Maine AIDS Alliance Newsletter (August 1990)

Maine AIDS Alliance

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MAINE WALK ’90 Plans Underway

Maine continues to "make a difference"—one step at a time with MAINE WALK ’90, a walk-a-thon slated for Sunday, October 7, 1990. In an effort to generate community support, increase AIDS awareness and benefit the thirteen community-based AIDS service and support agencies in Maine, the WALK will take place at seven locations across the state.

This is the first year for the fundraising walk-a-thon. It is anticipated that more than 1,000 walkers will raise $30,000. Participants in the WALK ask friends, relatives, co-workers and local businesses to make a financial commitment for each kilometer of the WALK. Dennis Hatch, MAINE WALK ’90 Coordinator recently announced that Portland, Belfast, Rumford, Bridgton, Bangor, Ellsworth and Fort Kent are the confirmed locations for the WALK.

Eighty-five percent of the net proceeds from the WALK will be returned to the community-based organizations sponsoring a WALK in their area. The remaining money will be used for the funding of specialized grants from existing member organizations of the MAA network, and to encourage and assist in the development of community-based AIDS service organizations in areas of the state that are currently not represented. There will be significant volunteer requirements at each location. The Alliance Board of Directors encourages any person or group interested in sponsorship, pledges, volunteer and/or walker information to contact the agency organizing a WALK in their area.

Intent on creating a festive atmosphere surrounding the WALK event, local organizers have plans for speakers, decorations, food, and, in some locations, entertainment as part of the day's activities. We hope you will join us on October 7th to celebrate Maine's commitment to the fight against AIDS, as well as each participant's commitment to make a difference—one step at a time!

MAINE WALK '90 Locations

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<tr>
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<td>Portland</td>
<td>People With AIDS Coalition</td>
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<td>The AIDS Project</td>
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<td>The Names Project</td>
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<td>Belfast</td>
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<td>Ellsworth</td>
<td>Down East AIDS Network</td>
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<tr>
<td>Rumford</td>
<td>Community AIDS Awareness Program</td>
<td>369-0259</td>
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<td>Bangor</td>
<td>Eastern Maine AIDS Network</td>
<td>990-3626</td>
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<tr>
<td>Bridgton</td>
<td>Community Task Force on AIDS Education</td>
<td>787-3266</td>
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<tr>
<td>Fort Kent</td>
<td>St. John Valley AIDS Task Force</td>
<td>834-3155</td>
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</tbody>
</table>
Profile

The Maine AIDS Alliance is a consortium of fourteen community-based AIDS service organizations. The Alliance was formed in 1988 to provide a cooperative approach to meeting the needs of local organizations by consolidating resources and efforts while retaining local program autonomy.

The major functions of the Maine AIDS Alliance are to assess AIDS-related needs in Maine, to recommend policies and programs to meet those needs, to present a unified voice on AIDS issues in the state, to coordinate and support community-based services and education through sharing of resources and skills, to assist local organizations and communities in AIDS-related program development, to acquire and distribute funds, and to provide a forum for the exchange of support, technical resources, and professional skills among the member organizations.

The Maine AIDS Alliance also works closely with other state-wide organizations on issues related to health care, public health, health education, professional training and education, social services, and public policy.

The Maine AIDS Alliance was incorporated as a non-profit corporation in 1988 and in 1989 was successful in its efforts to secure funds from the state legislature to support the member organizations' local work in AIDS prevention and support services. Also in 1989, the Alliance received its federal 501(c)3 tax exempt status and hired a director to implement and coordinate its activities. In addition to the director, the Alliance has a Board of Directors and five standing committees: Executive, Resource Development, Program, Public Policy, and Communications and Public Relations. The Board of Directors meets monthly; committees meet as needed and report directly to the Board.

The Alliance member organizations meet bi-monthly in locations that rotate throughout the state. This location rotation has increased attendance at these general meetings; in addition, the Alliance has recently been awarded a grant to utilize a state-wide interactive television system to hold special technical assistance workshops while minimizing travel for the participants.

In April of 1990, the Maine AIDS Alliance began publishing a newsletter to keep member organizations informed of Alliance activities and news, as well as to provide general information on resources, conferences, and related activities.

The bulk of funding for the Maine AIDS Alliance is provided by state funds appropriated by the Maine Legislature for the support of community-based AIDS services. This funding is supplemented by federal funds, grants from foundations, and fundraising events. The Alliance membership decides on an allocation formula and process to insure fair, non-competitive access to these funds.

In its two years of existence, the Maine AIDS Alliance has been recognized by the state government, statewide and community organizations, and many national agencies as a strong and authoritative voice of AIDS leadership in Maine and New England. The Alliance's consortium approach to resource utilization and development is recognized as a model for service provision, and has helped to strengthen the work of AIDS service providers throughout Maine.
The Maine Consortium for Health Care Professionals Education has contracted with Ham Robbins, RN, EMT, to conduct the activities of the Maine Education and Training Center through May, 1991. This program provides AIDS/HIV education and training for health professionals -- physicians, nurses, dentists, mental health professionals, etc. Feel free to contact Ham with your interests and concerns regarding AIDS education and training by calling either 623-2531 or 685-4082.

NEW MAINE AIDS ALLIANCE MEMBER

The Maine AIDS Alliance welcomes The Names Project/Maine as a provisional member. The Names Project can be reached by calling 774-2198, or by mail at: PO Box 4319, Portland, ME 04101. The contact at the Names Project is Debb Freedman.

MAA RECEIVES GRANT

Candace Kanes, Maine AIDS Alliance President has been notified that the Alliance has been awarded a grant from the Espoir Foundation in the amount of $2338.00. This grant money is to be used for Interactive Television training in organizational development. The Espoir Foundation is a small Boston area organization that funds AIDS-related grants. More information on this training will follow in the next newsletter.

NOMINATING COMMITTEE

There will soon be two vacant seats on the Maine AIDS Alliance Board of Directors. Nominations for prospective Board members are welcome and may be addressed to:

Gordon Bowman   Barbara Brampton
384-2801        563-4040

FROM THE DIRECTORS......

The Maine AIDS Alliance Board of Directors accepts with regret the resignation of Candace Kanes as President effective August 1, 1990. Candace will be leaving Maine to attend graduate school at the University of New York in Buffalo. Her efforts on behalf of the Alliance and all AIDS service providers in Maine will be sorely missed, and we will look forward to her return. Our thanks --- and best wishes to you, Candace!
MAINE AIDS ALLIANCE ELECTS OFFICERS

Officers for the Maine AIDS Alliance Board of Directors were elected at the July 26, 1990 Director's Meeting.

PRESIDENT
Perry Sutherland
Eight Oakland Ave.
Peaks Island, ME 04108
786-5809

VICE PRESIDENT
Nan Stone
RFD 2 Box 215A
Belfast, ME 04915
338-5559

TREASURER
Dennis Hatch
PO Box 607
Bath, ME 04530
442-7070

SECRETARY
Vincent Farese
RR 1 Box 1391
Belfast, ME 04915
338-3841

There are currently two vacant seats on the Maine AIDS Alliance Board of Directors. Please see page 3 for nomination information.
WORKSHOPS AND TRAININGS

Sept. 6-8 "ProVisions" New England Community Conference on HIV. Park Plaza Hotel, Boston, MA. The Maine AIDS Alliance is assisting in the planning of this event. For further information call (617) 437-6200 X231. Two full days of Skills Building Workshops, Public Policy Sessions, and Program Models.


October National AIDS Awareness Month

October 6 "Putting Your Organization in the Limelight" Jewett Hall, University of Maine at Augusta, Sponsored by MaineShare, PO Box 2095, Augusta, Me. 04338 (207) 622-0105.

October 7 MAINE WALK '90 See cover story.

November 16 "Fifth Annual Living with AIDS in Maine Conference" Sheraton Tara Hotel, South Portland, ME. See call for abstracts — next page.


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NOTE

If you, or someone you know, has had a problem with a mortuary or funeral home, there's a national consumer's organization that you can contact: THANACAP (414) 541-7925

###
CALL FOR ABSTRACTS

LIVING WITH HIV/AIDS IN MAINE
FIFTH ANNUAL CONFERENCE

South Portland Sheraton Tara November 16, 1990

This program is a one day conference designed for health care professionals, educators, legislators, lobbyists, people living with HIV/AIDS and their caregivers to discuss how HIV/AIDS is influencing life in Maine. Unique and practical interactive workshops will address a wide range of HIV related issues.

Psychologists, psychiatrists, physicians, social workers, nurses, mental health workers, school personnel, occupational health care providers, health care workers involved in the care of people with HIV/AIDS and people living with HIV/AIDS are encouraged to attend and/or submit abstracts in the following areas:

- Hemophilia HIV/AIDS Issues
- Challenges in the School Setting
- Financing HIV/AIDS Care
- HIV/AIDS in the Workplace
- Neuropsychiatric Manifestations
- HIV Medical Update
- Dementia
- IV Drug Use
- Care for the Caregiver
- Pediatric, Adolescent Issues
- Families
- Gay and Lesbian Issues
- Safer Sex
- Phobias
- Incarcerated Persons
- Depression and Cognitive Therapy
- Support Systems
- Native American Concerns
- Nursing Home/Long Term Care Facilities
- Spirituality/Pastoral Concerns
- Communities Caring for HIV+ Persons
- Ethical Issues
- Behavior Changes
- Alternative Therapies
- Homeless, Institutionalized HIV+ Persons
- Women's Issues
- Private Practice Issues
- Multicultural Issues
- Issues of Chronic and Terminal Illness
- Prevention and Client Training
- Suicide Risk Assessment

ABSTRACTS SHOULD BE NO MORE THAN TWO PARAGRAPHS OR HALF PAGE DESCRIPTIONS OF WHAT WILL BE PRESENTED DURING THE WORKSHOP. PLEASE INCLUDE A WORKSHOP TITLE AND TARGET AUDIENCE. WE ENCOURAGE INTERACTIVE WORKSHOPS WHICH WILL BE CONDUCTED FOR 1.5 HOURS. HONORARIUMS WILL BE AVAILABLE FOR ABSTRACTS ACCEPTED BY THE REVIEW COMMITTEE. PLEASE SEND THE ABSTRACT AND A CURRICULUM VITA TO:

Steve Wroblewski, AIDS Training Program Coordinator
JSI Research and Training
210 Lincoln Street
Boston, Mass. 02111 For Information call: (617) 482-9485

Partial List of Cosponsors: JSI Research and Training with funding from the National Institute of Mental Health, The AIDS Project, The Maine AIDS Alliance, State of Maine Bureau of Health/Office on AIDS, New England/Maine AIDS Education and Training Center, Maine AFL-CIO, University of Southern Maine School of Nursing, Maine Hemophilia Treatment Center. Other cosponsors will be added before the conference.

PLEASE POST ABSTRACT DEADLINE August 15, 1990
Technical Assistance

Thirty-five Characteristics of Successful Non-Profits

In his book, Filthy Rich and Other Nonprofit Fantasies: Changing the Way Nonprofits Do Business in the '90s, author Richard Steckel said a successful entrepreneurial nonprofit organization can be counted on to have most, if not all of the 35 characteristics contained in the following list:

1. Staff members are given responsibility and the power to carry it out.
2. Goals are clear; the ways to meet the goals are left to individuals.
3. All staff members share the organization's vision, goals, philosophy, and style. They trust each other to implement programs.
4. Criticism is sought, and can be freely rejected.
5. Staffers are ego-healthy, self-confident and able to make decisions quickly. People who lack these attributes don't last long.
6. Staff members enjoy being somewhat overwhelmed; they thrive on internally created pressure.
7. There is laughter, rowdiness and other physical outlets for tension—believing in the hard work and high expectations below the surface.
8. Staff meetings are regular, required and democratic;
9. Everyone shares what they are doing and usually food as well. Staff members take turns in leading meetings.
10. The organization has a strong culture; people fit or they don't. If they don't, they leave quickly.
11. The organization is not afraid of conflict and tension, but requires staffers to offer solutions along with complaints.
12. The organization encourages staff members to grow, and to leave when their learning curve has levelled off.
13. Staff members are willing to risk and try new things. They are not afraid to fail.
14. Staff members constantly challenge assumptions, asking "Why do we do this? Is there a better way?"
15. Staffers are passionate about their work and the organization.
16. Staff members seek criticism from others whose opinions they trust. They also feel free to "strategically ignore" some of what they hear.
17. Problems are seen as opportunities.
18. The staff believes in the enterprise philosophy.
19. There is no tolerance for whiners and wimps.
20. Key staffers think conceptually and in specifics.
21. The organization is seen as an experimental laboratory, constantly evolving and fostering new learning opportunities.
22. The organization hires specific skills on contract instead of putting people on payroll.
23. The organization knows its members well.
24. The organization has a bias toward being different—and better—than other organizations.
25. The organization works with members repeatedly, getting them involved in the organization so they come back for more.
26. The organization is pro-active: it goes to people with ideas rather than waiting for someone to come to it.
27. Organization staffers and management are impatient.
28. They plan ahead and project how each department's plans will affect the others.
29. They believe that people work best in their own interests.
30. Managers do "grunt" work at times because it builds an egalitarian culture.
31. All staff members—including top managers—work the "front desk" regularly to stay in touch with the customers.
32. Praise is sincere and free-flowing.
33. There is no apparent physical hierarchy in the office.
34. Staffers' jobs grow with them; there is no exception of climbing the ladder.
35. Managers hire staffers who are smarter than they are, looking at an applicant's qualities, not his or her qualifications.

Reprinted with permission from Non-Profit Agenda, Jan/Feb., 1990, newsletter of the Washington Council of Agencies.

* * * * *

"NOW, HUBBLE—WHAT'S THIS NONSENSE ABOUT A RAISE?"
NATIONAL LAWYER'S GUILD AIDS NETWORK

The following are members of the National Lawyer's Guild AIDS Network in Maine.

FRANCIA DAVIS
Maine Human Rights Commission
State House, Station 51
Augusta, ME 04333
(207) 289-2326
Work Status: A Activity Area: GE
Comment: Maine Discrimination Issues

VENDEAN V. VAFIADES
Bernstein Shur et al
Two Central Plaza
Augusta, ME 04330
(207) 623-1596
Work Status: A Activity Area: P
Panel Areas: AEPS

PHIL WORDEN
Worden Law Office
RFD # 1 Box 180
Guilford, ME 04443
(207) 876-2230
Work Status: A Activity Areas: PG
Comment: State Appellate

JIM BURKE
Bell & Burke, P.A.
621 Main Street
Lewiston, ME 04240
(207) 786-8348
Work Status: A Activity Area: PG
Panel Areas: ACEFLNRST

JAMES M. CAMERON
John M Whalen, P.A.
145 Lisbon Street
Lewiston, ME 04240
(207) 786-0346

ROBERTA KURILOFF
HCR 80, Box 94A
Penobscot, ME 04476
(207) 581-1788
Work Status: A Activity Area: P
Panel Areas: ADEFHR

SETH BERNER
PO Box 4809
Portland, ME 04112
(207) 775-2452
Work Status: A Activity Area: P
Panel Areas: CDLNS

VALERIE S. LIBBY
Pierce Atwood et al
One Monument Square
Portland, ME 04101
(207) 773-6411
Work Status: A Activity Area: PE
Panel Areas: A

JOEL C. MARTIN
Petrucelli Cox & Martin
50 Monument Square
PO Box 9733
Portland, ME 04104
(207) 775-0200
Work Status: A Activity Areas: PG
Panel Area: A

SUSAN LONGLEY
PO Box 177
Liberty, ME 04949
(207) 589-4188
Work Status: A Activity Area: P
Panel Areas: ES

WORK STATUS, ACTIVITY AREA, and PANEL AREA CODES FOR THESE REFERRALS ON FOLLOWING PAGE
A MESSAGE TO OUR MEMBERS....

As a consortium of community-based organizations, one of the Alliance's missions is to consolidate and share resources, skills and support, and provide a forum for the exchange of these. The Communications Committee would like to provide space in the newsletter for each member organization to share news of their activities, education efforts, fundraising, trainings, staff changes, problem areas, etc... As an Alliance we need to become better acquainted with each other, and your contribution to the newsletter will enable other groups to become familiar with your organization and its activities --- and vice versa. So send us your news!!! Submissions for the next newsletter can be sent to the Alliance office or to Vincent Farese, RR 1 Box 1391, Belfast, ME 04915 by September 15, 1990. Thanks, in advance, for taking the time to share!

IN MEMORIAM

James L. Beaulieu

Founding member of the People With AIDS Coalition of Maine and former member of the Board of Directors of the Maine AIDS Alliance.

June 4, 1958 - June 10, 1990
Unwrapped AIDS literature

At last Massachusetts is getting serious about combating the spread of AIDS. The state plans to combine strong education about AIDS with the distribution of condoms.

Much of the credit for overcoming the finicky attitudes that had heretofore blocked such a forthright approach for controlling AIDS goes to David Mulligan, the state commissioner of public health. More than any of his predecessors, he has documented the rise in sexually transmitted diseases among older adolescents and young adults.

Earlier this year, he dramatized how AIDS was spreading in tandem with other venereal infections, whose incidence has doubled during the past two years. And he demonstrated how vulnerable to all those infections young people have become, especially those in the inner city.

Although more than two cases of AIDS are now diagnosed daily in Massachusetts, they represent the end-stage illness of an infection that was acquired years earlier. More worrisome is the estimated rate at which the disease is still spreading in the state: six persons are infected with the AIDS virus every day.

It often seemed that the Dukakis administration would have preferred to keep AIDS literature packaged in a plain brown wrapper. Now, the stakes are too high for squeamishness in the battle against this disease. Young lives are at risk.

Mulligan's program will make condoms available in 75 centers, ranging from health clinics and AIDS-testing centers to shelters for the homeless. Moreover, he is urging that condom vending machines be installed in college dormitories and wherever liquor is sold, because alcohol impairs judgment and often results in unsafe sex.

Posters, MBTA ads and public service announcements will feature AIDS-prevention messages in Spanish and Creole as well as English. Though defenses against AIDS remain limited, educating and equipping the public is sound technique and good sense.

Eastern Maine AIDS Network

"HIV Positive Participants Sought For Research Study

HIV infected/diagnosed men and women are needed to participate in a research study on this group of people. Participation in the study involves a one hour interview which is strictly confidential. Interviews may be conducted either over the telephone or in person. Participants will be asked to provide information about their knowledge and practice of "safer sex", their experience of telling others of their diagnosis and changes in their relationships, dating and sexual practices since their diagnosis. If you are willing to participate contact Dr. Sandra L. Caron, School of Human Development, University of Maine, Orono - 581-3138, or John Silvernail, Eastern Maine AIDS Network, Bangor - 990-3626. "
MAINE AIDS ALLIANCE COMMITTEES

The four standing committees of the MAA are always in need of members. To those whose time and efforts are always evident in the Alliance network -- we thank you for all your hard work. To those of you who have not, as yet, shared your time and ideas -- we welcome you. The difficulties of running committees with members from different parts of a state this size are apparent. Committee commitment can be as much -- or as little -- as you can comfortably afford us. The important thing is that you do participate, and the work of the Alliance be supported by new faces, new energy and new ideas. The four committees are:

Public Policy
Nan Stone, Chair
330-1427

Resource Development
Perry Sutherland, Chair
236-8561

Communication/PR
Vincent Farese, Chair
330-3841

Program
Peaches Bass, Chair
236-8561

Ideally, the Alliance should have one person from each member agency area on each of the MAA committees. Committee members do not have to be on the Board of Directors of the member agencies. The Alliance can't be effective without you! For more information about serving on a Maine AIDS Alliance committee, complete and return the form below, or contact the committee chairperson directly.

MAINE AIDS ALLIANCE, PO BOX 973, Camden, ME 04843
(207) 236-8561

I would like more information on the following Alliance committees:

______ Public Policy  ________ Communications/PR

______ Program  ________ Resource Development

NAME ______________________________________________________________ PHONE day__________

ADDRESS __________________________________________________________ eve__________

________________________________________

###
WANNA BE IN THE NEWS?
MEDIA/PR WORKSHOP PLANNED

Following up on our wildly successful fundraising workshop for nonprofits last fall with Kim Klein, MaineShare will sponsor another affordable workshop for the small non-profit sector. Responding to previous participants' surveys, this session, "Putting Your Organization in The Limelight," will focus on promotion and working with the media.

To be held Saturday, October 6 in Jewett Hall, University of Maine at Augusta, participants will have the opportunity to address a panel of media professionals from newspapers, radio, and television companies in Maine. These experts will explain the ins and outs of gaining news coverage.

Two Public Relations professionals, Bob Henault-Bronson and Don Simon, will provide hands-on sessions in the afternoon focussing on marketing and producing effective materials respectively. Both bring years of experience, humor, and zeal to their workshops and participants don't leave disappointed.

For more information:
MaineShare
P.O. Box 2095
Augusta, ME 04338
(207) 622-0105
TO OBTAIN A COPY OF ANY OF THESE ARTICLES, CALL: MELDA PAGE at (207) 623-8411 x5625

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PAACNOTES is published every two months by PAAC Publishing, Inc., 101 West Grand Avenue, Suite 200, Chicago, IL 60610. Telephone: 312/222-1326, Fax: 312/222-0329. A subscription to PAACNOTES is included in Physicians Association for AIDS Care (PAAC) membership dues. Subscription rates to non-members: U.S. and Canada, $60.00 per year. Elsewhere, $100.00 per year. Single copy, $20.00. PAACNOTES © 1990, PAAC Publishing.
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**TAPES OF THESE PROGRAMS CAN BE BORROWED FROM THE ST. JOHN VALLEY AIDS TASK FORCE, OR YOU MAY VIEW THESE PROGRAMS AT TOGUS THROUGH OUR MEMBERSHIP IN THE MAINE CONSORTIUM FOR HEALTH PROFESSIONS EDUCATION.**

Program schedule subject to change.
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<td>Barbara Brampton, 563-4040</td>
</tr>
<tr>
<td>PO Box 421, Damariscotta, ME 04543</td>
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<tr>
<td>The Names Project/Maine</td>
<td>Debb Freedman, 774-2198</td>
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<td>PO Box 4319, Portland ME 04101</td>
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<tr>
<td>Androscoggin Valley AIDS Coalition</td>
<td>Lewiston STD Clinic, 795-4357</td>
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<td>Community Task Force on AIDS Education</td>
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<td>PO Box 2038, Bangor, ME 04401</td>
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<tr>
<td>Merrymeeting AIDS Support Services</td>
<td>Brian Allen, 725-4955</td>
</tr>
<tr>
<td>PO Box 57, Brunswick, ME 04011-0057</td>
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<tr>
<td>Community AIDS Awareness Program</td>
<td>Jackie Kilbreth, 364-4581 (M-F, 9am-4pm)</td>
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<tr>
<td>PO Box 431, Rumford, ME 04276</td>
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<tr>
<td>AIDS Lodging House</td>
<td>Steve Pinkham, 874-1000</td>
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<tr>
<td>c/o United Way 233 Oxford Street, Portland, ME 04101</td>
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<tr>
<td>Down East AIDS Network</td>
<td>Roberta Poulin, 667-3506</td>
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<tr>
<td>114 State Street, Ellsworth, ME 04605</td>
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<tr>
<td>People With AIDS (PWA) Coalition of Maine</td>
<td>Tom Antonik, 773-8500</td>
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<tr>
<td>377 Cumberland Avenue, Portland, ME 04101</td>
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<tr>
<td>Waldo County AIDS Coalition</td>
<td>Nan Stone, 338-1427</td>
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<tr>
<td>PO Box 956, Belfast, ME 04915</td>
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<tr>
<td>The AIDS Project</td>
<td>Perry Sutherland, 774-6877</td>
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<tr>
<td>22 Monument Sq. 5th Floor, Portland, ME 04101</td>
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<tr>
<td>St. John Valley AIDS Task Force</td>
<td>Joanne Fortin, 834-3155 x194</td>
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<tr>
<td>c/o NMMC 143 East Main Street, Fort Kent, ME 04743</td>
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