

# THE (F)AMILY (A)FFAIRS (N)EWSLETTER

# SOCIAL ACTIVITIES FOR THE GAY, LESBIAN, BISEXUAL, TRANSGENDER AND INTERSEX COMMUNITY

# FOLLOW YOUR HEART - DO YOUR PART - CHERISH OUR FAMILY

# **BUSINESS DIRECTORY 03-15-10**

# HERE IS THE UPDATED DIRECTORY OF GLBTQIA BUSINESSES. PRINT IT OUT AND HOLD ON TO IT.

There are several requirements for a business or individual to be listed:

1). They must be a FAN subscriber.

2). The listed business must be GLBTQIA-Owned, or the individual must be an "out" GLBTQIA person providing a service in association with a mostly-straight company (e.g. a gay lawyer in a mostly-straight law firm, a lesbian realtor in a mostly-straight realty office). You will receive one listing. You may select your category. I may overrule your category choice.

3). Straight-owned businesses are eligible for listing if they are actively supportive of the GLBTQIA community. Their postings are placed in a separate GLBTQIA SUPPORTIVE ALLIES category. I will be the final arbiter of whether a business is "actively supportive" or not.

4). The GLBTQIA business owner, GLBTQIA individual, or supportive straight ally must contact me directly and ask to be listed. No third-party requests for listing will be allowed.

If you are a GLBTQIA business owner or individual who wants to be listed, then contact me. If you know someone who is a GLBTQIA business owner or individual and think they ought to be listed, tell them to contact me. I'm Zack at <u>thefan@maine.rr.com</u>

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ADULT TOYS:

Whipspider Rubberworks
P.O. Box 66
Bangor, ME, 04402-0066
email: questions@whipspiderrubberworks.com
web: http://www.whipspiderrubberworks.com
Proprietors: Carrie Graham, Erica and Chris Davis
We create artistic hand-made silicone interactive sculptures for adults. Our products are made of high-quality materials and have unique nature and fantasy-inspired designs. We can also produce custom sculptures, molds and casts for individuals or businesses.

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ARTISTS:

Victoria Blanchette Astarte Stained Glass 3 Poplar Street Bangor, Maine, 04401 ph: 207.944-2695 email: <u>astartestainedglass@gmail.com</u> web: astartestainedglass.com

My name is Vicky Blanchette and I have created studio space in my home to design stained glass and other art mediums, inspired by nature, social justice, creative discovery, and by your ideas! From its humble beginnings in medieval times, glass has been created from sand transformed by fire to give us all beautiful colors and textures to use with light to illuminate gorgeous stained glass art. The studio is located in Bangor, Maine and is equipped with a large light table, two grinders, glass storage, a myriad of tools and supplies, and a lot of work space to handle just about any job. It all starts with an IDEA. From there, the magic begins to unfold through glass. Contact me to talk about your ideas at 207.944.2695 or through email at astartestainedglass@gmail.com

Gillyin Gatto Woodcuts Kennebec Workshop 9 Bobcat Path Machias, ME 04654 ph: 207-255-4515 email: bobcatpath@207me.com web: www.rst-art.com/gattowoodcuts.htm proprietor: Gillyin Gatto Original hand-carved and hand-printed woodcuts of women, wildlife, and people working in Maine, by homesteader/writer/lesbian artist.

JELVIS Presley / Elvis Tribute Artist / Drag King Bangor Maine, 04401 ph: 207-659-1347 email: jelvispresleyinc@gmail.com web: www.myspace.com/jelvispresleymusic

Ladies & Gentlemen ... Elvis is back in the building! Why not add a performance by the King of rock to your next event?! JELVIS specializes in the 1950s era of the first rebel of rock, singing live for your event. JELVIS performs for private parties, drag shows, pride events, charities, benefits, and fundraisers. This action packed show will bring you to your feet! A fun, funny, and rockin' good time is to be had by all at any JELVIS show. JELVIS dances, sings, plays guitar and comes custom with an authentic 1950s outift and backing tracks to give you that 50s feel! (He might even give out a hawaiian lei or two.) Contact: jelvispresleyinc@gmail.com for reasonable rates and availability. (charities, benefits & most fundraisers are free)

Linda Griffith Playwright & Fine Art Photographer P.O. Box 174 Blaine, ME 04734 ph: (mobile) 215-287-4174 email: <u>lg@lindagriffith.com</u> web: <u>http://www.lindagriffith.com</u> Private photography coaching beginner to professional; Maine Short Play Festival Award winner 2006 & 2007

Tom Hudgins Art and Design 29 Ross Road Bradford, ME 04410 ph: 207-327-1553 email: dozieralex@hughes.net web: http://www.thomashudgins.com specializing in commissioned art painting, design schemes and private art lessons. Mark Nutt Fine Art Painter, Instructor & Scenic Artist 72 Ruth Ave. Hampden, ME 04444 207-862-2462 Email: <u>minfo@marknutt.com</u> Website: <u>www.marknutt.com</u> Original\_expressive\_abstract & plein aire (painted i

Original, expressive abstract & plein aire (painted in the open air) landscape oil paintings on canvas. Commission work & private instruction available. Also serve as Resident Scenic Artist at Penobscot Theatre so I'm available & skilled with specialty painting effects ~ faux stone & wood-grain among other techniques and interior design.

Constance Pelkey Designs 22 Drew St. Augusta, ME 04330 Phone: 207-333-1145 Email: conniepelkey@gmail.com Blog: http://constancepelkeydesigns.blogspot.com ETSY Storefront: http://www.etsy.com/shop.php?user\_id=14005 Polymer Clay, Fine Silver, Fiber Arts, Jewelry & Accessories - Art for you and your home! Teaching classes and individual instruction in Polymer Clay, Precious Metal Clay & Beading Techniques

Stephanie Reiser, Luthier PO Box 71 St. Albans, ME 04971 ph: 207-938-4384 email: <u>msreiser@tds.net%20</u> <u>http://www.stephaniereiser.com</u>then click Mandolins Builder of fine, custom mandolins and guitars.

Chris Rutecki, Musician / Singer-songwriter PO BOX 401 Sullivan, ME 04664 ph: 207-422-3325 email: <u>chrisrutecki@hotmail.com</u> Explore the messages of love and lost love thru the words and music. Perfect for any occasion.

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AWNINGS AND CANVAS:

Marc Alberi c/o Maine Awning and Canvas 404 Elm Street Newport, Maine 04953 ph: 207-890-7133 email: <u>adventurechallenge@msn.com</u>

Ask for Marc at Maine Awning and Canvas for repairs and manufacture of all types of custom canvas products including awnings, boat canvas, enclosure, covers, commercial, residential and industrial. We service all areas from Bar Harbor to Bangor, Skowhegan to Augusta/Waterville.

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B & B's:

Le Vatout Bed & Breakfast 218 Kaler's Corner Waldoboro, ME 04572 ph: 207-832-5150 email: d<u>dominika@levatout.com</u> web: <u>www.levatout.com</u>

proprietor: Dominika Spetsmann, Innkeeper & Linda Mahoney

Cozy, low-key and completely relaxed, Le Vatout is just different enough to delight. Centrally located in Waldoboro, on the craggy shoreline of Mid-coast Maine, it's our personal artists' retreat that we feel fortunate to share with our guests. The garden is huge and romantic, the rooms filled with art, books beckon wherever there's space. Whether you crave the quiet pleasure of a cup of tea and a bowl of fruit on the porch, favor a communal breakfast of buckwheat pancakes or dig into a shrimp omelet at the kitchen island, Le Vatout meals have substance and flavors have a twist.

Williams Pond Lodge Bed & Breakfast PO Box 461 Bucksport, ME 04416 ph: 207-460-6064 email: <u>williamspondlodge@gmail.com</u> web: <u>http://www.williamspondlodge.com</u> proprietors: David Weeda and Dominick Rizzo

Tucked into the woods, at the foot of Hoxie Hill, and snug to the shore of pristine Williams Pond, our cozy and comfortable north woods lodge provides the perfect Eco-Friendly Bed & Breakfast accommodations for your visit to the splendors of Coastal Maine. We are located in the accessible wilderness of Bucksport, Maine. Start and end your days with us; enjoy easy day trips throughout the region. Acadia National Park and all of Mid-Coast and Downeast Maine can become your vacation adventureland. Enjoy the privacy of being surrounded by over 20 acres of woodlands ~ with over 3000 feet of frontage on 112 acre, 50-foot deep, spring-fed Williams Pond. Guests are encouraged to enjoy kayaking, canoeing, swimming, hiking, birding and picnicking, or simply relax watching the wildlife and enjoying the serenity of nature from dawn to sunset... then the stars!

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BARS / NIGHTCLUBS:

PJ's Lounge Owners: Mark Raymond & Joe Swain 80 Water St Augusta, ME 04330 ph: 207-623-4041 www.pislounge.net

PJ's Lounge has been serving centeral Maine for over 28 years and was owned by Dick Aube. Mark and Joe bought it in March and are making a lot of changes. We are playing music from the 70's to today and have NEW lights on the dance floor. Mark is the Owner / Bartender and Joe is the DJ / Bar Manager. So come on in and take a look at the NEW PJ's Lounge. We host Kindred of Maine on the first Friday of each month and our Drag Shows are on the second Friday of each month. Check out our website for info on the events that are going on each month.

Styxx / Zen 3 Spring Street Portland, Maine 04101 ph: 207-828-0822 email: <u>StyxxPortland@GMail.com</u> web: www.StyxxPortland.com

Styxx is Portland's premier nightclub catering to the gay and lesbian community. Open seven nights a week with special promotions happening every night.

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#### **BUILDING CONTRACTORS:**

Heath Enterprises PO Box 801 Bangor, ME 04402 ph: 207-745-4678 email: <u>heathenterprises@midmaine.com</u> proprietor: David Heath Your one-stop contracting source for Property Mainetenance, Management, Demolition, Building, and Remodeling. Foundations to Finish!

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#### COMPUTER CONSULTING:

Cyan Dog Productions 20 Eider Way Lane Trenton, ME 04605 ph: 207-664-3570 email: <u>aardvark340@hotmail.com</u> proprietor: Kim Hawkins Computer consulting, set-up etc. Website design, CD production etc. Mac and PC friendly.

KONet 4 Oak St Bridgton, ME 04009 ph: 207-694-6639 email: info@kinkyqueer.net web: www.kinkyqueer.net proprietor: John Blake KQ.net provides full service webhosting, design and coding for both the GLBTQIA community and the alternative lifestyle communities. Backed by an experienced web Staff of gay and bisexual lifestylers, kinkyqueer.net is dedicated to not just providing great customer service and building your online presence. but We also realize the paramount importance of discretion. We provide design services from the bottom up, focusing on user-friendly and professional sites. We center our work around cascading style sheets which allows us to stay away from the bulky and encumbered coding of some other sites. Our design team puts a great deal of their artistic talent into every site's content and format creating sites that are comfortable, easy to use and draw repeat visitors. We have various packages for hosting that will serve everyone from the smallest site to a large and comprehensive endeavor. Don't be afraid to contact Us for all your web design and hosting needs. Each and every one of Our clients are and will be treated with respect and dignity, as well as with discretion.

We can and will find a solution that works for everyone.

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# COUNSELING:

Rick Bouchard, LCSW Private Practitioner 222 St. John Street Suite 246 Portland, Maine 04102 Ph. 207-650-6450 Fax: 207-347-3510 E-mail: CONSTL8@maine.rr.com A Portland-based private practice serving the GLBT community. Jungian-based psychotherapy, currently working with adolescents, families/couples, and adults. Also works with gender, transgender and transsexual issues. He accepts most insurances, self-pay, and MaineCare and works with a variety of mental health and substance abuse issues. Feel free to call for more information. Referrals can be made by phoning or emailing. Rick is also pleased to announce the formation of a Portland-based Dream Group, an exciting opportunity for those interested in group dream work. This group will provide members with an intimate, safe and protected setting to explore and work with dreams, in the company of trusted others. For a complete e-brochure about the Dream Group, contact Rick at: CONSTL8@maine.rr.com

Jeanine Crockett, Ph.D. Licensed Psychologist 43 Columbia St, Suite 32 Bangor, Me 04401 ph: 942-1483. Psychotherapy and evaluation of individuals, couples, children and families.

Jeanne M. Dorland, Ph.D., LCPC Licensed Clinical Therapist 82 Columbia Street, Suite 301 Bangor, Me 04401 ph: 942-8200 Psychotherapy for individuals, couples, and adolescents

Donna Light c/o Searsport Counseling Associates 9 Field St, Ste 217 Belfast, ME 04915 ph: 207-338-9145 OR 207-338-2022 Registered Substance Abuse Counselor in mid-coast (Belfast) area.

Christopher S. McLaughlin, LCSW Licensed Clinical Social Worker 96 Harlow Street, Suite 223 Bangor, Me 04401 ph: 478-0884 <u>ChrisMSW01@aol.com</u> Psychotherapy for adults, children/adolescents, couples and families. Focus working with GLBTQ issues. MaineCare accepted.

Vitality Counseling Services Charissa Merrill-Maguire, LCSW Melinda Merrill-Maguire, LCSW 157 Park St, Suite 34 Bangor, ME 04401 ph: 207-992-9104 email: <u>mmerrillmaguire@yahoo.com</u> web: We provide counseling services to ind

We provide counseling services to individuals and couples and we accept most insurances. We also work with children, adolescents and families.

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DOLLS:

Santa's Boriqua Dolls Bangor, ME 04401 ph: 207-907-2087 email: <u>owlz\_moon@yahoo.com</u> web: <u>http://boriquadolls.etsy.com</u> proprietor: Santa Andujar I make traditionally dressed (circa 17-18th century) Puerto Rican dolls. Originally designed and sewn.

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# ELECTRICAL CONTRACTORS:

Jean Vermette PO Box 2002 Bangor, ME 04402-2002 ph: 862-2063 email: <u>megress@gwi.net</u> Licensed master electrician. Residential & commercial wiring. Repairs, remodeling, upgrades, new construction, consulting.

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# FINANCIAL CONSULTING:

Leah M. Bartley, CRPC®, CLTC Financial Advisor Smith Barney 100 Middle St, 3rd Floor Portland, Maine 04101 ph: 207-771-0854 email: <u>leah.bartley@smithbarney.com</u> web: <u>http://fa.ml.com/Leah\_Bartley</u>

With over 11 years of experience, Leah specializes in recognizing the unique needs of each LGBT investor. Leah graduated from Westbrook College in Portland Maine. Some of her ongoing advanced coursework includes, a certificate from The Advisors Forum in the area of Gay/Lesbian financial planning. She holds a designation as a Chartered Retirement Planning Counselor (CRPC) from the College of Financial Planning. In addition, she has also completed the only third party long term care professional designation, "Certified in Long-Term Care" (CLTC) from The Corporation for Long-Term Care Certification as well as the State of Maine Partnership Program.

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FOOD SERVICES:

X-Treme Cheesecakes 120 Airline Rd Clifton, ME 04428 ph: 207-843-5617 email: <u>trgoodridge@verizon.net</u> proprietor: Tracy Goodridge Gourmet cheesecakes made to order!

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## FURNITURE REFINISHING:

Downeast Refinishing 321 Bucksport Rd Ellsworth, ME 04605 ph: 207-667-0062 email: finish@prexar.com proprietor: David Conary Complete line of furniture stripping and refinishing. We also do porcelain re-glazing....bring in your old claw-foot bathtubs!

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GLBT CLERGY:

Rev. Al Boyce 173 Broadway, Apt 1 Bangor, Maine 04401 ph: 207-951-0407 email: revalb@yahoo.com

I am an openly gay Unitarian Universalist minister available to perform commitment ceremonies for members of the LGBT community. I maintain my clergy credentials while speaking frequently for parishes across the state. I have twenty years experience in helping LGBT couples create that unique ceremony that reflects their personalities and relationship. Just call for free consult regarding your ceremony.

Rev. Charles Grindle (Interfaith) 88 Gilman Street #406 Portland, ME 04012 ph: 207-650-6573 email: <u>mrkeysnorth@yahoo.com</u> Services for rites of passage, transitions, and commitment ceremonies. Services designed for you, with you.

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HAIRSTYLING:

Chase Blanchard, Cosmetologist Total Look Day Spa & Color Studio 98 North Main Street Brewer, ME 04412 ph: 207-989-7513 email: <u>atotallookdayspa@aol.com</u>

I love what I do and have spent a great deal of time becoming the best I can be in this field. An opportunity presented itself to me when a local salon became available, and I was able to purchase it. I will be leaving AK Haircolor & Design on April 18, and opening at the new location on April 21. It is a current salon, and I look forward to going in there, and taking the best of my experiences over the last several years and creating a space that you all will enjoy. We offer additional services there, and I look forward to seeing you all at A Total Look Day Spa & Color Studio after April 21. Angie (from AK Haircolor & Design) and I will remain working together educating as we do now, and I look forward to having someone with her level of experience to call on for advice. Thank you all for your continued patronage!!!

Hair By Roger 166 Webster Ave Bangor, ME 04401 ph: 207-907-0224 email: <u>rogermcgathey@msn.com</u> proprietor: Roger McGathey description: More than 30 years of experience. New to Maine. By appointment only.

Steve Rossignol c/o People's Salon And Spa 18 Temple St Waterville, ME 04901 ph: (cell) 207-314-1487 email: hairslinger8@yahoo.com Independent licensed hair stylist in business since 1981. Specializing in all hair care services. Also private body waxing services.

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# HOME REPAIR AND IMPROVEMENT:

MDI Home Project Solvers Otter Creek, Maine 04660 ph: 207-288-3672 email: <u>bbginANP@roadrunner.com</u> proprietor: Dawn Fortune

No longer comfortable climbing a ladder to clean the gutters? Seasonal yard chores seem bigger than they once were? Guests coming and the spare room needs a coat of paint and some wallpaper? Kitchen floor need replacing? Too busy to fix this, paint that, weather-proof something else? Let me help. Located on MDI and serving Hancock County, I can take care of those jobs so that you can get on with living life. E-mail me for rates and services. I can do all kinds of things from basic home repair (squeaky hinges) to building a deck or garage. Reasonable rates. Insured.

Mida's Touch PO Box 127 Hulls Cove, ME 04644 ph: 207-288-9727 email: <u>hewspoint@gmail.com</u> web:

proprietor: Mida Ballard

Renovations, Repairs, and Light construction. OR, you can save money by doing it yourself ... I offer complete consultation and instruction on projects for homeowners. Working with you or doing just part of the job gives you maximum savings! Renovations, repairs, kitchens, baths, sheetrock, painting, ceramic tile, windows, doors, decks & more! 35 years of experience. Looking for a good carpender? Hire a woman. No job too small.

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HOME SERVICES:

Amy Damboise Pet & House Sitter 365 N Main St Brewer,Maine 04412 ph: 207-356-0289 = cell email: <u>adamboise34@hotmail.com</u>

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs...but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

The Cleaning Lady 1542 US HWY 1 Hancock, ME 04640 ph: 207-422-3268 ph: 207-735-7423 email: jwussta@msn.com proprietor: Jennifer Worster Let ME do your "dirty" work

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#### HOUSING (ADULT GROUP HOMES):

Branches, LLC 44 Center St Bangor, ME 04401 ph: 207-945-9998 email: <u>branchesllc@aol.com</u> exec. director: Sandy Noble

We are an agency providing residential services to the Department of Mental Retardation with 10 group homes in the Bangor area. We have a variety of positions which include both full time and part time employment, flexible schedules, health insurance, life insurance, dental insurance, personal paid leave time and much more. It is a positive, friendly work environment.

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INSTRUCTION:

Jessi's Guitar Lessons Milford, ME 04468 ph: 207-827-1460 email: jessimallory@aol.com proprietor: Jessi Mallory

For those about to rock, I can teach you! I have 17 years experience in guitar ranging from rock to country, oldies ... You name it, I've probably played it. As a live show, and studio musician, I can give you the help you need to develop your own style! One on one guitar lessons for beginners! Six string or Twelve string, acoustic or electric, I can help you develop your style in easy to learn guitar lessons. Cheapest rates around! How about a one hour lesson for \$20.00?? You decide when and where, and how many times a week. Laid back lessons, no pressure, and fun! (You won't have to learn how to read music either!) And I can teach children as well. So what are you waiting for?? If you've always wanted to learn how to play guitar, this is a great opportunity!! If you don't have a guitar, I can supply one for you for lessons!

Learning Unlimited Language School 5 Jellison Ridge Rd Surry, ME 04684-3340 ph: 207-667-9482 email: wayne@mrlanguage.com web: http://www.mrlanguage.com proprietor: Wayne Smith Instruction available in any language. PhD in linguistics with a specialization in Sign Language. Have taught 27 different languages including: French, Spanish, Italian, American Sign Language, Scottish Gaelic, Portuguese, Japanese, and Chinese (my strongest language). I'm willing to take on anything (even Klingon!) if there's interest.

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# LAWYERS:

Sally F. Curran, Attorney Seacoast Law & Title 240 Main Street Westbrook, ME 04092 Phone: 207-591-7880 Fax: 207-591-7884 scurran@seacoastlawme.com Matthew R. Dubois, Esq. Vogel & Dubois 550 Forest Ave, Ste. 205 PO Box 3649 Portland, ME 04104-3649 ph: 207-761-7796 web: http://www.maine-elderlaw.com I am a private attorney who does personal, family and estate legal planning, and I focus a large portion of my practice on LGBT elders. Meets with clients statewide.

Alice A. Neal, Esq. Zack M. Paakkonen, Esq. West End Legal, LLC 200 High St., Ste 1A Portland ME 04101 Ph: (207) 699-5553 email: <u>info@westendlegal.com</u> web: <u>http://www.westendlegal.com</u> GLBT owned and operated law firm serving Cumberland, Sagadahoc, and York Counties. Member of the LGBT Bar Association. We offer free consultations and payment plans. See our website at www.westendlegal.com or www.mainelgbtlaw.com for more information and for a list of practice areas.

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#### MANAGEMENT SERVICES:

Management Services for the Human Services 34 Rustic Way New Gloucester, ME 04260 ph: 207-926-3620 email: <u>mgmtsvcs@gwi.net</u> proprietor: Marjorie Love, MSW I have 20 years of experience working in Main

I have 20 years of experience working in Maine nonprofits. Since 1994 I have worked as a consultant to public health, mental health, social service, community development, civil rights, public policy, and philanthropic organizations. Executive transitions are my primary niche. Again and again, I've seen the investment -- in stable interim leadership plus assessment of organizational & community needs, refocusing of vision, and thoughtful search processes -- yield outstanding results. In between, and sometimes simultaneously, I do other management projects. Things like program planning, development, evaluation, or reporting; coalition-building; problem-solving; etc. Pretty much anything that fits my skills, which are pretty broad.

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# MASSAGE THERAPISTS:

Aches Aweigh Therapeutic Massage PO Box 255 Franklin, ME 04634 ph: 207-266-5728 email: <u>raeurban@hotmail.com</u> proprietor: Rae Urban, LMT, Reiki Master "Have table, will travel" I specialize in Swedish Massage, Reiki, Chair Massage or Canine Massage at your location.

The Bodyworks Integrated Therapies 195 State St Bangor, ME 04401 ph: 207-947-4714 proprietor: Terry Hart, NCTMB, LMT

Massage therapy, neuromuscular therapy, craniosacral therapy, myofascial release. I work with injury and trauma. Workers Comp and auto insurance accepted.

Energetic Awakenings - Theraputic Bodywork PO Box 160 744 Main Rd North Hampden, ME 04444 ph: 207-461-5348 email: <u>slc75@adelphia.net</u> proprietors: Suzanne & Sandi Carver Specializing in deep tissue and relaxation massage with integrative energy work.

Gabrielle Wellman PO Box 148 Blue Hill, ME 04614 ph: 207-374-2140 email: <u>gabrielle@prexar.com</u> Somatic education/Relaxation Massage. Certified Shiatsu and Feldenkrais practitioner.

Have-ah Massage 316 Hammond St, #2 Bangor, ME 04401 ph: 207-942-9319 email: <u>knead24u@yahoo.com</u> proprietor: Daniel Williams Licensed theraputic Massage Therapist. I work out of my home or can travel as well.

John Connole, LMT Bangor & Winterport ph: 207-478-2229 email: <u>massagesport@hotmail.com</u> L do an eclectic blend of bodywork

I do an eclectic blend of bodywork. Based in swedish massage I incorporate ROM, stretching, sports, deep tissue, acupressure, orthopedic, medical massage, energy work and Reiki. Seated massage for office and occasions. Gift certificates available.

Eric L. Sirois, LMT 9 Central Street, 4th Floor at Central Street Yoga Bangor, ME 04401 Ph: 207-735-7447 email: <u>Eric@CentralStreetYoga.com</u> web: <u>www.CentralStreetYoga.com</u>

Bodywork services available by appointment in downtown Bangor and home office in Brewer. Sessions range from relaxation and Swedish massage to deep tissue and myofascial release techniques. Gift certificates available.

Mysticbear Holistic Health 78 Summer Street Hamdpen, ME 04444 ph: 207-561-0691 email: todd@mysticbear.net web: http://www.mysticbear.net proprietor: Todd Ingram MYSTICBEAR HOLISTIC HEALTH places a priority on the balance of body, mind and spirit. To this end, I offer Reiki, Sound Therapy and Massage services to aid you in finding a sense of peace, well being and balance. Services are provided in Bangor, Hampden and other locations as needed

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#### MERCHANDISE:

A Touch of Maine - Unique Gifts and More ph: 207-422-3268 ph: 207-735-7423 email: <u>ATouchofMaine@msn.com</u> proprietor: Jennifer Worster Furniture, Décor, Birdhouses and Feeders, Maine Theme Items, Garden Accessories and Décor, Fundraising Items, etc. Call for a Catalog.

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## NOTARY SERVICES:

Robert Hickey PO Box 2 Bradford, ME 04410 ph: 207-327-1009 email: <u>nativerobglbti@aol.com</u> Notary Public serving the GLBTI community for over 17 yrs.

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# PAINTING CONTRACTORS

Jessi Mallory c/o Lee's Painting 19 Birch St Milford, ME 04468 ph: (Lee) 207-827-1460 email: Jessimallory@aol.com

Interior/Exterior Painting. Family owned and operated. Just because winter is right around the corner, doesn't mean that you can't get those interior painting projects underway! Lee's Painting is committed to giving you quality work at the lowest price! Look around, get other bids, and give us a call! We will underbid any bid you receive, that's just our policy! When you want the job done for less, and done right, Lee's Painting is there for you. Projects are adding up, so give us a call to get your project done!

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# PARTY/EVENT PLANNING:

Awesome Events 993 Acadia Highway Orland, ME 04472 ph: 941-2326 or 479-3219 email: <u>awesomeevents@hotmail.com</u> web: <u>www.myspace.com/awesomeevents2008</u> proprietor: Liza Haskell and Crista Jakacky Planning, decorating and simple catering for all your events big or small. We handle any special occasion from a child's birthday party to a graduation or commitment celebration.

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PET SERVICES:

Amy Damboise Pet & House Sitter 365 N Main St Brewer,Maine 04412 ph: 207-356-0289 = cell email: <u>adamboise34@hotmail.com</u>

I want to provide you with someone to watch your animals and home while you are out of town, leaving you with no worries. Normally, I only watch cats and dogs....but I'm very open to caring for birds, gerbils, hamsters and more. I can also take care of plants, mail, trash, and other daily activities in your home. Prices vary depending on animals and length of time. Give me a call and we can discuss what is going to be best for you and your animals.

Susan Stevens PetsRUs 86 South Main St Rockland, ME 04841 ph: 207-594-1273 email: <u>bswearehappy@aol.com</u> Experienced dog/cat sitter. I love dogs, I have a ChiPoo (chihuahua-poodle) and a Chihuahua at home. I am located in Rockland and can travel between Rockland and Portland. Contact me for details.

Kathy Wilson Natural Pet 144 Pleasant St Brunswick, ME 04011 ph: 207-725-0179 email: <u>naturalpet@suscom-maine.net</u> web: We do pet grooming and pet self-wash. I am VERY out. I own and run and do 99% of all the work (I sometimes have a bather do some of the dog washing when I am busy) So all grooming is either to my credit ... or my fault !!!

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#### PHOTOGRAPHY:

Shutter Images 220 Gross Point Road Orland, ME 04472 ph: 207-469-7741 email: <u>danwattphotos@gmail.com</u> web: <u>www.shutterimagesbydan.com</u> proprietors: Dan Watt & James Britton We do Weddings, Portraits, Parties, Special Events and much more.

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REAL ESTATE:

Philip Cronin, realtor c/o Mallet Agency 11 North St Dover-Foxcroft, ME 04426 ph: 207-564-8818 email: <u>philipjcronin@yahoo.com</u> web: <u>www.philipjcronin.com</u> Licensed Maine real estate broker

Greg Doucette, realtor c/o Realty of Maine 107 Main St Belfast, ME 04915 ph: 207-338-6800 Ext 14 email: gregory\_doucette@yahoo.com

Greg Doucette, Broker, serves clients in the Mid-Coast region in selling and buying residential, land and commercial property. Greg, a native of Maine has been an agent since 1997 both in New Jersey and now Maine.

Lynn Salisbury, realtor c/o Jones Real Estate 232 Main St Ellsworth, ME 04605 ph: 537-3366 cell ph: 266-6004 email: <u>lucky62365@aol.com</u>

Bev Uhlenhake, realtor c/o Epstein Commercial Real Estate PO Box 2444 Bangor, ME 04402 ph: 207-945-6222 fax: 207-945-5824 email: <u>bev@epsteincommercial.com</u> web: <u>www.epsteincommercial.com</u> Leasing and sales of commercial and investment property.

Dwight Wass, realtor PO Box 5 Lincolnville Beach, ME 04849 ph: 207-763-4849 email: <u>campme@yahoo.com</u> web: <u>http://www.lincolnvillerealestate.net</u> Dwight Wass GRI Realtor/Broker is the designated broker of Lincolnville Real Estate and offers over twenty years of experience representing buyers and sellers.

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# **RESTAURANTS**:

Cafe Bluefish 122 Cottage St Bar Harbor, ME 04609 ph: 288-3696 email: <u>blh@prexar.com</u> web: <u>http://www.cafebluefishbarharbor.com</u> proprietor: Bobbie Lynn Hutchins Fine dining since 1990. Recommended in 10 national publications, the famous Lobster Strudel was featured on the Food Network. Seafood emphasis, with poultry and vegetarian selections. Serving dinner daily May through October. Call for winter hours.

Clewley Farm Restaurant 999 Main Rd Eddington, ME 04428 ph: 207-843-5584 email: <u>info@ClewleyFarm.com</u> web: <u>http://www.ClewleyFarm.com</u> proprietor: Lawrence Clewley Family style restaurant open 7 days a week from 6:00 a.m. until closing.

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SIGNS:

Infinite Signs 40 School St Augusta, ME 04330 ph: 207-595-0750 email: <u>infinitesign@yahoo.com</u> web: <u>http://www.infinitesigns.com</u> proprietor: Adonna Manzo description: Infinite signs is a full service sign shop located in Augusta, Maine, serving all of Maine and New England. Our specialties are carved & gold leafed signs, dimensional signs and carvings, vehicle lettering and wrapping, metal & mdo signs, airbrushing and hand lettering. Free design consultations.

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## SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Rachel Lee Manning, Medium/Intuitive 198 Main Street Ellsworth, ME 04605 ph: 207-322-9870 email: <u>loveliveson@adelphia.net</u> Offering private, healing sessions in Ellsworth focused on the journey of the soul. Messages of love & guidance from departed loved ones, Intuitive Life Guidance Readings, Workshops & Intuitive Development Training, Please email me to receive monthly newsletter & schedule of events.

Healing and Expressive Arts Retreats (H.E.A.R.)
PO Box 1604
Blue Hill, ME 04614-1604
(207) 667-2019
(207) 441-2785 [cell]
email: hearme@natisp.com
proprietor: Eileen Mielenhausen
I co-create & coordinate gatherings and retreats in Maine to give people a place, time, and opportunity to do their spiritual and emotional growth work. Join us for healing through sacred play, laughter, ritual, and creative expression (vocal improv, writing, drumming, chanting, art-making, cooking). Please contact me if you would like to receive detailed info about our upcoming gatherings.

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#### TAX PREPARATION:

Carol W. Thompson, EA 469 Main St., Suite 204 Springvale, ME 04083 Portland appointments available. ph: 207-324-4011 fax: 207-324-1538 email: cwteame@msn.com Carol has been providing tax services since 1979. She is an Enrolled Agent (EA), the only federally licensed tax professionals. EA's must take a 2 day exam in tax law in order to become licensed to practice before the Internal Revenue Service. Carol has appeared on TV and radio, and has been interviewed for dozens of articles in print media, including Good Morning America, Newsweek, Worth, Money, Working Women, and numerous others. She has been teaching continuing education seminars for other tax practitioners for over 20 years, including producing the first seminar on gay tax issues in the United States in the early 1990's. Carol specializes in domestic partner tax issues, small business owners, individuals, and real estate issues. She is well versed in most occupations, especially teachers, park rangers, military, real estate, and consulting. Appointments are available in Springvale or Portland, and work can be done in person, by mail, email, fax, or .pdf.

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VACATION SPOT:

Magic Pond Artists' Retreat and Guest House P.O. Box 174 Blaine, ME 04734 ph: (mobile) 215-287-4174 email: <u>lg@magicpondmaine.com</u> web: <u>http://www.magicpondmaine.com</u> proprietor: Linda Griffith Two modern, comfortable guest suites available for short or long term rental in the middle of a 75 acre wildlife sanctuary, ideal for individual creative and spiritual work.

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#### YOGA:

Central Street Yoga 9 Central Street, Suite 401 Bangor, ME 04401 ph: 207-249-9180 email: snowstop@gmail.com web: www.CentralStreetYoga.com proprietor: Terry Lacy description: A new, dedicated Yoga Studio located in downtown Bangor at the intersection of Central, Main, and Hammond Streets.

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# GLBTQIA SUPPORTIVE ALLIES:

# ART GALLERIES:

Susan Maasch Fine Art 567 Congress Street Portland, ME 04101 t: 207-699-2966 web: www.susanmaaschfineart.com

Rotating shows in Painting, Photography, Prints and Sculpture. Fine art consulting for your home or business. Winter hours wed thru sat 11-5 and by appt.

# COMPUTER CONSULTING:

Maine Bytes Computer Repair/Web Design Winterport and Bucksport Maine ph: 1-866-632-9837 email: <u>deb@mainebytes.net</u> web: <u>www.mainebytes.net</u> proprietor: Robert & Deborah Newman description: computer repair, web design, and web hosting

# SPIRITUALITY, CREATIVITY, PERSONAL GROWTH

Soul Rituals Bucksport, ME 04416 ph: 207-469-2222 email: <u>penbayinc@aol.com</u> web: <u>www.soulrituals.com</u> Proprietor: Kasey Smith

My company offers courses on subjects such as spiritual growth. We sell metaphysical items such as rare crystals. We also custom cut precious gemstones for sale alone or set in jewelry. In addition, we give private and confidential psychic readings. All lifestyles welcome.