

# The Aids Project Newsletter

P.O. Box 4096  
Portland, Maine 04101

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Editor - David Ketchum

The AIDS Line: 1-800-851-AIDS  
or  
775-1267

AUGUST 1988

## EDITORIAL

### Where Have All The Fathers Gone!!

As an individual heavily involved in the Aids crisis and also in the struggle for gay civil rights, I have always asked myself, "Where are all the fathers?" I find myself asking that question more and more these days as the Aids and gay civil rights struggles intensify.

Think about it. Who do you see at all Aids functions, whether it be a seminar, a vigil, a conference or a support group? Aside from the members of the gay community and an occasional professional from the medical and education fields, all you see is women!! They are mothers, sisters, cousins, aunts, girlfriends, concerned people from both the heterosexual and homosexual/lesbian community, but they are all women none the less!! The same applies to gay civil rights issues, rallies, parades, political gatherings etc. You never (oops, I best say RARELY) see any fathers, brothers, cousins, uncles etc. The only male presence is from the gay community. There are exceptions, but they are few, very few!!

Why? Why is this so? I suspect everyone has their own answer to this, but I believe the true answer has to do with the fear and stigma that surrounds the words "Gay" and "Aids". Most heterosexual males consider these two words to be one in the same. They will not only not talk about "Gay" or "Aids", but will usually change the subject or more precisely, will walk away from it completely! Can we blame them, since our own President and most all public figures fall into the very same category?

Is the stigma that surrounds these two words so strong, that it can control the entire male heterosexual community? Or do we as a society attach a "macho-must be" image to all males? It is just impossible for any male in this society to touch or show affection of any kind to another male without being labeled gay or queer! One of very few exceptions is in the field of professional sports, but that opens up a new can of worms, and gets me too far off the subject to go into at this point.

I do know some gay men and lesbians who have very supportive families including fathers. However supportive they (the fathers) might be, they would never show that support in a public manner. They do not want to face the discrimination from other family members, friends and neighbors. They would be judged as weak or "less than normal" by their peers. Again, I ask why? Why are our women so visible - so acceptable - so loving - so real; and our men are not??

So many questions - so few answers!!

Aids has had one very positive reaction, however, that needs mentioning more often. The outpouring of love, support, caring, and especially self-empowerment, has been truly phenomenal and incredibly heartwarming. The gay and lesbian community world-wide has a lot to be proud of --- we have suffered an intolerable loss, but have pulled together and become closer because of it. We have a long way still to go, but we now know how we'll get there ---- together!!!

Is it possible for the male heterosexual population to learn from our gay community what love really means? Can all of humanity learn from this crisis? If so, what a beautiful song we could sing! If so, our losses will not have been in vain!



As of July 19, 1988 there have been 86 diagnosed cases of AIDS in Maine. Of the total 86 cases, 40 have died, People who have tested positive with the AIDS virus (in Maine) is now at 321. National Data as of July 29, 1988: diagnosed cases of AIDS is 69,085. Total number of deaths is 38,897.

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TREATMENT FOR PCP

by Paul Corser and N. Patrick Hennessey, M.D.

Pneumocystis carinii pneumonia (PCP) is the most common opportunistic infection experienced by PWAs. In the past several years new treatments for PCP have been developed, as well as new methods of prophylaxis (prevention). The drugs listed below are used for treatment or prophylaxis, or both.

1) Bactrim (also called Septra, TMP/SMX, trimethoprim/sulfamethoxazole). Bactrim is used for both prophylaxis and, at a higher dose, treatment of PCP. A recent study in Miami showed Bactrim to be effective in preventing recurrence of PCP in a group of patients with Kaposi's Sarcoma (KS) who were also receiving either chemotherapy or alpha-interferon. Since Bactrim is a sulfa-based drug, individuals who are allergic to sulfa should avoid this form of prophylaxis. For unknown reasons, patients with HIV infection show a greatly increased incidence of allergic reactions to Bactrim. It is estimated that as many as 50-60% of PWAs will become allergic to Bactrim at some point. This allergic reaction usually takes the form of a generalized rash, sometimes associated with fever. Other adverse reactions include nausea, vomiting, loss of appetite, altered taste sensation, and diarrhea.

2) Dapsone. Dapsone was developed, and has been widely used for many years, as a treatment for leprosy. Subsequently, it has been used for prevention of PCP. Dapsone is also a sulfa-based drug and patients taking it should be aware of the possibility of allergic reactions. Dapsone can also have an effect on red blood cells in certain individuals who have a deficiency of a circulating enzyme (G-6-PD). For this reason, frequent blood tests are usually done on patients taking Dapsone. Other side effects may include nausea, vomiting, and liver inflammation.

3) Aerosol Pentamidine. Pentamidine is used as a treatment for active PCP infection usually by intravenous infusion. More recently, pentamidine has been used in aerosol form for both prophylaxis and treatment. Intravenous pentamidine is associated with low blood sugar, decreased blood pressure, decreased blood counts, and kidney problems. By administering the drug in mist (aerosol) form to the lungs, these side effects are avoided, since very little of the drug is absorbed into the bloodstream. Though pentamidine is an FDA-approved drug, the aerosol form of administration is still an experimental therapy. Aerosol pentamidine is usually taken every two weeks; the dosage can vary, depending on the type of nebulizer (mist machine) used.

4) Fansidar (sulfadoxine/pyrimethine). Fansidar, another sulfa-based drug, is used in the treatment and prevention of malaria and in the prevention of PCP. It is taken only once per week, an advantage for many patients. Again, allergic reactions can occur, and this drug should be discontinued at the first sign of a skin rash. Other possible side effects include nausea, headache, and decrease in blood counts.

5) Trimetrexate. Trimetrexate, an investigational agent, was recently studied at the NIH in patients with active PCP who were unable to tolerate the standard treatments for PCP. It was found to be safe and effective in the treatment of PCP, with adverse reactions consisting of a reversible decrease in white blood cells and mild increases in liver function tests. In this study, trimetrexate was used in conjunction with leucovorin, a substance which protects white blood cells from the adverse effects of some drugs. Studies of the effectiveness of trimetrexate in the prevention of PCP are ongoing.

Clinical trials of the above drugs are currently active in many cities. The Community Research Initiative and the AIDS Clinical Trials Groups (ACTG, formerly ATEU) are conducting studies on the effectiveness of aerosol pentamidine in patients at risk for this infection. The ACTGs are also planning studies to test the effectiveness of Bactrim, Dapsone, and aerosol pentamidine in patients who are taking AZT (Retrovir). The decision about which form of PCP prophylaxis is to be used is best made by an informed physician, taking into account side effects, dosages, and the patient's medical history.



Geddy  
IN MEMORIAM  
by David Ketchum

Some knew him as Norman; family and close friends knew him as "Geddy" ; the "G" sounding like a "J". I met Geddy just over a year ago, but it seems like a lifetime. We had so much in common; our ages, our family roots in Maine, several mutual acquaintances, plus we were both perfectionists personified, and the list goes on. When we talked about house-cleaning, we could have supplied Heloise with a lifetime of "hints". There was a place for everything and everything was in its place!

Try as he might, Geddy had great difficulty accepting Aids. It was 50% not wanting to accept it, and 50% not understanding the medical jargon. This past year was one of extreme highs and extreme lows for Geddy, but he was not alone. The unconditional love, care, and support he received from his brother Jeff and sister-in-law Judy, niece Crystal and nephew Jeff Jr., was heartwarming to say the least. Geddy was supported by several "very special" people.

Besides being good friends, and "sisters" as we laughingly called each other, Geddy was also a source of hope for me. He supported me in my involvement with the Aids vaccine trials at the National Institutes of Health in Washington, D.C. We both knew that a vaccine for Aids would not help him physically, but it did help emotionally knowing that someone was on the right track. Geddy will always be that source of hope for me as those trials continue.

Although Geddy's support system was better than most, he did have one wish or hope. He wanted so much to have the unconditional love and support of his mother, but that was not to be. Geddy died peacefully at home on the morning of July 15, 1988. He did not want to die alone. He did not.

His death brings a feeling of relief along with an aching hurt. For some, the hurt will pass in time, but for others of us, the hurt will continue until a cure for this thing called AIDS is found.

So long for now, Geddy - we love you.

LET'S HUG

THERE'S A HUG TO SAY  
I LOVE YOU  
AND A HUG TO SAY GOODBYE  
THERE'S A HUG TO SAY  
HOW ARE YOU  
AND A HUG TO SAY, WE TRIED  
THERE'S A HUG TO BOND  
A FRIENDSHIP  
AND A HUG WHEN THE DAY  
IS THROUGH  
BUT THE HUG I LOVE  
IN ALL THE WORLD IS  
THE HUG I GET FROM  
YOU!



ATTENTION PWS's & PWARC's

The Maine Health Foundation's Fourth Annual "CRUISE FOR LIFE" will be held on Sunday, August 28th at 7:30 PM. We have a limited number of free tickets for PWA's & PWARC's for this cruise. If you would like one, contact Diane or Toby at 774-6877

HOW CAN YOU HELP?

THERE ARE MANY WAYS YOU CAN HELP TAP. FOLLOWING ARE SEVERAL SUGGESTIONS. CHECK THOSE YOU CAN DO:

- \_\_\_\_\_ YES, I WANT TO HELP TAP. I WOULD LIKE TO BE A VOLUNTEER. SEND ME AN APPLICATION.
- \_\_\_\_\_ YES, I WANT TO HELP TAP. I AM ENCLOSING A CONTRIBUTION.
- \_\_\_\_\_ YES, I WANT TO HELP TAP. I CAN DONATE NEEDED ITEMS OF FOOD, CLOTHING, HOUSEHOLD GOODS, ETC. CALL ME AT: \_\_\_\_\_
- \_\_\_\_\_ YES, I WANT TO HELP TAP. SEND ME INFORMATION ON WHO I SHOULD CONTACT IN STATE AND FEDERAL GOVT. TO INCREASE FUNDING FOR AIDS EDUCATION & SUPPORT SERVICES.
- \_\_\_\_\_ YES, I WANT TO HELP TAP. I CAN'T DO SO RIGHT NOW, BUT ADD ME TO A MAILING LIST OF CONCERNED PEOPLE.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TOWN: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

SEND THIS FORM TO:

The AIDS Project  
P.O.Box 4096  
Portland, Maine 04101  
(207) 774-6877



## ON AIDS

by Paula Marrow

So you've heard. Now you know. Anyone who is sexually active. AIDS - Acquired Immuno-deficiency Syndrome - has taken our communities by storm.

Let's not allow other's feelings, misconceptions and outright blatant disregard for a PWA's - Person With AIDS - personal life and misfortune accept misinformed attitudes. Those who fear what they do not understand and others who apparently act out our unwarranted fears based on misinformation.

Don't let those people with cockroach mentalities, lack of love, education, and understanding cause you not to seek the medical attention and counseling for the HIV - Human Immuno-deficiency Virus - which causes AIDS. You would be doing yourself an injustice. Have peace of mind. Knowledge is understanding and the power to hang in there.

Week by week we are losing beautiful sisters and brothers to the opportunistic infections of the virus, the disease itself. There are thousands of people in New York still walking around with the virus and spreading it unknowingly. You do not necessarily have to be an IV Drug Abuser, gay or a prostitute to become exposed. All it takes is one infected partner for exposure. Our communities have been drug infested since as far back as I can remember. We lost good people along the way. Now AIDS!! We have casually accepted drugs and alcohol in our lives. They have become an obsession, a disease. Used them to deal with our plight of oppression. All they do is impair our judgement and may compromise our immune systems.

If you think you've been exposed, get help. There are hundreds of programs and centers who assist HIV positive men, women, and children guaranteeing anonymity and confidentiality. Some people like bad news so they would have something to talk about, but when it comes to AIDS, talking is not enough. Don't be a laughing and dying fool. Yes, you can get it too. If you don't already have it. Don't let fear stop you from getting help.

Abstinence is a sure way of not getting exposed. Safer sex can be fun, exciting and satisfying. Condoms are not 100% safe. Get the facts. If you've been tested and prove negative, use every precaution not to become exposed. If you think you've been exposed, don't sit around wringing your hands pointing the finger; remember, when you point the finger, three more are pointing back at you. The time is now, not someday, today!

If you know someone who has been exposed or sick, they are still the same person you loved and cared about the day before. They need, we need your support and love. They are, we are fighting for our lives. If you should need a friend, I will be your friend. Not someday, today!

We must stop making excuses for not protecting ourselves, families and communities. We are not handicapped when it comes to being strong in a crisis, we've come a long way. There is no excuse for either ignoring or tolerating our behavior that will cause the elimination of our futures. Our children's futures. We cannot justify our behavior by taking it out of context.

We're caught up in the trade winds of our time. Have peace of mind. Get the facts. Be creative. Rumors spread faster than AIDS. AIDS does not discriminate. People do. Hang in there. Stay strong.

SILENCE = DEATH

A LUTA CONTINUA! The Struggle Continues.

NUNC ES TEMPE! Now is the time.

Reprinted with permission from the PWA Coalition of New York City.

# SAFER SEX

**CAN BE SENSUOUS!**

*Heterosexuals who still  
view the growing  
epidemic as a distant  
tragedy, the medical  
equivalent of a typhoon  
in Bangladesh, had  
better change their  
attitudes—and fast.*



## SAFE SEX GUIDELINES FOR BISEXUAL AND HETEROSEXUAL WOMEN

According to the most recent figures from the Centers for Disease Control in Atlanta, 70% of the 43,000 people in the U.S. who have gotten AIDS got the disease from having sex with an infected partner. More than 60% were gay men, the rest were heterosexual men and women. For women the second most common way AIDS is acquired is through heterosexual contact with a person at risk for AIDS; the first is through IV drug use.

### BISEXUAL AND HETEROSEXUAL WOMEN AT HIGH RISK FOR AIDS

Women who share needles or any other paraphernalia (spoons, works, syringes) when using IV drugs

Women who have had sexual contact with:

men who have been actively gay or bisexual since 1979

people of either sex whose sexual histories are unknown

people who use IV drugs

people who are hemophiliac or who have received blood transfusions between 1979-85

Women who have received blood transfusions or blood products between 1979-85

### BISEXUAL AND HETEROSEXUAL WOMEN AT LOW RISK FOR AIDS

Women who have been mutually monogamous with a partner since 1979

Women who have been celibate and have received no blood transfusions or blood products since 1979

Women whose sexual partners have not been at risk since 1979

General Guidelines: AIDS experts are advising women who believe that they run the risk of either contracting or transmitting the disease to follow safe sex guidelines. For safer sex, avoid sexual activity that involves contact with body fluids. The virus is transmitted through direct contact with infected blood, semen, urine, feces, and possibly vaginal secretions

### SAFE BISEXUAL AND HETEROSEXUAL SEX

Massage, hugging, body-to-body rubbing, social (dry) kissing, voyeurism, exhibitionism, fantasy, touching your own genitals (masturbation), mutual masturbation (each partner touching their own genitals) if not involving fluid contact, S/M activities that do not involve exchanging body fluids, and virtually any other activity that does not require sharing or contact with body fluids.

### LOW RISK BISEXUAL/HETEROSEXUAL SEX (If both partners are low risk for AIDS)

(If you or your partner are high risk, test positive on the AIDS Antibody Test, or have AIDS or ARC, seek additional information regarding sexual activities.)

French (wet) kissing, vaginal or anal intercourse with a latex condom, cunnilingus/oral sex or fellato/blow jobs with a latex barrier, genital or anal contact with hands or fingers (including fisting and hand jobs) while wearing latex gloves or finger cots, external water sports.

### UNSAFE BISEXUAL AND HETEROSEXUAL SEX

Unprotected cunnilingus/oral sex (especially during menstruation since menstrual blood is currently considered to be the same as any other type of blood), unprotected oral-anal contact, unprotected hand-vagina or hand-anal contact (including unprotected fisting), semen, urine, or feces in the mouth or vagina (unprotected vaginal or anal intercourse, fellato/blow jobs), sharing sex toys that have come in contact with body fluids.

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# **CONDOMS ARE EFFECTIVE!**



### SPECIAL STUDY FOR PWA's

The National Institute of Allergy and Infectious Diseases, part of The National Institutes of Health in Bethesda, Maryland, is seeking research participants with AIDS and Kaposi's Sarcoma for a drug trial with AZT and Interleukin-2. Study participants must have a primary medical referral and meet the clinical criterion.

The study is designed to evaluate the efficacy and toxicity of the combination of AZT and interleukin-2 (IL-2) in the treatment of AIDS associated with Kaposi's Sarcoma. Both AZT and IL-2 have been well tolerated as single agents in treatment of AIDS patients with Kaposi's Sarcoma.

Study candidates should have documented Kaposi's Sarcoma, no history of opportunistic infections and over 200 T4 cells. If patients are currently receiving AZT, they must be able to tolerate 200 mg every 4 hours. Candidates are scheduled to be seen as outpatients during the course of the study, and will be admitted to the inpatient service for approximately 3 weeks to receive intravenous IL-2. There will be weekly or biweekly blood drawing for the duration of the study to monitor toxicity and evaluate the efficacy of the drugs.

For further information, call Dianne Lee, R.N., M.S. at (301)-496-7196 Laboratory of Immunoregulation, National Institute of Allergy and Infectious Diseases, Building 10 - Room 11B13, Bethesda, Maryland 20892.

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### SPECIAL NOTICE

A person who makes banners has volunteered to help anyone make a quilt square for The Names Project Quilt. For more information, contact The Aids Project at 774-6877.

The deadline for all quilt squares (or panels) to be included in the October 8th & 9th showing in Washington, D.C. is AUGUST 15, 1988. They must reach The Names Project Quilt

2362 Market Street

San Francisco, California 94114

by that date.

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### X NEWS FLASH

As of July 29, 1988, The Aids Project will be relocating to:

22 Monument Square - 5th Floor

Portland, Maine

All ongoing calendar events will continue as usual at their designated times, but will be at the new location on Monument Square instead of at Deering Street. The mailing address for the Aids Project will continue as P.O.Box 4096, Portland, Maine 04101. All telephone numbers will remain the same.

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### A SOURCEBOOK OF MATERIALS FOR FUNERALS AND MEMORIAL SERVICES

LOVE AND LOSS, LIFE AND DEATH: A Call for Poems, Prayers, Passages

Recognizing the importance of symbols, ritual, and ceremony throughout life, and in the absence of a single source book of materials for funerals and memorial services, Steven Holt of Boston, MA is preparing such a compendium. What words touch you deeply? He is looking for poems, prayers, songs and other materials--original or from published sources--that relate to the themes of love and loss, life and death, endings and beginnings, sadness and hope, renewal, affirmation, spirituality. He also seeks sample memorial service programs, examples of eulogies, and your thoughts on what elements of a funeral or memorial service you might like for yourself someday. For more information, send a self-addressed, stamped envelope to Steven A. Holt, Box 144, Back Bay Annex, Boston, MA 02117. A portion of the proceeds from the eventual sale of this publication will benefit AIDS ACTION Committee of Massachusetts.



## SPECIAL EVENTS

AUGUST 7, 1988 \*\*\*\*

Seacoast Gay Men of Portsmouth, N.H. will present "Concert At Cape Neddick For AIDS" featuring Michael Viens, pianist of international artistry, on Sunday, August 7th at 3 p.m. The performance, which will take place at his home, is composed of works by Frederic Francois Chopin.

Michael Viens is a graduate of Bowdoin College, where he studied piano with William Eves, and with whom he recently continued his studies. After completing his graduate work at the University of Illinois School of Music, he studied in Paris for five years with Nadia Boulanger, Olivier Messiaen and Iannis Xenakis in composition, and with Thierry deBrunhof and Marcelle Heuclin in piano. He also was a piano instructor at Le Centre d'Art Choregraphique de l'Essonne in Paris, where several of his piano compositions were choregraphed and performed. A song cycle he composed was also transmitted over national radio of France. He is currently a member of S.A.C.E.M., the French society for composers and editors.

All proceeds from this unique presentation will be donated to Maine AIDS charities. A suggested donation of ten dollars is requested, although free will donations will also be appreciated. A dessert social will follow the performance. Cape Neddick is in York County, Maine and only minutes from the square at Ogunquit. Directions and information are available from Attorney Eugene Levy at (207) 646-3534.

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SEPTEMBER 16 & 17, 1988 \*\*\*\*

ALL SINGING/ALL DANCING/ALL CONCERNED 88! will be at the Portland Performing Arts Center. Tickets will be \$15.00 per person. Proceeds to benefit The Aids Project. Please contact Ed Wimert at The Aids Project (774-6877) between 9am-12noon, Monday thru Friday for further information.

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SEPTEMBER 30, 1988 \*\*\*\*

ROMANOVSKY AND PHILLIPS CONCERT to be held at the Portland Performing Arts Center. Tickets will be \$17.50 per person. Proceeds to benefit The Aids Project. Please contact Ed Wimert at The Aids Project (774-6877) between 9am-12noon, Monday thru Friday for further information.

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OCTOBER 8 & 9, 1988 \*\*\*\*

The Names Project Quilt will return to Washington, D.C.

"We are very pleased with the response the quilt has been getting as it has been touring the country," said Cleve Jones, The Names Project's executive director.

Jones said when the quilt is assembled in Washington, it will be the first time since it was first displayed that all the panels will be exhibited together. This year there will be almost 10,000 panels that will extend all the way from the Capitol to the Washington Monument.

The quilt will be unfurled at dawn on Saturday, October 8th. That evening there will be a candlelight march from the Mall past the White House to the Lincoln Memorial, where there will be a brief program. The quilt will be unfurled again Sunday, October 9th for public viewing. There will be an inter-faith memorial service following Sunday's unfurling.

Several organizations, including ACT NOW, National Gay and Lesbian Task Force, and National Gay Rights Advocates are planning events for the weekend the quilt will be in Washington. Two concerts are also in the works, as is a film presentation by Frameline, the producer of the San Francisco Gay and Lesbian Film Festival.

Jones said that unlike last year's march, there will be no political demands made by the organizers of this year's event.

"We consider the quilt to be a non-political community arts project," Jones said. "We think that if we keep it free of political rhetoric, it will make a much more powerful statement."

For more information about the Names Project Quilt, call 1-800-USA-NAME.

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## SPECIAL EVENTS cont.

OCTOBER 14&15 - 28&29, 1988 \*\*\*\*

If you are interested in becoming a Buddy to a person with AIDS, please save the weekends of October 14 & 28.

Merrymeeting AIDS Support Services (M.A.S.S.) will conduct a Buddy training in Brunswick Friday evening and all day Saturday October 14&15 and 28&29. You must attend both weekends to take part in the program.

Applications for the October training must be completed by September 30th. M.A.S.S. representatives will interview each applicant. Those participating are asked to make a year's commitment to being a Buddy and to attend a support group in Brunswick or Portland twice a month. Although the training is held in Brunswick, the greatest need for Buddies is in the Portland area. For an application or more information, call The Aids Project at 774-6877, or Julie Zimmerman of M.A.S.S. at 725-4955.

## SPECIAL EVENTS (late edition)

AUGUST 24, 1988 \*\*\*\*

There will be a Statewide AIDS Coalition Meeting at the Miles Conference Center in Damariscotta, Maine from 11:30am to 3:30pm. The purpose of this meeting is to encourage all local AIDS organizations to come and discuss or explore the possibility of forming a statewide coalition to better serve and help all local AIDS organizations as a group. A bonding together to help fight AIDS. For further information, please contact Barbara Brampton at 563-3032.

## ONGOING CALENDAR

AIDS Response of the Seacoast in Portsmouth, N.H. has started a support group for persons with AIDS, ARC, or HIV+. The group meets on Monday evening and consists of wholistic healing incorporating meditation, visualization, heart centering, music, and touch, in a supportive and loving environment. Contact Suzanne Bowman, M.A., at AIDS Response at 439-2136 or Peter Welch, M.A., Wholistic Psychotherapist at 436-5115 for more information and intake interview. This applies to York County PWA's etc. of Maine.

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Every Tuesday from 10:30am to 12noon at The Aids Project - 48 Deering Street Portland - there is a group meeting for all PWA's, PWArc, caregivers, and family members, to share your thoughts and feelings relative to AIDS. The meeting is conducted by Jacob Watson, M.A. Jacob is a psychotherapist specializing in loss and transition and is a staff member of the Elizabeth Kubler-Ross Center.

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Every Tuesday evening 7:00pm to 8:30pm at 29 Cushman St. - Portland - there is a group meeting for all lovers, caregivers, friends, and family members only. The meeting will be conducted by Brooke Alexander, an Episcopal priest and pastoral counselor. Call Brooke at 772-1678 for further details.

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Merrymeeting AIDS Support Services (M.A.S.S.) is sponsoring a support group for anyone personally affected by AIDS. It will be held the second and fourth Tuesdays of every month at 7p.m. at Parkview Hospital Library in Brunswick. The group is for family, friends, lovers, and persons with AIDS, and will be led by Cecelia Leland, M.S.W. Preregistration is not necessary. For more information, call 725-4955.

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ACT UP - Boston. 30,000 plus are dead from AIDS - haven't you been silent long enough? Join ACT UP - Aids Coalition To Unleash Power - United in anger and committed to direct action to end the AIDS crisis. Meetings every Tuesday at 7:30pm in Boston. Call 617-49ACTUP.

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On the first Tuesday of every month at The Aids Project - 48 Deering ST., Portland - there is an A-Line Staff Meeting at 6:00pm.

Support Group for Parents of Adult Gay Children will meet the 2nd Tuesday of every month. Please call 774-HELP for time and place.

DEAN (Downeast AIDS Network) educational and business meeting the 2nd Tuesday of every month at Ellsworth City Hall Council Chambers at 7:30pm. DEAN now has a newsletter and a support group for PWA's, HIV+, family members, and lovers. Call Tracy or Lynnsey at 326-8546 for more information.

Support Group for Parents and Friends of Lesbians and Gays will meet the 4th Tuesday of every month at the Pilgrim House - 9 Cleaveland St. - Brunswick, Me. - call 729-9843 for further information.

Every Wednesday in Augusta at the UU Church, Winthrop Street across from the Kennebec County Court House, 7pm-8:30pm, alternates each week between a group for PWA's only and a group which includes PWA's, families, etc. Call Ken LaFleur at 626-3435.

There is a new AIDS support group forming in the Lewiston area for PWA's, lovers, friends, and family members. It will meet on Thursday afternoons at Clover Hospice in Auburn, beginning April 21st. Call Evelyn Piper-Keene at 783-9095 for information.

There is now an AIDS support group in the Bangor area meeting every Thursday evening. Anyone interested in the group should call 469-7343 or write EMAN P,O,Box 2038, Bangor, Maine 04401.

There is a new support group for people who are HIV+. It meets Thursday evenings from 5:30pm - 7:00pm at The Aids Project. The facilitator is Jacob Watson. No advance contact needs to be made to attend this group.

Every Friday evening 6:00pm to 7:30pm at The Aids Project - 48 Deering St. - Portland - there is a support group meeting for PWA's and PWArc ONLY. Call 774-6877 for further information.

Aids Coalition of Lincoln County is a group focusing on AIDS education in Maine. It welcomes PWA's, PWArc, HIV+, lovers, friends, families, and all concerned people to its meetings. For time and place of the meetings, and for further information, please contact Barbara Brampton at 563-3032.

## **SUBSCRIBE**

### **SUBSCRIBE NOW TO THE AIDS PROJECT NEWSLETTER**

THIS NEWSLETTER RELIES TOTALLY ON SUBSCRIPTIONS TO EXIST. WE ARE GRATEFUL TO THOSE WHO HAVE SUBSCRIBED, AND TO THOSE WHO HAVE NOT, PLEASE DO SO NOW. \$10.00 COVERS ONE YEAR (12 ISSUES). PLEASE MAKE YOUR CHECK OR MONEY ORDER PAYABLE TO "THE AIDS PROJECT". THANK YOU.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

WHEN YOU SEE SOMEONE WITHOUT A SMILE,  
GIVE THEM ONE OF YOURS.....





TAP  
P.O. BOX 4096  
PORTLAND, MAINE 04101

BULK RATE  
U.S. POSTAGE PAID  
Portland, Me. 04101  
Permit #417

*Aug 21 1988*