

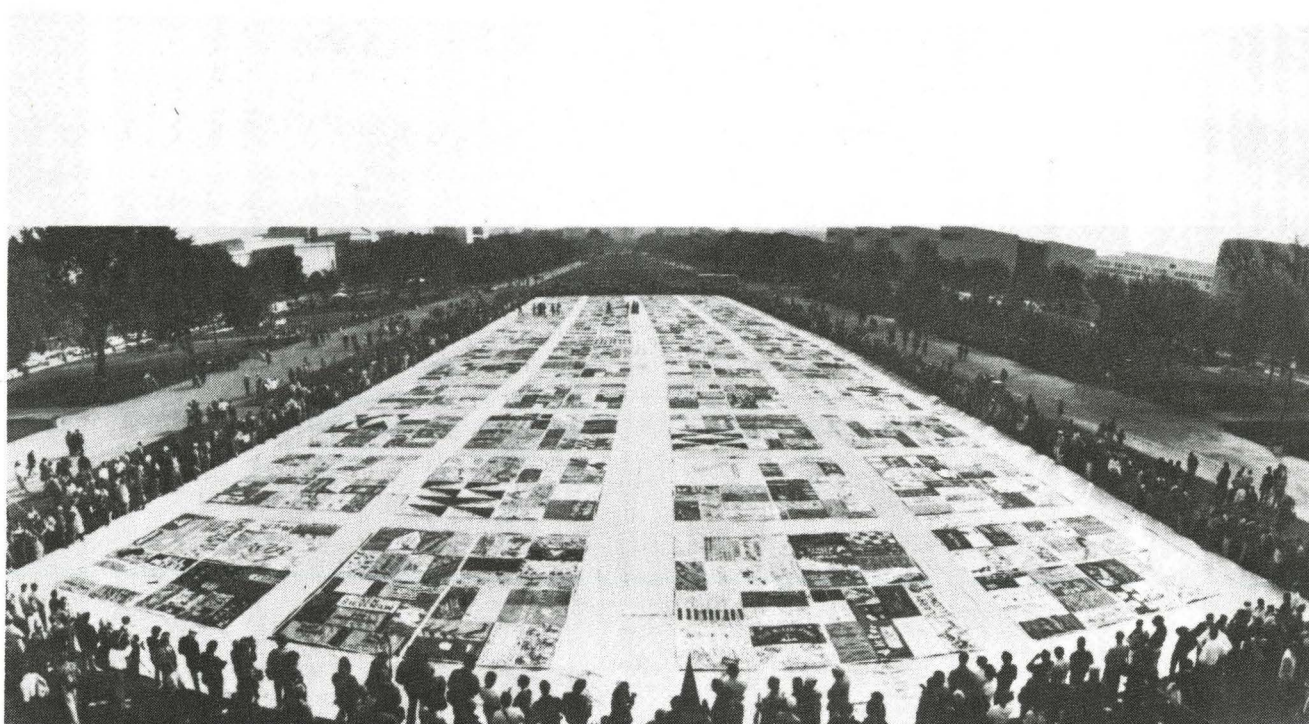
# THE AIDS PROJECT NEWSLETTER

A Publication of The AIDS Project, 22 Monument Square, Fifth Floor, Portland, Maine 04101

April 1989

Volume 2 Number 2

## The Inaugural Unfolding of the Names Project Quilt in Washington, D.C.



Photograph by: Marc Geller

The AIDS Project is pleased to announce that it will host the National AIDS Memorial Quilt at the Portland Exposition Building over Memorial Day weekend (May 25th - 29th). The AIDS Quilt is a living memorial taking the form of a huge quilt. It is made up of individual panels, each bearing the name of a person lost to AIDS. The Quilt is the single most important medium we have available today, and has been nominated to receive a Nobel Peace Prize.

The purpose of bringing the AIDS quilt to Maine is to provide an educational forum which shows the global nature of the AIDS epidemic and which encourages an awareness and response

based on compassion and concern. There are currently persons with AIDS from 13 countries with panels in the Quilt. More Chapters are being formed in Europe, Canada, Israel, South America and Australia. The Quilt reminds us of the other side of this epidemic by telling a personal side rather than a statistical one.

We are looking for volunteers who are interested in helping with the AIDS Memorial Quilt. If you have not already registered with us, please do so now.

If you have any questions please direct them to Malcolm Mailloux, David Ketchum or Jeannie Ross at (207) 774-2087 or 774-6877.



## The Names Project Quilt Update

The AIDS Project is proud to announce its sponsorship of the Names Project Memorial Quilt coming to Portland on Memorial Day Weekend. The Quilt will be displayed at the Portland Exposition Building on Park Avenue. An opening ceremony will take place on Thursday evening May 25th. Public viewings of the Quilt will take place on Friday the 26th, Saturday the 27th, Sunday the 28th and Monday morning the 29th. Closing ceremonies will be at Noon on the 29th. This will be the only showing of the Quilt in New England this year. A separate telephone line has been set up at The AIDS Project to help handle all questions and inquiries. Please call (207) 774-2087.

## Of Special Interest To Women

Peg Newman, a freelance photographer from Massachusetts, is putting together an exhibit of photographs and stories of women who have an HIV-infection.

Any woman who participates in the project will receive a payment of \$50.00. Peg is hoping eventually to put a publication together out of the materials gathered for the exhibit. If you would like to participate contact:

**Peg Newman**  
166 Washington Street  
Newton, Massachusetts 02158  
(617) 969-5490

## New Drug Trials/Protocols

The AIDS Project receives monthly updated bulletins from the AIDS Clinical Trials Unit at Massachusetts General Hospital. These updates include information about new drug protocols that are accepting patients for enrollment. If you are interested in getting involved in a drug trial or want to find out what protocols are going on in the Massachusetts or Boston area, please call Toby or Diane at The AIDS Project (207) 774-6877.

## Primate Research May Lead To AIDS Cure by Carol Page

A new study of green monkeys in West Africa, headed by Dr. Jonathan S. Allen of the Southwestern Foundation for Biomedical Research, may help researchers determine where the AIDS virus originated. Conflicting theories say that the disease came directly from green monkeys in West Africa or that the virus evolved in humans. If the virus affecting West African green monkeys is more like the Human Immunodeficiency Virus (HIV) than those found in other primates, scientists will have a better animal model for study of AIDS in humans. The study should also allow a comparison between HIV and the Simian Immunodeficiency Virus found in other primates. Dr. Allen's trip to Africa is the first leg of a three-year project.

Researchers at Tulane University's Delta Regional Primate Research Center and Louisiana State University have just received a five-year, \$5.3 million grant to study the Simian Immunodeficiency Virus (SIV) for information needed to build a vaccine to protect humans from AIDS. The protein composition of SIV, which shares 40-50% of its genetic structure with HIV, will be studied to try to determine what parts trigger a response from the immune system and to identify which parts of the viral proteins are recognizable to immune response to allow virus-infected cells to be killed.

## Statistics

### Maine

As of March 31, 1989 there have been 114 diagnosed cases of AIDS in Maine. Of the total 114 people with AIDS, 61 have died. The number of people in Maine who have tested positive on the HIV antibody test is 412.

### National

National data as of March 1, 1989: diagnosed cases of AIDS 87,188; deaths 50,670.

### The AIDS Project

To date, The AIDS Project has provided case management services to 137 People with AIDS, ARC and HIV+ individuals in Southern Maine.

## The AIDS Project Newsletter

### Editor:

David Ketchum

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Mark D. Rogers

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Robert Mitchell

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TTY-TTD

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The AIDS Project is a not-for-profit organization dedicated to providing and promoting services to people with AIDS and AIDS related illnesses, advocacy regarding AIDS related issues and concerns, and AIDS related health education and information to the citizens of Maine.



## Message From The Executive Director

Robert Mitchell - Executive Director

Usually this column speaks to the current activities and directions of The AIDS Project. In this issue, however, I want to call your attention to the important AIDS work being accomplished by some other organizations in Maine, and to the development of a new organization of great significance to AIDS service providers around the State.

As you probably know, not too many years ago The AIDS Project was the only organized AIDS education and service provider in Maine. As a result, TAP has received a lot a positive attention by the media and continues to enjoy the solid and warm support of our community for our work on behalf of People With AIDS. We are proud of what we have been able to accomplish with limited resources, and are gratified to know we have some strong allies and friends as we face the increasingly difficult years ahead.

Two of these friends and allies deserve special mention as their tireless and important work with AIDS is perhaps not as well known as that of The AIDS Project. These are, of course, the Maine Health Foundation, Inc. and the Maine Lesbian/Gay Political Alliance. These organizations, which have worked diligently to raise funds and enact sound AIDS legislation respectively, have contributed enormously to our ability to develop successful and sound educational programs and support services for People With AIDS and their families and friends. Without the funds to begin important programs or to help meet client needs, or a public policy climate which supports the dignity and rights of People With AIDS, our work would be far more difficult, if possible at all. I want to thank these organizations for a job well done, and to urge any of you who are unfamiliar with these groups to make contact with them and support their important work.

The AIDS Project has long been encouraging the development of AIDS education and support services in local communities, and the landscape of AIDS service providers has grown and blossomed over the years. Most recently, a new organization has been formed to

help develop and coordinate AIDS service organizations around the State. The Maine AIDS Alliance, which was founded to provide AIDS advocacy, education and coordination on a statewide level, is presently composed of representatives from the following thirteen AIDS service organizations:

AIDS Coalition of Lincoln County  
AIDS Education and Support Group for Knox County  
AIDS Lodging House  
AIDS Task Force for Bridgton  
Central Maine AIDS Coalition  
Community Task Force on AIDS Education, Bridgton  
Dayspring AIDS Support  
Down East AIDS Network  
Eastern Maine AIDS Network  
Merrymeeting AIDS Support Services  
PWA Coalition of Maine  
St. John's Valley Community AIDS Task Force  
The AIDS Project  
Waldo County AIDS Coalition

We are excited by the formation of this key organization, and support the major role it will fill in meeting the AIDS challenge in Maine. If you would like more information about the work of this group, please write: Maine AIDS Alliance, Post Office Box 57, Brunswick, Maine 04011-0057.

The struggle against AIDS in Maine has only begun, and The AIDS Project will continue to meet the educational and support service needs of the community as best we can. As we do so, we are glad organizations such as the Maine Health Foundation, Inc. and the Maine Lesbian/Gay Political Alliance are committed to the AIDS issue, and warmly welcome the efforts of the Maine AIDS Alliance to assure the highest quality of services for those we are dedicated to serve, People With AIDS.

### **QUILT FACTS: AS OF MARCH 1989**

**The total weight of the Quilt is 16 tons or 32,000 pounds.**

**There are 8,824 3'x6' panels representing 18% or 4.5 people who have died from AIDS.**

## Legislative Update

*The following bills have been introduced for consideration during this legislative session.*

**L.D. 444 -AN ACT TO PROHIBIT DISCRIMINATION AGAINST PERSONS WITH THE HUMAN IMMUNODEFICIENCY VIRUS FOR PURPOSES OF INSURANCE COVERAGE.**

Presented by Senator Gill. Co-sponsored by Representative Rydell, Representative Allen of Washington and Representative Donald of Buxton. Referred to the Committee on Banking and Insurance.

This bill makes discrimination against a person with AIDS or someone who has tested HIV positive an unfair insurance trade practice.

Hearing date: Thursday March 30, 1989, Banking and Insurance, Room 427, State House, Augusta, 1:30 P.M. *(As of the publishing date there has been no decision made on this bill.)*

**L.D. 689-AN ACT TO INCREASE THE FUNDS AVAILABLE TO COMMUNITY-BASED AGENCIES FOR CASE MANAGEMENT SERVICES TO PERSONS INFECTED WITH HIV.**

Presented by Representative Rydell. Co-sponsored by Representative Paradis of Frenchville, Representative Pouliot of Lewiston and Senator Titcomb of Cumberland.

Currently there are funds available for only three case management positions for persons with HIV-related illnesses in the state. This bill increases that number to six positions in response to the increased need for case management services for the growing number of people in the state who are affected by this disease.

**L.D. 792-AN ACT TO PROVIDE SUPPORT FOR NONPROFIT COMMUNITY AIDS ORGANIZATIONS WHICH ARE MEMBERS OF A STATEWIDE AIDS ALLIANCE.**

Presented by Representative Rydell. Co-sponsored by Representative Marsano of Belfast, Representative Lisnik

*(continued on page 4)*



## Legislative Update

*Continued From Page 3*

of Presque Isle and Senator Brannigan of Cumberland.

Fiscal Note:

Department of Human Services

Bureau of Health

All Other

1989-90      1990-91

\$335,000      \$368,500

This bill provides for grants to community-based AIDS organizations to supplement local resources for the purpose of maintaining a support network. Includes \$35,000 in fiscal year 1990 and \$38,500 in fiscal year 1991 for a statewide AIDS alliance. The money may be used for staff and expenses.

**L.D. 845-AN ACT TO FUND COMMUNITY-BASED AIDS PROGRAMS AND SERVICES.**

Presented by Representative Conley. This will provide funds to meet the shortfall in federal funding for the operation of a statewide AIDS information hotline and HIV counseling and testing services.

Fiscal Note:

Department of Human Services

Bureau of Health

1989-90      1990-91

\$8,300      \$8,750

## Women's Support Group

**For Women With AIDS, ARC, or Who are HIV +**

**Every Thursday at The AIDS Project, 10:30 to 12:00 Noon**

**Facilitated by Diane Elze and Jan Carter.**

**For more information please call Diane or Toby at 774-6877**

## Accupuncture and AIDS Workshop

For our 3rd Sunday Workshop Series in May, Sheldon Ganberg, D.Ac. will present a workshop on the uses of Acupuncture and Chinese medicine in the treatment of AIDS. Sheldon runs the Acupuncture Health Care center in Portland where there are currently 8 PWA's undergoing acupuncture treatment. If you are interested in learning more about acupuncture as a treatment option, the workshop will be held Sunday, May 21st from 1:00-2:30 P.M. at The AIDS Project.

**HIV+ Support Group meets Thursdays, 5:30-7:00 at The AIDS Project. This is an open group, no advance contact is required. For more information call 774-6877.**

## News on AZT - UPDATE

**Kevin Arington-Reprinted with permission from the Gay Men's Health Crisis (GMHC)**

The largest trial of AZT to date, sponsored by the National Institutes of Health, has confirmed that this antiviral increases survival dramatically. The trial evaluated more than 4,000 people with AIDS who had had at least one bout of pneumocystis carinii pneumonia (PCP); after 44 weeks of treatment, 73% of the participants were still alive. Survival was even higher in patients who began treatment with higher levels of hemoglobin and initiated treatment within 3 months of their PCP episode. These findings bolster the growing body of data that suggests that earlier intervention with AZT is beneficial.

Although the authors say this is not an appropriate study from which to draw conclusions about toxicity, we should report that roughly 20% of the participants needed to receive transfusions for the depletion of red blood cells, and that 11.4% experienced "serious" anemia. White blood cell depletion was reported in 8.3% of the participants. This study leaves unanswered questions about the long-term use of AZT, but we believe that it is convincing proof of AZT's therapeutic value.

Another smaller study corroborated the survival statistics cited in the first study, but raises questions about sustained improvements after 6 months of treatment. Three hundred sixty-five patients received AZT for an average of 31 weeks. One third of the patients were on half-dose of the drug; the remainder were on full dose. For those on full dose who developed anemia or low white blood counts, dosage was halved. Researchers noted steady improvement in weight gain, T4 cell counts and other laboratory measurements. Patients on half dose had larger increases in T4 counts up to the sixth month, after which most people's counts returned to their pre-treatment level. ARC patients' T4 counts did not return to pre-treatment level until the eighth month, underscoring the advantage of early treatment. The bad news is that patients' clinical conditions tended to deteriorate after peaking between months 3 and 4. Survival at 9 months was 75%.

Strong evidence that AZT has positive effects on HIV-related neurological conditions has been published in the New England Journal of Medicine. Researchers reported on neurological improvement in 134 patients who received AZT as compared to 128 who

received a placebo. Improvement was measured by comparing patients' pre- and post-treatment performance on test measuring verbal memory, visual attention and motor abilities. This study, however, does not tell us much about the long term use of the drug, because patients were followed for only 16 weeks.

In view of the blood-related toxicity that is associated with AZT, one small study of AZT as a treatment for low platelet counts had some interesting findings. The 10 HIV-positive participants did not have an AIDS or ARC diagnosis. They alternated between 8 weeks of AZT and 8 weeks on placebo. All had increases in platelet counts while on the drug but not while on the placebo.

The debate about AZT continues. Skeptics point to early data and claim that the first results were fudged. While there may be some legitimate reasons to criticize the original Phase 2 trial, the preponderance of evidence to date is irrefutable. AZT is no magic bullet, but it clearly slows the progression of HIV-related disease and improves that quality of life for the vast majority of those who take it. We eagerly await results of trials examining lower doses of the drug and studies that combine AZT with other drugs that enhance its viral activity.



# Every Penny Counts!

*Help to Bring a National Memorial to Portland, Maine*

The AIDS Project of  
Portland, Maine  
Hosts

## The AIDS Memorial Quilt

The Portland Exposition Building  
239 Park Avenue, Portland

May 25 through 29, 1989

### Hours:

May 25: 6-9 PM

May 26 and 27: 8 AM to 8 PM

May 28: 8 AM-6 PM

May 29: 8 AM-12 Noon



For more information, call 207-774-2087.

You've probably read the statistics: more than 50,000 people already killed by the AIDS virus in the United States alone, a figure exceeding the number of American lives claimed by the Vietnam war. Over 90,000 people are suffering at present, and another two million, as yet without symptoms, are thought to be carrying the HIV virus. There is no cure in sight.

Statistics, however, do little to convey the human tragedy behind the numbers: the suffering of those with AIDS, or the grief of the loved ones they leave behind. Statistics don't tell the stories of the 12-year-old boy from Lewiston, the prisoner from Windham, the father of two from Presque Isle or the pastry chef from Portland, whose deaths are among the more than 50 counted right here in Maine.

It's for them, their families, and, sadly, the more deaths to come, that we're bringing the Names Project Memorial Quilt to Portland, and we need your support to do so.

### What is The Names Project Memorial Quilt?

The Names Project Quilt began in San Francisco about three years ago, when a handful of people got together to make sure the names of those who had died from AIDS would not be forgotten. Friends, family members, co-workers, and lovers began sewing 3' x 6' quilt panels—the size of a grave—as a personal way to express their love and channel their grief over lives lost to AIDS. Word of their efforts travelled quickly, and they were soon receiving panels from all 50 states.

The project struck a chord nationally and internationally. Only 3 years later, the Quilt has grown to over 9,000 names and commemorative panels. Millions have viewed the Quilt, or read about it, or seen it on TV. Most astounding of all is the incredible power and emotion embodied in the Quilt, with the simplicity of its very human message. It has literally united millions of people in the spirit of love, sharing and compassion.

### See it and understand.

This Memorial Day weekend exhibit in Portland will mark the Quilt's only appearance in the Northeast this year. Thousands are expected to travel to view it, and every New England state will be bringing yet more panels to add to the Memorial. Over two dozen new Maine panels will be displayed along with over 700 from the National Memorial Quilt, which has grown too large to exhibit in its entirety in virtually any indoor location.

### How Can You Help?

We hope you will make a point of visiting the Quilt during the 4½ days it will be on display in Portland. We ask your help to make this project a success. Pennies, quarters or dollars, anything you can spare—Every Penny Counts towards helping the fight against AIDS in Maine. Your pocket change and penny jars will pay for the cost of bringing the Quilt to Maine, to educate and to share. Every penny raised over the amount we need to exhibit the Quilt will go to provide direct services to People Living With AIDS in Maine.

Simply, we can't do it without you. The Quilt brings us a message of love. Won't you share your love with us?

## Every Penny Counts!

*For People Living With AIDS*

sponsored by

**6 Alive!**  
COUNT ON US



 Sonesta Hotel Portland



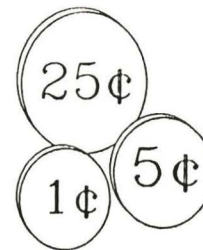
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# Every Penny Counts!

at the Maine Mall, South Portland

May 17, 18, 19

9:30 A.M. - 9:30 P.M.



The Quilt brings us a message of love. Won't you share your love with us by bringing your pennies and pocket change to the Maine Mall?

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## AIDS Update

*AIDS Update* articles are reprinted with permission from the National Association of Social Workers, 7981 Eastern Avenue, Silver Spring, MD 20910 (*NASWNEWS*). The following are AIDS-related news briefs based on stories that appeared recently in the national press to bring readers up-to-date on research and other developments concerning various aspects of the acquired immune deficiency syndrome epidemic:

**Quick Test Approved:** A five-minute test for the AIDS virus has been approved by the FDA. As part of the test, a patient's blood is mixed with latex beads that contain antigens to the AIDS antibodies. Positive test results are confirmed by more sensitive screening methods. In 7,000 clinical trials, the five-minute test was 99% reliable. The test, manufactured by Cambridge Bioscience Corp., costs about \$10.00, but a price will be negotiated by the World Health Organization for developing countries where the test is likely to be used to reduce AIDS transmission through blood transfusions.

**New Estimates:** The World Health Organization (WHO) estimates 1 million new cases of AIDS are expected in the next five years unless a preventive drug is developed. The case would develop from the 5 million or more people who are currently infected but haven't yet become sick said WHO Director Jonathan Mann. An estimated 350,000 people have contracted AIDS in the past decade. "If we stopped transmission today, if there was no more spread of the virus...for at least 10 years, we would continue to see increasing numbers of people with AIDS," Mann said.

**Groups Alter TV Show:** The NBC-TV program "Midnight Caller", changed the conclusion of a recent episode in which a bisexual man infected with the AIDS virus continued to have sexual relations with a large number of men and women. In the original script the man was tracked down and killed by one of the women he infected. After protests by members of the AIDS Coalition to Unleash Power, the San Francisco AIDS Foundation and Mobilization Against AIDS, producers agreed to change the ending of the show, which is filmed in San Francisco. In the conclusion that aired, the show's main character rescued the infected man and urged him to seek counseling. The show also emphasized that the AIDS carrier's actions were not representative of homosexuals and bisexuals.

**Syphilis Cases Rise:** Syphilis is a growing problem among inner-city prostitutes, drug users, and their sexual contacts, increasing the risk of AIDS, according to Centers for Disease Control studies in Philadelphia and Connecticut. Although syphilis doesn't cause AIDS, people with AIDS are more likely to transmit the virus if they also have syphilis. CDC suggested that public health officials intensify voluntary screening of people who are arrested or are treated in hospital emergency rooms and that more money be spent on rehabilitation and treatment programs in ghetto areas.

**Ominous Trends:** AIDS is the ninth leading cause of death among children and the seventh leading cause of death among Americans aged 15 to 24 according to a report

to Health and Human Services Secretary Otis Bowen. If current trends continue, it said, the virus will become the number five killer of Americans 24 and younger. As of last December 12, there were 1,291 cases of AIDS among people under age 13 and 325 cases of those 13 to 19 years old.

**Power of the Press:** *Metropolitan Home* magazine raised more than \$800,000 for AIDS patients as part of its Show House Benefit in which interior decorators, artists, manufacturers, entertainers, chefs and landscape artists donated time to design, reconstruct and decorate a Manhattan brownstone. People paid to tour the building and attend a dinner and auction. The Design Industries Foundation for AIDS already has used some of the money to open an AIDS treatment center in Dallas and a dental clinic for AIDS patients in Houston.

**Not Getting the Message:** Fifty-nine percent of New Jersey high school students in a survey have not learned that AIDS is not transmitted by mosquito bites, and 40% are unsure that it can't be contracted from public toilets according to that state's education department. Although 69% of New Jersey school districts are teaching about AIDS, fewer than half of the students said they were willing to attend school with an AIDS patient, and 44% said they did not know where to be tested.

**Illinois Reverses Stance:** Illinois, the only state requiring premarital screening for AIDS since Louisiana repealed its premarital testing law last year, may be about to give up the idea. In the first 11 months under the law, only 23 of the 150,000 people tested were found infected. The number of Illinois marriage license applications dropped 25%, mostly because of the test's \$25-\$125 cost. Meanwhile, bordering counties in Indiana and Wisconsin have had dramatic increases in applications, in some cases selling more licenses to Illinois couples than to their own residents.

**Insurance Rates:** The AIDS epidemic thus far has had little effect on health insurance premiums, according to a study by Warren Greenberg of George Washington University. AIDS patients make up only a fraction of total insurance enrollment, and current lifetime costs for AIDS patients' care have been lower than expected. But patients not covered by group insurance face a problem because many companies are protecting themselves by not writing personal policies or by requiring applicants to take AIDS tests and denying insurance to those who test positive.

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## The AIDS Project Adds New Staff & Programs

There have been some significant and exciting staff and program additions here at The AIDS Project.

First, The AIDS Project will soon have an AIDS prevention educator working directly with the IV drug use community in Portland. This new pilot program, which is funded through a grant from the Office on Alcohol and Drug Abuse Prevention, will emphasize preventive education and outreach in locations where the IV drug use population tends to congregate. Mr. William Willette has been hired to serve as the AIDS Prevention Educator for this program, and has

*Continued on Page 7*



## Ongoing Calendar of Meetings

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### MONDAY

AIDS Response of the Seacoast in Portsmouth, NH, runs a support group for PWA's and PWARC's and HIV+'s. The group is open to people from York County. A holistic healing model is used incorporating meditation, visualization, heart centering, music and touch in a supportive and loving environment. For more information and an intake interview, contact Suzanne Bowman at (207) 439-2136 or Peter Welch at (603) 436-5115.

Waterville Support Group for PWA's, PWARC's and HIV+'s and their families, friends and caregivers. Meets from 6:30-8:00 P.M. at St. Mark's Episcopal Church, Waterville. For more information call Dan Gardiner at 873-3904.

Support Group for PWA's, families, friends and significant others, every other Monday at Miles Conference Center, Damariscotta, 6:00-7:00 P.M. Contact Kandy Powell at 563-1709. Sponsored by AIDS Coalition for Lincoln County.

### TUESDAY

Morning Support for PWA's, PWARC's, HIV+'s, their families, friends, and caregivers meets from 10:30-12:00 Noon. Location: The AIDS Project, 22 Monument Square, 5th Floor, Portland. Call 774-6877 or 1-800-851-2437 for more details.

Evening Support Group for lovers, friends, caregivers and family members only. Meets from 7:00-8:30 P.M. at 29 Cushman Street, Portland. Call Brooke Alexander at 772-1678 for details.

Merrymeeting AIDS Support Services (MASS) runs an evening support group for anyone personally affected by AIDS. Meets the 2nd and 4th Tuesday of each month at 7:00 P.M. at Parkview Hospital Library in Brunswick. Contact Cecelia Leland at 725-4955 for more information.

ACT-UP Boston meets every week at 7:30 P.M. Call (617) 49ACTUP (492-2887) for more information. ACT-UP: AIDS Coalition To Unleash Power --

United in anger and committed to direct action to end the AIDS crisis.

AIDS-Line Staff Meeting at 6:00 P.M. the first Tuesday of each month. Location: The AIDS Project, 22 Monument Square, 5th Floor, Portland.

Downeast AIDS Network (DEAN) holds a support group for people affected by AIDS every Tuesday evening at 7:00 P.M. in Ellsworth. Call 326-8580 for the location.

AIDS Education & Support Group for Knox County, P.O. Box 1613, Rockland, Maine 04841. Public meeting are held at 7:00 P.M. on the 2nd Tuesday of each month at the University of Maine Augusta Thomaston Center. For more information call 354-6906 or 596-6979 or write.

Support Group for Parents and Friends of Lesbians and Gays meets the 4th Tuesday of each month at the Pilgrim House, 9 Cleveland Street, Brunswick. Call 729-9843 for more information.

### WEDNESDAY

Alcoholics Anonymous AIDS-related Meeting from 6:00-7:00 P.M. at The AIDS Project, 22 Monument Square, 5th Floor, Portland. Meeting is open to all PWA's, PWARC's and HIV+'s in recovery from substance abuse.

### THURSDAY

Lewiston Area Support Group for PWA's, lovers, friends and family members meets in the afternoon at Clover House in Auburn. Call Evelyn Piper-Keene at 783-9095 for more information.

Bangor Area AIDS Support Group meets every Thursday evening. Contact the Eastern Maine AIDS Network (EMAN) at P.O. Box 2038, Bangor, ME 04401, or call 469-7343.

HIV+ Support Group meets from 5:30-7:00 P.M. at The AIDS Project, 22 Monument Square, 5th Floor, Portland. This is an open group, no advance contact is needed. Call 774-6877

or 1-800-851-2437.

A Healing Circle for People affected by AIDS is held the 2nd and 4th Thursdays of each month in Hancock County. Sponsored by the Downeast AIDS Network (DEAN). For information and directions, call 326-8580.

### FRIDAY

PWA/PWARC Support Group meets every Friday from 6:00-7:30 P.M. at The AIDS Project, 22 Monument Square, 5th Floor, Portland. This is for people with AIDS and ARC only. Call 774-6877 or 1-800-851-2437.

### OTHER

AIDS Coalition of Lincoln County is a group focusing on AIDS education in Maine. We welcome PWA's, PWARC's, HIV+'s and their lovers, friends and family members, as well as all concerned people to our meetings. For time and place, call Barbara Brampton at 563-3032.

AIDS Support in Waldo County. A group of people affected by AIDS and part of the AIDS Education Committee of Waldo County. More information can be obtained by calling 338-3736, Monday-Thursday, 9:00 A.M. to 4:30 P.M.

Support Group for persons with AIDS, ARC and HIV+, and their family members, friends and caregivers. Meets every Friday, 7:30-9:30 P.M. at Portsmouth Hospital, Classroom 1 and 2.

### Out-of-State Services/Hotlines

NH-AIDS Info Line:  
(603) 224-3341  
(800) 752-AIDS (24 hr. Hotline)

VT- AIDS Info Line:  
(802) 254-4444  
(800) 882-2437 (VT Only)

Mass.-AIDS Info Line:  
(617) 536-7733  
(800) 235-2331 (MA Only)



## Buddy Training

Merrymeeting AIDS Support Services (MASS) will be holding its next Buddy Training program beginning in April. We need volunteers who would like to provide emotional support to a person with AIDS. We are also in need of mental health professionals or clergy who are willing to volunteer time to support the Buddy program. For further information call or write the MASS office (P.O. Box 57, Brunswick, Maine 04011. 725-4955).

## New Staff & Programs

*Continued from Page 5*

recently completed training with a IV preventive education program in Boston. Willie is eager to get this important educational program off the ground in Portland, and will also help to establish a similar program in the Lewiston/Auburn area later in the year. As you may know, the number of IV drug related AIDS cases in Maine is beginning to rise, and we are pleased this vitally needed service will soon be in place.

Perry Sutherland, LCSW has been hired as The AIDS Project's Director of Client Services. As a professional social worker and a past member of the AIDS Advisory Committee, Perry comes to this new role with a wealth of experience and knowledge about AIDS issues and services. He will supervise and coordinate our public and client education and support service programs, and will work collaboratively with community agencies and assure People With AIDS receive a full range of needed services. We're pleased to have Perry with us at The AIDS Project, and hope you will join us in wishing him a warm welcome.

## PWA INFO-LINE

**Get the latest news about upcoming events, workshops and classes for PWA's**

**773-1343**

**Find out about free tickets to concerts and festivals or scholarships to conferences and workshops.**

**Don't Miss Out**

## The AIDS Project Wish List

If you can help us with these items, please call us at:

**774-6877**

Bookcases (for offices and reception area)  
Coat Rack  
Records  
Books  
Games  
Cassette Recorder  
6 Burner Electric Stove

Candles for Memorial Services  
Industrial Dishwasher  
IBM Compatible Wordprocessing System with Printer  
Typewriters  
Photocopier  
Telephone System  
Pots and Pans

## Two Ways You Can Help Us Help Others

### A General Donation

The AIDS Project relies on the support of its friends to provide services and to provide educational programs. Contributions to support our programs are welcome.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Donation ☐ \$15 ☐ \$25 ☐ \$100 other \$ \_\_\_\_\_

### A Memorial Contribution

To express condolences for the loss of loved ones, many friends choose to make a memorial gift to The AIDS Project. A letter will be sent to notify a surviving loved one or friend of your gift.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Donation \$ \_\_\_\_\_ In Memory Of: \_\_\_\_\_

### SUBSCRIBE

This Newsletter relies on subscriptions to exist. We are grateful to those who have subscribed, and to those who have not, please do so now. Rates: Individuals \$10/Low Income \$5/Institutions \$30/PWA's Free. Please make your check payable to: The AIDS Project, 22 Monument Square, Fifth Floor Portland, Me 04101. **Thank You.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_



**TAP**  
**22 Monument Square, Fifth Floor**  
**Portland, Maine 04101**