

THE SCOOP

PUBLISHED BY THE PEOPLE WITH AIDS COALITION OF MAINE

FEBRUARY 1991

VOLUME 3 NUMBER 2

HOW DO YOU DO IT ?

"Our work brings people face to face with love." (*Mother Teresa*)

The PWA Coalition has grown a great deal in the past two years and it has been in direct proportion to the amount of time and energy invested by persons who have taken a personal interest in seeing it expand. The month of February is traditionally one in which we talk and think of love - those we love and those who love us. This month I want to share with you three stories of love....

Living in a world of HIV is often a depressing existence yet one man took it upon himself to turn that situation around and instead fill life with fun. Alex Guerette, the former manager at The Limelight in Portland, Maine, started a monthly event called "Comedy Can-Can" late last spring. His purpose was to hold a drag show starring amateur talent and the monies raised would benefit PWA's in Maine. His enthusiasm drew persons who had never dreamed of dressing up and performing, but decided that this was an important cause, and so the cast of "regulars" grew and grew until the night of Comedy Can-Can performer of the year in late December. The laughter and fun of the evening, the sharing of talents, the commitment of all those who danced as well as those who came and donated money made me

realize that too often my view focuses on the down side of life with HIV and that there is plenty of room to laugh, hug and look at every day with a grin. Thank you, Lady in Red, Alex Guerette!



We all like to eat, and between Martin Keim and the Social Concerns Committee of the Immanuel Baptist Church there has been a feast to share every Wednesday evening at the Coalition Space. The Many boxes of baked goods that say Delaware on them, the aromatic casseroles covered with aluminum foil, the fresh salads...the list goes on and on. Persons with HIV who have low energy levels and eat sporadically make a point of coming out this special night of the week and joining us to share this delicious meal. Mary Ann stands in the background making sure the dishes are all taken care of, and different volunteers from the committee come and help set up, serve and clean up afterwards. This special outreach project has brought together persons that may never have gotten to know each other and we have found that we all are "just people" -

(continued on page 4)

PWAC/MAINE PRESIDENT TO PARIS

BY: TOM ANTONIK

This past November I had the privilege of attending the second International Conference of Non-governmental Organizations (NGOs) in Paris, France. Through the generous help of the National Minority AIDS Council (NMAC), The PWA Coalition of Maine, the Maine AIDS Alliance, and individual members of the MAA, I was one of over 650 delegates who represented about 76 countries. The conference was originally to have been held in San Francisco in conjunction with the International medical/scientific conference, but because of the unacceptable immigration restrictions of the United States for persons with HIV, support was withdrawn and the conference was relocated to Paris.

The logistics of relocating a conference of such size did present problems, and although I mentioned to another delegate who complained of the disorganization, that all conferences have their glitches, I soon discovered how generous I was with such a comment. Registration was a nightmare, and the first plenary started about two hours late. Some breakout sessions didn't happen at all.

Despite my frustrations and concern, that so many people and organizations supported me to attend a conference, I was rapidly finding disappointment. I did my best to glean what I could from the opportunity of being amidst such diverse representatives from around the world as well as from the States.

The theme of the conference was solidarity, and once the opening session actually got underway, some eloquent and impassioned comments were made by Paul Kawata, executive director of NMAC, Jean Javanni, Vice-President du Comité France Sida, as well as Mme. Danielle Mitterand, and M. Bruno Durieux, whose comment "solidarity is the heart of the fight against AIDS", reflected the tone of the previous speakers.

With the dramatic backdrop of the first showing of the International Names Project Quilt, Dr. Ben Nkowane of the World Health Organization gave a worldwide epidemiological overview stating that our biggest fears were being confirmed, and while as of 9/1/90 there were 283,010 people worldwide officially reported with AIDS, the estimate at that time was 800,000 people with AIDS worldwide and 8 million HIV+. Indeed as I spent the next few days talking and listening to people from Zimbabwe, Thailand, Brazil, Australia to mention a few, my sense of the global perspective grew sobering if not down right depressing.

As much, as many, of the presentations I attended of the education and prevention track were fascinating, I was disappointed that I really didn't come away with any

new or innovative ideas for programs. Nonetheless, there were a few speakers who I thought were stellar perhaps not ironically all with HIV. Bev Greet and Cheryl Overs, both from Australia, spoke with passion of the frustrations unique to women with HIV. Theirs were words that came from the heart, far more moving than any of the many statistical presentations.

Another of the speakers, whose unorthodox presentation I found particularly inspiring, was Arne Husdal of Oslo, Norway. He bluntly began by describing himself as a threat. He likes to have sex. He has been paid for and has paid for sex, sometimes with more than one person. He went on and on in most amusing detail and innuendo until he asked us in the audience if we recognized ourselves in anything he said. The (sometimes uneasy) laughter and applause answered his honesty. He placed statements on the overhead projector as he spoke. Some of them read WE CANNOT STOP THE EPIDEMIC WITHOUT DEFEATING THE PREJUDICES, ALL SUPPORT AND CARE PROGRAMS ARE GOOD PREVENTION - BUT NOT ALL PREVENTION PROGRAMS ARE NECESSARILY GOOD SUPPORT, and IT IS BETTER TO OFFEND PEOPLE THAN SEE THEM KILLED. He said that there are a great deal of lies and double morals and HIV has just brought up these problems. "HIV transmission by sex is a lie", he continued, "it's only some kinds of sex". He spoke with humor and conviction and an unabashed honesty that was invigorating. He began wrapping up with saying that we all have AIDS, but quick to add that some of us have a little more than others.

As with many conferences I've attended, much of the greater benefits happens mingling about between sessions or in the hotel lobbies and impromptu group outings to restaurants. I heard some real horror stories from Ana Filgueiras of Rio de Janeiro of young people being used for sex then murdered, yet she continues her work despite the reality that her own life may be endangered by trying to make public these atrocities. I also established and re-established contacts of counterparts in the States including Mike Merdian and Earl Thomas of NAPWA, Don Maison of Dallas, and Steve Mosky from Aetna among others.

Exciting things did happen at the conference in spite of massive disorganization. A spirited group formed at trying to form a strengthened cooperation among non-traditional healers that ranged from Sub-Saharan village shamans to acupuncturists. And there was reinforcement that people with HIV be treated as the experts, we are living with this disease. (continued next page)

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I wish I did come away from the conference with all sorts of new ideas for programs. And I wish I didn't leave with such a grim sense of the global implications. There is always an affirming feeling when I'm reminded of just how much we are doing in our own backyard, much of it leagues ahead of the rest of the world, and at the same time I know how much more needs to be done, not only here, but around the planet. And I wish I was enriched to be around so many people doing extraordinary work against much harsher odds, even aware of the odds we still face here and the work that has yet to be done.

Tom Antonik.

(Tom, the next time you pick up an application for an international conference, might you also pick one up for me. And when we see your expense report we hope there are no miscellaneous expenses paid to Arne Husdal of Norway.)

NEWSLETTER SUBSCRIPTIONS

THE SCOOP is published monthly by The People With AIDS Coalition of Maine. The newsletter is offered to any individual, business, school, church or other interested parties free of charge. It is very important that we have your full and complete address to insure that you receive each issue. The U.S. Postal Service will not forward or correct any name/address changes, nor will they deliver any mail with incorrect information. Please keep us informed of any changes by mailing the form below. Thank-You and we hope you enjoy THE SCOOP.

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GROUP/BUSINESS

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ADDRESS

CITY

STATE

ZIP

TELEPHONE (optional)

ADD NEW NAME

DELETE NAME FROM LIST

NAME/ADDRESS CORECTION

Mail Completed Form To: PWAC 377 Cumberland Ave., Portland ME 04101

The PWA Coalition of Maine Living Room North

is located at

377 Cumberland Avenue
Portland, ME 04101
(207) 773-8500

Open Hours
Monday-Friday
10:00 am - 4:00 pm

Lunch Served
Mon/Tue/Wed/Fri
11:00 am - 1:00 pm

Wednesday Night Dinner
6:00 pm

Some Extended Hours
Some Weekend Hours
Please call ahead for other hours

Special Events As Noted

Please Check The Calendar

MAILING LIST

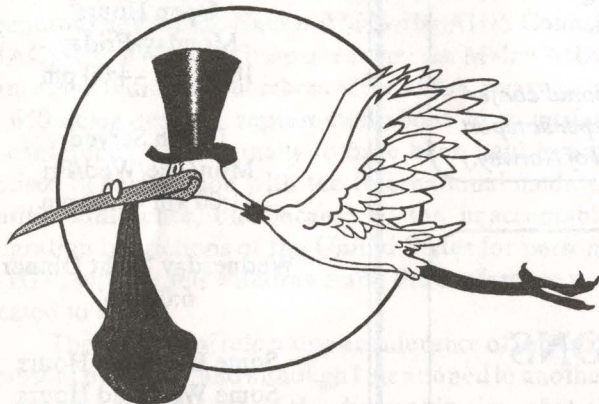
To preserve the confidentiality of those on our mailing list, our list is **NEVER** given out to any other organization. The newsletter is mailed with only the street address as the return address. We encourage anyone interested in the newsletter to join our mailing list. We appreciate your concerns to privacy and will protect those rights by not listing any reference to AIDS on the outside of any mailing.

EDITORIAL POLICY

The PWA Coalition Newsletter may report on events that are going on in the State of Maine and elsewhere, but that does not mean that we agree or participate in all of these events. We encourage all who are affected by HIV to submit articles, stories and information for publication. All articles are subject to editing and are published on a space available basis.

NEW ARRIVALS

Congradulations to
Toonsie and Hennrietta



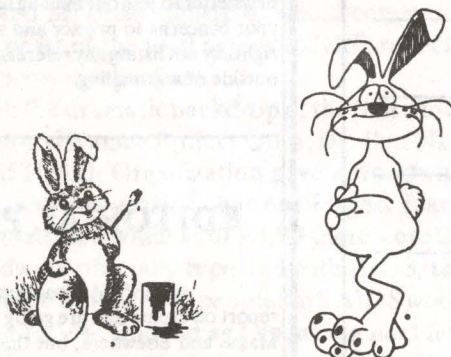
$$1 + 1 = 9$$

What do you get when you put one male rabbit....
With one female rabbit for about 30 seconds.....

9 RABBITS

JUST IN TIME FOR EASTER

FREE CUTE BABY BUNNY RABBITS



CALL RICK OR RALPH
(207) 793-8770

(continued from front cover)

HOW DO YOU DO IT ? (CONT)

people with different paths in life but people who care about each other and appreciate when a neighbor is in a tough situation. For the delicious dinners we offer a heartfelt "Thank You!" to Martin and his crew!

Fun and food are great components of a successful operation but without someone to look after the daily bookkeeping and records of our Coalition we would be lost. At first there were many more bills than there were cash and resources to meet them. But gradually, as we began to establish ourselves, grant monies, donations and fundraising began to help us make ends meet - and with this came the dreaded PAPERWORK! At first it seemed fairly simple, and I had all kinds of little pieces of paper and notes tucked here and there to help record "Accounts Receivable" and "Accounts Payable", and then one day it became very clear that my talents did not lie in that area. That was the day that Rick Brooks came through the door, took one look at this fiasco and offered to try to get us organized. "Try" does not come close to describing what he has accomplished. Our financial records are all on the computer now and Rick knows almost as much as the IRS when it comes to non-profit organizations and their ins and outs. He has spent thousands of hours pouring over manuals, calling people to get accurate information on expenses, scrutinizing the phone bill to make us accountable for our long distance calls and in general helping us enter 1991 solvent and organized. Rick is a PWA from a small rural town in Maine who has driven many miles over the past year to come to Portland and help us out (and I'm sure despite us sometimes) and I save my last Thank You for him. Thank you Rick!

I started this column with a quote from Mother Teresa and now, reflecting back it is quite apparent that these people have brought us face to face with love through their tireless efforts. What better way to celebrate Valentines month than to tell these special people how much we love them????

June Seamans

SWALLOW A PILL EASILY

Do you have trouble swallowing pills? Try placing the pill on your tongue and holding it against the roof of your mouth. Take two gulps of water in quick succession, swallowing some of the water on the first gulp, and the pill on the second.

This technique forces the epiglottis-a fleshy shelf above the vocal cords-to fold down, making pill swallowing much easier, doctors say. (reprinted from PWAC NEWSLINE)

IN MEMORY

FRED RICE

Thank You to all who have helped, visited, cared, and supported Fred.

Also a loving thank you to all of you who helped and supported me through these hard times.

David Tuoc Cao

FREE FLUCONAZOLE FOR NEEDY AND UNINSURED

The antifungal Diflucan is being made available to people in need by Pfizer, Inc. If you are uninsured, make no more than \$25,000 (single) or \$40,000 (with dependents) and have need of the drug (thrush or any other form of candidiasis, or cryptococcal meningitis, among others). Fluconazole treatment is estimated to cost approximately \$4,000 a year. For information call: (800) 869-9979 between 9 and 5 Eastern Standard Time.

(Reprinted from PWAC NEWSLINE)

SIMPLE TESTS ON THE WAY

A number of pharmaceutical companies are coming up with non-invasive tests for the AIDS antibody, eliminating needles and blood samples. Urine test and saliva tests, if approved, will extend screening in less developed countries where medical technology and labs are scarce.

NOT ONLY RYAN WHITE DESERVES SYMPATHY FOR BATTLING AIDS

(U.S. News & World Report 4/90)

Compassion need not be reserved for the innocent, writes U.S. News & World report's David Whitman, who argues that thousands of nameless men who died as pariahs deserve the sympathy that Ryan White received as he battled with AIDS.

White helped force Americans to confront their prejudices towards AIDS, Whitman writes, but, he was also particularly safe. For every teenager with AIDS in America, there are 45 IV-drug users and approximately 150 gay or bisexual men with the disease, he points out. Politicians, advocates, and the media used Ryan White, as they use other children, to make a horror publicly palatable, says Whitman. The generous compassion Americans showed White, Whitman writes, has not extended to other people with AIDS - one survey showed that one in three Americans favor tattooing HIV-positive individuals, and about one in five say they have no compassion for gay men or drug users who develop AIDS.

TELEPHONE ASSISTANCE

Anyone who receives SSI, Medicaid, Food Stamps, Energy Assistance or AFDC is eligible for New England Telephone Company's Telephone Assistance/Lifeline Service. With this program, N.E.T. subtracts \$7 from the monthly bill and provides a \$34.75 credit from any installment or change of service charge. Anyone interested in applying for Lifeline should call:

NEW ENGLAND TELEPHONE

(207) 761-1000

In-HOME AIDS TREATMENT APPROVED

(UPI 09/19/90)

Illinois officials said Wednesday that the U.S. Health Care Financing Administration has approved a program that would allow some AIDS patients to receive care at home rather than in a nursing home or hospital. The program applies to 500 low-income patients who are eligible. A physician must approve the home care, which cannot cost more than comparable care in a hospital or nursing home. The state Department of Public Aid and the federal government will split the cost of the Home Services Program, which should save taxpayers \$800,000 a year.

HIV POSITIVE ?

You may have tested positive to the HIV virus.....but you are not alone.

There are an estimated 1.5 million people who are HIV positive in the United States.

CONDOMS & STD BROCHURE

(American Medical Journal 9/12/90)

The Food and Drug Administration's Center for Devices and Radiological Health has developed "Condoms and Sexually Transmitted Diseases...Especially AIDS," a brochure designed to provide information on HIV and other STDs to high-risk persons. The guide stresses the importance of condom use and explains how to choose between brands, store condoms, and use them correctly. The booklet gives important facts about STD prevention, spermicides, and lubricants. Physicians and educators can receive up to 100 copies free from the National AIDS Information Clearinghouse at (800) 458-5231.

FOOD PANTRY NEWS

"1991"

BY: DAVID CHARITY



Here we are into a new year leaving an old one behind us. We are now a fully operational food pantry starting the year off with a big boost.

This year we are the proud recipients of a Fema Grant from The United Way. We are now able to purchase a new deep freezer (which will be coming soon) and hopefully stock the freezer with good nutritional meals.

Honorable mention goes to Father Sam Henderson who has allowed us to become mobile enough to shop at other food banks and keep our shelves stocked. His great concern for PWA's has shown us his compassion for our human race.

Father Brad Clark and his lovely assistant, Jan, along with their parish, brought our christmas dreams to a height of surprise and great joy. It was love and warmth I have never seen in my life of some 30 years. The wonderful gifts and boxes full of food were

outstanding and appreciated by us all. And then to send us Father Henderson, was a blessing by itself.

So now that January has come to an end, and a war in progress in the middle east, remember we are here for those in need during the hard winter months ahead. Please be patient with our reorganizing to help us become more efficient, so we can meet your needs better and quicker as our pantry keeps growing. The rest of the year should be wonderful for our food pantry. For those of you who have been away for some time, come in and see the great changes that have happened over the last few months. All of these improvements are from hard work and dedication to be given back to you.

Thanks to The Childrens Orchard, The Salvation Army, The United Way, St. Lukes Episcopal Church, The AIDS Project, and all the other special people who helped make our holidays and our food bank a great success.

If anyone has questions about our food pantry, or if you are interested in helping or donating food please contact:

DAVID CHARITY
at
(207) 773-8500

MOM's

BY: DAVID CHARITY

We were blessed by many people in 1990 and as we start the new year off we now have a great list of volunteers to help us get off to a exciting start. Our list of volunteers has grown in a positive way to help us meet our growing needs.

Some of the greatest people in the world are our "mom's" who drop by to see how "their children" are doing.

Our silver haired wonder, Joanne Miller, gives us alot of support. She keeps the wheels going by providing us with our transportation needs, she drops by to spread some good news or a cheery thought, and she drops by to give us a warm hug just when we need it the most. Our love for her has grown in abundance.

Cindy Bouman is another great wonder who drops in with gifts of love and support, with boxes of donations to our food and clothing pantries, with donations to add to our space and our library, and stops by to help distribute parts of our collections to our flock of needy. Her warm smile and loving personality has been a boost to us all. We will miss her everyday help, but hopefully not her surprise visits.

Beth Calhoun, well she's our organic mother. Her dedication to our tuesday lunches, with her salads in hand, her stuffed celery and homemade butter, brings a smile to us all.

Linda Balaski, a woman of great strength, endurance, and shoulders to withstand almost anything, is a woman to be admired. To stand by her son, in the good and the bad, and still make time to drop by The Space to join us for our Wednesday night dinners. She always brings something from home to share with someone, but she also brings us something from her heart with great love to make us all happy.

Of course we have Mary Anne. Thanks to her husband and family, she joins us to share her cooking skills, and great talent at taking care of dishes and clean up duties as well. Her wonderful laughter and unshockable mentality makes her a kitchen delight. Without her our Wednesday night dinners would never be the same.

(continued on next page)

MOM's

(continued)

Arlene Delaware, our goddess of baked goods, of course she is a big hit with everyone. She works hard at a bakery all day long and still takes time to make something extra special for us while she is at it. It sure makes us a lot healthier in the waistline. Both we and our waistlines applaud you for your efforts and dedication.

Then we have Louisa, our lady of quick wit and wonderful smile. To our delight she also has a station wagon capable of making it to Boston and back (god had to have been with us on that trip). It has been a pleasure to meet and know Louisa, and we thank you for all your support. (May your car rest in peace).

To ALL of these fine ladies our hats go off to you with much deserved love. Thank you for a job well done, and for all your hard work, dedication and support.

Thanks also go out to all our other "mom's" who come by to see us, lend us an ear, come by to listen and cheer us up, and bring by batches of great baked goodies. To all of you who have become "buddies", to all of you who just care. Thank-you to all the mom's of PWA's and to the mom's who just care. God bless you all, because without you, most of us would not have the strength and courage to go on alone. Thanks for your love, compassion, understanding, and most of all just for being there for us when we need you the most. Always.

Sincerely,
David Charity

WHEN YOU SEE SOMEONE
WITHOUT A SMILE.....
GIVE THEM ONE OF YOURS !

The following article is a copy of a letter sent to the Editor of the Bangor Daily News.

My name is Theresa C. Dannemiller and I reside in Bangor, Maine. Both my husband and I are on dissability. On December 15, 1990 Tim and I became husband and wife.

We were told by the Social Security Administration that my SSI benefit level will be reduced from \$417.00 per month to \$79.50 per month (a \$337.50 per month cut), and that my husband's benefit level would stay the same. They told us that married people need less money to live on ??..

Our argument with Social Security is that we were told by an SSI worker that we could live together "in the same household" and keep our same benefits. But, we could not be married, as married people need less money to live on than non-married people who live together !!??

To me this is "Discrimination" against disabled people who would like to be married. We choose to be married because we love each other and want to spend the rest of our lives together morally and legally.

We have been told by many people in the system that we should get a "divorce" and just live together. This is something we feel isn't right. We should be able to live, love and be married without being punished because of a law that should work for the "disabled" and not for the system.

Yes I am married, but I am also disabled and I still have bills to pay. When two people get married, they bring into the marriage both of their bills, and not just one persons. I don't see how the Social Security Administration can say that two people who live together need more money than two people who live together and are married...???

I feel that this is not right and that the "LAWS" need to be changed. If one person needs \$417.00 per month to live on, how can three (3) people live on \$600.00 ?

If anyone who reads this is interested, or if anyone else is having this kind of trouble with Social Security, please write a letter to your U.S. Senators and also write a letter to:

Dr. Anthony Flemming
S.S.I. Modernization Panel
C/O Pete Spencer
Social Security Administration
6401 Security Boulevard
Baltimore, Maryland 21235

Please be sure to say that you want a copy of your letter to be given to each of the panel members. We (my husband and I) would like to see that this doesn't happen to anyone else in the system that deserves the little money they do receive from SSI and also want to get married.

Theresa C. and Timothy Dannemiller
4 Jefferson St. Bangor ME 04401

AMERICANS FLUNK THE NEW KINSEY SEX TEST

Most Americans flunked a recent Kinsey Institute test on sexual knowledge, which featured several questions on AIDS.

Of the nearly 2,000 people who took the 18-question exam, only five received a grade of A, while 82 percent failed or received a D.

The results of the "sexual literacy" survey are published in the recently-released "Kinsey Institute New Report of Sex," by June Reinisch, director of the Kinsey Institute. The Roper Organization conducted the survey last year in face-to-face interviews with 1,974 adults who are identified as being "statistically representative" of various demographic groups by sex, age, religious affiliation, race, income and region of the country.

Half of the respondents said they believe a person can get AIDS by having anal intercourse even if neither partner is infected with HIV, the virus that can cause AIDS. Reinisch says this belief "may be rooted in the taboo about anal sex, bias against homosexuality, and the belief that sexually transmitted diseases are the inevitable consequence of engaging in 'bad' sexual behavior."

Only five percent correctly answered a question regarding the ability of spermicides to kill HIV, so the Kinsey Institute disqualified the question, belief that it may have been phrased in a misleading manner.

Half of the respondents were knowledgeable about another safer sex condom complement - answering "true" to the statement that "petroleum jelly, Vaseline Intensive Care, baby oil, and Nivea are **not** good lubricants to use with a condom or diaphragm." Oil-based lubricants, such as these, can create holes in condoms which are large enough for HIV organisms carrying other sexually transmitted diseases, and sperm to pass through. Only water based lubricants should be use with latex condoms.

The Kinsey Institute/Roper Organization National Sex Knowledge Test

- Nowadays, what do you think is the age at which the *average* or *typical* American first has sexual intercourse?
a. 11 e. 15 i. 19
b. 12 f. 16 j. 20
c. 13 g. 17 k. 21 or older
d. 14 h. 18 l. don't know
- Out of every ten married American men, how many would you estimate have had an extramarital affair - that is, have been sexually unfaithful to their wives?
a. Less than one out of ten
b. One out of ten (10%)
c. Two out of ten (20%)
d. Three out of ten (30%)
e. Four out of ten (40%)
f. Five out of ten (50%)
g. Six out of ten (60%)
h. Seven out of ten (70%)
i. Eight out of ten (80%)
j. Nine out of ten (90%)
k. More than nine out of ten
l. Don't know
- Out of every ten American women, how many would you estimate have had anal (rectal) intercourse?
a. Less than one out of ten
b. One out of ten (10%)
c. Two out of ten (20%)
d. Three out of ten (30%)
e. Four out of ten (40%)
f. Five out of ten (50%)
g. Six out of ten (60%)
h. Seven out of ten (70%)
i. Eight out of ten (80%)
j. Nine out of ten (90%)
k. More than nine out of ten
l. Don't know
- A person can get AIDS by having anal (rectal) intercourse even if neither partner is infected with the AIDS virus?
True False Don't know
- There are over-the-counter spermicides people can buy at the drugstore that will kill the AIDS virus?
True False Don't know
- Petroleum jelly, Vaseline Intensive Care, baby oil, and Nivea are not good lubricants to use with a condom or diaphragm?
True False Don't know
- More than one out of four (25%) of American men have had a sexual experience with another male during either their teens or adults years?
True False Don't know
- It is usually difficult to tell whether people are or are not homosexual just by their appearance or gestures?
True False Don't know
- A women can get pregnant during her menstrual flow (her "period")?
True False Don't know
- A women or teenage girl can get pregnant even if the man withdraws his penis before he ejaculates (before he "comes")?
True False Don't know
- Unless they are having sex, women do not need to have regular gynecological examinations?
True False Don't know
- Teenage boys should examine their testicles ("balls") regularly just as women self-examine breasts for lumps?
True False Don't know
- Problems with erection are most often started by a physical problem?
True False Don't know
- Almost all erection problems can be successfully treated?
True False Don't know
- Menopause, or change of life as it is often called, does not cause most women to lose interest in having sex?
True False Don't know
- Out of every ten American women, how many would you estimate have masturbated either as children or after they were grown up?
a. Less than one out of ten
b. One out of ten (10%)
c. Two out of ten (20%)
d. Three out of ten (30%)
e. Four out of ten (40%)
f. Five out of ten (50%)
g. Six out of ten (60%)
h. Seven out of ten (70%)
i. Eight out of ten (80%)
j. Nine out of ten (90%)
k. More than nine out of ten
l. Don't know
- What do you think is the length of the average man's erect penis?
a. 2 inches g. 8 inches
b. 3 inches h. 9 inches
c. 4 inches i. 10 inches
d. 5 inches j. 11 inches
e. 6 inches k. 12 inches
f. 7 inches l. Don't know
- Most women prefer a sexual partner with a larger-than-average penis?
True False Don't know

Please Note: Answers to the test will be published in next months issue. This gives you time to think about the test and fill in the form. You can compare your answers to the results next month. It also means you cannot flip to the back for the answers to fill out the form (NO CHEATING). See you next month.

PRESCRIPTIONS



"Are there any side effects to these pills apart from bankruptcy?"

SONGS FROM THE HEART

"I Love Myself"

I love myself
The way I am
There's nothing I need to change
I'll always be
The perfect me
There's nothing to rearrange
I'm beautiful,
I'm capable
Of being the best me I can,
And I love myself
Just the way I am!

I love you just
The way you are
There's nothing you need to do
When I feel the love
Inside myself
It's easy to love you
Behind your fears,
Your rage, your tears
I see your shining star.
And I love you
Just the way you are !

I love the world
The way it is
Cause I can clearly see
That all the things
I judge are done
By people just like me
So til the birth
Of "peace on earth"
That only Love can bring
I'll help it grow
By loving everything

I love myself
The way I am
And still I want to grow.
But change outside
Could only come
When deep inside I know
I'm beautiful,
I'm capable
Of being the best me I can
And I love myself
Just the way I am !

NAMES PROJECT/MAINE AIDS MEMORIAL QUILT

BY: DEBB FREEDMAN

It's always time to celebrate the human heart and it's capacity for loving. People are drawn together in search of love and then learn to find it within themselves. The Names Project is that outward focus for the search and we in turn reflect it back.

Two years ago Jin Neil, owner of Drop Me A Line Card Shop (across from the Sonesta Hotel), designed a poster for the quilt display at the expo. He painted swirls of color rotating around it. He did the same design for us during the display at USM on a 12'x12' piece of muslin which was put on the floor on which impromptu comments were written. It has now become our symbol.

The world needs each one of us to find our hearts.

This one is mine - What does yours look like?

Warmly,
Debb Freedman
Names Project/Maine
P.O.Box 4319
Portland, ME 04101



AIDS Medicines in Development

Drugs and Vaccines

*Presented by the Pharmaceutical Manufacturers Association, Spring 1990 Report
In Cooperation with the American Foundation for AIDS Research
and the Food and Drug Administration*

1 New Therapy Approved; 77 Medicines, Combination Therapies in Testing

Since last winter, the number of medicines and combination therapies in development for AIDS and related disorders has risen to 77 from 71, according to the latest survey by the Pharmaceutical Manufacturers Association. These 77 research projects involve 62 medicines and vaccines being developed by 40 companies.

Zovirax, by Burroughs Wellcome, has received marketing approval from the Food and Drug Administration for the treatment of herpes zoster/simplex, a common opportunistic viral infection in AIDS patients. Zovirax brings the total number of approved medicines for AIDS patients to 11. In addition, Retrovir (AZT)—also by Burroughs Wellcome and the only approved drug to treat ARC and AIDS itself—has been granted FDA approval for treating HIV-positive asymptomatic and symptomatic pediatric and adult patients.

Investigation continues into the use of combination therapy for the treatment of AIDS and its related illnesses. There are now 24 combination drug trials listed on our survey, including 18 with Retrovir—a doubling of both in the past year and a half.

Opportunistic infections (OIs), which account for up to 90 percent of AIDS-related deaths, are a top priority for the research based pharmaceutical industry, according to

survey results. Of the 10 medicines added to the survey this period, 8 are being tested for the prevention or treatment of various OIs. The continuing search for new and improved OI therapies is focusing on three important objectives: lowering toxicity; increasing convenience through the development of alternatives to intravenous administration; and overcoming infectious organisms' resistance to standard therapy.

Our survey's findings also include the following:

- **Antivirals.** In development are 27 antivirals; 8 are combinations of drugs—twice as many as last winter. The medicines added to this category since our last survey are: FIAU by Oclassen Pharmaceutical in testing for HIV, ARC, AIDS, and herpes group virus infections; foscarnet sodium by Astra Pharmaceutical for CMV retinitis; and MSL-109 by Sandoz for CMV infections and AIDS.

- **Cytokines.** In testing are 16 cytokines; 11 are combination trials. The two medicines added to this category are: alpha interferon (low dose oral) by Interferon Sciences for ARC, and Proleukin with Retrovir by Cetus for ARC and AIDS.

- **Immunomodulators.** Being tested are 10 immunomodulators; 2 are combinations.

- **Anti-infectives.** In development are 19 anti-infectives including 3

combination trials. The 5 additions to this category are: ABCD by Liposome Technology for the prevention of PCP (*Pneumocystis carinii pneumonia*); Septra by Burroughs Wellcome, also for PCP prophylaxis; ABCL by Liposome Company for treatment of cryptococcal meningitis and TLC-G-65 for MAI, a bacterial infection; and SCH39304/42427 by Schering-Plough for treatment in neutropenic sepsis.

- **Vaccines.** There are now 2 vaccines in human clinical trials by 2 companies.

- **Other.** In development are 3 medicines for other AIDS-related problems, such as anorexia, cachexia and diarrhea.

One application has been submitted to the FDA, and there are now 14 medicines, or combinations of them, on Phase III clinical trials, 5 more than last winter.

The progress in developing new AIDS medicines, as shown in these survey results, underscores the need for a fair, efficient, and scientifically credible approval process to make safe and effective drugs available to treat patients in the shortest possible time. To achieve this objective, the pharmaceutical industry must submit an adequate body of data, and the FDA must take responsibility for positive decisions, without requiring data which are peripheral to the decision process. □

February 1991

PWA COALITION OF MAINE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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3  QUILT WORK-SHOP	4 5:15 PM Significant Others Support Group	5 8:00 PM POSITIVLY SOBER AA MEETING	6 6:00 PM DINNER 7:00 PM EXECUTIVE BOARD OF DIRECTORS MEETING	7	8	9
10 6:30 PM BRIDGES CHOIR REHEARSAL 	11 5:15 PM Significant Others Support Group	12 8:00 PM POSITIVLY SOBER AA MEETING	13 6:00 PM VALENTINE DINER 9:00 PM NEWS PAPER ARTICLE DEADLINE	14	15	16
17  QUILT WORK-SHOP	18 5:15 PM Significant Others Support Group	19 8:00 PM POSITIVLY SOBER AA MEETING	20 6:00 PM DINNER 7:00 PM BOARD OF DIRECTORS MEETING	21	22	23
24 COMEDY CAN CAN LIMELIGHT	25 5:15 PM Significant Others Support Group	26 8:00 PM POSITIVLY SOBER AA MEETING	27 6:00 PM DINNER	28		

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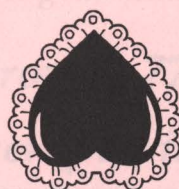
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In Cooperation with the American Foundation for AIDS Research
and the Food and Drug Administration

1 New Therapy Approaches Medicines,
Combination Therapy Testing



377 CUMBERLAND AVENUE
PORTLAND, ME 04101

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