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Occupational Therapy's Role in Helping Individuals With SPMI
Gain and Sustain Employment

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PIO Question:
Does including occupational therapy services as part of an interdisciplinary mental health team help clients with serious and persistent mental illness to gain and sustain employment?

Clinical Bottom Line:
• Helping people with SPMI gain and sustain employment is specifically targeted within the scope of OT as outlined in the OTPF.
• Evidence supports Individual Placement and Support as the most effective employment intervention. OTs are effective in working with this intervention.
• OTs are effective in bridging the gap between a clinical and vocational focus on mental health teams.

Limits Used:
• Peer Reviewed
• OT Focused articles
• Related to Employment
• Individuals with SPMI
• Working Age participants