

# HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 SEPTEMBER 2008.

There are several requirements for a business or individual to be listed:

1). The must be a FAN subscriber.

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2). The listed business must be GLBTI-Owned, or the individual must be an "out" GLBTI person providing a service in association with a mostly-straight company (e.g. a gay lawyer in a mostly-straight law firm, a lesbian realtor in a mostly-straight realty office).
3). Straight-owned businesses are eligible for listing if they are actively supportive of the GLBTI community. Their postings are placed in a separate GLBTI SUPPORTIVE ALLIES category. I will be the final arbiter of whether a business is "actively supportive" or not.
4). The GLBTI business owner, GLBTI individual, or supportive straight ally must contact me directly and ask to be listed. No third-party requests for listing will be allowed.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at mearess@gwi.net or at 862-2063.

ADULT TOYS:

Whipspider Rubberworks P.O. Box 66 Bangor, ME, 04402-0066 email: <u>questions@whipspiderrubberworks.com</u>, web: <u>http://www.whipspiderrubberworks.com</u>, Proprietors: Carrie Graham, Erica and Chris Davis We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

## ARTISTS:

Gillyin Gatto Woodcuts Kennebec Workshop 9 Bobcat Path Machias, ME 04654 ph: 207-255-4515 email: <u>bobcatpath@207me.com</u> web: <u>www.rst-art.com/gattowoodcuts.htm</u> proprietor: Gillyin Gatto Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Linda Griffith Playwright & Fine Art Photographer P.O. Box 174 Blaine, ME 04734 ph: 207-429-8787 (please speak slowly and clearly if leaving message) email: <u>Ja@lindagriffith.com</u> web: <u>www.lindagriffith.com</u> Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design 29 Ross Road Bradford, ME 04410 ph: 207-327-1553 email: <u>doziemelex@hughes.net</u> web: <u>http://www.thomashudgins.com</u> specializing in commissioned art painting, design schemes and private art lessons.

Mark Nutt Fine Art Painter 71 C Valley View Lane Bangor, ME 04401-2985 ph: 207-941-9471 email: <u>info@marknutt.com</u> web: <u>www.marknutt.com</u> Original, expressive abstract and *plein aire* (painted in the open air) landscape oil paintings on canvas. Commission work and private instruction available.

Stephanie Reiser, Luthier PO Box 71 St. Albans, ME 04971 ph: 207-938-4384 email: <u>sreiser@tds.net</u> <u>www.stephaniereiser.com</u> then click Mandolins Builder of fine, custom mandolins and guitars.

Chris Rutecki, Musician / Singer-songwriter PO BOX 401 Sullivan, ME 04664 ph: 207-422-3325 email: <u>chrisrutecki@hotmail.com</u> Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

Cathy Worthley, Musician / Singer-songwriter / Bagpiper Portland, ME 04102 ph: 207-807-9052 email: <u>cathy@cathyworthley.com</u> web: <u>http://www.cathyworthley.com</u> Cathy is a long time festival performer who sings with a some alternating bass and unstoppable rhythm. Cathy's life has all

Cathy is a long time festival performer who sings with a somewhat different voice backed by a trademark guitar throbbing and weaving with alternating bass and unstoppable rhythm. Cathy's life has always been twists and turns seemingly controlled by some demented muse with a sense of humor. Each turn has made Cathy more unique. Each twist has improved Cathy's art. This last act of the muse is a wonderfully blessed thing. Cathy also plays bagpipes and is available year round. Contact: <u>booking@cathyworthley.com</u> for rates and availability.

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# AWNINGS AND CANVAS:

Marc Alberi c/o Maine Awning and Canvas 404 Elm Street Newport, Maine 04953 ph: 207-890-7133 email: <u>adventurechallenge@msn.com</u> Ask for Marc at Maine Awning and Canvas for repairs and manufacture of all types of custom canvas products including awnings, boat canvas, enclosure, covers, commercial, residential and industrial. We service all areas from Bar Harbor to Bangor, Skowhegan to Augusta/Waterville.

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## **BODY/ENERGY WORK:**

Mysticbear Holistic Health 78 Summer Street Hamdpen, ME 04444 ph: 207-561-0691 email: <u>todd@mysticbear.net</u> web: <u>www.mysticbear.net</u> proprietor: Todd Ingram MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

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## **BUILDING CONTRACTORS:**

Heath Enterprises PO Box 801 Bangor, ME 04402 ph: 207-745-4678 email: <u>heathenterprises@midmaine.com</u> proprietor: David Heath Your one-stop contracting source for Property Mainetenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

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## COMPUTER CONSULTING:

Astarte Associates 3 Poplar St Bangor, ME 04401 ph: 207-945-3811 email: <u>vblanchette@adelphia.net</u> web: <u>www.astarteassociates.com</u> proprietor: Vicky Blanchette Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions 20 Eider Way Lane Trenton, ME 04605 ph: 207-664-3570 email: <u>aardvark340@hotmail.com</u> proprietor: Kim Hawkins Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

KQNet 4 Oak St Bridgton, ME 04009 ph: 207-694-6639 email: info@kinkyqueer.net web: www.kinkyqueer.net proprietor: John Blake

KQ.net provides full service webhosting, design and coding for both the GLBTI community and the alternative lifestyle communities. Backed by an experienced web Staff of gay and bisexual lifestylers, kinkyqueer.net is dedicated to not just providing great customer service and building your online presence, but We also realize the paramount importance of discretion. We provide design services from the bottom up, focusing on user-friendly and professional sites. We center our work around cascading style sheets which allows us to stay away from the bulky and encumbered coding of some other sites. Our design team puts a great deal of their artistic talent into every site's content and format creating sites that are comfortable, easy to use and draw repeat visitors. We have various packages for hosting that will serve everyone from the smallest site to a large and comprehensive endeavor. Don't be afraid to contact Us for all your web design and hosting needs. Each and every We can and will find a solution that works for everyone.

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COUNSELING:

Rick Bouchard, LCSW Private Practitioner 222 St. John Street Suite 246 Portland, Maine 04102 Ph. 207-650-6450 Fax: 207-347-3510 E-mail: constl8@aol.com

A Portland-based private practice serving the GLBT community. Jungian-based psychotherapy, currently working with adolescents, families/couples, and adults. Also works with gender, transgender and transsexual issues. He accepts most insurances, self-pay, and MaineCare and works with a variety of mental health and substance abuse issues. Feel free to call for more information. Referrals can be made by phoning or emailing. Rick will also soon be starting a closed, ongoing Dream Group.

Jeanine Crockett, Ph.D. Licensed Psychologist 43 Columbia St, Suite 32 Bangor, Me 04401 ph: 942-1483. Psychotherapy and evaluation of individuals, couples, children and families.

Donna Light c/o Searsport Counseling Associates 9 Field St, Ste 217 Belfast, ME 04915 ph: 207-338-9145 OR 207-338-2022 Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW Licensed Clinical Social Worker 96 Harlow Street, Suite 223 Bangor, Me 04401 ph: 478-0884 <u>ChrisMSW01@aol.com</u> Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

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## DOLLS:

Santa's Boriqua Dolls Brewer, ME 04412 ph: 207-989-3465 email: <u>owlz\_moon@yahoo.com</u> web: <u>http://myweb.ecomplanet.com/SABD1383/</u> proprietor: Santa Andujar I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

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## **ELECTRICAL CONTRACTORS:**

Jean Vermette PO Box 1894 Bangor, ME 04402-1894 ph: 862-2063 email: <u>megress@gwi.net</u> Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

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#### FOOD SERVICES:

X-Treme Cheesecakes 120 Airline Rd Clifton, ME 04428 ph: 207-843-5617 email: <u>tgoodridge@earthlink.net</u> proprietor: Tracy Goodridge Gourmet cheesecakes made to order!

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#### FURNITURE REFINISHING:

Downeast Refinishing 321 Bucksport Rd Ellsworth, ME 04605 ph: 207-667-0062 email: <u>finish@prexar.com</u> proprietor: David Conary Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

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## **GARDENS & NURSERIES:**

Tapestry Gardens Moody Mountain Rd Searsmont, Me 04973 ph: 207-342-4761 web: <u>www.tapestrygardenperennials.com</u> proprietor: Donna Light Perennials for sale and small landscaping jobs done.

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## **GLBT CLERGY:**

Rev. Al Boyce 173 Broadway, Apt 1 Bangor, Maine 04401

## ph: 207-927-0676

## email: revalb@yahoo.com

I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

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## HAIRSTYLING:

Attitude's Hair and Tanning 619 Hammond Street Bangor, ME 04401 ph: 207-262-7233 email: <u>attitudesplus@aol.com</u> proprietor: Ann Lucas Manager: Chase Blanchard More than 40 years of combined experience. Walk ins welcomed. Home of the \$2 tan, offering acrylic nails, colors, foiling, spray tanning and more.

Hair By Roger 166 Webster Ave Bangor, ME 04401 ph: 207-907-0224 email: <u>rogermcgathey@msn.com</u> proprietor: Roger McGathey description: More than 30 years of experience. New to Maine. By appointment only.

Steve Rossignol c/o People's Salon And Spa 19 Temple St Waterville, ME 04901 ph: (cell) 207-314-1487 email: <u>hairslinger8@yahoo.com</u> Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

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## HOME REPAIR AND IMPROVEMENT:

MDI Home Project Solvers Otter Creek, Maine 04660 ph: 207-288-3672 email: <u>bbginANP@roadrunner.com</u> proprietor: Dawn Fortune No longer comfortable climbing a ladder to clean the gutters? Seasonal yard chores seem bigger than they once were? Guests coming and the spare room needs a coat of paint and some wallpaper? Kitchen floor need replacing? Too busy to fix this, paint that, weather-proof something else? Let me help. Located on MDI and serving Hancock County, I can take care of those jobs so that you can get on with living life. E-mail me for rates and services. I can do all kinds of things from basic home repair (squeaky hinges) to building a deck or garage. Reasonable rates. Insured.

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## **HOME SERVICES:**

Amy Damboise Pet & House Sitter PO Box 1191 Southwest Harbor, ME 04679 ph: 207-356-0289 = cell email: <u>adamboise34@hotmail.com</u> I want to provide you with someone

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs...but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady 1542 US HWY 1 Hancock, ME 04640 ph: 207-422-3268 ph: 207-735-7423 email: jwussta@msn.com proprietor: Jennifer Worster Let ME do your "dirty" work

HOUSING (ADULT GROUP HOMES):

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Branches, LLC 44 Center St Bangor, ME 04401 ph: 207-945-9998 email: <u>branchesllc@aol.com</u> exec. director: Sandy Noble We are an agency providing resid variety of positions which include

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

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#### **INSTRUCTION:**

Jessi's Guitar Lessons Milford, ME 04468 ph: 207-827-1460 email: <u>jessimallory@aol.com</u> proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop *your* own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School 5 Jellison Ridge Rd Surry, ME 04684-3340 ph: 207-667-9482 email: wayne@mrlanguage.com web: www.mrlanguage.com proprietor: Wayne Smith Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

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#### **MASSAGE THERAPISTS:**

Aches Aweigh Therapeutic Massage PO Box 255 Franklin, ME 04634 ph: 207-266-5728 email: <u>raeurban@hotmail.com</u> proprietor: Rae Urban, LMT, Reiki Master "Have table, will trave!" I specialize in Swedish Massage, Reiki, Chair Massage or Canine Massage at your location.

The Bodyworks Integrated Therapies 195 State St Bangor, ME 04401 ph: 207-947-4714 proprietor: Terry Hart, NCTMB, LMT Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Theraputic Bodywork PO Box 160 744 Main Rd North Hampden, ME 04444 ph: 207-461-5348 email: <u>slc75@adelphia.net</u> proprietors: Suzanne & Sandi Carver Specializing in deep tissue and relaxation massage with integrative energy work. Gabrielle Wellman PO Box 148 Blue Hill, ME 04614 ph: 207-374-2140 email: gabrielle@prexar.com Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage 316 Hammond St, #2 Bangor, ME 04401 ph: 207-942-9319 email: <u>knead24u@yahoo.com</u> proprietor: Daniel Williams Licensed theraputic Massage Therapist. I work out of my home or can travel as well.

John Connole, LMT Bangor & Winterport ph: 207-478-2229 email: <u>massagesport@hotmail.com</u> I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Eric L. Sirois, LMT 9 Central Street, 4th Floor at Central Street Yoga Bangor, ME 04401 Ph: 207-735-7447 email: <u>Eric@CentralStreetYoga.com</u> web: <u>www.CentralStreetYoga.com</u> Bodywork services available by appointment in downtown Bangor and home office in Brewer. Sessions range from relaxation and Swedish massage to deep tissue and myofascial release techniques. Gift certificates available.

Mysticbear Holistic Health 78 Summer Street Hamdpen, ME 04444 ph: 207-561-0691 email: todd@mysticbear.net web: www.mysticbear.net proprietor: Todd Ingram MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

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## **MERCHANDISE:**

A Touch of Maine - Unique Gifts and More ph: 207-422-3268 ph: 207-735-7423 email: <u>ATouchofMaine@msn.com</u> proprietor: Jennifer Worster Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

Connie's Clay Creations 22 Drew St. Augusta, ME 04330 Ph: 207-623-3583 Email: <u>Connies.Clay.Creations@gmail.com</u> Web: <u>http://www.ConniesClayCreations.com</u> Connie Pelkey, Artist-Owner Teaching classes in Polymer Clay use. Selling whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

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NOTARY SERVICES:

Robert Hickey PO Box 2 Bradford, ME 04410

## ph: 207-327-1009 email: <u>nativeglbti@wmconnect.com</u> Notary Public serving the GLBTI community for over 17 yrs.

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#### PAINTING CONTRACTORS

Jessi Mallory c/o Lee's Painting 19 Birch St Milford, ME 04468 ph: (Lee) 207-827-1460 email: <u>Jessimallory@aol.com</u> Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those *interior* painting projects underway! Lee's Painting is committed to giving you <u>guality work</u> at the <u>lowest price!</u> Look around, get other bids, and give us a call! We will underbid <u>any</u> bid you receive, that's just our policy! When you want the job done for less, and done right, **Lee's Painting** is there for you. Projects are adding up, so give us a call to get your project done!

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## PARTY/EVENT PLANNING:

Awesome Events 993 Acadia Highway Orland, ME 04472 ph: 941-2326 or 479-3219 email: <u>awesomeevents@hotmail.com</u> web: <u>www.myspace.com/awesomeevents2008</u> proprietor: Liza Haskell and Crista Jakacky Planning, decorating and simple catering for all your events big or small. We handle any special occasion from a child's birthday party to a graduation or commitment celebration.

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## PET SERVICES:

Amy Damboise Pet & House Sitter PO Box 1191 Southwest Harbor, ME 04679 ph: 207-356-0289 = cell email: <u>adamboise34@hotmail.com</u> I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs...but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

JaneA Kelly Animal Communicator Animal Reiki Practitioner PO Box 428 Belfast, ME 04915 ph: 338-0425 email: <u>changeling@gwi.net</u> web: <u>http://home.gwi.net/~changeling/</u> Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

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# **PHOTOGRAPHY:**

Shutter Images 65 Main St PO Box 1853 Bucksport, ME 04416 ph: 207-469-7741 email: <u>shutterimages@aol.com</u> web: <u>www.shutterimagesbydan.com</u> <u>www.danielwatt.net</u> proprietors: Dan Watt & James Britton We do Weddings, Portraits, Parties, Special Events and much more. Our Motto is: (More than just saying"Cheese"). Studio-Gallery- Passport Photos

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#### **REAL ESTATE:**

Angel Carey, realtor c/o Town & Country Realtors 1162 Union Street Bangor, ME 04401 ph: 207-942-6711 email: reangel@tcreal.com fax: 207-941-9870 web: www.town-countryrealtors.com Representing both buyers and sellers of residential, multi-family, and waterfront properties. Philip Cronin, realtor c/o Mallet Agency 11 North St Dover-Foxcroft, ME 04426 ph: 207-564-8818 email: philipjcronin@yahoo.com web: www.philipjcronin.com Licensed Maine real estate broker **Doucette Realty** PO Box 760 16 East Main St Monroe ME 04951 207-525-9900 gregory doucette@yahoo.com proprietor: Greg Doucette Doucette Realty is a full service real estate agency serving clients in the Mid-Coast region in selling and buying residential, commercial, and land. Greg Doucette (a native of Maine) has been an agent since 1997 both in New Jersey and now in Maine. Lynn Salisbury, realtor c/o Jones Real Estate 232 Main St Ellsworth, ME 04605 ph: 537-3366 cell ph: 266-6004 email: lucky62365@aol.com Bev Uhlenhake, realtor c/o Epstein Commercial Real Estate PO Box 2444 Bangor, ME 04402 ph: 207-945-6222 fax: 207-945-5824 email: bev@epsteincommercial.com web: www.epsteincommercial.com Leasing and sales of commercial and investment property. Deb Villandry Associate Broker Town & Country Realtors 171 Waterville Road Skowhegan, ME. 04976 Office: (207) 474-0869 Fax: (207) 474-0798 Cell: (207) 399-3229 Email: debvillandry@tcreal.com Dwight Wass, realtor PO Box 5 Lincolnville Beach, ME 04849 ph: 207-763-4849 email: campmee@yahoo.com web: www.lincolnvillerealestate.net Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing

#### buyers and sellers.

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#### **RESTAURANTS:**

Cafe Bluefish 122 Cottage St Bar Harbor, ME 04609 ph: 288-3696 email: <u>blh@prexar.com</u> web: <u>www.cafebluefishbarharbor.com</u> proprietor: Bobbie Lynn Hutchins Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant 999 Main Rd Eddington, ME 04428 ph: 207-843-5584 email: <u>info@ClewleyFarm.com</u> web: <u>www.ClewleyFarm.com</u> proprietor: Lawrence Clewley Family style restaurant open 7 days a week from 6:00 a.m. until closing.

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#### SIGNS:

Infinite Signs 40 School St Augusta, ME 04330 ph: 207-595-0750 email: <u>infinitesign@yahoo.com</u> web: <u>www.infinitesigns.com</u> proprietor: Adonna Manzo description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

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# SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Rachel Lee Manning, Medium/Intuitive 198 Main Street Ellsworth, ME 04605 ph: 207-322-9870 email: <u>loveliveson@adelphia.net</u> Offering private, healing sessions in Ellsw

Offering private, healing sessions in Ellsworth focused on the journey of the soul. Messages of love & guidance from departed loved ones, Intuitive Life Guidance Readings, Workshops & Intuitive Development Training, Please email me to receive monthly newsletter & schedule of events.

Healing and Expressive Arts Retreats (H.E.A.R.) PO Box 1604 Blue Hill, ME 04614-1604 (207) 667-2019 (207) 441-2785 [cell] email: <u>hearme@natisp.com</u> proprietor: Eileen Mielenhausen I co-create & coordinate gatherings and retreats i

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me if you would like to receive detailed info about our upcoming gatherings.

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## VACATION SPOT:

Magic Pond Artists' Retreat and Guest House P.O. Box 174 Blaine, ME 04734 ph: 207-429-8787 (please speak slowly and clearly if leaving message) email: <u>Iq@magicpondmaine.com</u> web: <u>www.magicpondmaine.com</u> proprietor: Linda Griffith Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

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## YOGA:

P. M. A. R.

Central Street Yoga 9 Central Street, Suite 401 Bangor, ME 04401 ph: 207-249-9180 email: <u>snowstop@gmail.com</u> web: <u>www.CentralStreetYoga.com</u> proprietor: Terry Lacy description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central, Main, and Hammond Streets.

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# **GLBTI SUPPORTIVE ALLIES:**

## COMPUTER CONSULTING:

Maine Bytes Computer Repair/Web Design Winterport and Bucksport Maine ph: 1-866-632-9837 email: <u>deb@mainebytes.net</u> web: <u>www.mainebytes.net</u> proprietor: Robert & Deborah Newman description: computer repair, web design, and web hosting

## SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Soul Rituals Bucksport, ME 04416 ph: 206-469-2222 email: <u>penbayinc@aol.com</u> web: <u>www.soulrituals.com</u> Proprietor: Kasey Smith My company offers courses on subjects such as spiritual growth. We sell metaphysical items such as rare crystals. We also custom cut precious gemstones for sale alone or set in jewelry. In addition, we give private and confidential psychic readings. All lifestyles welcome.