

HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 SEPTEMBER 2005.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@tds.net or at 862-2063.

ARTISTS:

Gail Horton, Image Maker

1 Gator Rd

Machiasport, ME 04655

ph: 207-255-5967

email: gailhorton@verizon.net

web: www.gailsdreamtime.com

DREAMTIME, Works of Art to delight the soul. Images of the beauty of the nature of Maine.

Tom Hudgins Art and Design

29 Ross Road

Bradford, ME 04410

ph: 207-327-1553

email: tomchristopher71@yahoo.com

web: <http://newagethorn.tripod.com/>

Specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, Luthier

PO Box 71

St. Albans, ME 04971

ph: 207-938-4384

email: sreiser@tds.net

Builder of fine, hand-crafted mandolins.

Chris Rutecki, Musician / Singer-songwriter

PO BOX 401

Sullivan, ME 04664

ph: 207-422-3325

email: chrisrutecki@hotmail.com

Explore the messages of love and recovery thru the words and music of the songs by Chris & Heather. Perfect for any occasion.

BODY/ENERGY WORK:

FOR YOUR HEALTH

Newbury Neck Rd.

Surry, ME 04684

ph: 207-667-1971

email: fundrep@qwi.net

proprietor: Jean Rohrer

CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in both Surry and Somesville.

COMPUTER CONSULTING:

Astarte Associates
3 Poplar St
Bangor, ME 04401
ph: 207-945-3811
email: vblanchette@adelphia.net
web: www.astarteassociates.com
proprietor: Vicky Blanchette
Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

COUNSELING:

Jeanine Crockett, Ph.D.
Licensed Psychologist
43 Columbia St, Suite 32
Bangor, Me 04401
ph: 942-1483.
Psychotherapy and evaluation of individuals, couples, children and families.

Healing Stone
H. Francine Frank, LMT, LCSW
6A Paddy Lane
Franklin, ME 04634
ph: 207-565-2309
email: stargaze@acadia.net
Therapeutic Bodywork and Emotional Counseling.

Donna Light
c/o Searsport Counseling Associates
9 Field St, Ste 217
Belfast, ME 04915
ph: 207-338-9145 OR 207-338-2022
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Peter Rees, EdD
909 Oak Point Rd.
Trenton, ME 04605
ph: 207-667-2358
email: rees909@midmaine.com
Licensed Psychologist

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 1894
Bangor, ME 04402-1894
ph: 862-2063
email: megress@tds.net
Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
999 Main Rd
Eddington, ME 04428
ph: 207-843-7446
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com

proprietor: Lawrence Clewley
Full service florist and greenhouses.

FOOD SERVICES:

X-Treme Cheesecakes
Tracy Goodridge
120 Airline Rd
Clifton, ME 04428
ph: 207-843-5617
email: tgoodridge@earthlink.net
Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
321 Bucksport Rd
Ellsworth, ME 04605
ph: 207-667-0062
email: finish@prexar.com
proprietor: David Conary
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
Moody Mountain Rd
Searsmont, Me 04973
ph: 207-342-4761
web: www.tapestrygardenperennials.com
proprietor: Donna Light
Perennials for sale and small landscaping jobs done.

HOME MAINTENANCE:

'Round The House Maintenance
1277 Canaan Rd
Hartland, ME 04943
ph: 207-938-4922
cell: 207-215-9687
email: yankeedragon@tds.net
web: www.roundthehousemaintenance.com
proprietor: Lisa Field
Maintenance, cleaning, painting, light carpentry and repair. I have over a decade of experience, have references, and am insured. No job too small.

HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble
We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Learning Unlimited Language School
5 Jellison Ridge Rd

Surry, ME 04684-3340

ph: 207-667-9482

email: wayne@mrlanguage.com

web: www.mrlanguage.com

proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies

Terry Hart, NCTMB, LMT

195 State St

Bangor, ME 04401

Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork

PO Box 160

744 Main Rd North

Hampden, ME 04444

ph: 207-461-5348

email: slc75@adelphia.net

proprietors: Suzanne & Sandi Carver

Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman

PO Box 148

Blue Hill, ME 04614

ph: 207-374-2140

email: gabrielle@prexar.com

Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Healing Stone

H. Francine Frank, LMT, LCSW

6A Paddy Lane

Franklin, ME 04634

ph: 207-565-2309

email: stargaze@acadia.net

Therapeutic Bodywork and Emotional Counseling.

Heart & Soul Healing Space

Reni Proulx, CMT

39 Cottage St

Bar Harbor, ME 04609

ph: 207-288-2800 (summer season only)

email: renip@rocketmail.com

John Connoles, LMT

Bangor & Wells

ph: 207-478-2229

email: massagesport@hotmail.com

I do an eclectic blend of bodywork. Based in Swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Knead-ah Massage

316 Hammond St, #2

Bangor, ME 04401

ph: 207-942-9319

email: knead2@netscape.com

proprietor: Daniel Williams

Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

Rae Urban, NCTMB, LMT

Ellsworth Area

"Have Table, Will Travel"

Phone: 207-266-5728

Email: raeurban@hotmail.com

Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

MERCHANDISE:

CONNIE'S CLAY CREATIONS

22 Drew St.

Augusta, ME 04330

Ph: 207-623-3583

Email: CCLayCreations@adelphia.net

Web: <http://users.adelphia.net/~cclaycreations/>

Connie Pelkey, Artist-Owner

Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

PET SERVICES:

JaneA Kelly

Animal Communicator

Animal Reiki Practitioner

PO Box 428

Belfast, ME 04915

ph: 338-0425

email: changeling@ghi.net

web: <http://home.ghi.net/~changeling/>

Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

REAL ESTATE:

Lynn Salisbury, realtor

c/o Jones Real Estate

232 Main St

Ellsworth, ME 04605

ph: 537-3366

cell ph: 266-6004

email: [lucky62365@aol.com](mailto: lucky62365@aol.com)

Bev Uhlenhake, realtor

c/o Epstein Commercial Real Estate

PO Box 2444

Bangor, ME 04402

ph: 207-945-6222

fax: 207-945-5824

email: bev@epsteincommercial.com

web: www.epsteincommercial.com

Leasing and sales of commercial and investment property.

RESTAURANTS:

Blue Sage Bistro

Rt. 102

Town Hill, ME 04609

(near the head of Mt. Desert Island)

ph: 288-5222

email: blh@prexar.com

proprietor: Bobbie Lynn Hutchins

Fine dining. Serving dinner daily May through October.

Cafe Bluefish

122 Cottage St

Bar Harbor, ME 04609

ph: 288-3696

email: blh@prexar.com

proprietor: Bobbie Lynn Hutchins

Fine dining since 1990. Seafood emphasis. Open nearly year-round. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant
999 Main Rd
Eddington, ME 04428
ph: 207-843-5584
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

The Cup And Easel
104 East Main St
Dover-Foxcroft, ME 04426
ph: 207-564-7101
email: thecupandease@adelphia.net
web: www.thecupandease.com
proprietor: Dan Philbrick

An eclectic mix of local and regional art...full service coffee and non-alcoholic beverage bar including espresso, cappuccino, lattes and chai made fresh to order...breakfast and lunch served all day...watch the big screen TV on our comfy couches. Thursday night art classes. Open mic the first Wednesday of every month. And the Third Wednesday Community Forum (discussion group). A great place to meet and gather.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Eileen Mielenhausen
Healing and Expressive Arts Retreats (H.E.A.R.)
PO Box 542
Augusta, ME 04332-0542
ph (cell): 207-441-2785
email: eileenlunasea@hotmail.com

I co-create & coordinate retreats in Maine to give people a place and time and opportunity to do their spiritual and emotional growth work. Retreats I'm planning for the spring include a firewalking workshop and a yoga/chanting/meditation weekend. Info about these and other future retreats is available on request.