

9-15-2008

Family Affairs Newsletter Business Directory 2008-09-15

Jean Vermette

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m: 207-255-4515
t: 207-255-4515
e: bobcatpath@207me.com
o: 207-255-4515



HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 DECEMBER 2008.

There are several requirements for a business or individual to be listed:

- 1). The must be a FAN subscriber.
- 2). The listed business must be GLBTI-Owned, or the individual must be an "out" GLBTI person providing a service in association with a mostly-straight company (e.g. a gay lawyer in a mostly-straight law firm, a lesbian realtor in a mostly-straight realty office).
- 3). Straight-owned businesses are eligible for listing if they are actively supportive of the GLBTI community. Their postings are placed in a separate GLBTI SUPPORTIVE ALLIES category. I will be the final arbiter of whether a business is "actively supportive" or not.
- 4). The GLBTI business owner, GLBTI individual, or supportive straight ally must contact me directly and ask to be listed. No third-party requests for listing will be allowed.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@qwi.net or at 862-2063.

ADULT TOYS:

Whipsider Rubberworks

P.O. Box 66

Bangor, ME, 04402-0066

email: questions@whipsiderrubberworks.com

web: <http://www.whipsiderrubberworks.com>

Proprietors: Carrie Graham, Erica and Chris Davis

We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

ARTISTS:

Gillyin Gatto Woodcuts

Kennebec Workshop

9 Bobcat Path

Machias, ME 04654

ph: 207-255-4515

email: bobcatpath@207me.com

web: www.rst-art.com/gattowoodcuts.htm

proprietor: Gillyin Gatto

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Linda Griffith

Playwright & Fine Art Photographer

P.O. Box 174

Blaine, ME 04734

ph: 207-429-8787 (please speak slowly and clearly if leaving message)

email: lg@lindagriffith.com

web: www.lindagriffith.com

Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design

29 Ross Road

Bradford, ME 04410

ph: 207-327-1553

email: dozieralex@hughes.net

web: <http://www.thomashudgins.com>

specializing in commissioned art painting, design schemes and private art lessons.

Mark Nutt

Fine Art Painter

71 C Valley View Lane

Bangor, ME 04401-2985

ph: 207-941-9471

email: info@marknutt.com

web: www.marknutt.com

Original, expressive abstract and *plein aire* (painted in the open air) landscape oil paintings on canvas. Commission work and private instruction available.

Stephanie Reiser, Luthier

PO Box 71

St. Albans, ME 04971

ph: 207-938-4384

email: sreiser@tds.net

www.stephaniereiser.com then click Mandolins

Builder of fine, custom mandolins and guitars.

Chris Rutecki, Musician / Singer-songwriter

PO BOX 401

Sullivan, ME 04664

ph: 207-422-3325

email: chrisrutecki@hotmail.com

Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

Cathy Worthley, Musician / Singer-songwriter / Bagpiper

Portland, ME 04102

ph: 207-807-9052

email: cathy@cathyworthley.com

web: <http://www.cathyworthley.com>

Cathy is a long time festival performer who sings with a somewhat different voice backed by a trademark guitar throbbing and weaving with alternating bass and unstoppable rhythm. Cathy's life has always been twists and turns seemingly controlled by some demented muse with a sense of humor. Each turn has made Cathy more unique. Each twist has improved Cathy's art. This last act of the muse is a wonderfully blessed thing. Cathy also plays bagpipes and is available year round. Contact:

booking@cathyworthley.com for rates and availability.

AWNINGS AND CANVAS:

Marc Alberi

c/o Maine Awning and Canvas

404 Elm Street

Newport, Maine 04953

ph: 207-890-7133

email: adventurechallenge@msn.com

Ask for Marc at Maine Awning and Canvas for repairs and manufacture of all types of custom canvas products including awnings, boat canvas, enclosure, covers, commercial, residential and industrial. We service all areas from Bar Harbor to Bangor, Skowhegan to Augusta/Waterville.

BODY/ENERGY WORK:

Mysticbear Holistic Health
78 Summer Street
Hamden, ME 04444
ph: 207-561-0691
email: todd@mysticbear.net
web: www.mysticbear.net

proprietor: Todd Ingram

MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

BUILDING CONTRACTORS:

Heath Enterprises
PO Box 801
Bangor, ME 04402
ph: 207-745-4678
email: heathenterprises@midmaine.com
proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

COMPUTER CONSULTING:

Astarte Associates
3 Poplar St
Bangor, ME 04401
ph: 207-945-3811
email: yblanchette@adelphia.net
web: www.astarteassociates.com
proprietor: Vicky Blanchette
Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

KQNet
4 Oak St
Bridgton, ME 04009
ph: 207-694-6639
email: info@kinkyqueer.net
web: www.kinkyqueer.net

proprietor: John Blake

KQ.net provides full service webhosting, design and coding for both the GLBTI community and the alternative lifestyle communities. Backed by an experienced web Staff of gay and bisexual lifestylers, kinkyqueer.net is dedicated to not just providing great customer service and building your online presence, but We also realize the paramount importance of discretion. We provide design services from the bottom up, focusing on user-friendly and professional sites. We center our work around cascading style sheets which allows us to stay away from the bulky and encumbered coding of some other sites. Our design team puts a great deal of their artistic talent into every site's content and format creating sites that are comfortable, easy to use and draw repeat visitors. We have various packages for hosting that will serve everyone from the smallest site to a large and comprehensive endeavor. Don't be afraid to contact Us for all your web design and hosting needs. Each and every one of Our clients are and will be treated with respect and

dignity, as well as with discretion.
We can and will find a solution that works for everyone.

COUNSELING:

Rick Bouchard, LCSW
Private Practitioner
222 St. John Street Suite 246
Portland, Maine 04102
Ph. 207-650-6450
Fax: 207-347-3510
E-mail: const18@aol.com

A Portland-based private practice serving the GLBT community. Jungian-based psychotherapy, currently working with adolescents, families/couples, and adults. Also works with gender, transgender and transsexual issues. He accepts most insurances, self-pay, and MaineCare and works with a variety of mental health and substance abuse issues. Feel free to call for more information. Referrals can be made by phoning or emailing. Rick will also soon be starting a closed, ongoing Dream Group.

Jeanine Crockett, Ph.D.
Licensed Psychologist
43 Columbia St, Suite 32
Bangor, Me 04401
ph: 942-1483.
Psychotherapy and evaluation of individuals, couples, children and families.

Jeanne M. Dorland, Ph.D., LCPC
Licensed Clinical Therapist
82 Columbia Street, Suite 301
Bangor, Me 04401
ph: 942-8200
Psychotherapy for individuals, couples, and adolescents

Donna Light
c/o Searsport Counseling Associates
9 Field St, Ste 217
Belfast, ME 04915
ph: 207-338-9145 OR 207-338-2022
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW
Licensed Clinical Social Worker
96 Harlow Street, Suite 223
Bangor, Me 04401
ph: 478-0884
ChrisMSW01@aol.com
Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

DOLLS:

Santa's Boriqua Dolls
Brewer, ME 04412
ph: 207-989-3465
email: owlz_moon@yahoo.com
web: <http://myweb.ecomplanet.com/SABD1383/>
proprietor: Santa Andujar
I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 1894
Bangor, ME 04402-1894
ph: 862-2063
email: megress@qwi.net
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FOOD SERVICES:

X-Treme Cheesecakes
120 Airline Rd
Clifton, ME 04428
ph: 207-843-5617
email: trgoodridge@verizon.net
proprietor: Tracy Goodridge
Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
321 Bucksport Rd
Ellsworth, ME 04605
ph: 207-667-0062
email: finish@prexar.com
proprietor: David Conary
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
Moody Mountain Rd
Searsmont, Me 04973
ph: 207-342-4761
web: www.tapestrygardenperennials.com
proprietor: Donna Light
Perennials for sale and small landscaping jobs done.

GLBT CLERGY:

Rev. Al Boyce
173 Broadway, Apt 1
Bangor, Maine 04401
ph: 207-951-0407
email: revalb@yahoo.com
I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

HAIRSTYLING:

AK Haircolor & Design

798 Main Rd North

Hampden, ME 04444

Ph: 207-992-9049

email: stylesbychase@aol.com

Contact: Chase Blanchard

This is the areas only American Board Certified Haircolorist shop, offering complete hair coloring, cutting and styling services. We also offer Norvell Airbrush Tanning; waxing services, wedding party services and more.

Hair By Roger

166 Webster Ave

Bangor, ME 04401

ph: 207-907-0224

email: rogermcgatheym@msn.com

proprietor: Roger McGathey

description: More than 30 years of experience. New to Maine. By appointment only.

Steve Rossignol

c/o People's Salon And Spa

18 Temple St

Waterville, ME 04901

ph: (cell) 207-314-1487

email: hairslinger8@yahoo.com

Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

HOME REPAIR AND IMPROVEMENT:

MDI Home Project Solvers

Otter Creek, Maine 04660

ph: 207-288-3672

email: bbginANP@roadrunner.com

proprietor: Dawn Fortune

No longer comfortable climbing a ladder to clean the gutters? Seasonal yard chores seem bigger than they once were? Guests coming and the spare room needs a coat of paint and some wallpaper? Kitchen floor need replacing? Too busy to fix this, paint that, weather-proof something else? Let me help. Located on MDI and serving Hancock County, I can take care of those jobs so that you can get on with living life. E-mail me for rates and services. I can do all kinds of things from basic home repair (squeaky hinges) to building a deck or garage. Reasonable rates. Insured.

HOME SERVICES:

Amy Damboise

Pet & House Sitter

PO Box 1191

Southwest Harbor, ME 04679

ph: 207-356-0289 = cell

email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady

1542 US HWY 1

Hancock, ME 04640

ph: 207-422-3268

ph: 207-735-7423
email: jwussta@msn.com
proprietor: Jennifer Worster
Let ME do your "dirty" work

HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Jessi's Guitar Lessons
Milford, ME 04468
ph: 207-827-1460
email: jessimallory@aol.com
proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop *your* own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School
5 Jellison Ridge Rd
Surry, ME 04684-3340
ph: 207-667-9482
email: wayne@mrlanguage.com
web: www.mrlanguage.com
proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

LAWYERS:

West End Legal, LLC
200 High St., Ste 1A
Portland ME 04101
Ph: (207) 321-8419
email: info@westendlegal.com
web: www.westendlegal.com

We are a full-service law firm that can handle most legal matters. FTM and lesbian owned and operated.

MASSAGE THERAPISTS:

Aches Aweigh Therapeutic Massage

PO Box 255

Franklin, ME 04634

ph: 207-266-5728

email: raeurban@hotmail.com

proprietor: Rae Urban, LMT, Reiki Master

"Have table, will travel" I specialize in Swedish Massage, Reiki, Chair Massage or Canine Massage at your location.

The Bodyworks Integrated Therapies

195 State St

Bangor, ME 04401

ph: 207-947-4714

proprietor: Terry Hart, NCTMB, LMT

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork

PO Box 160

744 Main Rd North

Hampden, ME 04444

ph: 207-461-5348

email: slc75@adelphia.net

proprietors: Suzanne & Sandi Carver

Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman

PO Box 148

Blue Hill, ME 04614

ph: 207-374-2140

email: gabrielle@prexar.com

Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage

316 Hammond St, #2

Bangor, ME 04401

ph: 207-942-9319

email: knead24u@yahoo.com

proprietor: Daniel Williams

Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

John Connole, LMT

Bangor & Winterport

ph: 207-478-2229

email: massagesport@hotmail.com

I do an eclectic blend of bodywork. Based in Swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Eric L. Sirois, LMT

9 Central Street, 4th Floor

at Central Street Yoga

Bangor, ME 04401

Ph: 207-735-7447

email: Eric@CentralStreetYoga.com

web: www.CentralStreetYoga.com

Bodywork services available by appointment in downtown Bangor and home office in Brewer. Sessions range from relaxation and Swedish massage to deep tissue and myofascial release techniques. Gift certificates available.

Mysticbear Holistic Health

78 Summer Street

Hampden, ME 04444

ph: 207-561-0691

email: todd@mysticbear.net

web: www.mysticbear.net

proprietor: Todd Ingram

MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

MERCHANDISE:

A Touch of Maine - Unique Gifts and More

ph: 207-422-3268

ph: 207-735-7423

email: ATouchofMaine@msn.com

proprietor: Jennifer Worster

Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

Connie's Clay Creations

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: Connies.Clay.Creations@gmail.com

Web: <http://www.ConniesClayCreations.com>

Connie Pelkey, Artist-Owner

Teaching classes in Polymer Clay use. Selling whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

NOTARY SERVICES:

Robert Hickey

PO Box 2

Bradford, ME 04410

ph: 207-327-1009

email: nativeglbti@wmconnect.com

Notary Public serving the GLBTI community for over 17 yrs.

PAINTING CONTRACTORS

Jessi Mallory

c/o Lee's Painting

19 Birch St

Milford, ME 04468

ph: (Lee) 207-827-1460

email: Jessimallory@aol.com

Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those interior painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, Lee's Painting is there for you. Projects are adding up, so give us a call to get your project done!

PARTY/EVENT PLANNING:

Awesome Events

993 Acadia Highway

Orland, ME 04472

ph: 941-2326 or 479-3219

email: awesomeevents@hotmail.com

web: www.myspace.com/awesomeevents2008

proprietor: Liza Haskell and Crista Jakacky

Planning, decorating and simple catering for all your events big or small. We handle any special occasion from a child's birthday party to a graduation or commitment celebration.

PET SERVICES:

Amy Damboise

Pet & House Sitter

PO Box 1191

Southwest Harbor, ME 04679

ph: 207-356-0289 = cell

email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries.

Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

JaneA Kelly

Animal Communicator

Animal Reiki Practitioner

PO Box 428

Belfast, ME 04915

ph: 338-0425

email: changeling@zwi.net

web: <http://home.zwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen.

Reasonable prices. Barter possible.

PHOTOGRAPHY:

Shutter Images

65 Main St

PO Box 1853

Bucksport, ME 04416

ph: 207-469-7741

email: shutterimages@aol.com

web: www.shutterimagesbydan.com

www.danielwatt.net

proprietors: Dan Watt & James Britton

We do Weddings, Portraits, Parties, Special Events and much more. Our Motto is: (More than just saying "Cheese"). Studio-Gallery-Passport Photos

REAL ESTATE:

Angel Carey, realtor

c/o Town & Country Realtors

1162 Union Street

Bangor, ME 04401

ph: 207-942-6711

email: reangel@tcreal.com

fax: 207-941-9870

web: www.town-countryrealtors.com

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Philip Cronin, realtor
c/o Mallet Agency
11 North St
Dover-Foxcroft, ME 04426
ph: 207-564-8818
email: philipcronin@yahoo.com
web: www.philipcronin.com
Licensed Maine real estate broker

Doucette Realty
PO Box 760
16 East Main St
Monroe ME 04951
207-525-9900
gregory_doucette@yahoo.com

proprietor: Greg Doucette

Doucette Realty is a full service real estate agency serving clients in the Mid-Coast region in selling and buying residential, commercial, and land. Greg Doucette (a native of Maine) has been an agent since 1997 both in New Jersey and now in Maine.

Lynn Salisbury, realtor
c/o Jones Real Estate
232 Main St
Ellsworth, ME 04605
ph: 537-3366
cell ph: 266-6004
email: lucky62365@aol.com

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com
Leasing and sales of commercial and investment property.

Deb Villandry
Associate Broker
Town & Country Realtors
171 Waterville Road
Skowhegan, ME. 04976
Office: (207) 474-0869
Fax: (207) 474-0798
Cell: (207) 399-3229
Email: debvillandry@tcreal.com

Dwight Wass, realtor
PO Box 5
Lincolnville Beach, ME 04849
ph: 207-763-4849
email: campmee@yahoo.com
web: www.lincolnvillerealestate.net

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Cafe Bluefish
122 Cottage St
Bar Harbor, ME 04609
ph: 288-3696

email: blh@prexar.com

web: www.cafebluefishbarharbor.com

proprietor: Bobbie Lynn Hutchins

Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant

999 Main Rd

Eddington, ME 04428

ph: 207-843-5584

email: info@ClewleyFarm.com

web: www.ClewleyFarm.com

proprietor: Lawrence Clewley

Family style restaurant open 7 days a week from 6:00 a.m. until closing.

SIGNS:

Infinite Signs

40 School St

Augusta, ME 04330

ph: 207-595-0750

email: infinitesign@yahoo.com

web: www.infinitesigns.com

proprietor: Adonna Manzo

description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Rachel Lee Manning, Medium/Intuitive

198 Main Street

Ellsworth, ME 04605

ph: 207-322-9870

email: loveliveson@adelphia.net

Offering private, healing sessions in Ellsworth focused on the journey of the soul. Messages of love & guidance from departed loved ones, Intuitive Life Guidance Readings, Workshops & Intuitive Development Training, Please email me to receive monthly newsletter & schedule of events.

Healing and Expressive Arts Retreats (H.E.A.R.)

PO Box 1604

Blue Hill, ME 04614-1604

(207) 667-2019

(207) 441-2785 [cell]

email: hearme@natisp.com

proprietor: Eileen Mielenhausen

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me if you would like to receive detailed info about our upcoming gatherings.

VACATION SPOT:

Magic Pond Artists' Retreat and Guest House

P.O. Box 174

Blaine, ME 04734

ph: 207-429-8787 (please speak slowly and clearly if leaving message)

email: lg@magicpondmaine.com

web: www.magicpondmaine.com

proprietor: Linda Griffith

Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

YOGA:

Central Street Yoga

9 Central Street, Suite 401

Bangor, ME 04401

ph: 207-249-9180

email: snowstop@gmail.com

web: www.CentralStreetYoga.com

proprietor: Terry Lacy

description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central, Main, and Hammond Streets.

GLBTI SUPPORTIVE ALLIES:

COMPUTER CONSULTING:

Maine Bytes Computer Repair/Web Design

Winterport and Bucksport Maine

ph: 1-866-632-9837

email: deb@mainebytes.net

web: www.mainebytes.net

proprietor: Robert & Deborah Newman

description: computer repair, web design, and web hosting

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Soul Rituals

Bucksport, ME 04416

ph: 207-469-2222

email: penbayinc@aol.com

web: www.soulrituals.com

Proprietor: Kasey Smith

My company offers courses on subjects such as spiritual growth. We sell metaphysical items such as rare crystals. We also custom cut precious gemstones for sale alone or set in jewelry. In addition, we give private and confidential psychic readings. All lifestyles welcome.