

the fp

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Letter from The Editor

Following passions

Cullen McIntyre
Editor-in-Chief

I've recently taken the time to extensively reflect on my life in an autobiography assignment for a course I'm taking titled "Launching into Life After College." My first thought was, "I have no idea what to write about. What is there to write about?" As daunting as the assignment initially was, I began to recount my life.

I found an overarching theme in picking passions and happiness over what I was told or encouraged to do. The first time this really came about in my life was in high school. Having recently become a soccer fan, I wanted to play on the club team at my school. I had played baseball my entire life, and until this point had spent most fall seasons working out in the offseason. For those in my support network, they wanted me to continue to pursue baseball and bettering myself. I was faced with picking a passion or something that I "should" do.

I chose soccer. Something that I instantly fell in love with, and when I injured my back to the point of being unable to play baseball, it became the only sport I could play. This choice of sport is only a small sample size compared to the choice I made before attending USM.

I spent all four years of high school

planning on becoming a computer science major, taking introductory, intermediate and AP courses in the subject. I had applied and been accepted to USM as a computer science major, and had even set up my schedule for my first semester.

The problem was that I realized I hated computer science. Taking the AP course made me realize my distaste for the subject, and the thought of a job that involved sitting at a computer screen all day was not something I was interested in.

I spent the summer contemplating what to do, and began researching other majors. One that stood out to me was media studies. I took a sports writing course in my last semester of high school that I really enjoyed, and I had spent the summer blogging about the Red Sox enough that I got a small job for a website covering New England sports.

So a week before I kicked off my freshman year, I called my advisor and changed my major to media studies. And I am so glad I did. Picking your passion and happiness is something that isn't emphasized in school. From day one you are expected to get good grades, which leads to a good college and a well paying job.

Learning what you enjoy is important, and nobody should find themselves suffering mentally in a role that

they don't enjoy. For some the experience of finding your passion can take time, and that's completely okay. While I enjoyed media studies right away, I didn't begin my true passion of photography until my junior year of college.

For some, your passion doesn't necessarily need to be your work. But you should feel passionate about what you are doing with your life. As college students we spend four years of our lives studying and accumulating knowledge in a topic that we hope to get a degree in before applying to jobs. That degree should be meaningful to you, not just a certification that you attend college and got through your major.

The morale of the story that I found is that picking your happiness in whatever you do is important. If you are passionate about something, go for it. Whether it's as small of a choice as picking soccer over baseball, or as big of a choice as changing your major entirely, do what you want to do.

Fulfil yourself, not what others expect of you. **FP**

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*Cullen
McIntyre*

Parking becomes more difficult on Portland campus due to parking lot closure

600 space parking garage planned to open in 2023

Haley Hersey
News Editor

Dean of Students Rodney Mondor said during the first week of classes, the parking garage never exceeded 80% capacity, yet with the closing of the parking lot in front of Masterton Hall for the construction of the new one-acre campus green, parking spots have become harder to find.

USM Director of Sustainability, Aaron Witham, said “subject to Board of Trustee approval, and subject to City of Portland approval, we plan to build a second parking garage. We have been hard at work designing the garage, and the plans are currently before the City for review. It would go beside the existing Abromson garage, and would provide over 600 spaces. It would make up for all of the parking lost from the former Woodbury/Bedford Street parking lot that is now under construction, being transformed to a new campus green.”

Witham also said the new parking garage would be sustainable for the future residents of the new Portland residence hall, Portland Commons. The proposed opening of the new parking garage is in 2023.

Dewey Ferguson, Parking Services Supervisor, said in response to all questions, “All of the answers are on the Website.”

Senior Cyber Security major, Carter Haid, said his experience with parking this year has seemed to improve in com-

parison to last year.

“The lines aren’t as long as prior to COVID and you’re always able to find a spot somewhere. However, it is difficult to get your parking pass to be allowed to park there.”

According to the Parking Services website, as of September 17, “you will not get a citation for not displaying your permit if you do not have one until Monday, October 4, 2021.”

The three person staff is working quickly to process all the requests for permits.

Additionally, until further notice, the exit gates will open to leave for free. All other citations will be issued.

On September 22, Parking Services announced “A decision has been made by the USM Administration to close the grass lawn, located on the Portland Campus by Wishcamper and the Glickman Library, effective immediately.”

Those who continue to park on the lawn will receive citations or will be towed.

In the Dean of Students Email (DoSE), Dean Mondor wrote, “Today on the Portland Campus, I had a student share that there was no parking on campus. When I looked at the parking garage, the entire first floor was empty.”

He continued to write, “Wednesday is our busiest day on campus, and there are plenty of spaces in the garage. It might be a good habit to just go up to level three or higher to find spaces. Check out the Parking website for Parking

Updates.”

USM encourages students to ride the METRO, instead of driving, to meet their sustainable transportation goals, which is published in the Transportation Demand Management (TDM) plan.

“The Office of Sustainability and other departments on campus advocated for the creation of a TDM plan to help increase the multi-modal opportunities on campus, so that our campus transportation system could be more equitable and serve everyone in our community, not just those that have the power and privilege of owning a personal vehicle,” said Witham. “The City review process for the new residence hall and career and student success center provided a perfect opportunity to hire an outside consultant named VHB to help us develop a TDM plan, establish a set of goals, and make it official.”

Witham, Dean Mondor, and others helped direct traffic during the bustle of the first week of classes. They instructed students on how the ticket system works along with how to navigate the parking garage.

“Our experience helping students figure out how to enter the garage and how to find parking was rewarding. Students seemed appreciative of the help, and it was so exciting to see everyone back on campus!” said Witham. “We love working for students because they are our future, and it is deeply meaningful to help them along their journey.” **FP**

Graduate student conducts vaccine intervention plan research

Raul Gierbolini presenting his plan at the Maine Public Health Conference in October

Haley Hersey
News Editor

“Before they made the decision to make the vaccine mandatory for students to be on campus, it was going to be a very interesting challenge for USM’s health leadership to accomplish mobilizing a lot of people - students, faculty, and anyone in the USM community to get vaccinated,” said Raul Gierbolini.

Gierbolini received his Bachelors in Science in Athletic Training at the University of Southern Maine and is in his second year of graduate school for his Master’s of Public Health. Recently, he completed a proposal for a Vaccine Intervention Plan. The research he completed was part of his graduate school program.

From that proposal, an abstract was submitted and accepted to the Maine Public Health Conference. On October 13, Gierbolini will be presenting his plan through use of posters at the three day conference, which spans from October 12-14.

Vaccine hesitancy is very important, said Gierbolini. “According to the World Health Organization, [vaccine hesitancy is] one of the top ten world public health threats.”

Essentially, vaccine hesitancy describes the unease people feel towards getting a vaccination. Some of the resistance to vaccination comes from confusion on the source of the information people consume.

“Vaccinations don’t just stop COVID-19, they’ve been available and open our entire lives. They range from MMR vaccines, influenza vaccines. Citizens in the United States are fortunate enough to have access to vaccines,” said Gierbolini. He also said communication needs to be done in a manner that

“reaches people’s levels of literacy, especially health literacy.”

“Many people work very hard after years of education to push out information. It is important to utilize that as examples and not just any voice that you hear,” said Gierbolini. “We need to be able to encourage and develop our critical thinking through asking questions, being curious, and rely on best practices and best evidence on a topic, such as vaccination.”

The University of Maine System (UMS) announced on September 10 via email from Chancellor Dannel Malloy that “students who choose to not become fully vaccinated by October 15 or seek an exemption by that date will no longer be eligible to live or learn in person on our campuses. By their choice, these learners must be prepared for their education and housing to be disrupted this semester.”

USM has offered multiple vaccination clinics on campus and promoted off-campus sites for students, faculty and staff in addition to testing sites on both campuses.

The UMS shared that they cannot guarantee a change in instructional modality for those “who willingly give up their privilege of living and learning in person on campus.” There will not be any special refund policies for those students either. Those who are considered exempt from the vaccination are required to participate in weekly testing.

Chancellor Malloy stated in the same email that he has been “saying that I want our faculty and staff to meet the same expectations we have for our students. I want every faculty and staff member who can be vaccinated to do so, and I’ve invited our labor leaders to join me in encouraging full vaccination for everyone who can.”

As for faculty and staff who cannot get the vaccine, they are also required to participate in weekly testing. They hope to finalize faculty and staff vaccination protocol soon.

One thing Gierbolini thinks USM students should consider is “USM, the community that it is, a small one where we all run into each other once or twice in a semester, it is important for each one of us to make the best decisions for our individual health, but also on the best knowledge and research for the health of everyone else. In this instance, vaccination has proven to be best at combating that.”

To learn more about COVID-19 vaccination and testing visit USM’s University Health & Counseling website or email usmhealthcounseling@maine.edu **FP**



Nora Devin / Director of Photography

USM testing location on the Portland Campus in the Sullivan Gym.

USM Hires Three New Residential Directors

Positions filled in Robie-Andrews, Anderson-Woodward, Philippi Halls

Lydia Simmons
Arts & Culture Editor

Residential Life (ResLife) at the University of Southern Maine plays a very important role in the experience and success of USM students, so finding the right people to be a part of the ResLife team is crucial. When there became position openings for not one, but three residential director positions for the USM residences of Robie Andrews, Philippi, and Anderson-Woodward Halls, the hunt began for the perfect fit.

Director of Residential Life and Housing, Christina Lowery, shed some light on the role that ResLife plays in the USM community. Lowery explained, “In ResLife we provide housing for students on campus, but beyond that what we really do is we build a community on campus amongst the residential students, and support them in their academic and personal success.”

For Res Life fulfilling their duties is made possible by a hardworking and dedicated staff, the concept of ‘it takes a village’ capturing the essence of the group.

The hiring process followed USM’s general Human Resources (HR) process for the open Resident Director positions. The position openings were posted for no less than twenty four days, allowing people who qualified for the positions to apply. The pool of applicants were then reviewed by a committee, which also included a student representative. The committee decided which applicants were given a first interview and then, following the first interviews, they decided who would be invited to come to campus.

Once the applicant comes to campus, they then conduct the Resident Director interviews, which involves spending time with different groups. These groups included the aforementioned committee, the resident to life team, a group of students, as well as time spent giving a presentation, which some campus constituents are invited to attend.

About the hiring process Lowery said, “As we’re trying to make sure that all our folks can get a sense of the people

and give us some feedback, we also want them to get to meet all the people that are around our department so they really get a good sense of the culture of our community.”

Originally from Indiana, Hillary-Lynn McCabe came to Maine to attend the University of Maine Orono where she participated in a graduate program in higher education.



Cullen McIntyre / Editor-in-Chief

New Resident Director for Anderson-Woodward Hall, Brandon Hallee.

McCabe applied for the position of Resident Director at USM and was one of the three applicants who were selected for the job. She is currently the Resident Director for Robie-Andrews Hall and began her position in mid-July.

When asked about why she chose to apply to the position at USM she said, “I’m really interested in residence life because I’m passionate about things like community building and student advocacy. I’ve worked in diversity and inclusion, and residence life kind of encompasses a lot of these different areas and USM specifically, I noticed in my job search, had a really great attention to things like diversity and inclusion and I got the sense that the people who work here are great team members and care about students.”

As the school year goes on McCabe is looking forward to getting to know USM better and getting to experience the events and traditions that take place at the university.

Maine resident, Brandon Hallee, was another applicant for the Resident Director position that stood out and was hired to join the ResLife team. Hallee attended USM, graduating in 2020 with a bachelor’s degree in leadership and organizational studies and a minor in athletic coaching. He worked in HR, but missed being a part of the cam-

pus and student life prompting him to apply to the open position of resident director. He began his position September 20 and is now the Resident Director for Anderson-Woodward Hall.

On applying, Hallee, who had served as an RA for three years while attending USM said, “Simply put I just absolutely loved working with students and being a part of student life and on campus life and just seeing the ways that people can be affected by a good on campus housing experience and the types of impacts that you can have on the students in so many different ways. And so I absolutely loved it and it’s really the only position and type of work that I have done that hasn’t felt like work, where I get excited that I get to go to a meeting and get to work with a student and meet with a student and help them.”

Hallee looks forward to helping to establish a new norm for students on campus and helping them navigate their new lives as college students.

Hailing from Massachusetts, Christopher Horack is another one of the newly hired Resident Directors rounding out the newly appointed trio. Horack studied for his undergraduate degree at Endicott College where he earned a degree in hospitality management. He then took a year off before attending Elon University where he earned his masters in Higher Education. He began his position on September 20th and is now the Resident Director for Philippi Hall.

Speaking on his experience thus far and the environment of Philippi Hall, Horack said, “I love it, I love Philippi, it seems like an amazing group of students in there, a lot of different students and I think bringing together a really diverse community is exciting and it seems like the students and staff are really great!” **FP**



Photo courtesy of Hillary-Lynn McCabe

New Resident Director for Robie-Andrews Hall, Hillary-Lynn McCabe.



Photo courtesy of Christopher Horack

New Resident Director of Philippi Hall, Christopher Horack.

Arts & Culture

Artist of the Week: Hannah Schultz

Painter pursues her passion to become an arts educator

Cayley Bowman
Staff Writer

Hannah Schultz, a post-bachelor graduate student here at USM who is pursuing her art education certification has earned her spot as our Artist of the Week. Schultz is originally from Montana, but currently residing in the area as she attends classes. Originally, Schultz did not follow her dreams of being an artist due to the “familial pressure” of going into a professional field that would make more money. Schultz has since realized that she can be successful in any career that she is passionate about with hard work and perseverance. Schultz stated, “To love what I do despite the paycheck is more valuable than being miserable in a high paying job. Life is too short, pursue what you’re passionate about.”

Schultz has always been passionate about art, self-teaching how to paint when she was just a child. In high school she never felt like she needed to take art classes save for a few watercolor classes that she took with a local artist in Montana. Schultz credits the local artist for helping her refine and focus her art. Schultz says, “I didn’t want to be held down by assignments or

told what to do,” referring to never taking classes in high school or when she was pursuing her bachelor’s degree. She notes that she prefers to experiment and explore on her own, while learning in the process.

Schultz teaches art at a local community arts center, but is enrolled in school to expand her career options. She wants to be an art educator after graduating with her art education certificate. Schultz aspires to make a living off of selling and sharing her art with others. In the meantime, she enjoys sharing her art for free, especially with children. Schultz also shares that she prefers to do her art during her free time rather than doing art for a school assignment. However, she does appreciate and value the wisdom and talents of teachers that are outside of her own skill set.

Schultz shares that she is always interested in being exposed to new artists and innovative art forms. Schultz expresses, “I am constantly in awe of the talent and creative genius that other artists possess; they inspire me in my own artistic process.” Her favorite thing in the art world is the people that she gets to work with, interact with, and learn from. Schultz communicates that the artists that she spends time with are the most compassionate, kind, caring, creative, and interesting people that she knows. Schultz added, “I truly believe anyone can be creative and make art, it just takes practice.” Schultz is most passionate about sharing her love of art with others through teaching and expressing her love and respect for nature in her art. She notes that she has been experimenting with new ways to express this.

Although Schultz loves art, she does not work on her own art as much as she would like to. She often finds herself too busy or too tired from life to create any art. Schultz works full time as an art educator while taking part time classes, her own artistic goals often falling to the wayside. Schultz does, however, always try to create when she has free time. She is also working on integrating her art into her everyday routine as a way to create consistency within her practice. Schultz shares, “I have always loved to paint. It is definitely my medium of choice.”

Schultz gets intensely focused on the



Photo courtesy of Hannah Schultz

“Going to the Sun,” an oil on canvas piece by Hannah Schultz.

process when she is creating a new piece. “It is like a meditative, zen state that I experience,” she says. Schultz always feels better, almost lighter, after producing something new— even if she is not very fond of the piece that she has created. She expresses that to her the creative process itself is healing. Schultz believes that she has not yet found her artistic “style.” She mostly works in 2D with watercolors, gouache, and oil paint.

The gifted artist gets most of her inspiration from impressionism and is still learning about herself, while growing into her artistic process. Schultz is always branching out and trying new art mediums

as a way to expand her artistic palette. She does this because she genuinely is interested in learning as many new art forms as possible, but also with the purpose of teaching them to others within her art educator career. Schultz shares, “Recently, I have really enjoyed experimenting with eco-printing and eco-dyeing. It is a truly fascinating process and a great way to incorporate nature’s natural gifts into my art.”

Schultz loves to share her art with others. This is why she is not only pursuing a career in art, but she also has a website where people can view and buy her artwork. The website is hschultzart.com. **FP**



Photo courtesy of Hannah Schultz

“Think Pink,” an oil on canvas piece by Hannah Schultz.



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I Know What You Did Last Summer

Students return to the stage in musical showcase

Devin Witte
Staff Writer

The parking lots were packed and Corthell Hall was roaring. The turn around for such an event was amazing, only three weeks of school had gone by and the students were prepared for a live event, the event being, “I Know What You Did Last Summer.” USM students ranging from freshmen to seniors performed songs that were either given to them last semester or were decided on over the summer, hence the title of the performance. The title was also created due to the timing of the performance as the director and vocal coach, Eddie Reichert, stated, “Since we would be performing it a couple days before the summer ended, I thought it was appropriate.”

A recital is an opportunity for students to use their talents and showcase them to the surrounding community. A recital is a way to express the hard work that students put into their craft and with their teachers. Reichert acknowledges the importance of bettering one another through peer review as he expressed in his interview, “I stress the importance of learning to be good colleagues and supporting each

other. These recitals are opportunities for the students to observe each other and learn by doing exactly that.” Many of the previous recitals since March of 2020 were conducted online. Family and friends were forced to enjoy the show from behind a computer screen and through computer audio.

The pandemic was a struggle for those in the music department and many others, working with masks on and trying to get great sound out of students behind a mask became more of a challenge. However with the vaccine and the compliance of spectators to the COVID-19 guidelines, the performers were able to sing in person without masks for their showcase. All of the current sophomores and the freshman had never performed live in the concert hall, so this was a very exciting time for many.

A few student performers shared their experiences with their first in person event, as well as just their overall experiences with their songs.

Isaac Martel, a third year musical theatre major, spent his summer listening to the musical “The Bridges Of Madison County” and fell in love with the song which he ended up duetting with Ciara

Neidlinger for the showcase. They worked together to stage the performance, creating the experience they wanted to share themselves.

Martel shared their emotions in this statement, “As I’ve said, I loved how excited everyone was. COVID-19 robbed us all for over a year and a half from doing what we love, what we are all studying to do for the rest of our lives. Nobody that performed took it for granted, and that is really quite a beautiful thing. I truthfully wouldn’t have changed much. Out of the

“I loved how excited everyone was. COVID-19 robbed us all for over a year and a half from doing what we love, what we are all studying to do for the rest of our lives. Nobody that performed took it for granted, and that is really quite a beautiful thing.”

-Isaac Martel

long time away.

Chana Wingard, a third year musical theatre major, decided to sing a duet with Will McPherson, that the two had been working on together over the summer. The song is titled “Falling Slowly,” and Wingard, “Thought the song would be inspiring and heartfelt.” Based on the roar after the song had completed, the audience loved it. Wingard also made it very clear that to them, the most loving part of their entire experience was the support. Wingard said, “We were all so proud and supportive of each other and I loved the song selections for this recital, and again, how supportive the environment was.”

In the end the production had very few minor flaws. The performance was done very well and all the students seem to be very happy with how it turned out. All of those that I had the opportunity to speak with stated in one way or another that there was nothing they would have changed, and that it will be an event to remember. As we remember what we did this summer and how it is coming to an end, these students will be reminded of this amazing performance. The students are currently in rehearsals right now for the upcoming fall musical entitled, “The World Goes Round.” It’s a celebration of the songs of Kander & Ebb which and will take place on Oct. 29 through Oct. 31st, in the concert hall. **FP**



Photo courtesy of Eddie Reichert

A photo of the performers of the musical showcase “I Know What You Did Last Summer” following their performance.

misery of all that’s happened, we got a glimpse of what things used to be, and hopefully where we’re heading back towards. We were happy and we were making others feel the same way. I couldn’t ask for more than that.”

Brandon Wong, a fourth year musical theatre performance major, explained how there was nothing more that he loved than the experiences made working on a duet with his friend Dylan Cao. The two created such a chemistry working together and this showed on the stage.

Emily Bartley, a third year musical theatre major, decided to sing “They Just Keep Moving the Line” from the show Smash because, “It is super fun and upbeat and I, along with my vocal coach Reichert, thought it would be a great song for our first live performance.” Along with this Bartley shared what an experience it was to have her friends and family be there in Corthell Hall cheering her on after such a

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MOVIE TALK

He's All That

Brandon Kennedy
Staff Writer

Well, this is a blast from the past. Recently, a remake of one of my all-time favorite romance movies came out. The original *She's All That* is a romance movie starring Freddie Prinze Jr, Rachael Leigh Cook, Paul Walker and even featured an appearance from Matthew Lillard. It was an amazing movie back in the 90's, it was well produced. However, as this remake stands, it is flawed because the modernization of the story hasn't aged well. The point of a remake is to modernize the original content for a newer audience. The new movie, *He's All That*, does this but at times fails to hit the mark. The new movie stars TikTok star, Addison Rae in the lead role. Rather than being about the guy having to turn the most unpopular girl in school into Prom Queen, the roles are swapped. Tanner Buchanan plays the role of the unpopular guy named Cameron Kweeler. His role is similar to a goth who hates everything about school, the student populace, and finds solace in abnormal music tracks and photography. Addison plays the role of Padgett Sawyer, a high school student and social media influencer who treats her social media life as her job and is trying to get enough money to go to college. Rachael Leigh Cook and Matthew Lillard make appearances as well, returning from the previous film. Rachael as the mother of Padgett, and Matthew as the Principal of Padgett and Cameron's school.

The boyfriend turned ex of Padgett, played by Peyton Meyer, is named Jordan, a wannabe singer. Essentially this is a movie where the norms of social media meet the intricacy of teenage life in a modern-day setting. In the original movie, social media did not exist so everyone talked on the phone or in person. In this new movie, Padgett has a lot of self-reflection when the bet is made. Madison Pettis plays the best friend turned rival who the bet was made with. Having not seen Pettis act since she was a young movie star, I was a little concerned that she wouldn't be able to play the role

as well. She does a commendable job of going from good to bad. Although I find it odd how her character switches from being a friend to a foe in the blink of an eye.

The roles of Padgett and Cameron are played well. There is LGBTQ+ representation in the movie, and unlike the original it is a lot more diverse. What the movie struggles with, though, is believability in terms of some of the plot elements. Earlier, I said that the movie dealt with the norms of social media combined with real life, but this is hardly believable in my opinion. Personally, I find it unbelievable because of the idea that while social media is an important part of today's society, I honestly doubt a teenager would really care about their social media presence to the extent these teenagers do. Especially someone as popular as Padgett. At the same time however, it's at least explained in the movie why she cares so much about being an influencer so it's not completely ignored. The movie explains this by some of the cast using social media while Buchanan's character doesn't use social media at all. In my experience, most people don't care about social media in real life to the extent that Padgett did. I find it a little hard to believe realistic teenagers would be able to gain internet fame to the point she has. In my opinion, I also think that her friends wouldn't be aware or socially conscious of her perception on social media. Again, I find it hard to believe that a very powerful social media personality and seller of products would sponsor a teenager for a long period of time. Some young influencers do get promoted, but I'm not aware of any influencers who are still in high school.

Some of the things I do believe, however, are some of the backstories of some of the characters. Padgett's mom works 60 hours a week to support her and her daughter, Padgett's father left her and her mom many years ago, and it's obvious that Padgett is a very intelligent teenager. Cameron meanwhile doesn't care about anything because of the death of his



Photo courtesy of IMDB.com

mom and considers his camera the most worthwhile thing he has gained, because of that relationship. It makes it more heartbreaking when you find out his mom died, leaving him and his sister all alone with their grandmother. It's his dream to see the world before the end of summer after graduating. Through getting to know each other Cameron and Padgett open up about themselves and grow closer throughout the entire second half of the film.

Overall, I'd say that the film had good acting at times, as well as a lazily slapped together plot. However, the ending needed work. The movie ends with a speech from Padgett about how she was wrong and has lost the most important person in her life, being Cameron. The most unlikely woman gets crowned prom queen when Padgett says she doesn't want it. Padgett and Cameron reunite when he returns on horseback saying he never lost her. The movie finally ends with them traveling the world together. The film was overall a modern retelling of the original, but really needed a better plot, the actors did a great job, but their performance could have been better. I'd say watch it for the romance, don't watch it for anything else. **FP**



A&C Listings

Thursday, September 30

Celebrating Diversity: Hispanic Heritage Month

Corthell Hall, Gorham Campus

7:30 p.m.

\$15 General Admission, \$10 discount

Saturday, October 9

Old Fashioned Outdoor Band Concert

Corthell Hall Steps, Gorham Campus

1 p.m.

Free

Thursday, October 14

Call/Response: Hannah Barnes and Susan Klein

Gorham Art Gallery

5 p.m.

Free

Friday, October 15

Laura Kargul in Concert: The Classical Embrace of Other Lands, Other Cultures

Corthell Hall, Gorham Campus

8 p.m.

\$15 General Admission, \$10 discount

Friday, October 22

Celebrating Diversity: LGBTQIA+

Corthell Hall

8 p.m.

\$15 General Admission, \$10 discount

Friday, October 29

Musical Theatre Fall Show- The World Goes 'Round

Corthell Hall, Gorham Campus

8 p.m.

\$10

What caught your eyes and ears this week? Let us know! arts@usmfreepress.org

Want to submit an event?
arts@usmfreepress.org

USM Community Page

Jam sessions, jazzy tunes & new friends

Introducing your next Tuesday night plans at Blue Jazz Bar in Portland

Zoe Bernardi
Community Editor

The red walls and dim lighting of Blue Jazz bar in Portland are just enough to see the scattered tables adorned with flickering tea candles and people. Once you enter the space the murmur of instruments getting tuned and glasses clinking are paired together with musicians and viewers exchanging hellos and chatting about the unfolding events. More times than not you can see the fellow pedestrian walk by the bar, stop and listen to the music and turn around and walk in.

Blue Jazz Bar which opened in 2005, features a weekly Jazz sesh open mic night every Tuesday. The majority of these jazz players happen to be current USM music students and newly graduated alumni. As more and more people pool into the open room, people begin to settle in and host Jordan Bicki walks on stage. After some calming down and a few hoots and ‘whoos’ from the crowd he smiles as he says “hopefully you know this one,” as the house band begins to play.

The house band is the starting block on stage, and after a few minutes and songs, people swap in and out very informally. It’s open mic, allowing musicians to hop on stage, play a little, and then sit back down, chat and listen. The house band is made up of Bicki (guitar), Clifford Cameron (keys), Eric Landon (drums) and Asher Baneras (bass). The constant interchanging of the musicians allows more and more people to feature their craft to the crowd.

Bicki started the project of the Jazz sesh a little over two years ago, once he graduated

from the HART school of Music in Hartford, CT and moved to Portland. Seeking a space to play and meet other musicians, he went to Blue and asked to host a session each week.

“It’s a space for Jazz musicians to jam and meet other musicians. The goal of creating a safe space and community to play. Similar to Hartford, we need more places to jam and learn as a musician,” Bicki said.

The joys of seeing these people play and jam is a euphoric feeling as an audience member. Viewing the excitement and confidence of the musicians as people in the crowd begin to cheer and clap is the most heartfelt experience. The control and happiness of the musicians as they get their own time and space to have the spotlight.

The common factor for those who attend Blue all happens by word of mouth, groups of friends and students coming to jam and inviting anyone who wants to enjoy a lovely Tuesday out and viewing live music.

Bailey Giles graduated with music performance and a focus on jazz saxophone in 2021, from Biddeford, has been coming to Blue for the past four years. Giles adds that when he was first invited to Blue he was told, “it’s the only Jazz Bar in Portland,” to which he explains how jazz is sadly a diminishing art form. Which is why supporting Blue is a way to make the scene better for everyone.

Giles adds that most people don’t see the communication between the musicians on stage, it’s the slight nod, smiles, and winks along with body language that allow those on stage to give and take away the spotlight.

While Giles was performing on stage,

Emma Page, another alumni from the class of 2021 in music education and jazz studies, sat in the audience. Page said she began coming and performing last year as a singer. She comes weekly or at least tries too, as she is teaching music at the Maine Academy of Modern Music in Portland.

When Page explains Blue, she smiles and nods her head, “It’s the only place where people come just to listen, they want to hear what is being played, it’s a good feeling.”

Now not everyone comes to Blue to perform or to watch, Ed Mitchell, a senior in the jazz performance department at USM, works there too. Mitchell is from Poland, Maine, but started to work at Blue as a cook and server around three months ago.

He said he used to stand around outside, peering in to hear the music being played and observe the audience nod and groove to the music inside. He started at Blue as a worker, and slowly inched closer to the stage. Now he gets to experience the full force of Blue, working, viewing and playing.

“It’s a beautiful experience being there in its fullest form, I get to work and play and listen each time, I can play on stage while working,” he said. “It’s just a great place to make connections, I just fell in love.”

Isla Brownlow, who is studying music performance and jazz studies and will be graduating this spring, plays the trombone and drums. Blue has been a place for her to come and play since turning 21 in July, but she knew about the place from friends that would play there. Brownlow shares that being on stage allows you to hear everything, and helps with the im-



Nora Devin / Director of Photography

Performers take to the stage during the open mic at Blue Jazz Bar.

provisation.

Whether you are a new musician wanting to expand your skills with on stage performance, or looking to build a new connection with others, and even someone who enjoys listening to jazz blue while sipping on a beverage, Blue is for everyone. The open and inviting setting paired with the excitement of fast paced jazz music and chatter is the perfect way to spend your Tuesday night.

Blue jazz is open Tuesday through Sunday, to get into Blue you must have proof of vaccination, wear a mask, and be 21 years of age. Now go on and get jazzy at your favorite new jazz bar in Portland. **FP**

How the Libraries are helping the university community

Special Collections introduces a new mobile app

Sydney Morton
Web Editor

Six floors up in the Glickman Library, you’ll find Susie Bock, Coordinator of Special Collections and the Director of the Jean Byers Sampson Center for Diversity in Maine. Along with the Special Collections, the Glickman Library hosts the triage of the library system; Franco-American

Collection, Osher Map Library and Smith Center for Cartographic Education. The three collections serve a great purpose within the university community, and they also serve an even greater purpose for the entire state of Maine. These collections of primary resources are significant because “the collections are of unique and rare primary materials. They are unique because many of the materials in these collections

are the only ones, or one of very few, available in the world,” says Bock.

Bock said that all three of the large collections have “similar [smaller] missions, different materials, and lots of cross-over.” She believes that the biggest way the specialized collections continue to connect the USM community “is on a daily basis in the classes of the students. We have students

that use these collections to study the history of nursing through autobiographies of pioneers in American nursing – as well as students in art, history, honors and sociology courses” that use the materials, manuscripts, books and archives to study for their respective classes.

One special collection of this magnitude is inspiring, Bock said. “USM is a public university, and collections such as these are what you expect to find at a private university. So, for USM to have three of these collections is just amazing.”

Starting in 2019, the three special collections began working together on a collabora-

tive project in hopes of connecting the USM community even more to the primary resources and information within them.

“We [the three collections] all have a similar function and one overall mission,” said Bock. “I reached out to the other collections, and they were all so excited to work together – there is strength in a collaborative spirit.”

They began to share resources between collections and discuss policies related to their department functions. As a team, Bock said, they decided to “create an app for the specialized collections to make it quick and accessible for people to use the individual library collections.” The app, “USM Spe-

cialized Collections,” is now available for mobile download.

The first library being the Franco-American Collection is located on USM’s Lewiston-Auburn campus. This collection is specific to the history and culture of the Franco-American community in Maine. Some of the materials within this collection are primary resources like original documents, newspaper reports, speeches and diaries (etc.) that “relate to [Franco-American] local history, government, religion, language, education, industry, sports and the arts.”

Next up is, the Osher Map Library and Smith Center for Cartographic Education

is also located on Portland campus at the base of the Glickman Library. The Osher Map Library has tens of thousands of maps that chart the world, and through the course of many different centuries, they show the evolution of how land, culture and humanity have changed over time. **FP**

Read the rest online:
usmfreepress.org

New exhibitions at Portland Museum of Art

Find unique and awe inspiring visions by Walker Evans and Richard Estes

Nex Staples
Staff Writer

Its walls ornamented with clean elegance, having made home to pieces of heart and antiquity since its founding by Margaret Jane Mussey Sweat in 1908, the Portland Museum of Art (PMA) is now temporarily housing two new exhibitions. These features highlight the works of men whose awe inspiring visions have made history: the creations of Walker Evans and Richard Estes. The pair of exhibits could scarcely be less alike, one’s spine bent from carrying the weight of an era and the other celebrating growth. However, it’s this contrast that allows for a crystal viewing of the universal theme of life that bleeds in each stroke or shadow of these pieces.

The downstairs exhibition, titled Walker Evans American Photographs, on view from Sep 10. to Dec. 5, displays work seeming to possess the ghosts of the tormented counte-

nances and rotten walls of the Great Depression. Upon entering the room in which it’s displayed, it is easy for the newly struggling air to get caught in your lungs for a moment, caught off guard by the work. The four walls of the exhibit suddenly feel both more grand and smaller than a room should be, wide eyes becoming hungry for something to land on.

Almost every picture breathes feelings of sorrow and anguish, the misery stealing so much space that there’s room for little else. The overwhelming emotion quickly becomes partnered with that of emptiness and vacancy—almost like something is missing from the photograph. Almost like the something missing is life. The lack of color and the sharp, polished focus of the pictures creates deep ever present shadows around the subject of the work. The contrast is cold, as if the picture is trying to shut itself off from the viewer, yet the imagery of home—family houses, rocking chairs, old quilts—allows for the familiar warmth of hu-

manity. The immortals living in the work are burdened by countenances full of upset, each looking with nearly unseeing, purple-rimmed eyes, with only one smiling face in the entire exhibit. The photographs show houses of worship and society falling, vacant of people and life—the pictures capturing heartbeats feeling more like obituaries, as if Evans knew back when he was behind the camera how important this time and these portraits would be.

Photographer Walker Evans (1903-1975) spent 50 years photographing the then modern yet ever-changing America—making a major impact on the documentary tradition. The tradition where one uses photographs as their voice, intended to show both the empyrean and wicked sides of society’s gray coin, as one of the style’s originators as stated by the Metropolitan Museum’s website. When a collection of his work was first displayed in the Modern Museum of Art in New York City (1938), Evans’s work became the very first one-person photography exhibit there. The PMA displaying many of those original pieces honors not only the fiftieth anniversary of the historical showing, but also the artist’s dedication to capturing the true and honest America of his time. His photographs, such as Alabama Tenant Farmer and Couple at Coney Island, New York, being known for the last handful of decades as being the purest form of representation the years had.

Upstairs on the third floor, Richard Estes: Urban Escapes on preview at the PMA from Aug. 20 through Nov. 28, exists in stark contrast to the photographs of Evans. Considered one of the founding photorealists, creators who use photos and photo bound techniques to produce a hyperrealistic end result, Estes (1932-present day) spent the beginning of his career working for others in graphic design before switching paths to his own painting practice in the 1960’s. His colors capture elaborate post war-age technology and cityscapes—Estes’ work standing out against others as they are the only well-known pieces of their kind.

While many screen prints are copies of an already exhibiting image, Estes would combine multiple to make real the exact picture previously confined to his wonder-struck mind.

Estes’ exhibit displays the urban cityscapes and architecture that served as a substantial segment of his inspiration and amazement, emphasizing the significance of his creativity and unique style as well as the hopeful outlook of this era. The light of soul burns evident in the displayed works, the pieces often showing uninhabited lots that use the highlights of gleam and reflection, vibrant and bright colors contrasting now seemingly dim shadows to make the pieces exist as though they are brimming with life. They read as if hustling, tightly squeezed bodies previously wandered the confined square, yet were recently removed or are unable to be seen by the viewer’s eye, their energy sparking off of the canvas. This energy makes the pieces feel tight and far away yet also very intimate. Exuding electricity almost as though the painting is too grand for the frame.

The exhibit also features a wall titled “How to Screen Print like Richard Estes,” that walks viewers through the four main steps of the screen printing process, although the description warns and reminds readers that Estes worked under a different system, as well as two pieces centered in the room, shrouded by glass, each littered with hand-written notes and markups portraying the thoughts of the artist.

Working under the mission “art for all,” the Portland Museum of Art prides itself on representing diversity and history in a winsome, bewitching manner. If one wishes to view the above described exhibitions, the PMA on 7 Congress Square, Portland, Maine is free of charge for anyone under the age of 21, and costs 15 dollars for any student 22 or older. Elevators are accessible and face masks or coverings are required regardless of vaccination status. **FP**



Kyle Mercier / Staff Photographer

Roadside stand near Birmingham, AL by Walker Evans. 1936/

Perspectives

Getting outside the therapy room – mental health education & community psychology



"My physical therapist says this is the worst possible position you can lie in."

USM Counseling Services provides individual and group counseling, crisis services, and supports students being referred to psychiatry and local mental health providers but clinical services are not all that's offered. Outreach, Education, & Prevention at USM Counseling is about getting outside of the therapy room and bringing mental health into community.

Over 100 years ago, activist, suffragist, and co-founder of the American Civil Liberties Union (ACLU), Jane Addams and her "friendly visitors" met with people in their homes and communities to address health, housing, and workers' rights issues

Photo courtesy of Working on Wellness and to provide daycare, education, and necessary services to those in greatest need.

Her advocacy and "social work", as it came to be called, gave way to the development of many of the first programs – settlement houses, public health initiatives, juvenile courts – we now understand to be based on the tenets of social justice and reform.

That tradition, focused on social connectedness and mutual aid, carries on today in how we think about mental health education and community psychology – getting beyond the walls of our office and into community.

Many more people can benefit from

counseling and psychotherapy than are currently receiving those clinical services. However, what about those who aren't in counseling? - or aren't ready for it? - or might not ever use it?

Supporting the mental health of our communities means bringing mental health outside of the therapy room and to people that we might never see in our offices. Sorry, Dr. Freud.

So what is Outreach, Education & Prevention at USM Counseling?

Outreach is about connecting with the campus community to support mental health through prevention, awareness, education and by reducing stigma. It is about improving our community's mental health outside of the therapy room, supporting learning and collaboration, and engaging students who might not utilize traditional counseling.

Our Outreach, Education & Prevention efforts at Counseling Services take many forms including outreach to specific communities, workshops and presentations by request, training for groups on campus, suicide awareness & prevention education, and mental health resources.

We frequently provide Outreach programs and presentations focused on the following:

- Suicide Awareness & Prevention
- Reducing mental health stigma
- Improving wellness, self-care, & coping skills
- Mental health resources, referrals, and help-seeking

Programs on other mental health topics not listed can often be arranged by request. We do our best to accommodate requests and work with you to discuss your needs. Programs, workshops, and presentations can usually be tailored to your time constraints.

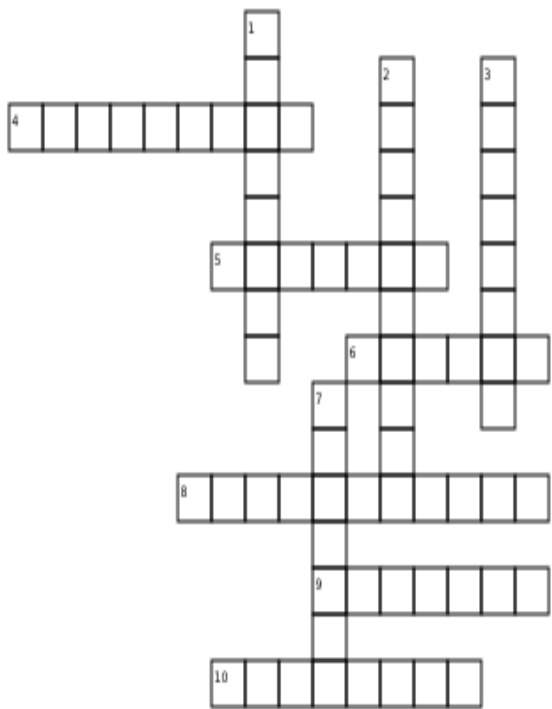
Develop skills and tools, increase your awareness, and learn more about mental health through Outreach at USM Counseling!

If you are interested in Outreach, Education, & Prevention initiatives at USM Counseling or would like to request a program, presentation, or training please contact Colm Daly, Clinical Counselor & Outreach Coordinator

e. colm.daly@maine.edu t. 207-780-4050 **FP**



Crossword



Down:

- 1. A nice warm or hot liquid that is made primarily of a broth.
- 2. A syrup usually made from the xylem sap of sugar maple red maple or black maple trees.
- 3. An animal that forgets about the majority of nuts they bury.
- 7. Type of moon that can be seen during the fall season.

Across:

- 4. A process in which animals go south for the winter.
- 5. A dessert consisting of a fruit filling poured into a large baking dish and covered with a batter or biscuit.
- 6. These type of mushrooms grow on dead or dying hardwood trees like beech and oak trees.
- 8. What Molecule breaks down and causes leaves to change colors
- 9. An event that marks the star of fall.
- 10. A skill people tend to learn in the fall that involves yarn and needles.

Sudoku

Level of difficulty: Medium

The object of a sudoku is to fill in the remaining squares so that every row, every column, and every 3 × 3 box contains each of the numbers from 1 to 9 exactly once.

	1			4	3
7					
			2	5	4
1	7		4	2	6
			9		3
		3		6	8
		1	4	7	6
			5	8	1
9			6	3	4

		3	2		6	8		
	5	1				7	2	
			8	7			4	5
	6					9		3
							5	
	4			1		6		
		5	1	3	2			
7			5			1		
2	1			4				8

Word Search

Theme: Fall

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.

U V U F X L R D K F Y J D Y R F O B S K
D V W B I O Z N R P H F Q F Z E P V T U
Q R V I W N D U Y V M W Y F C G C L A W
S E E C U G V L A B X E M Z N E V H R V
Y M F M V S M D K O F Y P A T A T A G N
U K P E A O G L O V E S Y L V Q P C A A
A D Z Q A C F O D C T V S B A S Y O Z K
P T C K Z K O Z A G W V P P Q K E R I N
P B P P S S L E P K V O M E D U N N N O
L O L O J W I I S H O X D T A U J D G L
E D A L F B A G I W Q H O T C O C O A I
P V L E Z X G X O Y E G T Y R E J Y E T
A R O A X K E W A D V A F L S M A V P E
Z Z B V A S Z A R U I U T M J Q Q E I A
H O Z E E I B B V D T S B E V S V C E S
X Y F S O W P B W B C U L E R T P U W D
P G H J H L D F R S O G M G R S Z J Z D
W R L O H R T N Z F L A V N B T J B E Z
D R S C A R V E S R D Z X D J B A P E O
C Q I Q H T Z D Z L C S A O J A V Y V I

- Acorn
- Apple
- Autumn
- Cold
- Foliage
- Gloves
- Hotcocoa
- Leaves
- Longsocks
- Pie
- Scarves
- Sweaters
- Stargazing
- Tea

Horoscopes



Aries (March 21 - April 19)
The past few weeks have seen you honing your craft and committing to fresh lifestyle changes, Aries.



Taurus (April 20 - May 20)
Romance, creativity, and a desire for play have refreshed your sense of spirit. It's time to cultivate productivity.



Gemini (May 21 - June 20)
The last few weeks have encouraged you to stay put and reevaluate the familial roots beneath your feet.



Cancer (June 21 - July 22)
Cancer folks easily dial into the needs of others, especially those with whom they build close romantic relationships.



Leo (July 23 - August 22)
This time of year is all about getting in touch with the skills you tend to shrug off and learning to embrace them with fuller confidence.



Virgo (August 23 - September 22)
After a few weeks of hard focus on your identity and individuality, you're ready to take your self-expansion to the next level.



Libra (September 23 - October 22)
You needn't devote yourself to some mindless labor. In fact, aim to invest your energy into a craft that you're called to.



Scorpio (October 23 - November 21)
Involvement in your community and with friend groups has been rewarding and has helped you get a better idea of your long-term goals.



Sagittarius (November 22 - December 21)
After putting in the long hours and devoting yourself to getting ahead on your own, you're feeling the need to reconnect with your people.



Capricorn (December 22 - January 19)
Surrender your responsibilities and seek out an activity that brings you sheer, childlike joy!



Aquarius (January 20 - February 18)
It's an ideal day for stepping out of your comfort zone, especially where self-expression is concerned.



Pisces (February 19 - March 20)
You've learned a lot about your own expectations and projections in love. Now, it's time to go one step deeper.

Sports

Tuesday 9/28

Field Hockey

v. Salem State University
7:00 p.m.

Wednesday 9/29

Men's Soccer

v. UMass Boston
6:00 p.m.

Thursday 9/30

Field Hockey

@ Bowdoin College
2:00 p.m.

Saturday 10/2

Women's Volleyball

@ UMass Dartmouth
12:00 p.m.

Sunday 10/3

Golf

USM Fall Classic
10:00 a.m.

Huskies defeat Husson 4-1 in Field Hockey matchup

Sophomore Brooke Carson's two goals lead USM to victory

Cullen McIntyre

Editor-in-Chief

Two goals from sophomore business major Brooke Carson in the third quarter helped the Huskies in toppling the Husson Eagles at Hannaford Field. USM got off to a quick start in the first quarter, as senior nursing major Samantha Ellis took the ball around the Husson goalie for the first goal only 2:35 into the game.

The Huskies did not hold their early lead for long, as Husson's Adele Foss grabbed her fourth goal of the sea-

son. Foss worked her way through the USM defense and found the back of the net with an unassisted finish.

The game stayed level through the rest of the first half, but the Huskies came out firing in the second. Sophomore health sciences major Chloe Arsenault broke the deadlock two minutes into the half, giving USM a 2-1 lead.

Three minutes later, Carson would grab her first of the night as freshman Sage Drinkwater played a well placed ball across the goal for Carson to redirect. Only one minute after Carson scored her second of the night, this time

a cross from Ellis that Carson put past the Husson goalie for the 4-1 lead.

USM would keep the lead through the end of the game, getting their third win of the season improving to 3-4 overall. Meanwhile the loss finds the Eagles at 0-4 on the year. The Huskies outscored Husson, but were outshot by the Eagles 11-10, while the Huskies led shots on goal 8-6. Junior business management major Julianna Kiklis had five saves on the night for the Huskies.

Carson's two goals see her lead the team with six goals on the season. She now has six goals and an assist for a total of 13 points, even with Drinkwater with five goals and three assists.

The Huskies will take on Salem State University (3-3) on Tuesday, Sept. 28 at Hannaford Field at 7:00 p.m. for a Little East Conference (LEC) matchup. **FP**

Disclaimer: Cullen McIntyre is an employee of the USM Athletic Department

Read more online:
usmfreepress.org



Cullen McIntyre / Editor-in-Chief

Sophomore Brooke Carson's shot that earned her second goal of the night.



Cullen McIntyre / Editor-in-Chief

Senior Samantha Ellis lays out for the first goal of the game.

Husky Photos of the Week:



Cullen McIntyre / Editor-in-Chief

Senior sports management major Zekariya Shaib celebrates his game-tying goal against Thomas College.



Cullen McIntyre / Editor-in-Chief

Senior English major Ciera Berthiaume celebrates with her team after becoming the all-time goal scorer for the Women's Soccer at USM



Cullen McIntyre / Editor-in-Chief

Freshman art and entrepreneurial studies major Bryce Defour (left) and freshman nursing major Colin Dewitt (right) walk down the green after teeing off at the USM Cup.