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usmfreepress.org

# **USM** announces brewery partnership

**USM Public Affairs** 

Contributor

The University of Southern Maine and the Maine Brewers Guild announced a partnership Thursday aimed at helping the region's growing craft beer industry with analysis and testing by USM's Quality Assurance/Quality Control and Research Laboratory.

The lab will help brewers deliver a consistent, quality product to their consumers, ensure contamination has not been introduced during the brewing process, and develop new varieties and products as demand increases. For USM students, it will be a chance to work on practical projects that could help them find work in the growing industry.

"This provides our students with a great, real-world understanding of what they can do when they leave USM," said Lucille

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of chemistry at USM. For brewers, benefits will include lower lab costs and shorter wait times for needed results.

"This public-private partnership, between USM and the (Maine Brewer's) Guild, creates an important local resource that ensures our breweries are able to continue to lead the region in producing some of the highest quality beer in the country," said Sean Sullivan, executive director of the Maine Brewers Guild.

Maine's craft beer industry employed 1,500 people and generated an estimated \$432 million in sales in 2014, he said. The lab received received a three-year, \$488,514 seed grant from the Maine Economic Improvement Fund to build the infrastructure for the project.



Sokkha Va / Free Press Staff

Last Thursday, an event was held in the Science Building where many tests and procedures were showcased.

# Students for #USMFuture give their demands to administration

**Bryer Sousa** 

Free Press Staff

Towards the end of the Fall 2015 semester, the collective Students for #USMfuture began working with Dr. Glenn Cummings, president of the University of Southern Maine, as well as Nancy Griffin, the vice president for enrollment management at USM, to address institutionalized racism on campus. Although the Students for #USMfuture could not be reached for comment, Nancy Griffin stated that "we [the University of Southern Maine administration] are thrilled to be working with them on improving the life of all marginalized individuals."

Even though the Students for #USMFuture originally started out as a joint response, by students and faculty, to what they identified as being unnecessary faculty and department budget cuts, they have since expanded their mission to advocate "for our student interests, whether they pertain to academic freedom, affordable education, transparency and accountability, to justice, safety, and accessibility for marginalized communities on campus," according to a Facebook post the group made on February

tained a particular interest in "[ensuring] that USM is a high quality institution accessible to all students regardless of race, class, gender or any other part of their identity," as noted in the group's description on its Facebook page. Consequently, the Students for #USMfuture adopted a list of ten demands that they discussed with President Cummings on December 22, 2015. Such demands included "an increase in diversity in faculty and staff," "track/record[ing] incidents on campus," "retaining students of color," and "meet[ing] with the Board of Trustees about our demands," alongside six adherein. These demands have recently developed into a final draft of demands for the administration of USM to adopt as a means of ensuring cultural competency on

On February 24, 2016, Nancy Griffin, among other members of the university staff, met with leaders, organizers and participants of Students for #USMfuture to go over the final draft of demands, item by item. Griffin said that the meeting would ensure that both the administration and the student group "better understand how to

Currently, the group has main- measure progress." The proposed demands currently include ten items for consideration and was published on the website www. ipetitions.com and titled Student Demands for USM Administration. Some of the demands listed on the petition include: "expand[ing] mental health resources," changing the school's general education requirements such that "in their first semester at USM, students are required to take a course on the history of privilege and oppression, specifically concerning histories and realities of the oppression of women and racial, sexual, gender, and religious minorities" and requiring "cultural competency trainings for faculty, staff, and students.'

> Nevertheless, Students for **#USMFuture** is not alone in focusing on institutionalized racism on the University of Southern Maine campus. Student organizations are emerging on campuses around the country, following an array of racial occurrences at the University of Missouri, that sparked protests and provided momentum for students at other schools to enter into a dialogue with their respective administrations.

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# LIST OF DEMANDS

INCREASE DIVERSITY IN FACULTY AND STAFF

REQUIRE TRAINING FOR FACULTY, STAFF, AND STUDENTS

REQUIRE CLASSES ON RACE, CLASS, GENDER, SEXUALITY ETC. THAT STUDENTS MUST TAKE IN ORDER TO GRADUATE Classes that fulfill Diversity requirement must address race, privilege

TRACK/RECORD INCIDENTS ON CAMPUS Request record of incidents on campus - More transparency
Demand apologies by faculty and staff

Demand more accountability and recording of all incidents

EXPAND MENTAL HEALTH RESOURCES Students of color cannot go to white counselors and expect them to

Demand Je Boone that was retrenched in 2014 be rehired or another

Stop using coded language "civility, diversity, etc...
 Use explicit language around racism and white are

RETAIN STUDENTS OF COLOR

FACULTY, STAFF, STUDENTS OF COLOR SHOULD BE ON THE DIVERSITY COUNCIL THAT REPORT TO THE PRESIDENT

DEMAND THAT WE DO AN INVESTIGATION INTO ALL OF THE RACIST ACTS THAT HAVE BEEN REPORTED TO DEAN PUFHAL, AS WELL AS THE ACTIONS THAT SHE HAS TAKEN IN RESPONSE.

MEET WITH BOARD OF TRUSTEES ABOUT OUR DEMANDS

Abigail Bailey / Design Assistant

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# A look at Black **History Month**

**Zachary Searles** News Editor

The United States finds itself in an interesting time, on one hand you have citizens that believe that the Civil Rights Movement and the ending of segregation and slavery also ended racism in America.

On the other hand, there are citizens of all races and nationalities that say racial tensions are rising due to the still present racism and discrimination that people of color face on a regular basis.

Some of this discrimination can be a direct result of embedded ideologies that an average person might not even recognize they have, due to being brought up a certain way in their home as

Black History Month started in 1976, stemming from an older tradition of "Negro History Week," a tradition started by historian Carter G. Woodson. Ever since each president has designated the month of February for acknowledging and celebrating achievements made by African Americans. Other countries have similar traditions but do not necessarily celebrate them in February like the U.S. does.

"Seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history," said former President Gerald Ford, calling upon the public to recognize the achievements of African Americans in this country when he formally established Black History Month in 1976.

Here at USM, we had guest speaker Eddie Moore Jr. come to campus to give talks and facilitate workshops revolving around diversity and in the Glickman Library there are currently displays of Uncle Tom's Cabin and on the sixth floor of the Glickman Library you can see the special collection of African American Collection of Maine History.

The purpose of the collection is to collect and preserve various records that document African American history in Maine and to emphasize the importance of such materials. The collection was inspired by Gerald Talbot, the first African American elected to the Maine state legislature and whose family has been in Maine since the eighteenth century.

"It is because of my long involvement in civil rights in Maine and New England and my deep interest and involvement in my black culture and history, that I have collected and preserved pieces of that black history, nationally and locally, for others to see and learn from," Talbot said back in 1994.

So why is it important to celebrate Black History Month? According to Robert Stein, executive director of public affairs, there are a couple reasons.

"First, for people of color, Black History Month provides an opportunity to celebrate the achievements of earlier generations and the obstacles and significant challenges they had to overcome," Stein said.

He went on to say that for people who aren't of color, Black History Month provides them with the opportunity to better understand and appreciate the struggles and

achievements of African Americans throughout the history of the

Lastly, Stein said that Black History Month serves a purpose for everyone and that's to create "an opportunity for all of us to commit to work together on the many serious challenges that still must be addressed."

Others had that same feeling: that Black History Month was about more than just celebrating achievements. It was also about addressing the problems that African Americans and other minority groups are still facing on a regular

According to Joy Pufhal, dean of students, the goal of Black History Month is just as critical today as it was back in 1976 when it got officially extended from one week to a full month.

"It is a time to reflect, to dialogue, to learn, to highlight the challenges and injustices that Blacks are facing in America today, and to raise awareness and commitment to the important work still to be done to create a more perfect union," Pufhal said. "The key is to continue the work beyond February throughout the rest of the year."

Rebecca Nisetich, Honors Program Interim Director, claims that we need Black History Month because African American History "is still systematically marginalized in our education system." She went on to say that black culture is still constantly defined as 'other' cul-

Nisetich referred to the backlash that Beyonce has been receiving lately, both for her new music video "Formation" and her Super Bowl performance, where she made reference to the Black Panther Party.

According to Nisetich, in her video, Beyonce "puts southern Black culture unapologetically front-and-center, and not only black culture but black women and black children."

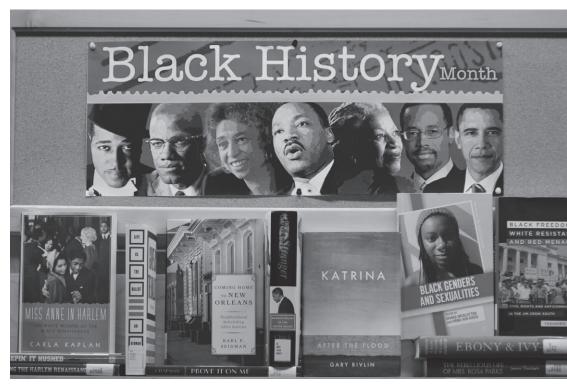
Beyonce isn't the only musician who has gotten criticism in the past weeks for performances that made bold statements about race relations in America today. Kendrick Lamar's performance at the Grammys has also been receiving attention, along with criticism.

His performance, which started with several black males in a prison setting walking in chain gang style, ended with a silhouette of Africa projected with the word "Compton," Lamar's hometown, displayed in the middle.

For Nisetich, a scholar and specialist in African American literature and critical race theory, Black History Month is a way to "emphasize aspects of our history and culture that often given short shrift."

Not everyone is for Black History Month. Prominent people in popular culture, such as Morgan Freeman and Whoopi Goldberg, have spoken out against the month, claiming that African American history is American history, so people should be learning it all the time, not just during this one

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Zachary Searles / News Editor

TOP: On the first floor of Glickman Library books are laid out to celebrate Black History Month, showcasing different works put out by African Americans. BOTTOM: The Uncle Tom's Cabin display in Glickman Library.

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News February 29, 2016

# Melanoma is a preventable but common disease

Chances of being diagnosed with basal cell carcinoma increase by 70 percent for those that tan often

Erica Jones Free Press Staff

Binge drinking, texting and driving, unprotected sex, these are just a few risky or dangerous activities that many people partake in despite knowing what the consequences could be. Smoking cigarettes is another good addition to this list: In the United States, smoking is the leading cause of cancer, but 40 million citizens smoked in 2014. But there is another, often overlooked cause of cancer that is on the rise, and it makes you 70 percent more likely to develop cancers like melanoma or basal cell carcinoma: indoor

The demographic that has seen the biggest effects of indoor tanning is women aged 18 to 39, being the demographic with the most frequent use of tanning beds. The number of young women with new diagnoses of melanoma has skyrocketed, and these women are now eight times more likely to be diagnosed with this potentially deadly form of cancer.

Dermatologist Michael Swann explained what makes tanning beds so dangerous: "Tanning beds can be UV-B [light] (which cause sunburns and is the target of tra-UV-A," wrote Dr. Swann in an email response. "UV-A is naturally less intense than UV-B, but UV-A tanning beds can emit 12-times incides with the growth of indoor the normal dose of UV-A, which causes suppression of the immune system and mutations of the pigment producing melanocytes. UV-A goes deeper into the skin and may be more important than UV-B in the initiation of the mutations resulting in melanoma."

The rise of skin cancer rates co-



Photo courtesy of Flickr Creative Commons (http://tinyurl.com/zqj5s3z)

ditional sunscreen protection) or Tanning in an artificial setting has been on the rise in recent years, creating a multi-billion dollar industry and a very common practice for women between the ages of 18 and 39 for many reasons such as formal events, like a wedding or a prom, or even to get a slight tan before going on vacation.

> tanning, combined with common misconceptions about the safety of tanning beds.

> "Dermatologists have found that young women who use tanning beds are more motivated by beauty than by the fact that they cause skin cancer," said Dr Swann.

He also noted that tanning "has

been shown in studies to be addictive. People get a euphoric feeling and some people enjoy the quiet meditation in a tanning bed."

Indoor tanning is a growing five-billion-dollar-per-year industry. Marketing strategies can lead people into believing that tanning is virtually just as safe, or at least only slightly less safe, than

light. "No matter what marketing you hear, UV radiation leads to premature skin aging caused by wrinkles, loss of elasticity, brown spots, blood vessel proliferation maybe she doesn't know it either." and sagging skin in addition to melanoma," affirmed Dr Swann.

outdoor tanning with natural sun- USM student Dalton Covel after hearing the statistics about melanoma for the first time. "I'm gonna tell my girlfriend, because she works at a tanning salon and

Another student commented that he had just recently used a tanning

**Dermatologists have** found that young women who use tanning beds are more motivated by beauty than by the fact that they cause skin cancer.

Michael Swann, Dermatologist

When asked if there are any positive aspects of indoor tanning, Dr. Swann replied, "Tanning causes immunosuppression and can be useful for some patients with skin conditions, but should be discussed with a dermatologist because generally safer methods should be utilized initially."

For the rest of us without those certain qualifying conditions, the truth is that aside from the euphoria experienced by many when tanning and the beneficial production of Vitamin D from the UV rays, there are no benefits to indoor tanning. A single tanning session increases your risk of melanoma by 20 percent, regardless of age. Dr Swann also revealed that in some studies, indoor tanning has been shown to be more dangerous than cigarette smoking, and that when someone starts indoor tanning before age 35, their risk of melanoma

increases by 70 percent. "I don't know anything about melanoma, except for what you

bed in preparation for an upcoming vacation.

There are things you can do to reduce your risk of melanoma. Simply staying away from tanning beds is one method of keeping your risk lower, with even a single tanning session causing significant damage. Another preventative measure against melanoma is consistent use of physical sunscreens. said Dr. Swann: "Chemical sunscreens don't protect you as well as physical sunscreens, so look for the ingredients like titanium dioxide and zinc oxide."

Someday, Dr. Swann believes, melanoma will not be so prevalent in our country. "Smoking has sort of fallen out of vogue as we have become healthier as a culture," he theorized, "and I think one day we will look back at tanned skin and see how ridiculous it looks and realize what people are doing to themselves.'

**Book by Kevin Murphy & Dan Studney** Lyrics by Kevin Murphy Originally directed by ANDY FICKMAN and produced by STEPHANIE STEELE for DEAD OLD MAN PRODUCTIONS **Directed by Cary Libkin** Musical Direction by Edward Reichert **Choreography by Vanessa Beyland** Includes mature subject matter. Sponsored by Wellness Connection of Maine A co-production of the USM School of Music and Department of Theatre March 11 - 20 | Main Stage, Russell Hall, Gorham Campus Saturday, March 19 at 7:30 p.m. Friday, March 11 at 7:30 p.m. Sunday, March 20 at 5:00 p.m. Saturday, March 12 at 7:30 p.m. Sunday, March 13 at 5:00 p.m. \$21 general public \$15 seniors/USM employees/alumni Wednesday, March 16 at 5:00 p.m., all seats \$10

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Thursday, March 17 at 7:30 p.m.

Friday, March 18 at 7:30 p.m.

just told me is kinda crazy," said

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## **Local & State**

#### **Group offers for** reward for any info lobster theft

The group Maine Operation Game Thief is offering an \$11,000 reward for information about a lobster theft that occurred on the Gulf of Maine. An investigation by the Maine Marine Patrol shows that around 200 lobster traps were stolen.

Maine Operation Game Thief is a non-profit organization that works with other Maine groups and wildlife groups, such as Marine Patrol and Warden Services, and has offered the reward in hopes that they will get information that will bring the guilty party to justice.

"This is an extremely serious violation involving multiple victims, and we would appreciate any help from the public," said Jon Cornish of Maine Marine Patrol. "The money for this reward comes both from the Operation Game Thief program and from lobstermen committed to bringing this person or people to justice."

### Maine sees its first case of the Zika virus

The virus that has been tormenting South American countries for the past few months now has a confirmed case in Hancock County, according for the Maine Center for Disease Control. According to the Maine CDC, the person is older than 65 and travelled to a Zika-aff ected country. The traveller has not been hospitalized and is recovering at home.

The Maine CDC is recommending that pregnant women and men who are sexually active with pregnant women who has travelled to a Zika-affected country should go and get tested for the virus.

"It's important for the public to understand that the aedes mosquito that transmits the Zika virus is not found in Maine and that your neighbor who has come home from a trip to South America cannot transmit the virus to you," Dr. Siiri Bennett, Maine's state epidemiologist, said.

Bennett also said that there is no need for widespread alarm or

## **Public hearings on El** Faro wrapped up last week

Last Friday the Coast Guard wrapped up the initial stages of their investigation into El Faro, the ship that sank last fall, killing all 33 members on board. Now, the agency is waiting to see if they can find evidence that gets recovered from the shipwreck.

In April, a second attempt will be made to recover the voyage data recorder, which is similar to an airplane's black box, and it could provide details about the sinking of the ship. The recorder could have data on the final 12 hours of the voyage.

While the first round of hearings just finished up, the Coast Guard plans to have a second round that focuses in greater detail on the trip. As of now, no date is scheduled for this second hearing but it's expected to start back left in the US to feature a Confedup in early summer.

# National

#### **New Jersey Governor** endorses Donald Trump

Just weeks after ending his own bid for the Republican candidacy and presidency, New Jersey Governor Chris Christie has endorsed Donald Trump. Gov. Christie is the first major politician to endorse Trump.

Gov. Christie introduced Trump at a rally in Texas late last week where he said, "I am proud to be here to endorse Donald Trump for president of the United States." He went on to say that Trump is Republican hopefuls to beat Hillary Clinton.

Christie has been critical of Trump in the primaries before he dropped out, claiming that he was nothing more than an "entertain in chief" and he called his plan to ban all muslims absolutely "ridiculous." Christie is now saying that part is over and that there is no one better prepared to provide American with strong leadership.

### Eight people shot in Kalamazoo, Michigan shooting rampage

Jason Brian Dalton was charged with six counts of murder and two accounts of assault with intent to commit murder on Monday after his shooting rampage that took place that previous Saturday. Dalton is reported to have showed no emotion in court when the charges against him were read in court.

Police are saying that Dalton drove around for hours Saturday night going from victim to victim, gunning them down at random. Dalton even picked up Uber passengers in between the shootings.

"There isn't a connection that we've been able to establish between any of the three victim groups with each other, any of the three victim groups with the defendant," Jeffrey Getting, the prosecutor in the case, told CNN. unprovoked violence."

the week showed that Jason Brian Dalton had no mental health history. Dalton also got the gun he used on his rampage legally, though he did not possess a concealed carry permit for his pistol.

#### Confederate Heritage Month defended by Miss. Governor

the notion of proclaiming April as Confederate Heritage Month in his state. Bryant had issued this proclamation earlier in the month disappearing because waters are saying that people should really try understand their heritage.

"Gov. Bryant believes Mississippi's history deserves study and reflection, no matter how unpleasant or complicated parts of it may be," Clay Chandler, spokesperson for Gov. Bryant, said. "Like the proclamation says, gaining insight from our mistakes and successes will help us move for-

Bryant issued a very similar

proclamation back in 2012 and the proclamation comes at a time when the Mississippi legislature is going through 19 bills that all deal with keeping or changing the state flag, which is the only flag erate battle flag emblem.

# International

# "I'm not going to pay for that f\*\*\*\*\* wall"

Presidential hopeful and billionaire businessman Donald Trump has taken an aggressive stance on immigration, making claims that when he becomes president he will force everyone here illegally to leave, but humanely, and then they can re-enter the country legally. He has even made claims that he will build a wall between the U.S. and Mexico to prevent any more illegal immigration and when asked how he will pay for it, the best chance of the final five he has always claimed that he will force Mexico to pay for it.

Well, apparently, former president of Mexico Vicente Fox does not agree with this notion that Mexico will pay for the wall, claiming on a live television broadcast where he was being interviewed by Maria Bartiromo on Fox Business Network that, "I am not going to pay for that f\*\*\*\*\*

Of course Bartiromo was stunned and Fox went on to say that Trump should know that Mexico isn't going to pay for the wall and that he isn't sorry. Trump then took to Twitter to say that Fox should apologize, and that if he were to do anything like that then there would be an uproar.

#### Dead sea lions wash up on shore in Chile

In northern Chile, marine researchers have found more than 100 dead sea lions that have washed up on the shore over the past three months, most of the sea lions being newborns. Researchers also believe that this is apart of a more widespread die-off being observed in other places on the South American coast.

"This is happening along the entire coast of northern Chile and we're getting reports that it's also happening in Peru, our neighbor to the north," researcher Carlos 'It just is, well, it was random, Guerra-Correa told CNN. "We could be talking about hundreds A report that came out later in of sea lions washing up ashore dead in the entire region.'

> So what's the cause of all these sea lion deaths? Well, according to Guerra Correa, there could be many factors but one is the lack of food sources due to climate patterns such as El Nino that is leading to the seals dying of star-

The warming waters do not have the same nutrients that the Last Thursday, Mississippi sea lions need, so since species Governor Phil Bryant defended like phytoplankton, which feed sardines and anchovies which sea lions thrive on, are prominently found in colder waters, they are getting warmer.

> All information used in Briefs was taken from the Bangor Daily News, the New York Times, CNN and BBC.

Have any news tips? editor@usmfreepress.org



# **Police Beat**

Selections from the USM Department of Public Safety police log February 1 to February 11

02/01/2016

## Haw Haw!

911 call, Philippi Hall. Student stuck in the elevator in Philippi Hall. Assistance given.

#### **Robot Doors Gone Wild**

Security Alarm, Brooks Student Center. Interior door alarm. False alarm.

02/03/2016

#### **USM's Unwanted Undesirables Unite!**

Unwanted person, Wishcamper Center. Student reports harassment. Report taken.

## Drunk, Sleeping One Off In Hanny Hall

Medical call, Abromson Center. Intoxicated person. Transported to Portland shelter.

02/04/2016

# Hamburglar Strikes Again

Theft, Woodbury Campus Center. Subject reports the theft of a credit card. Report taken.

#### You Got Served Homie

Paper service, Anderson Hall. Court summons was served.

02/05/2016

## **Nobody Wants to Hear T-Swift That Loud**

Disturbance, loud music Upperclass Hall. Warning issued for loud music.

# "Come at me Bro!"

Disturbance, Sullivan Gym. Report of a fight in progress. Resolved. No complaint filed for charges. Report taken.

# Oh Wait, This Isn't Worth Anything?

Security Alarm, Art Gallery. False alarm.

# **Green Dreams**

Drug Complaint, Upperclass Hall. The smell of marijuana reported on 4th floor. Summons issued for possession of drug paraphernalia.

02/07/2016

## Study Group Tentions Run High

Disturbance, Glickman Library. Report of a verbal argument between patrons. Resolved without incident.

02/09/2016

## I've Fallen and I Can't Get Up

Medical emergency, parking garage. Subject slipped on ice inside garage. Medcu called and transported to Mercy Hospital.

02/11/2016

## **Tokoyo Drift Gone Wrong**

Hit and Run Accident, Parking lot P6. Vehicle stuck by another, Accident and investigation report made.

Police Beats are edited for grammar and style.

# rts&Culture

# Campus sexual assault awareness

**Anora Morton** 

Free Press Staff

No college administration likes to have crime on their campus. Beyond the simple facts that crime is hurtful and bad to people, it is also detrimental to enrolment rates. So the horrible truth is that in some institutes of higher learning, when sexual assault and rape crimes are reported, the administration often ignores the report or blames the

the discrimination of sex in federally funded higher education. The students in the documentary argue that their university administration is violating their Title IX rights by allowing their rapist to walk free. The Hunting Ground juxtaposes the excitement of getting accepted into college, for both the parents and the students, with the nightmare that many students and parents across the U.S. are facing in the form of ignored sexual assault reports: One

We know that far more [sexual assaults] are happening... most cases that I'm working on have to do with domestic violence.

Sarah Holmes, Assistant Director of Student Life

victim for what occurred. The Sundance nominated documentary The Hunting Ground, uncovers a nationwide pandemic of high rates of sexual assault on college campuses, but the low rate of justice on college

This past Thursday, the women and gender studies program at USM hosted a well-attended viewing of The Hunting Ground, which was written and directed by Kirby Dick. The documentary follows the legal struggles of two students at University of North Carolina at Chapel Hill as they hold their university accountable for ignoring their reports of rape with Title IX, is a federal

in five women will be sexually assaulted in their college careers, and one in sixteen men. Less than 8% of male college students commit 90% of serial sexual assaults. According to the documentary, university administrations that ignore and belittle rape and sexual assault reports are sacrificing the safety and well-being of their student to maintain that they have low crime rates, creating a perfect "hunting ground" for perpetrators who know they won't be punished. The Hunting Ground is available for direct streaming on itunes, and is a much watch for any college community member.

Assistant Director of Student Life

education amendment that prohibits and Diversity, and Coordinator for USM's Center for Sexualities and Gender Diversity, Sarah Holmes explained what this film and its content mean to USM. Sexual assault at USM, according to Holmes, is 'widely unreported", and that "The last three reporting years [of sexual assaults on campus], 2012, 2013, 2014, there have been, in total 23 incidents reported." This number does not come close to the national average, but that doesn't necessarily mean that sexual assault is not a problem at USM, more that lack of reporting is the problem.

Holmes states, "We know that far more than that are happening." During this semester alone, Holmes has worked on over 20 cases that cannot be federally reported by USM, only because the perpetrators were not USM students.

Holmes says that "most of the cases that I'm working with have to do with dating and domestic violence, where the accused is not part of the USM community." Overall, USM is very receptive to reports of this nature, and USM's annual security report reflects this, listing the exact steps to be taken if a student is sexually assaulted and exactly how the university will respond. This report goes above and beyond what many of the universities in The Hunting Ground offer, and is a step in the right direction towards stopping sexual assault on college campuses. For more information about the message of "The Hunting Ground," go to SeeActStop.org

arts@usmfreepress.org

# THE STATS ON SEXUAL ASSAULT

EVERY 24 HRS MINS SOMEONE IN MAINE IS RAPED

# OF FORCIBLE RAPE CRIMES

389 391 368

359

356

# PROFILE OF PERSONS ARRESTED

17 & UNDER 14.7% 18 - 24 33.8% 25 - 29 22.1% 30 - 34 11.8% 35 - 395.9% 40 & OVER 11.8% 98.5%



FORCIBLE RAPE DIFFERS THAN OTHER VIOLENT **CRIMES: VICTIMS ARE RELUCTANT TO REPORT** THE OFFENSE TO POLICE

# **USM GORHAM CAMPUS**



# OF FORCIBLE SEX OFFENSES

Hannah Lyon / Design Director

Information derived from Maine.gov and USM annual security report.

# What goes into being a comedian in Portland?

"If you want to do comedy in Maine, you have to come to Portland first. It's a way to get on stage more"

**Amanda Melanson** 

Free Press Staff

When thinking of Portland's nightlife, everyone's first thought is of clubs or bars where patrons dance and drink and then go to Five Guys in the early hours of the day. Portland, however, has a burgeoning comedy scene, comprised of a tight-knit group of comedians. At Bull Feeney's, and earlier in the week at Blue, comedians get together to field new ideas with one another or to drum up a crowd. They're no Bob Marley, but their acts contribute to Maine culture and the overall need for a good laugh in today's climate that is rife with ups and downs in politics and in the news.

The acts on Wednesday night at Bull Feeney's were seasoned experts in the ways of creating a room full of laughing people. Bull Feeney's has been hosting the event for several years now, drawing in modest crowds every week who come to watch, to laugh, and to give their own brand of comedy. The segment itself is only an hour or so long, but that made little difference in the quality of each act – be they seasoned



Outisde of Bull Feeney's, a line-up of the latest comedy shows are on display According to one source, comedians should begin in Portland.

or green behind the ears.

Aharon Willows, a local comedian, had a lot to say about the comic perspective, "I think there's a lot of people who do a lot of stories about themselves. That's what I shoot for. It's hard to say if there is an over arching Portland style because everyone is so diverse."

Willows owns a cafe on Brackett Street, making some profit from comedy stand up on the

side. When sitting down with him to gauge the atmosphere he explained that he does multiple venues throughout the week at Blue, Lincoln and Bull Feeney's - all prominent locations for a comedy event. He also discussed planning events in Biddeford. Bull Feeney's tends to be on the smaller side of crowds but Monday nights at Blue tends to have larger turn out.

Mark Turcotte, who does

comedy full-time, and produces shows through Maine Event Comedy, and also has a monthly show in the Lewiston/Auburn area, further explained, "It's always a struggle at first but it does pay off. If you want to do comedy in Maine you have to come [to Portland] first. It's a nice way to give people opportunities to get on stage more.'

The event at Bull Feeney's was small but comprised of great comedy acts of Turcotte, Willows, Tuck Tucker and Mike Silvester, and also provided opportunities for members of the audience to stand up and put their material to the test. Being given a first hand experience of standup was fun but it might be best to keep my day job.

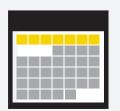
"It's easier to make a 100 people laugh than three people laugh," Silvester added when talking of the difficulties of drawing an audience and keeping to genuine material. He also does characters while on stage, such as Gov. Paul LePage and the front runner of the Republican party in this year's election, Donald Trump. Silvester has been a comedian for 13 years, working first in Boston and starting off by

taking a class. Willows has been performing for six years, and Turcotte has been performing for

Each act lasted at least a minute long in turn and was comprised of fast storytelling with laughs and jokes in between. Turcotte favored current events while Willows told stories of his dog and his girlfriend. Tucker had a joke about making it a rule to be able to get one free slap or a punch for people sneezing on other people - not entirely recommended but still funny to imagine.

There were four acts from the audience that leant humor of an adult or a childish nature to the event and, at the end of the night everyone could barely hold in their laughter. Comedy in its rawest form has a way of lending such a vibrance and joy to people's evenings that it's little wonder that these greats do so well in the Portland scene. They kept it simple and fun and encouraged the audience to engage in the fun

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# A&C Listings

# Monday, February 29

Comedy: Worst Night of the Week

650A Congress St. Starts: 8:00 p.m.

## **Tuesday, March 1**

Theater: Lost Boy Found in Whole Foods

Portland Stage Company

25A Forest Ave. Starts: 7:30 p.m.

Music: Neko Case State Theater 609 Congress St. Starts: 8:00 p.m.

# Wednesday, March 2

Music: Junior Brown Port City Music Hall 504 Congress St. Starts: 8:00 p.m.

# Thursday, March 3

Talk: Edward Hopper's "Pemaquid Light"

Portland Museum of Art

7 Congress Sq. Starts: 1:00 p.m.

## Friday, March 4

Performance: Birds of Pleasure

Space Gallery 538 Congress St.

Starts: 5:00 p.m. / Ends: 10:00 p.m.

Music: Girls Rock! Port City Music Hall 504 Congress St. Starts: 6:00 p.m.

# Saturday, March 5

Shoestring Theater's Alice in Wonderland Mayo St. Arts

10 Mayo St.

Starts: 7:00 p.m.

Music: Sly-Chi: Farewell for Now Portland House of Music and Events

25 Temple St. Starts: 8:00 p.m.

# Sunday, March 6

Music: The Snails Space Gallery 538 Congress St.

Starts: 5:00 p.m. / Ends: 10:00 p.m.

# HEAVY ROTATION

WHAT CAUGHT THE EYES AND EARS OF OUR STAFF THIS WEEK

# British noise pop is a thing, Jack Garratt is here



**Bradford Spurr** Free Press Staff

Jack Garratt is only 24 years old, but his debut album has already made some serious waves in the U.S. It has been a big year for Garratt in the U.K. as well. With multiple wins from the BBC and the Brit Awards. But his music is very non-traditional and signals a shifting tide in the ebb and flow of popular indie rock. Affectionately called British noise pop, Garratt has been labeled electronica, trip hop,and PBR&B (the latter also claims the young crooner Frank Ocean).

Jack Garratt's first album, Phase, ticks every box that any aspiring artist should when introducing themselves in the very crowded field of DIY indie musicians. With just him and a resonator electric guitar on the BBC 1 Lounge Garratt kills a cover of

Disclosure's "Latch." His ceiling rattling falsetto and his powerful and roaring lows evokes warm and fuzzy thoughts of Ed Sheeran or Sam Smith.

The vocal range of Garratt is the most impressive thing about him, although sometimes he relies a little too much on his soaring falsetto to carry him through some of the 'between beat' moments. The entire album really plays with the use of sounds, and sometimes the lack of sound in some cases.

The album is best during the opening five tracks. Maybe partially due to him being relatively unknown, it is an interesting tactic to say the least. If anyone put on this album, the chances of them changing it before the first 15 minutes are done is virtually nonexistent.

The first song is "Coalesce (Synesthesia Pt. II)," which starts with a shaky plea "I hope to God I'll see you one more time and feel your warmth embrace my fragile mind, I hope you take my innocence, every night," before something reminiscent of 2011 dubstep drops in to shake your ear

The second song, "Breathe Life," further explores the millennial themes of loneliness and the struggle with our own mortality at such a young age. The song lacks a traditional format where a majority of the song is composed of the verses and then a chorus will tie it all together. Here we see the same pieces of the puzzle come up but in different and exciting ways. This is where it is clear that the sound of the album is probably more important than the lyrics. such as this lyric "Oh, won't you breathe life into these dead lungs I keep under my coat and keep life warm against the cold night as our bodies grow old."

The fifth song, "Worry," has been streamed on Spotify over 17 and a half million times. The bulk of which is as follows, "My nights are broken up by the sounds of women I'll never meet and when my eyes are closed I can start to feel you staring at me. The right side of my bed has always left me feeling stuck in between (Oh, X4)." It is a little surreal to listen to music that speaks to an entire generation. A whole group of people that are anxious about the future and feels stuck between the ideals of the old and the insatiable, almost instinctual feeling that this group is destined for something greater. A whole slew of restless people can find solace here in Phase. Is it a perfect album? No, some parts drag and some are kitschy in a unironic way but it is authentic where it needs to be. It tries and that is better than nothing at all.

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# Watch Triple 9 if you have nothing else to do

John Rocker

Free Press Staff

The year 2016 has gotten off to an interesting start when it comes to movies. Normally, the beginning of the year is this drought of poorly made films that are simply fillers for the big blockbusters in the coming months. So far, with Academy Award nominated films and actual good films coming out, I was wondering if I would ever run into anything bad. Unfortunately, Triple 9 was this kind of film.

The story revolves around different characters, but they are all connected in some way. The first storyline involves a man named Michael Atwood (Chiwetel Ejiofor) leading a crew of crooks and corrupt cops to pull off heists for the Russian mob. The movie opens up with this crew performing a successful heist, but the mob asks the crew to pull off one more heist. The location for said heist is a heavily guarded building. and the only way to succeed is to draw away all police units. So what if an officer was shot? This is where one of crew members, Marcus Belmont (Anthony Mackie), decides to use his new partner, Chris Allen (Casey Affleck), as the victim. The movie then becomes a build up for this heist. It's a shame the build up wasn't that interesting. There were some twists and turns once the heist gets going, but overall the story just felt clunkv.

This review is certainly coming off as if this film is just absolute garbage. There are a few, but not many, positives. The first is that the opening action sequence that involves the crew pulling off their first heist was a lot of fun to watch, and it was a great way to start off the film. The other action sequences were well done, but it's the opener that sets the bar. The performances were also good. They served their purpose for the film, but that's pretty much it. Chiwetel Ejiofor was the standout, but that's because his character had the most material to work with.

Let's continue with why this film didn't work. There were a lot of plot holes. Most of them have to do with why characters are in the position they are in. It's just never explained. This film expects viewers to just accept the situation and move on, but there is always a reason. That is something that cannot be ignored. These plot holes could have at least been explained better. The problem is that with such a large cast,time has to be used to develop these characters in some way, but not everybody gets adequate time, and even then the material being presented isn't that interesting. The pacing is also a bit wonky. The run time for this film is under two hours, but it certainly felt longer. Some scenes felt too short and some felt too long, and sometimes the scene's purpose wasn't entirely clear. There's a part in the film when Woody Harrelson's character is driving to a crime scene. He comes off as worried, but the viewer has



Worldview Entertainment

tension is just gone. Instead, we get to watch Woody drive like a maniac for what felt like ten minutes. Even the editing was a bit jumpy. It came off as trying to cover mistakes that were made during production.

Overall, Triple 9 had a lot of potential. If you were to take a look at the trailer, you may believe that this could be a good crime drama film. While it does have a few good moments, they don't make up for the other disappointing aspects. Stay away from this film unless you really want to see it. Recommendation: Watch If It's On Cable.

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already seen what happened, so the

# Perspectives

# Curmudgeon Chronicle

# You can't live on \$10.10 an hour

**Brian Gordon** Free Press Staff

The march of gentrification moves on with the opening of new restaurants and breweries every few weeks in Portland. Are any poor college kids excited? Yeah me either. I can't afford them.

While I enjoy beer much more than the next guy, I can't choke down a 12 oz. beer for \$7--\$9. Of course all these hip new breweries offer samples, which they have the gall to charge for. I'm taking the risk of tasting your swill and you want me to pay \$3 in the hopes that I'll buy more? We're not in Kansas any-

I also don't go in for drinking little sippy cups of beer. When my throat runs dry I like a man-sized pint to slake my thirst. I'm not fussy on the brand either - macros like Schlitz, Busch, High Life, PBR will do just fine thank you for buying.

The people who work in these new restaurants and breweries make jack all for money. I'm not talking about the front of house servers, they do OK the ends of the week. My lady friend brings home obscene amounts of money on the weekends, but lives in poverty during the week.

My sympathies lie with those in the back of house:, the line cooks and dish dogs, where I spent my time in the trenches. It's crap work for crap pay. I know of a line cook who just got a ten cent raise because of Portland's new minimum wage law that recently went into effect. He went to culinary school for cripes sake and he makes \$10.10 an hour making people \$10 salads. It'll take him more than a hour after tax-

es to afford the salad he makesif he wanted to eat that salad. And more than two hours, after taxes and tip to afford one of the \$15 hamburgers that's now the going rate around

These line cooks and dish dogs are the people that run this town but have none of the power. I don't care about the darling pseudo-celebrity chefs that have three restaurants in a square mile radius. They sleep on piles of cash while line cooks and dish dogs practically starve. If not for their shift meals, they'd live off whiskey and Pabst. Most of them wait to eat until they go into work because they can't really afford gro-

\$10.10. Man can't live on that. Especially in this increasingly bourgeoisie town. The argument that these people should go to school and earn a better job is futile. A man went to school to earn \$10.10. Our system is setup so there will always be people making crap money. Portland runs on baristas and bus boys. \$10.10 is barely enough for one of these fancy "craft" beers. If it's wet and gets me drunk sign me up, I'll take 12 for \$10.10 but it'll take me more than an hour to earn it.

Faculty or Academic Advisors, listed in the Student Center, for help finding the right courses to meet their academic goals. We guarantee that the ice cream will taste that much sweeter and the breeze on the beach that much cooler, knowing that you are getting ahead or staying on track with your education this

brian.gordon@maine.edu @USMFreePress

> Know of any interesting vocabulary words? Email us at editor@usmfreepress.org



# Word of the Week

Lugubrious Pronounced: Le-goob-ree-us

Looking or sounding sad or

Ex: "You're looking so lugubrious today, my friend."

# **USM throwback: 1996 Dance**



In February on 1996, students did a dance performance on Gorham campus. The photograph ws taken by a USM employee named E. Pike.

# **Self Exploration**

# My leap of faith that almost left me dead in the water

Nicholas Beachesne Sports Editor

The year was 2004. Six of my best friends and I piled into a beat up old Toyota and headed north to begin our summer of celebrating graduating high school. The first stop on what was supposed to be a summer filled with all sorts of excitement and irresponsibility was the rock quarry in Hallowell.

Chances are good most of you have not heard of the Hallowell quarry. This probably has something to do with the fact that the water was drained in 2006. The events that transpired on that summer day in 2004 had something to do with those pits now being permanently empty.

I don't remember much about the drive up. The walk through the woods is very hazy to me also. I do remember the moment when the six of us finally reached the clearing in the woods that opened up to the top of the cliffs.

There may have been six or seven different areas that you could iump from. These spots ranged from 18 feet all the way up to 64. We knew the exact distance from top to bottom because people in the past had mark the rocks with the heights, their names and graffiti markings that proved they'd

We, too, had been there. The summer before, a group of eight went to these same cliffs for the first time. We had an amazing afternoon, up to the point when we faced the 54 foot jump. The jumps above 54 were not something that crossed any of our minds: 60 plus feet through overhanging trees didn't appeal in the least to even the bravest of our group. The 54 footer though was a clear leap down to the murky bottom.

My friends jumped one by one. I stayed back, terrified of heights and unable to conquer my fear even in the face of others conquering theirs. After a few hours, it was time to leave. We headed down the trail. After 50 yards or so, something inside made me turn back to the cliff. I looked over, shook my head and jumped.

Crashing into the water and then back to its surface, I screamed in accomplishment. I had done it, a little late, but done it nonetheless. I scurried up the rocks, ran to the car and told them all what I had done.

They called bs, which, looking back on it, was understandable. I had, after all, been unable to make the leap when they were there making theirs. It took almost the entire year to convince them that I had done it and, despite my efforts, there were still some in the group who didn't believe I had jumped.

Back to 2004. There are a few faces in the group that weren't there the year before. Prominent among them were my friend Brent and a girl I had fallen hard

for named Katie. She is another story entirely but for the purposes of this one the important thing is that there was some extra motivation to prove myself fearless that

Everyone, logically, wanted to start off on the lower jumps and work our way up, but I insisted we go to the top-tier first, just to have a look.

When we got to the edge of the 54, everyone peered over to the plunge below. Having taken the look, everyone, myself included, turned their back to the quarry and headed to the path that lead to the lower jumps. I, though, five steps into the walk, pivoted, ran and leapt off the cliff.

The pencil dive I intended to enter the water with turned into a forward leaning diagonal. Bent at the waist, my face hit immediately after my feet. From above it looked like I had landed pretty painfully. In fact, there wasn't any pain at all, because the impact knocked me out cold, sinking me 15 feet down to the bottom of the pitch-black water.

The reaction up top was one of hysterics. Everyone panicked: everyone, except Brent. Brent, a veteran lifeguard, jumped into the water after I failed to resurface.

Landing, he looked up to the group above asking where I went in. They pointed and he swam to a spot, From there Brent went under, found me first try at the bottom of the blackness, and carried my dead weight to the surface.

At this point, having hauled my body to the top, Brent began to struggle. Another friend of mine, Seth, jumped in (avoiding landing in the shallows by inches, so those at the top said) and helped Brent bring me to the rocky shore.

20 seconds of CPR, an hour of being lurched up the cliff on a stretcher and a 45 minute helicopter ride later and I was at the hospital to see the family and friends that had heard what had happened.

My parents, as you can imagine, were torn between wanting to hug me and wanting to throttle me. Needless to say, my summer of questionable decision making was cut short that day.

Almost 12 years have passed since my closest of calls. I'd say 95 times out of 100 Brent doesn't find me on the first try. If he hadn't, chances are things wouldn't have worked out as well as they did.

I didn't get the girl. Instead, I got a 1200 dollar helicopter bill, a catheter and a bad headache. Looking back, I wish I had had the foresight to choose against making that jump - or at least not to land on my face.

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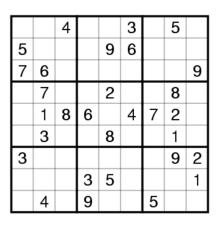
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# Sudoku



9		5		7			
	3				7		
	6			3	9	2	
			4		8		1
	4	1	6	5	2	9	
3		8		1			
	8	3	9			6	
		2				4	
			5		3		7

A sudoku puzzle consists of a  $9 \times 9$ -square grid subdivided into nine  $3 \times 3$  boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every  $3 \times 3$  box contains each of the numbers from 1 to 9 exactly once.

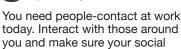


# Weekly Horoscope



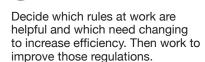
You need a bit of space in your relationships. Share ideas, communicate, and be tolerant.



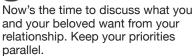




needs are met.





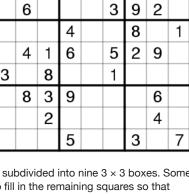




Household members fluctuate from rowdy to silent or seeking fantasy rather than action. An adaptable attitude allows you to cope.



A desire to truly scale the heights of ecstasy can lead to inspired lovemaking tonight (but don't expect the earth to move).







Today you feel torn: you want company and yet you don't. Relax and find a happy medium between solitude and sharing.



October 23-November 21

Choose your confidants carefully. Venting can help, but only with the right person.



November 22-December 21

Teamwork is accented. Joint efforts work the best today. Share your activities with others.





You can be an excellent mediator and get a good overview of what needs to be done. Your logic contributes to work effectiveness.



A mutual give and take can be quite rewarding today, as long as no one gets into keeping score about who got more pleasure. Enjoy!



# **Cryptogram**

Q KYL VKWYIA YPAYJUVKQAVTK ITUSQKN TSYKYM DQWA RDN MQN.

And here is your hint:

M = D

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

# The solution to last issue's crossword



# **Crossword**

#### Down

- 1. Café addition
- Angel" (Mae West movie)
- 3. "Meet Joe Black" star
- 4. Desiccated
- 5. Bolivian city 6. Starts
- 7. Suffix meaning "like"
- 8. Penguin imprint (abbr.)
- 9. Devious
- 10. Expose
- 11. Victuals
- 12. Tab-grabber's phrase 13. Take wing
- 18. Online seller or bidde 21. VCR format
- 23. French wall 24. Thurman of "Gattaca"
- 25. Three tsps.
- 26. Cold tomato mold
- 27. Dog restraint 28. Rock's \_\_\_ Vanilli
- 29. Colony dweller
- 31. Soft palate part
- 32. Despoils 33. Loads up
- 38. Call out
- 40. Passes, as a law 41. Central Iran city
- 44. Bus. entity
- 45. "Luck \_\_\_ Lady 46. Che's real name
- 49. Slim and graceful
- 50. Extremely long time
- 54. Cooking chamber
- 55. Duke Ellington's "I Song Go Out
- of My Heart" 56. Circ. meas
- 58. Series-ending abbrs
- 59. Caramel-and-chocolate candy brand 60. Ages
- 61. "\_\_\_\_-mite!" (catchphrase of a Jimmie Walker character)
- 63. Baseball bigwigs (abbr.) 64. Accidental occurrence
- 65. Prefix meaning "ear"

- Across 1. Facial feature
- 5. "Crazy" birds
- 10. Sci-fi vehicles
- 14. Henri's girlfriend
- 15. PC typeface
- 16. Taboo thing
- 17. Without fear
- 19. NYC museum
- 20. Purse alternative
- 21. Luke Skywalker's nemesis 22. Astronomy measurements
- 26. Hypoallergenic skin care brand
- 30. Blockhead
- 34. Left Bank river
- 35. Spanish equivalent of Mmes 36. Cold war broadcasting inits.
- 37. Trivial
- 52. Like igneous rock 54. Of days gone by 57. Signed up for

39. Ahab's command

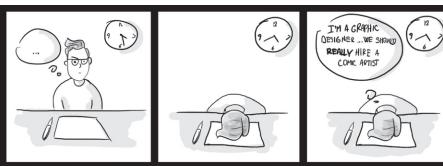
47. Nick of films

48. Scamme

51. Stockpile

42. Christmas or Easter (abbr.)

- 62. Bride's accessory 63. Halloween tale
- 66. Coup d'\_\_\_ (rebellion)
- 67. Non-reflective finish
- 68. Family group
- 70. Winding device
- 71. Average



February 19-March 20 Talk things over with your beloved today. Sharing what matters to each of you deepens the bond We are looking for a cartoonist! Interested? Contact: editor@usmfreepress.org between you.



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# USM COMMUNITY PAGE

# Students thrive at motivational workshop

Free Press Staff

In a partnership with the University health and counseling services, USM's TRIO Services held two motivational workshops on Monday Feb. 22 and Wednesday Feb. 24 in an effort to provide students with the tools to approach and reshape their goals throughout the year.

As we all know, some goals and resolutions are easier said than done during the new year. Creating New Year's resolution has become a societal norm and creates a lot of hype and ambition, but often fizzles into little follow through. I'm going to lose weight. I'm going to quit smoking. I'm going to workout five times a week. Essentially, these goals and resolutions turn into the hope of doing something more, doing something better or eliminating something all together. That is pretty drastic, but not impossible. What becomes impossible and what becomes our failures, is the way we approach our goals.

Tom Gilley from the USM Counseling Center lead the interactive workshop on Wednesday, with the goal of getting participants to actively think about their goals.

He began his workshop by presenting the "1,000 Dollar Challenge," which creates an imaginary scenario where 1,000 dollars has been hidden somewhere in town, and without the ability to collaborate with one another or without imaginary access to a car-with only the access to a map-participants must find the money. The first one to the money, gets to keep it. it was a simple concept, but one that allow participants to see that when they have a specific goal in mind that is reachable and imminent, their brain begins to focus on completing the challenge and goal at hand.

Afterward, he presented a helpful tool for goal setting that reevaluates one's goal and addresses how a goal can be achieved in specific, achievable ways. Through the SMART sheet, participants outlined their



Nathan Baril / Contributor

TRIO services gathered with USM's health and counciling to motivate student body

goals by ensuring aspects of their goal are Specific, Meaningful, Attainable, Rewarding, and Time-Bound. Translating a goal like "I will lose weight" into "I will eat 5 servings of fruit and veggies" makes the goal possible and urges the participant to reflect on whether or not the goal is right for them.

While this aspect of the motivational workshop urged students to reevaluate what could be their New Year's resolutions, some students like Ariana Whalen, a senior political science and philosophy major, prefer not to participate.

'I think it's a weird societal norm to make goals or resolutions one day a year. As an individual, you should be working to improve year round," Whalen said.

During the workshop, Gilley uses an exercise where participants took four steps forward, return to the starting position, change their direction once more, and took another four steps. As a result, people ran into one another, they avoided each other or cue each other to stay or go. More importantly, participants ended up in a com-

pletely different place than if they had continued in a straight line.

Gilley had students participate in this exercise because it reveals the concept of "course correction."

'Once you get momentum, a minor change in course can change where you end up and sometimes you need to reach out to others, avoid obstacles or let others pass before you. Ultimately you continue forward and work toward your goal." Gil-

It's important for people to remember that the goals we set for ourselves are not impossible, but sometimes it is a simple matter of reworking of the approach. One approach might work for your sibling or best friend but won't be the best choice for you. It is inevitable that we are going to fail sometimes, but we can't let obstacles, other people or changes hinder our achieving our goals.

editor@usmfreepress.org @USMFreePress



# **Campus Events**

Monday, February 29

Natural Selection University of Southern Maine Southworth Planetarium, Portland Campus Starts: 1:00 p,m. / Ends: 2:00 p.m.

**Tuesday, March 1** 

Bring Home the Bacon University of Southern Maine Bailey Hall- Student Success Lounge Starts: 10:00 a.m.. / Ends: 2:00 p.m.

**USM Flow Jam** University of Southern Maine Multipurpose Room, Sullivan Recreation Complex Starts: 4:00 p.m.. / Ends: 5:00 p.m

Film Showing: The Invisible War University of Southern Maine Starts: 5:00 p.m. / Ends: 7:00 p.m.

Wednesday, March 2

OML Gallery: Five Centuries of Rare Maps and Globes University of Southern Maine Osher Map Library Starts: 10:00 a.m. / Ends: 4:00 p.m.

Wellness Breakfast University of Southern Maine Woodbury Campus Center, **Portland Campus** Starts: 10:00 a.m. / Ends: 1:00 p.m.

Library 101 University of Southern Maine Room 326 Luther Bonney Hall, Portland Campus Starts: 1:30 p.m. / Ends: 2:30 p.m.

Feminism and Socialism- Fighting for both University of Southern Maine Payson Smith Hall, Room 1 Starts: 7:00 p.m. / Ends: 9:00 p.m.

Thursday, March 3

Singer Tyler King University of Southern Maine Lower Brooks Student Center Starts: 9:00 p.m. / Ends: 10:30 p.m.

Friday, March 4

First Friday Bus University of Southern Maine Gorham Field House Starts: 6:00 p.m. / Ends: 12:30 a.m.

Dodge Ball Tournament University of Southern Maine Gorham Field House Starts:7:00 p.m. / Ends: 9:00 p.m.

Saturday, March 5

A Student Recital, Open to the Public University of Southern Maine Corthell Concert Hall, Gorham Campus Starts: 2:00 p.m

For more events: www.usm.maine.edu/events



# Students of USM

# Mariah Garcia: Expanding possibilities through relocation



freshing all at the same time. It can expand a person's horizons, promote gratitude and present new opportunities and challenges that would otherwise not exist. Colorado native Mariah Garcia decided to try something new as she embarked on her college career three years ago. After her best friend moved to Maine from Colorado, she encouraged Garcia to give it shot, with all the possibilities that the

Meaghan Gonsior

Moving across the country

can be exciting, scary and re-

Free Press Staff

Garcia, a junior social work major, attributes much of who she is to her family's influence. Her mom and dad started hosting foster children about five years ago, and they recently adopted a nine year old from the foster care system. Due to this firsthand experience with ning to work in the foster care system after graduating from volleyball, it's become a pas-USM. She is open to staying on the East coast or returning home to Colorado. She imagines that deciding where she settles will depend mostly on her job prospects when the time comes.

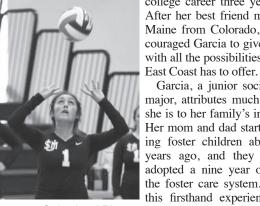
very needed. I'll love being able reflecting on her experito work with kids," Garcia explained adding, "It's scary, but basketball team. Her other I feel like I'm going to love it. hobbies include hiking and Keeping my work at work will snowboarding so she's been be difficult."

Another important part of Garcia's life is being active, both in the gym and outdoors. She credits her father as a major role model in this respect: "He's the one who really got me into sports." Garcia's father played Division 1 basketball, and her 16 year old brother plays "every sport known to man," Garcia added with a laugh. She currently plays on the USM volleyball team, traveling around New England for games.

"I love everything about sion. It's definitely been my favorite sport out of all the sports I've played." Garcia said. In high school, Garcia also played basketball ects when the time comes. and tennis. "I do miss con-"I feel like [foster care] is tact sports," Garcia added, ence as manager for USM's slightly disappointed by this unseasonably warm Northeast

Garcia also has a tenacious attitude that keeps things fresh, not letting herself settle for the status quo: "I have a horrible tendency to do just a little more than what's expected. [I try to] push myself to go above and beyond."

editor@usmfreepress.org @USMFreePress



Submitted Photos foster siblings, Garcia is plan-

# Sports Tournament Recap



# **USM** basketball teams fall in quarterfinals





Erin Brown / Free Press Staff

(Left): Sophomore guard Kayla Stacy (Auburn, N.H./Pinkerton Academy) pulls up for three. (Right): Junior Zach Leal (York, ME) sets up the offense against UMass Dartmouth Tuesday.

**Erin Brown** 

Free Press Staff

# **Dartmouth downs USM in OT**

After forcing overtime, the fourth seeded Southern Maine Huskies fell 61-58 to the fifth seeded UMass Dartmouth Corsairs in a Little East Conference Quarterfinal game Tuesday night at the Costello Sports Complex in

Seniors Gretchen Anderson (Kittery Point, ME/ St. Thomas Aquinas) and Ella Ramonas (Portplayers in Southern Maine's fight to the end. Anderson led the Huskies in points, scoring 17. She also led both teams in rebounds with 15, including 12 on the defensive end. Ramonas followed Anderson in points with 16 for the night and also tallied four assists during her team high 44 minutes

Southern Maine took an early lead over UMass Dartmouth and held onto it tightly through the first two quarters. The Huskies were able to end the first quarter outscoring the Corsairs 15-11. The Huskies extended their advantage in the second, securing an eight-point lead heading into halftime.

As the second half began, UMass Dartmouth was down 27-19 and came out swinging. The Corsairs outscored the Huskies 17-12 in the third quarter, allowland, ME/ Deering) were crucial ing them to head into the final quarter of regulation just three points behind Southern Maine at 39-36. UMass Dartmouth's fight through the fourth quarter was not taken lightly by Southern Maine.

While they were outscored 13-10 through the fourth quarter, the Huskies were not going down without forcing some extra basketball. The teams went into overtime knotted at 49.

The teams went back and forth throughout the five-minute overtime period, until UMass Dartmouth broke the tenth tie of the matchup with a jumper from junior Megan Ronaghan, giving the Corsairs a 60-58 lead with 21 seconds remaining in overtime. Ronaghan would then go on to go one for two from the free throw line to finish off UMass Dartmouth's 61-58 quarterfinal vic-

## Anchormen win thriller

The seventh-seeded Rhode Island College Anchormen upset the number two seed University of Southern Maine Huskies Tuesday night in the Little East Conference Quarterfinal with a close 64-63 victory. The Huskies started out hot, outscoring the Anchormen 9-0 during the first three

minutes of competition. Things were looking good for the Huskies, but after fifteen minutes of play Rhode Island College came from behind to take their first lead of the game, closing the first half 37-31 in their favor.

The teams were neck and neck throughout the entire second half. While the Huskies outscored the Anchorman 32-27 in the second half, sophomore Malcolm Scott drained two consecutive threepoint jump shots to put the Anchormen above the Huskies 64-62 with 2:30 to play in regulation. Junior Atencio Martin (Kittery, ME/ Traip Academy) took to the free throw line with eight seconds remaining in regulation hoping to force overtime. Martin went 1 for 2, falling just short of tying the contest as the Huskies fell 64-63.

Junior Zach Leal (York, ME/ York) lead the scoring for the Huskies, totaling 18 points Tuesday night. Atencio Martin picked up 8 points for the night, leading both teams in rebounds with a total of 10. Senior Jose Nouchanthavong (Westbrook, ME/ Westbrook) followed Leal in points with 17. Twelve of Nouchanthavong's points came in the second half fight the Huskies put up against the Anchormen.

Coach Karl Henrikson believes the team still has a chance to gorecieve an at-large bid and make an appearance in the ECAC postseason tournament, but also looks forward to next season:

"We've got a lot of guys coming back and they're all enthusiastic about the following season. They'll get back to work, back to the weight room, back to the gym, improve on some things and get right back out there for next season," Henrikson says.

sports@usmfreepress.org @USMFreePress

# DO YOU WANT TO PARTICIPATE IN A FOCUS GROUP?

Responsive Management is working with the Maine Department of Inland Fisheries on a wildlife management study. Ten residents will be randomly selected and **paid** \$75 to participate in an informal group discussion on Tuesday, March 15 from 5:30 to 7:30 p.m., and there is a public meeting open to everyone. You do not need to know anything about wildlife management to participate.



If you are interested in the public meeting or being considered for the focus group, please email: Alison@responsivemanagement.com

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# WELCOME HUSKIES! See What's New For 2016!



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