Do you think you may be at risk of exposure to HIV, the virus that causes AIDS?

Call Us
the HIV-AIDS Awareness & Prevention Program

CENTRAL AR OOSTOOK 498-2088
OR TOLL FREE 800-468-2088

The HIV-AIDS Awareness & Prevention Program is a project of the Gay & Lesbian Phonestore of Maine, funded in part by the Maine State Bureau of Health, Office on AIDS.
The Phonestore was established in 1982 as a service of Northern Lambda Nord, Inc., POB 990, Caribou ME 04736-0990
How you **CAN** become infected with HIV, the virus that causes AIDS

- have unprotected sex
- share “works” - drug needles and syringes
- babies of women who are infected may be born with the virus
- hemophiliacs may become infected through blood transfusions

How you **CANNOT** become infected with HIV, the virus that causes AIDS

- have daily contact with people in school, at work, in stores, at parties, or even by swimming in a pool
- from a mosquito bite
- from clothes, a telephone, or a toilet seat
- on drinking glasses or eating utensils
- by shaking hands or hugging
- from saliva, sweat or tears
- by eating food prepared, handled, or served by someone who is infected with HIV
- from a kiss
- by giving blood

**Protect Yourself - Know the Facts!**

People who have died of AIDS have been straight & gay, women & men, black & white, Asian & Native American, rich & poor.

HIV does not discriminate