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Family Affairs Newsletter Business Directory 2007-06-15

Jean Vermette

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HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 SEPTEMBER 2007.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@gwi.net or at 862-2063.

ARTISTS:

Gillyin Gatto
Gillyin Gatto Woodcuts
Kennebec Workshop
9 Bobcat Path
Machias, ME 04654
ph: 207-255-4515
email: gillying@maineline.net

web: www.rst-art.com/gattowoodcuts.htm

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Linda Griffith
Playwright & Fine Art Photographer
P.O. Box 174
Blaine, ME 04734
ph: 207-429-8787 (please speak slowly and clearly if leaving message)
email: lg@lindagriffith.com
web: www.lindagriffith.com

Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design
29 Ross Road
Bradford, ME 04410
ph: 207-327-1553
email: dozieralex@hughes.net
web: <http://www.thomashudgins.com>
specializing in commissioned art painting, design schemes and private art lessons.

Mark Nutt
Fine Art Painter
71 C Valley View Lane
Bangor, ME 04401-2985
ph: 207-941-9471
email: info@marknutt.com
web: www.marknutt.com

Original, expressive abstract and *plein aire* (painted in the open air) landscape oil paintings on canvas. Commission work and

private instruction available.

Stephanie Reiser, Luthier
PO Box 71
St. Albans, ME 04971
ph: 207-938-4384
email: sreiser@tds.net
Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter
PO BOX 401
Sullivan, ME 04664
ph: 207-422-3325
email: chrisrutecki@hotmail.com
Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

BODY/ENERGY WORK:

FOR YOUR HEALTH
Healing Arts Center
Main St.
Blue Hill, ME 04614
ph: 207-460-0366
email: fundrep@qwi.net
proprietor: Jean Rohrer
CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in Blue Hill and Somesville.

Todd Ingram
Mysticbear Holistic Health
78 Summer Street
Hamden, ME 04444
ph: 207-561-0691
email: todd@mysticbear.net
web: www.mysticbear.net
MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

BUILDING CONTRACTORS:

Heath Enterprises
PO Box 801
Bangor, ME 04402
ph: 207-745-4678
email: heathenterprises@midmaine.com
proprietor: David Heath
Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

COMPUTER CONSULTING:

Astarte Associates
3 Poplar St
Bangor, ME 04401
ph: 207-945-3811
email: vblanchette@adelphia.net
web: www.astarteassociates.com

proprietor: Vicky Blanchette
Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

COUNSELING:

Jeanine Crockett, Ph.D.
Licensed Psychologist
43 Columbia St, Suite 32
Bangor, Me 04401
ph: 942-1483.
Psychotherapy and evaluation of individuals, couples, children and families.

Donna Light
c/o Searsport Counseling Associates
9 Field St, Ste 217
Belfast, ME 04915
ph: 207-338-9145 OR 207-338-2022
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW
Licensed Clinical Social Worker
96 Harlow Street, Suite 223
Bangor, Me 04401
ph: 478-0884
ChrisMSW01@aol.com
Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 1894
Bangor, ME 04402-1894
ph: 862-2063
email: megress@zwi.net
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
999 Main Rd
Eddington, ME 04428
ph: 207-843-7446
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Full service florist and greenhouses.

FOOD SERVICES:

X-Treme Cheesecakes
 Tracy Goodridge
 120 Airline Rd
 Clifton, ME 04428
 ph: 207-843-5617
 email: tgoodridge@earthlink.net
 Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
 321 Bucksport Rd
 Ellsworth, ME 04605
 ph: 207-667-0062
 email: finish@prexar.com
 proprietor: David Conary
 Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
 Moody Mountain Rd
 Searsmont, Me 04973
 ph: 207-342-4761
 web: www.tapestrygardenperennials.com
 proprietor: Donna Light
 Perennials for sale and small landscaping jobs done.

HAIRSTYLING:

Chase Blanchard, Manager
 Attitude's Hair and Tanning
 619 Hammond St
 Bangor, ME 04401
 ph: 207-262-7233
 email: attitudesplus@aol.com
 Full service salon providing hair styling and tanning for men and women of all ages. Great low prices.

Steve Rossignol
 c/o People's Salon And Spa
 19 Temple St
 Waterville, ME 04901
 ph: (cell) 207-314-1487
 email: hairslinger8@yahoo.com
 Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

HOME SERVICES:

Amy Damboise
 Pet & House Sitter
 PO Box 253
 Howland, ME 04448

ph: 207-356-0289 = cell
 207-732-4438 = home
 email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady
 1542 US HWY 1
 Hancock, ME 04640
 ph: 207-422-3268
 ph: 207-735-7423
 email: jwussta@msn.com
 proprietor: Jennifer Worster
 Let ME do your "dirty" work

HOUSING (ADULT GROUP HOMES):

Branches, LLC
 44 Center St
 Bangor, ME 04401
 ph: 207-945-9998
 email: branchesllc@aol.com
 exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Jessi's Guitar Lessons
 Milford, ME 04468
 ph: 207-827-1460
 email: jessimallory@aol.com
 proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop *your* own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School
 5 Jellison Ridge Rd
 Surry, ME 04684-3340
 ph: 207-667-9482
 email: wayne@mrlanguage.com
 web: www.mrlanguage.com
 proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

LAWN BUILDINGS AND GAZEBOS:

Shed Happens
 505 Wilson St. (next to Dairy "Queen")
 Brewer, ME 04412
 ph: 207-989-3462
 ph cell: 217-0284
 email: nlgrantjr@yahoo.com

proprietor: Norm Grant Jr.

There is a lot more happening then just sheds at Shed Happens. We have Vinyl / Wood Gazebos, Swing Sets, Playhouses, Storage Sheds, Hot Tubs and Spas. "Family" owned and operated for almost 30 years. Stop in to visit and get in a Hot Tub with us ! Contact Norm.

MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies
 Terry Hart, NCTMB, LMT
 195 State St
 Bangor, ME 04401
 Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork
 PO Box 160
 744 Main Rd North
 Hampden, ME 04444
 ph: 207-461-5348
 email: slc75@adelphia.net
 proprietors: Suzanne & Sandi Carver
 Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman
 PO Box 148
 Blue Hill, ME 04614
 ph: 207-374-2140
 email: gabrielle@prexar.com
 Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage
 316 Hammond St, #2
 Bangor, ME 04401
 ph: 207-942-9319
 email: knead24u@yahoo.com
 proprietor: Daniel Williams
 Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

John Connoles, LMT
 Bangor & Winterport
 ph: 207-478-2229
 email: massagesport@hotmail.com
 I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Rae Urban, NCTMB, LMT
 Ellsworth Area
 "Have Table, Will Travel"
 Phone: 207-266-5728
 Email: raeurban@hotmail.com
 Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

Todd Ingram
 Mysticbear Holistic Health

78 Summer Street
 Hamden, ME 04444
 ph: 207-561-0691
 email: todd@mysticbear.net
 web: www.mysticbear.net

MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hamden and other locations as needed

MERCHANDISE:

A Touch of Maine - Unique Gifts and More

ph: 207-422-3268

ph: 207-735-7423

email: ATouchofMaine@msn.com

proprietor: Jennifer Worster

Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

Connie's Clay Creations

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: Connies.Clay.Creations@gmail.com

Web: <http://www.ConniesClayCreations.com>

Connie Pelkey, Artist-Owner

Teaching classes in Polymer Clay use. Selling whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

NOTARY SERVICES:

Robert Hickey

PO Box 2

Bradford, ME 04410

ph: 207-327-1009

email: nativeglbti@wmconnect.com

Notary Public serving the GLBTI community for over 17 yrs.

PAINTING CONTRACTORS

Jessi Mallory

c/o Lee's Painting

19 Birch St

Milford, ME 04468

ph: (Lee) 207-827-1460

email: Jessimallory@aol.com

Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those *interior* painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, **Lee's Painting** is there for you. Projects are adding up, so give us a call to get your project done!

PET SERVICES:

Amy Damboise

Pet & House Sitter
 PO Box 253
 Howland, ME 04448
 ph: 207-356-0289 = cell
 207-732-4438 = home
 email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

JaneA Kelly
 Animal Communicator
 Animal Reiki Practitioner
 PO Box 428
 Belfast, ME 04915
 ph: 338-0425
 email: changeling@zwi.net
 web: <http://home.zwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

Barbara Mauthe
 Spotted Acres Gourmet Treats
 3811 West River Road
 Sidney, ME 04330
 207-547-3310
 email: bsmconrad@pivot.net

"Spotted Acres Gourmet Treats" for dogs is a women owned and operated business. We prepare and package delectable treats for dogs, all made of natural ingredients and no added preservatives. Offered in various shapes, textures, and flavors to match the personality of your special pet.

REAL ESTATE:

Angel Carey, realtor
 c/o Town & Country Realtors
 1162 Union Street
 Bangor, ME 04401
 ph: 207-942-6711
 email: reangel@tcreal.com
 fax: 207-941-9870
 web: www.town-countryrealtors.com

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Philip Cronin, realtor
 c/o Mallet Agency
 11 North St
 Dover-Foxcroft, ME 04426
 ph: 207-564-8818
 email: philipjcronin@yahoo.com
 web: www.philipjcronin.com
 Licensed Maine real estate broker

Lynn Salisbury, realtor
 c/o Jones Real Estate
 232 Main St
 Ellsworth, ME 04605
 ph: 537-3366
 cell ph: 266-6004
 email: lucky62365@aol.com

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com
Leasing and sales of commercial and investment property.

Dwight Wass, realtor
PO Box 5
Lincolnvill Beach, ME 04849
ph: 207-763-4849
email: campmee@yahoo.com
web: www.lincolnvillerealestate.net

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnvill Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Cafe Bluefish
122 Cottage St
Bar Harbor, ME 04609
ph: 288-3696
email: blh@prexar.com
web: www.cafebluefishbarharbor.com
proprietor: Bobbie Lynn Hutchins

Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant
999 Main Rd
Eddington, ME 04428
ph: 207-843-5584
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

SIGNS:

Infinite Signs
40 School St
Augusta, ME 04330
ph: 207-595-0750
email: infinitesign@yahoo.com
web: www.infinitesigns.com
proprietor: Adonna Manzo

description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Eileen Mielenhausen
 Healing and Expressive Arts Retreats (H.E.A.R.)
 39 Central St.
 Gardiner, ME 04345
 ph (cell): 207-441-2785
 email: hearne@natisp.com

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. We also like to play, have fun, and be creative (vocal improv, writing, drumming, chanting, art-making). Retreats I'm planning for the spring include a firewalking workshop and our annual May Gathering weekend (in Belgrade Lakes region). Please contact me if you would like to receive detailed info about these and other events.

VACATION SPOT:

Magic Pond Artists' Retreat and Guest House
 P.O. Box 174
 Blaine, ME 04734
 ph: 207-429-8787 (please speak slowly and clearly if leaving message)
 email: lg@magicpondmaine.com
 web: www.magicpondmaine.com
 proprietor: Linda Griffith

Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

YOGA:

Central Street Yoga
 9 Central Street, Suite 401
 Bangor, ME 04401
 ph: 207-249-9180
 email: snowstop@gmail.com
 web: www.CentralStreetYoga.com

proprietor: Terry Lacy
 description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central, Main, and Hammond Streets.