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the Pumpkins

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USM catches the eye of students from afar

ANNE HOBBY

STAFF WRITER

Attending USM is a common choice for students who are Maine residents. It's close to home, the tuition is lower than going out of state and maybe some of their friends will be there too. But for those students who are not from Maine—about 8 percent of the student body—the reasons aren't as obvious.

"A combination of good location, a good university and good programs," are the reasons out-of-state students are attracted to USM, said Richard Pattenaude, president of USM. According to Pattenaude, programs at the university, particularly nursing and music, are

auditioned and was accepted at four other colleges in their musical theater programs. USM, however, was the only school that accepted her for music education. That, and money, were major factors in her decision to attend USM. DePaul University in Chicago, where she applied, cost about \$20,000 a semester and the University of New Hampshire has a "very disagreeable" music program according to Mueller. She said enrolling in USM was a "spur of the moment decision," and a lot of it was based on the proximity to home.

"It isn't a great reason. It was closer. It made me more comfortable," Mueller said. She also likes the smaller size of USM and that she gets more

"Portland has a culture about it I haven't seen in a lot of cities."

— Sarah Trent, junior in media studies

attractive to out-of-state students.

Abra Mueller, a junior from Plymouth New Hampshire, said the music school was the reason she chose to come to USM. She

personal attention from her professors.

Mueller is also happy with the talent of the professors at USM. She said, "My professors



are amazing. I don't know what I'd do without Dr. Bob [Robert Russell]."

She also named Malcolm Smith, a bass voice professor, as one of the faculty that has most impressed her. Smith has achieved a degree of international recognition.

Mueller said she doesn't think USM is very well advertised, and because of that is relatively unknown among college hopefuls.

"I knew someone who went here and I visited him. That's the only reason I knew this place existed," she said.

According to Pattenaude, the university plans to improve

photo by Christy McKinnon

its recruiting efforts for out-of-state students. There has been an increase in non-Maine resident students in recent years, and he said the University goal right now is to increase the out-of-state sector to 10 percent of the USM population. He said it's "important for the economy to bring bright and talented people to Maine."

Recruiting out-of-state students is part of the "Transforming USM" plan, a recent project created to develop and expand the University.

**see OUTSTATERS
page 4**

McDee's gets a Mc-A for nostalgia and fun

JAMES MONTGOMERY

CONTRIBUTING WRITER

Whether bored, stoned, starving or cheap, there is an old American favorite you may have forgotten about; McDonalds. Located across the street from nearly every Burger King, McDonald's offers a variety of

mediocre meals at reasonable prices. This reporter chose one of McDonald's premier Maine locations, nestled in Westbrook's downtown shopping and business district.

The first thing I noticed when I pulled into the Main Street entrance was the majestic statue of Ronald McDonald, who's warm eyes and garish smile

echoed a wisdom reminiscent of Michelangelo's "David."

As soon as I entered, the sizzle and snap of the deep fryers filled the air. The odor of boiling fat instantly transported me to my childhood days of innocence, when the where and how of my Happy Meal did not matter.

Gazing up at the menu I was almost overwhelmed by my choice.

es. Chicken McNuggets, Fish Fillets and all the beef you could eat. How was I to choose? Still lingering in the past I stuck with my old stand by, the Cheeseburger Happy Meal. Standing in line I observed the assembly line style kitchen hard at work, flipping, frying and microwaving what was sure to be a tasty treat. Two minutes and thirty four seconds later my classic McDonalds Happy Meal was right in front of me. At a cost of \$2.94, it was the best deal in town.

I sat down, trembling with excitement. I dove into my bag in search of my toy. I found what appeared to be a cave boy named Tak, who was sure to be a new friend and ally.

Now it was time for my cheeseburger. I let the aroma arouse my senses and soon my mouth was watering. I took a bite of the perfect blend of onions, pickles, ketchup, and mustard, placed masterfully on a thin piece of beef contained by two reheated pieces of bread. The fries were next! I took a moment just to observe their natural beauty. Hot, crisp and so good with salt and ketchup, just looking at them made my heart turn a golden yellow. On my tray they glowed, flowing out of their paper crate, like a cornu-



photo by James Montgomery

**see MCDONALDS
page 8**

DEMOSTHENES' CORNER



USM has a variety of illustrious speakers coming here every week. Here is a sample of some of them. This list is not all-inclusive and the number of listings is contingent on space. If you, your student group, club, et cetera, would like to place a listing, send an email to freepress@usm.maine.edu with the word “Demosthenes” in the subject line.

Upcoming Speakers

Thursday, October 13th

TIAA-CREF is presenting a daylong financial counseling session. The event will take place from 9 a.m. to 2:30 p.m. in the Boiler Room of the Woodbury Campus Center in Portland.

USM will be hosting Herb Adams, a Maine Legislator and adjunct lecturer of Political Science at USM, who is delivering the lecture, “Equal Rights for ME: The 30-Year Struggle for LGBT Rights in the Maine Legislature.” The event will take place at 7 p.m. on the 7th floor of the Glickman Family Library in Portland. 780-4269.

Friday, October 14th

TIAA-CREF is presenting a daylong financial counseling session. The event will take place from 9 a.m. to 2:30 p.m. at the Husky Hut in the Brooks Student Center in Gorham.

The Office of the Dean of Student Life is hosting a student leadership conference. The keynote speaker will be Nancy Hunter Denney whose presentation is titled *Zing! Your Life and Leadership*. In addition ,the conference will feature skill building roundtables, workshop sessions and other events. The event runs from 8:30 a.m. to 4 p.m. and will be held in the Glickman Family Library on the Portland campus. Free for all students.

The Space Gallery will be hosting “The Next Generation of Democracy” an event featuring representatives from local youth and college organizations who will be staging performances and a movie will be shown. The event will take place from 5 to 8 p.m. at Space Gallery in Portland.



*compiled by the staff of the Free Press
and the USM Police Department*

September 23

A woman reported damage to her car which was parked at Robi Hall.

A male subject was caught trying to sneak alcohol in Upton-Hastings Hall through the loading dock door. The subject was ejected from campus and taken back to Portland Hall.

September 24

A neighbor complained about a loud group sitting on the wall near Portland Hall.

The smell of marijuana was reported from a room in Upton-Hastings Hall where a party was being held. One juvenile was apprehended and reported to his parole officer who placed him under house arrest.

September 25

An officer checked on two people in a van parked on Gorham campus. The individuals were advised to take their activities to a room.

September 26

Guests of a student were kicked out of Portland Hall for being too noisy.

Someone broke into the vending machine in the women’s bathroom of the Woodbury Campus Center in Portland.

A group of people were skateboarding in the Portland garage. The skateboard was captured but the subjects ran away.

September 28

Someone complained of a marijuana smell in Dickey Wood Hall. Nothing was found.

Someone complained about skateboarders in front the John Mitchell Center in Gorham. These skateboarders were asked to leave and to not return.

September 29

A car was reported damaged while parked in Gorham. There was under \$200 in damage, and information was exchanged

A vehicle is vandalized in Gorham.

A vehicle in the Portland parking garage broke down, blocking other vehicles from exiting. After attempts were made to contact the owner, the vehicle was towed.

September 30

A summons for consumption of alcohol by a minor was issued in Gorham in the student parking lot.

A second summons was issued for consumption of alcohol by a minor in Gorham near the Police station.

Portland Hall residents complained of excessive noise in a room. Officers spoke to residents in the offending room, resulting in occupants being kicked out.

In Brief

SENATE SAYS YES TO “NO”

The Student Senate meeting on Friday was relocated to the common area of the Woodbury Campus Center, in order to accommodate the network camera crews, reporters and the dozens of attendants in the gallery.

The meeting drew so much attention because of Proposal 34-17, a motion for the Senate to support a “no” vote on Question 1 on the November 8th referendum.

Fred Fridman of the Student Affairs Committee warned the Senate that taking a stance on a political issue now would be a slippery slope, and might lead them to make similar political statements such as support for candidates in elections and so forth, which is not the business of the Student Senate.

Several people from the gallery offered their

opinions. Alex Steed urged the senators to “protect me and my friends” from discrimination.

Another in support of “No on 1” was Andrew Bossie, chair of the Student Senate, who said “This proposal directly affects a student’s ability to attend this university.”

Only one gallery member at the meeting was opposed to the proposal. Jason Lavoie, chair of the College Republicans, urged the Senate not to take a stand on Question 1. “I want you to open your mind to the fact that this is not the wish of every student.”

He went on to say that he would have to resign from the university if the resolution was passed and that he would make every attempt, even legal action, to get it reversed.

In a secret ballot the Student Senate voted 10 to 3 to adopt Proposal 34-17, saying no to Question 1.

Briefs compiled by the News Department of The Free Press

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Corrections for issue 4:

**The complete text of James Ashworth’s story
“Bond Package Blues” can be found on our website
www.usmfreepress.org.**

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- Guest commentaries will occasionally be solicited or accepted from knowledgeable members of the University of Southern Maine community on topical issues and may not exceed 750 words.
- Letters to the editor are welcome. Letters must be dated, include the author’s full name, school year or relationship to USM, phone number for verification and may not exceed 300 words.
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Hutchins makes his mark on Aramark

JAMES ASHWORTH

STAFF WRITER

Andrew Hutchins recently assumed the role of food service director on the Portland campus after the departure of Chris Kinney. Hutchins has worked for Aramark for 11 years, and prior to his promotion was the executive chef of Portland's dining services.

How did you come into this position at Aramark?

I was promoted from a previous position at this location. I have been with the company for 11 years, holding various positions in the culinary field. I've been an executive chef on this campus since 2000. So I've kind of worked my way through the company and gotten to know this business very well.

What exactly do you do as food service director?

As food service director, I oversee all the operations in retail as well as catering for this campus. And that includes the food court, law school, Luther Bonney, catering and everything on and around campus.

I'm involved in most of the menu development, recipe writing, pricing and day-to-day operations, such as making sure that things as simple as the soup is filled in the right containers.

Do you make all the decisions here, from big things to making sure the soup is filled?

Ultimately, the buck stops with me for operations on this campus [Portland]. As far as the decision making piece, some of it is dictated by the University, some of it is dictated by my director, Keith Brady, and some of it is dictated by our customers.

What sorts of things are dictated by the university as opposed to being dictated by the company?

There are certain things that the University would like to see us do, whether it be the hours of operation or the days we're open and things of that nature. [There are also] things that my supervisor might dictate to me as certain standards he'd like to see.

Are there any changes that you've noticed in your time here?

Oh sure, there have been a lot of changes in people's eating habits. In food service in general you have to try to stay on top of new trends and whatnot. You [might] see a shift from beverage. For example, just in the last year-and-a-half we've seen soda consumption drop dramatically and an increase in bottled water consumption. People want a bit more healthy option; less of the fast food and more of the quality of home-cooked foods.

How do you cater to a large body of non-traditional students?

We have several ways of obtaining information about our customers. There is the ongoing survey that we do. We do one in the spring and one in the fall. There is an online survey that we use to get information about people's eating habits and what they like, or what they don't like. That also contains information on varying age and gender and exactly where they're at in school and what classes they're taking. Also, we have a comment card system where people can fill out a comment card and we'll respond back to them.

Are the surveys and comment cards a good representation of student desires?

Generally, they're a good tool to [help] shift our menu items in the right direction. We encourage the use of comment cards and other means, [but we also] encourage direct contact with our staff or myself or any food service director at USM if they have any specific dietary needs or allergies. We work along with the students on a case-by-case basis.

Is there any difference between services at the two campuses?

The difference is between residential dining vs. retail dining, which is what this location in Portland is. You could compare the Woodbury Campus to the Brooks Snack Bar. That's more of an apples to apples comparison than to the Brooks dining hall. They're two different styles of service. There's different menus and different products.

Is there a lot of communication between the two campuses?

Absolutely. There is a quite a bit of communication that goes back and forth. When we do a special, we try to do the same thing in Gorham, at the same time, so that we're on the same page. We try to make it as similar as possible between the locations.

In the future, what other plans would you like to see implemented, or changes you'd like to see made?

There's been talk in the next three to five years to have a new Portland campus center constructed, and hopefully there'd be a new dining hall [and a] new kitchen. That would allow us to serve our customers in a better environment and offer a wider array of products.

We'd like to implement an up-scale coffee shop. In the next three to five years we'd like to serve cappuccino and things of that nature. Certainly we'd like to see a more attractive and more customer friendly dining room with different styles of setting, just to make the atmosphere more enjoyable.

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Students respond to Christian Civic League leader

JOSEPH THOMPSON

EXECUTIVE EDITOR

On the surface it seemed like the sort of accomplishment many professors dream of. Michael Heath, executive director of the Maine Christian Civic League, filled the 115 seats of room 113 Masterton Hall to capacity, and others stood in the halls after USM police prohibited them from entering.

Heath's speech, "The Vision Place of Souls: Or Why There are So Many Bush-Bashers, Dream Catchers, and Soul Snatchers," addressed the intolerance of religion and conservative politics he perceives on the USM campus. His comments reflected those in his blog, which state that "The radical homosexual lobby is strong on college campuses," and that by inviting him to speak, Jason Lavoie,

chair of the College Republicans, had chosen to "stand up to the fierce and intolerant mob."

For about an hour Heath spoke and answered questions from the audience without much interruption, despite the majority of the crowd being made up of people in support of voting "no" on Question 1. Those wearing identifying clothing or badges opposed to Question 1 outnumbered those in support of the Christian Civic League or wearing no identifying items roughly four to one.

The only major challenge Heath faced was when a No-supporter accused Lavoie of ending the Q&A with a staged question after he called on a member of the

audience by name, which he had done previously in the Q&A. Many of the members of the audience began filing out before Heath could answer the question.

Prior to the event, the College Republicans held a press conference on the Western side of Luther Bonney Hall. Lavoie spoke to reporters from local print and media organizations, and urged the Student Senate to vote down a resolution that calls for the Senate to adopt a "no" stance in regards to Question 1. According to Lavoie, if the Senate passed the resolution it would "quash free speech on campus."

At the same time as the College Republican press conference, about

75 students and faculty, dressed mostly in green, attended a rally on the steps of Masterton Hall urging students to vote "no" on Question 1.

Speakers at the rally included Wendy Chapkis, an associate professor of sociology and women's studies at USM, and Andrew Bossie, chair of the Student Senate. As a finale to the rally, Bossie pulled out his cell phone. "I'm going to call a friend of mine and talk to him about voting no on 1," he said. He then encouraged everybody present to call five people in five minutes to get the word out.

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Michael Heath addresses students and faculty on October 5th.



photos by Joseph R. Thompson

Question 1: People's Veto

"Do you want to reject the new law that would protect people from discrimination in employment, housing, education, public accommodations and credit based on their sexual orientation?"

OUSTATERS,
continued from page 1

Pattenaude said the recruitment efforts are assisted by USM’s location. “[Maine] has its own very positive image. Portland is a particularly attractive place.”

Sarah Trent, a junior media studies major from Minnesota said she fell in love with Portland when she came to visit Colby and Bowdoin..

“It has a culture about it I haven’t seen in a lot of cities,” she said. She also likes the smaller size of Portland, which is easier to deal with than Minneapolis.

Along with Bowdoin and Colby, Trent applied to Dartmouth, Vassar, Williams and Boston College. “Originally [USM] was my back-up school,” she said, but she found a home here in the honors program, and is happy with her decision to go with USM over the other universities.

After being accepted as a transfer student at Bowdoin, Brown, and Hampshire, Trent decided to stay at USM to finish

her degree. One of the reasons she stayed was because she felt the media studies program at USM was more in-depth than other similar programs. She’s planning to change her major to English but still remains pleased with her decision to stay.

Besides the academics at the University, Trent also enjoys the athletics department. She was able to start on the Lacrosse team her freshman year.

Sports are fun, but the real draw for Trent is the academic program at USM. “I really like the honors program and I really like the diversity age-wise.” Trent said she appreciates the perspectives brought to class by non-traditional students that would not be represented in a more traditional college setting.

Like others who visit Maine, she loves the location and is fond of Portland, where she is now living after two years in the Gorham dorms.

Deb Daeris, associate director of Admissions, agrees that location is a big pull for out-of-state students. According to her, they like “the cultural and arts events that Portland has to offer.” Also,

“My professors are amazing. I don’t know what I’d do without Dr. Robert Russell.”

— Abra Mueller, junior in music education

Gorham is a nice campus with a “small school atmosphere.”

For Kristen Kurz, a junior majoring in Theater, Southern Maine feels rural compared to her hometown in Brick, N.J., which was an hour and a half to New York City or Washington D.C.

“I don’t necessarily miss New Jersey; I miss being close to the city,” she said.

At the same time she appreciates the relative quiet of Maine. “It’s nice because you get the small town feel.” Even still, Kurz doesn’t plan to stay in-state after graduation because it’s “not exactly the hub of theater.”

Unlike many students, Kurz’s college decision was not based on money. She applied to three other schools, and was accepted at them all but chose USM because she wanted a smaller school that offered women’s studies and theater. Plus she wanted to be somewhere where she could snowboard and sail.

Kurz is not the only one who was drawn to USM because of sports. Al Bean, director of athletics and recreation, said large numbers of out-of-state students are involved in the various athletic programs on campus. Last year 42 percent of all student athletes came from outside of Maine, according to Bean.

Bean also believes location is a big influence, but said, “in some cases it’s the facilities—for instance our ice arena. [And in other cases it’s] the caliber of some of our programs.” He cited baseball, women’s basketball, and hockey as some of the popular sports on campus. “It seems to be growing each year in terms of the interest we’re get-

ting from out of-state-students,” Bean said.

The outdoor activities and scenic views of the water may be a draw, but Pattenaude said Portland also offers a lot in the way of “internships and opportunities for learning in the community...[from]Unum Provident [to] United Way.”

According to Daeris, the New England Regional Program is another draw for out-of-state students. The coalition of universities offers reduced tuition rates to students who want to study a specific field which is not offered at their own state university. For example a student from New Hampshire who wanted to study criminology, a major not offered at UNH, would pay only \$7,470 a semester instead of the regular \$13,800 to attend USM.

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photo by Denise Duffy

This year, Homecoming collided with the Gorham Events Board’s Thirsty Thursday, resulting in a well attended talent show. Team Towers won first place with their robot. “It was a really impressive robot,” said Student Senator Caroline Young. “It ran on school spirit.”

FOOTPRINT,
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ronmental group Redefining Progress estimates that we are currently exceeding the biological capacity of the earth by approximately 35 percent. In other words, we are using up resources faster than they can be replenished. The reason many citizens are not yet suffering more from this situation is because we are eating breeding stock from our fisheries and cutting trees faster than they grow. If we think of these resources as a giant bank account, we are currently living off some of the principle as well as all of the interest.

This system appears to work fine as long as the principle holds out - but when we eat the last chicken we’re not going to get any more eggs. Of course, we can’t tell hungry people not

to eat the last chicken. People in the developing world have a right to food, health care, education and opportunities to thrive. What does this mean for the planet? For you? Interested in finding out what your personal ecological footprint is? How many worlds would be needed if all 6.5 billion people lived your lifestyle? Go to <http://www.myfootprint.org/>. Small changes in behavior can make a big difference in our ecological footprints. You may be surprised to find that you can shave an entire acre off your footprint simply by switching to vegetarian fare two days per week. Please pass the pasta!

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COUPON

NOMAD,
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with, “Don’t worry, kids. God doesn’t turn people into pillars of salt anymore. Things are much different under the Christ administration.”

However, I found that I often had to refer back to the lessons I learned from the mass-hysteria surrounding Madonna at the time. When I learned early on that there was a college (Bob Jones University) that didn’t allow interracial relationships, as surprised as I wanted to be about this, I thought back to the response of the AFA to “Like a Prayer” and it made sense in the context of a world that rejected my beloved pop princess.

This whole family values/moral majority thing is making a comeback. During the November elections of last year, 22 percent of voters explained that family values were important to them (President Bush had the support of 78 percent of white evangelicals, 23 percent

of the voters). This came in the wake of the relatively new national push for gay marriage. “Values” is, however, an unfortunate misappropriation of words. Especially, as long as the values-candidates continue to short-cut healthcare, the economy and education (including our student loans, friends), fail the environment and global policy by incubating new insurgencies and promote institutions that accelerate foreign debt (and consequently poverty, hunger and violence). They’re doing so good a job undermining a future accommodating to families that they can afford to divert their energies from blaming the worries of the world on gays and Madonna.

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Staffer Speaks: We’re Gonna Party Like it’s 5766!

JOSH SCHLESINGER
ARTS AND ENTERTAINMENT EDITOR

Shalom, it’s that time of year again. The leaves are changing, we’re back in school, the weather is starting to change and the high holidays begin again. For those of you who don’t know what I’m talking about, Rosh Hashanah (the Jewish New Year) and Yom Kippur (The Day of Atonement) are upon us. So get out your apples and honey, throw out all your bread on Wednesday and get your game face on, because it’s high holiday time for us Jews, and no one knows how to party like a Jew mourning for the dead.

As a Jew growing up in a conservative Jewish family with Orthodox Jewish grandparents, I quickly learned what these holidays were all about. Or, maybe I didn’t, seeing as that until age 20 or so, I only associated them with getting to miss school twice a year so I could instead sit in temple for hours on end letting my A.D.D. get the best of me. If I wasn’t in my local temple, Temple Beth-El, I was at my grandparent’s temple in Loch Sheldrake, New York. I should add that my grandparent’s synagogue was the centerpiece of an upscale Jewish trailer village called Foxcroft Village. Comprised mostly of Holocaust survivors – elderly Jewish people – Foxcroft Village was a place that, as I grow older, I look back upon with more affection than most places in the entire world.

Either way, since I came to Maine, I noticed a serious lack in people’s knowledge of Judaism’s most holy and sacred of days—NOT CHANUKAH! Chanukah is an important holiday, but gained most of it’s recognition as a competitor of Christmas. Rosh Hashanah always comes first, and since we are on the Jewish calendar (not the one revolving around Jesus Christ, obviously) this is the year 5766, and occurred last Tuesday, October the fourth. This is a very celebratory day for us. We eat apples and honey, enjoy sweet challa –a traditional Jewish bread– and enjoy the company of loved ones. The bittersweet part of Rosh Hashanah, however, is that we know Yom Kippur is just around the corner. Yom Kippur, translated into “the day of atonement,” is a day where from sundown on Erev Yom Kippur (eve of Yom Kippur) we fast for 24 hours. Those 24 hours are either solemnly spent praying in temple, throwing bread – as a representation of our sins – into a stream, an act called “tashlich,” or counting down the hours until sunset so we can eat again. Fasting for those 24 hours is a sign of respect for the dead.

As an adult I find myself missing being with family for these sacred holidays. Spending year after year sandwiched in between my parents for hours on end in temple praying left me with more longing for the high holidays than I ever thought I would have as a kid. Last year was the first year that I was able to get back home for High Holiday services, and it wasn’t until then that I realized how truly special these holidays were. My advice to you, if you have any friends or family who are Jewish, tell them to have a happy new year, it will mean more to them than you think. L’Shanah Tovah—Happy New Year!

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Global Nomad

ALEX STEED
COLUMNIST

Alex Steed is actively working to encourage youth activism on a global scale. These are his perspectives about American society after returning to America following a tour of post-conflict countries in Eastern Europe and the Middle East.

I vividly remember when Madonna’s video “Like a Prayer” came out. In “Madonna: Blonde Ambition”, Mark Bego describes the scene: “[Madonna] witnesses a murder, runs into a church in a brown slip, kisses a statue of a saint, makes love with a black man on a church pew, dances in front of burning crosses, sings with a church choir, and shows bleeding stigmata on both palms as though she had survived a crucifixion.”

Madonna was my slightly older cousin’s– and consequently my– favorite recording artist at the time. I was six years old and Marisa, my cousin, and I used to make up dance routines to the song where we would start off on our knees, our hands folded in prayer, and we would emerge out of this position as Madonna sang the opening lines, “Life is a mys-ter-y...”

You can imagine my dismay when I found out there was controversy over the video. My father was a religious viewer of the Hollywood exploitation news programs Hard Copy and Entertainment Tonight and on one of them I overheard that thousands of families were upset with Madonna and her



video. I asked my mother about why people didn’t like Madonna and she explained, “Some people don’t like the idea of a white woman and a black man loving each other. It is against their values.”

In fact, according to Bego’s book, American Family Association head Reverend Donald Wildmond threatened a Boycott of Pepsi, whose product Madonna was then supporting, in order to penalize any company that would consider financing such an ardent smut-peddler.

I eventually realized that I was raised in a household overseen by a God that doesn’t hold a lot of fury in its heart. However, back then I was unaware that a lot of America’s Christians, especially those who held office, believed in something different. Where I went to church we learned in Sunday School about Sodom and Gomorrah and Lot’s wife and a God that generally violently disagreed with any opposition. Only then to be soothed

see **NOMAD**,
page 4

Letter from the Editor

JOSEPH R. THOMPSON
EXECUTIVE EDITOR

My office door will probably be remembered as the most undecorated Executive Editor door ever. Currently, I have two papers stuck to it and tomorrow I might add a feather and a copy of the Desiderata. What’s there now is a paper encouraging HIV testing (do it if you haven’t yet) and a print up of the First Amendment. I’ve been staring at that amendment a lot as I go into the office each morning; sometimes with pride, sometimes with frustration.

The First Amendment is currently interpreted as naming five rights. In no particular order these are: freedom of speech, freedom to peaceably assemble freedom to petition the government, freedom of the press and freedom of religion. Also, a sixth right is implied in this: freedom from religion. This amendment is the closest thing to a bible or creed that I follow, but a crisis is occurring. I’ve started asking questions like “Freedom of speech is great, but what if somebody is using their speech to push their religion and to petition the government in a way that oppresses me?” and, “What if they’re doing this on my dime?”

I started asking these questions last week and in doing so I began to wonder

about the responsibilities I’ve been entrusted with. Can I edit a paper, even with great colleagues, when I catch myself questioning my own ethical codes at the first sign of discord? Can I be objective?

Ultimately, the only answer to these questions is that I’m human. A diversified staff will keep a balance. A constant office dialogue will keep both sides heard, promoting objectivity. And an active readership will keep us in line – letting us know both the objective and the slanted coverage.

But is that enough? According to “The State of the First Amendment Survey 2005” by the First Amendment Center, in partnership with the American Journal Review, 47 percent of Americans did not know that freedom of speech is a right named by the First Amendment and 84 percent didn’t know it named freedom of the press as a right. Alarm bells are ringing.

These rights are not “God-given, inalienable rights.” They can be taken away. And, if we, made of the very same flesh and blood as the original authors of this amendment, don’t value them enough to know what they are, then they will be taken away. And if that happens, the government will be able to go through your library records without you knowing and arrest people who hold a peaceful protest in front of the White House.

Oops, too late.

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A Lighter Step in a Fine Direction



Now, think about all the other ways in which you affect the natural world. Your “ecological footprint” is one way of measuring this impact. Ecological Footprinting is an elegant concept developed in the 1990s by Mathis Wackernagel and William Rees. The basic idea is that you can quantify the amount of land area needed to sustain yourself, without depleting the earth’s resources for future generations. A typical ecological footprint calculation measures impacts from food production, transportation, consumption of goods & services and shelter requirements.

Calculating an ecological footprint is not an exact science. Different calculators include different elements, and make different assumptions about the impact of each element. I tried a number of footprint calculators and found my personal footprint spanned a range from 14 - 25 acres. However, all footprint calculators agree that most citizens of developed countries have relatively big feet. The United States has the largest per capita footprint of any nation--approximately 31 acres per person. Living more lightly on the planet doesn’t have to mean freezing in the dark without doughnuts. Other industrialized nations with similarly high standards of living use significantly less than we do: Sweden’s citizens have 20-acre footprints, while Germany’s have just 15. The average world citizen has a footprint of 7.1 acres.

The problem is that the amount of biologically productive area available per person (leaving little for any other species) is only 5.3 acres. The environment cannot be re-absorbed.

Suppose you eat 50 pounds of pasta a year. To make this possible, grain must be planted, harvested and transformed into your choice of pasta and packaged and transported to your table. The process uses natural resources such as land, oil and water.

It is not hard to find out how many acres of farmland are needed to grow the grain. You can also figure out how many acres of forest are needed to absorb the tailpipe emissions from all the vehicles used in transporting the grain and pasta. If you do the same type of calculation for each step of production, you can estimate the total amount of land needed to generate the natural resources used in producing the pasta, and the amount of land needed to absorb the by-products.

Do the same for all the food you consume during a year, and you’ve just discovered your “food footprint.” This is the amount of land needed to sustainably generate your food for a year. A sustainable harvest from a piece of land is one that can be taken year after year without degrading the productivity of the land and without generating substances that cannot be re-absorbed.

see **FOOTPRINT**,
page 4

MEET JOE
STUDENT

NAME: THOMAS

ARCHAMBAULT

YEAR: SOPHOMORE

MAJOR: UNDECLARED

HOMETOWN: DANVERS,
MASS.

AGE: 19

Why'd join Delta Chi?

There were a couple of my friends from high school who were a year ahead. I had a lot in common with the guys down there.

What's the funniest thing you've ever seen at a Delta Chi party?

The giant inflatable penis costume from Halloween; it was huge, six feet tall.

What else do you all do?

We do a lot of philanthropies. We just had a fundraiser where we did a car wash at Rite Aid.

What did the money go to?

A hundred dollars went to children's miracle network and the rest went to us for various financial necessities.

What did you all do last night?

We had a social with Phi Mu and Kap Iota. It was Hawaiian theme and a



bunch of our brothers turned it into a luau. I showed up in a grass skirt and seashell bra.

photo and interview by Joseph R. Thompson

QUESTION OF THE WEEK



Alex Veligor
English
Junior

When I was at Bugaboo Creek; sitting 20 feet away there was this old couple. All the waitresses came to their table to sing the birthday song and the old couple looked up and the guy said 'it's not my birthday.' It was the table behind them with five kids' birthday.

I worked at a restaurant with an upstairs dining room and my boss was very stern and never smiled. As I was running upstairs with a dessert I tripped and he almost wore it. It was the first time I had dropped anything in front of him.

What was your most embarrassing dining experience?

I don't know if I've ever seen anything embarrassing.



Kari Vance
Sociology
Senior

We had a waitress that was so bad; she didn't pick up the empty cups or anything. It ended up with us leaving the waitress a tip of 58 cents.



Jennifer Coulombe
Psychology
Super Senior



Naeem Ovins
Electrical Engineering
Sophomore

photos and interview by Joseph R. Thompson

Arts and Entertainment

Wendy Chapkis: high on life

ANGELIQUE CARSON

CONTRIBUTING WRITER

When I finally caught up with Wendy Chapkis, she was out of breath. After exchanging salutations I asked her how she was, “exhausted,” she said.

You would be exhausted too, if, like Chapkis, you were immersed in social and political agendas that would make President Bush’s head spin.

Most notably was her passionate commitment to the complete legalization of medical marijuana on a national basis. What strung-out college students everywhere are probably thinking is: “Where do I sign up?”

Friends, I empathize. College is hard and stress-levels are chart-topping. But there are some folks out there who hurt way worse than we do. Terminally ill people often endure serious pain and illness from their diseases or treatments, and those people need women like Wendy Chapkis.

Being born and raised underneath the balmy skies of southern California, it wasn’t just the salty air blowing in from the Pacific that kept Chapkis in the golden state for much of her youth. She became very involved with the Women’s Alliance for Medical Marijuana (WAMM), founded in 1992. These women aren’t potheads or dated hippies flashing peace signs. They are dedicated to assisting the terminally ill. The group grows just enough marijuana to supply some 250 patients with a little relief from their ailments, free of cost to them.

WAMM has become a legitimate and integral part of the Santa Cruz Health System. Marijuana is not the only gift WAMM provides; they also provide a weekly support group for members to share a sense of community and a place to relate to other people who hurt physically and emotionally like they do. Chapkis, currently an associate professor of sociology

and women’s studies at USM, spent much of her time in California amongst these patients, where she worked on legislation for legalizing the distribution and use of medical marijuana.

WAMM’s efforts were successful. Medicinal marijuana was legalized in California, and the afflicted patients were soothed, for a time.

The Drug Enforcement Agency rained down on WAMM, destroying not only the entire marijuana garden but also the assuagement of hundreds of patients in the process. Legally, the DEA was within its rights. This battle of the war on legalization of marijuana is possible because of discrepancies between the state and federal laws. In states where medical marijuana

“The sky doesn’t fall when marijuana is decriminalized.”

— Wendy Chapkis

is legalized, local and state police won’t arrest qualified citizens for buying, growing, selling or using marijuana. However, the DEA doesn’t adhere to the same set of rules. According to their code, they were within their jurisdiction in destroying the marijuana crop in Santa Cruz.

This situation exemplifies the legal battle that WAMM and its patients are up against. Even if the state nurtures its ill with a natural healing herb, the federales can sweep in and wipe it out at any time.

Sure they can re-plant, but what’s the point? Not only could it be destroyed again in Santa Cruz but also in any other legalized state that makes a serious attempt to distribute the plant to those too sick and frail to get it on their own.

Chapkis is determined to change this conservative attitude the national government holds. She maintains that marijuana should be

viewed as a public health issue and not an issue for the courts. She wants people to evaluate the policies we employ in the process of criminalizing drug users and hopes people will consider that maybe these policies are badly shaped. Her hope is the public will start to rethink how we respond to drug use in this country.

“I want people to look very carefully at what it means to have the DEA armed with automatic weapons aimed at terminally ill patients,” Chapkis said, “as happened in the WAAM case. I want to make clear what a failed policy it is to treat patients under a doctor’s watch like criminals.”

Chapkis has seen firsthand countries that have legalized medicinal and recreational marijuana. For over ten years Chapkis resided in the Netherlands. She saw marijuana sold in coffee shops and smoked on the streets. There, marijuana is regulated by law enforcement and treated very much like alcohol. Some people have a troublesome relationship with it, many people don’t. Upon returning from the Netherlands and witnessing their society continue to grow and prosper even with the legalization of marijuana, she wanted to take a look at our own national policies. Was it really necessary for this healing herb to be prohibited in our country?

“The sky doesn’t fall when marijuana is de-criminalized,” Chapkis said.

A testament to her dedication in the legalization of marijuana is her new book “Dying to Get High: The Challenge of Medical Marijuana”, which is due out in 2006. She also will be giving a talk titled “Patients, Potheads, and Dying to Get High” on Thursday, April 6, 2006 at 6:30 p.m. as part of the USM faculty research theories talks which are open to the public.

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Dining options near the Portland campus

JAMIE MCAVOY

STAFF WRITER

If there’s one thing that everyone at USM has in common, it’s that they have to eat once in a while. Perhaps almost as common is the time people spend deciding what they’re going to eat. Last year choices would have consisted of Bleachers, Punky’s, Brea Lu or one of the several fast food joints around the campus. But this year those options seem a little more limited.

Bleacher’s is no longer located next to Pier One and Punky’s moved into a new space on Brighton Avenue.

Brea Lu is still on Forest Ave, Subway is located in the same plaza as Hannaford and then there’s Arby’s, Vientienne and of course Aramark.

It would seem that Aramark is the reigning favorite among students. Most interviewed said they ate in the cafeteria at least once a week. Melissa Landers, an undeclared freshman, said that she ate at Aramark regularly and that the food is okay.

Some students choose to stay away from the different restaurants in the area. Martha Briana, a senior majoring in art said that since she lives near campus, she usually goes home to eat.

Aramark, on the other hand, is trying to attract more students with a customer loyalty program for people who use Husky Bucks. It would work similar to frequent flyer miles. If you spend a certain amount of money, you

could win free tickets to University events or more points towards food. Another program in the works is an online ordering system where a student could order food and pay online with a credit card or Husky Bucks and then swing by the cafeteria and pick it up lickity-split.

The departure of Bleachers and relocation of Punky’s proved good for Brea Lu, one of the only independent restaurants left within a couple blocks of the University. Debbie Thibodeau, assistant manager of Brea Lu, said she has noticed more students coming in to eat of late. She said the restaurant has a number of factors that make it attractive to students. “We’re close, reasonably priced, we have a comfortable, warm atmosphere and we have great cooks.”

Bleachers, which was pushed into moving, is now on Preble Street near Skillful Vending and Hollywood Video. Gladys Trainor, co-owner of the sports bar, said she has noticed that customers she used to see regularly had trouble finding the restaurant for a while but are now starting to come around.

She said the move has had an effect on their business, especially since their new location is less visible than their previous home on Forest Avenue. “Things started off pretty slowly. People had trouble finding us, being tucked behind the video store and Wild Oats, but once people find us they come back.”

She said the bar has made some positive changes to make it more appealing. The new location is larger, and plans are being made for the addition of a deck, but the real clincher

is the 10 percent discount Bleachers offers to those with a student I.D. card.

While things seem to be panning out for Bleachers, Trainor said that it wasn’t their decision to move. The bar’s lease had expired and Pier One wanted to expand into the space Bleachers was occupying.

As opposed to Bleachers, Punky’s, which moved into the old Corsetti’s on the corner of Brighton Avenue and St. John Street, has seen an increase in the store’s customer base. Joe Estes, owner of Punky’s, said that business has been better than ever.

“When we moved here, we had broken our old [sales] record at Forest Avenue by the second day.” He said he hasn’t noticed any decline in the number of college students who frequent his business. Estes said there maybe some students who haven’t placed the new locale in their heads and haven’t realized that it isn’t much farther away than the old spot.

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Sierra’s: okay for a beer...

JOSEPH R. THOMPSON

EXECUTIVE EDITOR

Ideally, restaurants feed three appetites: the hunger for food, the hunger for human interaction and the hunger for aesthetics. If each of these were a star, Sierra’s would get one out of three. Unfortunately for USM students in Gorham, this is what they have to settle for if they want a night out at the local southwestern themed sports bar.

To be fair, this review is based on one meal there on a Friday night. It could have just been an off-night, but one chance is all one has to please a customer in the dining industry. When the nachos are stale at a southwestern themed restaurant, warning bells begin to ring.

Let’s start at the beginning. The nachos were stale. Okay, that’s been mentioned and won’t be mentioned again. Sierra’s is divided up into two rooms: a bar, with an excellent pool table and a big screen T.V., and a main dining room. If you don’t go past the bar and bring a group of friends, Sierra’s moves up to two stars. The eats are good and the atmosphere is chill. Sierra’s would be an excellent place to go to cry about the Sox.

But if you plan on bringing a date for a sit-down meal, drive to Portland. The food is so-so for a restaurant (yes, a different scale is being used for the bar) and the wait staff seems perpetually rushed and surly even when only two tables are filled. It’s worth the gas money to avoid paying a 20 percent tip on bad service so your date won’t think you’re cheap.

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Mourning the loss of Bleachers and Punky’s? Fear not. The eyesore that was Punky’s is currently under construction to be transformed into a pizza joint. By December USM kids could find an alternative to Aramark food.



MCDONALDS,
continued from page 1

copia of dreams and possibilities. As I chewed I took a minute to appreciate the truly egalitarian nature of the food products I was ingesting. The Cheeseburger Happy Meal I was eating was the same Cheeseburger Happy Meal that would be enjoyed by the Queen of England, or the simplest farmer in Paraguay.

I had hardly downed my Barq's Root Beer when I decided it was time to have a little fun. There was a reason I chose the Westbrook McDonald's and it wasn't their Dollar Menu. The McD's Play Place towered over me as my eyes twinkled in awe. I have been to many restaurants with live music or shows but McDonald's brings it to the next level with interactive en-

tertainment. I kicked off my shoes and plummeted into the ballroom. As soon as I managed to get my head above ball level I lost myself in a network of slides, ladders, and nets.

Though I lost myself in the Play Place that day, I found something much greater: my lost innocence. I remembered the joy of discovering a toy with your meal, eating fries out of the bottom of a bag, and a flavorless piece of meat between microwaved bread. While I was being escorted out I asked an employee what made McDonald's such a fine establishment. He replied, "We put our heart and soul into every burger." No wonder every time I go to McDonald's I feel like more than one in 99 billion.

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photos by James Montgomery

Farmer John meets Joe Student

ASHLEY ROSBOROUGH
CONTRIBUTING WRITER

Business seems to be going well for farmer Ben Meservey, the owner and operator of the single farm stand that makes up USM's Farmers Market. For the second year in a row Meservey brings his farm stand to both the Gorham and the Portland campuses each week,

selling fresh produce in the fall and seedlings and hanging baskets in the spring. The Meservey farm, located on Caril Road in Buxton, is owned and operated by Meservey and his family. With the help of his wife Corrinne, Meservey grows and harvests all of his own produce and flowers. Fresh corn and pumpkins are just a few of the specialties Meservey offers.

Meservey was asked by USM to be part of the Farmers Market, which is sponsored by the Healthy USM Employee Wellness Program. Because the Farmers Market is still fairly young, it has yet to expand. Although Meservey said business is "pretty good," he felt there needed to be more business before any more stands could be added to the market. "This year they have the Senior College running here

Fridays, which helps out," said Meservey, "but as far as I know there are no plans for expansion." Meservey also mentioned that he seems to do better on the Portland campus in the Friday timeslot, even though there are a lot more students around in Gorham on Wednesdays. Meservey's clientele seems to consist of more USM employees and the older citizens of the community that participate in the Senior College and less of USM students.

The Farmers Market runs on the Portland campus every Friday from 11 a.m. to 1:30 p.m. next to the childcare playground, and on the Gorham campus every Wednesday from 11 a.m. to 1:30 p.m. next to Corthell Hall. The Meservey Farm is also open seven days a week from 9 a.m. to 6 p.m. and will stay open through October.

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A more extensive Farmers Market, pictured above, can be found in Monument Square, Portland, Maine on Wednesdays.



photos by Jen Wilson

This is Bull... *Feeney's*

ASHLEY ROSBOROUGH

CONTRIBUTING WRITER

Located at 375 Fore Street in the heart of the Old Port, Bull Feeney's has long been a favorite for locals and tourists alike. Friendly service paired with authentic atmosphere make Feeney's an easy choice. The extensive menu has a wide range of appetizing selections, offering a good balance of classic Irish fare as well as Downeast essentials.

The inside of Bull Feeney's is exactly what you'd expect an Irish pub to look like. The darkened interior is filled with cozy booths, warm fireplaces and exposed brick, giving it a familiar homey feel. It's surprising how well the interior pulls off that small local pub feel in such a large space. The grand windows lining the front of the pub lets in quite a bit of light without ruining the mood and also gives great views of the old port and (in some areas) the water. Classic Irish music and a great staff pull together the great Bull Feeney's feel.

As far as food goes, there are no problems finding something to your liking on the menu. For starters try the crab cakes, \$10.95, or the chilled artichoke dip, \$8.95. The handmade crab cakes, a favorite at many local restaurants, are served with a tangy citrus aioli that complements the sweetness of the crab perfectly. The artichoke dip, also a familiar favorite, is blended with garlic and parmesan cheese, served with a soda bread crostini.

For main courses, the menu has many light choices as well as "hearty fare". The spinach salad, \$7.95, is a good vegetarian light choice. The salad is full of flavor with fresh strawberries, baby spinach, crumbled blue cheese, red



onion and toasted pecans topped off with sweet maple vinaigrette. If you're feeling like a sandwich, the classic reuben, \$7.95, is another excellent choice, with rye bread piled high with house corned beef, sauerkraut, swiss cheese and Russian dressing.

If you're feeling like a selection that is sure to be filling, try one of the restaurant's heartier choices like the classic Irish stew, \$10.95, or the bangers and colcannon, \$9.95. If you're feeling like something different, try the lamb pizza, \$11.98. Made with ground lamb,

spinach, onions and three cheeses, it is a delicious variation. Another offering is what the menu advertises as "Maine's Best" fish and chip's, \$12.95.

Feeney's also offers a wide range of draft beers to help wash down your meal. With nearly twenty beers on tap, there are lots to choose from. Choices range from English, Irish or local brews, all served in 20oz. glasses. The restaurant also offers a full bar, which includes their extensive whiskey selection.

If it's live music you're looking for, Bull Feeney's has covered that base as well. With bands starting around 9 p.m. most nights and \$3 drafts during happy hour, Feeney's can become quite the happening place at night. Some upcoming events include "Best Bands Saturday", October 8th featuring *One Two Many* starting at 9:30 pm., "Celtic Sunday Evening", October 9th featuring live Irish music and specials on Guinness, Harp, and Smithwick drafts starting at 7pm, and "Musician's Night", October 11th with open mike starting at 8:30

pm. If none of these events appeal to you maybe "Ladies (Men in Kilts) Night" will. On Wednesday October 12th well drinks, house wine and all beer are \$3 for ladies and those men brave enough to wear a skirt. At 9 p.m. the band *On Tap* will be performing.

So whether it's a good meal, a good pint or just a good time that you are looking for, you're sure to find it at Bull Feeney's. After all, even *Lobsters Love Guinness*.

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photos by Jen Wilson

Restaurants Listings

Portland

Bangkok Thai
671 Congress St.
879.4089
11 a.m. - 2:30 p.m. 5 p.m. - 9:30 p.m. Mon-Fri
12 p.m. - 2:30 p.m. 5 p.m. - 9:30 p.m. Sat
This place started off as a hole in the wall with good, cheap food and a bad décor, but time has done it well. The food has gone from good to nirvana and stayed cheap. The best part is that the dining area is now Thai chic.

Benkay Japanese Restaurant
2 India St.
773.5555
11:30 a.m. - 2 p.m. 5 p.m. - 9:30 p.m. Mon-Fri
10 p.m. – 12:30 p.m. Fri-Sat
Sushi. It's expensive for the quality and service, but a bargain during Rock n' Roll Sushi on Friday and Saturday nights when they turn on the disco ball and sell the sushi cheaply. During Rock n' Roll expect a wait, not just for a table, but also for service (bring lots of friends and enjoy the atmosphere).

The Brealu Café
428 Forest Ave.
772.9202
7 a.m. - 2 p.m. weekdays
7 a.m. - 1 p.m. weekends
Breakfast galore. There are lots of plants in there and an extensive coffee cup collection. You can eat at proper stools. Brealu is yummy and relatively easy on the pockets, but the food tends to sit heavily. Check out the mushroom and peanut butter omelets.

The Clay Oven
21 School St.
773.1444
11 a.m. - 10 p.m. everyday
If you need to get away from burgers and fries, this is a nice place to get some ethnic food. Ask for Chai Tea; it tastes a lot different at Indian restaurants than at coffee shops.

David's Restaurant
22 Monument Square
773.4340
5 p.m. - 9 p.m. Sun-Thur
5 p.m. - 10 p.m. Fri-Sat
Expensive food that looks great on a plate. Small portions may not fill the average college coed. Wallets be warned!

The Dogfish Café
953 Congress St.
253.5400
11:30 a.m. - 10 p.m. Mon-Sat
Delicious food and a good place to bring parents who want to pony up for dinner. Go early, the place gets more and more crowded as the night wears on.

Espo's Trattoria
1335 Congress St.
774.7923
11 a.m. - 9 p.m. Sun-Thur

11 a.m. - 10 p.m. Fri-Sat
Delicious food accompanies the fine décor of this superb Italian eatery. You can get a monster-sized portion of lasagna and a glass of wine for under \$20.

Flatbread Company
72 Commercial St.
772.8777
11:30 a.m. - 9 p.m.
One of the best places in Portland for down to earth granola atmosphere and healthy pizza. It's not cheap, but you get what you pay for.

Granny's Burritos
420 Fore St.
761.0751
11 a.m. - 10 p.m. everyday
Weekends open until 12 a.m.
The best burritos in town: huge, delicious and quick. They'll fill you right up and are worth every penny. If you have some more cash, go upstairs for sit-down and get a beer too.

Great Lost Bear
540 Forest Ave.
772.0300
12p.m. - 11:30 p.m. everyday
If you want beer and bar food, this is the place. Very eclectic food but most everything is good. They also have over fifty beers on tap.

Gritty McDuff's
396 Fore St.
772.BREW
11:30 a.m. - 1 a.m. everyday
Mmmmm beer. I mean, mmmmmm food. That's right people, Gritty's has food too. And it's damn good. The beer's not too bad either, by the way!

Hi Bombay
1 Pleasant St.
772.8767
11 a.m. - 9:30 p.m. everyday
Like all the Indian restaurants in Portland, Hi Bombay has a cult following. It's been heard from reliable sources that Kharasu, the owner, makes the perfect Saag Paneer. Be sure to also sample the Mango Lassi.

J's Oyster Bar
5 Portland Pier
772.4828
11 a.m. - 1 p.m. Mon-Sat
12 p.m. - 1 p.m. Sun
Ever wonder where the fishermen and fisherwomen go to eat out? J's has the freshest oysters in Maine and the cheapest Maine boiled dinner (lobster, steamers, corn). As far as the bar goes it's recommended that you keep your cocktail limited choices to beer. But the food is good, ayuh.

Katahdin Restaurant
106 High St.
774.1740
5 p.m. - 10:30 p.m. Fri-Sat
5 p.m. - 9 p.m. Tues-Thurs
This is our news editor's favorite restaurant. Winnie, the bartender, makes the best Grey Goose martinis (straight

up, with a twist) and Becky, the owner and chef, makes a crème fraiche for her shitaki mushroom cakes that is divine. The food is eclectic and creative without being intimidating. This is a good place for a date or anniversary if you have some extra dough.

The Kitchen
593 Congress St.
775.0833
The Kitchen has good falafel and really good breakfast wraps. Go get one. The man with the red beard makes photographs of "artful" nudes.

Margarita's Mexican Restaurant
242 St. John St.
874.6444
4 p.m. - 10 p.m.
A wild shot in the dark, but you've been here, haven't you? If not, GO. Delicious Mexican dishes and the great drinks, especially the restauraunt's name-sakes, margaritas, are the best you can get anywhere.

Mesa Verde
618 Congress St.
774.6089
11:30 a.m. - 9 p.m. Tues-Sun (weekends closing varies)
Excellent sit-down mexican food. Try a home-made smoothie with your enchiladas or, if that's not stimulating enough, get a margarita at the stocked bar. Directly across the street from Portland Hall.

Mr. Bagel
599 Forest Ave.
775.0718
6 a.m. - 2 p.m. Mon-Fri
6 a.m. - 12 p.m. Sat
6:30 a.m. -- 12 p.m. Sun
Awesome service and great bagels make this a cool breakfast spot. They have some of the best chocolate chip cookies in town.

Norm's Bar and Grill
617 Congress St.
828.9944
11:30 a.m. - 10 p.m. Mon-Sat
4 p.m. - 10 p.m. Sun
This is the neighborhood bar and grill for those on Congress Street. You can always find a good selection of creative comfort food here, and one of the best pastrami sandwiches in Maine. The eggplant dip and flat bread is what most locals consider the signature appetizer.

Norm's East End Grill
47 Middle St.
253.1700
11:30 a.m. - 10 p.m. everyday
Carcass, carcass and more carcass. If you like to eat carcass grilled to perfection and smothered in sloppy, sweet barbecue sauce, go to Norm's.

Oriental Table
106 Exchange St.
775.3388
11:30 a.m. - 8 p.m. Mon-Thur
12:30 a.m. - 9 p.m. Fri-Sat
Their Chinese food is good for the pocket and good for the soul. At lunch the Table has the cheapest and best buffet

on the peninsula. For about \$6.00 you can get lunch for today and breakfast for tomorrow. This is a popular spot for people from away to see where local Mainers eat.

Ruski's Tavern
212 Danforth St
774.7604
7 a.m. - 1 a.m. Mon-Sat
9 a.m. - 1 a.m. Sun
Great for late night drinking and screaming, it's great for morning drinking and screaming. Anytime of day, one will stumble upon somebody swilling a PBR or Bloody Mary at the bar over his or her stack of pancakes and bacon.

Sebago Brewing Company
164 Middle St.
775.2337
11 a.m. - 1 a.m. Mon-Sat
11 a.m. - 11 p.m. Sun
Standard American fare with a full bar. Try the titular microbrew with your cheeseburger. This is a good place to eat your dinner and simultaneously begin your drinking binge on your way out to the Old Port.

Seng Thai Cuisine
265 St. John St.
773.8988
11 a.m. - 9:30 p.m. Mon-Sat
1 a.m. - 8:30 p.m. Sun
Good Thai food and almost close enough to walk from the Portland campus. They also fast with take-out orders.

Silly's
40 Washington Ave
772.0360
11:30 a.m. - 9 p.m. Mon-Fri
11:30 a.m. - 8 p.m. Sun
Silly's is a cult favorite. Falafels, milkshakes, fried pickles, pitchers of sangria and occasional live music. With its distinctive atmosphere, Silly's is kind of a museum. Go there, get some fries and eat outside.

Supreme Pizza
46 Pine St.
775.3404
11 a.m. - 11 p.m.
The best pizza in town. Made by foreigners, so you know it's good. Specialty pizza toppings include sun-dried tomatoes, kalamata olives, feta cheese and the like. 18" pizzas available. Pasta, calzones and slices available too. The breakfast is nothing special.

Tandoor Restaurant
88 Exchange St.
775.4259
11 a.m. - 9:30 everyday
Closed 3-4:30 p.m.
Terrific Indian food. A touch pricey, but the quality is well worth it.

Tu Casa Salvadorena Restaurant
70 Washington Ave.
828.4971
11 a.m. - 8:30 p.m. Sun-Fri
Cheap El Salvadoren food. If you only have a couple of bucks and you're starving, you can get your money's worth here.

Vientiane Eat In & Take Out
157 Noyes St.
879.1614
10:30 a.m. - 9 p.m. Mon-Sat
This is the place for pad thai. It's delicious. It is also within walking distance of school and you can split one pad thai between at least two people. You usually will still have leftovers. A pad thai goes for about six dollars.

West End Grocery
133 Spring St.
774.6404
8 a.m. - 8 p.m. everyday
This little deli has very good food. All sorts of intricate sandwiches. My favorite are the breakfast wraps. They are only available on weekdays. Bacon Egg & Cheese or Black Beans, Sweet Potato and salsa for \$2.99.

Gorham

Amato's
3 Main St., Gorham
839.2511
8 a.m. - 10 p.m. weekdays
8 a.m. - 11 p.m. weekends
Closer to the Gorham campus than Subway, and found only in the new-england region. The italian sandwiches are a must-try: razor sharp pickles and bitter greek olives make the cheap (\$3.20) staple a masterpiece.

Chia Sen
456 Payne Rd., Scarborough
883-7665
12 p.m. - 9:30 p.m. Sun
It's not in Gorham, but it's close, and it's also the best sit-down Chinese in the Portland area. Located across the street from Wal-Mart, and with good prices considering the above-average quality.

Jan Mee II
14 School St., Gorham
839.4377
11:30 a.m. - 10 p.m. Mon-Thur
Gorham's only option for Chinese, and traditionally a cheap, greasy dive, but the quality keeps improving. Order a dinner combo with wantan soup; you'll pacify even the nastiest bout of the munchies.

Sierra's
2 School St, Gorham
839.3500
4 p.m. – 11 p.m. Mon - Wed
4 p.m. – 1 a.m. Thurs - Sat
12 p.m. –11 p.m. Sun
An popular sports bar with a Southwestern theme a pool table. What more could a college student want?

Subway Sandwiches & Salads
81 Main St., Gorham
839.5422
10 a.m. - 10 p.m.
We only mention this one because it's close to the Gorham campus, and choices in that town are slim. At least you are assured of fast, if sulky help from the grumpy, underpaid "sandwich artist" on your way into your Portland classes.

How to Become a Super-Star

@
USM

Disclaimer and small print: The misleading name Super-Star is not, in any legally binding way, a claim indicating, alluding to or even slyly hinting at the fact through a denigrating reverse psychology to make you think that college students who draw comic strips will find themselves being hunted or stalked by a predator, which would be to use them for sex, social status and autographs. Super-Stars, as referred to in this site, are rarely available at USM and may not be available in your dorm. This post is controlled and operated by The Super Star Network from the United States and Super Star Network makes no representation that the information and materials in this comic strip, including without limitation the information and other materials promoting the product identified herein, are appropriate or available for use in other locations. The Super Network also makes no similar claims that any of the information in this strip is accurate in any country. Also, some humor from this strip may be subject to export controls imposed by the University of Southern Maine and may not be or otherwise accepted or represented (for you English majors) into for to a student or resident of any university in which the University of Southern Maine has placed an embargo. If you read or see this comic strip in wide your glasses, you represent and warrant that you are not a federal, state or local law enforcement officer or a student of any such college or university.

I wish a real artist could draw me. This hack knows zip about comics



A real artist would put pictures into the public domain - not drag them out to save his neck



A real comic strip artist is a real super-star, like former president Taft. Get the fame you deserve!

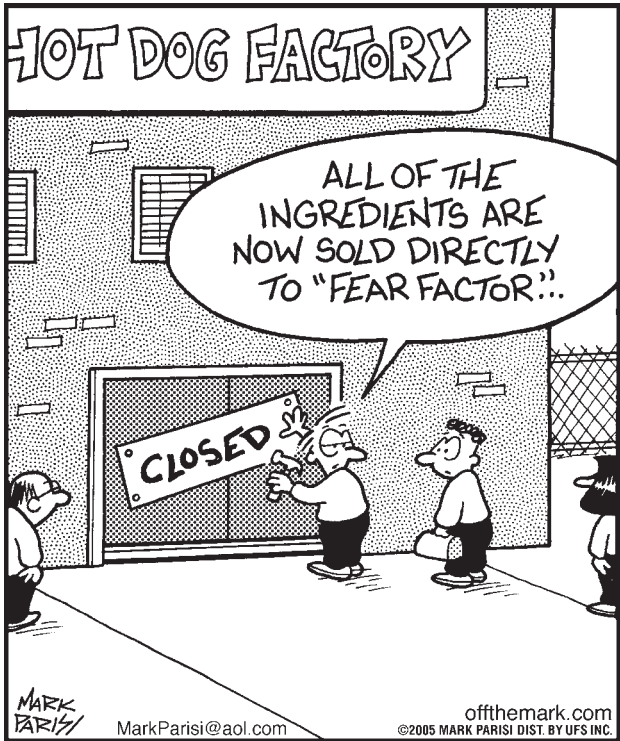


The Free Press is currently accepting comic strip submissions. Please send a sample of your work to freepress@usm.maine.edu

Crypto-quote of the Week

PO SA SVOA AMVCL P ZVBM GRSM WR V
GROGJELPRO WZVW ROM ELMJMLL SVO
PL V LZVSM, WFR PL V JVF HPCS, VOT
WZCMM RC SRCM PL V GROQCMLL. -
DRZO VTVSL

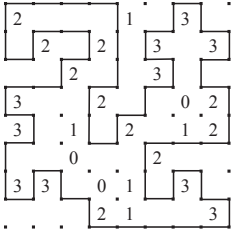
Hint: J = L



0	0		3		1	1	0		3	
1										1
2		3		3						
2								0	1	
3			3	0	0	0				
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						3			3	
3					0		0			
3			3	2	1		1		1	

Rules of Slither Link:
Each number says how many line segments are around that square. Any number of line segments can be around a blank square. The line segments will form a single loop without any branches or crossings.

Solution to last week's Slither Link:



This kind of puzzle was invented by Nikoli, and more examples are at puzzle.jp

Sex Ed.

Why do men orgasm so much quicker than women? – Wanting Love to Last

Dear WLL:

This is a tough one. Oh wait, no it's not! Men come quicker because that is exactly what they are supposed to do. That's right, it is a man's job to come, and the quicker the better. Think about it for a moment and you'll see why.

What often gets forgotten is that sex serves very specific biological functions, namely survival of the species through procreation and genetic variation. In this light, pleasure, and the length of coupling, isn't relevant. All that matters is that the male impregnates the female. This is true of every creature on the planet, barring asexual ones of course.

Since most of us practice sex for pleasure, and pregnancy is often something to be avoided, we forget about the reason sex feels so good. The pleasure is positive reinforcement to encourage us to engage in sex more often. And no, telling somebody that they need to have sex with you because it's biologically necessary isn't likely to work.

There are a slew of different ways for a man to prolong his orgasm which ranges from thinking about Barbara Bush grinding it out on top of them, to applying pressure to the perineum—the spot between your balls and your asshole—or learning how to clench certain muscles groups to halt himself from coming.

Interestingly, men have fairly one-track minds—stop laughing—and tend to focus on one thing at a time. Women, on the other hand, tend to be better multi-taskers. What this means is, while he's plugging away, all he's thinking about is how good it feels and how sexy you are. That said, your best bet is probably to get that poster of Barbara Bush up on the wall, and stop balancing your checkbook in your head while you guys do it.

Why is sex such a political issue? –Rise To Vote Sir

Good question. Unfortunately, there is no simple answer but here's a try.

Every major religion, excepting Zen Buddhism, has a creed which creates taboos around various issues regarding the body. The most common taboos surround gluttony, bodily desires (not just sexual) and how the body is viewed. In most of these religions the body is seen as something which prevents a person from rising above themselves, a temporary hinderance, with desires that should be suppressed, ignored or overcome until the person is free from that corporeal prison and heading to paradise.

But that's religion, not politics, right? Well, let's be realistic here. Religion and politics have always been bedfellows. In America, even with the first amendment, so much of our politics are based on religion. Look at the arguments against interracial marriage, or for something more modern ,gay marriage. In each instance the Bible was a tool used by both sides.

A second question becomes inherent in your question: *should* sex be a political issue? I have no idea. Let's take a vote on it.

How many guys does a girl have to have sex with to be considered a slut? –A Little More, Please

Dear ALMP:

There is no answer to this question. The word "slut" comes with a slew of negative connotations, and the truth of the matter is that as along as you are being safe about sex, there is nothing wrong with having an army of sex partners. The same goes for both sexes. Wilt Chamberlain and Gene Simmons supposedly both slept with over a thousand women, and no one ever called them a slut. If we weren't supposed to have sex we wouldn't have been given the tools. The underlying answer to this question, however, is BE SAFE! In terms of being called a slut, the only people who use that term are people who are just pissed off because they're not getting any.

Hey, want to win tickets to go see the Portland Pirates?

Send me, Ed., your questions for the column. If we use your question, you'll get put into a drawing to win a pair flex tickets to go see the Portland Pirates. All you need to do is send your question to freepress@usm.maine.edu

GIRLS AND SPORTS



ADAM & ANDY



Cards and Stars Horoscopes

By Lemma Luciferous

Rather than just looking at the sky for some insight into your week, I, Lemma Luciferous, perform a single card tarot reading each week to see what challenges and blessings are approaching you during your journey through life.

Aries (4 of Pentacles)★★: So, feeling Hurricane victims are getting your share, Aries? Greed, avarice even, has become a bit of an issue for you. Learn to let go. Loosen those purse strings. Your desire for things is starting to affect your friendships. They're waiting for you to get out of the manger you've gotten so doggedly attached to.

Taurus (8 of Pentacles)★★★★: It looks like you got your answers and life is going well. All of the effort you, Taurus, put into your vocational life is starting to payoff. Expect to see this week signs of your accomplishments flourishing around you.

Gemini (Queen of Pentacles)★★★★: Your split nature will give you some fun frustration this week, Gemini. It looks like you've accumulated some extra resources, have caught up on your duties and got some free time to absorb some culture. Now the question is what do you do? Free art museum visits or a quick trip to L.A. for some excellent clubbing?

Cancer (7 of Rods)★: Like happiness or anger, fear is a human emotion. Sometimes you feel fear when you don't have answers to the looming questions you're facing. Questions like "Can I stand up for myself?" and "Who am I and can I be true to my beliefs?" Understand, Cancer, that you may fail yourself at some point, but that you are human and imperfect. Once you realize that you can begin to move beyond your fear.

Leo (7 of Pentacles)★★★★: Your investments of time and money are paying off. Don't be a miser, Leo: you can't send it on ahead but you can use it to get ahead. Now is the time to invest that extra money, spend that political capital or cash in on those favors your partner owes you..

Virgo (Knight of Rods)★★★: Action, not acceptance will be your strength and weakness this week, Virgo. Find a Gemini who can

help you understand a balance between "he who hesitates is lost" and "look before you leap."

Libra (3 of Rods)★★★★: This week is a good week for you to make plans, Libra. The universe is offering you the tools foresight, even prophecy. Make good use of them. If you don't you'll be using that 20/20 hindsight.

Scorpio (Temperance)★★★: The Sagittarian card of Temperance is telling you to slow things down a bit, Scorpio. You're letting life, love and luxuries slip through your fingers to quickly. Learn to savor and appreciate all these aspects of your life before they move on beyond you for good.

Sagittarius (The Empress)★★★★: As the Magician indicates potential, the Empress, which correlates with Venus, is the consummation of that potential and the transformation of it to the actual. For example, those things you thought about beginning last week need some applied follow through. Time to get things rolling, Sagittarius.

Capricorn (7 of Swords)★★★: You have a responsibility to accepting what science calls fact, Capricorn. The sky is blue, ice is cold and it is now fall. You may love to play the devil's advocate but for the sake of your friends' sanity give it a rest.

Aquarius (3 of Pentacles)★★: Your responsibilities are starting to pile up, Aquarius. It's time to stop being truant, stop shirking your duties and to start doing your chores. And we're not just talking metaphysically here – you've let stuff pile up around your home too. Remember, your living quarters reflect the state of your soul.

Pisces (3 of Cups)★: Hey there, time for your wake up call. The party is over! You've been riding high and going with out any rest. Now your body needs a break both of the physical and spiritual side. What? Don't want to stop yet? Sorry, you won't have a choice, Pisces. It's gonna take more than Red Bull to pull you out of this low energy slump your in.

- ⋄ retrograde, inverse
- ★★★★ On top of your game
 - ★★★★ Things are going well
 - ★★★ Average week
 - ★★ You have some work to do
 - ★ Time to reevaluate your game

Classifieds

STUDENT GROUPS

Interested in Linguistics!?

Join The Linguistics Fellowship
Wednesdays @ 6 p.m. in Campus Center B
Oooh, sassy!

Come get pi (both kinds)!

Math Club seeks interested members
(Talent optional) show up Thursday @ 4 p.m. in the student center "boiler room."

Got a tattoo?

Five USM Students are producing a documentary on tattoo art and tattoo culture. If you have a tattoo, are getting tattoos or are getting one removed we want to talk to you. Gotatattoo@hotmail.com

RENTALS

Fessenden St. – 1 blk from USM!
2BR, 1st flr. Pkg for 1 car. No dogs. \$975 incl. H/hw. Email adamsmc@maine.rr.com 772-5030

1BR – sunny, cute kit, off-st pkg, \$775 incl. h/hw. Payson St. 772-5030. email adamsmc@maine.rr.com

3BR behind Law School – 2nd flr, large, h/w flrs, pkg. \$1000+gas. 772-5030 email adamsmc@maine.rr.com

Park St. 3BR. H/w flrs, eat-in kit. Clawfoot tub. Private drive. Laundry. Cats, sm. dog ok. \$1150/+ 318-9242 email elise@adamsmanagement.com
AIM: EyeAmElise

FOR SALE

Cleaning out small storage space – misc. items all must go. Furniture, household items, leather jacket. You name price. Call to take a look. 318-9242 AIM: EyeAmElise

HELP WANTED

Stults Landscaping, Inc.

Qualifications: Valid Driver's License, Clean Drivers Record, Source of Transportation

Job Description: Basic Lawn care, landscaping, handscaping, Spring and Fall clean-ups, tree work, snowplowing, etc.

Pay: \$9-\$12 per hour depending on level of experience
Contact: John Stults at 797-9482

SPRING BREAK

Spring Break 2006.

Travel with STS, America's #1 tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. Now hiring on-campus reps. Call for group discounts. Information/Reservations 1-800-648-4849 or www.ststravel.com

RATES

Classified ads up to four (4) lines are free of charge to any USM student, employee, or faculty member.

For all others:

\$2 per line, plus \$1 per line for boldface.

\$10 per column inch for an image / display classified.

Classified ads must be submitted with contact name and phone number by 5 p.m. Thursday before publication.

Ads phoned in will not be accepted. Payment is due upon placing the ad.

Send ads to: fpads@usm.maine.edu or fax them to 780.4085



All furnishings pictured are from Wal-Mart.




WAL-MART
ALWAYS LOW PRICES.
Walmart
Walmart.com



when people are wasting your time, they're not wasting your money.

\$40
EST. MONTHLY

-



U.S. Cellular
We connect with you.

Pharmaceutical Companies' Efforts to Increase the Use of Off-Patent Drugs (JAMA 2007;297:1211-1217) The authors state that the drug industry has been successful in its efforts to increase the use of off-patent drugs. They cite a study by the American Medical Association (AMA) that found that the drug industry has been successful in increasing the use of off-patent drugs by 10% over the past five years. The authors also note that the drug industry has been successful in increasing the use of off-patent drugs by 10% over the past five years. The authors also note that the drug industry has been successful in increasing the use of off-patent drugs by 10% over the past five years.

Husky Hero

Name: Shannon Stoll

Major: Nursing

Year: Freshman

Age: 18

Sport: Volleyball

Team: USM Volleyball



photo and interview by Molly Lovell, illustration by Charlie Ashlin

The most challenging thing about being a student-athlete:

“The most challenging thing about being a student athlete is when you have games during a class and trying to manage the work around that. It’s hard to work a sports schedule in with a class schedule, but I guess you just somehow learn to do what you got to do.”

Who do you give special thanks:

“I give special thanks to my mom, Rebecca Stoll, who is sometimes my coach but always my number one fan! Without her I would never be where I am today!”

“We think that she’s a hero in her humility, kindness, generosity and warmth to all as well as her athletic heroism.”
-Coach John Razsa on Shannon Stoll

Stats:

119 Kills,
2.59/game
110 digs,
2.39/game
71 service
aces,
1.54/game

Favorite inspirational quote:

“Success is getting what you want, happiness is wanting what you get.”

Main reason for playing volleyball:

“My main reason for playing volleyball is just that I love to play. I’ve wanted to play college volleyball since I was in 5th grade watching Iowa State and Nebraska play. So I love having this opportunity.”

Pre-game rituals:

“I don’t really have much of a ritual other than the fact that I always look forward to playing a good game. I just have this thing where I always have to be wearing tall socks when I play volleyball.”

Recent Highlights:

“At our game against UMass Boston on Oct. 4, I had 22 kills and 35 digs. I was also named Little East Conference Volleyball Rookie of the Week for Sept. 19-25.”

Some of last week’s scores:

Women’s Tennis

Western Connecticut State 5
USM 4

Women’s Soccer

USM 2
St. Joseph’s 1

Golf

Second place at Fall Classic

Women’s Cross Country

Third place at Umaine Farmington Invitational

Men’s Cross Country

Third place at Keene State

Men’s Soccer

Bates College 2
USM 0

Field Hockey

USM 3
Worcester State College 2

Sports schedule:

MEN’S CROSS COUNTRY

SAT. 15	MAINE STATE CHAMPIONSHIPS	12 P.M.
	AT WATERVILLE	

WOMEN’S CROSS COUNTRY

SAT. 15	MAINE STATE CHAMPIONSHIPS	12 P.M.
	AT FRANKLIN PARK, BOSTON,	

MASS.

FIELD HOCKEY

WED. 12	COLBY	4 P.M.
SAT. 15	AT KEENE STATE*	1:30 P.M.

WED. 19	AT FRAMINGHAM STATE*	
SAT. 22	AT UMASS DARTMOUTH*	3:30 P.M.

GOLF

MON. 10	HUSSON INVITATIONAL AT	1 P.M.
	PENOBSCOT VALLEY CC, ORONO	8 P.M.

MON. 17	NEIGA CHAMPIONSHIP AT	
	CAPTAINS GC, BREWSTER,	TBA

MASS.

TUES. 18	NEIGA CHAMPIONSHIP AT	
	CAPTAINS GC, BREWSTER,	TBA

MASS.

MEN’S SOCCER

WED. 19	THOMAS	3:30 P.M.
SAT. 22	EASTERN CONNECTICUT*	1 P.M.

WOMEN’S SOCCER

WED. 12	AT BATES	4 P.M.
SAT. 15	UMASS DARTMOUTH*	1 P.M.

TUES. 18	UMAINE FARMINGTON	3:30 P.M.
SAT. 22	AT EASTERN CONNECTICUT*	1 P.M.

WOMEN’S TENNIS

FRI. 14	LEC TOURNAMENT	TBA
	AT WESTERN CONNECTICUT	

SAT. 15	LEC TOURNAMENT	TBA
	AT WESTERN CONNECTICUT	

VOLLEYBALL

TUES. 11	AT HUSSON	7 P.M.
FRI. 14	AT UMASS DARTMOUTH	5 P.M.

INVITATIONAL

SAT. 15	AT UMASS DARTMOUTH	9 P.M.
	INVITATIONAL	

TUES. 18	BOWDOIN	7 P.M.
THURS. 20	AT UMAINE FARMINGTON	7 P.M.

SAT. 22	AT LEC ROUND ROBIN	1 P.M.
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* = Little East Conference Match
Subject to change

Dance team coach promises a fun year

MOLLY LOVELL
SPORTS EDITOR

USM’s dance team began practice about two weeks ago and this year’s routines will be totally different from last year’s.

According to Manu Lee, this year’s coach and a senior majoring in Business, last year the team performed mostly jazz routines. In his first year of leading the dance team Lee has decided the group will perform hip-hop style dancing with a bit of break dancing thrown into the mix.

The team has about 30 active members, most of whom have been dancing from early ages. The team practices in a fairly small room in the Costello Sports Complex on the Gorham campus so Lee has split up practices to two nights a week. The make-up of the team runs from freshmen to seniors and a few who have never performed hip-hop dance before.

Lee has taught hip-hop classes at USM for three years. He became interested in this type of dancing four years ago when he came to the United States from Hong Kong as an international student.

“I like dancing and I like to stay active,” Lee said. And

“You don’t know what students might be interested in coming into the class. You don’t want to make things boring. Other than that, it’s just fun.”

– Dance Team Coach Manu Lee



Dance coach Manu Lee

Lee definitely stays active. The team practices twice a week, taking up roughly six hours of his week. That doesn’t include the time he spends preparing the team’s workouts and routines. Lee is also enrolled in 15 credit hours, is a tour guide on campus and is a member of Students in Free Enterprise (SIFE), a non-profit organization that works with local businesses to allow students to apply classroom

learning to real life situations. This year Lee is working with youth from the Long Creek Development Center.

Since this is a recreational sport, those who join are not required to try out or pay dues. When it comes time to perform members may need to pay for outfits, but the costs are usually minimal.

Lee encourages those with less experience, saying it’s all in how the particular dancer wants to learn. He plans for his team to perform at basketball games this season and depending on how well they do in practices, he may or may not perform with them. Lee also hopes to talk to the University about putting on a performance or two for students and the general

public, something last year’s team did not do.

Lee said he has fun coaching his fellow students, most of them he’s known through his experience in teaching other dance classes at USM. He does experience a small amount of stress when it comes to coaching the class. “You don’t know what students might be interested in coming into the class. You don’t want to make things boring. Other than that, it’s just fun.”

Molly Lovell
can be contacted at
freepress@usm.maine.edu

Men’s soccer team suffers ninth straight non-win

Young huskies can’t get play

JEFF BILODEAU
STAFF WRITER

The USM men’s soccer team was shut out 2-0 Tuesday at home against Bates College. This was the Huskies ninth straight game without a win, dropping their overall record to 1-7-2. This was also the sixth game in a row USM failed to score a goal.

The Huskies came into the 2005 season knowing that it would be a year for rebuilding. With the start of this year came a new coach, and limited college experienced players. USM lost twelve players to graduation and one to academic ineligibility, which forced the team to quickly get acquainted and learn to play together.

The first step in rebuilding happened when Mike

Keller stepped in as the Huskies coach, bringing 17 new recruits with him. Many of the new players have struggled to adjust to college level soccer, which “can be much faster and tougher than high school soccer,” said sophomore transfer James Hammill (Tannersville, Pa.).

With so many new faces and playing styles in the locker room this year, team chemistry has been inconsistent. “When we gel, you can see it on the field,” Hammill said.

And have they been gelling? The Huskies started the season with a win over Union College and seemed to be heading in the right direction to attain their goal of making the Little East Conference playoffs. But scoring troubles have put a damper on their plans.

Although USM is not mathematically eliminated from making the playoffs, they have to find a way to put the ball into the net. They’re tracking down loose balls, playing aggressive defense,

“The other teams are scoring and we can’t.”

– Junior Captain Chris Willard

and struggling for position. Unfortunately, soccer doesn’t score hustle. “The other teams are scoring and we can’t,” said junior captain Chris Willard (Hampton, Conn.). “Scoring is what it’s all about.” Only three goals have been scored so far this year, all by freshman Sinisa Bajic (Portland).

The Huskies are not suffering blow outs or landslide losses. A 4-0 loss to Keene State is their biggest defeat to date. They’ve just missed a lot of scoring opportuni-

ties that could have changed the direction of their season. “We’ve had a lot of learning points this year,” said Willard. “We just need to strive from our mistakes.”

Junior captain Adam Bial (Wenham, Mass.) has been trying to keep the team positive throughout the year, but he did show signs of frustration. “Look at our record,” said Bial. “We just need to play good soccer.”

Although the team is struggling to win games, they continue to stay upbeat and work hard. “USM is not ready to hang up their cleats this year,” said Coach Keller. A lot of players did think this season may be a helpful learning tool for a what could be a “bright future.”

Jeff Bilodeau
can be contacted at
freepress@usm.maine.edu

Husky Highlights

Women’s soccer team gains fourth straight win

The women’s soccer team beat UMass Boston 4-0 in a Little East Conference game played at the USM soccer field Oct. 1. Senior Liz Brunton (Birch Harbor) is credited with a goal in each half of the game toward the team’s win. Brunton scored her tenth goal of the season and 22nd of her career. The remaining goals belonged to junior Julia Cyr (Standish) and freshman Caitlin Brown (Camden). The Huskies’ record improves to 7-2-0 overall and 3-0-0 in conference play.

Field hockey player receives recognition

Junior goalkeeper Sadie Garnache-Poirier (Biddeford) was named the Little East Conference Defensive Player of the Week. She is the first USM field hockey player to earn a weekly honor this season. Garnache-Poirier played a crucial part in LEC wins over Eastern Connecticut State University and Worcester State College. She has made 69 saves this season and has allowed 2.56 goals per game.

Women’s soccer player honored

Senior Liz Brunton (Birch Harbor) was named Little East Conference Offensive Player of the Week. She is the second member of the women’s soccer team to receive a weekly award this season.

Golf team gains a second place finish

The golf team came in second at the two-day Fall Classic at the Sable Oaks Golf Course in South Portland on Oct. 2. Senior James “JJ” Frost (Brewer) carded a 75 to take medalist honors and lead the team to their respectable finish among the nine teams competing.

Women’s tennis team loses to Western Connecticut

The Western Connecticut State University Colonials beat the Huskies 5-4 in a Little East Conference match played Oct. 1 in Danbury, Conn. This was the Huskie’s fifth straight loss bringing their overall record to 2-7 and 1-4 in conference play.

Women’s cross country team places third

Freshman Stephanie Jette (Lovell) finished eighth among 63 runners at the UMaine Farmington Invitational on Oct. 1 to aid her team in a third place finish. The Huskies finished with 76 team points; the University of New England came in second with 72 points; Bowdoin College finished first with 17 points.