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Heat

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Heat
Cover Page Footnote Graham is a Social Studies teacher at Greely High School. He enjoys spending time with his wonderful family and cooking big breakfasts on the weekends.

Shove: Heat

Heat

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Heat.

Crank it up, always start at a run

oil, shimmering quick.

Now, the alliums; pungent, sweet. The smell demands attention.

Onions halved, tearing up and cutting crosswise then turn cut again.

How big?

What are my intentions?

Smash the garlic, don't worry it doesn't mind. Onions first, never with garlic.

Compost anyone that adds both at once.

Finally time to pour a cuppa... a cook needs fuel, same as pan.

Now think. Think. Where shall we go?

Here it's potatoes. Like the onions, crosswise. Into the fire, maybe add a lid? No scent needed when the meat is so tender.

Enjoy a sip now, you won't have time in another minute.

Heat the comal, tortillas needed for filling.

Grab the eggs. Perfect form, egg answers any question.

Right on top of the potato. River water over rock.

Splash of salt, scramble like a rapid.

Pepper to inflame the senses.

Scoop on tortillas and you are away.

Now.....

enjoy.