

# The Aids Project Newsletter

48 Deering Street  
Portland, Maine 04101

Subscription - \$10.00 per year  
Editor - David Ketchum

The Aids Line: 1-800-851-AIDS  
or  
775-1267

DECEMBER 1987

## EDITORIAL

It was called "The Names Project". It was on the idea of a patchwork quilt. Each "patch" was 3' by 6' in size. There were 1,920 of these "patches" covering the size of two football fields. Each "patch" had the name of a person who has died of AIDS on it. Each "patch" was made by a family member, a lover, or a friend. Each one was a truly loving memorial to the life of that person. The "patches" came from all over the nation and were assembled in San Francisco by a magnificent group of devoted volunteers. When assembled, the "patches" became the most loving and powerful Memorial to all those who have died of AIDS.

It was Sunday, October 11, 1987 in Washington, D.C. The Names Project was one of many events surrounding the March On Washington For Lesbian And Gay Rights. As the quilt was being unfolded on the Mall, each name was announced in roll call fashion. Some names were announced by the families, friends, and lovers of the deceased. It was heart-wrenching!

Each "patch" was as individual as the person it depicted. There was one "patch", however, that will be etched in my mind forever. It was fashioned out of a simple white bedsheet containing the following message:

"I HAVE DECORATED THIS BANNER TO HONOR MY BROTHER. OUR PARENTS DID NOT WANT HIS NAME USED PUBLICLY. THE OMISSION OF HIS NAME REPRESENTS THE FEAR OF OPPRESSION THAT AIDS VICTIMS AND THEIR FAMILIES FEEL."

When someone asks me why I Marched On Washington, that "patch" says it all! The day will come when that man can identify the name of his brother with pride. As the phrase goes: "We've come a long way baby!" ----But we've certainly got a long way to go! After the laughter, the tears, and the love, I left Washington feeling tremendously proud of myself. Proud of who I am. Proud of what I am. Proud of where I have been. Proud of where I am going. I do not stand alone.

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## THE NATIONAL TOUR

Beginning in the spring of 1988, The Names Project Quilt will tour nationally. Underwritten by corporate and foundation grants, the tour will focus attention and resources on direct services to people with AIDS. As the largest community arts project in the nation, the quilt can become a powerful fundraising mechanism and educational tool in cities hardest hit by the epidemic. Funds generated by the tour will remain in the host cities to improve services and care to People with AIDS and their loved ones.

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## STATISTICS

As of November 23, 1987, there have been 63 diagnosed cases of AIDS in Maine. Of the total 63 cases, 30 have died. People who have tested positive with the AIDS virus is now at 225. National Data as of November 2, 1987: diagnosed cases of AIDS 44,757. Deaths 25,644.



## STATE-OF-THE-ART CHEMOTHERAPIES FOR THE TREATMENT OF AIDS

by R. C. Morse

While a cure for AIDS is still in the distance, an incredible amount of real medical progress has been made in just a few years. Many PWAs complain enough isn't being done fast enough. Charges are made against the government, its agencies, and drug manufacturers that bureaucracy is holding up development.

The purpose of this series of articles is not to focus on the politics of AIDS, but more importantly on state-of-the-art chemotherapies for its treatment: what the drugs are, who is developing them, where they're being tested and how, results from preliminary trials, as well as some of the theoretical constructs of how they seem to work and why.

While it is frustrating that trials take so long to offer positive results, several points must be kept in mind. The U.S. Food & Drug Administration (FDA) three-stage drug approval process has been speeded up for AZT, and will likely follow suit for other promising new AIDS drugs. The three-stage process is used to determine if a new drug is safe and effective in human beings, if it actually works the way its supposed to, and how a regimen should be developed.

The three-stage process normally takes several years to complete, though for AIDS research the FDA has speeded up the process. Initially, trials are done "in vivo", in test tubes, on cells, and then in animals. If these preclinical experiments prove encouraging, the researcher then draws up a protocol for trials "in vitro" in humans. This protocol contains the reasons for testing in humans, the levels the drug will be administered to determine toxicity levels, and what the expected results are. The protocol is then submitted to the FDA, and if approved, the researcher responsible is granted an Investigational New Drug (IND) status to begin human trials.

In phase one, a small sample of perhaps a few dozen individuals are tested. The drug's side effects and toxicity are measured over a period of several months. Phase one testing is not usually double blind, but sometimes it is. In a double blind test, about half of the individuals are given the drug, the rest a placebo.

Phase two is larger and lasts longer. Sometimes a phase two trial involves hundreds of individuals, sometimes scattered at various medical facilities throughout the country, and sometimes last for up to six months. Phase two is usually administered in a double blind mode, and its distinctive purpose is to measure the drug's efficacy, if it works and how well. Technically, there is a phase three, which is even larger and lasts even longer, the purpose of which is to determine cumulative and chronic side effects and toxicity over a period of time, as well as to determine optimum dosage levels.

Normally after this process is completed, a drug manufacturer applies to the FDA for a New Drug Application (NDA). The NDA is actually a license from the government to the manufacturer to produce and distribute the drug to the public. A point to keep in mind, however, is that for a disease such as AIDS, the FDA has speeded up the process after phase one, even though full data on toxicity or efficacy may not have been fully determined. Such was the case with AZT, and such will be the case with several other new drugs (such as Naltrexone) to be administered on a "compassionate use" basis, even though they haven't yet been fully approved.

### Prophylactics, Antivirals and Immune System Modulators

For the rest of this year and into next year, AIDS researchers are paying particular attention to three primary areas: prophylactics, antivirals, and immune system modulators or boosters. Several phase one trials have ended or nearly ended, and several phase two trials have or will begin this year. By next year, a number of new studies will have begun. Over the next few months, several studies will be examined, some of which have already started, and some of those just getting off the ground.

A prophylactic is a form of protection. In its commonest usage, it refers to a condom. In AIDS, it refers to chemotherapeutic protection from recurring opportunistic infections (such as PCP or CMV) which affect PWAs. Some antivirals can be used as prophylactics, although they are generally administered when the infection has already developed. Immune system modulators are drugs that help the immune system rebuild itself. This class of drugs is still in an early stage of development, since most research has focused on prophylactics and antivirals until recently.



While a medical approach to the condition of AIDS is one approach, certainly holistic approaches are equally as valuable and perhaps as efficacious. We do keep hearing about PWAs who have survived 5.7, even 10 years since diagnosis. However, if your primary approach is holistic, you should know about what medical progress is being made and what is about to come. This series of articles will focus specifically on AZT, Acyclovir, Ampligen, DDE, Naltrexone, and Pentamidine.

#### AZT

AZT, or Zidovudine, or Retrovir, the brand name under which it is currently marketed, was developed by Burroughs Wellcome Co. of Research Triangle Park, N.C. This is a subsidiary of a British medical foundation founded in 1880 by two American pharmacists. The foundation has made its reputation through the research and development of antibacterials, antivirals, analgesics, cardiovascular, and other drugs.

AZT was synthesized in the 1960's by Dr. Jerome Horowitz of the Michigan Cancer Foundation as a potential anti-cancer drug, but it failed in that application. Burroughs Wellcome, which has applied for patent cover, brought the drug back to the surface in 1984, when it was tested as an antiviral for HIV. AZT acts as a "chain terminator", prohibiting the AIDS virus from reproducing itself, thus halting spread of the infection to other susceptible cells. In 1984 and early 1985, AZT was tested successfully against HIV infection in laboratories at the FDA, National Cancer Institute and Duke University.

AZT appears to exert its antiviral activity by interfering with the synthesis of HIV proviral DNA in white T-cells infected with the HIV virus. By disrupting the creation of viral DNA so that the HIV virus can't reproduce itself, spread of the infection to other susceptible cells is halted.

The phase one human trial was conducted from July to December 1985 on 19 HIV/ARC/AIDS individuals to determine a safe dosage range. Results of this phase were encouraging enough to proceed to phase two in February 1986 to determine its effectiveness. Phase two involved 281 individuals with severe ARC and full-blown AIDS participating through 12 medical centers across the country. Most of those involved were diagnosed with pneumocystis carini pneumonia (PCP), which represents the majority of AIDS cases. Not only did AZT reduce the risk of mortality in these subjects (without an antiviral, the prognosis for PCP is 18-24 months), it also significantly reduced the risk of acquiring opportunistic infections associated with AIDS.

But not without side effects. AZT therapy is often associated with bone marrow suppression and reduction in red and white blood cell counts that may require dose reduction, discontinuation, or transfusions. Other more tolerable side effects (from the phase two study) include nausea in 46%, headaches in 42%, GI pain in 20%, skin rash in 17%, and others. Long-term effects are simply not known at this time.

In September 1986, the double blind trial was halted as it became evident that despite its side effects, AZT was effective. Those individuals previously given a placebo were switched to AZT. The FDA granted Burroughs Wellcome an exemption for use of AZT for any PWA diagnosed with PCP. Between October 1986 and March 1987, some 5,000 individuals in 47 states were provided with AZT at no cost.

On March 19th, the FDA approved the drug for commercial distribution to all people diagnosed with advanced ARC or AIDS/PCP. The cost for a full year's treatment is estimated at about \$10,000. This year trials will begin for those testing HIV+, for children with AIDS, and for PWAs with Kaposi's Sarcoma (KS). The company expects to have drug supplies to meet the needs of 35,000 people in the U.S. and 15,000 in 17 other countries by the end of this year.

With use of AZT spreading, attention is now starting to focus on development of its use in combination with other drugs to diminish its toxic effects. Several approaches are being pursued. What will follow in the next few issues are synopses of various such trials with as much information provided as is available.

State-Of-The-Art Chemotherapies For The Treatment Of Aids by  
R.C. Morse is reprinted with permission from the PWA Coalition  
Newsline of New York City. Continuing next month will be R.C.  
Morse's articles on Acyclovir and Ampligen.



## DIRECTLY SPEAKING

by  
Gary L. Anderson

The AIDS Project is growing. Just six months ago I was the only staff person working in the agency. Due to some grants that have come through since then, and due to some dedicated volunteers, that number has grown. I'd like to introduce you to these new additions.

--Peggy Veroneau, Health Educator Consultant, came aboard in June. She works 15 hours weekly and is in great demand. She has worked for Family Planning in the past and is now working on a nursing degree. Aside from her work as an educator, Peggy has also been active in the AIDS Lodging House project.

--Lucy Marbach, Client Services Coordinator, was hired in August. She works full-time with the people with AIDS and ARC. Lucy did similar work for the City of Portland before joining us. She, too, has worked on the AIDS Lodging House project.

--Celeste Gosselin, AIDS-Line Coordinator, is a volunteer who is overseeing our oldest program. She hails from New Hampshire and helped organize a hot-line in that state. She currently supervises a staff of 20 or more volunteer operators.

--Fred Berger, AIDS-Line Staff, started at the end of September. He answers the AIDS-Line during the day from 9 a.m. to 3 p.m. M-F. Fred was an original founder of the AIDS Project and is past President of the Board of Directors.

--Eunice Cox, Volunteer Coordinator, is herself a volunteer. Her role is to respond to requests from people who want to be volunteers and to assist staff in finding volunteers for specific projects. Currently she has over 70 volunteers in her files, and the numbers are growing.

--Cindy Bouman, Pastoral Care Project Coordinator, is very active in AIDS efforts on several fronts. As PCPC, she has organized training for clergy in Skowhegan, assisted in programs in Lewiston and Portland, and is working on programs for Rockland and Houlton.

It is a great pleasure to have all of these talented people working at the AIDS Project.

## ON THE LIGHTER SIDE

"Oh, Oscar ... another night out with the boys!"



Cartoon by Michael Willhoite from his book of cartoons "Now For My Next Trick" - Available from Alyson Publications, Inc. - 40 Plympton Street - Boston, Mass. 02118



"I was forced to steal, your Honor. Santa didn't bring me what I wanted."

# SAFER SEX

## CAN BE SENSUOUS!



## EDITOR'S NOTE

We applaud the Maine Department of Human Services, Bureau of Health and Rona "Peaches" Bass for offering to submit a monthly article to The Aids Project Newsletter covering Aids and Aids related issues.

### A MESSAGE FROM THE OFFICE ON AIDS (Maine Department of Human Services, Bureau of Health)

(This month's column was written by Francia Davis, Compliance Officer for the Maine Human Rights Commission.)

AIDS has become a civil rights issue. The fear of contagion, the numbers of deaths, and the lack of education has taken AIDS out of a strictly medical setting and catapulted it into the courts. The battles fought in the courtrooms involve violations of the individual rights of persons associated with AIDS--violations involving state and federal discrimination laws.

The Maine Human Rights Act has strong comprehensive coverage and protection for people based on physical handicap. Since the Commission issued its policy statement last year stating that AIDS is a physical handicap under the law, the Commission has participated in numerous seminars and educational workshops for employers to inform people about their responsibilities under the law. Our office has opened four AIDS-based discrimination complaints:

1. A man was terminated from his job when his employer learned that he was HIV antibody positive. The case was settled early in the investigation for a sizeable monetary amount. The Complainant was not interested in re-employment.

2. The Commission filed a complaint against a large nation-wide employer doing business in Maine. The employer had informed all of its employees that as of a specific date, all AIDS-based claims filed under its insurance plan would be rejected. The matter was settled early in the investigation to the mutual satisfaction of the Commission, the individual who brought the matter to the Commission's attention, and the Company.

3. A man filed a complaint against his employer after he was fired alleging that his employer thought he was in a risk group associated with AIDS. He amended his complaint to include retaliation when he discovered that prospective employers had been told that he had filed a complaint with the Commission. The agency issued a two-part determination--no discrimination on the AIDS-related issue, but discrimination had occurred involving retaliation. The retaliation portion of the complaint is currently in settlement discussion.

4. A man was fired by his employer when the employer learned he was HIV antibody positive. The case is presently under investigation.

Unlawful discrimination against people associated with AIDS is becoming commonplace. People across the country are losing their jobs, their homes, family and friends, credit, insurance, the basic comforts, and more.

If you believe that you have been treated illegally in employment, housing, access to public accommodations, or in education because of AIDS, call the Commission at 289-2326. Unless and until you decide to file a complaint, all information will be kept confidential.

## 43 new AIDS cases reported in Japan

Associated Press

TOKYO - The number of known AIDS carriers in Japan rose by 43 in the last three months, to 298 by the end of August, officials said.

The new cases include a man who contracted AIDS after sexual

contact with a prostitute, the Kyodo News Service quoted Health and Welfare Ministry officials as saying Friday.

Most previously confirmed carriers were homosexuals or hemophiliacs who got the virus through contaminated blood products.

## Liz asks for AIDS spending

WASHINGTON (AP) - Her diamonds flashing under the television lights in a crowded House hearing room, actress Elizabeth Taylor made a pitch for more AIDS spending that was nearly overshadowed by requests for help from her.

Members of the House Energy and Commerce subcommittee on

health were in the unaccustomed role Tuesday of seeking assistance from their glamorous guest, asking her to use her influence on everyone from Ronald Reagan to network executives.

Miss Taylor, national chairman of the American Foundation for AIDS research, was eager to oblige.



## FUNDRAISERS

Several very important fundraisers have taken place recently and one soon will occur. Coming up is the benefit performance on Dec. 6 of "Brecht on Brecht" by the Mad Horse Theatre in Portland. For tickets and information, call Fred at 774-6877.

Already come and gone are:

--"As Is" performed by the Student Theatre Ensemble of USM. \$1 from each ticket sold goes to AIDS efforts, 75 cents going to our AZT Support Fund, 25 cents going to the AIDS Action Council in Washington (who lobby for increased Federal spending on AIDS). Many thanks to Mark Toucher and his cast and crew for their important contribution.

--"Visual AIDS Services and Art Auction" occurred Nov. 20-21 in Portland. This second annual event raised over \$29,000 for AIDS related efforts in Maine, specifically for the payment of AZT for those who can't afford it. Many thanks to all the artists involved and to all of those who donated services. Super thanks to Kim Burch, Jane Burke, Steve Gorman, and F.R. Vance 87 who organised this successful event.

--"Akari Against AIDS" was a cut-a-thon put on by Akari hair salon in Portland on Nov. 23rd. Funds raised in this novel event amounted to just over \$4000, all of which will be used for paying for the cost of AZT. Many thanks to all of the staff at Akari, and a most special thanks to owner Alan Lapos.

Of course, none of these events would be successful without the support from the public. People do care, and it is gratifying to see just how much. Thanks to all of you whose participation made these events so successful.

THANKS BLUE CROSS/BLUE SHIELD

To all of the employees who donated food, clothing, gifts, tickets, etc. for Thanksgiving baskets for our clients. Thanks, Thanks, Thanks.

## "THIEF OF TIME" PROCEEDS TO BENEFIT AZT SUPPORT FUND

Recording and performing artist Arne Hanson of Portland has made several hundred copies of his first album "Thief of Time" available to the AIDS Project. Sales from the vinyl lp and the cassette tape will be donated to the AZT Support Fund.

The AZT Support Fund was created to assist those Maine people who cannot singly afford the cost of this drug. Inability to pay can result from being underinsured (e.g. if a person has a group insurance plan, such a plan usually pays for 80% of the cost for a drug, but not 100%; making up the 20% difference on a drug that costs over \$800 per month isn't possible for most people). Or inability to pay can result from being uninsured and not Medicaid eligible, at which point a person would need the full \$800 per month for the cost of AZT.

The AZT Support Fund allows the AIDS Project to assist people in need. Since the cost is so high and since the demand for assistance is growing, Arne Hanson's gift is very timely and important. But his gift will only work if you purchase it from us.

"Thief of Time" is a record of music that is lyrical and ageless. It is a pop-rock sound that borders at times on jazz, music which can be enjoyed by almost everyone. For your copy, send your tax deductible donation today using the form below. And thank you for your support.

Yes, please send me \_\_\_\_\_ copies of  
"Thief of Time" by Arne Hanson.  
I prefer (check one) \_\_\_\_\_LP \_\_\_\_\_Tape  
I enclose a minimum of \$12 per copy  
(\$10 which goes to the AZT Support  
Fund, \$2 for shipping and handling)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/City: \_\_\_\_\_ Zip \_\_\_\_\_

Amount enclosed: \_\_\_\_\_

Make checks payable to the AIDS  
Project, and send your order to  
48 Deering St., Portland, ME 04101

CONDOMS ARE EFFECTIVE!



## CALENDAR

- DEC. 6 - The Mad Horse Theatre Company will present a special benefit performance for The Aids Project of "Brecht On Brecht" (A retrospective of the plays and poems of Bertolt Brecht with music by Kurt Weill and Hans Eisler) - at Theater of Fantasy - 50 Danforth St. - Portland - 8:00 p.m. - Tickets available in advance from The Aids Project (call 774-6877) or at the door on the night of Dec. 6. If you would like to sponsor a Person With Aids, you can buy a ticket and donate it to The Aids Project to be given to a PWA.
- JAN.15-17-Conference On Aids Ministry - Westin Oaks Galleria Hotel - Houston Texas - Designed by gay/lesbian people specifically for the gay/lesbian community - Sponsored by Samaritan College and The UFMCC Board of Elders - Call 1-800-642-4386 for further information.
- JAN. 23 - The Merrymeeting Aids Support Services group will be conducting a "Buddy" training session - 9:00 am to 5:00 pm - location to be announced - call 729-8727 for further information.
- MAR.21-22-Interfaith Conference on AIDS and ARC - for detailed information contact: AIDS/ARC Conference Proceedings - c/o Shanti Project - 525 Howard Street - San Francisco, California 94105.
- SPRING - Aids Prevention Education Conference Follow-Up - Maine Medical  
1988 Center - call 871-2131 for further information.
- JUL.20-26-The Second International Lesbian and Gay Health Conference and AIDS Forum - Call For Participation - Boston Park Plaza Hotel and Towers - To submit a proposal and for registration information contact NLGHF/AAPHR Programming Committee - P.O. Box 65472 - Washington, D.C. 20035 or contact Michael Weeks at 202-797-3708 or Greg Thomas at 202-994-4285.

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## ONGOING CALENDAR

Every Tuesday from 10:30 am to 12 noon at The Aids Project - 48 Deering Street - Portland - there is a group meeting for all PWA's, PWArc, caregivers, and family members, to share your thoughts and feelings relative to Aids. The meeting is conducted by Jacob Watson, M.A. Jacob is a spiritual teacher and psychotherapist. A graduate of the University of Pennsylvania, Beacon College, and the Gestalt Institute of Cleveland, he has trained with the Elizabeth Kubler-Ross Center.

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Every Tuesday evening 7:00 pm to 8:30 pm at 29 Cushman Street - Portland - there is a group meeting for all PWA's, PWArc, lovers, caregivers, friends, family members, and persons with HIV positive. The meeting will be conducted by Brooke Alexander, an Episcopal priest and pastoral counselor. Call Brooke at 772-1678 or Lucy Marbach at The Aids Project 774-6877 for further information.

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On the first Tuesday of every month at The Aids Project - 48 Deering St. - Portland:

6:00 p.m. - A-Line Staff Meeting.

7:00 p.m. - HIV Counselor Staff Meeting.

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Support Group for Parents of Adult Gay Children will meet the 2nd Tuesday of every month. Please call 774-HELP for time and place.

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There is now an AIDS support group in the Bangor area meeting every Thursday evening. Anyone interested in the group should call 469-7343 or write EMAN - P.O.Box 2038 - Bangor, Maine 04401



Every Friday evening 6:00 pm to 7:30 pm at The Aids Project - 48 Deering St. - Portland - there is a support group meeting for PWA's and PWArc ONLY. Call 774-6877 for further details.

## MATERIALS

# AIDS Resources For Teachers And Students

The Center for Population Options has created two pieces on AIDS and adolescents. A fact sheet profiles current AIDS statistics, information on teens at risk, and knowledge about AIDS. A list of references is included. The Center also publishes "Resources for Educators," which describes AIDS-related curricula, pamphlets and brochures, materials for parents and leaders, and available videotapes available from the Center for Population Options, 1012 14th St. NW, Suite 1200, Washington, DC 20005, or by calling 202/347-5700.

The American College Health Association has issued a special report entitled "AIDS on the College Campus." This report provides statements on the institutional response to AIDS, housing policies, and confidentiality in HIV antibody testing. Also available from ACHA are several excellent educational brochures on AIDS and safer sex. These materials can be obtained from the ACHA office, 15879 Crabbs Branch Way, Rockville, MD 20855, or by calling 301/963-1100.

There are three curriculum guides which are useful in developing strategies for educating adolescents about AIDS:

"AIDS: What Young Adults Should Know," including both student and instructor guides, provides sample lesson plans and activities, as well as questions and answers about AIDS. It may be obtained from the Indiana State Board of Health, 1330 W. Michigan St, P.O. Box 1964, Indianapolis, IN 46206.

"Teaching AIDS, A Resource Guide on AIDS" is a curriculum guide including basic information, sample teaching plans and worksheets, as well as an AIDS resource listing. It is available from Network Publications, ETR Associates, 1700 Mission St, Suite 203, P.O. Box 1830, Santa Cruz, CA 95061.

The "Educator's Guide to AIDS and Other STDs" is a comprehensive manual addressing AIDS which includes materials helpful in the classroom setting, information for parents, and guidelines for schools considering the implementation of an AIDS education program. Included is a copy of the Surgeon General's Report on AIDS. It is available from Stephen R. Sroka, Inc, Health Education Consultants, 1284 Manor Park, Lakewood, OH 44107. Tel: 216/521-1766.

# Video Education for Teens

## Sex, Drugs, and AIDS

An award-winning, highly acclaimed video which provides an emotional and factual basic AIDS informational message for teenagers.

1986; 19 minutes

O.D.N. Productions

74 Varick St. #304

New York, NY 10013

212/431-8923

## Rap'n' Down Drugs, STDs and AIDS

An up-beat tape of a local contest for which teenagers wrote original raps and music about AIDS prevention. Gets the message across without any speeches and allows minority youth to rap with each other. 1987; 15 minutes

Rap'n' Down/San Francisco Dept. of Public Health

101 Grove St.

San Francisco, CA 94102

415/558-2896

## Ojos Que No Ven or "Eyes That Don't See"

One of the few videos available in Spanish. It presents several vignettes, in Latin soap opera format, about AIDS prevention and sexual responsibility. 1986; 51 minutes

Latino Community AIDS Education & Prevention Project

3007 24th St.

San Francisco, CA 94110

415/647-5450

## AIDS, Questions & Answers

Good example of urban youth talking to youth in the setting of an inner city neighborhood. It communicates some realities to minority teenagers in their own language, concerning risk reduction and basic knowledge. 1987; 13 minutes

Community TV Networks

1 E. Hubbard, 5th floor

Chicago, IL 60611

312/645-0766

## COMMENTS

We welcome your thoughts and suggestions to help the Newsletter meet your needs. If you have an event in your area that you would like to have published in The Aids Project Newsletter, please contact us at The Aids Project - 774-6877 - or by mail to the attention of: David Ketchum.

## A HUG CAN COME IN MANY FORMS:

TOTAL BODY CONTACT, A KIND WORD, A TOUCH, A THANK YOU, A "FORGIVE ME", A "CAN I HELP YOU", A "I'M SORRY", ANYTHING YOU CAN DO TO MAKE A PERSON FEEL GOOD ABOUT THEMSELF.





## SUBSCRIPTIONS

Some of you may remember that it was just one year ago when the AIDS Project Newsletter was discontinued due to lack of financial support. It wasn't an easy decision to make and it was a decision that was not shared by our readers. Indeed, thanks to the efforts of David Ketchum, then a reader---now the Editor, the newsletter was revived.

Communication is vital when it comes to AIDS in Maine. So many things happen which affect everyone working to prevent the spread of AIDS in this state, or who may be providing care and treatment to people with HIV, or who may be persons living with AIDS themselves, that we want to try to keep you as informed and as connected as possible. The newsletter is our attempt to do just that.

Many of you have expressed how important the newsletter is to you; some of you have shown your support by subscribing to the newsletter. But not enough of you are doing so that the newsletter is yet able to pay for itself. Indeed, it stands close to running in the red again. Please help. Subscribe if you haven't already (there is a form in every issue). And if you no longer wish to receive the newsletter, write us a note and tell us to remove you from the mailing list. Please type or print and include your full name and address. If you would like to continue to receive the newsletter, but cannot afford to subscribe, please let us know that as well.

Our hope is that the newsletter will continue. With your help, that can be assured. Make it happen.

## SUBSCRIBE

### SUBSCRIBE NOW TO THE AIDS PROJECT NEWSLETTER

THIS NEWSLETTER RELIES TOTALLY ON SUBSCRIPTIONS TO EXIST. WE ARE GRATEFUL TO THOSE WHO HAVE SUBSCRIBED, AND TO THOSE WHO HAVE NOT, PLEASE DO SO NOW. \$10.00 COVERS ONE YEAR (12 ISSUES). PLEASE MAKE YOUR CHECK OR MONEY ORDER PAYABLE TO "THE AIDS PROJECT". THANK YOU.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

WHEN YOU SEE SOMEONE WITHOUT A SMILE,  
GIVE THEM ONE OF YOURS.....

## HOW CAN YOU HELP?

THERE ARE MANY WAYS YOU CAN HELP TAP. FOLLOWING ARE SEVERAL SUGGESTIONS. CHECK THOSE YOU CAN DO:

- \_\_\_\_ YES, I WANT TO HELP TAP. I WOULD LIKE TO BE A VOLUNTEER. SEND ME AN APPLICATION.
- \_\_\_\_ YES, I WANT TO HELP TAP. I AM ENCLOSING A CONTRIBUTION.
- \_\_\_\_ YES, I WANT TO HELP TAP. I CAN DONATE NEEDED ITEMS OF FOOD, CLOTHING, HOUSEHOLD GOODS, ETC. CALL ME AT: \_\_\_\_\_
- \_\_\_\_ YES, I WANT TO HELP TAP. SEND ME INFORMATION ON WHO I SHOULD CONTACT IN STATE AND FEDERAL GOVT. TO INCREASE FUNDING FOR AIDS EDUCATION & SUPPORT SERVICES.
- \_\_\_\_ YES, I WANT TO HELP TAP. I CAN'T DO SO RIGHT NOW, BUT ADD ME TO A MAILING LIST OF CONCERNED PEOPLE.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TOWN: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

SEND THIS FORM TO:

48 DEERING ST.  
PORTLAND, ME 04101  
(207) 774-6877

MAKE CHECKS PAYABLE TO:

THE AIDS PROJECT

## LET'S HUG

THERE'S A HUG TO SAY  
I LOVE YOU  
AND A HUG TO SAY GOODBYE  
THERE'S A HUG TO SAY  
HOW ARE YOU  
AND A HUG TO SAY, WE TRIED  
THERE'S A HUG TO BOND  
A FRIENDSHIP  
AND A HUG WHEN THE DAY  
IS THROUGH  
BUT THE HUG I LOVE  
IN ALL THE WORLD IS  
THE HUG I GET FROM  
YOU!





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2-22-80  
10

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