

# COMMUNIQUÉ

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A Message from the NLN Director

## Happy New Year!

by Jim Fotter, Director

As your new Director of Northern Lambda Nord, I want to express my appreciation for your support in the recent election. We have several new and returning members who have volunteered their services on the NLN Steering Committee. You have elected the following individuals to serve for the 1995 year: Phil Bushey, *treasurer*; Bill Wingert, *secretary*; Dick Harrison, *editor of CommuniQué*; Dennis Prue, *director of the Gay-Lesbian Phoneline of Maine*; Ray LaValley, *director of NLN's lending library, Bibliothèque Lambda*; and Jim Carroll, *social director*.

You have also elected three Members-at-Large: Sheila Everett, Doug B., and Wayne Morrow. We recently held our first Steering Committee meeting of the year, and I am inspired by the energy and commitment of everyone involved.

Jim Carroll and I recently moved to Caribou from Cheyenne, Wyoming. While we were out on job interviews, we discovered a few of the gay newspapers at the Portland Public Library. Knowing absolutely nothing about the Caribou area, we were pleasantly surprised to discover the Phoneline operated by members of Northern Lambda Nord. We

called that evening and were greeted by Roger

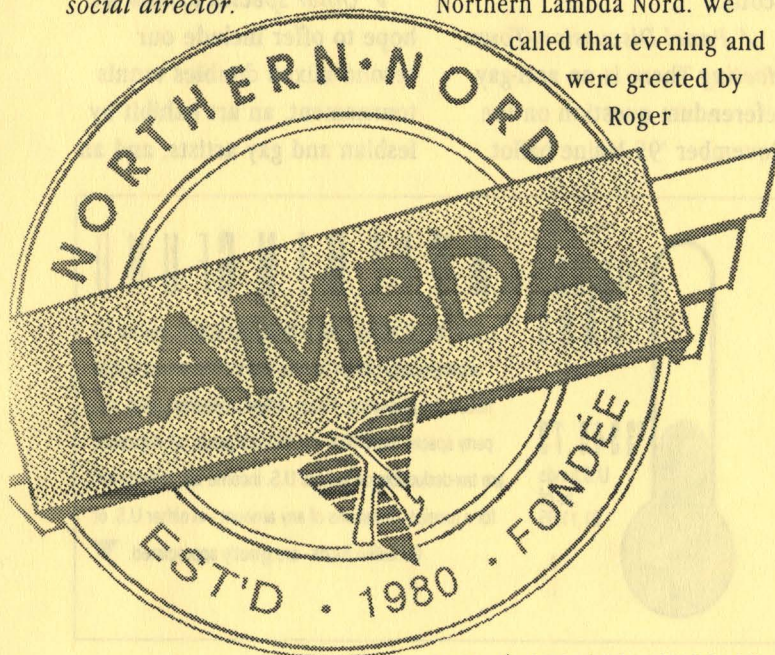
Murphy's friendly voice, and he encouraged us to come up and check out the area. A few days later, we found ourselves sitting on Jody and Sara's porch, where we soon met several Steering Committee members who made us feel very welcome. We listened as members discussed and debated their dreams of opening an NLN Community Center.

Six weeks later, we were on our way to Caribou. A phonecall to Roger helped us discover that the Steering Committee had rented a space; the Community Center was soon to become a reality. When we arrived at our new home, we were greeted by a bouquet of wild flowers and a card that said, "Welcome from your new family."

Since that time, we have discovered that the members of NLN are indeed our new family. Jim and I were readily welcomed into the community, and the transition of moving twenty-four hundred miles from our previous home was made considerably easier. In turn, the "family" at NLN is here to ease *your* transitions. If you are simply looking for a safe place to meet friends, we organize a number of monthly events including parties, pot-

luck dinners, dances, and game nights. If you are looking for resources on lesbian/gay issues, we have amassed a plethora of materials at the Center library. If you are dealing with coming out issues, we are here to support you. We are committed to creating a safe atmosphere for our members who are gay, lesbian, and bisexual.

We are equally committed to celebrating the other diversities among our membership. We firmly believe that the issue of sexual orientation does not equate to being limited to carbon copies of a "one-size-fits-all" stereotyped model. The collective gifts of our experiences, insights, thoughts, and suggestions are critical to building a strong, stable community for all. I mentioned earlier that the dreams of a few members were realized in the creation of Maine's first Community Center. Several months later, we're building on new ideas from members. We've added a Women's Night on a monthly basis and, most recently, the Steering Committee voted to sponsor a "closed" gay-lesbian AA group that will meet every Tuesday evening beginning February 7th. We've also





expanded the Community Center's hours; in addition to the regular Wednesday evening drop-in, the Center is now open the first Friday evening of each month.

Nineteen-ninety-five will be another year of challenges for the gay and lesbian community. We are saddened and angered by the move to get an anti-gay initiative on the Maine ballot next November. The numbers of people who are living with HIV/AIDS in The County and in New Brunswick are alarmingly high. The task of educating all citizens on the issues we face often seems overwhelming. But together, we are making a difference.

On behalf of the Steering Committee, we are appreciative of your membership, involvement, and support of Northern Lambda Nord. Together we will make a positive difference for each other and for the future. Be well! /s/ Jim

Maine Symposium XXI Update

## Statewide Conference at UMPI

by Dick Harrison, editor

For the fourth time since 1986, Northern Lambda Nord is hosting the Maine Lesbian & Gaymen's Symposium, the state's almost-annual conference for the gay, lesbian, bisexual and transgendered communities of Maine. The dates are Friday through

Monday, May 26-29, 1995 (Memorial Day weekend) on the campus of the University of Maine at Presque Isle. NLN sponsored this event in 1986, 1989 and 1992. Beginning in '86, the location of Symposium rotated annually around the state, from Presque Isle to the Bangor/mid-coast area, then to the Portland/southern Maine area, then back to Aroostook County. Until 1993 when Symposium XX was at Unity College near Waterville, this had been an annual event. During 1994 no one in the Portland area sponsored the conference, so the 1995 gathering is Maine's 21st Symposium.

Symposium XXI's volunteer organizers have been meeting since May of '94 to plan the details involved in hosting 150 people for the long weekend. Here's what's been finalized and what's still in the works:

✓ *Housing* will be on campus. Dorm rooms are doubles and triples. The UMPI Conferences Office sets up the rooms with motel-like accommodations and provides all sheets, blanket, pillow, towels, and soap; there are shared baths on each floor.

✓ *Meals* will be served in Kelly Commons (Saturday breakfast and lunch, Sunday brunch, and Monday breakfast). The Saturday evening buffet will be in the "great room" in the new Campus Center, and the Sunday BBQ will be on the Campus Center balcony, weather permitting.

Both meat and meatless choices will be available.

✓ *Entertainment* on Saturday evening will be in Weiden Auditorium featuring "The Maritones", 12 members of the 55-voice Maine Gay Men's Chorus from Portland, and lesbian comic Karen Williams. A dance in the Campus Center will follow the concert.

✓ *Keynote Speakers* The tradition of Symposium when held in Presque Isle is two keynote speakers, one Canadian and one American (attendance in Presque Isle is historically 30-35% Canadian). Arrangements for two speakers are still pending.

✓ *Workshops* About 15 workshops will be held covering a wide range of topics, from being a gay-lesbian business owner to health issues to coming out to relationships to . . . Workshop facilitators will be from Maine, New Brunswick and Nova Scotia.

✓ *Panel Discussion/Town Meeting* There is an anti-gay referendum question on the November '95 Maine ballot.


This session will be an opportunity for people to find out more about the "Maine Won't Discriminate" campaign to defeat this Colorado-type initiative.

✓ *Films* A variety of gay- and lesbian-themed films are screened throughout the weekend.

✓ *Casino Night* will be Sunday when several Las Vegas-type games of chance will be set up for a fun evening. Participants will bid on items donated for the after-casino auction. All resulting proceeds will be donated (details pending).

✓ *Books & more* The Gulf of Maine Bookstore of Brunswick will again this year provide a wide selection of books for sale during the weekend. We are also soliciting vendors and organizations to set up tables for sale and distribution of items of interest to Symposium participants.

✓ *Other special events* we hope to offer include our second mixed doubles tennis tournament, an art exhibit by lesbian and gay artists, and an



**\$10,000 GOAL**

**\$3343.79**

U.S. funds as of 01.11.95

## BUILDING FUND

The NLN Building Fund is designed to raise money for a community center for this region. The center would house the phoneline, library, office, meeting space, and party space. Since NLN is a 501(c)3 group, all donations are tax-deductible on federal U.S. income tax; merely ask for a receipt. Donations of any amount - in either U.S. or Canadian funds - are greatly appreciated. ▼



early Sunday morning nature walk.

✓ *Registration* includes admission to all events - workshops, films, panel discussion/town meeting, opening and closing sessions, the Saturday night dance and concert, and all other special activities during Symposium weekend.

✓ *Costs to attend* You have the choice from among several weekend packages or "plans". All prices are in U.S. funds; registrations received after May 1 will cost more. *Plan A* includes three nights lodging, six meals and registration for \$109. *Plan B* is two nights lodging, five meals and registration for \$95. *Plan C* is one night lodging, four meals and registration for \$80. *Plan D* is for people who do not want to stay on campus and includes only the meals and registration for \$65. *Plan E* is just the registration for \$25. *Plan X* gets you into the Saturday night banquet,

concert and dance only, and costs \$20. *Plan Z* is admission to the dance for \$5. *Pre-registration is required* if you want on-campus housing and/or meals (Plans A, B, C or D).

So far, the Symposium organizing committee is small - too small. Volunteers are needed to help select and order films, help with mailings and phonecalls, and other vital parts of the conference. Planning meetings are held every two or three weeks at the Community Center in Caribou. Check the calendar and join in! ▼

Long Distance Calls Help NLN

## Sign Up For 'The Pride Network'

by Dick Harrison, editor

When your long distance carrier is The Pride Network, 3% of the charges from your home (2% from your business) are distributed to the gay,

lesbian, or HIV/AIDS-related organization of your choice. *Northern Lambda Nord and the Gay-Lesbian Phoneline of Maine can benefit!*

You may recall a "Community Spirit" long distance service which NLN supported two years ago. Because of legal problems, their accounts went to a new "The Pride Network" which provides a similar benefit: they give money back to our community. The Pride Network has increased the donated percentage from two to three, so if you have \$20 in long distance out-of-state charges, Pride gives 60¢ to the group you designate. NLN received about \$30 from Community Spirit. The Pride Network has a minimum, though, of 10 people designating a specific organization. Pride distributed over \$52,000 during 1994, but Lambda didn't receive any of it; that means we still don't have the necessary 10 phones signed up!

The Pride Network's charges are competitive with AT&T, MCI and Sprint, but these carriers don't give money to NLN! When Lambda started with Community Spirit, we put 75% of the donations towards the operation of the Gay-Lesbian Phoneline of Maine; the remaining 25% went towards establishing a toll-free 800 number. This policy remains.

When you sign up with The Pride Network they pay your switching fee and *they give NLN \$5 for each person who signs up and designates Lambda!* Pride Network sign-up forms are in a display pocket on the door of the Community Center in Caribou. Or you may call them directly at 1-800.653-2669. If you want to enroll your business phone, call Pride's "Business Advantage" service at 1-800.800-8400. The Pride Network operates only from U.S. telephones; it is not yet available in Canada. ▼

## SIDA LES NIVEAUX DE RISQUE

**LE BAISER** avec échange de salive (french-kiss) ne comportent aucun risque.

**LES CARESSES ET LA MASTURBATION** ne constituent aucun risque de transmission du VIH. **LE SEXE ORAL** Il est peu probable que cette pratique sexuelle puisse transmettre le VIH. **LA PÉNÉTRATION ANALE ET VAGINALE**

non protégée par un condom constitue un haut risque de transmission du VIH, qu'il y ait éjaculation ou non. **LES JOUETS SEXUELS** (ex.: vibreur, godemiché) non partagés ne constituent aucun risque de transmission du virus. **LÉCHER**

**L'ANUS** ne constitue pas un mode de transmission du VIH. Cependant, elle ne vous protège aucunement de l'hépatite B ou des autres MTS. **ACTIVITÉS**

**SADO-MASOCHISTES** qui ne causent pas de saignements et qui n'incluent aucune autre activité à risque ne favorisent pas la transmission du VIH.

## AIDS THE SAFER THE SEX, THE BETTER

**CONSIDERED SAFE:** Mutual masturbation, Hugging/body rubbing, Massage, Social (dry) kissing, Fantasy, Light S/M (without bleeding or bruising), Sex toys (when used only on yourself)

**CONSIDERED POSSIBLY SAFE:** Anal or vaginal intercourse with a condom, French (wet) kissing, Sucking (but stopping before climax), Watersports (external only), Cunnilingus

**CONSIDERED UNSAFE:** Swallowed semen, Anal or vaginal intercourse without a condom, Watersports in mouth or on skin with sores or cuts, Sharing IV needles, Fisting or rimming, Sharing enema equipment, douching equipment, or sex toys



# Calendrier Northern Lambda Nord Calendar

THE FOLLOWING EVENTS ARE HELD AT THE GAY-LESBIAN COMMUNITY SERVICES CENTER OF NORTHERN MAINE, 398 SOUTH MAIN ST., CARIBOU, ACROSS FROM THE NYLANDER MUSEUM, 207.498-2088 (M=MAINE TIME, N=NEW BRUNSWICK TIME)

- **Open House & Drop-In** every Wed, 7-9pm(M) 8-10pm(N)
- **Open House & Drop-In** first Fri of the month, 8-11pm(M) 9-midnight(N), Feb 3, Mar 3
- **Women's Night** third Fri each month, 7pm(M)

- 8pm(N), Feb 17, Mar 17
- **Gay-Lesbian AA** Meeting every Tues, 7:30-8:30pm(M) 8:30-9:30pm(N)
- **NLN Monthly** Meeting second Sun of the month, 1-3pm(M) 2-4pm(N) Feb 12, Mar 12

- **Symposium XXI** Planning Meeting Sun, Jan 29, 4pm(M) 5pm(N)
- THE FOLLOWING EVENTS ARE HELD AT OTHER LOCATIONS
- **Northern Lambda** Nord 15th Anniversary Dinner Sat, Jan 28, at the Old Iron Inn, 155 High

- Street, Caribou
- **Artists for AIDS Awareness Benefit Dinner & Art Auction** Fri, Feb 10, 6:30pm(M) Caribou Inn & Convention Center, \$15, 2/\$25; ticket info 207/498-0900
- **Valentine's Party** Sat,

- Feb 11, 8pm(M) 9pm(N) at a private home in Caribou
- **Maine Lesbian & Gaymen's Symposium XXI** May 26-29, 1995, University of Maine at Presque Isle, hosted by Northern Lambda Nord

## Lesbian-Gay GUIDE Lesbienne-Gai NEW BRUNSWICK • MAINE • NOUVEAU-BRUNSWICK

**NORTHERN LAMBDA NORD (NLN)**, CP/POB 990, Caribou ME 04736-0990 USA 207.498-2088 TTY/V  
**GAY-LESBIAN COMMUNITY SERVICES CENTER** of Northern Maine 398 South Main Street, Caribou; mailing address: POB 990, Caribou 04736-0990; 207.498-2088 TTY/Voice  
**GAY-LESBIAN PHONELINE** of Maine 207.498-2088 TTY/Voice - staffed Wed, 7-9pm (Maine), 8-10pm (N-B)  
**GAY/LESBIAN AA** meets Tuesdays, 7:30pm (Maine)/ 8:30pm (N-B) at Gay-Lesbian Community Services Center of Northern Maine, 398 South Main Street, Caribou; Call 207.498-2088 to make contact

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- **REGIONAL GROUPS/GROUPES REGIONALS**
- FREDERICTON LESBIANS & GAYS (FLAG)** POB 1556, Station A, E3B 5G2, 506.457-2156 (Mon & Thurs 6-9pm)
- GAIS & LESBIENNES DE MONCTON/GAYS & LESBIANS OF MONCTON (GLM)** CP/POB 1072, Riverview E1B 1V0, 506.855-8064
- GAIS.ES. NOR GAYS (GNG)** CP/POB 983, Bathurst E2A 4H8
- GAY/LESBIAN COMMUNITY NETWORK** POB 212, Bangor 04401, 207.862-5907, 207.941-2189
- HARBOR MASTERS, INC.** leather-levi group, POB 4044, Portland 04104
- NO BORDERS/SANS FRONTIÈRES** CP/POB 461, Campbellton E3N 3G4
- TIME OUT** outdoor activities, monthly calendar, POB 11502, Portland 04104
- WOMYN'S GROUP** POB 20082, Fredericton E3B 6Y8, 506.457-2156
- **HEALTH/SANTÉ**
- AIDS New Brunswick** 800.561-4009
- AIDSLine/Maine** 800.851-AIDS - Mon-Sat 9am-5pm, Mon & Wed till 7:30pm

- ATLANTIC FIRST NATIONS AIDS TASK FORCE** POB 47049, Halifax B3K 2B0 800.565-4255, 506.492-4255
- EASTERN MAINE AIDS NETWORK** POB 2038, Bangor 04401-2038, 207.990-EMAN
- PWA** (People living with AIDS) **COALITION OF MAINE** 377 Cumberland Avenue, Portland 04101, 207.773-8500
- SIDA/AIDS MONCTON** 100 Arden Street, Suite 427, E1C 8R3, 506.859-9616
- SIDA Nouveau-Brunswick** 800.561-4009
- **MEDIA/MEDIAS**
- APEX: A Point of Departure**, published monthly by Phoenix Press, POB 4743, Portland 04112
- COMMUNITY PRIDE REPORTER: The newspaper for the lesbian, gay, bisexual and transgender community of Maine**, published monthly, 142 High St, Suite 634, Portland 04101, 207.879-1342
- FRUITS OF OUR LABORS** monthly Lesbian-Gay-Bi events calendar, POB 125, Belfast 04915
- GAZETTE for Lesbians & Gay Men in Atlantic Canada**, 10 issues/year, POB 34090, Scotia Square, Halifax NS B3J 3S1
- 10%: Maine's monthly newspaper for lesbians & gay men**, POB 10536, Portland 04104
- **YOUTH/JEUNESSE**
- DIAL KIDS**, 774-TALK for lesbian, gay, bisexual & unsure youth under 19
- OUTRIGHT/Central Maine** age 22 and younger, 1.800.339-4042
- OUTRIGHT/Portland** POB 5077, 04101, 207.774-TALK or 207.774-HELP
- OUTRIGHT TOO** Bangor area, ages 16-22, 207.285-7180
- **UNIVERSITY/UNIVERSITÉ**
- GAY & LESBIAN ALLIANCE** University of New Brunswick, c/o Help Centre, UNB SUB, POB 4400, Fredericton E3B 5A3, 506.457-2156

- GAY/LESBIAN ALLIANCE** University of Southern Maine, 88 Winslow Street, Portland 04103, 207.874-6596
- WILDE-STEIN CLUB** University of Maine, Orono, every Thursday, 6:30pm, Sutton Lounge in Memorial Union
- **SUPPORT GROUPS/GROUPES SOUTIENS**
- GAY/LESBIAN/BISEXUAL PARENTS SUPPORT GROUP** Portland, 207.772-4741 (Frank)
- MAINE BISEXUAL PEOPLE'S NETWORK** POB 10818, Portland 04104
- PARENTS & FRIENDS OF LESBIANS & GAYS** (P-FLAG), Bangor/Brewer area 207.989-5180
- **RELIGION**
- AM CHOFSHI** Jewish, meets monthly, c/o Horowitz & Kass, RR#1 Box 686, South Harpswell 04079, 207.874-2970 (Rheatha)
- DIGNITY/MAINE** Catholic, POB 8113, Portland 04104
- INTEGRITY** Episcopal, St. Matthew's Church, 18 Union Street, Hallowell 04347, 207.622-6631
- NEW HOPE COMMUNITY CHURCH** c/o Unitarian House, 749 Charlotte Street, Fredericton, 506.457-4675
- **PROFESSIONAL/PROFESSIONNEL**
- LESBIAN/GAY COMMITTEE, MAINE CHAPTER, NATIONAL ASSOCIATION OF SOCIAL WORKERS** POB 5112, Station A, Portland 04102
- MAINE GAY VISUAL ARTIST'S LEAGUE** 207.775-3420
- MAINE LESBIAN & GAY LAW ASSOCIATION** (LeGaL) POB 443, Portland 04112, 207.829-3379
- **POLITICAL ACTION/ACTION DE SOUTIEN**
- MAINE LESBIAN-GAY POLITICAL ALLIANCE** POB 232, Hallowell 04347 800.55-MLGPA (556-5472)
- NEW BRUNSWICK COALITION FOR HUMAN RIGHTS REFORM/LA COALITION POUR LA RÉFORME DES DROITS DE LA PERSONNE DU NOUVEAU-BRUNSWICK** POB/CP 1556, Station/ Succursale A, Fredericton E3B 5G2 506.457-2156

## COMMUNIQUÉ

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*Rédacteur en chef: Dick Harrison*

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*Editor: Dick Harrison*