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Adult Cancer Survivors in Maine, 2011-2012

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Adult Cancer Survivors in Maine

≈≈≈ 2011-2012 ≈≈≈



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Maine Center for Disease
Control and Prevention
*An Office of the
Department of Health and Human Services*

Mary C. Mayhew, Commissioner

**Maine Center for Disease
Control and Prevention**

**An Office of the Department of
Health and Human Services**

Table of Contents

Acknowledgments.....	ii
Introduction	1
Prevalence of Cancer History.....	3
Demographic Characteristics of Cancer Survivors.....	17
Risk Behaviors	24
Other Chronic Conditions	28
Quality of Life	32
Cancer Screening and Other Healthcare	35
Cancer Follow-Up.....	40
References	47
Tables	48

Adult Cancer Survivors in Maine, 2011-2012

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Introduction

In 2012, the U.S. Centers for Disease Control & Prevention published a report on demographic characteristics and health behaviors among adult cancer survivors in the U.S. where they estimated that 12 million adults in the U.S. had a history of cancer.¹ They found that a large percentage of cancer survivors had other chronic conditions and chronic disease risk factors (such as smoking, lack of physical activity and obesity), and that many were not receiving recommended preventive services, including cancer screening tests. The report also showed substantial variations by state in the demographic characteristics and health behaviors of cancer survivors.

Maine has one of the highest cancer incidence rates in the nation,² yet little information about cancer survivors in Maine has been available. Beginning in 2008, the Maine Behavioral Risk Factor Surveillance System (BRFSS), a large annual telephone survey of Maine adults, began including questions on cancer history. In this report, we use 2011-2012 BRFSS data, the most recent data available at the time of report preparation, to examine the prevalence of cancer history among adults in Maine and to detail the demographic characteristics, risk behaviors, comorbid chronic conditions, quality of life, cancer screening and other health care measures and cancer treatment and follow-up related measures among Maine cancer survivors.

The 2011 and 2012 BRFSS included two questions on cancer history. Respondents were first asked “Has a doctor, nurse or other health professional EVER told you that you had skin cancer?” and then asked “Has a doctor, nurse or other health professional EVER told you that you had any other types of cancer?” This report uses these two questions to report on three groups of cancer survivors:

- Those with a history of any cancer, also referred to in this report as “cancer survivors”: those who answered “yes” to either or both of the two cancer history questions.
- Those with a history of skin cancer, also referred to in this report as “skin cancer survivors”: those who answered “yes” to the skin cancer history question.
- Those with a history of other (non-skin) cancer, also referred to in this report as “other (non-skin) cancer survivors”: those who answered “yes” to the question about other types of cancer.

Data for all three cancer survivor groups (any cancer, skin cancer, other cancer) are presented in all figures and tables in this report, but the text primarily presents data for those with any cancer history unless there are important differences in the findings between the skin cancer and other (non-skin) cancer survivor groups.

The data presented here are statistically weighted to be more representative of all Maine adults. Two limitations of the BRFSS are that the data are self-reported and adults who are institutionalized or who cannot communicate over the phone are not interviewed. The data presented here are not adjusted for age or any other factors. This approach aligned with the purpose of this descriptive analysis, however it is important to keep in mind that differences in the age distribution between cancer survivors and all other Maine adults may explain in part some of the reported results. Further analyses using age-adjustment or multivariable analyses may be warranted to explore specific issues among Maine cancer survivors.

Prevalence of Cancer History

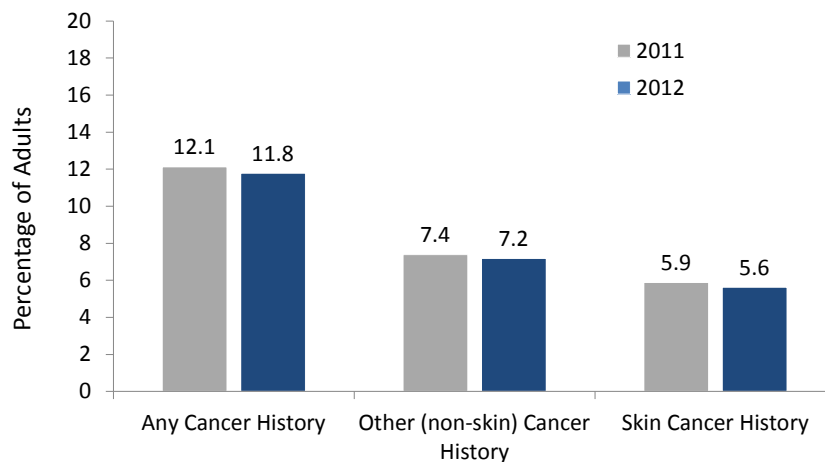
In Brief

- More than 1 in 10 Maine adults, or 124,215 people, are estimated to be cancer survivors.
- Among Maine cancer survivors, 4 in 10 had been diagnosed with skin cancer only, 5 in 10 had been diagnosed with other (non-skin) cancer only, and 1 in 10 had been diagnosed with both skin cancer and other cancer.
- A higher percentage of Maine women are cancer survivors than Maine men.
- The percentage of Maine adults who are cancer survivors increases with age. Among those 75 years of age and older, nearly 4 in 10 are cancer survivors.
- Aroostook County has a significantly higher prevalence of other (non-skin) cancer history but a significantly lower prevalence of skin cancer history compared to Maine overall. The Midcoast region and York County have significantly higher prevalence rates of skin cancer history compared to Maine overall.

Maine Overall

- In 2012, more than 1 in 10 (11.8 percent) Maine adults, an estimated 124,215 people, were cancer survivors (Table 1 and Figure 1).

Figure 1. Prevalence of Cancer History by Year, Maine, 2011-12

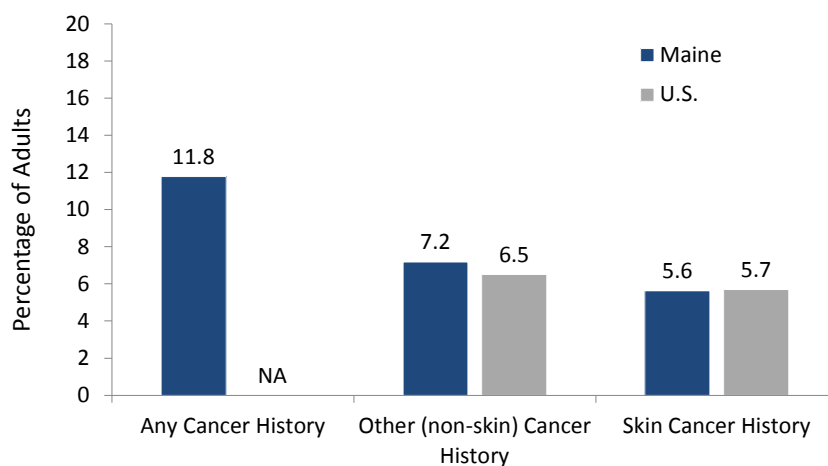


Data Source: Maine Behavioral Risk Factor Surveillance System.

Maine Compared to the U.S.

- The percentage of adults with a history of other (non-skin) cancer was slightly higher in Maine than the U.S. (7.2 percent vs. 6.5 percent in 2012, respectively; Table 1 and Figure 2). This difference was more pronounced among women (8.5 percent vs. 7.6 percent in 2012, respectively) than among men (5.8 percent vs. 5.2 percent in 2012, respectively; Table 1).
- There was no difference between Maine and U.S. in the percentage of adults who were skin cancer survivors (5.6 percent vs. 5.7 percent in 2012, respectively; Table 1 and Figure 2).
- U.S. data were not available for the percentage of adults with any cancer history.

Figure 2. Prevalence of Cancer History, Maine and U.S., 2012



Data Sources: Maine and U.S. Behavioral Risk Factor Surveillance System.

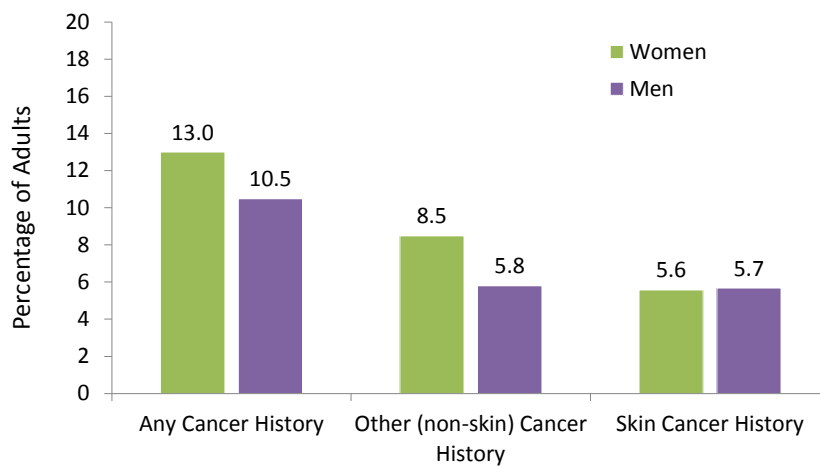
Trend over Time

- The percentage of Maine adults who are cancer survivors did not change significantly between 2011 (12.1 percent) and 2012 (11.8 percent; Table 1 and Figure 1).
- There were no significant changes in cancer history prevalence between 2011 and 2012 for men or women (Table 1).

By Sex

- A significantly higher percentage of Maine women were cancer survivors (13.0 percent in 2012) than Maine men (10.5 percent in 2012; Table 1 and Figure 3). This difference between women and men was also statistically significant for those with other (non-skin) cancer history (8.5 percent vs. 5.8 percent in 2012, respectively), but not for those with skin cancer history (5.6 percent vs. 5.7 percent in 2012, respectively; Table 1 and Figure 3).

Figure 3. Prevalence of Cancer History by Sex, Maine, 2012

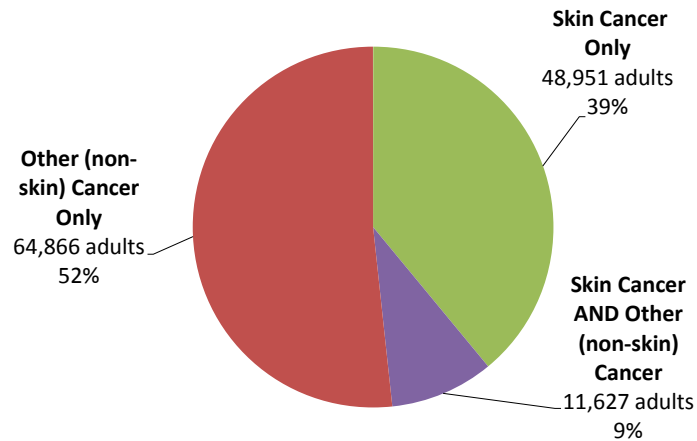


Data Source: Maine Behavioral Risk Factor Surveillance System.

By Type of Cancer (skin cancer and other cancer)

- Among Maine cancer survivors in 2011-2012, 39.0 percent had been diagnosed with skin cancer only, 51.7 percent had been diagnosed with other (non-skin) cancer only, and 9.3 percent had been diagnosed with both skin cancer and other (non-skin) cancer (Table 2 and Figure 4).

Figure 4. Cancer Type among Maine Adult Cancer Survivors*, 2011-12



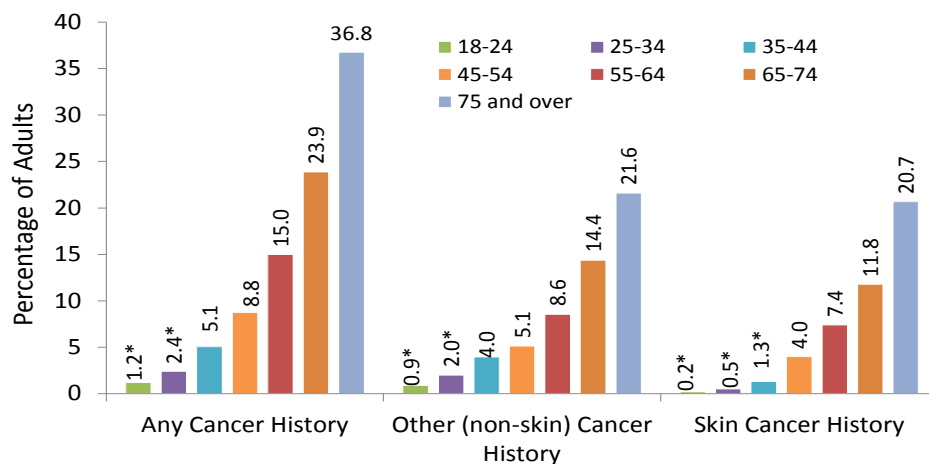
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Among those with known (non-missing) skin cancer history and known other cancer history

By Age

- The percentage of Maine adults who are cancer survivors increased with age, from 1.2 percent among those 18-24 years of age to 36.8 percent among those 75 years of age and older (Tables 3-5 and Figure 5).

Figure 5. Prevalence of Cancer History by Age, Maine, 2011-12



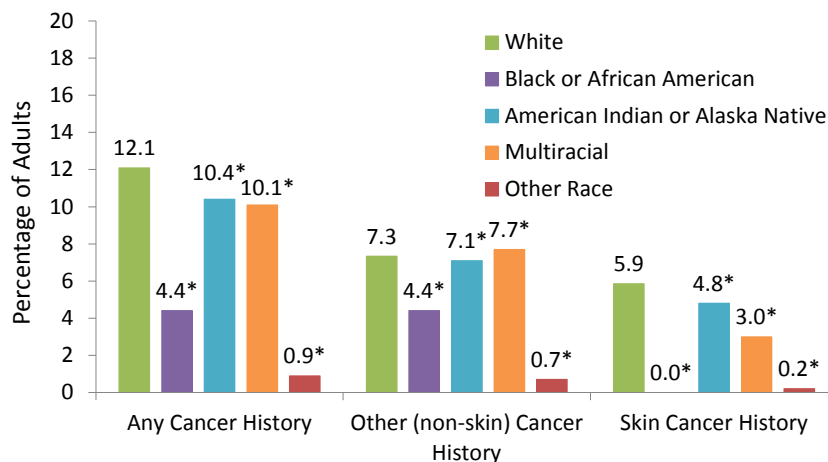
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

By Race

- Cancer history prevalence rates among non-white race groups are based upon unweighted numerators of less than 50 and should be interpreted with some caution.
- African-American Mainers were significantly less likely to have a history of cancer than white Mainers (4.4 percent vs. 12.1 percent, respectively), though this difference was not statistically significant for skin cancer history (0.0 percent vs. 5.9 percent, respectively) or for other (non-skin) cancer history (4.4 percent vs. 7.3 percent; Tables 3-5 and Figure 6).
- American Indian Mainers had a similar cancer history prevalence as white Mainers (10.4 percent v. 12.1 percent; Tables 3-5 and Figure 6).
- Multiracial Mainers had a similar cancer history prevalence as white Mainers (10.1 percent vs. 12.1 percent) but had a significantly lower prevalence of skin cancer history compared to white Mainers (3.0 percent vs. 5.9 percent; Tables 3-5 and Figure 6).
- Mainers of other race groups were significantly less likely to be cancer survivors compared to white Mainers (0.9 percent vs. 12.1 percent; Tables 3-5 and Figure 6).

Figure 6. Prevalence of Cancer History by Race, Maine, 2011-12



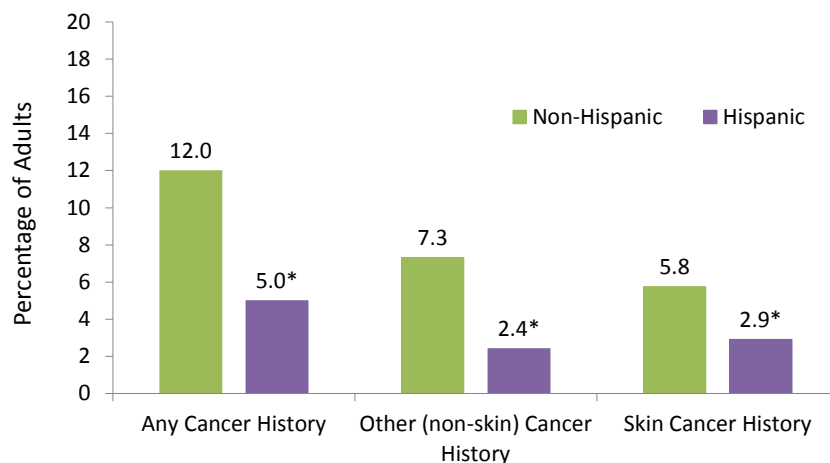
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

By Hispanic Ethnicity

- Hispanic Mainers were significantly less likely to be cancer survivors compared to non-Hispanic Mainers (5.0 percent vs. 12.0 percent; Tables 3-5 and Figure 7).

Figure 7. Prevalence of Cancer History by Hispanic Ethnicity, Maine, 2011-12



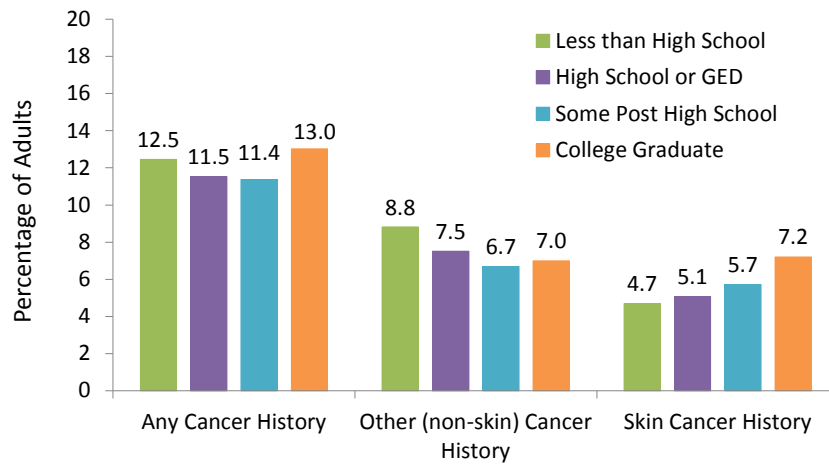
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

By Education Level

- The relationship between education level and cancer history prevalence appears to be different for skin cancer history than for other (non-skin) cancer history.
- The prevalence of other (non-skin) cancer history is highest in the lowest education group (less than high school: 8.8 percent) and appears to decline somewhat with increasing education (7.0 percent among college graduates), but these differences are not statistically significant (Table 4 and Figure 8).
- In contrast, the prevalence of skin cancer history is significantly higher in the highest education group (college graduate: 7.2 percent) compared to the other education groups, and appears to decline with decreasing education (4.7 percent among less than high school group; Table 5 and Figure 8).

Figure 8. Prevalence of Cancer History by Education Level, Maine, 2011-12



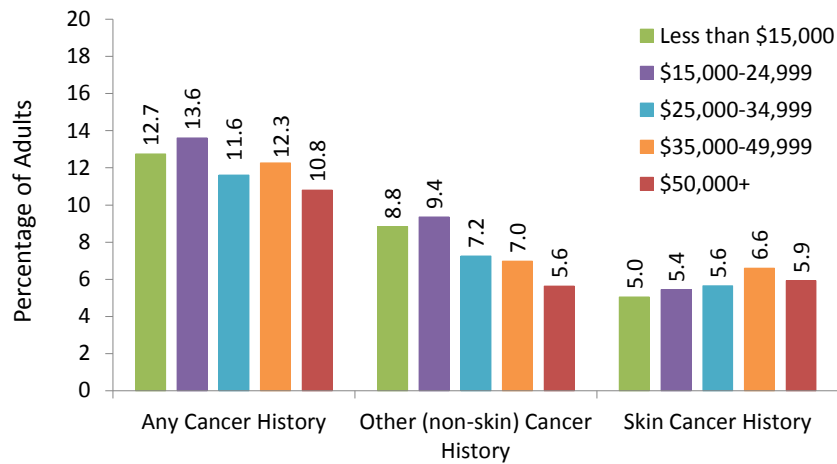
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

By Annual Household Income

- The relationship between income level and cancer history prevalence also appears to be different for skin cancer history than for other (non-skin) cancer history.
- The prevalence of other (non-skin) cancer history is significantly higher in the two lowest income groups (less than \$15,000 and \$15,000-24,999: 8.8 percent and 9.4 percent, respectively) than in the highest income group (\$50,000+: 5.6 percent) and declines with increasing income (Table 4 and Figure 9).
- In contrast, the prevalence of skin cancer history does not decline with increasing income and appears to increase slightly with increasing income, though the differences between groups are not statistically significant (Table 5 and Figure 9).

Figure 9. Prevalence of Cancer History by Household Income, Maine, 2011-12



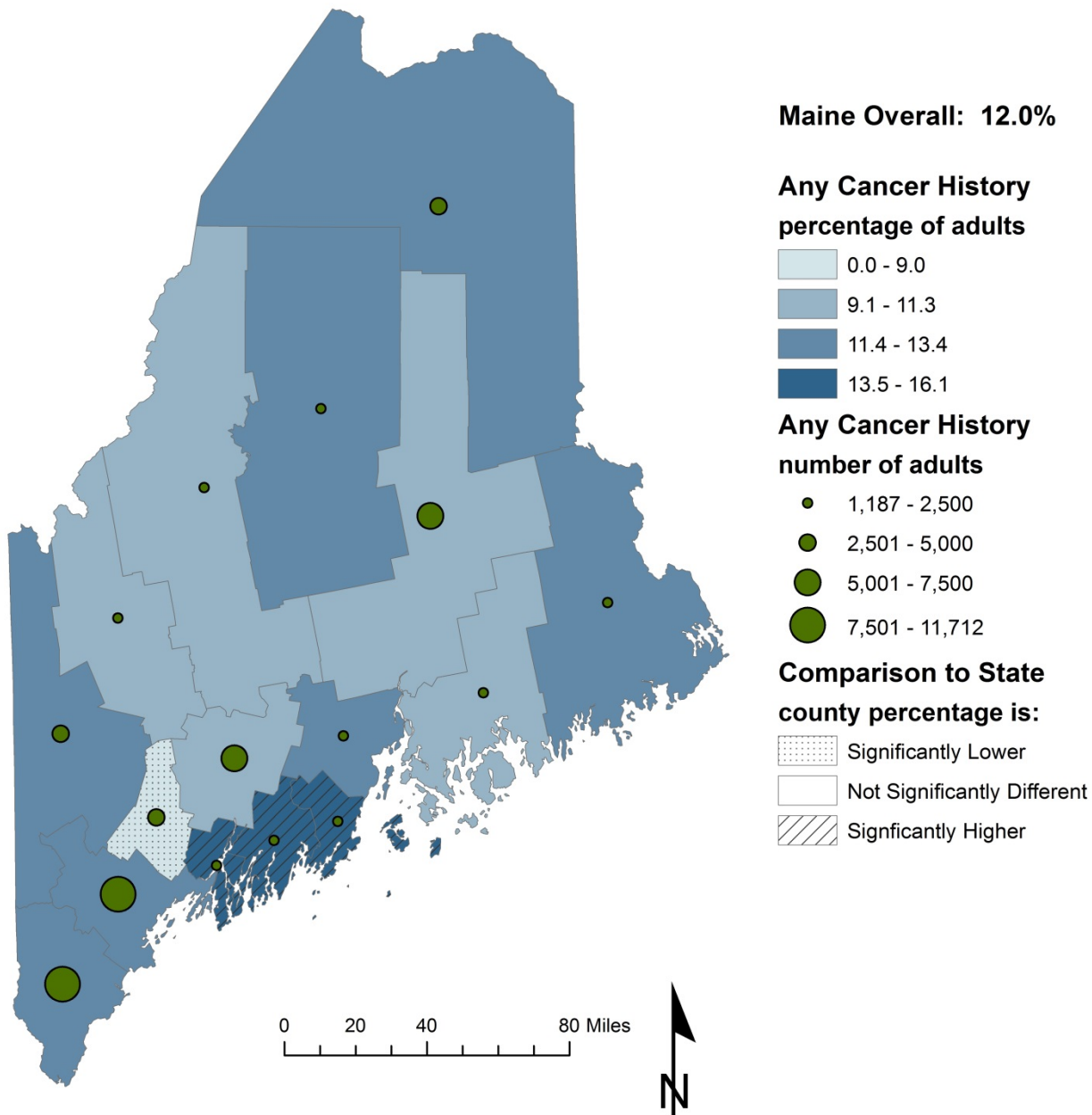
Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

By Geography

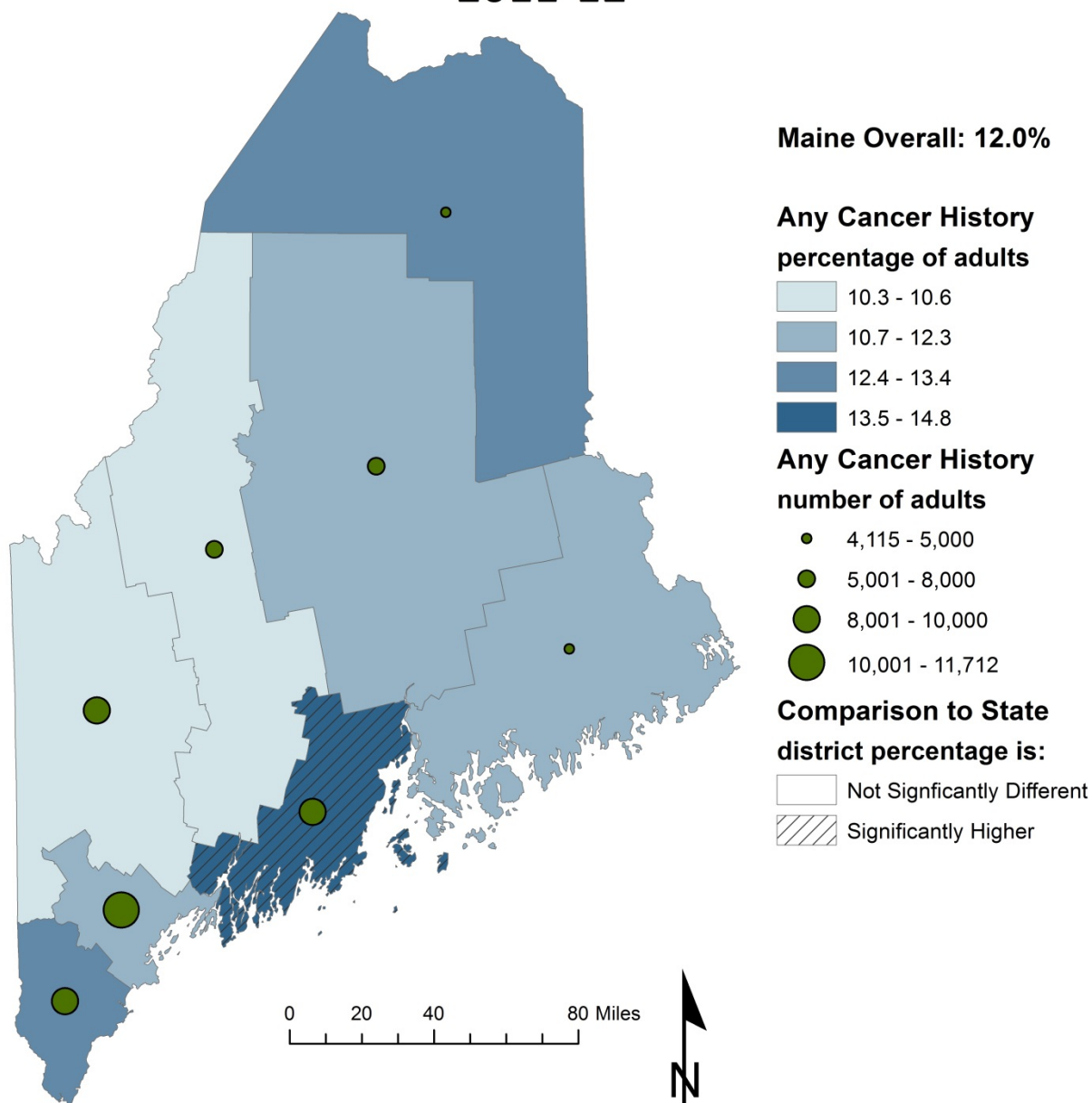
- The prevalence of any cancer history was significantly higher in the midcoast area of Maine, with rates being significantly higher in Knox (15.3 percent), Lincoln (16.1 percent) and Sagadahoc (15.3 percent) Counties and in Midcoast Public Health District (14.8 percent) compared to Maine overall (12.0 percent; Table 3 and Maps 1-2), but there are important differences in the geographic patterns for skin cancer history and other (non-skin) cancer history.
- The prevalence of other (non-skin) cancer history was significantly higher in Aroostook County (and Aroostook Public Health District; 9.7 percent) and significantly lower in Androscoggin County (5.3 percent) than Maine overall (7.3 percent; Table 4 and Maps 3-4).
- By contrast, the prevalence of skin cancer history was significantly lower in Aroostook County (and Aroostook Public Health District; 4.2 percent) than Maine overall (5.8 percent; Table 5 and Maps 5-6); skin cancer history prevalence was also significantly lower in Central Public Health District (4.5 percent) than Maine overall.
- Skin cancer history was significantly higher in Midcoast Public Health District (7.8 percent) and three of its four counties (Knox: 8.0 percent; Lincoln: 7.9 percent; Sagadahoc: 8.7 percent), and in York County (and York Public Health District; 7.4 percent) compared to Maine overall (5.8 percent; Table 5 and Maps 5-6).

Map 1. Percentage and Number of Adults with Any Cancer History by County, Maine, 2011-12



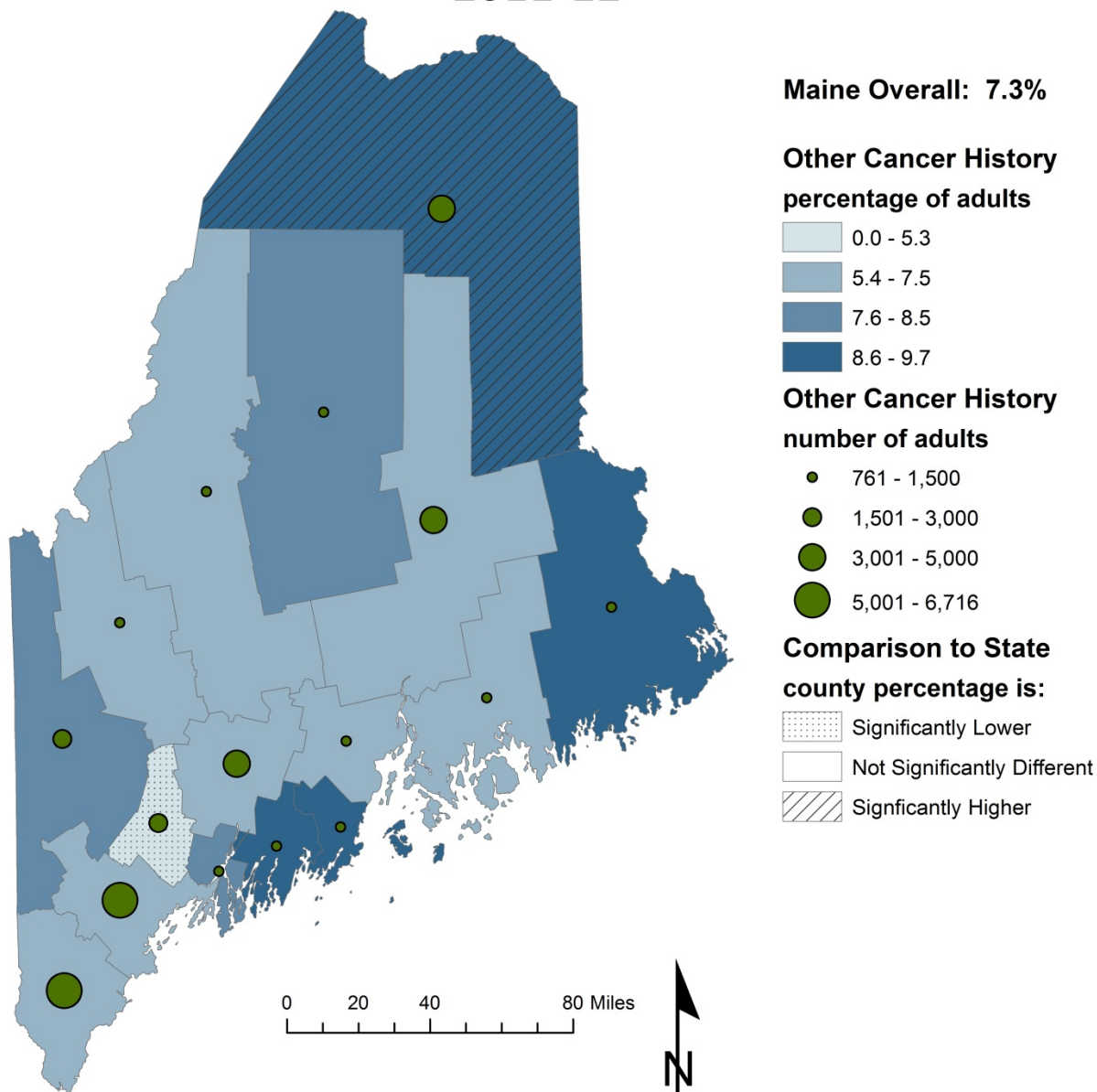
Data Source: Maine Behavioral Risk Factor Surveillance System
Any Cancer History includes those with a history of skin or other cancer.

Map 2. Percentage and Number of Adults with Any Cancer History by Public Health District, Maine, 2011-12



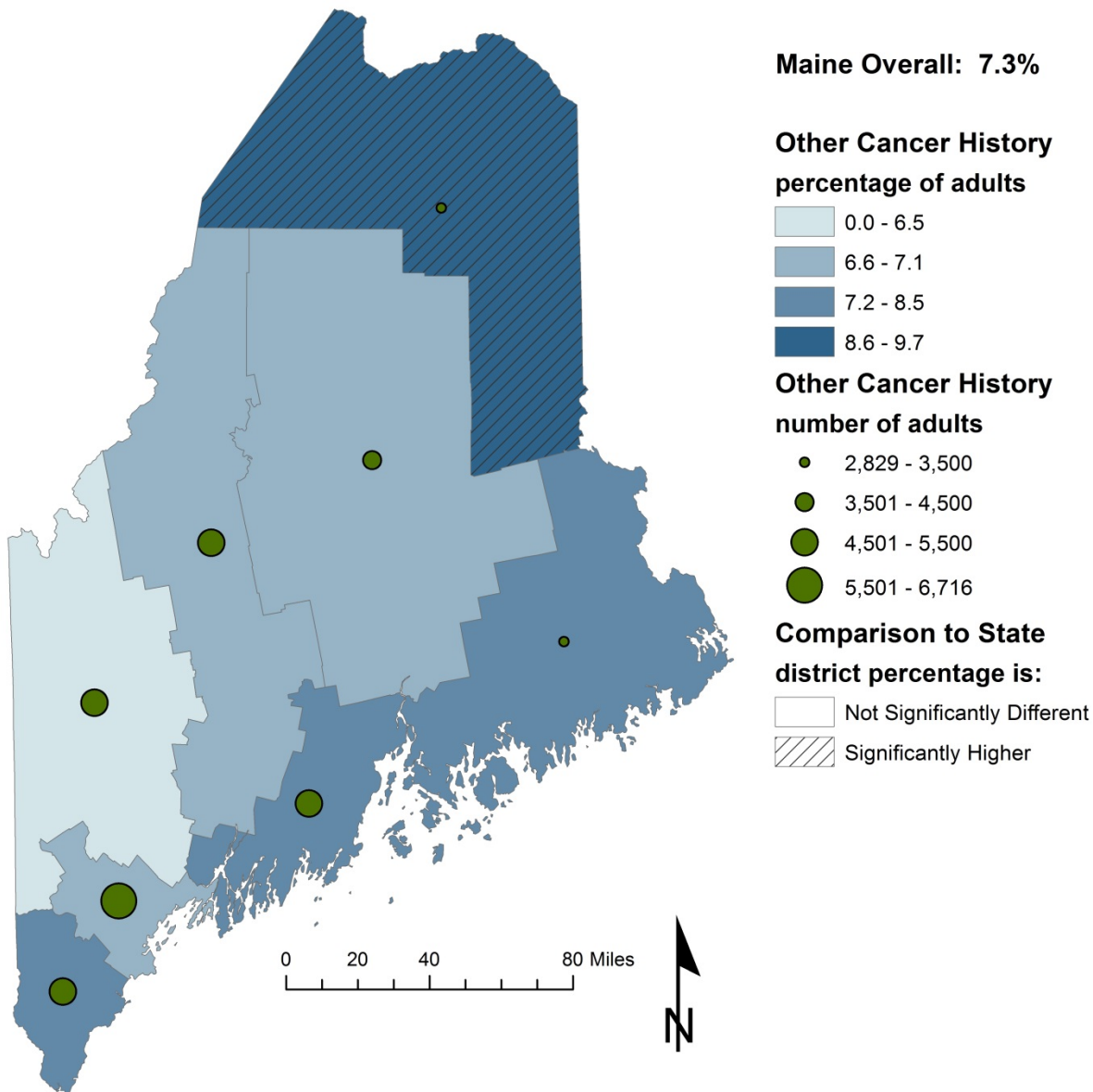
Data Source: Maine Behavioral Risk Factor Surveillance System.
 Any Cancer History includes those with a history of skin or other cancer.
 No district percentages were significantly lower than the state.

Map 3. Percentage and Number of Adults with Other (non-skin) Cancer History by County, Maine, 2011-12



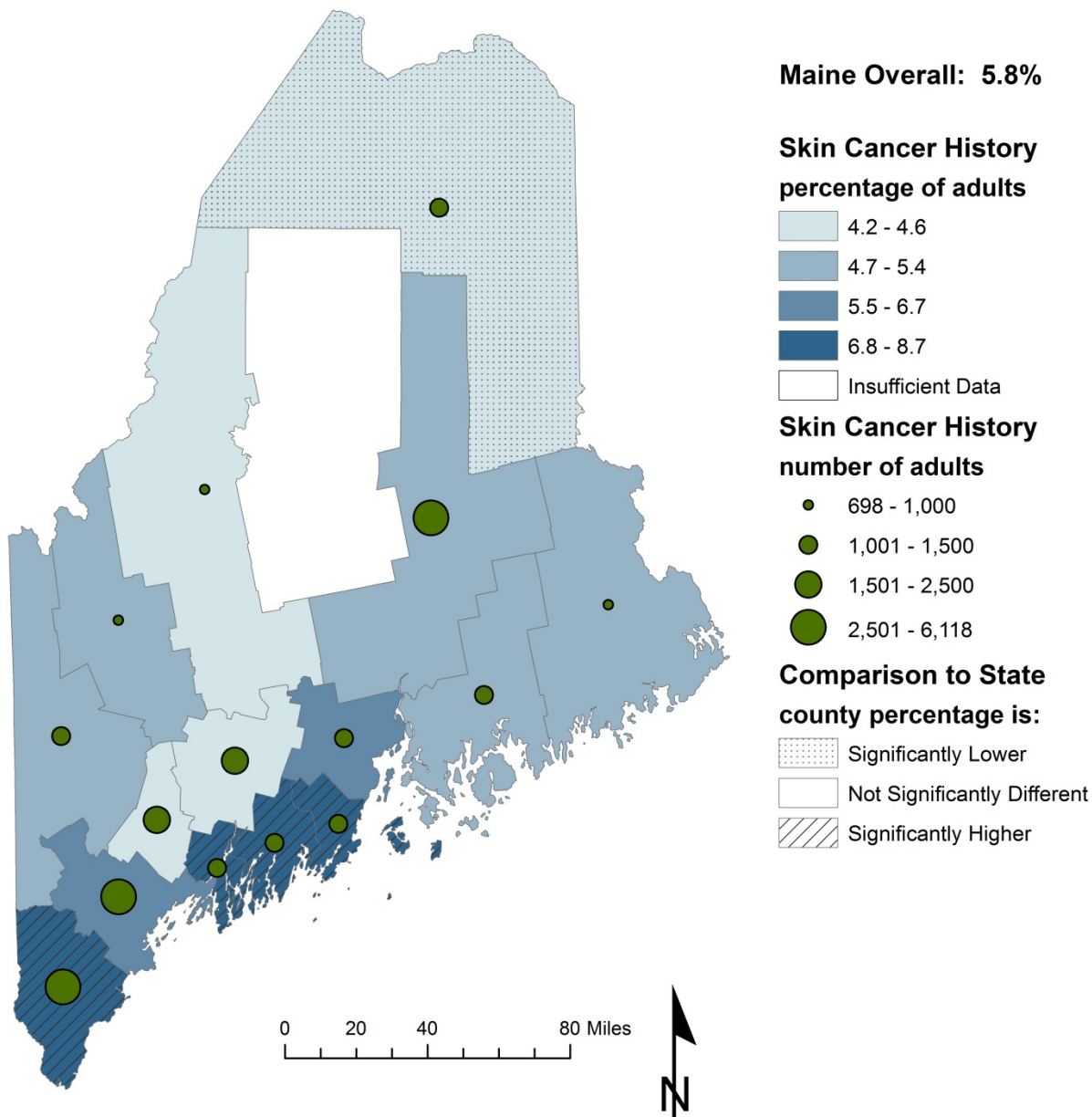
Data Source: Maine Behavioral Risk Factor Surveillance System
 Other Cancer History includes those with a history of cancer, not including skin cancer.

Map 4. Percentage and Number of Adults with Other (non-skin) Cancer History by Public Health District, Maine, 2011-12



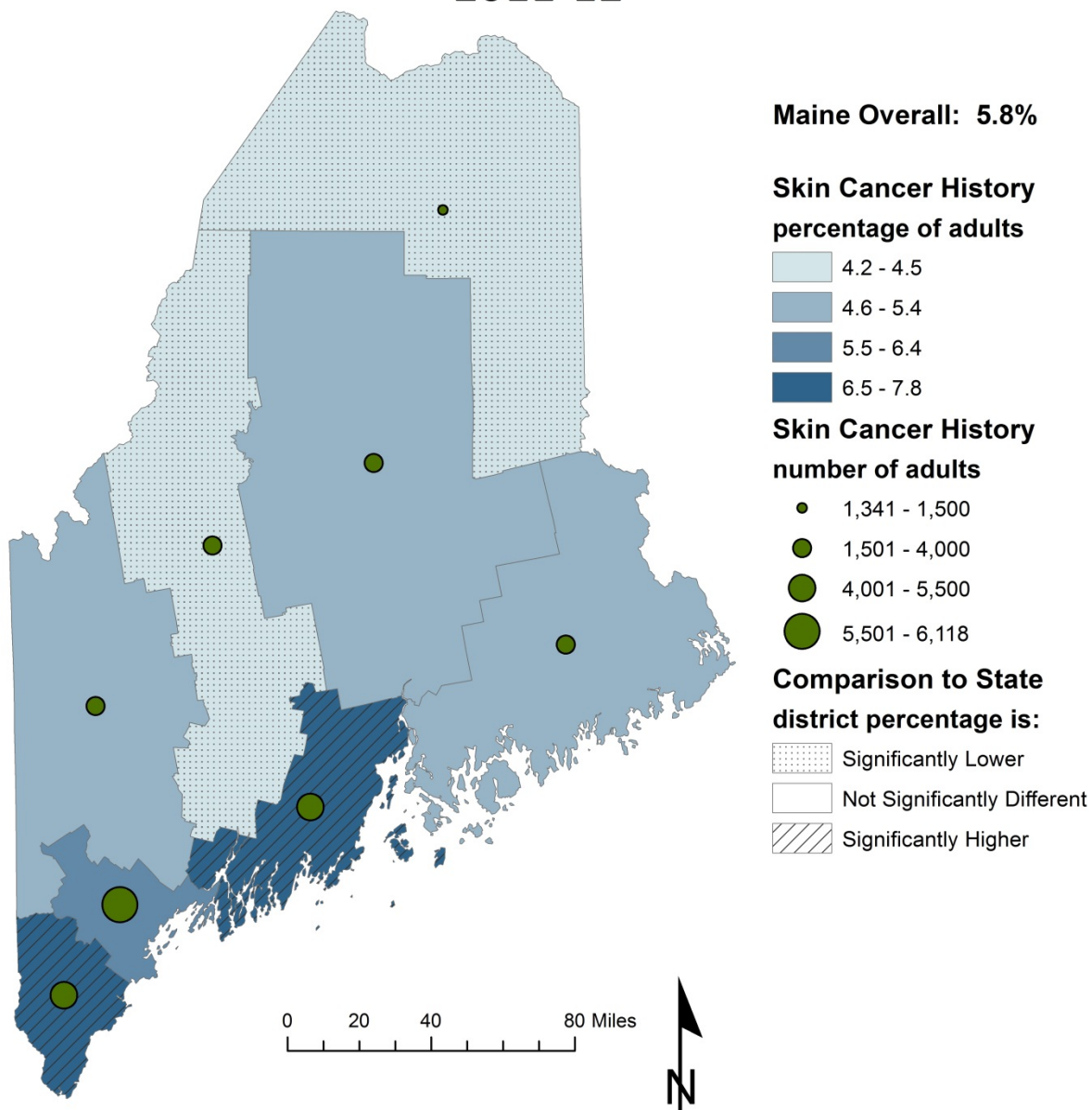
Data Source: Maine Behavioral Risk Factor Surveillance System.
 Other Cancer History includes those with a history of cancer, not including skin cancer.
 No district percentages were significantly lower than the state.

Map 5. Percentage and Number of Adults with Skin Cancer History by County, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System

Map 6. Percentage and Number of Adults with Skin Cancer History by Public Health District, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

Demographic Characteristics of Cancer Survivors

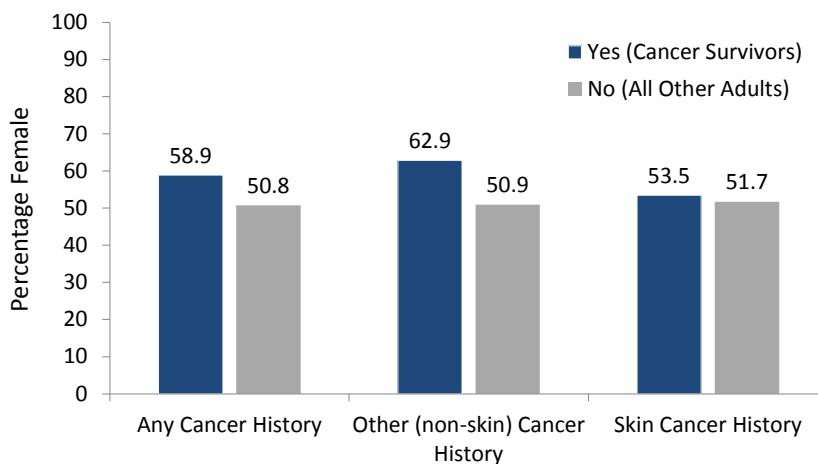
In Brief

- Maine cancer survivors are more likely to be female than all other Maine adults.
- Maine cancer survivors are older than all other Maine adults. This is important to keep in mind when interpreting other results, since older age may contribute to differences in insurance type, household income, risk factors, comorbidities and other factors.
- Maine cancer survivors are more likely to have health insurance, and more likely to have Medicare, compared to all other Maine adults.
- Where Maine cancer survivors live primarily follows the major population centers in Maine, with the largest numbers of cancer survivors residing in Cumberland, York, Kennebec and Penobscot Counties.

Sex

- Overall, Maine cancer survivors were more likely to be female (58.9 percent) than all other Maine adults (50.8 percent); Table 6 and Figure 10).
- Those with other (non-skin) cancer history were also more likely to be female than other Maine adults (62.9 vs. 50.9 percent, respectively), while those with skin cancer history were no more likely to be female than other Maine adults (53.5 percent vs. 51.7 percent, respectively; Tables 7-8 and Figure 10).

Figure 10. Percent Female by Cancer History, Maine, 2011-12

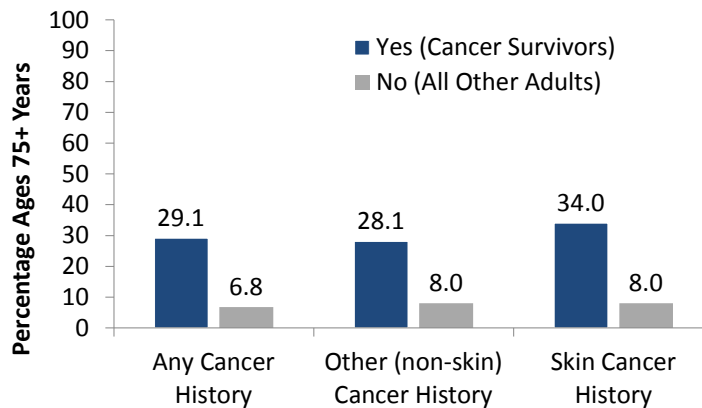


Data Source: Maine Behavioral Risk Factor Surveillance System.

Age

- Maine cancer survivors were older than all other Maine adults: 29.1 percent were 75 years of age or older compared to 6.8 percent among all other Maine adults (Table 6 and Figure 11).

Figure 11. Percent Ages 75+ by Cancer History, Maine, 2011-12

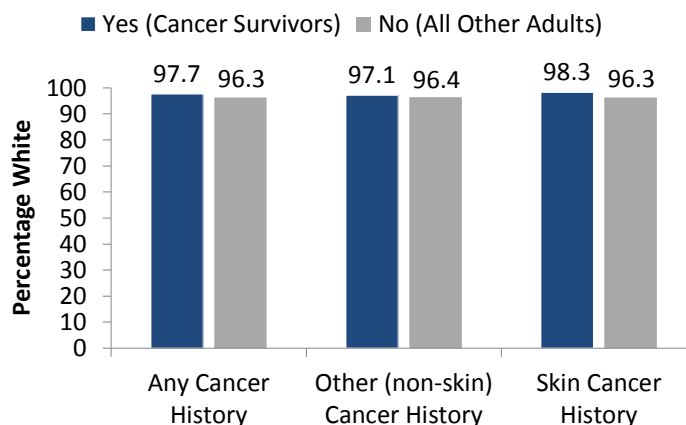


Data Source: Maine Behavioral Risk Factor Surveillance System.

Race

- Maine cancer survivors were significantly more likely to report their race as white (97.7 percent) compared to all other Maine adults (96.3 percent; Table 6 and Figure 12).

Figure 12. Percent White by Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

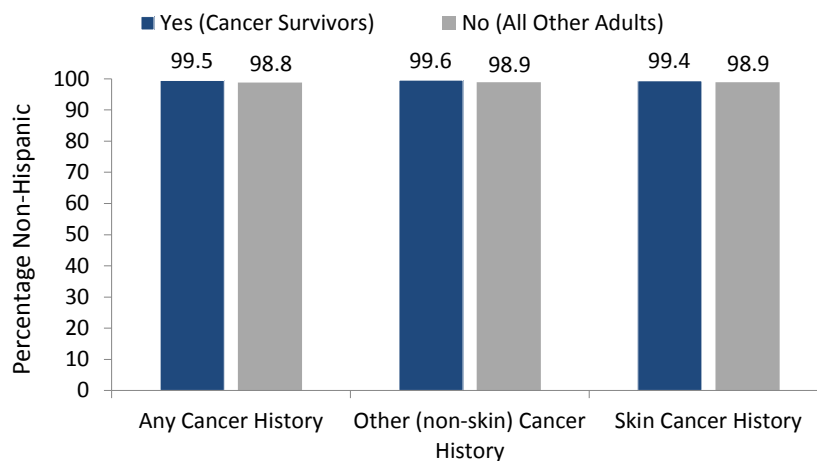
- Those with skin cancer history were also significantly more likely to be white than other Maine adults (98.3 percent vs. 96.3 percent, respectively), while those with other (non-

skin) cancer history were no more likely to be white than other Maine adults (97.1 percent vs. 96.4 percent, respectively; Tables 7-8 and Figure 12).

Hispanic Ethnicity

- Maine cancer survivors were significantly more likely to report themselves as non-Hispanic (99.5 percent) compared to all other Maine adults (98.8 percent; Table 6 and Figure 13).
- Those with other (non-skin) cancer history were also more likely to be non-Hispanic than other Maine adults (99.6 percent vs. 98.9 percent, respectively), while those with skin cancer history were no more likely to be non-Hispanic than other Maine adults (99.4 percent vs. 98.9 percent, respectively; Tables 7-8 and Figure 13).

Figure 13. Percent Non-Hispanic by Cancer History, Maine, 2011-12

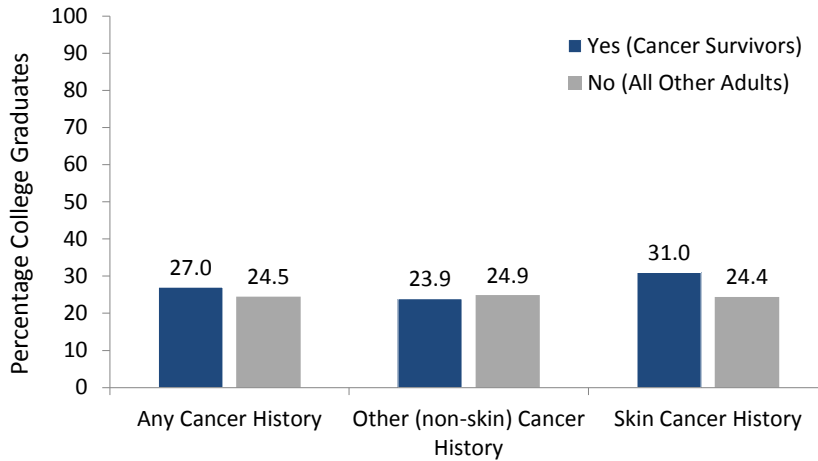


Data Source: Maine Behavioral Risk Factor Surveillance System.

Education Level

- Maine cancer survivors were more likely to be college graduates (27.0 percent) compared to all other Maine adults (24.5 percent; Table 6 and Figure 14).
- Those with skin cancer history were also more likely to be college graduates than other Maine adults (31.0 vs. 24.4 percent, respectively), while those with other (non-skin) cancer history were no more likely to be college graduates than other Maine adults (23.9 percent vs. 24.9 percent, respectively; Tables 7-8 and Figure 14).

Figure 14. Percent College Graduates by Cancer History, Maine, 2011-12

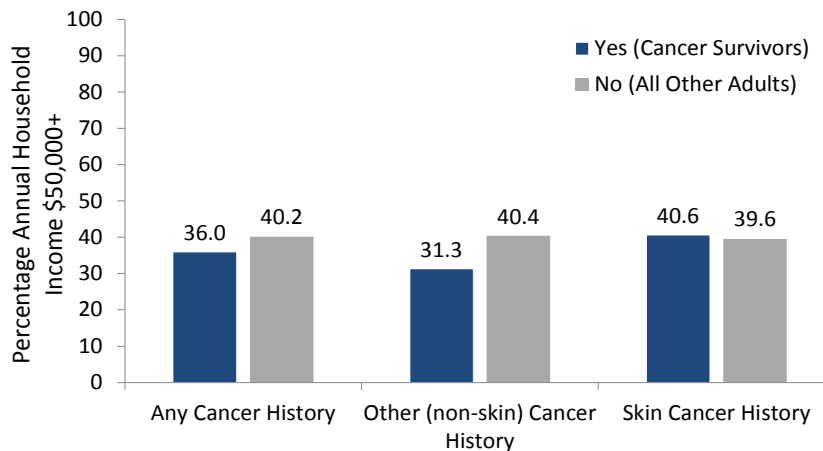


Data Source: Maine Behavioral Risk Factor Surveillance System.

Annual Household Income

- With the exception of skin cancer survivors, Maine cancer survivors tended to have lower household incomes than all other Maine adults.
- Maine cancer survivors were less likely to be in the highest annual household income group (\$50,000+: 36.0 percent) compared to all other Maine adults (40.2 percent; Table 6 and Figure 15).

Figure 15. Percent Annual Household Income \$50,000+ by Cancer History, Maine, 2011-12



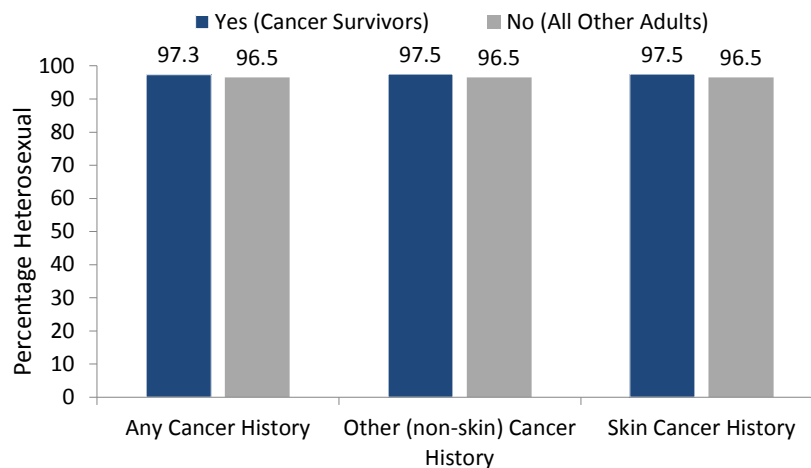
Data Source: Maine Behavioral Risk Factor Surveillance System.

- Those with other (non-skin) cancer history were also less likely to be in the highest annual household income group than other Maine adults (31.3 percent vs. 40.4 percent, respectively), while those with skin cancer history were no less likely to be in the highest income group than other Maine adults (40.6 percent vs. 39.6 percent, respectively; Tables 7-8 and Figure 15).
- In addition, Maine cancer survivors were more likely to be in the \$15,000-24,999 income group than all other Maine adults (21.6 percent vs. 18.6 percent, respectively; Table 6). Those with other (non-skin) cancer were more likely to be in the less than \$15,000 and the \$15,000-24,999 income groups than all other Maine adults (less than \$15,000: 15.8 percent vs. 12.6 percent; \$15,000-24,999: 24.7 percent vs. 18.5 percent, respectively; Table 7). Those with skin cancer history had household incomes that did not differ significantly from all other Maine adults (Table 8).

Sexual Orientation

- The distribution of sexual orientation among Maine cancer survivors was similar to all other Maine adults.
- Maine cancer survivors were no more or less likely to be heterosexual (97.3 percent) compared to all other Maine adults (96.5 percent; Table 6 and Figure 16).

Figure 16. Percent Heterosexual by Cancer History, Maine, 2011-12

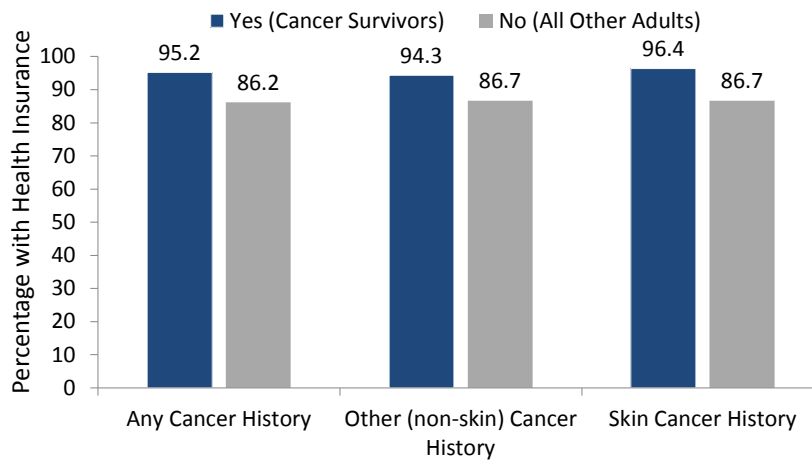


Data Source: Maine Behavioral Risk Factor Surveillance System.

Health Insurance

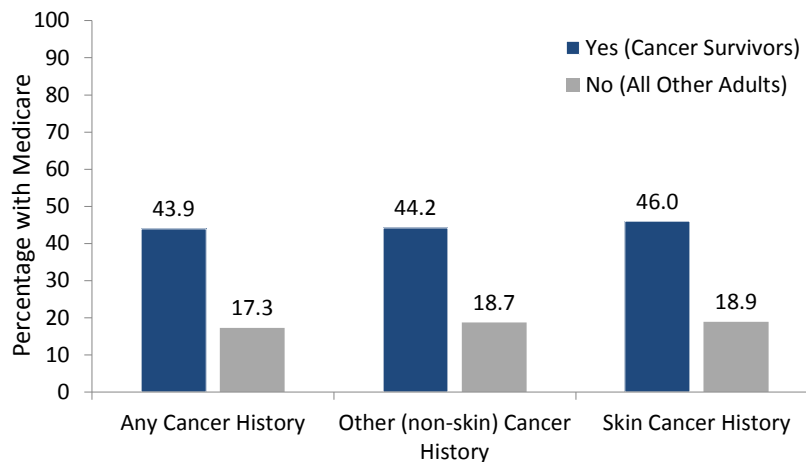
- Maine cancer survivors were more likely to have health insurance (95.2 percent) compared to all other Maine adults (86.2 percent; Table 6 and Figure 17).
- Maine cancer survivors were also more likely to have Medicare (43.9 percent) compared to all other Maine adults (17.3 percent; Table 6 and Figure 18).

Figure 17. Percent with Health Insurance by Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

Figure 18. Percent with Medicare by Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

Geography

- Where Maine cancer survivors live primarily followed the major population centers in Maine, with the largest numbers of cancer survivors residing in Cumberland, York, Kennebec and Penobscot Counties (Table 6 and Maps 1-2).
- Other (non-skin) cancer survivors were more likely to live in Aroostook County than would be expected given the general population distribution of the state; 8.3 percent of other cancer survivors lived in Aroostook County compared to 6.2 percent of all other Maine adults (Table 7 and Map 3).
- Skin cancer survivors tended to be more likely to live in Midcoast Public Health District (and in three of its counties: Knox, Lincoln and Sagadahoc) than would be expected given the general population distribution of the state; 15.9 percent of skin cancer survivors lived in Midcoast Public Health District compared to 11.6 percent of all other Maine adults (Table 8 and Maps 5-6).

Risk Behaviors

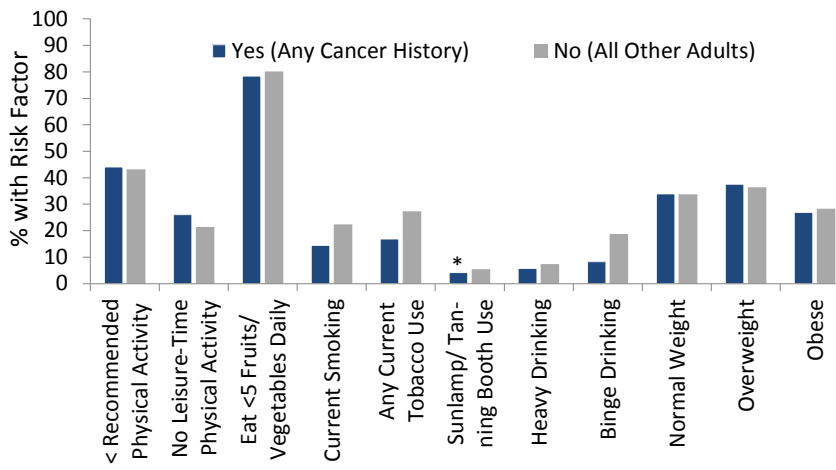
In Brief

- More than 4 in 10 Maine cancer survivors do not engage in the recommended amount of aerobic physical activity, nearly 8 in 10 eat fewer than five fruits and vegetables daily, more than 1 in 10 use some form of tobacco, and 6 in 10 are overweight or obese.
- Maine cancer survivors are significantly less likely to be current smokers, use any tobacco product or report heavy or binge drinking than all other Maine adults.
- Maine cancer survivors are significantly more likely to not engage in any leisure-time physical activity compared to all other Maine adults.
- There are no significant differences between Maine cancer survivors and all other Maine adults in the percentage not engaging in the recommended amount of aerobic physical activity, eating fewer than five fruits and vegetables daily, using sunlamps or tanning booths or normal weight, overweight or obese.

Physical Activity

- More than 4 in 10 (44.1 percent) of Maine cancer survivors reported not engaging in the recommended amount of aerobic physical activity for health benefits, and more than 2 in 10 (26.0 percent) report engaging in no leisure-time physical activity (Table 9 and Figure 19).
- Maine cancer survivors were no more likely to report not engaging in the recommended amount of aerobic physical activity (44.1 percent) compared to all other Maine adults (43.2 percent; Table 9 and Figure 19). The recommended amount of aerobic physical activity for adults is at least 150 minutes per week of moderate-intensity physical activity, or at least 75 minutes per week of vigorous-intensity physical activity or a combination of moderate-intensity and vigorous-intensity physical activity (multiplied by two) totaling at least 150 minutes per week.
- Maine cancer survivors were significantly more likely, however, to report not engaging in any leisure-time physical activity (26.0 percent) than all other Maine adults (21.4 percent; Table 9 and Figure 19). Those with other (non-skin) cancer history were also more likely to report not engaging in any leisure-time physical activity than all other Maine adults (28.7 percent vs. 21.4 percent, respectively), while there was no significant difference in this measure between Maine adults with skin cancer history and all other Maine adults (23.0 percent vs. 21.9 percent, respectively; Table 9 and Figures 20-21).

Figure 19. Percent with Risk Factors by Any Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012, except for recommended physical activity and eating 5+ fruits/vegetables daily, which are from 2011.

*Based upon unweighted numerator of <50; interpret with caution.

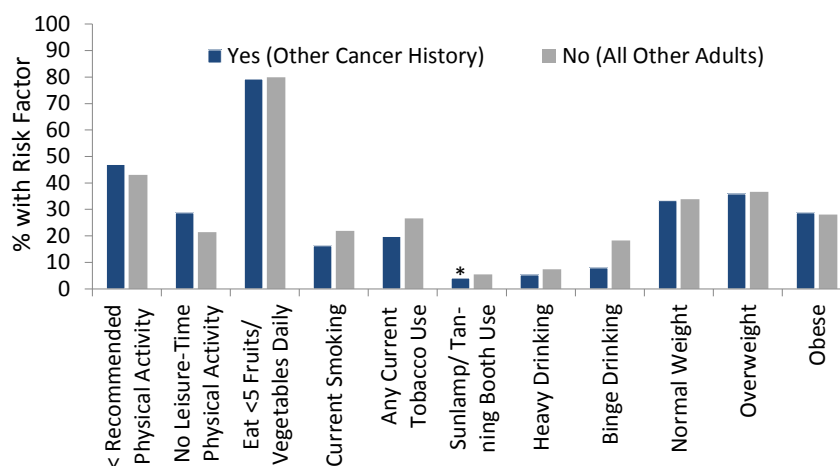
Nutrition

- Nearly 8 in 10 (78.4 percent) Maine cancer survivors reported eating fewer than five fruits and vegetables daily (Table 9 and Figure 19).
- Maine cancer survivors were no more likely to report eating less than five fruits and vegetables daily (78.4 percent) than all other Maine adults (80.1 percent; Table 9 and Figure 19).

Tobacco Use

- More than 1 in 10 Maine cancer survivors use some form of tobacco: 14.4 percent are current cigarette smokers and 16.9 percent use any form of tobacco (Table 9 and Figure 19).
- Maine cancer survivors were significantly less likely to be current cigarette smokers (14.4 percent) compared to all other Maine adults (22.4 percent; Table 9 and Figure 19).
- Maine cancer survivors were also significantly less likely to currently use any tobacco product (16.9 percent) compared to all other Maine adults (27.4 percent; Table 9 and Figure 19). Those with skin cancer history were significantly less likely to currently use any tobacco product than other Maine adults (12.2 percent vs. 26.9 percent, respectively), while there was no significant difference in this measure between Maine adults with other (non-skin) cancer history and all other Maine adults (19.7 percent vs. 26.6 percent, respectively; Table 9 and Figures 20-21).

Figure 20. Percent with Risk Factors by Other (non-skin) Cancer History, Maine

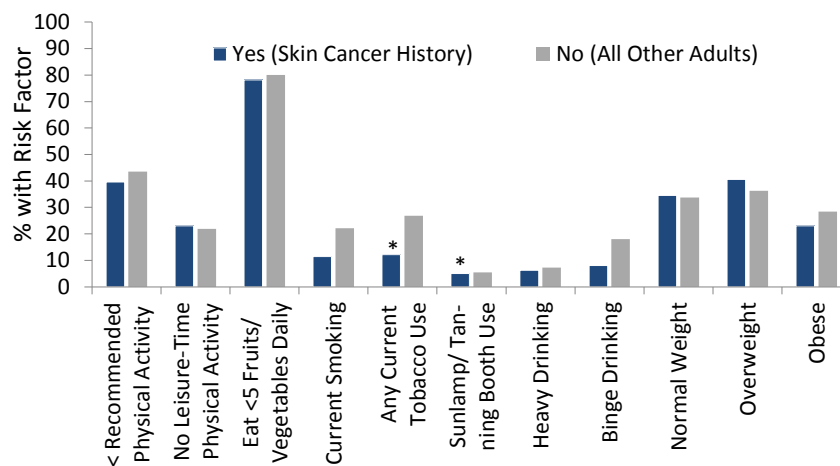


Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012, except for recommended physical activity and eating 5+ fruits/vegetables daily, which are from 2011.

*Based upon unweighted numerator of <50; interpret with caution.

Figure 21. Percent with Risk Factors by Skin Cancer History, Maine



Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012, except for recommended physical activity and eating 5+ fruits/vegetables daily, which are from 2011.

*Based upon unweighted numerator of <50; interpret with caution.

Sunlamp & Tanning Booth Use

- Less than 1 in 10 Maine cancer survivors (4.2 percent) reported using sunlamps or tanning booths (Table 9 and Figure 19).
- Maine cancer survivors were no more likely to report using sunlamps or tanning booths (4.2 percent) compared to all other Maine adults (5.5 percent; Table 9 and Figure 19).

Alcohol Use

- Less than 1 in 10 Maine cancer survivors reported heavy drinking (5.8 percent) or binge drinking (8.3 percent; Table 9 and Figure 19).
- Maine cancer survivors were significantly less likely to report heavy drinking (5.8 percent) than all other Maine adults (7.4 percent; Table 9 and Figure 19). Those with other (non-skin) cancer history were also less likely to report heavy drinking than all other Maine adults (5.3 percent vs. 7.4 percent, respectively), while there was no significant difference in this measure between Maine adults with skin cancer history and all other Maine adults (6.3 percent vs. 7.3 percent, respectively; Table 9 and Figures 20-21). Heavy drinking among adults is defined as an average of more than two alcoholic drinks per day for men and more than one alcoholic drink per day for women.
- Maine cancer survivors were significantly less likely to report binge drinking during the past month (8.3 percent) than all other Maine adults (18.7 percent; Table 9 and Figure 19). Binge drinking among adults is defined as having five or more alcoholic drinks on one occasion for men and four or more alcoholic drinks on one occasion for women.

Weight Status

- More than 3 in 10 Maine cancer survivors are at a normal weight (33.9 percent), nearly 4 in 10 are overweight (37.5 percent), and nearly 3 in 10 are obese (26.9 percent; Table 9 and Figure 19).
- Maine cancer survivors were no more likely to be normal weight (33.9 percent), overweight (37.5 percent) or obese (26.9 percent) compared to all other Maine adults (33.8 percent, 36.4 percent and 28.3 percent, respectively; Table 9 and Figure 19).
- While Maine skin cancer survivors had a similar prevalence of normal weight (34.5 percent) compared to all other Maine adults (33.8 percent), they were significantly more likely to be overweight (40.6 percent vs. 36.3 percent, respectively) and significantly less likely to be obese (23.0 percent vs. 28.4 percent, respectively) than all other Maine adults (Table 9 and Figure 21).

Other Chronic Conditions

In Brief

- Maine cancer survivors have significantly higher rates of high blood pressure, high cholesterol, coronary heart disease or stroke history, diabetes, prediabetes, current asthma, chronic obstructive pulmonary disease, arthritis and tooth loss compared to all other Maine adults.
- Looking at those reporting coronary heart disease, stroke, diabetes, current asthma or chronic obstructive pulmonary disease, Maine cancer survivors are significantly more likely to have one or more of these other chronic conditions compared to all other Maine adults.
- Maine cancer survivors were no more likely to have current depression or any depression or anxiety compared to all other Maine adults.

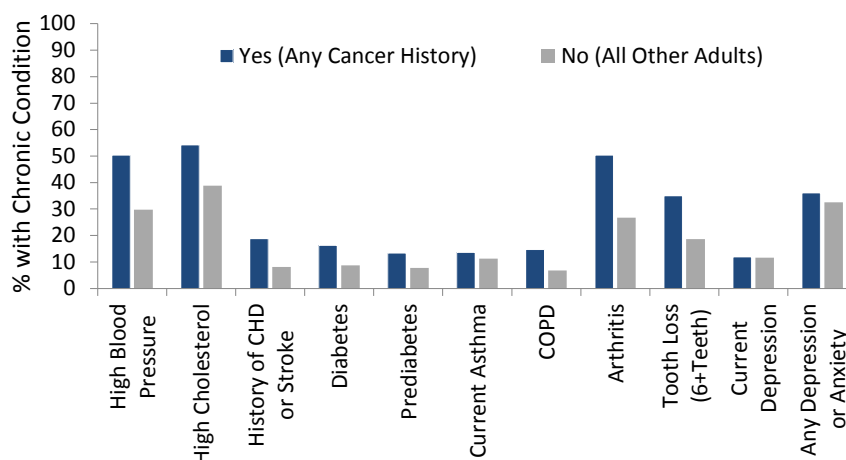
High Blood Pressure

- Half (50.3 percent) of Maine cancer survivors had high blood pressure, significantly higher than the 29.7 percent of all other Maine adults (Table 10 and Figures 22-24).

High Cholesterol

- More than half (54.2 percent) of Maine cancer survivors had high cholesterol, significantly higher than the 38.8 percent of all other Maine adults (Table 10 and Figures 22-24).

Figure 22. Percent with Chronic Conditions by Any Cancer History, Maine



Data Source: Maine Behavioral Risk Factor Surveillance System.

CHD: Coronary heart disease; COPD: Chronic obstructive pulmonary disease.

All data are from 2012, except for high blood pressure and high cholesterol, which are from 2011.

Coronary Heart Disease or Stroke History

- Nearly 1 in 5 (18.8 percent) Maine cancer survivors had a history of coronary heart disease or stroke, significantly higher than the 8.1 percent of all other Maine adults (Table 10 and Figures 22-24).

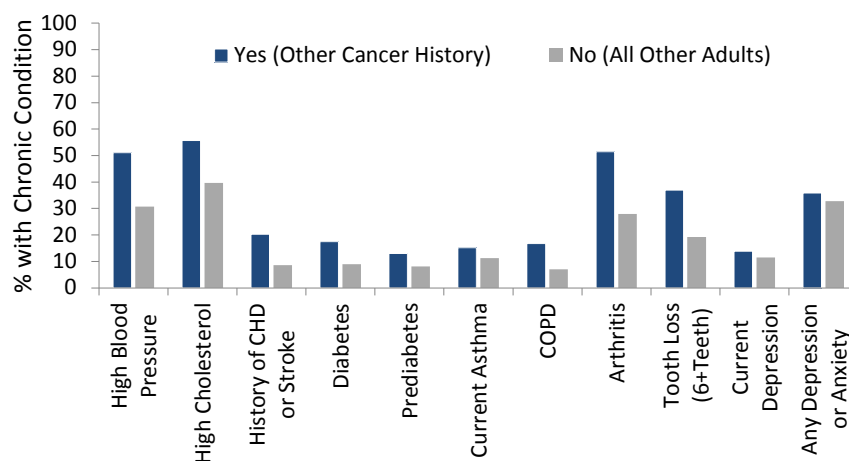
Diabetes

- More than 1 in 10 (16.3 percent) Maine cancer survivors had diabetes, significantly higher than the 8.7 percent of all other Maine adults (Table 10 and Figures 22-24).

Prediabetes

- More than 1 in 10 (13.3 percent) Maine cancer survivors had prediabetes, significantly higher than the 7.8 percent of all other Maine adults (Table 10 and Figures 22-24).

Figure 23. Percent with Chronic Conditions by Other (non-skin) Cancer History, Maine



Data Source: Maine Behavioral Risk Factor Surveillance System.

CHD: Coronary heart disease; COPD: Chronic obstructive pulmonary disease.

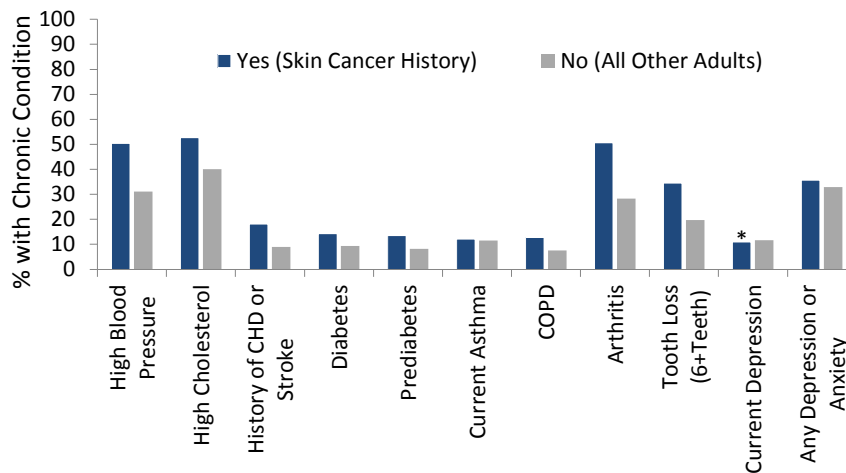
All data are from 2012, except for high blood pressure and high cholesterol, which are from 2011.

Asthma

- More than 1 in 10 (13.6 percent) Maine cancer survivors had current asthma, significantly higher than the 11.3 percent of all other Maine adults (Table 10 and Figure 22).
- Those with other (non-skin) cancer history were also more likely to have current asthma than all other Maine adults (15.2 percent vs. 11.3 percent, respectively), while those

with skin cancer history were no more likely to have current asthma than all other Maine adults (12.1 percent vs. 11.6 percent, respectively; Table 10 and Figures 23-24).

Figure 24. Percent with Chronic Conditions by Skin Cancer History, Maine



Data Source: Maine Behavioral Risk Factor Surveillance System.

CHD: Coronary heart disease; COPD: Chronic obstructive pulmonary disease.

All data are from 2012, except for high blood pressure and high cholesterol, which are from 2011.

*Based upon unweighted numerator of <50; interpret with caution.

Chronic Obstructive Pulmonary Disease

- More than 1 in 10 (14.7 percent) Maine cancer survivors had chronic obstructive pulmonary disease (COPD), significantly higher than the 6.8 percent of all other Maine adults (Table 10 and Figures 22-24).

Arthritis

- Half (50.4 percent) of Maine cancer survivors had arthritis, significantly higher than the 26.7 percent of all other Maine adults (Table 10 and Figures 22-24).

Tooth Loss

- More than 3 in 10 (35.0 percent) Maine cancer survivors had tooth loss (of 6 or more teeth), significantly higher than the 18.6 percent of all other Maine adults (Table 10 and Figures 22-24).

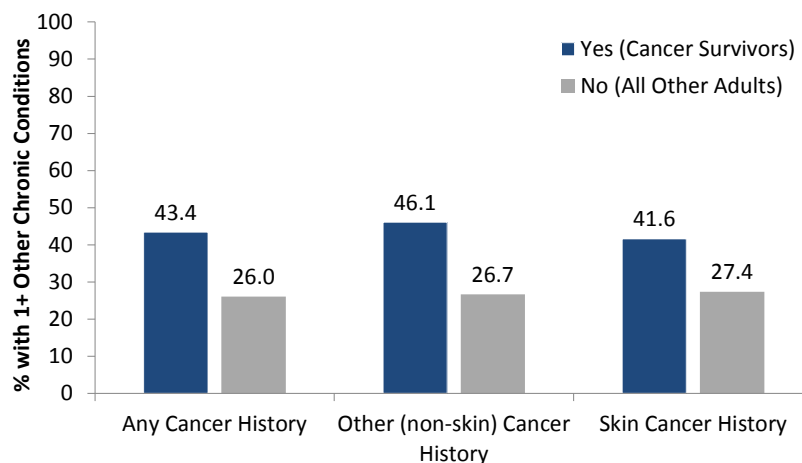
Depression and Anxiety

- Maine cancer survivors were no more likely to have current depression (11.9 percent) or any depression or anxiety (36.1 percent) compared to all other Maine adults (11.6 percent and 32.5 percent, respectively; Table 10 and Figures 22-24).

Multiple Chronic Conditions

- Looking at those reporting coronary heart disease, stroke, diabetes, current asthma or COPD, Maine cancer survivors were significantly more likely to have one or more of these other chronic conditions (43.4 percent) compared to all other Maine adults (26.0 percent; Table 10 and Figure 25).

Figure 25. Percent with One or More Other Chronic Conditions by Cancer History, Maine, 2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

Other Chronic Conditions: coronary heart disease, stroke, diabetes, current asthma, or chronic obstructive pulmonary disease

Quality of Life

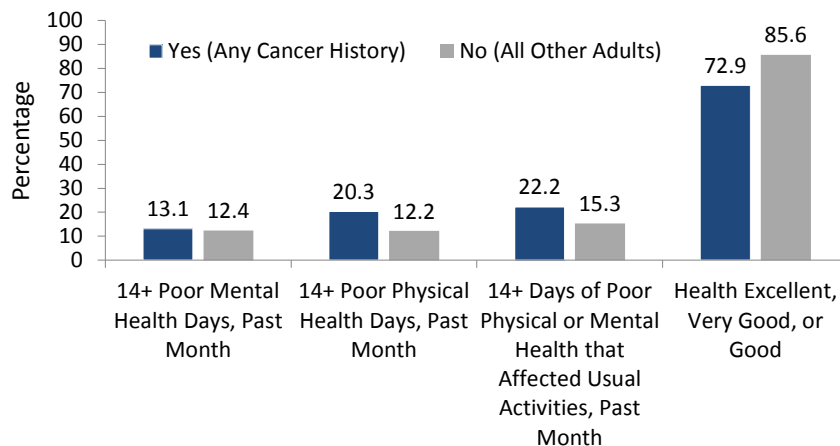
In Brief

- Maine cancer survivors are no more likely to have 14 or more days of poor mental health in the past month than all other Maine adults.
- Maine cancer survivors are significantly more likely than all other Maine adults to report 14 or more days of poor physical health and 14 or more days of poor physical or mental health that affected their usual activities during the past month.
- Maine cancer survivors were significantly less likely to rate their health as “excellent,” “very good,” or “good” compared with all other Maine adults.
- 1 in 5 Maine cancer survivors report 14 or more days of poor physical health or 14 or more days of poor physical or mental health that affected their usual activities during the past month.

Poor Mental Health Days

- Maine cancer survivors were no more likely to have 14 or more days of poor mental health in the past month (13.1 percent) compared to all other Maine adults (12.4 percent; Table 11 and Figure 26).

Figure 26. Quality of Life Measures by Any Cancer History, Maine, 2012

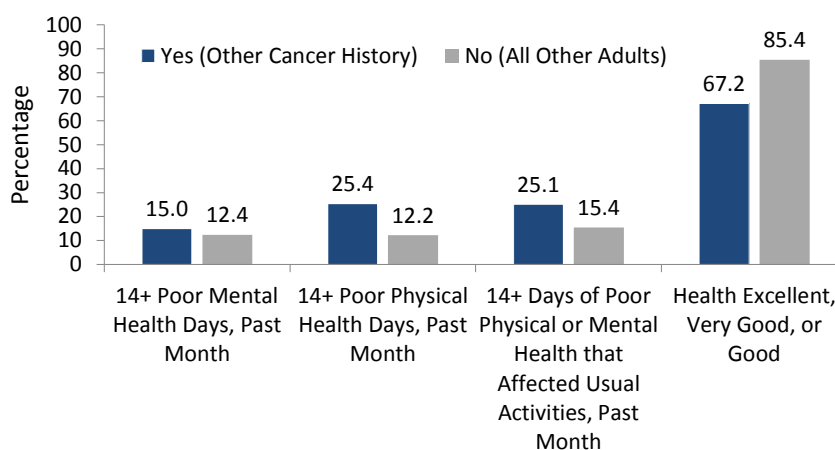


Data Source: Maine Behavioral Risk Factor Surveillance System.

Poor Physical Health Days

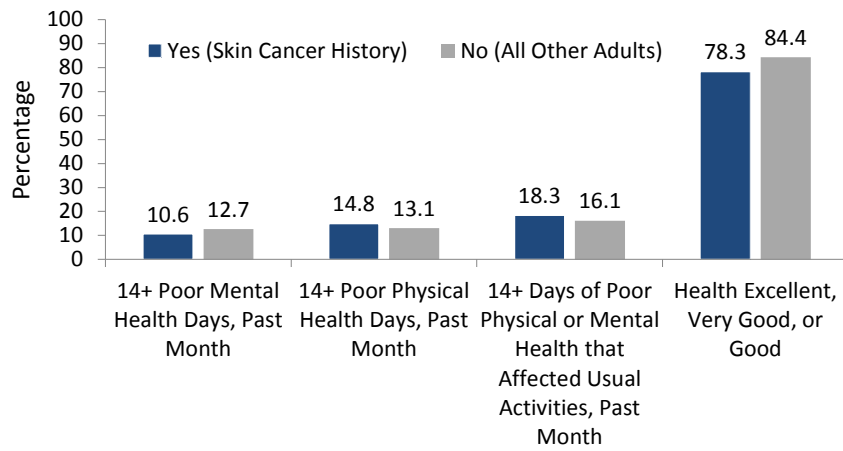
- Maine cancer survivors were significantly more likely to have 14 or more days of poor physical health in the past month (20.3 percent) compared to all other Maine adults (12.2 percent; Table 11 and Figure 26).
- Those with other (non-skin) cancer history were also more likely to have 14 or more days of poor physical health in the past month than all other Maine adults (25.4 percent vs. 12.2 percent, respectively), while there was no significant difference in this measure between Maine adults with skin cancer history and all other Maine adults (14.8 percent vs. 13.1 percent, respectively; Table 11 and Figures 27-28).

Figure 27. Quality of Life Measures by Other (non-skin) Cancer History, Maine, 2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

Figure 28. Quality of Life Measures by Skin Cancer History, Maine, 2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

Days of Poor Physical or Mental Health that Affected Usual Activities

- Maine cancer survivors were significantly more likely to have 14 or more days of poor physical or mental health that affected their usual activities in the past month (22.2 percent) compared to all other Maine adults (15.3 percent; Table 11 and Figure 26).
- Those with other (non-skin) cancer history were also more likely to have 14 or more days of poor physical or mental health that affected their usual activities in the past month than all other Maine adults (25.1 percent vs. 15.4 percent, respectively), while there was no significant difference in this measure between Maine adults with skin cancer history and all other Maine adults (18.3 percent vs. 16.1 percent, respectively; Table 11 and Figures 27-28).

General Health Status

- Maine cancer survivors were significantly less likely to rate their health as “excellent,” “very good,” or “good” (72.9 percent) compared with all other Maine adults (85.6 percent; Table 11 and Figure 26).

Cancer Screening & Other Healthcare

In Brief

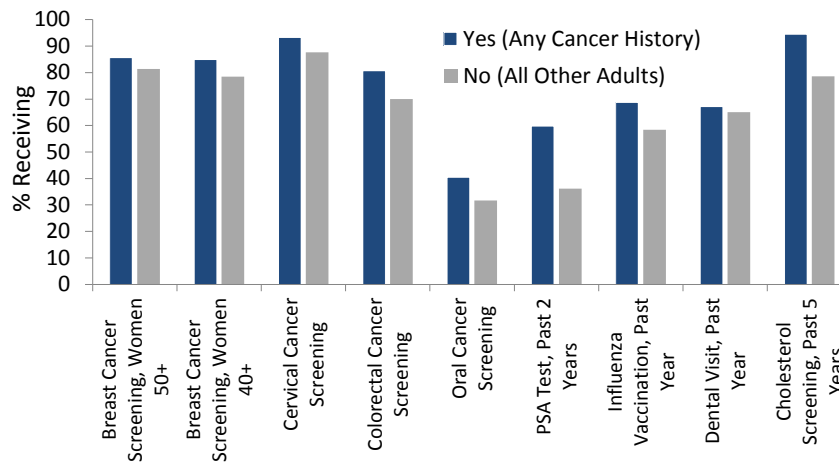
- More than 8 in 10 female Maine cancer survivors are up-to-date with breast cancer screening and more than 9 in 10 are up-to-date with cervical cancer screening (among those in appropriate age groups). Maine female cancer survivors are more likely to be up-to-date with breast cancer and cervical cancer screening than all other Maine females.
- Among Maine cancer survivors 50+ years of age, 8 in 10 are up-to-date with colorectal cancer screening. Maine cancer survivors are more likely to be up-to-date with colorectal cancer screening than all other Maine adults.
- Nearly 6 in 10 male Maine cancer survivors 40+ years of age report receiving a prostate-specific antigen (PSA) test in the past two years. Male Maine cancer survivors are more likely to have received a PSA test in the past two years compared to all other Maine adults.
- Among Maine cancer survivors, 4 in 10 report ever receiving an oral cancer screening, nearly 7 in 10 received an influenza vaccination during the past year, more than 6 in 10 had a dental visit in the past year, and more than 9 in 10 had their blood cholesterol checked within the past five years.
- Maine cancer survivors are more likely to have ever received an oral cancer screening, to have received a past year influenza vaccination and to have had their cholesterol checked compared to all other Maine adults.

Breast Cancer Screening

- In this report, up-to-date with breast cancer screening is defined as having had a mammogram within the past two years and is presented among women 50+ years of age and women 40+ years of age.
- Among female cancer survivors in Maine, more than 8 in 10 were up-to-date with breast cancer screening: 85.7 percent among those 50+ years and 84.9 percent among those 40+ years (Table 12 and Figure 29).
- Among Maine women ages 50+, although the prevalence of being up-to-date with breast cancer screening was somewhat higher among cancer survivors (85.7 percent) than all other women (81.3 percent), this difference was not statistically significant (Table 12 and Figure 29).
- Among Maine women ages 40+, cancer survivors were significantly more likely to be up-to-date with breast cancer screening (84.9 percent) compared to all other women (78.5 percent; Table 12 and Figure 29). In this 40+ years age group, this significant difference was also observed among Maine skin cancer survivors compared to all other Maine women (87.2 percent vs. 78.9 percent), but there was no significant difference in this

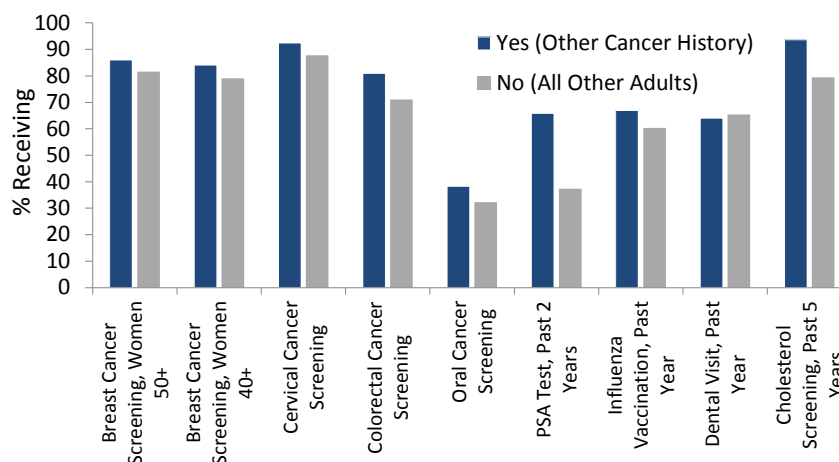
measure between Maine adults with other (non-skin) cancer history and all other Maine women (84.1 percent vs. 79.1 percent, respectively; Table 12 and Figures 30-31).

Figure 29. Healthcare Measures by Any Cancer History, Maine, 2011-12



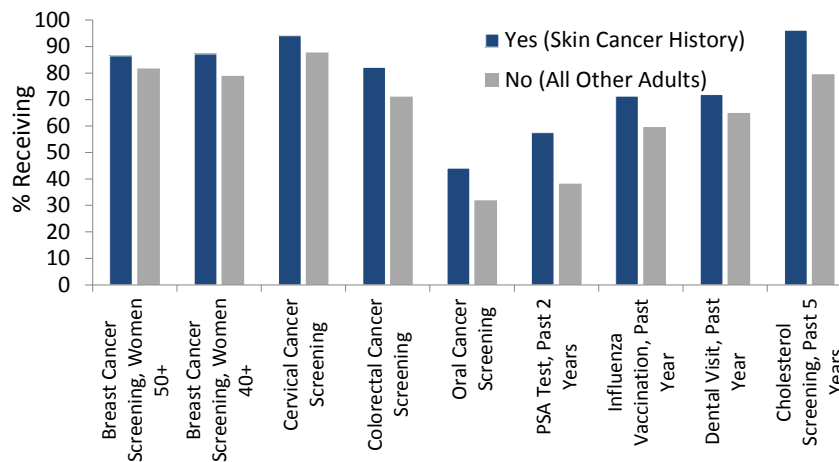
Data Source: Maine Behavioral Risk Factor Surveillance System.
All data are from 2012 except for cholesterol screening, which is from 2011.
PSA: Prostate-specific antigen.

Figure 30. Healthcare Measures by Other (non-skin) Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.
All data are from 2012 except for cholesterol screening, which is from 2011.
PSA: Prostate-specific antigen.

Figure 31. Healthcare Measures by Skin Cancer History, Maine, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012 except for cholesterol screening, which is from 2011.

PSA: Prostate-specific antigen.

Cervical Cancer Screening

- In this report, up-to-date with cervical cancer screening is defined as having had a Pap test within the past three years among women ages 21-65 years with an intact cervix.
- More than 9 in 10 (93.2 percent) Maine female cancer survivors ages 21-65 years were up-to-date with cervical cancer screening (Table 12 and Figure 29).
- Maine female cancer survivors were significantly more likely to be up-to-date with cervical cancer screening (93.2 percent) compared to all other Maine women (87.6 percent; Table 12 and Figure 29). Those with skin cancer history were also significantly more likely to be up-to-date with cervical cancer screening than other Maine women (94.2 percent vs. 87.8 percent, respectively), while there was no significant difference in this measure between Maine women with other (non-skin) cancer history and all other Maine women (92.5 percent vs. 87.8 percent, respectively; Table 12 and Figures 30-31).

Colorectal Cancer Screening

- In this report, up-to-date with colorectal cancer screening is presented among adults ages 50+ years and is defined as having had either: 1) a home blood stool test within the past year, or 2) sigmoidoscopy within the past five years and a home blood stool test within the past three years or 3) colonoscopy within the past 10 years.
- Among Maine cancer survivors ages 50+ years, 8 in 10 (80.8 percent) were up-to-date with colorectal cancer screening (Table 12 and Figure 29).

- Maine cancer survivors were significantly more likely to be up-to-date with colorectal cancer screening (80.8 percent) compared to all other Maine adults (70.1 percent; Table 12 and Figure 29).

Oral Cancer Screening

- Among Maine cancer survivors, 4 in 10 (40.5 percent) reported ever receiving an oral cancer screening from a doctor, nurse or other health professional (Table 12 and Figure 29).
- Maine cancer survivors were significantly more likely to report having been screened for oral cancer (40.5 percent) compared to all other Maine adults (31.6 percent; Table 12 and Figure 29). Those with skin cancer history were also significantly more likely to report having been screened for oral cancer than other Maine adults (44.1 percent vs. 31.9 percent, respectively), while there was no significant difference in this measure between Maine adults with other (non-skin) cancer history and all other Maine adults (38.3 percent vs. 32.3 percent, respectively; Table 12 and Figures 30-31).

Prostate-Specific Antigen (PSA) Testing

- Among male Maine cancer survivors ages 40+ years of age, nearly 6 in 10 (59.8 percent) reported receiving a prostate-specific antigen (PSA) test, a screening test for prostate cancer, within the past two years (Table 12 and Figure 29).
- Among Maine men 40+ years of age, cancer survivors were significantly more likely to report receiving a PSA test within the past two years (59.8 percent) compared to other Maine men (36.1 percent; Table 12 and Figure 29).

Influenza Vaccination

- Nearly 7 in 10 (68.8 percent) Maine cancer survivors received an influenza vaccination during the past year (Table 12 and Figure 29).
- Maine cancer survivors were significantly more likely to have received an influenza vaccination during the past year (68.8 percent) compared to other Maine adults (58.4 percent; Table 12 and Figure 29).

Dental Visit

- More than 6 in 10 (67.1 percent) Maine cancer survivors had a dental visit for any reason during the past year (Table 12 and Figure 29).
- Maine skin cancer survivors were significantly more likely to have had a dental visit in the past year (71.9 percent) than all other Maine adults (64.0 percent; Table 12 and Figure 31), but there were no significant differences in this measure for those with any

cancer or other (non-skin) cancer history compared to all other Maine adults (any cancer: 67.1 percent vs. 65.1 percent, respectively; other cancer: 64.0 percent vs. 65.4 percent, respectively; Table 12 and Figures 29-30).

Cholesterol Screening

- More than 9 in 10 (94.5 percent) Maine cancer survivors had their blood cholesterol levels checked in the past five years (Table 12 and Figure 29).
- Maine cancer survivors were significantly more likely to have had their blood cholesterol levels checked in the past five years (94.5 percent) compared to all other Maine adults (78.5 percent; Table 12 and Figure 29).

Cancer Follow-Up

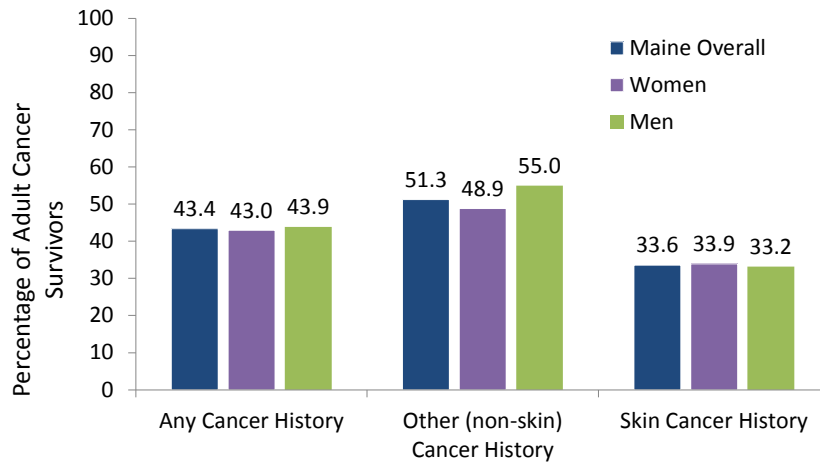
In Brief

- About 4 in 10 Maine cancer survivors received a written summary of all cancer treatments, nearly 6 in 10 received written instructions for routine cancer check-ups after completing their treatment, and nearly 1 in 10 had participated in a clinical trial as part of their treatment.
- Maine adults with other (non-skin) cancer history are more likely to have received a written cancer treatment summary, to have received written follow-up instructions and to have participated in a clinical trial than Maine adults with skin cancer history.
- There are no differences between male and female Maine cancer survivors in the percentage receiving a written cancer treatment summary, receiving written follow-up instructions or participating in a clinical trial.
- The percentage of Maine cancer survivors who received written follow-up instructions declines significantly with age; those receiving a written cancer treatment summary also declines with age, but this is not statistically significant.
- Maine cancer survivors with private health insurance are significantly more likely to report receiving written follow-up instructions than those with Medicare.

Received Written Summary of All Cancer Treatments

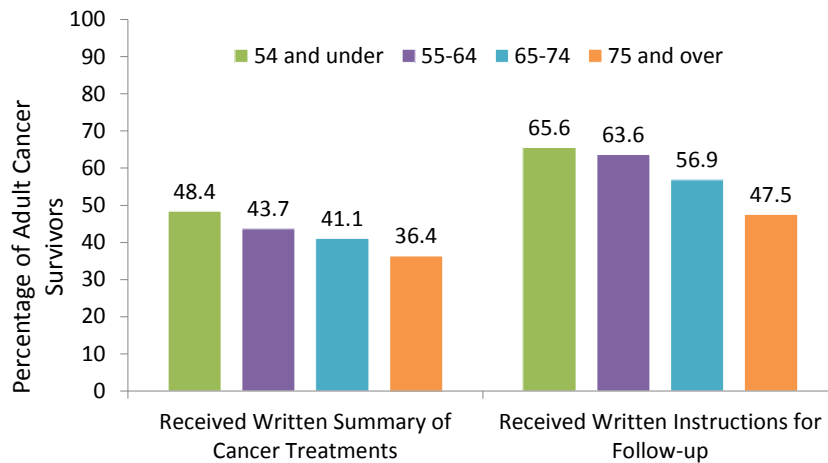
- These data are based on Maine cancer survivors' answers to the question, "Did any doctor, nurse or other health professional EVER give you a written summary of all the cancer treatments that you received?"
- About 4 in 10 (43.4 percent) Maine cancer survivors reported receiving a written summary of all cancer treatments (Table 13 and Figure 32).
- Maine adults with other (non-skin) cancer history were significantly more likely to have received a written cancer treatment summary (51.3 percent) compared to adults with skin cancer history (33.6 percent; Table 13 and Figure 32).
- Among Maine cancer survivors, there was no significant difference between females and males in the percentage who received a written cancer treatment summary (43.0 percent vs. 43.9 percent, respectively; Table 13 and Figure 32).
- The percentage of Maine cancer survivors who received a written cancer treatment summary declined with age, from 48.4 percent in the 54 and under age group to 36.4 percent in the 75 and older age group, but this difference was not statistically significant (Table 14 and Figure 33).

Figure 32. Percent Receiving Written Summary of All Cancer Treatments, Maine Cancer Survivors, 2011-2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

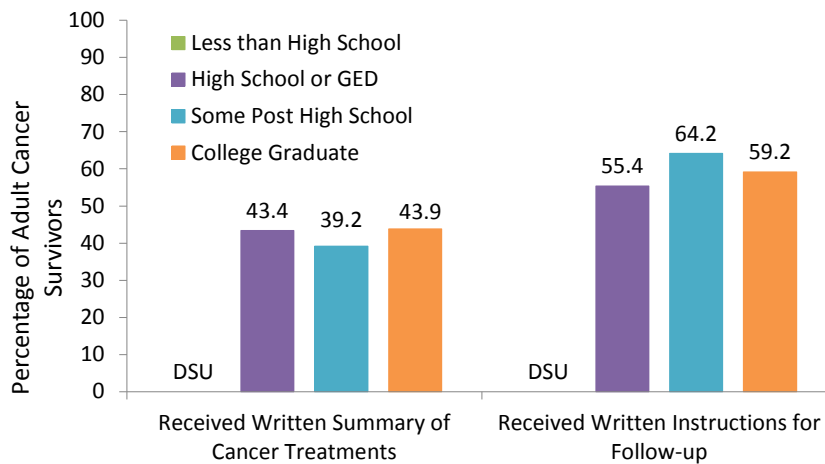
Figure 33. Cancer Treatment-related Measures by Age, Maine Cancer Survivors, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.
Cancer Survivors: Adults with a history of Any Cancer (including skin cancer).

- There were no statistically significant differences between education groups in the percentage of cancer survivors who received a written cancer treatment summary (Table 14 and Figure 34).

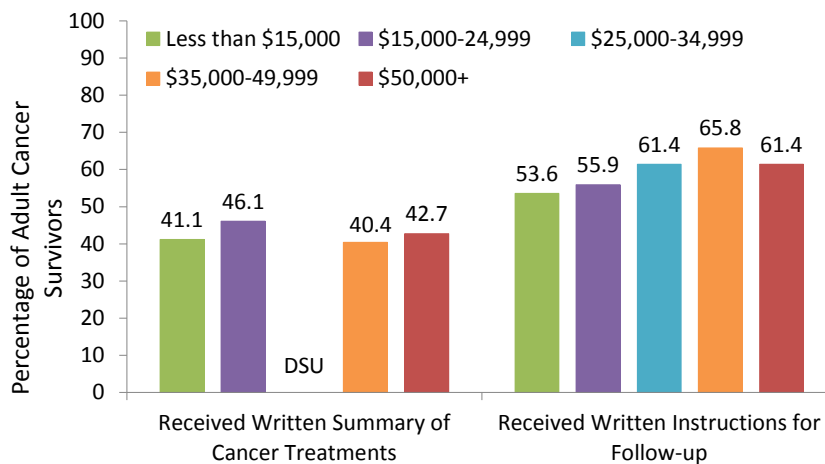
Figure 34. Cancer Treatment-related Measures by Education Level, Maine Cancer Survivors, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.
 Cancer Survivors: Adults with a history of Any Cancer (including skin cancer).
 DSU: Data suppressed as they do not meet statistical reliability standards.

- There were no statistically significant differences between household income groups in the percentage of cancer survivors who received a written cancer treatment summary (Table 14 and Figure 35).

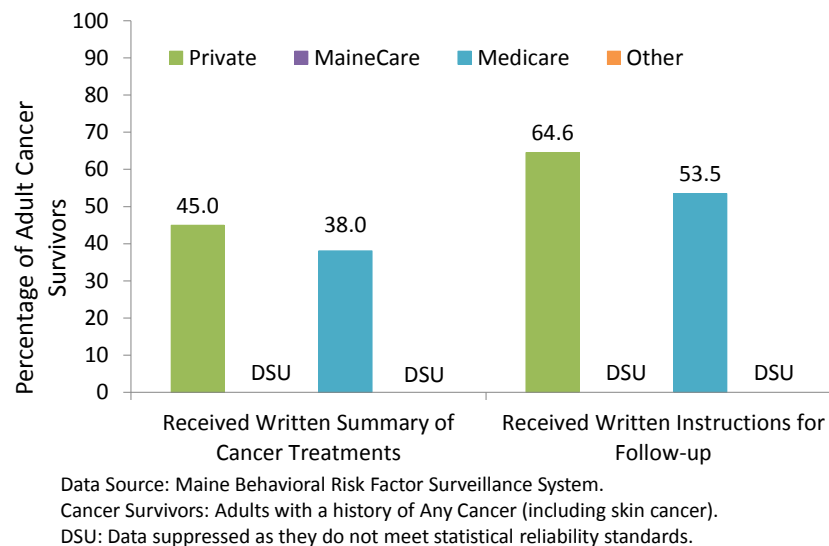
Figure 35. Cancer Treatment-related Measures by Household Income, Maine Cancer Survivors, 2011-12



Data Source: Maine Behavioral Risk Factor Surveillance System.
 Cancer Survivors: Adults with a history of Any Cancer (including skin cancer).
 DSU: Data suppressed as they do not meet statistical reliability standards.

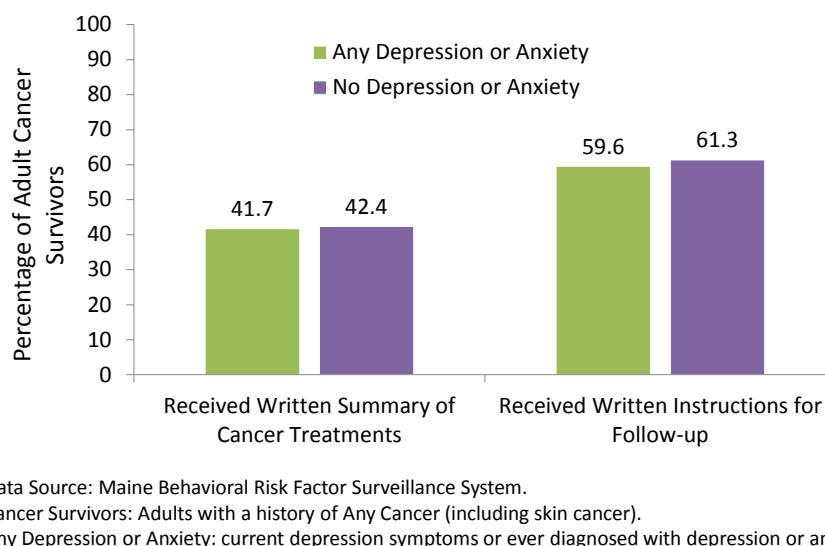
- There was no significant difference between those who had private health insurance and those with Medicare in the percentage who received a written cancer treatment summary (45.0 percent vs. 38.0 percent, respectively; Table 14 and Figure 36).

Figure 36. Cancer Treatment-related Measures by Health Insurance Type, Maine Cancer Survivors, 2011-12



- There was no significant difference between those who had any history of depression or anxiety and those who did not in the percentage who received a written cancer treatment summary (41.7 percent vs. 42.4 percent, respectively; Table 14 and Figure 37).

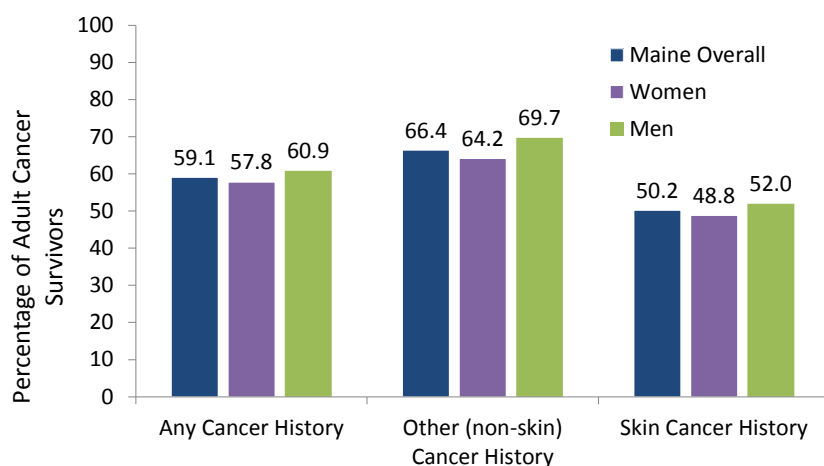
Figure 37. Cancer Treatment-related Measures by Depression History, Maine Cancer Survivors, 2011-12



Written Instructions for Follow-up Care

- These data are based on Maine cancer survivors' answers to the questions, "Have you EVER received instructions from a doctor, nurse or other health professional about where you should return or who you should see for routine cancer check-ups after completing treatment for cancer?" and "Were these instructions written down or printed on paper for you?" Those who answered "yes" to both questions were considered to have received written follow-up instructions.
- Nearly 6 in 10 (59.1 percent) Maine cancer survivors reported receiving written instructions for routine cancer check-ups after completing their treatment (Table 13 and Figure 38).
- Maine adults with other (non-skin) cancer history were significantly more likely to have received written follow-up instructions (66.4 percent) compared to adults with skin cancer history (50.2 percent; Table 13 and Figure 38).
- Among Maine cancer survivors, there was no significant difference between females and males in the percentage who received written follow-up instructions (57.8 percent vs. 60.9 percent, respectively; Table 13 and Figure 38).

Figure 38. Percent Receiving Written Instructions for Routine Check-ups after Completing Treatment, Maine Cancer Survivors, 2011-2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

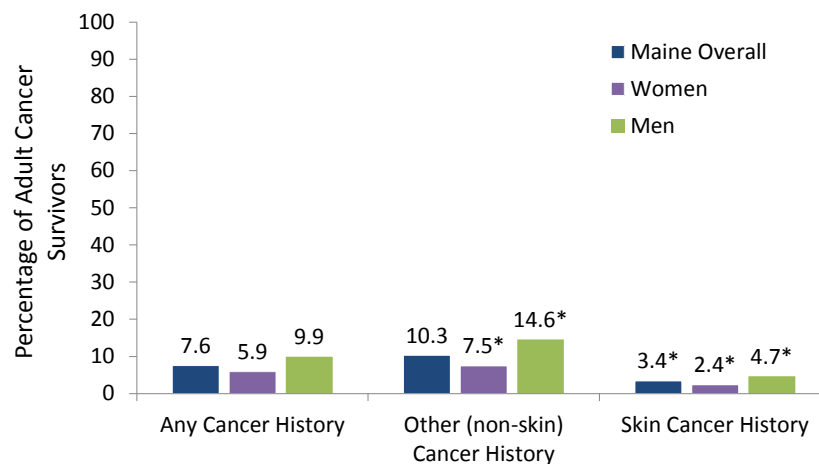
- The percentage of Maine cancer survivors who received written follow-up instructions declined significantly with age, from 65.6 percent in the 54 and under age group to 47.5 percent in the 75 and older age group (Table 14 and Figure 33).

- There were no statistically significant differences between education groups in the percentage of cancer survivors who received written follow-up instructions (Table 14 and Figure 34).
- The percentage of Maine cancer survivors who received written follow-up instructions appeared to be lower in the less than \$15,000 and \$15,000-24,999 income groups than in the \$25,000-34,999, \$35,000-49,999 and \$50,000+ income groups, but these differences were not statistically significant (Table 14 and Figure 35).
- Maine cancer survivors with private health insurance were significantly more likely to report receiving written follow-up instructions (64.6 percent) than those with Medicare (53.5 percent; Table 14 and Figure 36).
- There was no significant difference between those who had any history of depression or anxiety and those who did not in the percentage who received written follow-up instructions (59.6 percent vs. 61.3 percent, respectively; Table 14 and Figure 37).

Clinical Trial Participation

- These data are based on Maine cancer survivors' answers to the question, "Did you participate in a clinical trial as part of your cancer treatment?"
- Almost 1 in 10 (7.6 percent) Maine cancer survivors reported participating in a clinical trial as part of cancer treatment (Table 13 and Figure 39).

Figure 39. Percent Who Participated in a Clinical Trial, Maine Cancer Survivors, 2011-2012



Data Source: Maine Behavioral Risk Factor Surveillance System.

*Based upon unweighted numerator of <50; interpret with caution.

- Maine adults with other (non-skin) cancer history were significantly more likely to have participated in a clinical trial (10.3 percent) compared to adults with skin cancer history (3.4 percent; Table 13 and Figure 39).
- Among Maine cancer survivors, there was no significant difference between females and males in the percentage who participated in a clinical trial (5.9 percent vs. 9.9 percent, respectively; Table 13 and Figure 39).
- The number of Maine cancer survivors who participated in a clinical trial was too small to allow for statistically reliable analysis by additional demographic factors.

References

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Tables

Table 1. Prevalence of Cancer History by Year, Maine and U.S. Adults, 2011-2012

Table 2. Prevalence of Cancer History by Type, Maine Adults, 2011-2012

Table 3. Prevalence of Any Cancer (including skin cancer) History by Demographics, Geographic Area and Other Measures, Maine Adults, 2011-2012

Table 4. Prevalence of Other (non-skin) Cancer History by Demographics, Geographic Area and Other Measures, Maine Adults, 2011-2012

Table 5. Prevalence of Skin Cancer History by Demographics, Geographic Area and Other Measures, Maine Adults, 2011-2012

Table 6. Selected Characteristics of Maine Adults with Any Cancer History, 2011-2012

Table 7. Selected Characteristics of Maine Adults with Other (non-skin) Cancer History, 2011-2012

Table 8. Selected Characteristics of Maine Adults with Skin Cancer History, 2011-2012

Table 9. Prevalence of Selected Chronic Disease Risk Factors by Cancer History, Maine Adults

Table 10. Prevalence of Selected Chronic Conditions by Cancer History, Maine Adults

Table 11. Prevalence of Selected Quality of Life Measures by Cancer History, Maine Adults, 2012

Table 12. Prevalence of Selected Health Care Measures by Cancer History, Maine Adults

Table 13. Prevalence of Selected Cancer Care Measures by Type of Cancer History and Gender, Maine Adults, 2011-2012

Table 14. Prevalence of Selected Cancer Care Measures by Demographics, Maine Adults with Any Cancer (including skin cancer) History, 2011-2012

Table 1. Prevalence of Cancer History by Year, Maine and U.S. Adults, 2011-2012

Any Cancer (including skin cancer) History						
	Maine					U.S.
	Total Respondents	n	Weighted Number	%	95% CI	Median
All Adults						
2011	13,174	2,221	127,672	12.1	11.5 - 12.7	NA
2012	9,872	1,554	124,215	11.8	11.1 - 12.5	NA
Women						
2011	8,041	1,464	77,512	14.2	13.3 - 15.1	NA
2012	5,719	962	70,877	13.0	12.0 - 14.0	NA
Men						
2011	5,133	757	50,160	9.9	9.0 - 10.7	NA
2012	4,153	592	53,338	10.5	9.5 - 11.5	NA
Other (non-skin) Cancer History						
	Maine					U.S.
	Total Respondents	n	Weighted Number	%	95% CI	Median
All Adults						
2011	13,199	1,336	77,849	7.4	6.9 - 7.9	6.6
2012	9,891	928	75,854	7.2	6.6 - 7.7	6.5
Women						
2011	8,053	916	50,412	9.2	8.5 - 10.0	8.0
2012	5,728	606	46,309	8.5	7.7 - 9.3	7.6
Men						
2011	5,146	420	27,437	5.4	4.8 - 6.0	5.2
2012	4,163	322	29,545	5.8	5.0 - 6.5	5.2
Skin Cancer History						
	Maine					U.S.
	Total Respondents	n	Weighted Number	%	95% CI	Median
All Adults						
2011	13,206	1,116	62,041	5.9	5.5 - 6.3	5.8
2012	9,888	775	59,397	5.6	5.2 - 6.1	5.7
Women						
2011	8,064	694	34,429	6.3	5.7 - 6.8	5.6
2012	5,731	445	30,486	5.6	5.0 - 6.2	5.6
Men						
2011	5,142	422	27,612	5.4	4.8 - 6.1	6.0
2012	4,157	330	28,911	5.7	5.0 - 6.4	5.9

Maine Data Source: Maine Behavioral Risk Factor Surveillance System.

U.S. Data Source: Behavioral Risk Factor Surveillance System Data, <http://apps.nccd.cdc.gov/brfss/index.asp>

U.S. Median of all 50 states and Washington, D.C.

All %'s are weighted to be more representative of the general adult population and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

NA = not available.

Table 2. Prevalence of Cancer History by Type, Maine Adults, 2011-2012

Type of Cancer History	Unweighted Number	Average Annual Weighted Number	Weighted % of All Maine Adults	Weighted % of Maine Adults with Any Cancer History
Any Cancer History (skin or non-skin)	3,775	125,944	12.0	100.0
Skin Cancer History	1,891	60,719	5.8	48.2
Other (non-skin) Cancer History	2,264	76,852	7.3	61.0
Combined History*				
Skin Cancer History AND Other Cancer History	380	11,627	1.1	9.3
Skin Cancer History BUT No Other Cancer History	1,504	48,951	4.7	39.0
Other Cancer History BUT No Skin Cancer History	1,875	64,866	6.2	51.7

* Among those with both known (non-missing) skin cancer history and known other cancer history (n=3,759; Average Annual Weighted N = 250,888). Numbers do not sum to Any Cancer History total because of missing data on either skin cancer history or other cancer history.

Table 3 (page 1 of 3). Prevalence of Any Cancer (including skin cancer) History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Any Cancer (including skin cancer) History				
	Total Respondents	n	Avg Annual N	%	95% CI
Total	23,046	3,775	125,944	12.0	11.5 - 12.4
Sex					
Female	13,760	2,426	37,097	13.6	13.0 - 14.3
Male	9,286	1,349	25,875	10.2	9.5 - 10.8
Age					
18-24	841	12	686 [†]	1.2[†]	0.4 - 1.9 [†]
25-34	1,826	47	1,723 [†]	2.4[†]	1.6 - 3.2 [†]
35-44	2,814	153	4,105	5.1	4.1 - 6.0
45-54	4,374	413	9,129	8.8	7.8 - 9.7
55-64	5,574	911	14,328	15.0	13.9 - 16.1
65-74	4,313	1,080	14,452	23.9	22.4 - 25.4
75 and over	3,124	1,130	18,242	36.8	34.7 - 38.9
Race					
White	22,046	3,625	60,783	12.1	11.6 - 12.6
Black or African American	105	11	141 [†]	4.4[†]	1.2 - 7.6 [†]
American Indian or Alaska Native	272	39	669 [†]	10.4[†]	6.1 - 14.8 [†]
Multiracial	261	47	626 [†]	10.1[†]	6.3 - 13.8 [†]
Other Race	104	5	24 [†]	0.9[†]	0.1 - 1.8 [†]
Hispanic Ethnicity					
Non-Hispanic	22,692	3,720	62,152	12.0	11.5 - 12.5
Hispanic	219	22	286 [†]	5.0[†]	2.5 - 7.5 [†]
Education Level					
Less than High School	1,314	230	6,793	12.5	10.5 - 14.4
High School or GED	7,372	1,181	21,033	11.5	10.7 - 12.3
Some Post High School	5,951	931	17,987	11.4	10.5 - 12.2
College Graduate	8,365	1,420	16,976	13.0	12.3 - 13.8
Household Income					
Less than \$15,000	2,744	489	7,637	12.7	11.3 - 14.2
\$15,000-24,999	3,902	723	12,057	13.6	12.4 - 14.8
\$25,000-34,999	2,494	393	6,607	11.6	10.2 - 13.0
\$35,000-49,999	3,290	546	9,365	12.3	11.1 - 13.5
\$50,000+	8,128	1,166	20,067	10.8	10.1 - 11.5
Sexual Orientation					
Bisexual	209	28	478 [†]	8.5[†]	3.8 - 13.1 [†]
Heterosexual or Straight	20,698	3,481	56,265	12.8	12.3 - 13.3
Homosexual (Gay or Lesbian)	347	60	807	10.6	7.3 - 13.8
Other	92	12	248 [†]	11.0[†]	3.9 - 18.0 [†]

Table 3 (page 2 of 3). Prevalence of Any Cancer (including skin cancer) History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Any Cancer (including skin cancer) History				
	Total Respondents	n	Avg Annual N	%	95% CI
Health Insurance Status					
Has Health Insurance	20,797	3,622	59,848	13.1	12.6 - 13.6
No Health Insurance	2,189	146	2,986	4.5	3.5 - 5.4
Health Insurance Type					
Private	10,087	1,157	19,972	8.7	8.1 - 9.3
MaineCare	1,962	269	4,978	9.6	8.1 - 11.0
Medicare	5,806	1,701	24,947	28.2	26.8 - 29.6
Other*	1,463	293	4,937	16.0	13.8 - 18.1
Current Depression					
Yes	355	73	1,869	14.2	10.4 - 18.1
No	10,925	1,953	51,621	14.1	13.4 - 14.8
Any Depression or Anxiety					
Yes	3,785	709	21,151	14.0	12.7 - 15.3
No	7,903	1,364	35,700	13.5	12.7 - 14.4
County of Residence					
Androscoggin	1,500	198	3,692	9.0	7.5 - 10.4
Aroostook	1,252	199	4,115	12.8	10.6 - 14.9
Cumberland	3,861	625	11,712	12.3	11.2 - 13.5
Franklin	833	124	1,551	11.3	8.8 - 13.7
Hancock	993	149	2,406	10.8	8.8 - 12.8
Kennebec	1,897	290	5,225	10.4	8.9 - 11.8
Knox	1,101	235	2,317	15.3	12.9 - 17.6
Lincoln	1,081	229	2,431	16.1	13.4 - 18.8
Oxford	958	152	3,204	12.9	10.6 - 15.2
Penobscot	2,054	307	6,225	11.3	9.8 - 12.8
Piscataquis	537	85	1,187	13.0	9.9 - 16.1
Sagadahoc	840	161	2,162	15.3	12.5 - 18.2
Somerset	827	121	2,288	10.2	8.1 - 12.3
Waldo	1,027	185	2,068	12.7	10.4 - 15.0
Washington	1,046	157	1,855	12.5	10.0 - 15.0
York	2,680	485	9,232	13.4	12.0 - 14.9

Table 3 (page 3 of 3). Prevalence of Any Cancer (including skin cancer) History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Any Cancer (including skin cancer) History				
	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence					
Aroostook	1,252	199	4,115	12.8	10.6 - 14.9
Central	2,724	411	7,513	10.3	9.1 - 11.5
Cumberland	3,861	625	11,712	12.3	11.2 - 13.5
Downeast	2,039	306	4,261	11.5	9.9 - 13.0
Midcoast	4,049	810	8,978	14.8	13.5 - 16.1
Penquis	2,591	392	7,412	11.6	10.2 - 12.9
Western	3,291	474	8,447	10.6	9.5 - 11.7
York	2,680	485	9,232	13.4	12.0 - 14.9

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 4 (page 1 of 3). Prevalence of Other (non-skin) Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Other (non-skin) Cancer History				
	Total Respondents	n	Avg Annual N	%	95% CI
Total	23,090	2,264	76,852	7.3	6.9 - 7.7
Sex					
Female	13,781	1,522	24,180	8.9	8.3 - 9.4
Male	9,309	742	14,246	5.6	5.1 - 6.1
Age					
18-24	841	10	547 [†]	0.9[†]	0.3 - 1.5 [†]
25-34	1,829	37	1,440 [†]	2.0[†]	1.2 - 2.7 [†]
35-44	2,815	119	3,218	4.0	3.1 - 4.8
45-54	4,384	241	5,359	5.1	4.4 - 5.9
55-64	5,583	520	8,194	8.6	7.7 - 9.4
65-74	4,326	666	8,727	14.4	13.2 - 15.6
75 and over	3,132	654	10,759	21.6	19.8 - 23.4
Race					
White	22,087	2,165	36,946	7.3	7.0 - 7.7
Black or African American	106	11	141 [†]	4.4[†]	1.2 - 7.5 [†]
American Indian or Alaska Native	274	26	457 [†]	7.1[†]	3.8 - 10.4 [†]
Multiracial	263	33	478 [†]	7.7[†]	4.3 - 11.1 [†]
Other Race	104	4	19 [†]	0.7[†]	0.0 - 1.4 [†]
Hispanic Ethnicity					
Non-Hispanic	22,735	2,233	37,990	7.3	6.9 - 7.7
Hispanic	219	12	140 [†]	2.4[†]	0.8 - 4.1 [†]
Education Level					
Less than High School	1,316	159	4,810	8.8	7.2 - 10.5
High School or GED	7,388	782	13,740	7.5	6.9 - 8.1
Some Post High School	5,967	549	10,591	6.7	6.0 - 7.4
College Graduate	8,375	766	9,134	7.0	6.4 - 7.6
Household Income					
Less than \$15,000	2,751	332	5,307	8.8	7.6 - 10.1
\$15,000-24,999	3,908	497	8,311	9.4	8.3 - 10.4
\$25,000-34,999	2,498	243	4,131	7.2	6.1 - 8.4
\$35,000-49,999	3,296	310	5,340	7.0	6.1 - 7.9
\$50,000+	8,142	595	10,497	5.6	5.1 - 6.2
Sexual Orientation					
Bisexual	211	17	354 [†]	6.2[†]	1.8 - 10.6 [†]
Heterosexual or Straight	20,738	2,091	34,201	7.8	7.3 - 8.2
Homosexual (Gay or Lesbian)	347	26	362 [†]	4.7[†]	2.4 - 7.0 [†]
Other	92	8	152 [†]	6.7[†]	1.3 - 12.1 [†]

Table 4 (page 2 of 3). Prevalence of Other (non-skin) Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Other (non-skin) Cancer History				
	Total Respondents	n	Avg Annual N	%	95% CI
Health Insurance Status					
Has Health Insurance	20,837	2,155	36,179	7.9	7.5 - 8.3
No Health Insurance	2,192	105	2,176	3.3	2.5 - 4.1
Health Insurance Type					
Private	10,099	640	11,074	4.8	4.4 - 5.3
MaineCare	1,967	179	3,470	6.7	5.4 - 7.9
Medicare	5,821	1,022	15,178	17.1	15.9 - 18.3
Other*	1,466	190	3,211	10.4	8.6 - 12.2
Current Depression					
Yes	356	54	1,303	9.9	6.7 - 13.0
No	10,943	1,159	30,791	8.4	7.8 - 9.0
Any Depression or Anxiety					
Yes	3,792	448	13,646	9.0	7.9 - 10.1
No	7,918	794	20,805	7.9	7.2 - 8.5
Skin Cancer History					
Yes	1,884	380	11,627	19.2	17.1 - 21.3
No	21,146	1,875	64,866	6.5	6.2 - 6.9
County of Residence					
Androscoggin	1,503	119	2,181	5.3	4.2 - 6.4
Aroostook	1,254	148	3,128	9.7	7.8 - 11.6
Cumberland	3,869	358	6,716	7.1	6.2 - 7.9
Franklin	835	76	939	6.8	4.9 - 8.7
Hancock	992	89	1,489	6.7	5.0 - 8.3
Kennebec	1,903	183	3,481	6.9	5.6 - 8.1
Knox	1,102	131	1,357	8.9	7.1 - 10.8
Lincoln	1,084	132	1,459	9.6	7.4 - 11.8
Oxford	961	96	2,111	8.5	6.5 - 10.5
Penobscot	2,055	179	3,652	6.6	5.4 - 7.8
Piscataquis	537	58	761	8.3	5.9 - 10.8
Sagadahoc	840	81	1,160	8.2	6.0 - 10.4
Somerset	829	75	1,492	6.7	4.9 - 8.4
Waldo	1,030	106	1,175	7.2	5.5 - 8.9
Washington	1,050	115	1,340	9.0	6.9 - 11.1
York	2,685	271	5,149	7.5	6.4 - 8.6

Table 4 (page 3 of 3). Prevalence of Other (non-skin) Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Other (non-skin) Cancer History				
	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence					
Aroostook	1,254	148	3,128	9.7	7.8 - 11.6
Central	2,732	258	4,973	6.8	5.8 - 7.8
Cumberland	3,869	358	6,716	7.1	6.2 - 7.9
Downeast	2,042	204	2,829	7.6	6.3 - 8.9
Midcoast	4,056	450	5,150	8.5	7.5 - 9.5
Penquis	2,592	237	4,413	6.9	5.8 - 8.0
Western	3,299	291	5,230	6.5	5.6 - 7.4
York	2,685	271	5,149	7.5	6.4 - 8.6

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 5 (page 1 of 3). Prevalence of Skin Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Skin Cancer History				
	Total Respondents	n	Avg Annual N	%	95% CI
Total	23,094	1,891	60,719	5.8	5.4 - 6.1
Sex					
Female	13,795	1,139	16,229	5.9	5.5 - 6.3
Male	9,299	752	14,131	5.6	5.1 - 6.0
Age					
18-24	841	2	139 [†]	0.2[†]	0.0 - 0.6 [†]
25-34	1,835	13	335 [†]	0.5[†]	0.2 - 0.8 [†]
35-44	2,823	42	1,058 [†]	1.3[†]	0.8 - 1.8 [†]
45-54	4,383	189	4,170	4.0	3.3 - 4.7
55-64	5,585	458	7,097	7.4	6.6 - 8.2
65-74	4,318	526	7,131	11.8	10.6 - 12.9
75 and over	3,129	646	10,276	20.7	19.0 - 22.4
Race					
White	22,086	1,831	29,493	5.9	5.5 - 6.2
Black or African American	105	0	0 [†]	0.0[†]	--
American Indian or Alaska Native	275	17	310 [†]	4.8[†]	1.3 - 8.2 [†]
Multiracial	265	17	190 [†]	3.0[†]	1.2 - 4.8 [†]
Other Race	104	1	6 [†]	0.2[†]	0.0 - 0.6 [†]
Hispanic Ethnicity					
Non-Hispanic	22,740	1,864	29,926	5.8	5.4 - 6.1
Hispanic	219	11	168 [†]	2.9[†]	1.0 - 4.9 [†]
Education Level					
Less than High School	1,322	92	2,564	4.7	3.5 - 5.8
High School or GED	7,389	521	9,265	5.1	4.6 - 5.6
Some Post High School	5,962	470	9,067	5.7	5.1 - 6.3
College Graduate	8,376	801	9,408	7.2	6.6 - 7.8
Household Income					
Less than \$15,000	2,755	206	3,041	5.0	4.2 - 5.9
\$15,000-24,999	3,909	300	4,827	5.4	4.7 - 6.2
\$25,000-34,999	2,497	193	3,218	5.6	4.7 - 6.6
\$35,000-49,999	3,298	298	5,055	6.6	5.7 - 7.5
\$50,000+	8,139	671	11,039	5.9	5.4 - 6.5
Sexual Orientation					
Bisexual	211	11	124 [†]	2.2[†]	0.7 - 3.6 [†]
Heterosexual or Straight	20,736	1,754	27,529	6.2	5.9 - 6.6
Homosexual (Gay or Lesbian)	348	36	453 [†]	5.9[†]	3.7 - 8.1 [†]
Other	92	5	139 [†]	6.1[†]	0.3 - 12.0 [†]

Table 5 (page 2 of 3). Prevalence of Skin Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Cancer (not including skin cancer) History				
	Total Respondents	n	Avg Annual N	%	95% CI
Health Insurance Status					
Has Health Insurance	20,842	1,837	29,217	6.4	6.0 - 6.7
No Health Insurance	2,192	51	1,076	1.6	1.0 - 2.2
Health Insurance Type					
Private	10,107	602	10,174	4.4	4.0 - 4.9
MaineCare	1,973	108	1,760	3.4	2.6 - 4.2
Medicare	5,811	895	12,894	14.6	13.5 - 15.6
Other*	1,468	139	2,289	7.4	6.0 - 8.8
Current Depression					
Yes	357	30	846 [†]	6.4[†]	3.8 - 9.0 [†]
No	10,949	1,002	26,140	7.1	6.6 - 7.6
Any Depression or Anxiety					
Yes	3,797	328	9,236	6.1	5.3 - 6.9
No	7,920	723	18,890	7.1	6.5 - 7.7
Other Cancer (not including skin cancer) History					
Yes	2,255	380	11,627	15.2	13.5 - 16.9
No	20,775	1,504	48,951	5.0	83.1 - 86.5
County of Residence					
Androscoggin	1,504	101	1,847	4.5	3.5 - 5.5
Aroostook	1,250	69	1,341	4.2	3.0 - 5.3
Cumberland	3,868	325	6,118	6.4	5.6 - 7.3
Franklin	838	56	698	5.0	3.5 - 6.6
Hancock	996	77	1,099	4.9	3.7 - 6.2
Kennebec	1,897	137	2,302	4.6	3.7 - 5.5
Knox	1,103	127	1,211	8.0	6.3 - 9.7
Lincoln	1,082	126	1,195	7.9	6.2 - 9.6
Oxford	961	72	1,350	5.4	4.0 - 6.8
Penobscot	2,064	147	2,925	5.3	4.3 - 6.3
Piscataquis	536	38	545 [†]	6.0[†]	3.8 - 8.1 [†]
Sagadahoc	842	96	1,234	8.7	6.6 - 10.9
Somerset	829	56	957	4.3	3.0 - 5.6
Waldo	1,031	96	1,098	6.7	5.0 - 8.4
Washington	1,046	62	724	4.9	3.4 - 6.4
York	2,686	273	5,129	7.4	6.4 - 8.5

Table 5 (page 3 of 3). Prevalence of Skin Cancer History by Demographics, Geographic Area, and Other Measures, Maine Adults, 2011-2012

	Cancer (not including skin cancer) History				
	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence					
Aroostook	1,250	69	1,341	4.2	3.0 - 5.3
Central	2,726	193	3,259	4.5	3.7 - 5.2
Cumberland	3,868	325	6,118	6.4	5.6 - 7.3
Downeast	2,042	139	1,823	4.9	3.9 - 5.9
Midcoast	4,058	445	4,738	7.8	6.9 - 8.7
Penquis	2,600	185	3,470	5.4	4.5 - 6.3
Western	3,303	229	3,895	4.9	4.1 - 5.6
York	2,686	273	5,129	7.4	6.4 - 8.5

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

weighted numerator; 95% CI = 95% Confidence Interval.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

-- 95% Confidence Interval cannot be calculated when the n = 0.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 6 (page 1 of 4). Selected Characteristics of Maine Adults with Any Cancer History, 2011-2012

	Maine Adults with Any Cancer (including skin cancer) History (n=3,775; 12.0% of Maine adults)					All Other Maine Adults (n=19,271; 88.0% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Sex	3,775					19,271				
Female		2,426	37,097	58.9	56.9 - 60.9		11,334	235,465	50.8	49.9 - 51.7
Male		1,349	25,875	41.1	39.1 - 43.1		7,937	228,102	49.2	48.3 - 50.1
Age	3,746					19,120				
18-24		12	686 [†]	1.1[†]	0.4 - 1.8 [†]		829	58,619	12.7	11.9 - 13.6
25-34		47	1,723 [†]	2.7[†]	1.8 - 3.7 [†]		1,779	71,353	15.5	14.8 - 16.2
35-44		153	4,105	6.6	5.3 - 7.8		2,661	76,942	16.7	16.0 - 17.4
45-54		413	9,129	14.6	13.0 - 16.1		3,961	95,128	20.6	19.9 - 21.3
55-64		911	14,328	22.9	21.3 - 24.5		4,663	81,329	17.6	17.1 - 18.2
65-74		1,080	14,452	23.1	21.5 - 24.6		3,233	46,098	10.0	9.6 - 10.4
75 and over		1,130	18,242	29.1	27.3 - 30.9		1,994	31,349	6.8	6.4 - 7.2
Race	3,727					19,061				
White		3,625	60,783	97.7	97.0 - 98.3		18,421	441,922	96.3	95.9 - 96.7
Black or African American		11	141 [†]	0.2[†]	0.1 - 0.4 [†]		94	3,073	0.7	0.5 - 0.8
American Indian or Alaska Native		39	669 [†]	1.1[†]	0.6 - 1.5 [†]		233	5,742	1.3	1.0 - 1.5
Multiracial		47	626 [†]	1.0[†]	0.6 - 1.4 [†]		214	5,586	1.2	1.0 - 1.5
Other Race		5	24 [†]	0.0[†]	0.0 - 0.1 [†]		99	2,633	0.6	0.4 - 0.7
Hispanic Ethnicity	3,742					19,169				
Non-Hispanic		3,720	62,152	99.5	99.3 - 99.8		18,972	456,196	98.8	98.6 - 99.1
Hispanic		22	286 [†]	0.5[†]	0.2 - 0.7 [†]		197	5,436	1.2	0.9 - 1.4
Education Level	3,762					19,240				
Less than High School		230	6,793	10.8	9.2 - 12.4		1,084	47,724	10.3	9.6 - 11.1
High School or GED		1,181	21,033	33.5	31.6 - 35.4		6,191	161,534	34.9	34.0 - 35.8
Some Post High School		931	17,987	28.6	26.8 - 30.5		5,020	140,262	30.3	29.4 - 31.2
College Graduate		1,420	16,976	27.0	25.5 - 28.6		6,945	113,399	24.5	23.8 - 25.2

Table 6 (page 2 of 4). Selected Characteristics of Maine Adults with Any Cancer History, 2011-2012

	Maine Adults with Any Cancer (including skin cancer) History (n=3,775; 12.0% of Maine adults)					All Other Maine Adults (n=19,271; 88.0% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Household Income	3,317					17,241				
Less than \$15,000		489	7,637	13.7	12.2 - 15.2		2,255	52,287	12.7	12.0 - 13.4
\$15,000-24,999		723	12,057	21.6	19.8 - 23.4		3,179	76,574	18.6	17.8 - 19.4
\$25,000-34,999		393	6,607	11.9	10.5 - 13.3		2,101	50,305	12.2	11.6 - 12.9
\$35,000-49,999		546	9,365	16.8	15.2 - 18.4		2,744	67,020	16.3	15.6 - 17.0
\$50,000+		1,166	20,067	36.0	34.0 - 38.0		6,962	165,777	40.2	39.3 - 41.2
Sexual Orientation	3,581					17,765				
Bisexual		28	478 [†]	0.8[†]	0.4 - 1.3 [†]		181	5,176	1.3	1.0 - 1.6
Heterosexual or Straight		3,481	56,265	97.3	96.7 - 98.0		17,217	384,255	96.5	96.1 - 96.9
Homosexual (Gay or Lesbian)		60	807	1.4	1.0 - 1.8		287	6,845	1.7	1.5 - 2.0
Other		12	248 [†]	0.4[†]	0.1 - 0.7 [†]		80	2,015	0.5	0.4 - 0.6
Health Insurance Status	3,768					19,218				
Has Health Insurance		3,622	59,848	95.2	94.3 - 96.2		17,175	397,565	86.2	85.5 - 86.9
No Health Insurance		146	2,986	4.8	3.8 - 5.7		2,043	63,821	13.8	13.1 - 14.5
Health Insurance Type	3,423					15,921				
Private		1,157	21,067	36.5	34.5 - 38.5		8,930	232,685	59.5	58.5 - 60.5
MaineCare		269	6,127	10.6	9.1 - 12.1		1,693	60,941	15.6	14.7 - 16.5
Medicare		1,701	25,348	43.9	41.9 - 45.9		4,105	67,503	17.3	16.6 - 17.9
Other*		293	5,170	9.0	7.8 - 10.1		1,170	29,475	7.5	7.0 - 8.1

Table 6 (page 3 of 4). Selected Characteristics of Maine Adults with Any Cancer History, 2011-2012

	Maine Adults with Any Cancer (including skin cancer) History (n=3,775; 12.0% of Maine adults)					All Other Maine Adults (n=19,271; 88.0% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
County of Residence	3,702					18,785				
Androscoggin		198	3,692	6.0	5.0 - 6.9		1,302	37,538	8.4	7.8 - 8.9
Aroostook		199	4,115	6.7	5.6 - 7.8		1,053	28,128	6.3	5.8 - 6.7
Cumberland		625	11,712	19.0	17.4 - 20.5		3,236	83,254	18.6	17.9 - 19.2
Franklin		124	1,551	2.5	2.0 - 3.1		709	12,211	2.7	2.4 - 3.0
Hancock		149	2,406	3.9	3.2 - 4.6		844	19,891	4.4	4.1 - 4.8
Kennebec		290	5,225	8.5	7.3 - 9.6		1,607	45,212	10.1	9.5 - 10.6
Knox		235	2,317	3.8	3.2 - 4.3		866	12,834	2.9	2.6 - 3.1
Lincoln		229	2,431	3.9	3.3 - 4.6		852	12,685	2.8	2.6 - 3.1
Oxford		152	3,204	5.2	4.3 - 6.1		806	21,623	4.8	4.4 - 5.2
Penobscot		307	6,225	10.1	8.8 - 11.4		1,747	48,818	10.9	10.3 - 11.5
Piscataquis		85	1,187	1.9	1.5 - 2.4		452	7,928	1.8	1.5 - 2.0
Sagadahoc		161	2,162	3.5	2.8 - 4.2		679	11,932	2.7	2.4 - 2.9
Somerset		121	2,288	3.7	3.0 - 4.5		706	20,056	4.5	4.1 - 4.9
Waldo		185	2,068	3.4	2.7 - 4.0		842	14,227	3.2	2.9 - 3.5
Washington		157	1,855	3.0	2.4 - 3.6		889	12,988	2.9	2.6 - 3.1
York		485	9,232	15.0	13.5 - 16.4		2,195	59,441	13.2	12.6 - 13.8

Table 6 (page 4 of 4). Selected Characteristics of Maine Adults with Any Cancer History, 2011-2012

	Maine Adults with Any Cancer (including skin cancer) History (n=3,775; 12.0% of Maine adults)					All Other Maine Adults (n=19,271; 88.0% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence	3,702					18,785				
Aroostook		199	4,115	6.7	5.6 - 7.8		1,053	28,128	6.3	5.8 - 6.7
Central		411	7,513	12.2	10.9 - 13.5		2,313	65,268	14.5	13.9 - 15.2
Cumberland		625	11,712	19.0	17.4 - 20.5		3,236	83,254	18.6	17.9 - 19.2
Downeast		306	4,261	6.9	6.0 - 7.8		1,733	32,879	7.3	6.9 - 7.8
Midcoast		810	8,978	14.6	13.4 - 15.8		3,239	51,678	11.5	11.0 - 12.0
Penquis		392	7,412	12.0	10.7 - 13.3		2,199	56,746	12.6	12.0 - 13.3
Western		474	8,447	13.7	12.3 - 15.1		2,817	71,372	15.9	15.2 - 16.6
York		485	9,232	15.0	13.5 - 16.4		2,195	59,441	13.2	12.6 - 13.8

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

CHD: coronary heart disease; COPD: chronic obstructive pulmonary disease.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

Table 7 (page 1 of 4). Selected Characteristics of Maine Adults with Other (non-skin) Cancer History, 2011-2012

	Maine Adults with Other (non-skin) Cancer History (n=2,264; 7.3% of Maine adults)					All Other Maine Adults (n=20,826; 92.7% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Sex	2,264					20,826				
Female		1,522	24,180	62.9	60.4 - 65.5		12,259	248,710	50.9	50.0 - 51.8
Male		742	14,246	37.1	34.5 - 39.6		8,567	240,237	49.1	48.2 - 50.0
Race	2,239					20,595				
White		2,165	36,946	97.1	96.3 - 97.9		19,922	466,551	96.4	96.0 - 96.8
Black or African American		11	141 [†]	0.4[†]	0.1 - 0.6 [†]		95	3,095	0.6	0.5 - 0.8
American Indian or Alaska Native		26	457 [†]	1.2[†]	0.6 - 1.8 [†]		248	5,972	1.2	1.0 - 1.4
Multiracial		33	478 [†]	1.3[†]	0.7 - 1.8 [†]		230	5,754	1.2	1.0 - 1.4
Other Race		4	19 [†]	0.0[†]	0.0 - 0.1 [†]		100	2,639	0.5	0.4 - 0.7
Hispanic Ethnicity	2,245					20,709				
Non-Hispanic		2,233	37,990	99.6	99.4 - 99.9		20,502	481,188	98.9	98.6 - 99.1
Hispanic		12	140 [†]	0.4[†]	0.1 - 0.6 [†]		207	5,577	1.1	0.9 - 1.4
Age	2,247					20,663				
18-24		10	547 [†]	1.4[†]	0.5 - 2.4 [†]		831	58,758	12.1	11.3 - 12.9
25-34		37	1,440 [†]	3.8[†]	2.4 - 5.2 [†]		1,792	71,734	14.8	14.1 - 15.5
35-44		119	3,218	8.4	6.7 - 10.1		2,696	77,855	16.0	15.4 - 16.7
45-54		241	5,359	14.0	12.0 - 16.0		4,143	99,099	20.4	19.7 - 21.1
55-64		520	8,194	21.4	19.4 - 23.5		5,063	87,632	18.0	17.5 - 18.6
65-74		666	8,727	22.8	20.9 - 24.7		3,660	51,981	10.7	10.3 - 11.1
75 and over		654	10,759	28.1	25.8 - 30.4		2,478	39,012	8.0	7.7 - 8.4
Education Level	2,256					20,790				
Less than High School		159	4,810	12.6	10.4 - 14.7		1,157	49,782	10.2	9.5 - 10.9
High School or GED		782	13,740	35.9	33.4 - 38.4		6,606	169,190	34.7	33.8 - 35.5
Some Post High School		549	10,591	27.7	25.3 - 30.1		5,418	147,937	30.3	29.5 - 31.1
College Graduate		766	9,134	23.9	22.0 - 25.8		7,609	121,358	24.9	24.2 - 25.5

Table 7 (page 2 of 4). Selected Characteristics of Maine Adults with Other (non-skin) Cancer History, 2011-2012

	Maine Adults with Other (non-skin) Cancer History (n=2,264; 7.3% of Maine adults)					All Other Maine Adults (n=20,826; 92.7% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Household Income	1,977					18,618				
Less than \$15,000		332	5,307	15.8	13.7 - 17.9		2,419	54,709	12.6	11.9 - 13.2
\$15,000-24,999		497	8,311	24.7	22.3 - 27.2		3,411	80,470	18.5	17.8 - 19.3
\$25,000-34,999		243	4,131	12.3	10.4 - 14.2		2,255	52,853	12.2	11.5 - 12.8
\$35,000-49,999		310	5,340	15.9	13.9 - 17.9		2,986	71,164	16.4	15.7 - 17.0
\$50,000+		595	10,497	31.3	28.7 - 33.8		7,547	175,652	40.4	39.5 - 41.3
Sexual Orientation	2,142					19,246				
Bisexual		17	354 [†]	1.0[†]	0.3 - 1.7 [†]		194	5,395	1.3	1.0 - 1.5
Heterosexual or Straight		2,091	34,201	97.5	96.6 - 98.5		18,647	406,998	96.5	96.1 - 96.9
Homosexual (Gay or Lesbian)		26	362 [†]	1.0[†]	0.5 - 1.5 [†]		321	7,290	1.7	1.5 - 2.0
Other		8	152 [†]	0.4[†]	0.1 - 0.8 [†]		84	2,111	0.5	0.4 - 0.6
Health Insurance Status	2,260					20,769				
Has Health Insurance		2,155	36,179	94.3	93.0 - 95.7		18,682	421,995	86.7	86.0 - 87.4
No Health Insurance		105	2,176	5.7	4.3 - 7.0		2,087	64,697	13.3	12.6 - 14.0
Health Insurance Type	2,033					17,347				
Private		640	11,753	33.7	31.1 - 36.3		9,459	242,240	58.4	57.4 - 59.4
MaineCare		179	4,311	12.4	10.2 - 14.5		1,788	62,881	15.2	14.3 - 16.0
Medicare		1,022	15,438	44.2	41.6 - 46.9		4,799	77,674	18.7	18.1 - 19.4
Other*		190	3,367	9.7	8.0 - 11.3		1,276	31,347	7.6	7.0 - 8.1

Table 7 (page 3 of 4). Selected Characteristics of Maine Adults with Other (non-skin) Cancer History, 2011-2012

	Maine Adults with Other (non-skin) Cancer History (n=2,264; 7.3% of Maine adults)					All Other Maine Adults (n=20,826; 92.7% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
County of Residence	2,217					20,312				
Androscoggin		119	2,181	5.8	4.6 - 7.0		1,384	39,140	8.3	7.8 - 8.8
Aroostook		148	3,128	8.3	6.7 - 9.9		1,106	29,237	6.2	5.7 - 6.6
Cumberland		358	6,716	17.9	15.9 - 19.8		3,511	88,425	18.7	18.1 - 19.3
Franklin		76	939	2.5	1.8 - 3.2		759	12,869	2.7	2.5 - 3.0
Hancock		89	1,489	4.0	3.0 - 4.9		903	20,793	4.4	4.0 - 4.7
Kennebec		183	3,481	9.3	7.7 - 10.9		1,720	47,030	9.9	9.4 - 10.5
Knox		131	1,357	3.6	2.9 - 4.3		971	13,816	2.9	2.7 - 3.2
Lincoln		132	1,459	3.9	3.0 - 4.8		952	13,681	2.9	2.6 - 3.1
Oxford		96	2,111	5.6	4.3 - 6.9		865	22,781	4.8	4.4 - 5.2
Penobscot		179	3,652	9.7	8.1 - 11.4		1,876	51,406	10.9	10.3 - 11.4
Piscataquis		58	761	2.0	1.4 - 2.6		479	8,365	1.8	1.6 - 2.0
Sagadahoc		81	1,160	3.1	2.3 - 3.9		759	12,932	2.7	2.5 - 3.0
Somerset		75	1,492	4.0	2.9 - 5.0		754	20,866	4.4	4.0 - 4.8
Waldo		106	1,175	3.1	2.4 - 3.8		924	15,148	3.2	2.9 - 3.5
Washington		115	1,340	3.6	2.7 - 4.4		935	13,565	2.9	2.6 - 3.1
York		271	5,149	13.7	11.8 - 15.6		2,414	63,598	13.4	12.9 - 14.0

Table 7 (Page 4 of 4). Selected Characteristics of Maine Adults with Other (non-skin) Cancer History, 2011-2012

	Maine Adults with Other (non-skin) Cancer History (n=2,264; 7.3% of Maine adults)					All Other Maine Adults (n=20,826; 92.7% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence	2,217					20,312				
Aroostook		148	3,128	8.3	6.7 - 9.9		1,106	29,237	6.2	5.7 - 6.6
Central		258	4,973	13.2	11.4 - 15.1		2,474	67,895	14.3	13.7 - 15.0
Cumberland		358	6,716	17.9	15.9 - 19.8		3,511	88,425	18.7	18.1 - 19.3
Downeast		204	2,829	7.5	6.3 - 8.8		1,838	34,358	7.3	6.8 - 7.7
Midcoast		450	5,150	13.7	12.2 - 15.2		3,606	55,577	11.7	11.3 - 12.2
Penquis		237	4,413	11.7	10.0 - 13.5		2,355	59,771	12.6	12.0 - 13.2
Western		291	5,230	13.9	12.1 - 15.7		3,008	74,790	15.8	15.1 - 16.4
York		271	5,149	13.7	11.8 - 15.6		2,414	63,598	13.4	12.9 - 14.0

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

CHD: coronary heart disease; COPD: chronic obstructive pulmonary disease.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

** Including coronary heart disease, stroke, diabetes, current asthma, or chronic obstructive pulmonary disease.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 8 (page 1 of 4). Selected Characteristics of Maine Adults with Skin Cancer History, 2011-2012

	Maine Adults with Skin Cancer History (n=1,891; 5.8% of Maine adults)					All Other Maine Adults (n=21,203; 94.2% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Sex	1,891					21,203				
Female		1,139	16,229	53.5	50.7 - 56.2		12,656	257,067	51.7	50.8 - 52.6
Male		752	14,131	46.5	43.8 - 49.3		8,547	240,324	48.3	47.4 - 49.2
Race	1,866					20,969				
White		1,831	29,493	98.3	97.5 - 99.2		20,255	474,148	96.3	95.9 - 96.7
Black or African American		0	0 [†]	0.0[†]	--		105	6,428	0.7	0.5 - 0.8
American Indian or Alaska Native		17	310 [†]	1.0[†]	0.3 - 1.8 [†]		258	6,223	1.3	1.1 - 1.5
Multiracial		17	190 [†]	0.6[†]	0.3 - 1.0 [†]		248	6,153	1.2	1.0 - 1.5
Other Race		1	6 [†]	0.0[†]	0.0 - 0.1 [†]		103	2,652	0.5	0.4 - 0.7
Hispanic Ethnicity	1,875					21,084				
Non-Hispanic		1,864	29,926	99.4	99.1 - 99.8		20,876	489,634	98.9	98.7 - 99.1
Hispanic		11	168 [†]	0.6[†]	0.2 - 0.9 [†]		208	5,554	1.1	0.9 - 1.3
Age	1,876					21,038				
18-24		2	139 [†]	0.5[†]	0.0 - 1.1 [†]		839	59,166	12.0	11.2 - 12.8
25-34		13	335 [†]	1.1[†]	0.4 - 1.8 [†]		1,822	73,086	14.8	14.1 - 15.5
35-44		42	1,058 [†]	3.5[†]	2.3 - 4.7 [†]		2,781	80,243	16.2	15.6 - 16.9
45-54		189	4,170	13.8	11.7 - 16.0		4,194	100,381	20.3	19.6 - 21.0
55-64		458	7,097	23.5	21.2 - 25.8		5,127	88,739	17.9	17.4 - 18.5
65-74		526	7,131	23.6	21.4 - 25.8		3,792	53,478	10.8	10.4 - 11.2
75 and over		646	10,276	34.0	31.4 - 36.6		2,483	39,396	8.0	7.6 - 8.3
Education Level	1,884					21,165				
Less than High School		92	2,564	8.5	6.5 - 10.5		1,230	52,224	10.5	9.8 - 11.2
High School or GED		521	9,265	30.6	28.0 - 33.1		6,868	173,815	35.0	34.2 - 35.8
Some Post High School		470	9,067	29.9	27.3 - 32.5		5,492	149,430	30.1	29.3 - 30.9
College Graduate		801	9,408	31.0	28.7 - 33.4		7,575	121,104	24.4	23.7 - 25.0

Table 8 (page 2 of 4). Selected Characteristics of Maine Adults with Skin Cancer History, 2011-2012

	Maine Adults with Skin Cancer History (n=1,891; 5.8% of Maine adults)					All Other Maine Adults (n=21,203; 94.2% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Household Income	1,668					18,930				
Less than \$15,000		206	3,041	11.2	9.3 - 13.0		2,549	57,205	13.0	12.3 - 13.6
\$15,000-24,999		300	4,827	17.8	15.5 - 20.1		3,609	83,948	19.0	18.3 - 19.8
\$25,000-34,999		193	3,218	11.8	9.9 - 13.8		2,304	53,803	12.2	11.6 - 12.8
\$35,000-49,999		298	5,055	18.6	16.3 - 20.9		3,000	71,576	16.2	15.5 - 16.9
\$50,000+		671	11,039	40.6	37.7 - 43.5		7,468	175,056	39.6	38.8 - 40.5
Sexual Orientation	1,806					19,581				
Bisexual		11	124 [†]	0.4[†]	0.1 - 0.7 [†]		200	5,621	1.3	1.1 - 1.6
Heterosexual or Straight		1,754	27,529	97.5	96.6 - 98.3		18,982	413,808	96.5	96.1 - 96.9
Homosexual (Gay or Lesbian)		36	453 [†]	1.6[†]	1.0 - 2.2 [†]		312	7,225	1.7	1.4 - 1.9
Other		5	139 [†]	0.5[†]	0.0 - 1.0 [†]		87	2,125	0.5	0.4 - 0.6
Health Insurance Status	1,888					21,146				
Has Health Insurance		1,837	29,217	96.4	95.2 - 97.7		19,005	429,310	86.7	86.0 - 87.4
No Health Insurance		51	1,076	3.6	2.3 - 4.8		2,141	65,829	13.3	12.6 - 14.0
Health Insurance Type	1,746					17,639				
Private		602	10,703	38.0	35.2 - 40.8		9,505	243,677	57.8	56.8 - 58.8
MaineCare		108	2,098	7.4	5.8 - 9.1		1,865	65,315	15.5	14.6 - 16.3
Medicare		895	12,975	46.0	43.2 - 48.8		4,916	79,872	18.9	18.3 - 19.6
Other*		139	2,384	8.5	6.9 - 10.0		1,329	32,361	7.7	7.1 - 8.2

Table 8 (page 3 of 4). Selected Characteristics of Maine Adults with Skin Cancer History, 2011-2012

	Maine Adults with Skin Cancer History (n=1,891; 5.8% of Maine adults)					All Other Maine Adults (n=21,203; 94.2% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
County of Residence	1,858					20,675				
Androscoggin		101	1,847	6.2	4.9 - 7.5		1,403	39,504	8.2	7.7 - 8.7
Aroostook		69	1,341	4.5	3.3 - 5.7		1,181	30,860	6.4	6.0 - 6.8
Cumberland		325	6,118	20.5	18.2 - 22.9		3,543	88,928	18.5	17.9 - 19.1
Franklin		56	698	2.3	1.6 - 3.1		782	13,135	2.7	2.5 - 3.0
Hancock		77	1,099	3.7	2.8 - 4.6		919	21,289	4.4	4.1 - 4.8
Kennebec		137	2,302	7.7	6.3 - 9.2		1,760	48,109	10.0	9.4 - 10.5
Knox		127	1,211	4.1	3.2 - 4.9		976	13,959	2.9	2.7 - 3.1
Lincoln		126	1,195	4.0	3.2 - 4.9		956	13,933	2.9	2.6 - 3.1
Oxford		72	1,350	4.5	3.4 - 5.7		889	23,565	4.9	4.5 - 5.3
Penobscot		147	2,925	9.8	8.1 - 11.5		1,917	52,375	10.9	10.3 - 11.4
Piscataquis		38	545 [†]	1.8[†]	1.2 - 2.5 [†]		498	8,565	1.8	1.6 - 2.0
Sagadahoc		96	1,234	4.1	3.1 - 5.2		746	12,898	2.7	2.4 - 2.9
Somerset		56	957	3.2	2.3 - 4.2		773	21,420	4.4	4.1 - 4.8
Waldo		96	1,098	3.7	2.7 - 4.6		935	15,315	3.2	2.9 - 3.5
Washington		62	724	2.4	1.7 - 3.2		984	14,124	2.9	2.7 - 3.2
York		273	5,129	17.2	15.1 - 19.4		2,413	63,839	13.2	12.7 - 13.8

Table 8 (page 4 of 4). Selected Characteristics of Maine Adults with Skin Cancer History, 2011-2012

	Maine Adults with Skin Cancer History (n=1,891; 5.8% of Maine adults)					All Other Maine Adults (n=21,203; 94.2% of Maine adults)				
	Total Respondents	n	Avg Annual N	%	95% CI	Total Respondents	n	Avg Annual N	%	95% CI
Public Health District of Residence	1,858					20,675				
Aroostook		69	1,341	4.5	3.3 - 5.7		1,181	30,860	6.4	6.0 - 6.8
Central		193	3,259	10.9	9.3 - 12.6		2,533	69,529	14.4	13.8 - 15.1
Cumberland		325	6,118	20.5	18.2 - 22.9		3,543	88,928	18.5	17.9 - 19.1
Downeast		139	1,823	6.1	4.9 - 7.3		1,903	35,414	7.4	6.9 - 7.8
Midcoast		445	4,738	15.9	14.2 - 17.7		3,613	56,105	11.6	11.2 - 12.1
Penquis		185	3,470	11.7	9.9 - 13.5		2,415	60,940	12.6	12.1 - 13.2
Western		229	3,895	13.1	11.3 - 14.9		3,074	76,204	15.8	15.2 - 16.5
York		273	5,129	17.2	15.1 - 19.4		2,413	63,839	13.2	12.7 - 13.8

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

CHD: coronary heart disease; COPD: chronic obstructive pulmonary disease.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

** Including coronary heart disease, stroke, diabetes, current asthma, or chronic obstructive pulmonary disease.

-- 95% Confidence Interval cannot be calculated when the n = 0.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 9 (page 1 of 2). Prevalence of Selected Chronic Disease Risk Factors by Cancer History, Maine Adults

Chronic Disease Risk Factors	Any Cancer (including skin cancer) History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
< Recommended Physical Activity	2,057	869	44.1	41.4 - 46.8	10,241	4,436	43.2	41.9 - 44.5
No Leisure-Time Physical Activity	3,709	958	26.0	24.2 - 27.8	18,885	4,193	21.4	20.6 - 22.1
Eat <5 Fruits/Vegetables Daily	2,054	1,555	78.4	76.3 - 80.6	10,188	7,921	80.1	79.1 - 81.1
Current Smoking	3,730	451	14.4	12.9 - 16.0	19,135	3,340	22.4	21.6 - 23.3
Any Current Tobacco Use	680	83	16.9	12.7 - 21.1	3,053	562	27.4	24.7 - 30.0
Use of Sunlamps or Tanning Booths	1,335	37	4.2[†]	2.5 - 5.8 [†]	6,354	254	5.5	4.6 - 6.4
Heavy Drinking	3,636	231	5.8	4.8 - 6.7	18,490	1,247	7.4	6.9 - 8.0
Binge Drinking	3,644	238	8.3	7.0 - 9.6	18,483	2,544	18.7	17.9 - 19.5
Weight Status								
Underweight (BMI <18.5)	3,650	68	1.7	1.2 - 2.1	18,395	249	1.5	1.3 - 1.8
Normal Weight (18.5 >= BMI <25)	3,650	1,290	33.9	32.0 - 35.8	18,395	6,193	33.8	32.9 - 34.7
Overweight (BMI >= 25)	3,650	1,368	37.5	35.6 - 39.5	18,395	6,843	36.4	35.5 - 37.3
Obese (BMI >= 30)	3,650	924	26.9	25.0 - 28.7	18,395	5,110	28.3	27.4 - 29.1
Chronic Disease Risk Factors	Other (non-skin) Cancer History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
< Recommended Physical Activity	1,231	564	47.0	43.4 - 50.5	11,088	4,752	43.1	41.8 - 44.3
No Leisure-Time Physical Activity	2,224	643	28.7	26.3 - 31.1	20,409	4,517	21.4	20.7 - 22.1
Eat <5 Fruits/Vegetables Daily	1,233	950	79.3	76.5 - 82.2	11,030	8,543	80.0	79.0 - 81.0
Current Smoking	2,238	302	16.3	14.1 - 18.4	20,668	3,495	21.9	21.1 - 22.7
Any Current Tobacco Use	401	56	19.7	13.9 - 25.6	3,336	589	26.6	24.0 - 29.1
Use of Sunlamps or Tanning Booths	818	26	4.1[†]	2.3 - 5.9 [†]	6,883	266	5.4	4.5 - 6.3
Heavy Drinking	2,183	120	5.3	4.1 - 6.4	19,982	1,362	7.4	6.9 - 7.9
Binge Drinking	2,189	132	7.9	6.3 - 9.6	19,977	2,653	18.2	17.5 - 19.0
Weight Status								
Underweight (BMI <18.5)	2,185	48	2.0[†]	1.4 - 2.7 [†]	19,901	271	1.5	1.3 - 1.8
Normal Weight (18.5 >= BMI <25)	2,185	733	33.3	30.8 - 35.8	19,901	6,762	33.8	33.0 - 34.7
Overweight (BMI >= 25)	2,185	810	35.9	33.4 - 38.4	19,901	7,415	36.6	35.7 - 37.5
Obese (BMI >= 30)	2,185	594	28.8	26.3 - 31.2	19,901	5,453	28.0	27.2 - 28.8

Table 9 (page 2 of 2). Prevalence of Selected Chronic Disease Risk Factors by Cancer History, Maine Adults

Chronic Disease Risk Factors	Skin Cancer History							
	Yes				No			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
< Recommended Physical Activity	1,042	391	39.6	36.0 - 43.3	11,284	4,924	43.5	42.3 - 44.8
No Leisure-Time Physical Activity	1,861	415	23.0	20.6 - 25.3	20,779	4,751	21.9	21.2 - 22.6
Eat <5 Fruits/Vegetables Daily	1,035	773	78.2	75.4 - 81.0	11,236	8,727	80.1	79.1 - 81.0
Current Smoking	1,865	187	11.4	9.5 - 13.3	21,046	3,624	22.2	21.4 - 23.0
Any Current Tobacco Use	350	34	12.2[†]	7.6 - 16.7 [†]	3,393	613	26.9	24.4 - 29.4
Use of Sunlamps or Tanning Booths	673	17	5.0[†]	2.2 - 7.8 [†]	7,029	276	5.4	4.5 - 6.3
Heavy Drinking	1,824	136	6.3	5.0 - 7.5	20,345	1,346	7.3	6.8 - 7.8
Binge Drinking	1,828	124	8.0	6.2 - 9.7	20,341	2,661	18.1	17.3 - 18.8
Weight Status								
Underweight (BMI <18.5)	1,835	35	1.9[†]	1.2 - 2.6 [†]	20,256	283	1.5	1.3 - 1.8
Normal Weight (18.5 >= BMI <25)	1,835	689	34.5	31.9 - 37.1	20,256	6,809	33.8	32.9 - 34.6
Overweight (BMI >= 25)	1,835	709	40.6	37.8 - 43.4	20,256	7,518	36.3	35.4 - 37.2
Obese (BMI >= 30)	1,835	402	23.0	20.6 - 25.4	20,256	5,646	28.4	27.6 - 29.2

Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012, except for recommended physical activity and eating 5+ fruits/vegetables daily, which are from 2011.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

< Recommended Physical Activity: < 150 minutes per week of moderate-intensity physical activity, or < 75 minutes per week of vigorous-intensity physical activity, or a combination of moderate-intensity and vigorous-intensity physical activity (multiplied by two) totaling < 150 minutes per week.

Heavy drinking: more than two alcoholic drinks per day for men and more than one alcoholic drink per day for women.

Binge drinking: five or more alcoholic drinks on one occasion for men and four or more alcoholic drinks on one occasion for women.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

Table 10 (page 1 of 2). Prevalence of Selected Chronic Conditions by Cancer History, Maine Adults

Chronic Conditions	Any Cancer (including skin cancer) History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
High Blood Pressure	2,213	1,155	50.3	47.7 - 52.9	10,914	4,032	29.7	28.7 - 30.8
High Cholesterol	2,123	1,155	54.2	51.6 - 56.8	9,691	4,200	38.8	37.6 - 40.0
History of CHD or Stroke	3,726	701	18.8	17.3 - 20.4	19,131	1,935	8.1	7.7 - 8.6
Diabetes	3,771	608	16.3	14.8 - 17.7	19,251	2,060	8.7	8.2 - 9.2
Prediabetes	1,243	159	13.3	11.0 - 15.7	6,686	582	7.8	7.0 - 8.6
Current Asthma	3,737	473	13.6	12.2 - 15.1	19,152	2,040	11.3	10.7 - 11.9
COPD	3,751	550	14.7	13.2 - 16.1	19,159	1,539	6.8	6.4 - 7.3
Arthritis	3,756	1,934	50.4	48.4 - 52.4	19,145	6,365	26.7	26.0 - 27.5
Tooth Loss (6+Teeth)	1,521	505	35.0	32.1 - 38.0	8,216	1,795	18.6	17.6 - 19.6
Current Depression	700	73	11.9	8.9 - 14.8	3,065	282	11.6	9.8 - 13.4
Any Depression or Anxiety	701	238	36.1	31.6 - 40.7	3,081	930	32.5	30.0 - 35.0
Number of Other Selected Chronic Diseases*	3,775				19,271			
0 other		2,173	56.6	54.6 - 58.6		13,772	74.0	73.2 - 74.8
1 other		1,009	27.3	25.5 - 29.1		3,814	18.9	18.2 - 19.7
2 other		419	11.6	10.3 - 12.9		1,185	5.0	4.7 - 5.4
3 other		130	3.6	2.9 - 4.4		398	1.6	1.4 - 1.8
4 or more other		44	0.9†	0.6 - 1.2†		102	0.4	0.3 - 0.5
Chronic Conditions	Other (non-skin) Cancer History							
	Yes				No			
	Respon- dents	n	%	95% CI	Respon- dents	n	%	95% CI
High Blood Pressure	1,331	722	51.1	47.7 - 54.5	11,820	4,474	30.7	29.7 - 31.8
High Cholesterol	1,273	717	55.6	52.3 - 59.0	10,562	4,649	39.6	38.4 - 40.8
History of CHD or Stroke	2,236	455	20.2	18.1 - 22.3	20,664	2,190	8.6	8.1 - 9.0
Diabetes	2,261	393	17.5	15.5 - 19.5	20,804	2,280	9.0	8.5 - 9.4
Prediabetes	757	101	13.0	10.2 - 15.9	7,183	640	8.1	7.3 - 8.8
Current Asthma	2,240	311	15.2	13.3 - 17.2	20,689	2,204	11.3	10.7 - 11.9
COPD	2,247	376	16.7	14.8 - 18.7	20,704	1,717	7.1	6.6 - 7.5
Arthritis	2,252	1,169	51.4	48.8 - 54.0	20,693	7,154	27.9	27.1 - 28.6
Tooth Loss (6+Teeth)	911	332	37.0	33.1 - 40.9	8,844	1,973	19.3	18.3 - 20.2
Current Depression	413	54	13.8	9.7 - 17.9	3,361	302	11.5	9.7 - 13.2
Any Depression or Anxiety	411	152	35.8	30.2 - 41.4	3,380	1,019	32.8	30.4 - 35.2
Number of Other Selected Chronic Diseases*	2,264				20,826			
0 other		1,241	53.9	51.3 - 56.5		14,734	73.3	72.5 - 74.1
1 other		618	27.4	25.0 - 29.7		4,214	19.3	18.6 - 20.0
2 other		281	13.4	11.6 - 15.2		1,327	5.2	4.9 - 5.6
3 other		89	4.2	3.1 - 5.3		440	1.7	1.5 - 1.9
4 or more other		35	1.1†	0.7 - 1.5†		111	0.4	0.3 - 0.5

Table 10 (page 2 of 2). Prevalence of Selected Chronic Conditions by Cancer History, Maine Adults

Chronic Conditions	Skin Cancer History							
	Yes				No			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
High Blood Pressure	1,112	562	50.3	46.7 - 53.9	12,046	4,634	31.1	30.1 - 32.1
High Cholesterol	1,074	563	52.6	49.0 - 56.3	10,767	4,802	40.0	38.9 - 41.2
History of CHD or Stroke	1,861	328	18.1	16.0 - 20.2	21,044	2,313	8.9	8.5 - 9.4
Diabetes	1,890	270	14.3	12.4 - 16.2	21,180	2,405	9.3	8.9 - 9.8
Prediabetes	627	78	13.4	10.1 - 16.8	7,318	666	8.1	7.4 - 8.9
Current Asthma	1,873	218	12.1	10.3 - 13.9	21,060	2,305	11.6	11.0 - 12.2
COPD	1,880	240	12.7	10.9 - 14.6	21,075	1,859	7.5	7.1 - 8.0
Arthritis	1,880	984	50.6	47.8 - 53.3	21,068	7,332	28.3	27.5 - 29.0
Tooth Loss (6+ Teeth)	755	235	34.4	30.2 - 38.6	8,998	2,072	19.7	18.8 - 20.7
Current Depression	354	30	11.0[†]	6.7 - 15.2 [†]	3,421	327	11.7	10.0 - 13.4
Any Depression or Anxiety	357	107	35.7	28.9 - 42.5	3,435	1,066	32.9	30.5 - 35.3
Number of Other Selected Chronic Diseases*	1,891				21,203			
0 other		1,125	58.4	55.6 - 61.1		14,844	72.6	71.9 - 73.4
1 other		513	28.1	25.6 - 30.6		4,330	19.5	18.8 - 20.2
2 other		187	10.0	8.3 - 11.6		1,417	5.6	5.2 - 5.9
3 other		52	2.9	2.0 - 3.9		479	1.8	1.6 - 2.0
4 or more other		14	0.6[†]	0.2 - 1.0 [†]		133	0.5	0.4 - 0.6

Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012, except for high blood pressure and high cholesterol, which are from 2011.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

CHD: coronary heart disease; COPD: chronic obstructive pulmonary disease.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

* Including coronary heart disease, stroke, diabetes, current asthma, or chronic obstructive pulmonary disease.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.

Table 11. Prevalence of Selected Quality of Life Measures by Cancer History, Maine Adults, 2012

Quality of Life Measures	Any Cancer (including skin cancer) History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
14+ Poor Mental Health Days, Past Month	3,698	431	13.1	11.7 - 14.6	18,929	2,058	12.4	11.8 - 13.1
14+ Poor Physical Health Days, Past Month	3,637	680	20.3	18.6 - 22.0	18,862	2,382	12.2	11.6 - 12.8
14+ Days of Poor Physical or Mental Health that Affected Usual Activities, Past Month	2,065	432	22.2	19.8 - 24.6	10,171	1,625	15.3	14.4 - 16.3
Health Excellent, Very Good, or Good	3,750	2,793	72.9	71.1 - 74.7	19,164	16,262	85.6	84.9 - 86.2
Quality of Life Measures	Other (non-skin) Cancer History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
14+ Poor Mental Health Days, Past Month	2,218	293	15.0	12.9 - 17.0	20,450	2,206	12.4	11.7 - 13.0
14+ Poor Physical Health Days, Past Month	2,173	493	25.4	22.9 - 27.8	20,369	2,577	12.2	11.6 - 12.8
14+ Days of Poor Physical or Mental Health that Affected Usual Activities, Past Month	1,300	301	25.1	21.9 - 28.3	10,957	1,761	15.4	14.5 - 16.3
Health Excellent, Very Good, or Good	2,247	1,554	67.2	64.7 - 69.7	20,711	17,533	85.4	84.8 - 86.0
Quality of Life Measures	Skin Cancer History							
	Yes				No			
	Total Respon- dents	n	%	95% CI	Total Respon- dents	n	%	95% CI
14+ Poor Mental Health Days, Past Month	1,855	189	10.6	8.8 - 12.4	20,816	2,314	12.7	12.1 - 13.4
14+ Poor Physical Health Days, Past Month	1,830	269	14.8	12.8 - 16.8	20,714	2,809	13.1	12.5 - 13.7
14+ Days of Poor Physical or Mental Health that Affected Usual Activities, Past Month	977	179	18.3	15.3 - 21.3	11,296	1,888	16.1	15.2 - 17.0
Health Excellent, Very Good, or Good	1,880	1,488	78.3	75.9 - 80.6	21,081	17,594	84.4	83.7 - 85.0

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

Table 12 (page 1 of 2). Prevalence of Selected Health Care Measures by Cancer History, Maine Adults

Health Care Measures	Any Cancer (including skin cancer) History							
	Yes				No			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
Up-to-date with Breast Cancer Screening								
Women 50+ years of age	832	690	85.7	83.0 - 88.4	2,937	2,373	81.3	79.6 - 83.0
Women 40+ years of age	909	745	84.9	82.2 - 87.6	3,693	2,908	78.5	76.9 - 80.1
Up-to-date with Cervical Cancer Screening	260	239	93.2	89.7 - 96.8	2,749	2,411	87.6	86.0 - 89.2
Up-to-date with Colorectal Cancer Screening	1,330	1,073	80.8	78.1 - 83.4	4,836	3,432	70.1	68.5 - 71.6
Oral Cancer Screening	1,300	568	40.5	36.9 - 44.1	6,067	2,272	31.6	29.9 - 33.4
PSA Test in Past 2 Years, Men 40+ years of age	534	327	59.8	54.8 - 64.8	2,468	961	36.1	33.9 - 38.4
Influenza Vaccination in Past Year	2,164	1,483	68.8	66.4 - 71.1	5,047	2,970	58.4	56.7 - 60.1
Dental Visit in Past Year	1,544	1,063	67.1	64.2 - 70.1	8,281	5,603	65.1	63.8 - 66.4
Cholesterol Screening in Past 5 Years	2,171	2,073	94.5	93.1 - 95.9	10,651	9,190	78.5	77.3 - 79.8
Other (non-skin) Cancer History								
Health Care Measures	Yes				No			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
Up-to-date with Breast Cancer Screening								
Women 50+ years of age	509	427	86.0	82.4 - 89.5	3,269	2,643	81.7	80.1 - 83.3
Women 40+ years of age	569	465	84.1	80.6 - 87.7	4,042	3,195	79.1	77.5 - 80.6
Up-to-date with Cervical Cancer Screening	150	137	92.5	87.5 - 97.4	2,861	2,515	87.8	86.3 - 89.4
Up-to-date with Colorectal Cancer Screening	778	631	80.9	77.4 - 84.4	5,402	3,886	71.1	69.6 - 72.6
Oral Cancer Screening	796	328	38.3	33.6 - 42.9	6,582	2,517	32.3	30.6 - 34.0
PSA Test in Past 2 Years, Men 40+ years of age	299	197	65.8	59.5 - 72.1	2,710	1,095	37.4	35.2 - 39.5
Influenza Vaccination in Past Year	1,295	872	66.9	63.8 - 70.0	5,935	3,592	60.3	58.8 - 61.9
Dental Visit in Past Year	922	599	64.0	60.1 - 67.9	8,922	6,079	65.4	64.1 - 66.7
Cholesterol Screening in Past 5 Years	1,305	1,242	93.6	91.5 - 95.7	11,541	10,040	79.4	78.3 - 80.6

Table 12 (page 2 of 2). Prevalence of Selected Health Care Measures by Cancer History, Maine Adults

Health Care Measures	Skin Cancer History							
	Yes				No			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
Up-to-date with Breast Cancer Screening								
Women 50+ years of age	405	334	86.5	83.0 - 90.1	3,371	2,735	81.7	80.1 - 83.3
Women 40+ years of age	425	353	87.2	83.9 - 90.6	4,186	3,307	78.9	77.4 - 80.4
Up-to-date with Cervical Cancer Screening	122	112	94.2	89.7 - 98.6	2,894	2,543	87.8	86.2 - 89.3
Up-to-date with Colorectal Cancer Screening	691	565	82.2	78.8 - 85.7	5,486	3,949	71.1	69.6 - 72.5
Oral Cancer Screening	657	305	44.1	39.1 - 49.1	6,722	2,538	31.9	30.2 - 33.6
PSA Test in Past 2 Years, Men 40+ years of age	293	176	57.4	50.6 - 64.3	2,711	1,113	38.2	36.1 - 40.4
Influenza Vaccination in Past Year	1,149	809	71.3	68.2 - 74.4	6,072	3,649	59.6	58.1 - 61.1
Dental Visit in Past Year	770	573	71.9	67.9 - 75.9	9,071	6,101	64.9	63.7 - 66.2
Cholesterol Screening in Past 5 Years	1,090	1,050	96.2	94.8 - 97.6	11,761	10,237	79.5	78.4 - 80.7

Data Source: Maine Behavioral Risk Factor Surveillance System.

All data are from 2012 except for cholesterol screening, which is from 2011.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

PSA: prostate-specific antigen.

Up-to-date with Breast Cancer Screening: mammogram within the past 2 years.

Up-to-date with Cervical Cancer Screening: Pap test within the past 3 years among women ages 21-65 years with an intact cervix.

Up-to-date with Colorectal Cancer Screening: home blood stool test within past 1 year OR sigmoidoscopy within past 5 years and home blood stool test within past 3 years OR colonoscopy within past 10 years among adults ages 50+ years.

PSA = Prostate-specific antigen

Table 13. Prevalence of Selected Cancer Care Measures by Type of Cancer History and Gender, Maine Adults, 2011-2012

Type of Cancer History	Received Written Summary of All Cancer Treatments				Received Written Instructions for Follow-Up				Participated in a Clinical Trial			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
Any Cancer (including skin cancer) History												
Maine overall	1,207	498	43.4	39.8 - 46.9	1,188	670	59.1	55.6 - 62.6	936	62	7.6	5.3 - 9.9
Females	769	306	43.0	38.5 - 47.5	750	410	57.8	53.5 - 62.1	604	33	5.9	3.6 - 8.3
Males	438	192	43.9	38.0 - 49.8	438	260	60.9	55.1 - 66.7	332	29	9.9	5.5 - 14.4
Other (non-skin) Cancer History												
Maine overall	757	372	51.3	46.7 - 55.8	755	487	66.4	62.3 - 70.4	644	57	10.3	7.1 - 13.5
Females	501	231	48.9	43.2 - 54.5	492	308	64.2	59.0 - 69.4	427	29	7.5[†]	4.3 - 10.7 [†]
Males	256	141	55.0	47.5 - 62.5	263	179	69.7	63.1 - 76.4	217	28	14.6[†]	8.1 - 21.0 [†]
Skin Cancer History												
Maine overall	578	186	33.6	28.7 - 38.5	559	268	50.2	45.1 - 55.4	402	16	3.4[†]	1.5 - 5.3 [†]
Females	350	109	33.9	28.0 - 39.9	339	152	48.8	42.5 - 55.1	247	7	2.4[†]	0.4 - 4.4 [†]
Males	228	77	33.2	25.0 - 41.4	220	116	52.0	43.4 - 60.5	155	9	4.7[†]	1.3 - 8.2 [†]

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response.

Total respondents = unweighted denominator; n = unweighted numerator; 95% CI = 95% Confidence Interval.

[†] Use caution in interpreting estimates with an unweighted numerator less than 50.

Table 14. Prevalence of Selected Cancer Care Measures by Demographics, Maine Adults with Any Cancer (including skin cancer) History, 2011-2012

	Received Written Summary of All Cancer Treatments				Received Written Instructions for Follow-Up			
	Total Respondents	n	%	95% CI	Total Respondents	n	%	95% CI
Age								
54 and under	189	89	48.4	38.8 - 58.0	189	123	65.6	56.1 - 75.0
55-64	301	136	43.7	37.3 - 50.0	296	186	63.6	57.4 - 69.9
65-74	362	143	41.1	35.0 - 47.1	346	202	56.9	50.8 - 63.0
75 and over	384	132	36.4	30.7 - 42.0	388	172	47.5	41.8 - 53.3
Education Level								
Less than High School	DSU	DSU	DSU	DSU	DSU	DSU	DSU	DSU
High School or GED	357	147	43.4	36.7 - 50.1	364	202	55.4	48.9 - 61.9
Some Post High School	301	116	39.2	32.5 - 45.8	293	171	64.2	58.0 - 70.3
College Graduate	510	210	43.9	38.9 - 48.8	493	278	59.2	54.3 - 64.1
Household Income								
Less than \$15,000	157	58	41.1	31.1 - 51.1	158	80	53.6	43.8 - 63.4
\$15,000-24,999	254	105	46.1	36.6 - 55.6	244	134	55.9	46.2 - 65.6
\$25,000-34,999	DSU	DSU	DSU	DSU	130	75	61.4	51.4 - 71.4
\$35,000-49,999	178	68	40.4	31.9 - 48.9	180	106	65.8	58.1 - 73.5
\$50,000+	396	169	42.7	36.9 - 48.6	382	227	61.4	55.6 - 67.2
Health Insurance Status								
Has Health Insurance	1,206	486	42.0	38.4 - 45.6	1,187	666	58.9	55.4 - 62.5
No Health Insurance	DSU	DSU	DSU	DSU	DSU	DSU	DSU	DSU
Health Insurance Type								
Private	406	180	45.0	39.2 - 50.8	398	243	64.6	59.1 - 70.0
MaineCare	DSU	DSU	DSU	DSU	DSU	DSU	DSU	DSU
Medicare	574	214	38.0	33.3 - 42.8	566	298	53.5	48.7 - 58.3
Other*	DSU	DSU	DSU	DSU	DSU	DSU	DSU	DSU
Current Depression								
Yes	DSU	DSU	DSU	DSU	DSU	DSU	DSU	DSU
No	1,176	477	43.3	39.6 - 47.0	1,159	648	59.3	55.7 - 62.8
Any Depression or Anxiety								
Yes	317	127	41.7	34.3 - 49.2	319	193	59.6	51.7 - 67.4
No	386	156	42.4	36.0 - 48.7	374	217	61.3	55.3 - 67.4

Data Source: Maine Behavioral Risk Factor Surveillance System.

All %'s are weighted to be more representative of the general adult population of Maine and to adjust for non-response. Total respondents = unweighted denominator; n = unweighted numerator; Avg Annual N = average annual weighted numerator; 95% CI = 95% Confidence Interval.

DSU: Data suppressed as they do not meet standards of statistical reliability as 95% CI half-width >10 or unweighted denominator <50.

* "Other" health insurance includes VA, Indian Health Service, CHAMPUS, etc.

Current Depression = current symptoms of moderate to severe depression by the PHQ-2 scale.

Any Depression or Anxiety = current symptoms of moderate to severe depression, ever diagnosed with depression, or ever diagnosed with anxiety.



Department of Health and Human Services

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