Dear Ones,

I have just spoken to you and I can't concentrate as I write to you in the time before study period at 7:30. I must admit that the first phone call to home almost knocked me out. I was feeling very low - the first rush of ink left us all dazed. Thus, as you know from my other letter, I have really become accustomed to the grind. And after tomorrow, when my real club starts, I'll have what is expected of me in all areas. By the way, I hope you are getting my letters and cards. I just happen to think you will receive the letter I will last night at the asymptote at this place, since it is pickup of mail on Sunday, I think. I may be delirious, but I try not to be. But first, try to get me a supermarket, with end and about 6 feet long. Thank you won't forget.
I hope you can read this. The paper absorbs ink very poorly on the other side. Anyway, you asked me about physical exercise—we have no time for it, literally. There is no danger of acquiring fat. First of all, we ship enough meals to about five jobs and the like, to keep my stomach in an even keel. Recently, when we don't, the conditions are not particularly favorable for good digestion and relaxation. Thirdly, our life is kept at such an intense pitch that physical exhaustion is the result put as much as though we were going over battle causes. No—have no worries. I won't get too much out of shape here.

Today has gone fast. Sunday always do. Then again, this week seems like nothing. Oh, yes, let me explain...
Why I didn't go to Baltimore today. Besides the work I wanted to do, I put a finishing press in my clothes after sleeping late, read the Times, and studied a practical dull, tried to call you, and generally relaxed completely. I still want to have I shaved this A.M. and shaved, but my chin will need another going over before the morning. Anyway, I couldn't have relaxed at a busy, place the way I did here. I would have been too busy because of the necessity of getting back and doing things. I just couldn't see myself going to expect myself in any way, that if nothing in Baltimore I want to see especially anyway. I'm sure you agree with me. I can't think of any other question you had. It is meant to say that
I am ready, willing and entirely able to do the work and to do it well.

I feel encouraged; don't worry that I said I only feel "pretty good" when you asked me. Under the treatment we are under, you would be superhuman to feel marvelous. I will say this: I am learning to let up. I am not in a nervous state when I am off duty; I can relax just as well as I can walk--this is part of the important.