

MAINE

LESBIAN

FEMINISTS

NEWSLETTER

AUGUST 1978

%%% %%% \$\$\$ \$\$\$ %%% %%% \$\$\$ \$\$\$ %%% %%% \$\$\$ \$\$\$ %%%

The July MLF meeting was held in Bath with a good attendance. There wer work-shops, music, frisbees, pot luck supper, and a good time full of wonderful, positive women's energy.

Since there was no General meeting, there are no minutes.

!!

It's time to put the newsletter out and I have not heard from the hosting women about the next agenda. In our discussions at the last meeting, I understood that they are planning to have space for all to play and work. Therefore the tentative agenda is as follows: (I suggest that everyone try to be in Hollis in time for the agenda meeting):

- 10:00 - 11:00 Coffee, greetings, social
- 11:00 - 11:30 Agenda meeting - planning for the days activities explaining house rules
- 12:00 - 1:00 LUNCH - Bring your own
- 1:00 - 2:15 ACTIVITY PERIOD I
Matriarchy and Healing - Rita
- 2:30 - 3:45 ACTIVITY PERIOD II
Poetry Reading/Sharing - Ruth
- 4:00 - 5:15 ACTIVITY PERIOD III (If needed)
- 5:30 - 6:30 POT LUCK SUPPER - Bring something to share

(NO ONE AVAILABLE)

REMEMBER: if you want to share your music, bring instruments, bring frisbees, sports equipment (Bsaeball, volleyball, etc.) childcare is provided

MOST IMPORTANTLY - - - - BRING YOURSELF AND YOUR FRIENDS - - - - -

If you would like to have a meeting in your area (at your home for example), come to the next meeting. Those of us who have held meetings will be glad to answer any questions you may have. We are looking for an October meeting place. Think about it. There isn't too much work involved (or I wouldn't do it) and it's lots of fun.

#####

DEADLINE FOR THE SEPTEMBER NEWSLETTER ---- SEPTEMBER 5

MAINE COALITION FOR HUMAN RIGHTS MEETING - August 17, 7:00PM, Augusta, MTA Building (maybe)

Don't forget Flo's - Women's Night - August 30 - next month the schedule will return to to once a month on the second Wednesday.

NEWS TIDBIT:
A court in San Diego has ordered a lesbian to pay \$100 a month in temporary support to her lover. The couple had exchanged vows in a ceremony on Feb 17 in a church, and, according Sherry, they signed an agreement giving each other one-half of all property accumulated during the relationship. In addition, she said she agreed in writing to perform "all duties of a housewife" while being supported by her lover. The Superior Court judge accepted the agreement, which also gives Sherry a share of her lover's military retirement benefits.
---GCH

In response to the boycott of it's beer, the Adolph Coor's Company has added the words "sexual preference" to its Equal Employment Opportunity Policy. However, due to working conditions, financial support of right-wing groups, etc., many are still boycotting Coor's.
---Lesbian News

#####

Thank you to all who have sent in contributions to the Newsletter. If you have news or wish to share your feelings/impressions of a recent event (the ERA March?) or life in general, please write to the newsletter. Poetry is always welcome. Ads and notices gladly printed FREE!!!!
A special thank-you to the women who helped get this issue printed (I hope)!

HAVE A NICE MONTH - SEE YOU ALL IN HOLLIS

WISE WOMEN ENTERPRISES/URANA RECORDS has announced its plans to record a second album by KAY GARDNER. Studio dates have been set in Boston for mid-June, the release date is scheduled for late September. The album, entitled "EMERGING", promises to be a real musical treat, especially for those who now enjoy "MOONCIRCLES", Gardner's first LP on the URANA RECORDS label.

Kay has spent this past year traveling, studying, living in the mountains, living by the sea, and listening. Her latest compositions reflect the inspiration she has received from the sounds of nature and from her own womanspirit. Using contemporary techniques, her intuitive improvisations and a studied, yet sensitive treatment of ancient musical modes combine to create an expanse of musical evolution. A renaissance experience in the compositional avant-garde idiom makes this album as unique as its composer. Instrumentation includes flute, alto flute, violin, viola, cello, viola da gamba, lute, classical guitar, piano, and small percussion.

Additional information about "EMERGING" and the other albums on the URANA Records label - MOONCIRCLES, Kay Gardner; 3 GYPSIES, Casse Culver; DEBUTANTE, Willie Tyson - can be obtained from the main WME offices in Stonington, Maine.

#####

THE NEXT MEETING OF THE MLF IS SCHEDULED FOR SUNDAY, AUGUST 20 in HOLLIS

HANG ON TO YOUR DIRECTIONS!!!!

Take Maine mall Road exit from I-295. Follow signs to Maine Mall Road as you come off 295. Then take Rt 114 to Rt 22. Follow Rt 22 about 8 miles to RT 202. Follow Rt 202 to Rt 117. On Rt 117 go about 7 miles to Waterboro Rd. Chadbourne's Ridge Road is first right off Waterboro Rd. - less than 1/4 mile down Waterboro Road. It looks like a dirt road but it's really dirt over pavement (funny, Hu!!) Our number is 727-3904 if you get lost. ---Nadine & Delores



ALL DISTANCES ARE APPROXIMATE
GOOD LUCK -- HOPE TO SEE EVERY ONE THERE

NO BOOZE, NO POT
NO DOGS PLEASE

SEPTEMBER MEETING will be at Mickey's on Sunday September 24
There will be a party on Saturday Sept 23rd so mark you calendar now

FRIENDS

~~stopping for~~

stopping by for a short visit
I find a gentle coven:
your arms, your eyes, your wonderful strength;
you, too, find a coven in me.

we snuggle in your wide bed
giggling like two girls at a pajama party
dipping into each other's lives joyfully,
at times we fly into pockets of turbulence:

your lover has left you;
I'm still trying to write poems;
your first show is next week.
but the night deepens,

we touch ground again.
and even in this wide clutterbed
we fit smoothly to each other
as old, soft and flannel shirts.

----Ruth

**** **** **** **** **** **** **** **** **** ****

CONTEST! CONTEST!! CONTEST! CONTEST!! CONTEST!! CONTEST!! CONTEST!! CONTEST!! CONTEST!!

Name the new corporation of women video producers. Entries accepted at the next MLF meeting. Some suggestions are:

- Lavender Pizza Video
- Mary Lou Fitzgerald Video

Try your hand at naming the corporation. Prizes are non existant, but fun is guarenteed for those who enter.

*** *** *** *** *** *** *** *** **** *** *** *** *** *

Working Women of Waldo County, a series of 3 half hour video tapes will be shown at the SEPTEMBER MLF Meeting. The first two tapes deal with the memories women have of their mothers and grandmothers. The third tape was shot mostly in factories. They are all real exciting.

*** *** *** *** *** *** *** *** **** *** *** *** *** *

TICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!! NOTICE!!

MAINELY GRAIN, a Natural Food Store and Vegetarian Deli, is now open. Owned and run by wimmin. Take scenic Rt. 1 up or down to Camden and visit with us-- Donna, Toni, and Marcia. We're at:

31 Elm Street
Camden, Maine
#236-2856

Open 6 days a week / closed Wednesday / Hours : 11-7, 11-3 Friday & Saturday

**** **** **** **** **** **** **** **** **** *** **** ****

Dear MLF Women...

Where has the summer gone?! Much of our summer has been spent recording Kay Gardner's 2nd album, entitled, EMERGING, to be released in September, we hope! It's going to be a great album!

...Micky Nickerson is no longer the Maine record distributor... We were very sad to lose her, but the record distribution business is one hell of a big job (read: long hours, little pay, and sometimes a pain in the ass!!) Recently Olivia Records, Redwood Records and Wise Women Enterprises had a meeting and we are now working together to locate more women to go into the record distribution biz. We are putting together a large collective-effort packet that explains the business, etc. If you would...announce we are looking for a new distributor for this territory... Any woman who is interested... should write to:

WISE WOMEN ENTERPRISES, P.O. BOX 33, STONINGTON, MAINE 04681, Attn: Betsy Rodgers, Distribution. At this point, this is not a firm job offer, as we are considering other options, like expanding other distributor's territory, but we would like to put the word out. Thanks for your help... Enjoy the rest of the summer!!

---Barbara

NOTES FROM MATRIARCHAL MEETING ON POWER

Ways of Developing Power

1. Sharing nurturing with others
2. In a situation of conflict, working toward:
 - a. defining the problem as ours
 - b. accepting responsibility for our agreement, choice
 - c. air feelings now
3. Be able to compromise, listen, discuss and understand differences, evaluate choices later, not be too possessive of one's own perspective, not creating a hostile situation
4. Show of strength not make it as threatening
5. Showing vulnerability honestly is a strength
6. Allow differences and know you don't have to be devastated/ don't have to please
7. Discharge frustration positively, have patience to continue the fight
8. Recognize own woman strength - power - positive energy
9. Trust your own perspective on positive growth, experience with woman
10. Look around you & see what women are doing
11. When frustrated, think of gains that have been made & struggles around the world
12. By gathering together we create more power
13. Importance of defining for ourselves our own power
14. Face fears in dreams
15. Face fears with others who are caring
16. Knowing physical self and sensitivity
17. Tend the wounds/hurts first and heal
18. Notice our strengths - everyday strengths, what we do, ex.: mothering
19. We can change concepts which is very powerful to do
20. We can change ourselves
21. Think how we survive & care for ourselves - this strengthens us too
22. Know what purifies and cleanses ourselves
23. Take care of basic needs along the way
24. Let us heal each other
25. Knowing difference between compromise and competition
26. Knowing difference between assertiveness and aggression
27. Recognize that you can walk away from game playing or unresolvable situations and that you can state "I'll no longer play that game".

MATRIARCHAL WORKSHOP for the next two months will focus on "Healing and Matriarchy". Rita Babraitis will lead the workshop for August. Please think, read, and bring writing on this topic.

POETRY READING WORKSHOP - Ruth

"...I'd like to do a poetry reading workshop for the next ILF ... I will be reading some of my poems and I know that there are other closet poets so if anyone has any of their work that they would like to share, please bring it and read too. I'd like this to be a comfy workshop where reading one's work does not mean that it is necessarily "finished". Our writings are one means of expressing and sharing parts of our lives and thoughts and visions for the future."

As mentioned in the Matriarchy notes, it is very important for us to take care of our physical needs. I would like to take this space to urge all of you to learn how and practice breast self-examination. Cancer and other less dangerous lumps can be found early if we practice this simple examination. We owe ourselves the few minutes a month it takes to insure early detection. If you detect a lump or bunch, please, don't wait!! Contact your physician or local clinic at once to have it checked. If you get help early, the procedure is simpler (and less expensive). For information, contact your local women's clinic, Cancer Society, or Family Planning office. Too often we feel we can't afford a yearly check-up, but we need to take care of ourselves, self exam and PAP Smears are important. I love you all and want to see you around, healthy for a long time. The women's community can not afford to lose any of you. Every sister counts. --- Connie

3