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Supporting Positive Youth Development for At-Risk Youth

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Supporting Positive Youth Development for At-Risk Youth

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PIO Question

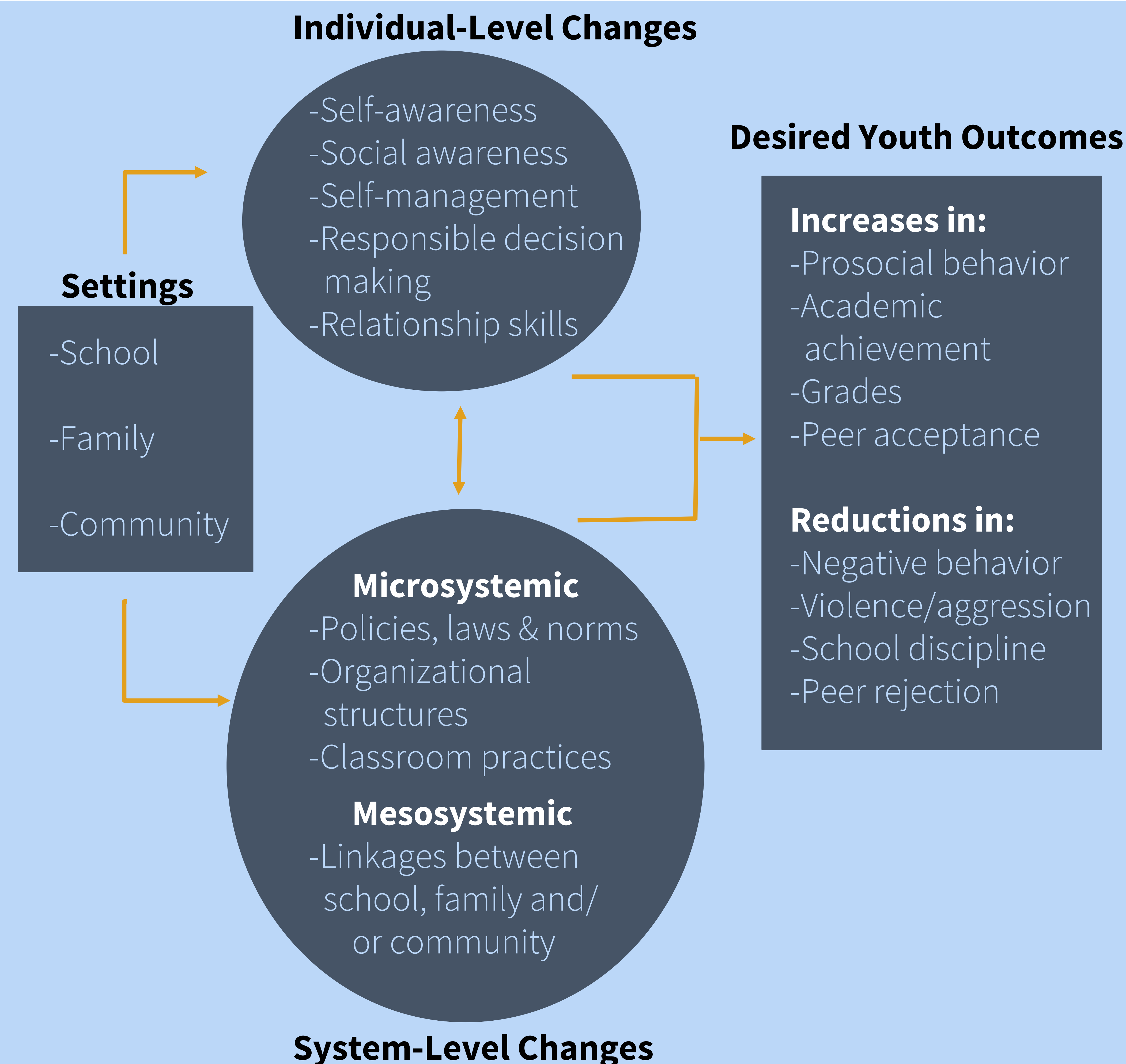
What is the evidence to support occupational therapy development of community-based programs to increase engagement in positive occupations and social emotional learning for youth identified as at-risk?

Themes

- Systems Change
- Community Connectedness
- Limited All-Inclusive Evidence
- Positive Youth Development

Recommendations

- Develop an occupation-based Positive Youth Development program to address the at-risk youth within the Lewiston/Auburn community.
- Program design will focus on systems change and community connectedness.
- Conduct research based on the results of this program to further the literature.



Clinical Bottom Line

The evidence supports the use of community-based programs that have a framework around Positive Youth Development for at-risk youth. Paving the way in this framework includes increasing the feelings of youth connectedness within the community. A Positive Youth Development framework has shown to have a positive effect through social-emotional learning, with at-risk youth diverting from previous negative and harmful occupations, to engaging in more positive occupations leading to better health, social, and educational outcomes.