

9-15-2006

**Family Affairs Newsletter Business Directory 2006-09-15**

Jean Vermette

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**Jean Vermette**

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**From:** "Jean Vermette" <megress@ghi.net>  
**To:** <Undisclosed-Recipient:>  
**Sent:** Thursday, September 14, 2006 11:06 PM  
**Subject:** FAN - BUSINESS DIRECTORY - 15 SEPTEMBER 2006

HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 DECEMBER 2006.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at [megress@tds.net](mailto:megress@tds.net) or at 862-2063.

\*\*\*\*\*

**ARTISTS:**

Gillyin Gatto  
 Gillyin Gatto Woodcuts  
 Kennebec Workshop  
 9 Bobcat Path  
 Machias, ME 04654  
 ph: 207-255-4515

email: [gillying@maineline.net](mailto:gillying@maineline.net)

web: [www.rst-art.com/gattowoodcuts.htm](http://www.rst-art.com/gattowoodcuts.htm)

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Tom Hudgins Art and Design  
 29 Ross Road  
 Bradford, ME 04410  
 ph: 207-327-1553

email: [tomchristopher71@yahoo.com](mailto:tomchristopher71@yahoo.com)

web: <http://www.thomashudgins.com>

specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, Luthier  
 PO Box 71

St. Albans, ME 04971

ph: 207-938-4384

email: [sreiser@tds.net](mailto:sreiser@tds.net)

Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter  
 PO BOX 401

Sullivan, ME 04664

ph: 207-422-3325

email: [chrisrutecki@hotmail.com](mailto:chrisrutecki@hotmail.com)

Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

\*\*\*\*\*

**BARS & NIGHTCLUBS:**

Club Detour

611 B Wilson St

Brewer, ME 04412

ph: 207-989-3386

email: [clubdetourbrewer@aol.com](mailto:clubdetourbrewer@aol.com)web: [www.clubdetour.us](http://www.clubdetour.us)

proprietors: Chase &amp; Troy Blanchard

Central and Northern Maine's hottest nightclub for all. Come check out our 2 story nightclub. On the corner of Wilson St & Sparks Ave (right behind the Mobile station).

\*\*\*\*\*

**BODY/ENERGY WORK:**

FOR YOUR HEALTH

Healing Arts Center

Main St.

Blue Hill, ME 04614

ph: 207-460-0366

email: [fundrep@ghi.net](mailto:fundrep@ghi.net)

proprietor: Jean Rohrer

CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in Blue Hill and Somesville.

Todd Ingram

Mysticbear Holistic Health

78 Summer Street

Hamden, ME 04444

ph: 207-561-0691

email: [todd@mysticbear.net](mailto:todd@mysticbear.net)web: [www.mysticbear.net](http://www.mysticbear.net)

MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

\*\*\*\*\*

**BUILDING CONTRACTORS:**

Heath Enterprises

PO Box 801

Bangor, ME 04402

ph: 207-745-4678

email: [heathenterprises@earthlink.net](mailto:heathenterprises@earthlink.net)

proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

\*\*\*\*\*

**COMPUTER CONSULTING:**

Astarte Associates

3 Poplar St

Bangor, ME 04401

ph: 207-945-3811

email: [yblanchette@adelphia.net](mailto:yblanchette@adelphia.net)web: [www.astarteassociates.com](http://www.astarteassociates.com)



proprietor: Vicky Blanchette  
Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions  
20 Eider Way Lane  
Trenton, ME 04605  
ph: 207-664-3570  
email: [aardvark340@hotmail.com](mailto:aardvark340@hotmail.com)

proprietor: Kim Hawkins  
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

\*\*\*\*\*

## COUNSELING:

Jeanine Crockett, Ph.D.  
Licensed Psychologist  
43 Columbia St, Suite 32  
Bangor, Me 04401  
ph: 942-1483.  
Psychotherapy and evaluation of individuals, couples, children and families.

Donna Light  
c/o Searsport Counseling Associates  
9 Field St, Ste 217  
Belfast, ME 04915  
ph: 207-338-9145 OR 207-338-2022  
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW  
Licensed Clinical Social Worker  
96 Harlow Street, Suite 223  
Bangor, Me 04401  
ph: 478-0884  
[ChrisMSW01@aol.com](mailto:ChrisMSW01@aol.com)  
Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

\*\*\*\*\*

## ELECTRICAL CONTRACTORS:

Jean Vermette  
PO Box 1894  
Bangor, ME 04402-1894  
ph: 862-2063  
email: [megress@tds.net](mailto:megress@tds.net)  
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

\*\*\*\*\*

## FLORISTS:

Clewley Farm Florist  
999 Main Rd  
Eddington, ME 04428  
ph: 207-843-7446  
email: [info@ClewleyFarm.com](mailto:info@ClewleyFarm.com)  
web: [www.ClewleyFarm.com](http://www.ClewleyFarm.com)  
proprietor: Lawrence Clewley  
Full service florist and greenhouses.

Sweet Indulgences  
71 Valley View Lane, Apt C  
Bangor, ME 04401  
ph: 207-941-9471  
email: [markdnutt@yahoo.com](mailto:markdnutt@yahoo.com)

proprietor: Mark Nutt  
Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.  
Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/committment ceremonies and other gala events.

\*\*\*\*\*

#### FOOD SERVICES:

Sweet Indulgences  
71 Valley View Lane, Apt C  
Bangor, ME 04401  
ph: 207-941-9471  
email: [markdnutt@yahoo.com](mailto:markdnutt@yahoo.com)

proprietor: Mark Nutt  
Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.  
Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/committment ceremonies and other gala events.

X-Treme Cheesecakes  
Tracy Goodridge  
120 Airline Rd  
Clifton, ME 04428  
ph: 207-843-5617  
email: [tgoodridge@earthlink.net](mailto:tgoodridge@earthlink.net)  
Gourmet cheesecakes made to order!

\*\*\*\*\*

#### FURNITURE REFINISHING:

Downeast Refinishing  
321 Bucksport Rd  
Ellsworth, ME 04605  
ph: 207-667-0062  
email: [finish@prexar.com](mailto:finish@prexar.com)

proprietor: David Conary  
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

\*\*\*\*\*

#### GARDENS & NURSERIES:

Tapestry Gardens  
Moody Mountain Rd  
Searsmont, Me 04973  
ph: 207-342-4761  
web: [www.tapestrygardenperennials.com](http://www.tapestrygardenperennials.com)  
proprietor: Donna Light  
Perennials for sale and small landscaping jobs done.

\*\*\*\*\*

#### HOME SERVICES:

Amy Damboise

Pet & House Sitter  
 34 Jefferson St  
 Bangor, ME 04401  
 ph: 207-356-0289  
 email: [adamboise34@hotmail.com](mailto:adamboise34@hotmail.com)

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady  
 1542 US HWY 1  
 Hancock, ME 04640  
 ph: 207-422-3268  
 ph: 207-735-7423  
 email: [jwussta@msn.com](mailto:jwussta@msn.com)  
 proprietor: Jennifer Worster  
 Let ME do your "dirty" work

\*\*\*\*\*

#### HOUSING (ADULT GROUP HOMES):

Branches, LLC  
 44 Center St  
 Bangor, ME 04401  
 ph: 207-945-9998  
 email: [branchesllc@aol.com](mailto:branchesllc@aol.com)  
 exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

\*\*\*\*\*

#### INSTRUCTION:

Learning Unlimited Language School  
 5 Jellison Ridge Rd  
 Surry, ME 04684-3340  
 ph: 207-667-9482  
 email: [wayne@mrlanguage.com](mailto:wayne@mrlanguage.com)  
 web: [www.mrlanguage.com](http://www.mrlanguage.com)  
 proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

\*\*\*\*\*

#### MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies  
 Terry Hart, NCTMB, LMT  
 195 State St  
 Bangor, ME 04401  
 Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork



PO Box 160  
 744 Main Rd North  
 Hampden, ME 04444  
 ph: 207-461-5348  
 email: [slc75@adelphia.net](mailto:slc75@adelphia.net)  
 proprietors: Suzanne & Sandi Carver  
 Specializing in deep tissue and relaxation massage with integrative energy work.

Energy Rising  
 163 Main St (between the Grand and the Riverside Cafe)  
 Ellsworth, ME 04605  
 ph: 207-667-8200  
 proprietors: Barbara Hadowanetz and Rachel Urban  
 Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

Gabrielle Wellman  
 PO Box 148  
 Blue Hill, ME 04614  
 ph: 207-374-2140  
 email: [gabrielle@prexar.com](mailto:gabrielle@prexar.com)  
 Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage  
 316 Hammond St, #2  
 Bangor, ME 04401  
 ph: 207-942-9319  
 email: [knead24u@yahoo.com](mailto:knead24u@yahoo.com)  
 proprietor: Daniel Williams  
 Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

John Connole, LMT  
 Bangor & Winterport  
 ph: 207-478-2229  
 email: [massagesport@hotmail.com](mailto:massagesport@hotmail.com)  
 I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Rae Urban, NCTMB, LMT  
 Ellsworth Area  
 "Have Table, Will Travel"  
 Phone: 207-266-5728  
 Email: [raeurban@hotmail.com](mailto:raeurban@hotmail.com)  
 Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

Todd Ingram  
 Mysticbear Holistic Health  
 78 Summer Street  
 Hampden, ME 04444  
 ph: 207-561-0691  
 email: [todd@mysticbear.net](mailto:todd@mysticbear.net)  
 web: [www.mysticbear.net](http://www.mysticbear.net)  
 MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

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**MERCHANDISE:****A TOUCH OF MAINE - UNIQUE GIFTS AND MORE**

ph: 207-422-3268

ph: 207-735-7423

email: [ATouchofMaine@msn.com](mailto:ATouchofMaine@msn.com)

proprietor: Jennifer Worster

Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

**CONNIE'S CLAY CREATIONS**

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: [CCLayCreations@adelphia.net](mailto:CCLayCreations@adelphia.net)Web: <http://users.adelphia.net/~cclaycreations/>

Connie Pelkey, Artist-Owner

Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

**ENERGY RISING**

163 Main St (between the Grand and the Riverside Cafe)

Ellsworth, ME 04605

ph: 207-667-8200

proprietors: Barbara Hadowanetz and Rachel Urban

Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

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**PET SERVICES:**

Amy Damboise

Pet &amp; House Sitter

34 Jefferson St

Bangor, ME 04401

ph: 207-356-0289

email: [adamboise34@hotmail.com](mailto:adamboise34@hotmail.com)

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

JaneA Kelly

Animal Communicator

Animal Reiki Practitioner

PO Box 428

Belfast, ME 04915

ph: 338-0425

email: [changeling@zwi.net](mailto:changeling@zwi.net)web: <http://home.zwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

\*\*\*\*\*

**REAL ESTATE:**



Angel Carey, realtor  
c/o Town & Country Realtors  
1162 Union Street  
Bangor, ME 04401  
ph: 207-942-6711  
email: [reangel@tcreal.com](mailto:reangel@tcreal.com)  
fax: 207-941-9870

web: [www.town-countryrealtors.com](http://www.town-countryrealtors.com)

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Philip Cronin, realtor  
c/o Mallet Agency  
11 North St  
Dover-Foxcroft, ME 04426  
ph: 207-564-8818  
email: [philipjcronin@yahoo.com](mailto:philipjcronin@yahoo.com)  
web: [www.philipjcronin.com](http://www.philipjcronin.com)  
Licensed Maine real estate broker

Lynn Salisbury, realtor  
c/o Jones Real Estate  
232 Main St  
Ellsworth, ME 04605  
ph: 537-3366  
cell ph: 266-6004  
email: [lucky62365@aol.com](mailto: lucky62365@aol.com)

Bev Uhlenhake, realtor  
c/o Epstein Commercial Real Estate  
PO Box 2444  
Bangor, ME 04402  
ph: 207-945-6222  
fax: 207-945-5824  
email: [bev@epsteincommercial.com](mailto:bev@epsteincommercial.com)  
web: [www.epsteincommercial.com](http://www.epsteincommercial.com)  
Leasing and sales of commercial and investment property.

Dwight Wass, realtor  
PO Box 5  
Lincolnvill Beach, ME 04849  
ph: 207-763-4849  
email: [campmee@yahoo.com](mailto:campmee@yahoo.com)  
web: [www.lincolnvillerealestate.net](http://www.lincolnvillerealestate.net)

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnvill Real Estate and offers over twenty years of experience representing buyers and sellers.

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## RESTAURANTS:

Blue Sage Bistro  
Rt. 102  
Town Hill, ME 04609  
(near the head of Mt. Desert Island)  
ph: 288-5222  
email: [blh@prexar.com](mailto:blh@prexar.com)  
web: [www.cafebluefishbarharbor.com](http://www.cafebluefishbarharbor.com)

proprietor: Bobbie Lynn Hutchins  
Sister restaurant to the Cafe Bluefish in downtown Bar Harbor, the Bistro serves a similar menu with the addition of one or two beef entrees. Just 15 minutes from Ellsworth or anywhere on MDI, the decor and ambience of Blue Sage Bistro is like a french

country bistro. Open seasonally, please call for hours and reservations.

Cafe Bluefish  
122 Cottage St  
Bar Harbor, ME 04609  
ph: 288-3696  
email: [blh@prexar.com](mailto:blh@prexar.com)  
web: [www.cafebluefishbarharbor.com](http://www.cafebluefishbarharbor.com)

proprietor: Bobbie Lynn Hutchins

Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant  
999 Main Rd  
Eddington, ME 04428  
ph: 207-843-5584  
email: [info@ClewleyFarm.com](mailto:info@ClewleyFarm.com)  
web: [www.ClewleyFarm.com](http://www.ClewleyFarm.com)  
proprietor: Lawrence Clewley  
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

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## **SPIRITUALITY, CREATIVITY, PERSONAL GROWTH**

Eileen Mielenhausen  
Healing and Expressive Arts Retreats (H.E.A.R.)  
39 Central St.  
Gardiner, ME 04345  
ph (cell): 207-441-2785  
email: [hearme@natisp.com](mailto:hearme@natisp.com)

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. We also like to play, have fun, and be creative (vocal improv, writing, drumming, chanting, art-making). Retreats I'm planning for the spring include a firewalking workshop and our annual May Gathering weekend (in Belgrade Lakes region). Please contact me if you would like to receive detailed info about these and other events.