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Family Affairs Newsletter Business Directory 2005-03-15

Jean Vermette

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HERE IS THE UPDATED DIRECTORY OF GLBTI BUSINESSES WITHIN A 50 MILE RADIUS OF BANGOR. PRINT IT OUT AND HOLD ON TO IT. THE NEXT UPDATED DIRECTORY WILL COME OUT ON 15 JUNE 2005.

There are several requirements for a business or individual to be listed:

- 1). The business must be gay, lesbian, bisexual, transgender, or intersex OWNED. Straight-owned, queer-friendly businesses are not eligible for listing in the directory.
- 2). The GLBTI owner of the business must contact me directly and ask to be included in the directory. No third-party requests-for-listing will be allowed.
- 3). For an individual, he/she must be a GLBTI person who is "out" at work, and they must offer a service through association with a business (which may or may not be GLBTI-owned). Some examples of this might be a gay lawyer at a mostly-straight law firm, or a lesbian realtor at a mostly-straight realty office.

If you are a GLBTI business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTI business owner or individual and think they ought to be listed, tell them to contact me. I'm Jean at megress@tds.net or at 862-2063.

ARTISTS:

Gail Horton, Image Maker
 1 Gator Rd
 Machiasport, ME 04655
 ph: 207-255-5967
 email: gailhorton304@msn.com
 web: www.gailsdreamtime.com
 DREAMTIME, Works of Art to delight the soul. Images of the beauty of the nature of Maine.

Tom Hudgins Art and Design
 29 Ross Road
 Bradford, ME 04410
 ph: 207-327-1553
 email: tomchristopher71@yahoo.com
 web: <http://newagethom.tripod.com/>
 Specializing in commissioned art painting, design schemes and private art lessons.

Stephanie Reiser, wrought iron creations
 PO Box 71
 St. Albans, ME 04971
 ph: 207-938-4384
 email: sreiser@tds.net
 web: www.courtingcandle.com
 Fine wrought iron candle holders and practical items for the home and office. Authentic 18th and 19th century looks hand-made today.

Chris Rutecki, Musician / Singer-songwriter
 PO BOX 401
 Sullivan, ME 04664
 ph: 207-422-3325
 email: chrisrutecki@hotmail.com
 Explore the messages of love and recovery thru the words and music of the songs by Chris & Heather. Perfect for any occasion.

BODY/ENERGY WORK:

FOR YOUR HEALTH
 Newbury Neck Rd.
 Surry, ME 04684
 ph: 207-667-1971
 email: fundrep@qwi.net
 proprietor: Jean Rohrer
 CranioSacral Therapy and Reiki Therapy. Helping you heal yourself. Appointments available in both Surry and Somesville.

COMPUTER CONSULTING:

Astarte Associates
 3 Poplar St
 Bangor, ME 04401
 ph: 207-945-3811
 email: yblanchette@adelphia.net
 web: www.astarteassociates.com
 proprietor: Vicky Blanchette
 Lesbian owned and operated web design, re-design, and management service.

Cyan Dog Productions
 20 Eider Way Lane
 Trenton, ME 04605
 ph: 207-664-3570
 email: aardvark340@hotmail.com
 proprietor: Kim Hawkins
 Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

CONSULTING (FASHION & COLOR):

Genuine Self
 PO Box 316
 Newcastle, ME 04553
 ph: 207-563-3748
 email: genuineself@hotmail.com
 web: www.genuineself.com (beginning late October)
 proprietor: Donna Minnis
 Integrating color analysis and color therapy with fashion. Services include: (1) personalized color analysis to identify the colors that best harmonize with the individual's palette (2) wardrobe honing and personal shopping, and (3) color therapy consultation to identify the colors that may best serve to help balance and enhance one's physical, mental, emotional, and spiritual well-being. I also design hand-crafted wraps and capes and 'color-fit' them to the individual. Makes a great gift. Group sessions and gift certificates available.

COUNSELING:

Jeanine Crockett, Ph.D.
 Licensed Psychologist
 43 Columbia St, Suite 32
 Bangor, Me 04401
 ph: 942-1483.
 Psychotherapy and evaluation of individuals, couples, children and families.

Healing Stone
 H. Francine Frank, LMT, LCSW
 6A Paddy Lane
 Franklin, ME 04634
 ph: 207-565-2309
 email: stargaze@acadia.net
 Therapeutic Bodywork and Emotional Counseling.

Donna Light
 c/o Searsport Counseling Associates
 9 Field St, Ste 217
 Belfast, ME 04915
 ph: 207-338-9145 OR 207-338-2022
 Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Peter Rees, EdD
 909 Oak Point Rd.
 Trenton, ME 04605
 ph: 207-667-2358
 email: rees909@midmaine.com
 Licensed Psychologist

ELECTRICAL CONTRACTORS:

Jean Vermette
 PO Box 1894
 Bangor, ME 04402-1894
 ph: 862-2063
 email: megress@tds.net
 Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FLORISTS:

Clewley Farm Florist
 999 Main Rd
 Eddington, ME 04428
 ph: 207-843-7446
 email: info@ClewleyFarm.com
 web: www.ClewleyFarm.com
 proprietor: Lawrence Clewley
 Full service florist and greenhouses.

FOOD SERVICES:

X-Treme Cheesecakes
 Tracy Goodridge
 120 Airline Rd
 Clifton, ME 04428
 ph: 207-843-5617
 email: tgoodridge@earthlink.net
 Gourmet cheesecakes made to order!

FURNITURE REFINISHING:

Downeast Refinishing
 321 Bucksport Rd
 Ellsworth, ME 04605
 ph: 207-667-0062
 email: finish@prexar.com
 proprietor: David Conary
 Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GARDENS & NURSERIES:

Tapestry Gardens
 Moody Mountain Rd
 Searsmont, Me 04973
 ph: 207-342-4761
 web: www.tapestrygardenperennials.com
 proprietor: Donna Light
 Perennials for sale and small landscaping jobs done.

HOME MAINTENANCE:

'Round The House Maintenance
 1277 Canaan Rd
 Hartland, ME 04943
 ph: 207-938-4922
 cell: 207-215-9687
 email: yankeedragon@earthlink.net
 web: www.roundthehousemaintenance.com
 proprietor: Lisa Field
 Maintenance, cleaning, painting, light carpentry and repair. I have over a decade of experience, have references, and am insured. No job too small.

HOUSING (ADULT GROUP HOMES):

Branches, LLC
 44 Center St
 Bangor, ME 04401
 ph: 207-945-9998
 email: branchesllc@aol.com
 exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Learning Unlimited Language School
 5 Jellison Ridge Rd
 Surry, ME 04684-3340
 ph: 207-667-9482
 email: wayne@mrlanguage.com
 web: www.mrlanguage.com

proprietor: Wayne Smith
 Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

MASSAGE THERAPISTS:

The Bodyworks Integrated Therapies
 Terry Hart, NCTMB, LMT
 195 State St
 Bangor, ME 04401
 Ph: 207-947-4714

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Gabrielle Wellman
 PO Box 148
 Blue Hill, ME 04614
 ph: 207-374-2140
 email: gabrielle@prexar.com
 Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Healing Stone
 H. Francine Frank, LMT, LCSW
 6A Paddy Lane
 Franklin, ME 04634
 ph: 207-565-2309
 email: stargaze@acadia.net
 Therapeutic Bodywork and Emotional Counseling.

Heart & Soul Healing Space
 Reni Proulx, CMT
 39 Cottage St
 Bar Harbor, ME 04609
 ph: 207-288-2800 (summer season only)
 email: renip@rocketmail.com

John Connoles, LMT
 Bangor & Wells
 ph: 207-478-2229
 email: massagesport@hotmail.com
 I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Knead-ah Massage
 316 Hammond St, #2
 Bangor, ME 04401
 ph: 207-942-9319
 email: knead2@netscape.com
 proprietor: Daniel Williams
 Licensed therapeutic Massage Therapist. I work out of my home or can travel as well.

Rae Urban, NCTMB, LMT
 Ellsworth Area
 "Have Table, Will Travel"
 Phone: 207-266-5728
 Email: raeurban@hotmail.com
 Description: Swedish Massage, Reiki, Chair Massage, Canine Massage

MERCHANDISE:

CONNIE'S CLAY CREATIONS
 22 Drew St.
 Augusta, ME 04330
 Ph: 207-623-3583
 Email: CCLayCreations@adelphia.net
 Web: <http://users.adelphia.net/~cclaycreations/>
 Connie Pelkey, Artist-Owner
 Whimsical jewelry, sculpture, and household items uniquely handcrafted from poly clay.

PET SERVICES:

JaneA Kelly
 Animal Communicator
 Animal Reiki Practitioner
 PO Box 428
 Belfast, ME 04915
 ph: 338-0425
 email: changeling@ghi.net
 web: <http://home.ghi.net/~changeling/>
 Does your companion animal have issues? Do you feel that he/she has something to tell you, but you can't figure out what it is? I can help. I specialize in cats, but I have worked with a variety of domestic animals including dogs, birds, and even oxen. Reasonable prices. Barter possible.

REAL ESTATE:

Lynn Salisbury, realtor
 c/o Jones Real Estate
 232 Main St
 Ellsworth, ME 04605
 ph: 537-3366
 cell ph: 266-6004
 email: [lucky62365@aol.com](mailto: lucky62365@aol.com)

RESTAURANTS:

Blue Sage Bistro
 Rt. 102
 Town Hill, ME 04609
 (near the head of Mt. Desert Island)
 ph: 288-5222
 email: blh@prexar.com
 proprietor: Bobbie Lynn Hutchins
 Fine dining. Serving dinner daily May through October.

Cafe Bluefish
 122 Cottage St
 Bar Harbor, ME 04609
 ph: 288-3696
 email: blh@prexar.com
 proprietor: Bobbie Lynn Hutchins
 Fine dining since 1990. Seafood emphasis. Open nearly year-round. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant

999 Main Rd
Eddington, ME 04428
ph: 207-843-5584
email: info@ClewleyFarm.com
web: www.ClewleyFarm.com
proprietor: Lawrence Clewley
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

The Cup And Easel
104 East Main St
Dover-Foxcroft, ME 04426
ph: 207-564-7101

email: thecupandeasel@adelphia.net
web: www.thecupandeasel.com
proprietor: Dan Philbrick

An eclectic mix of local and regional art...full service coffee and non-alcoholic beverage bar including espresso, cappuccino, lattes and chai made fresh to order...breakfast and lunch served all day...watch the big screen TV on our comfy couches. Thursday night art classes. Open mic the first Wednesday of every month. And the Third Wednesday Community Forum (discussion group). A great place to meet and gather.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Eileen Mielenhausen
Healing and Expressive Arts Retreats (H.E.A.R.)
PO Box 542
Augusta, ME 04332-0542
ph (cell): 207-441-2785

email: eileenlunasea@hotmail.com

I co-create & coordinate retreats in Maine to give people a place and time and opportunity to do their spiritual and emotional growth work. Retreats I'm planning for the spring include a firewalking workshop and a yoga/chanting/meditation weekend. Info about these and other future retreats is available on request.