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Occupational Therapy Services in Postsecondary Education Settings

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Occupational Therapy Services in Postsecondary Education Settings
University of Southern Maine-Lewiston Auburn College
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**PIO QUESTION**
Do college students experience improved success by participating in a university program utilizing occupational therapy services?

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**CLINICAL BOTTOM LINE**
Transitioning into college is a complex and often difficult shift. Due to this time of transition, college students present as an at risk population. Students can benefit from occupational therapy services and its unique role in contextual influences, problem-based decision-making, and activity analysis. Through a client-centered and holistic approach, college students can be more successful in their college experience.

**OUTCOMES FOR USM**
- Increase student retention rates
- Cost-effective delivery model
- Increase student satisfaction
- Reduce stigma of mental health conditions
- Increase student quality of life
- Expand MOT graduate student clinical skill and comfort level through university-based fieldwork
- Support faculty goals related to teaching, service, scholarship, and interprofessional practice

**LEVELS OF EVIDENCE**

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*Qualitative evidence included in Level 5

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References available upon request at courtney.kromko@maine.edu or marissa.eldridge@maine.edu