

HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 DECEMBER 2005.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@tds.net or at 862-2063.

ARTISTS:

Gillyn Gatto
 Gillyn Gatto Woodcuts
 Kennebec Workshop
 9 Bobcat Path
 Machias, ME 04654
 ph: 207-255-4515
 email: gillyng@maineline.net
 web: www.rst-art.com/gattowoodcuts.htm
 Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

Gail Horton, Image Maker
 1 Gator Rd
 Machiasport, ME 04655
 ph: 207-255-5967
 email: gailhorton@verizon.net
 web: www.gaisdreamtime.com
 DREAMTIME, Works of Art to delight the soul. Images of the beauty of the nature of Maine.

Tom Hudgins Art and Design
 29 Ross Road
 Bradford, ME 04410
 ph: 207-327-1553
 email: tomchristopher71@yahoo.com
 web: <http://newagethom.tripod.com/>
 Specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, Luthier
 PO Box 71
 St. Albans, ME 04971
 ph: 207-938-4384
 email: sreiser@tds.net
 Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter
 PO BOX 401
 Sullivan, ME 04664
 ph: 207-422-3325
 email: chrisrutecki@hotmail.com
 Explore the messages of love and recovery thru the words and music of the songs by Chris & Heather. Perfect for any occasion.

BARS & NIGHTCLUBS:

Detour Bar N Grill
611 B Wilson St
Brewer, ME 04412
ph: 207-989-3386
email: detourbarngill@aol.com
web: www.clubdetour.us

proprietors: Chase & Troy Blanchard
Central and Northern Maine's hottest nightclub for all. Come check out our all new 2 story nightclub. On the corner of Wilson St & Sparks Ave (right behind the Mobile station).

Karma
123 Franklin St (under the Panda Garden Restaurant)
Bangor, ME 04401
ph: 207-942-3002
proprietors: Sabin Beckwith & Chad Hamilton
Pub & Club. Open 7 days a week. Sun ladies night 7pm-1am, Mon/Tue 7pm-1am, Wed men's night 8pm-1am, Thur Karaoke 8pm-2am, Fri/Sat dancing 8pm-2am.

BODY/ENERGY WORK:

FOR YOUR HEALTH
Newbury Neck Rd.
Surry, ME 04684
ph: 207-667-1971
email: fundrep@zwi.net

proprietor: Jean Rohrer
CranoSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in both Surry and Somesville.

BUILDING CONTRACTORS:

Heath Enterprises
PO Box 801
Bangor, ME 04402
ph: 207-745-4678
email: heathenterprises@earthlink.net
proprietor: David Heath

Your one-stop contracting source for Property Maintenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

COMPUTER CONSULTING:

Astarte Associates
3 Poplar St
Bangor, ME 04401
ph: 207-945-3811
email: vblanchette@adelphia.net
web: www.astarteassociates.com
proprietor: Vicky Blanchette

Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins

Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

COUNSELING:

Jeanine Crockett, Ph.D.
Licensed Psychologist
43 Columbia St, Suite 32
Bangor, Me 04401
ph: 942-1483.

Psychotherapy and evaluation of individuals, couples, children and families.

Healing Stone
H. Francine Frank, LMT, LCSW
6A Paddy Lane
Franklin, ME 04634
ph: 207-565-2309
email: stargaze@acadia.net
Therapeutic Bodywork and Emotional Counseling.

Donna Light
c/o Searsport Counseling Associates
9 Field St, Ste 217
Belfast, ME 04915
ph: 207-338-9145 OR 207-338-2022
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Peter Rees, EdD
909 Oak Point Rd.
Trenton, ME 04605
ph: 207-667-2358
email: rees909@midmaine.com
Licensed Psychologist

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 1894
Bangor, ME 04402-1894
ph: 862-2063
email: megress@tds.net
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
999 Main Rd
Eddington, ME 04428
ph: 207-843-7446
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Full service florist and greenhouses.

Sweet Indulgences
71 Valley View Lane, Apt C
Bangor, ME 04401
ph: 207-941-9471
email: markdnutt@yahoo.com
proprietor: Mark Nutt
Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions. Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

FOOD SERVICES:

Sweet Indulgences
71 Valley View Lane, Apt C
Bangor, ME 04401
ph: 207-941-9471
email: markdnutt@yahoo.com
proprietor: Mark Nutt
Specializing in providing stunning, delicious cakes and/or luscious floral arrangements to celebrate your very special occasions. Allow me to assist you in creating/planning memorable events from intimate, romantic dinners for two to full-scale elegant wedding/commitment ceremonies and other gala events.

X-Treme Cheesecakes
Tracy Goodridge
120 Airline Rd

Clifton, ME 04428
ph: 207-843-5617
email: tgoodridge@earthlink.net
Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
321 Bucksport Rd
Ellsworth, ME 04605
ph: 207-667-0062
email: finish@prexar.com
proprietor: David Conary
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
Moody Mountain Rd
Searsmont, Me 04973
ph: 207-342-4761
web: www.tapestrygardenperennials.com
proprietor: Donna Light
Perennials for sale and small landscaping jobs done.

HOME MAINTENANCE:

'Round The House Maintenance
1277 Canaan Rd
Hartland, ME 04943
ph: 207-938-4922
cell: 207-215-9687
email: yankeedragon@tds.net
web: www.roundthehousemaintenance.com
proprietor: Lisa Field
Maintenance, cleaning, painting, light carpentry and repair. I have over a decade of experience, have references, and am insured. No job too small.

HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble
We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Learning Unlimited Language School
5 Jellison Ridge Rd
Surry, ME 04684-3340
ph: 207-667-9482
email: wayne@mrlanguage.com
web: www.mrlanguage.com
proprietor: Wayne Smith
Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies
 Terry Hart, NCTMB, LMT
 195 State St
 Bangor, ME 04401
 Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork

PO Box 160

744 Main Rd North
 Hampden, ME 04444

ph: 207-461-5348

email: slc75@adelphia.net

proprietors: Suzanne & Sandi Carver

Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman

PO Box 148

Blue Hill, ME 04614

ph: 207-374-2140

email: gabrielle@prexar.com

Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Healing Stone

H. Francine Frank, LMT, LCSW

6A Paddy Lane

Franklin, ME 04634

ph: 207-565-2309

email: stargaze@acadia.net

Therapeutic Bodywork and Emotional Counseling.

Heart & Soul Healing Space

Reni Proulx, CMT

39 Cottage St

Bar Harbor, ME 04609

ph: 207-288-2800 (summer season only)

email: renip@rocketmail.com

John Connole, LMT

Bangor & Wells

ph: 207-478-2229

email: massagesport@hotmail.com

I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Knead-ah Massage

316 Hammond St, #2

Bangor, ME 04401

ph: 207-942-9319

email: knead2@netscape.com

proprietor: Daniel Williams

Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

Rae Urban, NCTMB, LMT

Ellsworth Area

"Have Table, Will Travel"

Phone: 207-266-5728

Email: raeurban@hotmail.com

Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

MERCHANDISE:

CONNIE'S CLAY CREATIONS

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: CCLayCreations@adelphia.net

Web: <http://users.adelphia.net/~cclaycreations/>

Connie Pelkey, Artist-Owner
Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

PET SERVICES:

JaneA Kelly
Animal Communicator
Animal Reiki Practitioner
PO Box 428
Belfast, ME 04915
ph: 338-0425
email: changeling@zwi.net
web: <http://home.zwi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

REAL ESTATE:

Angel Carey, realtor
c/o Town & Country Realtors
1162 Union Street
Bangor, ME 04401
ph: 207-942-6711
email: reangel@tcreal.com
fax: 207-941-9870
web: www.town-countryrealtors.com

Representing both buyers and sellers of residential, multi-family, and waterfront properties.

Lynn Salisbury, realtor
c/o Jones Real Estate
232 Main St
Ellsworth, ME 04605
ph: 537-3366
cell ph: 266-6004
email: lucky62365@aol.com

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com

Leasing and sales of commercial and investment property.

Dwight Wass, realtor
PO Box 5
Lincolnton Beach, ME 04849
ph: 207-763-4849
email: campmee@yahoo.com
web: www.lincolntonbeachrealestate.net

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnton Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Blue Sage Bistro
Rt. 102
Town Hill, ME 04609
(near the head of Mt. Desert Island)
ph: 288-5222
email: blh@prexar.com
web: www.cafebluefishbarharbor.com
proprietor: Bobbie Lynn Hutchins
Fine dining. Serving dinner daily May through October.

Cafe Bluefish
 122 Cottage St
 Bar Harbor, ME 04609
 ph: 288-3696
 email: blh@prexar.com
 web: www.cafebluefishbarharbor.com
 proprietor: Bobbie Lynn Hutchins
 Fine dining since 1990. Seafood emphasis. Open nearly year-round. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant
 999 Main Rd
 Eddington, ME 04428
 ph: 207-843-5584
 email: info@ClewleyFarm.com
 web: www.ClewleyFarm.com
 proprietor: Lawrence Clewley
 Family style restaurant open 7 days a week from 6:00 a.m. until closing.

The Cup And Easel
 104 East Main St
 Dover-Foxcroft, ME 04426
 ph: 207-564-7101
 email: thecupandease@adelphia.net
 web: www.thecupandease.com
 proprietor: Dan Philbrick
 An eclectic mix of local and regional art...full service coffee and non-alcoholic beverage bar including espresso, cappuccino, lattes and chai made fresh to order...breakfast and lunch served all day...watch the big screen TV on our comfy couches. Thursday night art classes. Open mic the first Wednesday of every month. And the Third Wednesday Community Forum (discussion group). A great place to meet and gather.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Eileen Mielenhausen
 Healing and Expressive Arts Retreats (H.E.A.R.)
 PO Box 542
 Augusta, ME 04332-0542
 ph (cell): 207-441-2785
 email: eileenunasea@hotmail.com
 I co-create & coordinate retreats in Maine to give people a place and time and opportunity to do their spiritual and emotional growth work. Retreats I'm planning for the spring include a firewalking workshop and a yoga/chanting/meditation weekend. Info about these and other future retreats is available on request.