



HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 JUNE 2008.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@gwi.net or at 862-2063.

ADULT TOYS:

Whipspider Rubberworks

P.O. Box 66

Bangor, ME, 04402-0066

email: questions@whipsoiderrubberworks.com

web: <http://www.whipsoiderrubberworks.com>

Proprietors: Carrie Graham, Erica and Chris Davis

We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

ARTISTS:

Gillyin Gatto

Gillyin Gatto Woodcuts

Kennebec Workshop

9 Bobcat Path

Machias, ME 04654

ph: 207-255-4515

email: bobcatpath@207me.com

web: www.rst-art.com/gattowoodcuts.htm

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Linda Griffith

Playwright & Fine Art Photographer

P.O. Box 174

Blaine, ME 04734

ph: 207-429-8787 (please speak slowly and clearly if leaving message)

email: lg@lindagriffith.com

web: www.lindagriffith.com

Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design
29 Ross Road
Bradford, ME 04410
ph: 207-327-1553
email: dozieralex@hughes.net
web: <http://www.thomashudgins.com>
specializing in commissioned art painting, design schemes and private art lessons.

Mark Nutt
Fine Art Painter
71 C Valley View Lane
Bangor, ME 04401-2985
ph: 207-941-9471
email: info@marknutt.com
web: www.marknutt.com
Original, expressive abstract and plein aire (painted in the open air) landscape oil paintings on canvas. Commission work and private instruction available.
Stephanie Reiser, Luthier
PO Box 71
St. Albans, ME 04971
ph: 207-938-4384
email: sreiser@tds.net
www.stephaniereiser.com then click Mandolins
Builder of fine, custom mandolins and guitars.

Chris Rutecki, Musician / Singer-songwriter
PO BOX 401
Sullivan, ME 04664
ph: 207-422-3325
email: chrisrutecki@hotmail.com
Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

AWNINGS AND CANVAS:

Marc Alberi
c/o Maine Awning and Canvas
404 Elm Street
Newport, Maine 04953
ph: 207-890-7133
email: adventurechallenge@msn.com
Ask for Marc at Maine Awning and Canvas for repairs and manufacture of all types of custom canvas products including awnings, boat canvas, enclosure, covers, commercial, residential and industrial. We service all areas from Bar Harbor to Bangor, Skowhegan to Augusta/Waterville.

BODY/ENERGY WORK:

Todd Ingram
Mysticbear Holistic Health
78 Summer Street
Hamden, ME 04444
ph: 207-561-0691
email: todd@mysticbear.net
web: www.mysticbear.net
MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

BUILDING CONTRACTORS:

Heath Enterprises

PO Box 801

Bangor, ME 04402

ph: 207-745-4678

email: heathenterprises@midmaine.com

proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

COMPUTER CONSULTING:

Astarte Associates

3 Poplar St

Bangor, ME 04401

ph: 207-945-3811

email: vblanchette@adelphia.net

web: www.astarteassociates.com

proprietor: Vicky Blanchette

Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions

20 Eider Way Lane

Trenton, ME 04605

ph: 207-664-3570

email: aardvark340@hotmail.com

proprietor: Kim Hawkins

Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

COUNSELING:

Jeanine Crockett, Ph.D.

Licensed Psychologist

43 Columbia St, Suite 32

Bangor, Me 04401

ph: 942-1483.

Psychotherapy and evaluation of individuals, couples, children and families.

Donna Light

c/o Searsport Counseling Associates

9 Field St, Ste 217

Belfast, ME 04915

ph: 207-338-9145 OR 207-338-2022

Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW

Licensed Clinical Social Worker

96 Harlow Street, Suite 223

Bangor, Me 04401

ph: 478-0884

ChrisMSW01@aol.com

Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

DOLLS:

Santa Andujar
Santa's Boriqua Dolls
Brewer, ME 04412
ph: 207-989-3465
email: owlz_moon@yahoo.com
web: <http://myweb.ecomplanet.com/SABD1383/>
I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 1894
Bangor, ME 04402-1894
ph: 862-2063
email: megress@gwi.net
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
999 Main Rd
Eddington, ME 04428
ph: 207-843-7446
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Full service florist and greenhouses.

FOOD SERVICES:

X-Treme Cheesecakes
Tracy Goodridge
120 Airline Rd
Clifton, ME 04428
ph: 207-843-5617
email: tgoodridge@earthlink.net
Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
321 Bucksport Rd
Ellsworth, ME 04605
ph: 207-667-0062
email: finish@prexar.com
proprietor: David Conary
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens

Moody Mountain Rd
Searsmont, Me 04973
ph: 207-342-4761
web: www.tapestrygardenperennials.com
proprietor: Donna Light
Perennials for sale and small landscaping jobs done.

GLBT CLERGY:

Rev. Al Boyce
173 Broadway, Apt 1
Bangor, Maine 04401
ph: 207-927-0676
email: revalb@yahoo.com

I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

HAIRSTYLING:

Attitude's Hair and Tanning
619 Hammond Street
Bangor, ME 04401
ph: 207-262-7233
email: attitudesplus@aol.com
proprietor: Ann Lucas
Manager: Chase Blanchard
More than 40 years of combined experience. Walk ins welcomed. Home of the \$2 tan, offering acrylic nails, colors, foiling, spray tanning and more.

Hair By Roger
166 Webster Ave
Bangor, ME 04401
ph: 207-907-0224
email: rogermcgathey@msn.com
proprietor: Roger McGathey
description: More than 30 years of experience. New to Maine. By appointment only.

Steve Rossignol
c/o People's Salon And Spa
19 Temple St
Waterville, ME 04901
ph: (cell) 207-314-1487
email: hairslinger8@yahoo.com
Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

HOME SERVICES:

Amy Damboise
Pet & House Sitter
PO Box 1191
Southwest Harbor, ME 04679
ph: 207-356-0289 = cell
email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries.

Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady
1542 US HWY 1
Hancock, ME 04640
ph: 207-422-3268
ph: 207-735-7423
email: jwussta@msn.com
proprietor: Jennifer Worster
Let ME do your "dirty" work

HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Jessi's Guitar Lessons
Milford, ME 04468
ph: 207-827-1460
email: jessimallory@aol.com
proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop your own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School
5 Jellison Ridge Rd
Surry, ME 04684-3340
ph: 207-667-9482
email: wayne@mrlanguage.com
web: www.mrlanguage.com
proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

MASSAGE THERAPISTS:

Aches Aweigh Therapeutic Massage
Located at Hair By Marie and Day Spa
79A Main Street

Ellsworth Maine 04605
Phone: 207-266-5728
Email: raeurban@hotmail.com
Proprietary: Rae Urban, LMT
Swedish Massage, Reiki, Hot Stone Massage, Chair Massage, Canine Massage

The Bodyworks Integrated Therapies
Terry Hart, NCTMB, LMT
195 State St
Bangor, ME 04401
Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork
PO Box 160
744 Main Rd North
Hampden, ME 04444
ph: 207-461-5348
email: slc75@adelphia.net
proprietors: Suzanne & Sandi Carver
Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman
PO Box 148
Blue Hill, ME 04614
ph: 207-374-2140
email: gabrielle@prexar.com
Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage
316 Hammond St, #2
Bangor, ME 04401
ph: 207-942-9319
email: knead24u@yahoo.com
proprietor: Daniel Williams
Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

John Connole, LMT
Bangor & Winterport
ph: 207-478-2229
email: massagesport@hotmail.com
I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Eric L. Sirois, LMT
9 Central Street, 4th Floor
at Central Street Yoga
Bangor, ME 04401
Ph: 207-735-7447
email: Eric@CentralStreetYoga.com
web: www.CentralStreetYoga.com
Bodywork services available by appointment in downtown Bangor and home office in Brewer. Sessions range from relaxation and Swedish massage to deep tissue and myofascial release techniques. Gift certificates available.

Todd Ingram
Mysticbear Holistic Health
78 Summer Street
Hamdpen, ME 04444
ph: 207-561-0691
email: todd@mysticbear.net
web: www.mysticbear.net

MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

MERCHANDISE:

A Touch of Maine - Unique Gifts and More

ph: 207-422-3268

ph: 207-735-7423

email: ATouchofMaine@msn.com

proprietor: Jennifer Worster

Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

Connie's Clay Creations

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: Connies.Clay.Creations@gmail.com

Web: <http://www.ConniesClayCreations.com>

Connie Pelkey, Artist-Owner

Teaching classes in Polymer Clay use. Selling whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

NOTARY SERVICES:

Robert Hickey

PO Box 2

Bradford, ME 04410

ph: 207-327-1009

email: nativeglbti@wmconnect.com

Notary Public serving the GLBTI community for over 17 yrs.

PAINTING CONTRACTORS

Jessi Mallory

c/o Lee's Painting

19 Birch St

Milford, ME 04468

ph: (Lee) 207-827-1460

email: Jessimallory@aol.com

Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those interior painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, Lee's Painting is there for you. Projects are adding up, so give us a call to get your project done!

PET SERVICES:

Amy Damboise

Pet & House Sitter

PO Box 1191

Southwest Harbor, ME 04679

ph: 207-356-0289 = cell

email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

JaneA Kelly
Animal Communicator
Animal Reiki Practitioner
PO Box 428
Belfast, ME 04915
ph: 338-0425

email: changeling@qwi.net

web: <http://home.qwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

PHOTOGRAPHY:

Shutter Images
65 Main St
PO Box 1853
Bucksport, ME 04416
ph: 207-469-7741

email: shutterimages@aol.com

web: www.shutterimagesbydan.com

www.danielwatt.net

proprietors: Dan Watt & James Britton

We do Weddings, Portraits, Parties, Special Events and much more. Our Motto is: (More than just saying "Cheese"). Studio-Gallery-Passport Photos

REAL ESTATE:

Angel Carey, realtor
c/o Town & Country Realtors
1162 Union Street
Bangor, ME 04401
ph: 207-942-6711

email: reangel@tcreal.com

fax: 207-941-9870

web: www.town-countryrealtors.com

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Philip Cronin, realtor
c/o Mallet Agency
11 North St
Dover-Foxcroft, ME 04426
ph: 207-564-8818

email: philipjcronin@yahoo.com

web: www.philipjcronin.com

Licensed Maine real estate broker

Greg Doucette
Doucette Realty
PO Box 760
16 East Main St
Monroe ME 04951

207-525-9900

gregory_doucette@yahoo.com

Doucette Realty is a full service real estate agency serving clients in the Mid-Coast region in selling and buying residential, commercial, and land. Greg Doucette (a native of Maine) has been an agent since 1997 both in New Jersey and now in Maine.

Lynn Salisbury, realtor
c/o Jones Real Estate
232 Main St
Ellsworth, ME 04605
ph: 537-3366
cell ph: 266-6004
email: lucky62365@aol.com

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com
Leasing and sales of commercial and investment property.

Dwight Wass, realtor
PO Box 5
Lincolnville Beach, ME 04849
ph: 207-763-4849
email: campmee@yahoo.com
web: www.lincolnvillerealestate.net
Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Cafe Bluefish
122 Cottage St
Bar Harbor, ME 04609
ph: 288-3696
email: blh@prexar.com
web: www.cafebluefishbarharbor.com
proprietor: Bobbie Lynn Hutchins
Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant
999 Main Rd
Eddington, ME 04428
ph: 207-843-5584
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

SIGNS:

Infinite Signs
40 School St
Augusta, ME 04330

ph: 207-595-0750

email: infinitesign@yahoo.com

web: www.infinitesigns.com

proprietor: Adonna Manzo

description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Rachel Lee Manning, Medium/Intuitive

198 Main Street

Ellsworth, ME 04605

ph: 207-322-9870

email: loveliveson@adelphia.net

Offering private, healing sessions in Ellsworth focused on the journey of the soul. Messages of love & guidance from departed loved ones, Intuitive Life Guidance Readings, Workshops & Intuitive Development Training, Please email me to receive monthly newsletter & schedule of events.

Eileen Mielenhausen

Healing and Expressive Arts Retreats (H.E.A.R.)

PO Box 1604

Blue Hill, ME 04614-1604

(207) 667-2019

(207) 441-2785 [cell]

email: hearne@natisp.com

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me if you would like to receive detailed info about our upcoming gatherings.

VACATION SPOT:

Magic Pond Artists' Retreat and Guest House

P.O. Box 174

Blaine, ME 04734

ph: 207-429-8787 (please speak slowly and clearly if leaving message)

email: lq@magicpondmaine.com

web: www.magicpondmaine.com

proprietor: Linda Griffith

Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

YOGA:

Central Street Yoga

9 Central Street, Suite 401

Bangor, ME 04401

ph: 207-249-9180

email: snowstop@gmail.com

web: www.CentralStreetYoga.com

proprietor: Terry Lacy

description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central, Main, and Hammond Streets.