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Family Affairs Newsletter Business Directory 2010-06-15

Zack Paakkonen

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HERE IS THE UPDATED DIRECTORY OF GLBTQIA BUSINESSES. PRINT IT OUT AND HOLD ON TO IT.

There are several requirements for a business or individual to be listed:

1). They must be a FAN subscriber.
2). The listed business must be GLBTQIA-Owned, or the individual must be an "out" GLBTQIA person providing a service in association with a mostly-straight company (e.g. a gay lawyer in a mostly-straight law firm, a lesbian realtor in a mostly-straight realty office). You will receive one listing. You may select your category. I may overrule your category choice.
3). Straight-owned businesses are eligible for listing if they are actively supportive of the GLBTQIA community. Their postings are placed in a separate GLBTQIA SUPPORTIVE ALLIES category. I will be the final arbiter of whether a business is "actively supportive" or not.
4). The GLBTQIA business owner, GLBTQIA individual, or supportive straight ally must contact me directly and ask to be listed. No third-party requests for listing will be allowed.

If you are a GLBTQIA business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTQIA business owner or individual and think they ought to be listed, tell them to contact me. If you are currently listed and need changes to your listing, contact me. I'm Zack at thefan@maine.rr.com

ADULT TOYS:

Whipspider Rubberworks
P.O. Box 66
Bangor, ME, 04402-0066
email: questions@whipspiderrubberworks.com
web: http://www.whipspiderrubberworks.com
Proprietors: Carrie Graham, Erica and Chris Davis
We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

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ARTISTS:

Victoria Blanchette
Astarte Stained Glass
My name is Vicky Blanchette and I have created studio space in my home to design stained glass and other art mediums, inspired by nature, social justice, creative discovery, and by your ideas! From its humble beginnings in medieval times, glass has been created from sand transformed by fire to give us all beautiful colors and textures to use with light to illuminate gorgeous stained glass art. The studio is located in Bangor, Maine and is equipped with a large light table, two grinders, glass storage, a myriad of tools and supplies, and a lot of work space to handle just about any job. It all starts with an IDEA. From there, the magic begins to unfold through glass. Contact me to talk about your ideas at 207.944.2695 or through email at astartestainedglass@gmail.com

Gillyin Gatto Woodcuts
Kennebec Workshop
9 Bobcat Path
Machias, ME 04654
ph: 207-255-4515
email: bobcatpath@207me.com
web: www.rst-art.com/gattowoodcuts.htm
proprietor: Gillyin Gatto
Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

JELVIS Presley / Elvis Tribute Artist / Drag King
Bangor Maine, 04401
ph: 207-659-1347
email: jelvispresleyinc@gmail.com
web: www.myspace.com/jelvispresleymusic
Ladies & Gentlemen ... Elvis is back in the building! Why not add a performance by the King of rock to your next event?! JELVIS specializes in the 1950s era of the first rebel of rock, singing live for your event. JELVIS performs for private parties, drag shows, pride events, charities, benefits, and fundraisers. This action packed show will bring you to your feet! A fun, funny, and rockin’ good time is to be had by all at any JELVIS show. JELVIS dances, sings, plays guitar and comes custom with an authentic 1950s outfit and backing tracks to give you that 50s feel! (He might even give out a hawaiian lei or two.) Contact: jelvispresleyinc@gmail.com for reasonable rates and availability. (charities, benefits & most fundraisers are free)

Linda Griffith
Playwright & Fine Art Photographer
P.O. Box 174
Blaine, ME 04734
ph: (mobile) 215-287-4174
email: lg@lindagriffith.com
web: http://www.lindagriffith.com
Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design
29 Ross Road
Bradford, ME 04410
ph: 207-327-1553
email: dozieralex@hughes.net
web: http://www.thomashudgins.com
specializing in commissioned art painting, design schemes and private art lessons.
Mark Nutt
Fine Art Painter, Instructor & Scenic Artist
72 Ruth Ave.
Hampden, ME 04444
207-862-2462
Email: minfo@marknutt.com
Website: www.marknutt.com
Original, expressive abstract & plein aire (painted in the open air) landscape oil paintings on canvas. Commission work & private instruction available. Also serve as Resident Scenic Artist at Penobscot Theatre so I’m available & skilled with specialty painting effects ~ faux stone & wood-grain among other techniques and interior design.

Constance Pelkey Designs
22 Drew St.
Augusta, ME 04330
Phone: 207-333-1145
Email: conniepelkey@gmail.com
Blog: http://constancepelkeydesigns.blogspot.com
Polymer Clay, Fine Silver, Fiber Arts, Jewelry & Accessories - Art for you and your home! Teaching classes and individual instruction in Polymer Clay, Precious Metal Clay & Beading Techniques

Stephanie Reiser, Luthier
PO Box 71
St. Albans, ME 04971
ph: 207-938-4384
email: msreiser@tds.net%20
http://www.stephaniereiser.com then click Mandolins
Builder of fine, custom mandolins and guitars.

Chris Rutecki, Musician / Singer-songwriter
PO BOX 401
Sullivan, ME 04664
ph: 207-422-3325
email: chrisrutecki@hotmail.com
Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

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ARTS AND CRAFTS:

Maine Hooked Rugs
Ken Carpenter
PO Box 30
6 Naskeag Road
Brooklin, ME 04616
ph: 207-359-2822
web: www.MaineHookedRugs.com
email: mainehookedrugs@myfairpoint.net

Ken has been a "hooker" since 2001 and has taught rug hooking for 6 years. Maine Hooked Rugs opened August 2009 and is a gallery of hand-hooked rugs by Maine artisans for sale, supplies for those who hook their own and classes for those who want to learn to hook. Hand-dyed as well as off-the-bolt wool, patterns, tools and fun are some of the offerings. I carry "made in Maine" products to the extent possible. The shop also carries patterns and supplies for Punchneedle embroidery.

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AWNINGS AND CANVAS:

Marc Alberi  
c/o Maine Awning and Canvas  
404 Elm Street  
Newport, Maine 04953  
ph: 207-890-7133  
email: adventurechallenge@msn.com

Ask for Marc at Maine Awning and Canvas for repairs and manufacture of all types of custom canvas products including awnings, boat canvas, enclosure, covers, commercial, residential and industrial. We service all areas from Bar Harbor to Bangor, Skowhegan to Augusta/Waterville.

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B & B's:

Le Vatout Bed & Breakfast  
218 Kaler's Corner  
Waldoboro, ME 04572  
ph: 207-832-5150  
email: dominika@levatout.com  
web: www.levatout.com

proprietor: Dominika Spetsmann, Innkeeper & Linda Mahoney

Cozy, low-key and completely relaxed, Le Vatout is just different enough to delight. Centrally located in Waldoboro, on the craggy shoreline of Mid-coast Maine, it’s our personal artists' retreat that we feel fortunate to share with our guests. The garden is huge and romantic, the rooms filled with art, books beckon wherever there’s space. Whether you crave the quiet pleasure of a cup of tea and a bowl of fruit on the porch, favor a communal breakfast of buckwheat pancakes or dig into a shrimp omelet at the kitchen island, Le Vatout meals have substance and flavors have a twist.

Williams Pond Lodge Bed & Breakfast  
PO Box 461  
Bucksport, ME 04416  
ph: 207-460-6064  
email: williamspondlodge@gmail.com  
web: http://www.williamspondlodge.com

proprietors: David Weeda and Dominick Rizzo

Tucked into the woods, at the foot of Hoxie Hill, and snug to the shore of pristine Williams Pond, our cozy and comfortable north woods lodge provides the perfect Eco-Friendly Bed & Breakfast accommodations for your visit to the splendors of Coastal Maine. We are located in the accessible wilderness of Bucksport, Maine. Start and end your days with us; enjoy easy day trips throughout the region. Acadia National Park and all of Mid-Coast and Downeast Maine can become your vacation adventureland. Enjoy the privacy of being surrounded by over 20 acres of woodlands ~ with over 3000 feet of frontage on 112 acre, 50-foot deep, spring-fed Williams Pond. Guests are encouraged to enjoy kayaking, canoeing, swimming, hiking, birding and picnicking, or simply relax watching the wildlife and enjoying the serenity of nature from dawn to sunset... then the stars!

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BARS / NIGHTCLUBS:

PJ's Lounge  
Owners: Mark Raymond & Joe Swain  
80 Water St  
Augusta, ME 04330  
ph: 207-623-4041  
www.pjslounge.net
PJ's Lounge has been serving central Maine for over 28 years and was owned by Dick Aube. Mark and Joe bought it in March and are making a lot of changes. We are playing music from the 70's to today and have NEW lights on the dance floor. Mark is the Owner / Bartender and Joe is the DJ / Bar Manager. So come on in and take a look at the NEW PJ's Lounge. We host Kindred of Maine on the first Friday of each month and our Drag Shows are on the second Friday of each month. Check out our website for info on the events that are going on each month.

Styxx / Zen
3 Spring Street
Portland, Maine 04101
ph: 207-828-0822
email: StyxxPortland@GMail.com
web: www.StyxxPortland.com
Styxx is Portland's premier nightclub catering to the gay and lesbian community. Open seven nights a week with special promotions happening every night.

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BUILDING CONTRACTORS:
Heath Enterprises
68 Mudgett Road
Kenduskeag, Me 04450
207-745-4678
heathenterprises@midmaine.com
Foundation to finish, Your one stop source for all your repair and remodeling needs.

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COMPUTER CONSULTING:
Cyan Dog Productions
20 Eider Way Lane
Trenton, ME 04605
ph: 207-664-3570
email: aardvark340@hotmail.com
proprietor: Kim Hawkins
Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

KQNet
4 Oak St
Bridgton, ME 04009
ph: 207-694-6639
email: info@kinkyqueer.net
web: www.kinkyqueer.net
proprietor: John Blake
KQ.net provides full service webhosting, design and coding for both the GLBTQIA community and the alternative lifestyle communities. Backed by an experienced web Staff of gay and bisexual lifestyleers, kinkyqueer.net is dedicated to not just providing great customer service and building your online presence, but We also realize the paramount importance of discretion. We provide design services from the bottom up, focusing on user-friendly and professional sites. We center our work around cascading style sheets which allows us to stay away from the bulky and encumbered coding of some other sites. Our design team puts a great deal of their artistic talent into every site's content and format creating sites that are
comfortable, easy to use and draw repeat visitors. We have various packages for hosting that will serve everyone from the smallest site to a large and comprehensive endeavor. Don't be afraid to contact Us for all your web design and hosting needs. Each and every one of Our clients are and will be treated with respect and dignity, as well as with discretion. We can and will find a solution that works for everyone.

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COUNSELING:

Rick Bouchard, LCSW  
Private Practitioner  
222 St. John Street Suite 246  
Portland, Maine 04102  
Ph. 207-650-6450  
Fax: 207-347-3510  
E-mail: CONSTL8@maine.rr.com  
A Portland-based private practice serving the GLBT community. Jungian-based psychotherapy, currently working with adolescents, families/couples, and adults. Also works with gender, transgender and transsexual issues. He accepts most insurances, self-pay, and MaineCare and works with a variety of mental health and substance abuse issues. Feel free to call for more information. Referrals can be made by phoning or emailing. Rick is also pleased to announce the formation of a Portland-based Dream Group, an exciting opportunity for those interested in group dream work. This group will provide members with an intimate, safe and protected setting to explore and work with dreams, in the company of trusted others. For a complete e-brochure about the Dream Group, contact Rick at: CONSTL8@maine.rr.com

Jeanine Crockett, Ph.D.  
Licensed Psychologist  
43 Columbia St, Suite 32  
Bangor, Me 04401  
ph: 942-1483.  
Psychotherapy and evaluation of individuals, couples, children and families.

Jeanne M. Dorland, Ph.D., LCPC  
Licensed Clinical Therapist  
82 Columbia Street, Suite 301  
Bangor, Me 04401  
ph: 942-8200  
Psychotherapy for individuals, couples, and adolescents

Donna Light  
c/o Searsport Counseling Associates  
9 Field St, Ste 217  
Belfast, ME 04915  
ph: 207-338-9145 OR 207-338-2022  
Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW  
Licensed Clinical Social Worker  
96 Harlow Street, Suite 223  
Bangor, Me 04401  
ph: 478-0884  
ChrisMSW01@aol.com  
Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

Karen Clark Staffeld, LCSW
Dexter, Maine
(207) 270-1375

Clinical counseling addressing mental health and substance abuse issues. Most insurances accepted. Sliding fee scale available.

Vitality Counseling Services
Charissa Merrill-Maguire, LCSW
Melinda Merrill-Maguire, LCSW
157 Park St, Suite 34
Bangor, ME 04401
ph: 207-992-9104
email: mmerrillmaguire@yahoo.com
web:
We provide counseling services to individuals and couples and we accept most insurances. We also work with children, adolescents and families.

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DOLLS:

Santa's Boriqua Dolls
Bangor, ME 04401
ph: 207-907-2087
email: owlz_moon@yahoo.com
web: http://boriquadolls.etsy.com
proprietor: Santa Andujar
I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

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ELECTRICAL CONTRACTORS:

Jean Vermette
PO Box 2002
Bangor, ME 04402-2002
ph: 862-2063
email: megress@gwi.net

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FINANCIAL CONSULTING:

Leah M. Bartley, CRPC® , CLTC
Financial Advisor
Smith Barney
100 Middle St, 3rd Floor
Portland, Maine 04101
ph: 207-771-0854
email: leah.bartley@smithbarney.com
web: http://fa.ml.com/Leah_Bartley
With over 11 years of experience, Leah specializes in recognizing the unique needs of each LGBT investor. Leah graduated from Westbrook College in Portland Maine. Some of her ongoing advanced coursework includes, a certificate from The Advisors Forum in the area of Gay/Lesbian financial planning. She holds a designation as a Chartered Retirement Planning Counselor (CRPC) from the College of Financial Planning.
In addition, she has also completed the only third party long term care professional designation, "Certified in Long-Term Care" (CLTC) from The Corporation for Long-Term Care Certification as well as the State of Maine Partnership Program.

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FOOD SERVICES:

X-Treme Cheesecakes
120 Airline Rd
Clifton, ME 04428
ph: 207-843-5617
email: trgoodridge@verizon.net
proprietor: Tracy Goodridge
Gourmet cheesecakes made to order!

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FURNITURE REFINISHING:

Downeast Refinishing
321 Bucksport Rd
Ellsworth, ME 04605
ph: 207-667-0062
email: finish@prexar.com
proprietor: David Conary
Complete line of furniture stripping and refinishing. We also do porcelain re-glazing...bring in your old claw-foot bathtubs!

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GLBT CLERGY:

Rev. Al Boyce
173 Broadway, Apt 1
Bangor, Maine 04401
ph: 207-951-0407
email: revalb@yahoo.com
I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

Rev. Charles Grindle (Interfaith)
88 Gilman Street #406
Portland, ME 04012
ph: 207-650-6573
email: mrkeysnorth@yahoo.com
Services for rites of passage, transitions, and commitment ceremonies. Services designed for you, with you.

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HAIRSTYLING:

Chase Blanchard, Cosmetologist
Total Look Day Spa & Color Studio
98 North Main Street
Brewer, ME 04412
I love what I do and have spent a great deal of time becoming the best I can be in this field. An opportunity presented itself to me when a local salon became available, and I was able to purchase it. I will be leaving AK Haircolor & Design on April 18, and opening at the new location on April 21. It is a current salon, and I look forward to going in there, and taking the best of my experiences over the last several years and creating a space that you all will enjoy. We offer additional services there, and I look forward to seeing you all at A Total Look Day Spa & Color Studio after April 21. Angie (from AK Haircolor & Design) and I will remain working together educating as we do now, and I look forward to having someone with her level of experience to call on for advice. Thank you all for your continued patronage!!!

Hair By Roger
166 Webster Ave
Bangor, ME 04401
ph: 207-907-0224
email: rogermcgathey@msn.com
proprietor: Roger McGathey
description: More than 30 years of experience. New to Maine. By appointment only.

Jenna's Outer Works
37 Casco St., Suite 310
Portland, ME 04101
ph: 1-207-772-7730
web: http://www.facebook.com/JennasOuterWorks
email: JennasOuterWorks@gmail.com

Offering salon services for the LGBTQA community. Will come to your home.

Steve Rossignol
c/o People's Salon And Spa
18 Temple St
Waterville, ME 04901
ph: (cell) 207-314-1487
email: hairslinger8@yahoo.com

Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

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HOME REPAIR AND IMPROVEMENT:

MDI Home Project Solvers
Otter Creek, Maine 04660
ph: 207-288-3672
email: bbginANP@roadrunner.com
proprietor: Dawn Fortune

No longer comfortable climbing a ladder to clean the gutters? Seasonal yard chores seem bigger than they once were? Guests coming and the spare room needs a coat of paint and some wallpaper? Kitchen floor need replacing? Too busy to fix this, paint that, weather-proof something else? Let me help. Located on MDI and serving Hancock County, I can take care of those jobs so that you can get on with living life. E-mail me for rates and services. I can do all kinds of things from basic home repair (squeaky hinges) to building a deck or garage. Reasonable rates. Insured.

Mida's Touch
PO Box 127
Hulls Cove, ME 04644
ph: 207-288-9727
email: midaballard@gmail.com
web:
proprietor: Mida Ballard
Renovations, Repairs, and Light construction. OR, you can save money by doing it yourself ... I offer complete consultation and instruction on projects for homeowners. Working with you or doing just part of the job gives you maximum savings! Renovations, repairs, kitchens, baths, sheetrock, painting, ceramic tile, windows, doors, decks & more! 35 years of experience. Looking for a good carpender? Hire a woman. No job too small.

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HOME SERVICES:

Amy Damboise
Pet & House Sitter
365 N Main St
Brewer, Maine 04412
ph: 207-356-0289 = cell
email: adamboise34@hotmail.com
I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs...but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady
1542 US HWY 1
Hancock, ME 04640
ph: 207-422-3268
ph: 207-735-7423
email: jwussta@msn.com
proprietor: Jennifer Worster
Let ME do your "dirty" work

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HOUSING (ADULT GROUP HOMES):

Branches, LLC
44 Center St
Bangor, ME 04401
ph: 207-945-9998
email: branchesllc@aol.com
exec. director: Sandy Noble
We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

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INSTRUCTION:

Jessi's Guitar Lessons
Milford, ME 04468
ph: 207-827-1460
email: jessimallory@aol.com
proprietor: Jessi Mallory
For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop your own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for $20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School
5 Jellison Ridge Rd
Surry, ME 04684-3340
ph: 207-667-9482
email: wayne@mrlanguage.com
web: http://www.mrlanguage.com
proprietor: Wayne Smith
Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

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LAWYERS:

Sally F. Curran, Attorney
Law Office of Sally F. Curran, Esq.
P.O. Box 8423
Portland, Maine 04104
Phone: (207) 272-6541
e-mail: sallyfishercurran@gmail.com

Matthew R. Dubois, Esq.
Vogel & Dubois
550 Forest Ave. Ste. 205
PO Box 3649
Portland, ME 04104-3649
ph: 207-761-7796
web: http://www.maine-elderlaw.com
I am a private attorney who does personal, family and estate legal planning, and I focus a large portion of my practice on LGBT elders. Meets with clients statewide.

Alice A. Neal, Esq.
Zack M. Paakkonen, Esq.
West End Legal, LLC
200 High St., Ste 1A
Portland ME 04101
Ph: (207) 699-5553
e-mail: info@westendlegal.com
web: http://www.westendlegal.com
GLBT owned and operated two attorney law firm serving Cumberland, Sagadahoc, Androscoggin, and York Counties. Member of the LGBT Bar Association. We offer free consultations and payment plans. See our website at www.westendlegal.com or www.mainelgbtlaw.com for more information and for a list of practice areas.

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MANAGEMENT SERVICES:

Management Services for the Human Services
34 Rustic Way
New Gloucester, ME 04260
ph: 207-926-3620
e-mail: mgmatsvcs@gwi.net
proprietor: Marjorie Love, MSW
I have 20 years of experience working in Maine nonprofits. Since 1994 I have worked as a consultant to public health, mental health, social service, community development, civil rights, public policy, and philanthropic organizations. Executive transitions are my primary niche. Again and again, I've seen the investment -- in stable interim leadership plus assessment of organizational & community needs, refocusing of vision, and thoughtful search processes -- yield outstanding results. In between, and sometimes simultaneously, I do other management projects. Things like program planning, development, evaluation, or reporting; coalition-building; problem-solving; etc. Pretty much anything that fits my skills, which are pretty broad.

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MASSAGE THERAPISTS:

Aches Aweigh Therapeutic Massage
PO Box 255
Franklin, ME 04634
ph: 207-266-5728
e-mail: raurban@hotmail.com
proprietor: Rae Urban, LMT, Reiki Master
"Have table, will travel" I specialize in Swedish Massage, Reiki, Chair Massage or Canine Massage at your location.

The Bodyworks Integrated Therapies
195 State St
Bangor, ME 04401
ph: 207-947-4714
proprietor: Terry Hart, NCTMB, LMT
Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Therapeutic Bodywork
PO Box 160
744 Main Rd North
Hampden, ME 04444
ph: 207-461-5348
e-mail: sle75@adelphia.net
proprietors: Suzanne & Sandi Carver
Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman
PO Box 148
Blue Hill, ME 04614
ph: 207-374-2140
e-mail: gabrielle@prexar.com
Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

John Connole, LMT
Bangor & Winterport
ph: 207-478-2229
e-mail: massagesport@hotmail.com
I do an eclectic blend of bodywork. Based in Swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Eric L. Sirois, LMT
9 Central Street, 4th Floor
at Central Street Yoga
Bangor, ME 04401
Ph: 207-735-7447
e-mail: Eric@CentralStreetYoga.com
web: www.CentralStreetYoga.com
Bodywork services available by appointment in downtown Bangor and home office in Brewer. Sessions range from relaxation and Swedish massage to deep tissue and myofascial release techniques. Gift certificates available.

Mysticbear Holistic Health
78 Summer Street
Hamden, ME 04444
ph: 207-561-0691
e-mail: todd@mysticbear.net
web: http://www.mysticbear.net
proprietor: Todd Ingram
MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed.

MERCHANDISE:

A Touch of Maine - Unique Gifts and More
ph: 207-422-3268
ph: 207-735-7423
e-mail: ATouchofMaine@msn.com
proprietor: Jennifer Worster
Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

NOTARY SERVICES:

Robert Hickey
PO Box 2
Bradford, ME 04410
ph: 207-327-1009
e-mail: nativerobglti@aol.com
Notary Public serving the GLBTI community for over 17 yrs.

PAINTING CONTRACTORS

Jessi Mallory
c/o Lee's Painting
19 Birch St
Milford, ME 04468
Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those interior painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, Lee's Painting is there for you. Projects are adding up, so give us a call to get your project done!

PARTY/EVENT PLANNING:

Awesome Events
993 Acadia Highway
Orland, ME 04472
ph: 941-2326 or 479-3219
email: awesomeevents@hotmail.com
web: www.myspace.com/awesomeevents2008
proprietor: Liza Haskell and Crista Jakacky
Planning, decorating and simple catering for all your events big or small. We handle any special occasion from a child's birthday party to a graduation or commitment celebration.

PET SERVICES:

Amy Damboise
Pet & House Sitter
365 N Main St
Brewer, Maine 04412
ph: 207-356-0289 = cell
email: adamboise34@hotmail.com
I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs...but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

Susan Stevens
PetsRUs
86 South Main St
Rockland, ME 04841
ph: 207-594-1273
e-mail: bswearehappy@aol.com
Experienced dog/cat sitter. I love dogs, I have a ChiPoo (chihuahua-poodle) and a Chihuahua at home. I am located in Rockland and can travel between Rockland and Portland. Contact me for details.

Kathy Wilson
Natural Pet
144 Pleasant St
Brunswick, ME 04011
ph: 207-725-0179
e-mail: naturalpet@suscom-maine.net
web:
We do pet grooming and pet self-wash. I am VERY out. I own and run and do 99% of all the work (I sometimes have a bather do some of the dog washing when I am busy) So all grooming is either to my credit ... or my fault !!!

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PHOTOGRAPHY:

Shutter Images
220 Gross Point Road
Orland, ME 04472
ph: 207-469-7741
email: danwattphotos@gmail.com
web: www.shutterimagesbydan.com
proprietors: Dan Watt & James Britton
We do Weddings, Portraits, Parties, Special Events and much more.

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REAL ESTATE:

Philip Cronin, realtor
c/o Mallet Agency
11 North St
Dover-Foxcroft, ME 04426
ph: 207-564-8818
email: philipjcronin@yahoo.com
web: www.philipjcronin.com
Licensed Maine real estate broker

Greg Doucette, realtor
c/o Realty of Maine
107 Main St
Belfast, ME 04915
ph: 207-338-6800 Ext 14
email: gregory_doucette@yahoo.com
Greg Doucette, Broker, serves clients in the Mid-Coast region in selling and buying residential, land and commercial property. Greg, a native of Maine has been an agent since 1997 both in New Jersey and now Maine.

Lynn Salisbury, realtor
c/o Jones Real Estate
232 Main St
Ellsworth, ME 04605
ph: 537-3366
cell ph: 266-6004
email: lucky62365@aol.com

Bev Uhlenhake, realtor
c/o Epstein Commercial Real Estate
PO Box 2444
Bangor, ME 04402
ph: 207-945-6222
fax: 207-945-5824
email: bev@epsteincommercial.com
web: www.epsteincommercial.com
Leasing and sales of commercial and investment property.
Dwight Wass, realtor  
PO Box 5  
Lincolnville Beach, ME 04849  
ph: 207-763-4849  
email: campmee@yahoo.com  
web: http://www.lincolnvillerealestate.net  
Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

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RESTAURANTS:

Cafe Bluefish  
122 Cottage St  
Bar Harbor, ME 04609  
ph: 288-3696  
email: blh@prexar.com  
web: http://www.cafebluefishbarharbor.com  
proprietor: Bobbie Lynn Hutchins  
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Clewley Farm Restaurant  
999 Main Rd  
Eddington, ME 04428  
ph: 207-843-5584  
email: info@ClewleyFarm.com  
web: http://www.ClewleyFarm.com  
proprietor: Lawrence Clewley  
Family style restaurant open 7 days a week from 6:00 a.m. until closing.

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SIGNS:

Infinite Signs  
40 School St  
Augusta, ME 04330  
ph: 207-595-0750  
email: infinitesign@yahoo.com  
web: http://www.infinitesigns.com  
proprietor: Adonna Manzo  
description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

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SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Rachel Lee Manning, Medium/Intuitive  
198 Main Street  
Ellsworth, ME 04605  
ph: 207-322-9870  
email: loveliveson@adelphia.net
Offering private, healing sessions in Ellsworth focused on the journey of the soul. Messages of love &
guidance from departed loved ones, Intuitive Life Guidance Readings, Workshops & Intuitive
Development Training. Please email me to receive monthly newsletter & schedule of events.

Healing and Expressive Arts Retreats (H.E.A.R.)
PO Box 1604
Blue Hill, ME 04614-1604
(207) 667-2019
(207) 441-2785 [cell]
email: hearme@natisp.com
proprietor: Eileen Mielenhausen
I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to
do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and
creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me
if you would like to receive detailed info about our upcoming gatherings.

******************************************************************************
TAX PREPARATION:

Carol W. Thompson, EA
469 Main St., Suite 204
Springvale, ME 04083
Portland appointments available.
ph: 207-324-4011
fax: 207-324-1538
email: cwteame@msn.com
Carol has been providing tax services since 1979. She is an Enrolled Agent (EA), the only federally
licensed tax professionals. EA's must take a 2 day exam in tax law in order to become licensed to practice
before the Internal Revenue Service. Carol has appeared on TV and radio, and has been interviewed for
dozens of articles in print media, including Good Morning America, Newsweek, Worth, Money, Working
Women, and numerous others. She has been teaching continuing education seminars for other tax
practitioners for over 20 years, including producing the first seminar on gay tax issues in the United States
in the early 1990's. Carol specializes in domestic partner tax issues, small business owners, individuals,
and real estate issues. She is well versed in most occupations, especially teachers, park rangers, military,
real estate, and consulting. Appointments are available in Springvale or Portland, and work can be done in
person, by mail, email, fax, or .pdf.

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VACATION SPOT:

Magic Pond Artists' Retreat and Guest House
P.O. Box 174
Blaine, ME 04734
ph: (mobile) 215-287-4174
email: lg@magicpondmaine.com
web: http://www.magicpondmaine.com
proprietor: Linda Griffith
Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre
wildlife sanctuary, ideal for individual creative and spiritual work.

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YOGA:

Central Street Yoga
9 Central Street, Suite 401
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ph: 207-249-9180
e-mail: snowstop@gmail.com
web: www.CentralStreetYoga.com
proprietor: Terry Lacy
description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central,
Main, and Hammond Streets.

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GLBTQIA SUPPORTIVE ALLIES:

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567 Congress Street
Portland, ME 04101
t: 207-699-2966
web: www.susanmaaschfineart.com

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business. See the website for hours.

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Maine Bytes Computer Repair/Web Design
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ph: 1-866-632-9837
e-mail: deb@mainebytes.net
web: www.mainebytes.net
proprietor: Robert & Deborah Newman
description: computer repair, web design, and web hosting

SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Soul Rituals
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ph: 207-469-2222
e-mail: penbayinc@aol.com
web: www.soulrituals.com
Proprietor: Kasey Smith
My company offers courses on subjects such as spiritual growth. We sell metaphysical items such as rare
crystals. We also custom cut precious gemstones for sale alone or set in jewelry. In addition, we give
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