

Spring 3-15-2016

Family Affairs Newsletter Business Directory 2016-03-15

Family Affairs

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THE (F)AMILY (A)FFAIRS (N)EWSLETTER

SOCIAL ACTIVITIES FOR THE GAY, LESBIAN, BISEXUAL, TRANSGENDER,
QUEER, AND INTERSEX COMMUNITY

FOLLOW YOUR HEART - DO YOUR PART - CHERISH OUR FAMILY

BUSINESS DIRECTORY 03-15-16

HERE IS THE UPDATED DIRECTORY OF GLBTQIA BUSINESSES. PRINT IT OUT (or be environmentally friendly and save the file) AND HOLD ON TO IT.

There are several requirements for a business or individual to be listed:

- 1). They must be a FAN subscriber.
- 2). The listed business must be GLBTQIA-Owned, or the individual must be an "out" GLBTQIA person providing a service in association with a mostly-straight company (e.g. a gay lawyer in a mostly-straight law firm, a lesbian realtor in a mostly-straight realty office). You will receive one listing for each business. You may select your category. I may overrule your category choice.
- 3). Straight-owned businesses are eligible for listing if they are actively supportive of the GLBTQIA community. Their postings are placed in a separate GLBTQIA SUPPORTIVE ALLIES category. I will be the final arbiter of whether a business is "actively supportive" or not.
- 4). The GLBTQIA business owner, GLBTQIA individual, or supportive straight ally must contact me directly and ask to be listed. No third-party requests for listing will be allowed.

I am not able to verify all listings for accuracy for every mailing of this directory. If you become aware of an inaccuracy, please contact me at zack@familyaffairsnewsletter.org.

If you are a GLBTQIA business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTQIA business owner or individual and think they ought to be listed, tell them to contact me. If you are currently listed and need changes to your listing, contact me. If you know a business is listed inaccurately or no longer around, please contact me. I'm Zack at zack@familyaffairsnewsletter.org

ADULT TOYS:

Athena's By Michele
Michele Forviere, Goddess #2855, Team Leader of Afternoon Delight
Houlton, Maine
Phone: 207/694-5157

Email: Michele@mytoyzbuzz.com

Web: www.mytoyzbuzz.com – 18 and over please

Web: www.heavenlygoddess.com/2855 -- suitable for all ages

I would like to offer you the opportunity to experience a bounty of exotic lotions and exciting bedroom toys in the privacy of your home or venue of your choice. If you are looking to have a fun, classy and educational evening with friends/family please feel free to contact me.

Whipsider Rubberworks
P.O. Box 66
Bangor, ME, 04402-0066

email: questions@whipsoiderrubberworks.com
web: <http://www.whipsoiderrubberworks.com>
Proprietors: Carrie Graham, Erica and Chris Davis
We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

ARTISTS:

Black Owl Jewelry
Bangor, ME 04401
ph: 207-907-2087
email: owlz_moon@yahoo.com
web: <http://www.facebook.com/BlackOwlJewelry>
proprietor: S. Andujar
Handmade, unique, affordable jewelry.

FrankArt of Maine
6 Paddy Lane
Franklin, ME 04634
E-Mail: ffrank4@myfairpoint.net
Website: www.francine-frank.artistwebsites.com
Phone: 207-565-0984
Proprietor/Artist: Francine Frank
All original artwork to be purchased directly from Artist. Original oil, acrylic, pastel and watercolor landscapes. Charcoal and colored pencil studies of nudes. Prints of all can be purchased through Fine Art America at: www.francine-frank.artistwebsites.com

Victoria Blanchette
Astarte Stained Glass
3 Poplar Street
Bangor, Maine, 04401
ph: 207.944-2695
email: astartestainedglass@gmail.com
web: astartestainedglass.com

My name is Vicky Blanchette and I have created studio space in my home to design stained glass and other art mediums, inspired by nature, social justice, creative discovery, and by your ideas! From its humble beginnings in medieval times, glass has been created from sand transformed by fire to give us all beautiful colors and textures to use with light to illuminate gorgeous stained glass art. The studio is located in Bangor, Maine and is equipped with a large light table, two grinders, glass storage, a myriad of tools and supplies, and a lot of work space to handle just about any job. It all starts with an IDEA. From there, the magic begins to unfold through glass. Contact me to talk about your ideas at 207.944.2695 or through email at astartestainedglass@gmail.com

Gillyin Gatto Woodcuts
Kennebec Workshop
9 Bobcat Path
Machias, ME 04654
ph: 207-255-4515
email: bobcatpath@207me.com
web: www.rst-art.com/gattowoodcuts.htm
proprietor: Gillyin Gatto
Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

JELVIS Presley / Elvis Tribute Artist / Drag King

Bangor Maine, 04401

ph: 207-659-1347

email: jelvispresleyinc@gmail.com

web: www.myspace.com/jelvispresleymusic

Ladies & Gentlemen ... Elvis is back in the building! Why not add a performance by the King of rock to your next event?! JELVIS specializes in the 1950s era of the first rebel of rock, singing live for your event. JELVIS performs for private parties, drag shows, pride events, charities, benefits, and fundraisers. This action packed show will bring you to your feet! A fun, funny, and rockin' good time is to be had by all at any JELVIS show. JELVIS dances, sings, plays guitar and comes custom with an authentic 1950s outfit and backing tracks to give you that 50s feel! (He might even give out a hawaiian lei or two.)

Contact: jelvispresleyinc@gmail.com for reasonable rates and availability. (charities, benefits & most fundraisers are free)

Linda Griffith

Playwright & Fine Art Photographer

P.O. Box 174

Blaine, ME 04734

ph: (mobile) 215-287-4174

email: lg@lindagriffith.com

web: <http://www.lindagriffith.com>

Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design

29 Ross Road

Bradford, ME 04410

ph: 207-327-1553

email: dozieralex@hughes.net

web: <http://www.thomashudgins.com>

specializing in commissioned art painting, design schemes and private art lessons.

Constance Pelkey Designs

22 Drew St.

Augusta, ME 04330

Phone: 207-333-1145

Email: conniepelkey@gmail.com

Blog: <http://constancepelkeydesigns.blogspot.com>

ETSY Storefront: http://www.etsy.com/shop.php?user_id=14005

Polymer Clay, Fine Silver, Fiber Arts, Jewelry & Accessories - Art for you and your home! Teaching classes and individual instruction in Polymer Clay, Precious Metal Clay & Beading Techniques

Stephanie Reiser, Luthier

PO Box 71

St. Albans, ME 04971

ph: 207-938-4384

email: msreiser@tds.net

Builder of fine, custom violins, violas, and cellos.

ARTS AND CRAFTS:

Boriqua Dolls

Old Town, Me. 04468

email: owlz_moon@yahoo.com

website: www.facebook.com/BoriquaDoll

The Downeast Wreathmakers Guild

P.O. BOX 37
Lubec, Maine 04652
(800) 209-6145
info@downeastwreathmakers.com
www.downeastwreathmakers.com

See website for details.

B & B's:

Le Vatout Bed & Breakfast
218 Kaler's Corner
Waldoboro, ME 04572
ph: 207-832-5150
email: ddominika@levatout.com
web: www.levatout.com

proprietor: Dominika Spetsmann, Innkeeper & Linda Mahoney
Cozy, low-key and completely relaxed, Le Vatout is just different enough to delight. Centrally located in Waldoboro, on the craggy shoreline of Mid-coast Maine, it's our personal artists' retreat that we feel fortunate to share with our guests. The garden is huge and romantic, the rooms filled with art, books beckon wherever there's space. Whether you crave the quiet pleasure of a cup of tea and a bowl of fruit on the porch, favor a communal breakfast of buckwheat pancakes or dig into a shrimp omelet at the kitchen island, Le Vatout meals have substance and flavors have a twist.

Williams Pond Lodge Bed & Breakfast
PO Box 461
Bucksport, ME 04416
ph: 207-460-6064
email: williamspondlodge@gmail.com
web: <http://www.williamspondlodge.com>

proprietors: David Weeda and Dominick Rizzo
Tucked into the woods, at the foot of Hoxie Hill, and snug to the shore of pristine Williams Pond, our cozy and comfortable north woods lodge provides the perfect Eco-Friendly Bed & Breakfast accommodations for your visit to the splendors of Coastal Maine. We are located in the accessible wilderness of Bucksport, Maine. Start and end your days with us; enjoy easy day trips throughout the region. Acadia National Park and all of Mid-Coast and Downeast Maine can become your vacation adventureland. Enjoy the privacy of being surrounded by over 20 acres of woodlands ~ with over 3000 feet of frontage on 112 acre, 50-foot deep, spring-fed Williams Pond. Guests are encouraged to enjoy kayaking, canoeing, swimming, hiking, birding and picnicking, or simply relax watching the wildlife and enjoying the serenity of nature from dawn to sunset... then the stars!

BARS / NIGHTCLUBS:

Styxx / Zen
3 Spring Street
Portland, Maine 04101
ph: 207-828-0822
email: StyxxPortland@GMail.com
web: www.StyxxPortland.com

Styxx is Portland's premier nightclub catering to the gay and lesbian community. Open seven nights a week with special promotions happening every night.

BUILDING CONTRACTORS:

Heath Enterprises
68 Mudgett Road
Kenduskeag, Me 04450
207-745-4678
heathenterprises@midmaine.com

Foundation to finish, Your one stop source for all your repair and remodeling needs.

COMPUTER CONSULTING:

Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

KQNet
4 Oak St
Bridgton, ME 04009
ph: 207-694-6639
email: info@kinkyqueer.net
web: www.kinkyqueer.net
proprietor: John Blake

KQ.net provides full service webhosting, design and coding for both the GLBTQIA community and the alternative lifestyle communities. Backed by an experienced web Staff of gay and bisexual lifestylers, kinkyqueer.net is dedicated to not just providing great customer service and building your online presence, but We also realize the paramount importance of discretion. We provide design services from the bottom up, focusing on user-friendly and professional sites. We center our work around cascading style sheets which allows us to stay away from the bulky and encumbered coding of some other sites. Our design team puts a great deal of their artistic talent into every site's content and format creating sites that are comfortable, easy to use and draw repeat visitors. We have various packages for hosting that will serve everyone from the smallest site to a large and comprehensive endeavor. Don't be afraid to contact Us for all your web design and hosting needs. Each and every one of Our clients are and will be treated with respect and dignity, as well as with discretion.
We can and will find a solution that works for everyone.

COUNSELING / PSYCHOLOGISTS / THERAPISTS:

Penny L. Bohac-Cardello, LCPC
6 State Street, Suite 604
Bangor, Maine 04401
Ph/Fax: 207-942-8767

I have been counseling since 1982 in Maine, primarily in Bangor but I lived/worked 10+ years in Bethel. Clients come to me with a variety of issues, but I have a special interest in working with those dealing with questions of sexual orientation or gender. At the present time I co-facilitate a therapeutic support group for the T community. M.T,Th and Fri 8a-5p.

Rick Bouchard, LCSW

Private Psychotherapist
Diploma Candidate, C.G. Jung Institute, Boston, Ltd..
So You Want To Be In Private Practice?! workshops©
884 Broadway Street Front Door, Second Floor
South Portland, Maine 04106
Ph. [\(207\) 650-6450](tel:(207)650-6450)
Fax [\(207\) 347-3510](tel:(207)347-3510)
E-mail: CONSTL8@aol.com
www.rickbouchardlcsw.com

A Portland-based private practice serving the GLBT community. Jungian-based psychotherapy, currently working with adolescents, families/couples, and adults. Also works with gender, transgender and transsexual issues. He accepts most insurances, self-pay, and MaineCare and works with a variety of mental health and substance abuse issues. Feel free to call for more information. Referrals can be made by phoning or emailing. Rick is also pleased to announce the formation of a Portland-based Dream Group, an exciting opportunity for those interested in group dream work. This group will provide members with an intimate, safe and protected setting to explore and work with dreams, in the company of trusted others. For a complete e-brochure about the Dream Group, contact Rick at: CONSTL8@maine.rr.com

Jeanine Crockett, Ph.D.
Licensed Psychologist
43 Columbia St, Suite 32
Bangor, Me 04401
ph: 942-1483.
Psychotherapy and evaluation of individuals, couples, children and families.

Jeanne M. Dorland, PhD
6 State Street, Suite 307-A
Bangor, ME 04401
(207) 941-8444
Psychotherapy for individuals, couples, and adolescents

Donna Light
c/o Searsport Counseling Associates
9 Field St, Ste 217
Belfast, ME 04915
ph: 207-338-9145 OR 207-338-2022
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Tam'ara Mello, M.Ed., LCPC-C
P.O. Box 117
Bangor ME 04402
(207) 458-7491
Email: tamara.mello2@gmail.com
Individuals and Families, Racial and Ethnic Diversity Issues, Women's Issues, GLBTQIA Issues/Couples, Children and Adolescents, Art Therapy, Play Therapy, Music Therapy, Cognitive/Developmental Delays, ADHD, Impulse Control Disorders, Autism Spectrum Disorders, Anxiety Disorders, Depression, Mood Disorders, Family Therapy, Adoption/ Step-parenting Issues, Substance Abuse, Women's Sexuality Issues
I am available for in-home appointments, community-based appointments, and web-based appointments in addition to services in my clinical offices. I accept many types of insurance, including MaineCare, with spots for sliding scale and pro-bono services. My desire is to provide a quality service that is affordable and accessible to all people, regardless of their limitations.

Seacoast Counseling Services
Carrie Gosselin, LCPC
59 Webster St.
Lewiston, ME 04240
207-899-8951
www.seacoastcounselingservices.com

Mental health therapist who has worked with several transgender clients of all ages and through all stages of transition. Accepting new clients for the Lewiston location.

Karen Clark Staffeld, LCSW
Dexter, Maine
(207) 270-1375

Clinical counseling addressing mental health and substance abuse issues. Most insurances accepted. Sliding fee scale available.

Vitality Counseling Services
Charissa Merrill-Maguire, LCSW
Melinda Merrill-Maguire, LCSW
157 Park St, Suite 34
Bangor, ME 04401
ph: 207-992-9104
email: mmerrillmaguire@yahoo.com
web:

We provide counseling services to individuals and couples and we accept most insurances. We also work with children, adolescents and families.

Jessica Whitten, M.S., L.C.P.C.
15 Main Street, Suite 221
Freeport, Maine 04032
ph: 207-632-8024
email: Jessica@JessicaWhitten.com
web: www.JessicaWhitten.com

Welcomes clients of all ages, stages, phases, genders, sexual identities and orientations, races, religions, and national origins. I invite you exactly as you are. My personal approach to therapy is blending traditional and alternative practices to offer professional and creative counseling for all of my clients, and encourage personal growth and healing using a variety of approaches.

DOLLS:

Santa's Boriqua Dolls
Bangor, ME 04401
ph: 207-907-2087
email: owlz_moon@yahoo.com
web: <http://boriquadolls.etsy.com>
proprietor: Santa Andujar

I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 2002
Bangor, ME 04402-2002
ph: 862-2063
email: megress@zwi.net

Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

FURNITURE REFINISHING:

Downeast Refinishing

321 Bucksport Rd

Ellsworth, ME 04605

ph: 207-667-0062

email: finisherman@yahoo.com

proprietor: David Conary

Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

GLBT CLERGY:

Rev. Al Boyce

257 Cushnoc Road

Vassalboro, ME 04989

Phone: 207-624-2295

email: revalb@yahoo.com

I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

Rev. Charles Grindle (Interfaith)

88 Gilman Street #406

Portland, ME 04012

ph: 207-321-1592

email: interfaithchap@gmail.com

Services for rites of passage, transitions, and commitment ceremonies. Services designed for you, with you.

HAIRSTYLING:

Chase Blanchard, Cosmetologist

Total Look Day Spa & Color Studio

98 North Main Street

Brewer, ME 04412

ph: 207-989-7513

email: atotallookdayspa@aol.com

I love what I do and have spent a great deal of time becoming the best I can be in this field. An opportunity presented itself to me when a local salon became available, and I was able to purchase it. I will be leaving AK Haircolor & Design on April 18, and opening at the new location on April 21. It is a current salon, and I look forward to going in there, and taking the best of my experiences over the last several years and creating a space that you all will enjoy. We offer additional services there, and I look forward to seeing you all at A Total Look Day Spa & Color Studio after April 21. Angie (from AK Haircolor & Design) and I will remain working together educating as we do now, and I look forward to having someone with her level of experience to call on for advice. Thank you all for your continued patronage!!!

Hair By Roger

166 Webster Ave

Bangor, ME 04401

ph: 207-907-0224

email: rogermcgathey@msn.com

proprietor: Roger McGathey

description: More than 30 years of experience. New to Maine. By appointment only.

Jenna's Outer Works
37 Casco St., Suite 310
Portland, ME 04101
ph: 1-207-772-7730
web: <http://www.facebook.com/JennasOuterWorks>
email: JennasOuterWorks@gmail.com

Offering salon services for the LGBTQA community. Will come to your home.

Steve Rossignol
c/o People's Salon And Spa
18 Temple St
Waterville, ME 04901
ph: (cell) 207-314-1487
email: hairslinger8@yahoo.com
Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

HOME REPAIR AND IMPROVEMENT:

Heath Enterprises
68 Mudgett Road
Kenduskeag, Me 04450
ph:207-745-4678
email: heathenterprises@midmaine.com
proprietor: David S. Heath
Fully Insured/ Bondable
GLBT Owned and Operated
Renovations, Remodels, Repairs, Interior/Exterior Painting, Property Maintenance/Management, New Construction, demolition, debris removal, framing, drywall, landscaping, linoleum/carpet/ ceramic tile repair and installation, custom cabinetry, custom furniture. Most any project you don't have the time, the know how, the tools or just flat out don't want to do, I and my crew can do it for you. We offer statewide service and forty plus years experience in the industry. By the hour or by the job you get quality workmanship at a reasonable rate.

Mida's Touch
PO Box 127
Hulls Cove, ME 04644
ph: 207-288-9727
email: midaballard@gmail.com
web:
proprietor: Mida Ballard
Renovations, Repairs, and Light construction. OR, you can save money by doing it yourself ... I offer complete consultation and instruction on projects for homeowners. Working with you or doing just part of the job gives you maximum savings! Renovations, repairs, kitchens, baths, sheetrock, painting, ceramic tile, windows, doors, decks & more! 35 years of experience. Looking for a good carpenter? Hire a woman. No job too small.

HOME SERVICES:

Amy Damboise
Pet & House Sitter
365 N Main St
Brewer, Maine 04412
ph: 207-356-0289 = cell
email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

INSTRUCTION:

Jessi's Guitar Lessons
Milford, ME 04468
ph: 207-827-1460
email: jessimallory@aol.com
proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop your own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School
5 Jellison Ridge Rd
Surry, ME 04684-3340
ph: 207-667-9482
email: wayne@mrlanguage.com
web: <http://www.mrlanguage.com>
proprietor: Wayne Smith

Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

Tutoring by Susanne

Susanne Maarten, MS, MEd
street address: at school or library in Portland area convenient to both parties
phone: 207-650-8433
email: hilary.maarten@hotmail.com

- reading/ writing for the elementary school student
- basic French
- Portland area
- 35 years experience

INTERNET / GRAPHIC DESIGN:

Seashore Design
192 Searsport Ave.
Belfast, ME 04915
email: info@seashoredesign.com
web: seashoredesign.com
phone: (207) 323-0241

My name is Adam Flanders and I've been working with digital and print media for over ten years. I offer web and graphic design services including XHTML, CSS, and Javascript coding, logo creation, CG animation, business cards and brochures, and anything else we can imagine. I also offer custom-made LED signs and basic iPhone app creation. I do all my own photographic work with my Canon EOS. Feel free to contact me with your ideas. I am openly gay myself and I am a graduate from the University of Maine. My portfolio is available at seashoredesign.com.

LAWYERS / ATTORNEYS:

Matthew R. Dubois, Esq.
Vogel & Dubois
550 Forest Ave, Ste. 205
PO Box 3649
Portland, ME 04104-3649
ph: 207-761-7796
web: <http://www.maine-elderlaw.com>

I am a private attorney who does personal, family and estate legal planning, and I focus a large portion of my practice on LGBT elders. Meets with clients statewide.

Portland Legal LLC
Zack Paakkonen, Esq.
PO Box 8585
Portland, ME 04104 (mailing)
93 High Street, Suite 312
Portland, ME 04101 (office)
Ph: 207-518-8663
Email: zack@portlandmainelegal.com
Web: <http://www.portlandmainelegal.com>

General practice with experience representing LGBTQ clients, handling family matters including adoptions, family agreements, and dissolution/divorce, transgender legal issues, criminal defense, some real estate, small business, and civil litigation. See website for specific practice areas and more information. Will consider cases statewide; can do phone consults.

LIFE COACHES

Emerge Into YOU! - Life Coaching With Denise LaFrance

Owner Name: Denise LaFrance, CPC

Business Phone: [207-699-4244](tel:207-699-4244)

Email: denise@emergeintoyou.com

Web: <http://emergeintoyou.com>

Helping women come out and into their own! Certified Life Coach Denise LaFrance provides experienced support and guidance through the **Coming Out process**, **Midlife Redesign** work and **Relationship Coaching** (including **premarital** coaching).

MASSAGE THERAPISTS:

Aches Aweigh Therapeutic Massage

PO Box 255

Franklin, ME 04634

ph: 207-266-5728

email: raeurban@hotmail.com

proprietor: Rae Urban, LMT, Reiki Master

"Have table, will travel" I specialize in Swedish Massage, Reiki, Chair Massage or Canine Massage at your location.

The Bodyworks Integrated Therapies

195 State St

Bangor, ME 04401

ph: 207-947-4714

proprietor: Terry Hart, NCTMB, LMT

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Healing Stone Therapeutic Massage

6 Paddy Lane

Franklin, ME 04634

207-565-0984

Francine Frank, LMT

26 years in private practice

Trained in Swedish Massage, Myofascial Realease, Craniosacral Therapy, Strain-Counter-strain.

Formerly worked as a Licensed Physical Therapy Assistant for 16 years.

Scott Buerhaus, Licensed Massage Therapist

Address: 535 Ocean Ave., Portland, Maine

email: scottmassage@hotmail.com

web:

Proprietor Name: Scott Buerhaus

Description: Deep Tissue, Injury rehab, relaxation, sports, stretching, medical, Therapeutic Massage. 25 years experience. Member AMTA and Maine Licensed. Each session is tailored to individual needs.

Energetic Awakenings - Theraputic Bodywork

PO Box 160

744 Main Rd North

Hampden, ME 04444

ph: 207-461-5348

email: slc75@adelphia.net

proprietors: Suzanne & Sandi Carver

Specializing in deep tissue and relaxation massage with integrative energy work.

Eric L. Sirois, LMT
Jiva Massage Therapy
at Central Street Yoga
9 Central Street, Suite 401
Bangor, ME 04401
Ph: 207-735-7447
email: Eric@JivaMassage.com
web: www.JivaMassage.com

Bodywork services available by appointment in downtown Bangor. Sessions using a combination of relaxation, Swedish, deep tissue and myofascial techniques. Gift certificates available.

MEDICAL CARE

Name: Lindsey Piper Nurse Practitioner
Company Name: Bangor OBGyn
Address: 68 Mount Hope Ave Bangor ME 04401
phone: [207-945-6588](tel:207-945-6588)
email: lpiper@bangorobgyn.com

I am a women's health nurse practitioner and practice at Bangor OBGyn on Mount Hope Ave. I welcome anyone who needs breast and/or cervical cancer screening. I could also include prostate exams if a woman needs one- but won't see male identified, bio-males as patients- (it's not my training). I have not been trained in managing hormones (well, except for menopausal stuff), but it is certainly something I am open to learning about and hearing from my patients as well as contacting other providers who manage hormones. I would encourage gender queer and trans folks to call and ask to speak with me first to id themselves so that I can help get them scheduled safely and respectfully. (ask to schedule with or speak with Lindsey Piper).

NOTARY SERVICES:

Robert A. Hickey
P.O. Box 2
Bradford ME 04410
ph: 207-385-0351
E-mail: twospirit@mainstream.us
I also do mobile signings for an additional fee depending on distance.

Rick Vicaire, notary
Rainbows Over Maine
non-denominational wedding officiant services
we serve all Maine couples
[207-400-6556](tel:207-400-6556)
please visit our Facebook page as well as our website
www.rainbowsovermaine.com
email rainbowsovermaine@gmail.com

PAINTING CONTRACTORS

Heath Enterprises
68 Mudgett Road
Kenduskeag, Me 04450
ph:207-745-4678
email: heathenterprises@midmaine.com

proprietor: David S. Heath
Fully Insured/ Bondable
GLBT Owned and Operated
Renovations, Remodels, Repairs, Interior/Exterior Painting, Property Maintenance/Management, New Construction, demolition, debris removal, framing, drywall, landscaping, linoleum/carpet/ ceramic tile repair and installation, custom cabinetry, custom furniture. Most any project you don't have the time, the know how, the tools or just flat out don't want to do, I and my crew can do it for you. We offer statewide service and forty plus years experience in the industry. By the hour or by the job you get quality workmanship at a reasonable rate.

Jessi Mallory
c/o Lee's Painting
19 Birch St
Milford, ME 04468
ph: (Lee) 207-827-1460
email: Jessimallory@aol.com

Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those interior painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, Lee's Painting is there for you. Projects are adding up, so give us a call to get your project done!

PET SERVICES:

Amy Damboise
Pet & House Sitter
365 N Main St
Brewer, Maine 04412
ph: 207-356-0289 = cell
email: adamboise34@hotmail.com

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

Susan Stevens
PetsRUs
86 South Main St
Rockland, ME 04841
ph: 207-594-1273
email: bswearehappy@aol.com

Experienced dog/cat sitter. I love dogs, I have a ChiPoo (chihuahua-poodle) and a Chihuahua at home. I am located in Rockland and can travel between Rockland and Portland. Contact me for details.

Kathy Wilson
Natural Pet
144 Pleasant St
Brunswick, ME 04011
ph: 207-725-0179
email: naturalpet@suscom-maine.net

web:

We do pet grooming and pet self-wash. I am VERY out. I own and run and do 99% of all the work (I sometimes have a bather do some of the dog washing when I am busy) So all grooming is either to my credit ... or my fault !!!

PHOTOGRAPHY:

Shutter Images
220 Gross Point Road
Orland, ME 04472
ph: 207-469-7741
email: danwattphotos@gmail.com
web: www.shutterimagesbydan.com
proprietors: Dan Watt & James Britton
We do Weddings, Portraits, Parties, Special Events and much more.

REAL ESTATE:

Philip Cronin, realtor
c/o Mallet Agency
11 North St
Dover-Foxcroft, ME 04426
ph: 207-564-8818
email: philipjcronin@yahoo.com
web: www.philipjcronin.com
Licensed Maine real estate broker

Greg Doucette, realtor
c/o Realty of Maine
107 Main St
Belfast, ME 04915
ph: 207-338-6800 Ext 14
email: gregory_doucette@yahoo.com
Greg Doucette, Broker, serves clients in the Mid-Coast region in selling and buying residential, land and commercial property. Greg, a native of Maine has been an agent since 1997 both in New Jersey and now Maine.

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com
Leasing and sales of commercial and investment property.

Dwight Wass, realtor
PO Box 5
Lincolnton Beach, ME 04849
ph: 207-763-4849
email: campmee@yahoo.com
web: <http://www.lincolntonbeachrealestate.net>

Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

RESTAURANTS:

Clewley Farm Restaurant
999 Main Rd
Eddington, ME 04428
ph: 207-843-5584
email: clewleyfarm@yahoo.com
web: <http://www.ClewleyFarm.com>
proprietor: Robert Emery
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

SIGNS:

Infinite Signs
40 School St
Augusta, ME 04330
ph: 207-595-0750
email: infinitesign@yahoo.com
web: <http://www.infinitesigns.com>
proprietor: Adonna Manzo
description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Healing and Expressive Arts Retreats (H.E.A.R.)
PO Box 1604
Blue Hill, ME 04614-1604
(207) 667-2019
(207) 441-2785 [cell]
email: hearne@natisp.com
proprietor: Eileen Mielenhausen
I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me if you would like to receive detailed info about our upcoming gatherings.

TAX PREPARATION:

Carol W. Thompson, EA
469 Main St., Suite 204
Springvale, ME 04083
Portland appointments available.
ph: 207-324-4011
fax: 207-324-1538
email: cwteame@msn.com

Carol has been providing tax services since 1979. She is an Enrolled Agent (EA), the only federally licensed tax professionals. EA's must take a 2 day exam in tax law in order to become licensed to practice before the Internal Revenue Service. Carol has appeared on TV and radio, and has been interviewed for dozens of articles in print media, including Good Morning America, Newsweek, Worth, Money, Working Women, and numerous others. She has been teaching continuing education seminars for other tax practitioners for over 20 years, including producing the first seminar on gay tax issues in the United States in the early 1990's. Carol specializes in domestic partner tax issues, small business owners, individuals, and real estate issues. She is well versed in most occupations, especially teachers, park rangers, military, real estate, and consulting. Appointments are available in Springvale or Portland, and work can be done in person, by mail, email, fax, or .pdf.

VACATION SPOT:

Magic Pond Artists' Retreat and Guest House

P.O. Box 174

Blaine, ME 04734

ph: (mobile) 215-287-4174

email: lg@magicpondmaine.com

web: <http://www.magicpondmaine.com>

proprietor: Linda Griffith

Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

YOGA:

Central Street Yoga

9 Central Street, Suite 401

Bangor, ME 04401

ph: 207-249-9180

email: Info@CentralStreetYoga.com

web: www.CentralStreetYoga.com

proprietor: Terry Lacy

description: Central Street Yoga is a community that celebrates the limitless ability of our mind-body connection - for any age and any level of physical health. At CSY our instructors are devoted to creating an atmosphere in which freedom of expression and creativity are encouraged as a path to wellness. At CSY we do not think you should have to turn yourself into a pretzel. We do think that it's physically therapeutic, mind altering and often fun just to try. It's about the journey – not the pretzel.

GLBTQIA SUPPORTIVE ALLIES:

ART GALLERIES:

Susan Maasch Fine Art

567 Congress Street

Portland, ME 04101

t: 207-699-2966

web: www.susanmaaschfineart.com

Rotating shows in Painting, Photography, Prints and Sculpture. Fine art consulting for your home or business. See the website for hours.

COMPUTER CONSULTING:

Maine Bytes Computer Repair/Web Design
Winterport and Bucksport Maine
ph: 1-866-632-9837
email: deb@mainebytes.net
web: www.mainebytes.net
proprietor: Robert & Deborah Newman
description: computer repair, web design, and web hosting

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Soul Rituals
Bucksport, ME 04416
ph: 207-469-2222
email: penbayinc@aol.com
web: www.soulrituals.com

Proprietor: Kasey Smith

My company offers courses on subjects such as spiritual growth. We sell metaphysical items such as rare crystals. We also custom cut precious gemstones for sale alone or set in jewelry. In addition, we give private and confidential psychic readings. All lifestyles welcome.