan students—almost like a youth group. It is a brief but useful way to talk about paganism with other people. It’s used for very normal everyday things. Halloween is actually a Pagan Sabbath (Sow-win) is the Pagan new year of many pre-conceived notions about magic. ‘Magic is not this scary thing that people imagine it to be,’ said Tapley. “It’s used for very normal everyday things.”

Roughly translated, this is a spell that seeks to enhance the power of the intentional action as long as it causes no harm to anyone or thing. It’s a brief but useful way to talk about paganism with other people. It’s used for very normal everyday things. Halloween is actually a Pagan Sabbath (Sow-win) is the Pagan new year of many pre-conceived notions about magic. ‘Magic is not this scary thing that people imagine it to be,’ said Tapley. “It’s used for very normal everyday things.”

Witchcraft is practised as a religion, it is called by the Old English term for witch, Wicca. This term is used to counter all the negative stereotypes that society has given witchcraft. Wicca is primarily a religion that worships nature and sees all creation as sacred. All Wiccans honor those who have deceased in their mode of self-identification. “I think they share a deep concern with the natural phenomena and investigate and forge connections between the material world and their spiritual practices and beliefs,” said Carroll. “A good way to understand their approach to magic as a technology of transformation is to note the familiar phrase ‘Three times three, so mote it be, an it harm none.’”

Most people - regardless of their religion or what their religion says about Witches - realize that I’m actually a really cool gal, and they learn to appreciate me for being a human being.

Sarah Tapley, senior English major

Monday, October 26
Domestic Violence Awareness Panel
University of Southern Maine Portland
Maine Law Building, first floor
Starts: 12:10 p.m.

Spin IT! Group Fitness workout
University of Southern Maine Portland
Sullivan Gym Complex
Starts: 3:00 p.m. / Ends: 4:00 p.m.

Tuesday, October 27
Eight Planets Omni Dome Show
University of Southern Maine Portland
Southworth Planetarium
Starts: 1:00 p.m. / Ends: 2:00 p.m.

Library Open House
University of Southern Maine Portland
Glickman Library
Starts: 3:30 p.m. / Ends: 5:30 p.m.

Wednesday, October 28
Pumpkin Chunkin’
University of Southern Maine Gorham
Robie Hill Dorm Building
Starts: 4:40 p.m. / Ends: 6:00 p.m.

CSGD Movie Presents the Movie, “Pride!”
University of Southern Maine Gorham
Burnham Lounge Robie Andrews Dorm
Starts: 7:30 p.m. / Ends: 10:00 p.m.

Thursday, October 29
Halloween at the Library
University of Southern Maine Portland
Glickman Library
Starts: 5:00 p.m. / Ends: 8:00 p.m.

Residence “HALL”-ween
University of Southern Maine Gorham
All Residence Dorms
Starts: 7:30 p.m. / Ends: 9:30 p.m.

Friday, October 30
The Ghost Hour
University of Southern Maine Portland
Southworth Planetarium
Starts: 7:00 p.m. / Ends: 8:30 p.m.

ASL Second Annual Open House
Signed Language Research Lab
49 Exeter St.
Starts: 7:30 p.m. / Ends: 10:30 p.m.

Rocky Horror Picture Show(ing)
University of Southern Maine Gorham
10 Bailey Hall
Starts: 9:30 p.m. / Ends: 11:00 p.m.

Saturday, October 31
USM Trunk or Treat
University of Southern Maine Gorham
Costello Sports Complex
Starts: 5:00 p.m. / Ends: 7:00 p.m.

For more events:
www.usm.maine.edu/events
USM student Dustin Kelly has three minors: Cinema studies, communications and marketing. He is a poet and works at the learning commons. He has lived in Portland for five years with his three cats, Ezra, Kyra and Lotus. He has been writing poetry for the majority of his life. He gets his inspiration to write poetry from things that happened or that are occurring in his life. When he graduates, he hopes to do something that utilizes his creativity and writing.

Who is the most influential person in your life and why?

“I would have to say that the most influential person in my life is my mother. She raised my brother and I all by her lonesome while going to school and having two jobs. Just witnessing her strength and determination was enough to make me who I am today; it taught me that I can do anything I put my mind to with hard work. She’s now a very successful woman which makes me proud and hopeful for my future, no matter how tough things get.”

Do you remember the happiest moment of your life?

“I think the greatest moment in my life is more of a realization. I moved to Maine and started school and changed my life (turned things around from how they used to be) and had a moment of reflection and realized that I am proud of myself for my accomplishments and made my mother proud - which is the moment. She means the world to me.”

What piece of advice would you give to anyone and why?

“People should follow their heart, because it never steers you wrong. Think before you act, but follow your heart nonetheless. Thinking with your heart is everyone’s initial intention, but sometimes people scare away.”

What’s your greatest struggle right now?

“My greatest struggle would have to be time management. I seem to be sloppy at it and it gets me in trouble.”

What are you most scared of?

“I’m scared of losing my family.”

Do you know any interesting students?

Email us: editor@usmfreepress.org
Huskies fall to Framingham State 4-1

Sophomore Jess Preble (#15) is seen here against SUNY Maritime. She scored USM's lone goal in a 4-1 loss to Framingham State last Wednesday.

The USM Huskies were defeated by the Framingham State University Rams 4-1 late Wednesday at Hannaford field. With this win, the Rams improved their record 8-5-2 while the Huskies dropped to 3-11-0 for the season.

Senior Marissa Meile (Hudson, Mass) paced the Rams, scoring their first three goals, while Freshman Megan White (Charlton, Mass) provided the game-clinching goal.

Despite the loss, USM Head Coach Lisa Petruccelli felt the team’s performance was an improvement. “I think we really brought our intensity back today,” said Petruccelli. “We’ve had some tight games against good teams and had to be carted off the field.

Framingham State hosts Western Connecticut State University, while Framingham State hosts Mass Maritime Academy on Saturday at noon against Southern Maine.

The men’s basketball team will be offering a shooting clinic to the public on Wednesday, November 11. The day clinic will host young athletes from grades 3-10, while Framingham State hosts Mass Maritime Academy on Saturday at noon against Southern Maine.

Quick Hits: The Huskies’ week in review

USM men’s soccer beat Farmington 2-0 Thursday night at Deering High School. Sophomore Justin Pierce (pictured) scored the second goal for USM on their way to the shutout win.

As for rest of the season, Coach Petruccelli expressed her optimism that the team will finish the year on a strong note: “Even though we did not have the kind of season we were hoping for, I want to be sure the players finish with the same kind of intensity they started with. We have three games left this year and our goal is to finish the season with a 6-10 record.”

Southern Maine’s next matchup is on Saturday at noon against Western Connecticut State University, while Framingham State hosts Mass Maritime Academy on Saturday that same day at 11:00 AM.

Southern Maine

Men’s Soccer
USM
Me. Farmington
0

Field Hockey
USM
4
Bates
3

Huskies win close one vs. Bates

The USM field hockey team beat Bates college 4-3 on Thursday in a penalty shootout. With the win, the Huskies improve their record to 7 and 11. Junior Jennifer Poulin (pictured) scored the game-clinching goal.

We are looking for sports writers and photographers.

email: editor@usmfreepress.org

Scoreboard

October 22

Men’s Soccer
USM
2
Me. Farmington
0

Field Hockey
USM
4
Bates
3

October 21

Women’s Soccer
USM
1
Framingham St.
4

October 20

Field Hockey
Salem St.
2
USM
1

Upcoming

October 27

Men’s Soccer
Southern Me.
@ Plymouth St.
7:00 p.m.

Women’s Volleyball
Plymouth St.
@ Southern Me.
7:00 p.m.

October 28

Women’s Soccer
Southern Me.
@ Husson
7:00 p.m.

October 31

Men’s Ice Hockey
Southern Me.
vs. Worcester St.
@ Fitchburg State
1:00 p.m.

IFCU Shootout.

Cross Country
Little East Championship
@ Keene State
Women’s- 11:00 a.m.
Men’s- Noon

运动

一周快照：鹰队本周的亮点

鹰队输给弗雷明汉州立大学 4-1

胡赛利·普雷布尔（Milan，Maine/Penguin Valley）提供的唯一进球帮助了USM在周三的比赛中以1-4不敌弗雷明汉州立大学。

尽管输球，USM主教练Lisa Petruccelli对球队的表现表示了肯定：“虽然我们没有打到预期的水平，但我希望球员们能在剩下三场比赛中给我们带来更强的斗志。”

USM的下一个对手是Western Connecticut State University，而弗雷明汉州立大学则将迎战Mass Maritime Academy。