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Assessing Dementia and Mild Cognitive Impairment Within the Home

Kate Sobanik University of Southern Maine

Melinda Blais University of Southern Maine

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Assessing Dementia and Mild Cognitive Impairment Within the Home

Kate Sobanik MOTS, Melinda Blais MOTS, Liza Johnson MOTS, & Bernadette Kroon PT, DPT, GCS, CEEAA

What are useful assessments which can be administered by occupational therapists for homebound adults with dementia or mild cognitive impairment that will influence practice patterns?



Detection of Mild Cognitive Impairment:

- MoCA
- BCAT
- SLUMS
- STMS

Detection of Dementia:

- SLUMS
- STMS
- MoCA
- ACE-R
- Mini-Cog

Functional Assessments:

- AMPS
- CPT
- New assessment for b-ADL and i-ADL
- I-HOPE

Clinical Bottom Line

The evidence supports the use of specific interdisciplinary cognitive assessments, including observation of function by occupational therapists, when assessing dementia and mild cognitive impairment within the home.

References available upon request at katherine.sobanik@maine.edu, melinda.blais@maine.edu, or liza.johnson@maine.edu