

12-15-2005

Family Affairs Newsletter Business Directory 2005-12-15

Jean Vermette

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HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 MARCH 2006.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@tds.net or at 862-2063.

ARTISTS:

Gillyin Gatto
Gillyin Gatto Woodcuts
Kennebec Workshop
9 Bobcat Path
Machias, ME 04654
ph: 207-255-4515

email: gillying@maineline.net

web: www.rst-art.com/gattowoodcuts.htm

Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Gail Horton, Image Maker
1 Gator Rd

Machiasport, ME 04655

ph: 207-255-5967

email: gailhorton@verizon.net

web: www.gailsdreamtime.com

DREAMTIME, Works of Art to delight the soul. Images of the beauty of the nature of Maine.

Tom Hudgins Art and Design
29 Ross Road

Bradford, ME 04410

ph: 207-327-1553

email: tomchristopher71@yahoo.com

web: <http://newagethom.tripod.com/>

Specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, Luthier
PO Box 71

St. Albans, ME 04971

ph: 207-938-4384

email: sreiser@tds.net

Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter
 PO BOX 401
 Sullivan, ME 04664
 ph: 207-422-3325
 email: chrisrutecki@hotmail.com

Explore the messages of love and recovery thru the words and music of the songs by Chris & Heather. Perfect for any occasion.

BARS & NIGHTCLUBS:

Detour Bar N Grill
 611 B Wilson St
 Brewer, ME 04412
 ph: 207-989-3386
 email: detourbarngill@aol.com
 web: www.clubdetour.us

proprietors: Chase & Troy Blanchard
 Central and Northern Maine's hottest nightclub for all. Come check out our all new 2 story nightclub. On the corner of Wilson St & Sparks Ave (right behind the Mobile station).

Karma
 123 Franklin St (under the Panda Garden Restaurant)
 Bangor, ME 04401
 ph: 207-942-3002

proprietors: Sabin Beckwith & Chad Hamilton
 Pub & Club. Open 7 days a week. Sun ladies night 7pm-1am, Mon/Tue 7pm-1am, Wed men's night 8pm-1am, Thur Karaoke 8pm-2am, Fri/Sat dancing 8pm-2am.

BODY/ENERGY WORK:

FOR YOUR HEALTH
 Newbury Neck Rd.
 Surry, ME 04684
 ph: 207-667-1971
 email: fundrep@zwi.net
 proprietor: Jean Rohrer

CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in both Surry and Somesville.

BUILDING CONTRACTORS:

Heath Enterprises
 PO Box 801
 Bangor, ME 04402
 ph: 207-745-4678
 email: heathenterprises@earthlink.net
 proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

COMPUTER CONSULTING:

Astarte Associates
 3 Poplar St

Bangor, ME 04401
 ph: 207-945-3811
 email: vblanchette@adelphia.net
 web: www.astarteassociates.com
 proprietor: Vicky Blanchette
 Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
 20 Eider Way Lane
 Trenton, ME 04605
 ph: 207-664-3570
 email: aardvark340@hotmail.com
 proprietor: Kim Hawkins
 Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

COUNSELING:

Jeanine Crockett, Ph.D.
 Licensed Psychologist
 43 Columbia St, Suite 32
 Bangor, Me 04401
 ph: 942-1483.
 Psychotherapy and evaluation of individuals, couples, children and families.

Healing Stone
 H. Francine Frank, LMT, LCSW
 6A Paddy Lane
 Franklin, ME 04634
 ph: 207-565-2309
 email: stargaze@acadia.net
 Therapeutic Bodywork and Emotional Counseling.

Donna Light
 c/o Searsport Counseling Associates
 9 Field St, Ste 217
 Belfast, ME 04915
 ph: 207-338-9145 OR 207-338-2022
 Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Peter Rees, EdD
 909 Oak Point Rd.
 Trenton, ME 04605
 ph: 207-667-2358
 email: rees909@midmaine.com
 Licensed Psychologist

ELECTRICAL CONTRACTORS:

Jean Vermette
 PO Box 1894
 Bangor, ME 04402-1894
 ph: 862-2063
 email: megress@tds.net
 Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
 999 Main Rd
 Eddington, ME 04428
 ph: 207-843-7446
 email: info@ClewleyFarm.com
 web: www.ClewleyFarm.com
 proprietor: Lawrence Clewley
 Full service florist and greenhouses.

Sweet Indulgences
 71 Valley View Lane, Apt C
 Bangor, ME 04401
 ph: 207-941-9471
 email: markdnutt@yahoo.com
 proprietor: Mark Nutt
 Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.
 Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

FOOD SERVICES:

Sweet Indulgences
 71 Valley View Lane, Apt C
 Bangor, ME 04401
 ph: 207-941-9471
 email: markdnutt@yahoo.com
 proprietor: Mark Nutt
 Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions.
 Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

X-Treme Cheesecakes
 Tracy Goodridge
 120 Airline Rd
 Clifton, ME 04428
 ph: 207-843-5617
 email: tgoodridge@earthlink.net
 Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
 321 Bucksport Rd
 Ellsworth, ME 04605
 ph: 207-667-0062
 email: finish@prexar.com
 proprietor: David Conary
 Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
 Moody Mountain Rd

Searsmont, Me 04973
 ph: 207-342-4761
 web: www.tapestrygardenperennials.com
 proprietor: Donna Light
 Perennials for sale and small landscaping jobs done.

HOME MAINTENANCE:

'Round The House Maintenance

1277 Canaan Rd

Hartland, ME 04943

ph: 207-938-4922

cell: 207-215-9687

email: yankeedragon@tds.net

web: www.roundthehousemaintenance.com

proprietor: Lisa Field

Maintenance, cleaning, painting, light carpentry and repair. I have over a decade of experience, have references, and am insured. No job too small.

HOUSING (ADULT GROUP HOMES):

Branches, LLC

44 Center St

Bangor, ME 04401

ph: 207-945-9998

email: branchesllc@aol.com

exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Learning Unlimited Language School

5 Jellison Ridge Rd

Surry, ME 04684-3340

ph: 207-667-9482

email: wayne@mrlanguage.com

web: www.mrlanguage.com

proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies

Terry Hart, NCTMB, LMT

195 State St

Bangor, ME 04401

Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers

Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork

PO Box 160

744 Main Rd North

Hampden, ME 04444

ph: 207-461-5348

email: slc75@adelphia.net

proprietors: Suzanne & Sandi Carver

Specializing in deep tissue and relaxation massage with integrative energy work.

Energy Rising

163 Main St (between the Grand and the Riverside Cafe)

Ellsworth, ME 04605

ph: 207-667-8200

proprietors: Barbara Hadowanetz and Rachel Urban

Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

Gabrielle Wellman

PO Box 148

Blue Hill, ME 04614

ph: 207-374-2140

email: gabrielle@prexar.com

Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Healing Stone

H. Francine Frank, LMT, LCSW

6A Paddy Lane

Franklin, ME 04634

ph: 207-565-2309

email: stargaze@acadia.net

Therapeutic Bodywork and Emotional Counseling.

Heart & Soul Healing Space

Reni Proulx, CMT

39 Cottage St

Bar Harbor, ME 04609

ph: 207-288-2800 (summer season only)

email: renip@rocketmail.com

John Connoles, LMT

Bangor & Wells

ph: 207-478-2229

email: massagesport@hotmail.com

I do an eclectic blend of bodywork. Based in Swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Knead-ah Massage

316 Hammond St, #2

Bangor, ME 04401

ph: 207-942-9319

email: knead2@netscape.com

proprietor: Daniel Williams

Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

Rae Urban, NCTMB, LMT

Ellsworth Area

"Have Table, Will Travel"

Phone: 207-266-5728
 Email: raeurban@hotmail.com
 Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

MERCHANDISE:

CONNIE'S CLAY CREATIONS

22 Drew St.
 Augusta, ME 04330
 Ph: 207-623-3583
 Email: CCLayCreations@adelphia.net
 Web: <http://users.adelphia.net/~cclaycreations/>
 Connie Pelkey, Artist-Owner
 Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

ENERGY RISING

163 Main St (between the Grand and the Riverside Cafe)
 Ellsworth, ME 04605
 ph: 207-667-8200
 proprietors: Barbara Hadowanetz and Rachel Urban
 Books, gifts, music and massage therapy "For your spiritual wealth". We carry items with Celtic, wiccan/pagan, Native American, Asian, GLBT themes etc. It's a store with a positive focus, a place where everyone can come and be comfortable. There is space where we plan to have classes, talks, get-togethers etc. If you want to give a class or suggest a topic, give us a call and let us know! Hours: Mon-Sat 10 am to 8 pm and on Sun from 12 pm to 5 pm.

PET SERVICES:

JaneA Kelly
 Animal Communicator
 Animal Reiki Practitioner
 PO Box 428
 Belfast, ME 04915
 ph: 338-0425
 email: changeling@zwi.net
 web: <http://home.zwi.net/~changeling/>
 Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen.
 Reasonable prices. Barter possible.

REAL ESTATE:

Angel Carey, realtor
 c/o Town & Country Realtors
 1162 Union Street
 Bangor, ME 04401
 ph: 207-942-6711
 email: reangel@tcreal.com
 fax: 207-941-9870
 web: www.town-countryrealtors.com
 Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Lynn Salisbury, realtor
 c/o Jones Real Estate

232 Main St
 Ellsworth, ME 04605
 ph: 537-3366
 cell ph: 266-6004
 email: lucky62365@aol.com

Bev Uhlenhake, realtor
 c/o Epstein Commercial Real Estate
 PO Box 2444
 Bangor, ME 04402
 ph: 207-945-6222
 fax: 207-945-5824
 email: bev@epsteincommercial.com
 web: www.epsteincommercial.com
 Leasing and sales of commercial and investment property.

Dwight Wass, realtor
 PO Box 5
 Lincolnville Beach, ME 04849
 ph: 207-763-4849
 email: campmee@yahoo.com
 web: www.lincolnvillerealestate.net
 Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Blue Sage Bistro
 Rt. 102
 Town Hill, ME 04609
 (near the head of Mt. Desert Island)
 ph: 288-5222
 email: blh@prexar.com
 web: www.cafebluefishbarharbor.com
 proprietor: Bobbie Lynn Hutchins
 Fine dining. Serving dinner daily May through October.

Cafe Bluefish
 122 Cottage St
 Bar Harbor, ME 04609
 ph: 288-3696
 email: blh@prexar.com
 web: www.cafebluefishbarharbor.com
 proprietor: Bobbie Lynn Hutchins
 Fine dining since 1990. Seafood emphasis. Open nearly year-round. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant
 999 Main Rd
 Eddington, ME 04428
 ph: 207-843-5584
 email: info@ClewleyFarm.com
 web: www.ClewleyFarm.com
 proprietor: Lawrence Clewley
 Family style restaurant open 7 days a week from 6:00 a.m. until closing.

The Cup And Easel
 104 East Main St
 Dover-Foxcroft, ME 04426

ph: 207-564-7101

email: thecupandease@adelphia.net

web: www.thecupandease.com

proprietor: Dan Philbrick

An eclectic mix of local and regional art...full service coffee and non-alcoholic beverage bar including espresso, cappuccino, lattes and chai made fresh to order...breakfast and lunch served all day...watch the big screen TV on our comfy couches. Thursday night art classes. Open mic the first Wednesday of every month. And the Third Wednesday Community Forum (discussion group). A great place to meet and gather.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Eileen Mielenhausen

Healing and Expressive Arts Retreats (H.E.A.R.)

PO Box 542

Augusta, ME 04332-0542

ph (cell): 207-441-2785

email: eileenlunasea@hotmail.com

I co-create & coordinate retreats in Maine to give people a place and time and opportunity to do their spiritual and emotional growth work. Retreats I'm planning for the spring include a firewalking workshop and a yoga/chanting/meditation weekend. Info about these and other future retreats is available on request.