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CURRENTS

University of Southern Maine

Volume 14, Number 7

April, 1996

LAC Dean to Be Announced

Betty Robinson, associate professor of management and organizational studies at Lewiston Auburn College, has been recommended as the finalist for the position of dean at the college. Her selection will not be official until approved by the Board of Trustees at their May meeting. President Richard Pattenau said, "We have been very impressed with Professor Robinson's work at LAC and her energetic vision for the college. We are very pleased to recommend her to the Board."

Robinson, who has been on the faculty at LAC since 1988, says she wants to continue building the college's reputation for innovative teaching techniques and creating programs that respond to the needs of the Lewiston-Auburn community. "We have a remarkably dedicated faculty and staff, and I look forward to working with them in ways that support the college's strengths," she said. These strengths, she said, are the faculty's interdisciplinary, collaborative approach to teaching, the emphasis on internships and community service to enhance learning, and

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Betty Robinson, finalist for LAC dean.
Barrett photo

SON Changing with Health Care System

by Patricia Geary, dean, School of Nursing

The health care system is in a period of rapid and unprecedented change, and the School of Nursing is making changes to help prepare students for working in a shifting environment.

Previously, most nurses were employed in hospitals. But the number of nurses on hospital staffs is decreasing as hospital stays have been shortened. Projections are that hospital beds will continue to decrease as health management organizations continue to put an emphasis on cutting hospital costs.

Meanwhile, other opportunities have opened up for nurses. Skilled nursing units, nursing homes, home health care, short stay centers, urgent care centers, hospice, transitional care centers and palliative care all are areas which will grow and be the new employers of nurses. Managed care may finally bring to the fore an emphasis on health promotion and prevention. Cost effectiveness may also drive a move to maintain people at home and out of hospitals. Such moves will not only create calls for nurses to fill new roles, but to be successful, will need to tap nurses as health educators. Nursing's ability to educate people about their health and the health care system will become critical.

To prepare students for this changing world, nursing faculty are discussing what skills will be critical for the future and considering how to integrate these skills into the curriculum. With support provided by a recent federal grant of over \$500,000, (reported in the November issue of *Currents*) the graduate program is being expanded from a master's degree in a clinical specialty (adult health nursing and family/community health nursing) to a degree which

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USM to Purchase Phinney Property

USM has gained permission to purchase the large Gorham home and six-acre lot at 149 State St., owned by John D. and Rosamond J. Phinney. The property abuts the Gorham campus. The University of Maine System Board of Trustees approved the purchase at their meeting, held Monday, March 25.

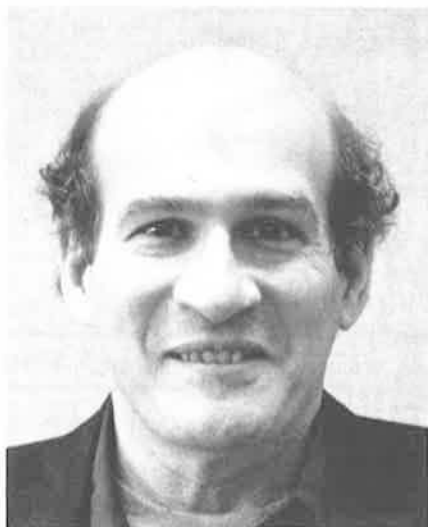
Under terms of the sale, the Phinneys will remain in the home for a year after the purchase agreement is finalized. USM will now enter into an agreement to purchase the home and land for \$330,000, a figure within appraisals.

Funds for the purchase will come from the USM Incentive Budgeting System, a program that pools a small percentage of departmental budgets for special, campus-wide programs and initiatives.

"This purchase will be a key component in our plans to upgrade and revitalize the Gorham campus," said President Richard L. Pattenau. It also could provide the addition of needed office space; open land for expansion of recreational/athletic fields; and adequate space for future construction of a perimeter road.

Pattenau said USM will consult with town officials and seek public input before finalizing any plans for the home or surrounding land.

The perimeter road around the campus was first recommended by consultants in 1984 as part of a master plan for future development. With access points on Routes 25 and 114, it would circle the outside of the campus, thereby removing much of the vehicular traffic from the center of the campus, and allow more pedestrian green space and lead to the development of a more traditional campus mall concept. The perimeter road also would provide faster, safer access to campus for service and emergency vehicles.



Rick Abrams, Shakespearean scholar.
Barrett photo

Lost Shakespeare Work Gets First Public Reading

Richard Abrams, associate professor of English, is convinced that an elegy signed only with the initials "W.S." is truly a late Shakespeare work, and an increasing number of scholars are agreeing with Abrams and Vassar Professor Donald Foster, the Shakespearean scholar who first attributed the poem to the Bard. The USM and Greater Portland community can decide for themselves at the first reading of the work just after the poet's birthday. Abrams and Foster are hosting the premiere performance at 7 p.m. Friday, April 26, in the Portland Museum of Art Auditorium.

The dramatic recitation of the elegy, directed by Abrams, features as readers Michael Howard of Portland's Mad Horse Theatre and Oak Street Theatre, Jane Bergeron of the Vintage Repertory Company in Portland, and USM theatre majors Guy Durichek and Elizabeth Guest. The evening will open with a performance of Dennis Janney-Nye's original composition, "Emanations, Blue-Grey," with pianist Thomas Snow and cellist Thomas Calabro. Following an intermission, the event will conclude with lectures by Foster and Abrams.

The event is free and open to the public, though reservations are required due to limited seating. Please call 780-4542 for information and reservations.

Earlier in the day, USM will host a hands-on demonstration of "Hypertext Shakespeare," a CD-ROM teaching tool developed at MIT. That presentation, which will focus on "Hamlet," will be

led by Sarah Lyons at 4 p.m. in Luther Bonney Auditorium on USM's Portland campus. Lyons, a graduate of the Shakespeare Institute in England, is working at MIT's Shakespeare Electronic Archive. The 4 p.m. event also is free and open to the public; reservations are not required.

Foster's and Abrams' attribution to Shakespeare of the work, titled "A Funeral Elegy (for) William Peter," has been the subject of stories in *The New York Times*, the *Chicago Tribune*, *People* magazine, and *The Times* (London) *Literary Supplement*, among many others.

Foster first came across the little known Elizabethan elegy some 13 years ago in Oxford University's Bodleian Library. Though largely convinced that the author, identified only as "W.S.," was indeed Shakespeare, Foster couldn't reconcile the elegy's avoidance of concrete physical images and colloquial expressions with the familiar theatrical style of Shakespeare. Abrams, who knew Foster's work and was teaching the elegy, was able to convince Foster that the 578-line work was indeed by Shakespeare. "In future study of the elegy," Foster explained, "Rick's interpretation will be viewed as quite a significant contribution to the understanding of the work."

In particular, Abrams argued that Shakespeare deliberately rejected dramatic, theatrical language in favor of a style that paid homage to the plain-spoken subject of the work.

The elegy was written for William Peter, a 30-year-old Devonshire country gentleman who was murdered in January of 1612 after spending the day drinking with two companions. Just 19 days after the murder, Thomas Thorpe, the publisher of Shakespeare's *Sonnets*, registered the poem for publication.

Robinson

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the inclusion of writing across the curriculum.

"We will be looking at ways to extend USM graduate programs to LAC and add more cooperative programs with University of Maine at Augusta and Central Maine Technical Center," she said. Another goal is making LAC more visible in the community it serves.

LAC, established in 1988, now serves more than 1300 students, nearly 80 percent of whom are women with an average age of 32. The faculty works to make the interdisciplinary curriculum, which integrates liberal arts and professional disciplines, responsive to changing cultural and

workplace demands. At present, the school offers six baccalaureate programs and a master's program in occupational therapy. Part of LAC's student body are graduates of UMA who have earned associate degrees and want to continue for a baccalaureate degree through the 2 + 2 agreement between LAC and UMA. Students are now entering LAC through a similar cooperative agreement with CMTC, Central Maine Medical Center, and with Kennebec Valley Technical College. Robinson contributed to the discussions with CMTC, KVTC, UMA, and also with Bates College on joint planning for higher educational needs in the area.

Robinson, who earned a Ph.D. in sociology with honors from Boston University, was the first faculty person hired at LAC and has been very active in service to the school. She served as chair of the college faculty from 1989 to 1991 and as acting dean during the summer of 1995. In addition, Robinson represented the college on the Faculty Senate from 1991-95, on the President's Organizational Simplification Committee in 1991, the President's Pluralism Committee, from 1993-94, the USM Accreditation Committee from 1989-91 and USM's Mission Statement Committee during 1991. She also served the college on the Community Advisory Committee, revising the mission statement, and working on strategic planning for the college.

Before coming to USM, Robinson taught at New Hampshire College, Colby College, Boston University and University of Maryland as an instructor. She worked as an analyst for the Maine State Employees Association from 1985 to 1988, as associate director in charge of policy analysis for the Massachusetts Nurses Association from 1983 to 1985 and in other public sector positions earlier. Until recently she served on the Maine State Arbitration and Conciliation Board, to which she was appointed in 1989 by then Governor John McKernan, on the needs assessment task force for Androscoggin County Human Services, and on the advisory board of the Maine Labor Group on Health.

Her most recent publications are "Service-Learning from the Classroom," to be published in *Issues and Inquiry*; "Preparing to Walk the Talk: Collaborative Teaching," 1995, and "Collaborative Teaching: Reaping the Benefits," 1995, both with Robert Schaible, associate professor of arts and humanities; and "Downsizing Policy in Public Universities," 1994, with Marvin Druker, associate professor of public affairs.

Positive Feedback on ME Higher Ed

A 1995 survey of Maine citizens, commissioned by the Maine Economic Growth Council, found that 74 percent of respondents gave the University of Maine System high marks for providing quality education. That was one finding on education in the state summarized in a recently released report prepared by the Maine Development Foundation for the council.

In a question on the survey seeking resident opinion of education, respondents were asked to what extent they agreed with the statement, "The University of Maine System offers a quality education for Maine students who choose to pursue a four-year college education;" 74 per cent responded that they agreed with the statement.

The survey also found that 60 percent of Maine businesses "rate Maine's colleges and universities as excellent, very good or good."

The Maine Economic Growth Council was created by the 116th Legislature to develop "a long range plan for the state's economy, monitor progress and recommend changes," according to a summary in the 1996 progress report. The first report, published in May, 1995, "Goals for Growth," put forth a vision of Maine's economic future and stated long-term goals. In its second report, just published, the Maine Economic Growth Council sought to set performance measures for achievement of these goals. Benchmarks in the report that relate to education include raising the percent of Maine's population with four-year and graduate degrees to match that of New England as a whole, relating to the goal that "Maine workers be among the highest skilled in the U.S."; increasing employer-sponsored training among front line workers, and increasing the number of people attending educational seminars, programs or courses, both toward the goal that "Maine workers will have access to lifelong education and training...." In these areas, the report states that in 1990, 12.7 percent of Maine's population had attained four-year degrees, compared to 15.3 percent of the New England population; the survey found that about 35 percent of employees in Maine participated in employee-sponsored training during 1995, and 54 percent of Maine people have attended an educational seminar, program, or course in the past year.

Of special interest to the university system are the measurements related



USM Child Care Services plans to celebrate Mother's Day and Maine's greatest natural resource—its children—with the photo contest, "The Faces of Maine Children." Winning photos will be on exhibit Friday, May 10 through Sunday, May 19 at the Children's Museum of Maine. Winning photos also will be on display at the State House in Augusta from Monday, May 20, through Monday, May 27. A panel of professional photographers will judge color and black and white photos. The contest is open to all amateur and professional photographers, regardless of residence, though all photos must be taken in Maine. Entry forms can be picked up now at participating Shop 'n Save Supermarkets and the Children's Museum of Maine, Free St., Portland. For more information, call 780-4125.

Barrett photo

to citizen opinion of training and education and citizen opinion of access to education and training. Under the first of these categories, the survey asked if people believe there are adequate public and private programs available to Maine people who want to train for new jobs or acquire new skills. Only 34 percent stated that there were adequate programs, establishing a benchmark to measure increased satisfaction in the future. But 79 percent of respondents said that if they wanted to further their education, they would be able to attend courses within a one-hour drive that would be affordable and of interest to them; 59 percent said such courses were available in their community. This was especially true for southern Maine. In terms of cost of education as a barrier to access, 26 percent of the survey respondents agreed that the cost of attending the state's university was affordable for those who want to attend, and 29 percent disagreed on affordability (44 percent were neutral or didn't know). This compared with the affordability of Maine's technical colleges about which 16 percent agreed they were affordable, 37 percent disagreed and 43 percent were neutral or didn't know.

Overall, the report presents a positive assessment of the university system by Maine's citizens.

Congratulations!

The following USM faculty have been tenured and/or promoted by President Richard L. Pattenade, on the recommendation of their peer committee, their dean and the provost, and approved by the University of Maine System Board of Trustees, effective September 1, 1996.

Granted tenure at current rank of Associate professor:

Rita Kissen, associate professor of teacher education

Richard West, associate professor of communication

Granted tenure and promoted to the rank of associate professor:

Dusan Bjelic, associate professor of criminology

Lucinda Cole, associate professor of English

Lawrence Golan, associate professor of music

Mariusz Jankowski, associate professor of electrical engineering

Kathleen Wininger, associate professor of philosophy

Nursing

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includes the skills of both the clinical specialist and the nurse practitioner. We have totally redone a clinical lab area on the second floor to create a good clinical practice area for learning physical examinations skills. The grant also will focus on care of vulnerable populations. (We're defining this broadly to include minorities, refugees, and medically underserved). There is discussion still going on among the members of the graduate curriculum committee on how best to merge the skills of the two roles.

Because our faculty is concerned with preparing students for working in community settings with diverse populations, we have underway several projects that give students valuable experience. Families in the Portland neighborhoods of Sagamore Village, Parkside and Front Street are receiving services related to women's health issues and help dealing with adolescent pregnancies, substance abuse, chronic illness and other community problems through a collaborative program designed by SON faculty with the Portland Public Health Department and the Portland Housing Authority. Another community health experience for our students also based in the Parkside neighborhood is a collaborative project with Barber Foods Company, instituted this year. Nursing students are visiting the families of 30 Barber Foods employees, all immigrants, in their homes and taking complete health histories, using the Problem Knowledge Couplers, a computerized history which prints out a risk profile when it is completed. The students teach the families about health concerns and the US health care system. The project intends to connect these families with a primary practitioner and to help them learn to use our health care system. The families will be followed over a two year period. A small core group of students, working with a graduate research assistant, will be with the project for the full two years. Other students will rotate through in seven or 14 week rotations. The research aspect of the project will look at insurance utilization data as well as success in connecting the families with a primary physician at the end of the two years.

In our Recreation and Leisure Studies program, the faculty expect that they too will be affected by managed care. Graduates from this program will work in rehabilitation units or centers. Since patients are



"The Poor of Portland," a Victorian melodrama that incorporated details from each city it played in, ends USM's theatre season with a run from Friday, April 19 through Sunday, April 28, Russell Hall, Gorham. Pictured above, the hero, (Chris Sias, center), and heroine Lucy, (Leslie Guerin, left) want to marry but they are too poor. Only Badger (Eric Chase, right) knows the terrible secret that could change Mark and Lucy's future. The USM production is directed by Minor Rootes; performances are at 7:30 p.m., Wednesdays through Saturdays, at 5 p.m., Sundays. For more information, call 780-5483. *Snell photo*

being sent to rehabilitation units instead of having extended hospital stays, the impact of short hospital stays on this discipline may well be positive, particularly if insurance will pay for services which assist patients in achieving a better quality of life. Among the patient groups that will be swelling the ranks of those needing rehabilitation therapy are stroke patients or patients who have had multiple trauma (usually automobile accidents), or people with head or spinal cord injury. People who have had broken hips or hip or knee replacements also may go to rehabilitation. Hospital stays for these patients are very short. Hospitals tend to be used to stabilize clients in these categories, and then these patients are sent on for the "work" of becoming active again.

The School of Nursing also is considering how to prepare students to meet the needs of other client groups. Long term care patients, for instance, usually are elderly patients who can not care for themselves at home and need some kind of professional care. Also, people who have suffered serious injuries who do not need hospital care but are not ready yet for rehabilitation may need some other form of non-hospital, non-home care.

As we look ahead to the future needs of clients, we are thinking how to best structure our course of studies. The School of Nursing is considering a reorganization which will give more

visibility to the non-nursing disciplines within the School. At this time, Recreation and Leisure Studies is the only non-nursing discipline in the school, but we have two intents-to-plan in the works. The School is now in a planning process for a degree in Sports Medicine, which has been approved by the chief academic officers in the UM System. The planning process has identified two majors within the degree—athletic training and health fitness/exercise specialist. A search is underway for a faculty member to direct the track in athletic training, which focuses on prevention and treatment of motion-related injuries. This major will enhance the services available to other students participating in the athletics programs since a portion of their clinical experience will be at the university. Health fitness graduates can assess an individual's fitness and muscle capability and prescribe an individualized exercise program. Fitness professionals are now being employed in companies which have wellness programs.

The other intent-to-plan is for a completion degree for associate degree graduates of non-nursing programs in the health professions. Both of these new programs will expand the school's ability to prepare students for new career opportunities.

20 Years of Health/Fitness at USM

Over the 20 years that Lifeline has been operating, Director Tom Downing has seen an evolution in both the concept of fitness and the people who are pursuing it. At one time, Lifeline members were mostly young and mostly male. "We've seen a shift from bodybuilders to a much broader population that includes senior citizens, people who have been highly sedentary, heart and lung disease patients, and women recovering from childbirth." The biggest changes are gender and age. A much higher percentage of women take advantage of Lifeline than 20 years ago, he says. A visit to the weight-training rooms reveals people of all ages, still in their teens through those of retirement age and beyond, like 87-year old Larry Rolph, a long-time member of Lifeline and a champion in the Maine Senior Games competition.

The Lifeline Program started in May, 1976 at the Portland YMCA as a collaboration between the YMCA and the Jewish Community Center, then joined forces with USM (then University of Maine at Portland and Gorham) that fall. From the beginning the program had a strong public service mission. Starting with a walk/jog program, a cardiac rehabilitation program was added in 1978, the first of its kind in southern Maine, and in 1982 Lifeline combined forces with Mercy Hospital in starting the first southern Maine pulmonary exercise program. In 1986 the Mercy Hospital asked Lifeline to design and manage an expanded cardiac rehabilitation exercise program, called Heartline.

Meanwhile, Lifeline had begun to develop employee wellness services to support health and fitness needs in the workplace. Corporate health promotion activities were consolidated in 1995 in the Lifeline Wellness Institute, which designs and manages health promotion and fitness programs for businesses, municipalities and schools in southern Maine. One example would be the NYNEX Corporate and Fitness Center in Portland, which Lifeline manages and operates.

As Lifeline's demographics changed to encompass women of all ages, senior citizens and heart and lung patients, there was a parallel evolution from a fitness orientation to the concept of wellness. Wellness is more holistic and includes managing stress and nutrition as well as maintaining muscle tone, flexibility and aerobic capacity. These days Lifeline

offers individualized fitness training in the Body Shop, yoga classes, Swedish massage, stress management and nutrition classes.

All faculty, staff and students who take advantage of Lifeline's many offerings will join Currents in wishing Lifeline 20 more years of success.

Supporting Students of Color

As part of efforts to stem the "brain drain" of Maine's racial and ethnic high school and college graduates, a coalition of organizations have planned a conference to encourage students of color to stay in the state.

The coalition, led by the city of Portland and including USM, has scheduled the first annual ALANA (African/Latino/Asian/Native American) conference, "Creating Community for Students of Color in Maine." The conference will be held Friday and Saturday, April 19-20, at the Portland Marriott at Sable Oaks, near the Maine Mall.

The event, designed to acquaint students and their families with Maine's education and employment opportunities, will feature cultural performances, keynote addresses, as well as workshops on college admissions, small business development, dealing with racism in schools, and personal growth.

Keynote speakers include Sandra Featherman, president of the University of New England, and Melvin King, a professor at the Massachusetts Institute of Technology. Featherman is recognized nationally for her speaking and writing on diversity issues. King, a community organizer and activist, is founder of The Rainbow Coalition.

The conference committee, chaired by Rachel Talbot Ross of the city of Portland, includes Sue Ellen Bordwell, the president's special assistant for equal opportunity, Ken Lewallen, director of multicultural affairs, and a student representative from USM, and representatives from the University of Maine, Bates, University of New England, Colby, Bowdoin, Asina & Associates and Black Education & Cultural History, Inc. The official sponsors include the city of Portland and Fleet Bank of Maine, with the corporate sponsorship of the Department of Education, the Finance Authority of Maine, the Maine State Housing Authority, Time Warner and UNUM.

For more information, call Talbot at 874-8689.

A Journey Through Baseball

A group of USM students will get a rare look at the institution of baseball this summer as they travel by bus to minor league fields, Major League stadiums, Cooperstown and to the offices of the game's executives. Their weeklong odyssey is the centerpiece of a new USM summer course, "Baseball and American Society: A Journey," to be taught by E. Michael Brady, professor of human resource development, and Frank Carner, associate professor of English.

Between stops, Brady and Carner will lead discussion groups based on assigned readings and films. They plan to explore the history and literature of baseball, baseball and family life, the economics of the sport, the Negro Leagues and the integration of Major League baseball. Guest lecturers, including current baseball executives and former players, are scheduled to address the group. The bus will leave Portland on Sunday, July 21 and return the following Saturday.

The idea for the course first came to Brady three years ago, shortly after an organized tour of Major League parks. "The tour was fun and informative but it was just that, a tour," recalls Brady. "I wanted to organize a program that would take a more thoughtful, creative and academic approach to the subject of baseball," he says, "a program that would help answer the question of how baseball has contributed to the formation of an American identity." Brady, who has a research interest in the history of the Negro leagues, approached Carner, who studies baseball literature.

Their unusual course has attracted an interesting mix of students, including lawyers, certified public accountants, teachers, business executives and more traditional undergraduate students.

What We're Doing

C. GEORGE CAFFENTZIS, associate professor of philosophy and Honors Program, had his article, "On the Notion of a Crisis of Social Reproduction: A Theoretical Review," published in "Donne, sviluppo e lavoro di riproduzione" (Milan: FrancoAngeli, 1996).

MATTHEW H. EDNEY, associate professor of cartography and geography, presented a lecture, "The Charting of Casco Bay, Maine and the New England Coast," at the recent Aucocisco celebration in Portland.

JULIE ELLIS, assistant professor of electrical engineering, has been elected to the board of directors of the Educational Research and Methods Division of the American Society of Engineering Education.

ROY A. GALLANT, director, Southworth Planetarium, has been informed by Simon & Schuster that his recently published book, "The Day the Sky Split Apart," has won the John Burroughs Award from New York's American Museum of Natural History.

JOEL GOLD, professor of associate business administration, is the host of a new Community Television Network series, "Money Matters." He was interviewed on personal financial planning for the "University Review" public service show aired on WHOM Radio and Ocean 98 and elsewhere in Maine.

NATHAN D. HAMILTON, associate professor of archaeology, presented a lecture, "A Day in the Life of the Earliest Natives," at the recent Aucocisco celebration in Portland.

WILL KILROY, assistant professor of theater, was recently elected to the board of trustees for Portland Players Theatre where he is serving as director of their Outreach Program. He was also recently elected to the executive board of the Maine Alliance for Arts in Education. Kilroy co-chaired this year's New England Theatre Conference, which was held in Portland. He and his students provided holiday entertainment this year for the Kennebunkport Business Association, Portland's Downtown District, and Sanford's Children's Charity Group. Kilroy's production of "Purple Breasts" was chosen to be performed as part of the American College Theatre Festival, and he worked as coordinator of the Irene Ryan Scholarship program at the festival. "Purple Breasts" also toured to St. Michael's College in Vermont and provided a fundraising event for the Vermont Breast Cancer Action Group, and then was produced by Oak Street Theatre in Portland with USM actors and crew in February.

ROBERT B. LOUDEN, associate professor of philosophy, had his article, "Butler's Divine Utilitarianism," published in the July 1995 issue of the History of Philosophy Quarterly. His essay, "Toward a Genealogy of 'Deontology'" is in press with the Journal of the History of Philosophy; and his commissioned entry on "Virtue Ethics" appears in the new "Encyclopedia of Philosophy Supplement" (Macmillan). He served as an invited commentator at the Eastern and Central Division meetings of the American Philosophical Association in New York City (December) and Chicago (April). In April he is presenting an invited lecture at Western Michigan University in Kalamazoo titled, "The Progress of the Power of Judgment: Kant's Applied Ethics." He also participated, along with WILLIS B. HAYES, director, Honors Program, in a forum on religion and ethics held in early March by the Portland Press Herald.

ROBERT M. SCHAIBLE, associate professor of arts and humanities, Lewiston-Auburn College, co-authored a paper, "Education and InterAmerican Affairs in the New Millennium: The Impact of Pedagogy" accepted for presentation at the 19th annual conference of the Society of Educators and Scholars, held in San Juan, Puerto Rico in March. Schaible and BETTY D. ROBINSON, associate professor of management and organizational studies, Lewiston-Auburn College, co-authored a paper, "Collaborative Teaching: Reaping the Benefits," which was published in College Teaching, spring, 1995. Last August, Schaible was elected to serve a three-year term on the Council of the Institute on Religion in an Age of Science (IRAS). He was also invited to give the keynote address at the annual IRAS Council banquet, held in Portsmouth, N.H. in August, 1995. The title of his talk was "Literature, Religion, and Science: a Personal and Professional Trajectory."

DARRYN WILLOUGHBY, assistant professor of recreation and leisure studies, has recently received a \$3,000 Faculty Senate Research Award to support the research study "Effects of Weight Training on the Muscular Strength and Myofibrillar Protein Content of Previously Inactive Elderly Men and Women." Willoughby has also had the research article "Effects of Combined Electromyostimulation and Dynamic Muscular Contractions on the Strength of Collegiate Basketball Players" recently published in the Journal of Strength and Conditioning Research.

Did You Know?

Trade and industry journals continue to recognize USM's Portland Campus Library for its design and energy-saving features. The latest issue of BR Building Renovation, a quarterly, nationwide trade publication, carries a cover story on the Portland library. The feature concludes, "The school has room to expand...the students get a new facility, and the community gets a facelift for a worn-out building and a new icon to symbolize its place in the global village." The author reported that the project was completed at a cost of \$47 per square foot, compared to \$84 per square foot for new library construction.

Students can now register over the phone 24 hours a day (except for Sunday evening) through our interactive phone system (IVR), using a registration authorization number (RAN). This will allow students to adjust their schedules in a timely way and allow USM to evaluate which courses are in demand since efforts to register for closed classes are also recorded.

The Political Science Department reports that in 1995, 30 departmental graduates secured 44 admissions to 28 law schools. The department also notes that 13 students are serving as interns in congressional offices, state political offices, and with the Department of Environmental Protection, Maine Women's Lobby, Volunteer Lawyers Project, Sanford School Superintendent's Office, Portland Housing Authority, Portland's Health Department, and other placements. Political Science internships are not limited to department majors.

Occupational therapy students at USM's Lewiston-Auburn College are working as interns at Employment Trust Inc. (ETI), a Portland-based private organization that provides employment support services, to help break down employment barriers for ETI's disabled clients.



Currents

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