

OCTOBER 1981

ILF was formed at a workshop at Symposium III. The purpose of the organization was, and is, to provide a basis for support, consciousness raising and political action. Also a celebration for Lesbians through the state.

~~The next ILF meeting will be held at Barbara Guess's house:~~

The next SBA dances are October 17 and 31. The dance on the 31st will be a Halloween costume dance.

Lesbian couple would like to meet other lesbians in our area for conversation and friendship. Newport, Pittsfield, Hartland, St. Albans, Harmony. Mary Lois Anderson and Maria Chipmna, RFD #2, Box 6430, Pittsfield, Maine 04967, phone 938-2392.

A Women's Newsletter, TELENO AN, P.O. Box 2306, Pleasant Hill, CA 945 Send \$1.00 for sample issue.

Did you know that Lesbians need pap smears? Mid-Coast Family Planning offers yearly pelvic exams, pap smears, VD tests, infection checkups, breast exams, sexuality counselling, health and social service referrals. Fees are based on your income and family size no one is denied service. There are two lesbian counselors on staff. Ask for Kathy in Belfast (24 Main St. 338 3736) Peaches in Rockland (12 Maple St. 594 2551)

FOCUS ON WOMEN Wednesdays at noon in the North Bangor Lounge. Each Wednesday Focus on Women provides you with an informative forum on women's issues. A variety of topics are presented. So come join us as we take a closer look at the many issues women are dealing with today.

#### ILF ANNOUNCEMENTS

Bowdoin Womens Association is sponsoring a concert by Cris Williamson on Oct 24 at 8pm. at Pickford Theatre at Bowdoin College Brunswick. Tickets are available by writing B.W.A. Bowdoin College Brunswick..

The newly formed Midcoast Womens Community invites you to a Womens dance after the Cris Williamson concert at the Unitarian Church Freeport Brunswick (across from the Post Office)

Nov 20 at the Unitarian Church there will be a pot luck at 7:30 and a dance at 9:00. During the meal we hope to discuss the future of our community and how it can better meet our needs.

WOMEN UNITE TAKE BACK THE NIGHT PORTLAND MAINE NOVEMBER 7  
FOR MORE INFO CONTACT: Take back the night coalition P.O. Box 8313 Portland Maine 04104.

THE National Lesbian Slide Show And Competition....All Lesbian photographers whether professional or amateur are encouraged to participate in the show. There will be \$100. cash prizes.  
For more info: NLSSC c/o HERIZON PO Box 1082 Binghamton New York 13

#### REGARDING THE MAINE LESBIAN FEMINIST NEWSLETTER

IN order to get a decent newsletter we need to spend more money. About twenty hours per month goes into getting your newsletter ready, however the use of inferior materials makes that a fairly depressing twenty hours....I know from personal experience that it's a drag to receive a newsletter that is poorly typed badly spelled and generally illegible.. in fact as I type these very words I shudder to think how they will turn out....it doesn't seem too much to ask that we pay a typist minimum wage rather than have to put up with the mess that we have been receiving monthly...PLEASE PLEASE PLEASE IF ANYONE OUT THERE IS INTERESTED IN UPGRADING THE QUALITY OF OUR NEWSLETTER... LET US KNOW BY SENDING A MONETARY CONTRIBUTION OR/AND BY ATTENDING THE NEXT NEWSLETTER MEETING (I.L.F. Meeting)...