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**Family Affairs Newsletter Business Directory 2006-03-15**

Jean Vermette

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HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 JUNE 2006.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at [megress@tds.net](mailto:megress@tds.net) or at 862-2063.

\*\*\*\*\*

#### ARTISTS:

Gillyin Gatto  
Gillyin Gatto Woodcuts  
Kennebec Workshop  
9 Bobcat Path  
Machias, ME 04654  
ph: 207-255-4515

email: [gillying@maineline.net](mailto:gillying@maineline.net)

web: [www.rst-art.com/gattowoodcuts.htm](http://www.rst-art.com/gattowoodcuts.htm)

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Gail Horton, Image Maker  
1 Gator Rd  
Machiasport, ME 04655  
ph: 207-255-5967

email: [gailhorton@verizon.net](mailto:gailhorton@verizon.net)

web: [www.gailsdreamtime.com](http://www.gailsdreamtime.com)

DREAMTIME, Works of Art to delight the soul. Images of the beauty of the nature of Maine.

Tom Hudgins Art and Design  
29 Ross Road  
Bradford, ME 04410  
ph: 207-327-1553

email: [tomchristopher71@yahoo.com](mailto:tomchristopher71@yahoo.com)

web: <http://tomhudginsart.com>

specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, Luthier  
PO Box 71  
St. Albans, ME 04971  
ph: 207-938-4384

email: [sreiser@tds.net](mailto:sreiser@tds.net)

Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter

PO BOX 401

Sullivan, ME 04664

ph: 207-422-3325

email: [chrisrutecki@hotmail.com](mailto:chrisrutecki@hotmail.com)

Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

\*\*\*\*\*

## **BARS & NIGHTCLUBS:**

Detour Bar N Grill

611 B Wilson St

Brewer, ME 04412

ph: 207-989-3386

email: [clubdetourbrewer@aol.com](mailto:clubdetourbrewer@aol.com)

web: [www.clubdetour.us](http://www.clubdetour.us)

proprietors: Chase & Troy Blanchard

Central and Northern Maine's hottest nightclub for all. Come check out our all new 2 story nightclub. On the corner of Wilson St & Sparks Ave (right behind the Mobile station).

Karma

123 Franklin St (under the Panda Garden Restaurant)

Bangor, ME 04401

ph: 207-942-3002

proprietors: Sabin Beckwith & Chad Hamilton

Pub & Club. Open 7 days a week. Sun ladies night 7pm-1am, Mon/Tue 7pm-1am, Wed men's night 8pm-1am, Thur Karaoke 8pm-2am, Fri/Sat dancing 8pm-2am.

\*\*\*\*\*

## **BODY/ENERGY WORK:**

FOR YOUR HEALTH

Healing Arts Center

Main St.

Blue Hill, ME 04614

ph: 207-460-0366

email: [fundrep@zwi.net](mailto:fundrep@zwi.net)

proprietor: Jean Rohrer

CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in Blue Hill and Somesville.

\*\*\*\*\*

## **BUILDING CONTRACTORS:**

Heath Enterprises

PO Box 801

Bangor, ME 04402

ph: 207-745-4678

email: [heathenterprises@earthlink.net](mailto:heathenterprises@earthlink.net)

proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

\*\*\*\*\*

## **COMPUTER CONSULTING:**

Astarte Associates

3 Poplar St  
Bangor, ME 04401  
ph: 207-945-3811  
email: [vblanchette@adelphia.net](mailto:vblanchette@adelphia.net)  
web: [www.astarteassociates.com](http://www.astarteassociates.com)  
proprietor: Vicky Blanchette  
Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions  
20 Eider Way Lane  
Trenton, ME 04605  
ph: 207-664-3570  
email: [aardvark340@hotmail.com](mailto:aardvark340@hotmail.com)  
proprietor: Kim Hawkins  
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

\*\*\*\*\*

### **COUNSELING:**

Jeanine Crockett, Ph.D.  
Licensed Psychologist  
43 Columbia St, Suite 32  
Bangor, Me 04401  
ph: 942-1483.  
Psychotherapy and evaluation of individuals, couples, children and families.

Donna Light  
c/o Searsport Counseling Associates  
9 Field St, Ste 217  
Belfast, ME 04915  
ph: 207-338-9145 OR 207-338-2022  
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Peter Rees, EdD  
909 Oak Point Rd.  
Trenton, ME 04605  
ph: 207-667-2358  
email: [rees909@midmaine.com](mailto:rees909@midmaine.com)  
Licensed Psychologist

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### **ELECTRICAL CONTRACTORS:**

Jean Vermette  
PO Box 1894  
Bangor, ME 04402-1894  
ph: 862-2063  
email: [megress@tds.net](mailto:megress@tds.net)  
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

\*\*\*\*\*

### **FLORISTS:**

Clewley Farm Florist  
999 Main Rd  
Eddington, ME 04428  
ph: 207-843-7446  
email: [info@ClewleyFarm.com](mailto:info@ClewleyFarm.com)



web: [www.ClewleyFarm.com](http://www.ClewleyFarm.com)  
 proprietor: Lawrence Clewley  
 Full service florist and greenhouses.

Sweet Indulgences  
 71 Valley View Lane, Apt C  
 Bangor, ME 04401  
 ph: 207-941-9471  
 email: [markdnutt@yahoo.com](mailto:markdnutt@yahoo.com)  
 proprietor: Mark Nutt  
 Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.  
 Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

\*\*\*\*\*

#### FOOD SERVICES:

Sweet Indulgences  
 71 Valley View Lane, Apt C  
 Bangor, ME 04401  
 ph: 207-941-9471  
 email: [markdnutt@yahoo.com](mailto:markdnutt@yahoo.com)  
 proprietor: Mark Nutt  
 Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.  
 Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

X-Treme Cheesecakes  
 Tracy Goodridge  
 120 Airline Rd  
 Clifton, ME 04428  
 ph: 207-843-5617  
 email: [tgoodridge@earthlink.net](mailto:tgoodridge@earthlink.net)  
 Gourmet cheesecakes made to order!

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#### FURNITURE REFINISHING:

Downeast Refinishing  
 321 Bucksport Rd  
 Ellsworth, ME 04605  
 ph: 207-667-0062  
 email: [finish@prexar.com](mailto:finish@prexar.com)  
 proprietor: David Conary  
 Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

\*\*\*\*\*

#### GARDENS & NURSERIES:

Tapestry Gardens  
 Moody Mountain Rd  
 Searsmont, Me 04973  
 ph: 207-342-4761  
 web: [www.tapestrygardenperennials.com](http://www.tapestrygardenperennials.com)  
 proprietor: Donna Light  
 Perennials for sale and small landscaping jobs done.

\*\*\*\*\*

**HOME MAINTENANCE:****'Round The House Maintenance**

1277 Canaan Rd

Hartland, ME 04943

ph: 207-938-4922

cell: 207-215-9687

email: [yankeedragon@tds.net](mailto:yankeedragon@tds.net)web: [www.roundthehousemaintenance.com](http://www.roundthehousemaintenance.com)

proprietor: Lisa Field

Maintenance, cleaning, painting, light carpentry and repair. I have over a decade of experience, have references, and am insured. No job too small.

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**HOUSING (ADULT GROUP HOMES):****Branches, LLC**

44 Center St

Bangor, ME 04401

ph: 207-945-9998

email: [branchesllc@aol.com](mailto:branchesllc@aol.com)

exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

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**INSTRUCTION:****Learning Unlimited Language School**

5 Jellison Ridge Rd

Surry, ME 04684-3340

ph: 207-667-9482

email: [wayne@mrlanguage.com](mailto:wayne@mrlanguage.com)web: [www.mrlanguage.com](http://www.mrlanguage.com)

proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

\*\*\*\*\*

**MASSAGE THERAPISTS:****The Bodyworks Integrated Therapies**

Terry Hart, NCTMB, LMT

195 State St

Bangor, ME 04401

Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

**Energetic Awakenings - Therapeutic Bodywork**

PO Box 160

744 Main Rd North

Hampden, ME 04444

ph: 207-461-5348



email: [slc75@adelphia.net](mailto:slc75@adelphia.net)  
 proprietors: Suzanne & Sandi Carver  
 Specializing in deep tissue and relaxation massage with integrative energy work.

Energy Rising  
 163 Main St (between the Grand and the Riverside Cafe)  
 Ellsworth, ME 04605  
 ph: 207-667-8200  
 proprietors: Barbara Hadowanetz and Rachel Urban  
 Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

Gabrielle Wellman  
 PO Box 148  
 Blue Hill, ME 04614  
 ph: 207-374-2140  
 email: [gabrielle@prexar.com](mailto:gabrielle@prexar.com)  
 Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage  
 316 Hammond St, #2  
 Bangor, ME 04401  
 ph: 207-942-9319  
 email: [knead24u@yahoo.com](mailto:knead24u@yahoo.com)  
 proprietor: Daniel Williams  
 Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

Healing Stone  
 H. Francine Frank, LMT, LCSW  
 6A Paddy Lane  
 Franklin, ME 04634  
 ph: 207-565-2309  
 email: [stargaze@acadia.net](mailto:stargaze@acadia.net)  
 Therapeutic Bodywork and Emotional Counseling.

Heart & Soul Healing Space  
 Reni Proulx, CMT  
 39 Cottage St  
 Bar Harbor, ME 04609  
 ph: 207-288-2800 (summer season only)  
 email: [renip@rocketmail.com](mailto:renip@rocketmail.com)

John Connoles, LMT  
 Bangor & Wells  
 ph: 207-478-2229  
 email: [massagesport@hotmail.com](mailto:massagesport@hotmail.com)  
 I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Rae Urban, NCTMB, LMT  
 Ellsworth Area  
 "Have Table, Will Travel"  
 Phone: 207-266-5728  
 Email: [raeurban@hotmail.com](mailto:raeurban@hotmail.com)  
 Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

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**MERCHANDISE:****CONNIE'S CLAY CREATIONS**

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: [CCLayCreations@adelphia.net](mailto:CCLayCreations@adelphia.net)Web: <http://users.adelphia.net/~cclaycreations/>

Connie Pelkey, Artist-Owner

Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

**ENERGY RISING**

163 Main St (between the Grand and the Riverside Cafe)

Ellsworth, ME 04605

ph: 207-667-8200

proprietors: Barbara Hadowanetz and Rachel Urban

Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

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**PET SERVICES:**

JaneA Kelly

Animal Communicator

Animal Reiki Practitioner

PO Box 428

Belfast, ME 04915

ph: 338-0425

email: [changeling@zwi.net](mailto:changeling@zwi.net)web: <http://home.zwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

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**REAL ESTATE:**

Angel Carey, realtor

c/o Town &amp; Country Realtors

1162 Union Street

Bangor, ME 04401

ph: 207-942-6711

email: [reangel@tcreal.com](mailto:reangel@tcreal.com)

fax: 207-941-9870

web: [www.town-countryrealtors.com](http://www.town-countryrealtors.com)

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Lynn Salisbury, realtor

c/o Jones Real Estate

232 Main St

Ellsworth, ME 04605

ph: 537-3366

cell ph: 266-6004

email: [lucky62365@aol.com](mailto:lucky62365@aol.com)

Bev Uhlenhake, realtor



c/o Epstein Commercial Real Estate  
 PO Box 2444  
 Bangor, ME 04402  
 ph: 207-945-6222  
 fax: 207-945-5824  
 email: [bev@epsteincommercial.com](mailto:bev@epsteincommercial.com)  
 web: [www.epsteincommercial.com](http://www.epsteincommercial.com)  
 Leasing and sales of commercial and investment property.

Dwight Wass, realtor  
 PO Box 5  
 Lincolnville Beach, ME 04849  
 ph: 207-763-4849  
 email: [campmee@yahoo.com](mailto:campmee@yahoo.com)  
 web: [www.lincolnvillerealestate.net](http://www.lincolnvillerealestate.net)

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

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## RESTAURANTS:

Blue Sage Bistro  
 Rt. 102  
 Town Hill, ME 04609  
 (near the head of Mt. Desert Island)  
 ph: 288-5222  
 email: [blh@prexar.com](mailto:blh@prexar.com)  
 web: [www.cafebluefishbarharbor.com](http://www.cafebluefishbarharbor.com)  
 proprietor: Bobbie Lynn Hutchins  
 Fine dining. Serving dinner daily May through October.

Cafe Bluefish  
 122 Cottage St  
 Bar Harbor, ME 04609  
 ph: 288-3696  
 email: [blh@prexar.com](mailto:blh@prexar.com)  
 web: [www.cafebluefishbarharbor.com](http://www.cafebluefishbarharbor.com)  
 proprietor: Bobbie Lynn Hutchins  
 Fine dining since 1990. Seafood emphasis. Open nearly year-round. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant  
 999 Main Rd  
 Eddington, ME 04428  
 ph: 207-843-5584  
 email: [info@ClewleyFarm.com](mailto:info@ClewleyFarm.com)  
 web: [www.ClewleyFarm.com](http://www.ClewleyFarm.com)  
 proprietor: Lawrence Clewley  
 Family style restaurant open 7 days a week from 6:00 a.m. until closing.

The Cup And Easel  
 104 East Main St  
 Dover-Foxcroft, ME 04426  
 ph: 207-564-7101  
 email: [thecupandeasel@adelphia.net](mailto:thecupandeasel@adelphia.net)  
 web: [www.thecupandeasel.com](http://www.thecupandeasel.com)  
 proprietor: Dan Philbrick

An eclectic mix of local and regional art...full service coffee and non-alcoholic beverage bar including espresso, cappuccino, lattes and chai made fresh to order...breakfast and lunch served all day...watch the big screen TV on our comfy couches. Thursday night art classes. Open mic the first Wednesday of every month. And the Third Wednesday Community Forum (discussion group). A great place to meet and gather.

\*\*\*\*\*

## **SPIRITUALITY, CREATIVITY, PERSONAL GROWTH**

Eileen Mielenhausen  
Healing and Expressive Arts Retreats (H.E.A.R.)  
39 Central St.  
Gardiner, ME 04345  
ph (cell): 207-441-2785  
email: [hearne@natisp.com](mailto:hearne@natisp.com)

I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. We also like to play, have fun, and be creative (vocal improv, writing, drumming, chanting, art-making). Retreats I'm planning for the spring include a firewalking workshop and our annual May Gathering weekend (in Belgrade Lakes region). Please contact me if you would like to receive detailed info about these and other events.