

University of Southern Maine USM Digital Commons

Thinking Matters Symposium Archive

Student Scholarship

Spring 2017

Occupational Therapy's Role in Helping Individuals With SPMI Gain and Sustain Employment

Jill Blackstock University of Southern Maine

Emile Castonguay University of Southern Maine

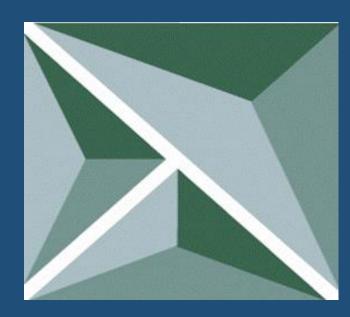
Follow this and additional works at: https://digitalcommons.usm.maine.edu/thinking_matters

Part of the Occupational Therapy Commons

Recommended Citation

Blackstock, Jill and Castonguay, Emile, "Occupational Therapy's Role in Helping Individuals With SPMI Gain and Sustain Employment" (2017). *Thinking Matters Symposium Archive*. 113. https://digitalcommons.usm.maine.edu/thinking_matters/113

This Poster Session is brought to you for free and open access by the Student Scholarship at USM Digital Commons. It has been accepted for inclusion in Thinking Matters Symposium Archive by an authorized administrator of USM Digital Commons. For more information, please contact jessica.c.hovey@maine.edu.



TRI-County Mental Health Services

PIO Question:

Does including occupational therapy services as part of an interdisciplinary mental health team help clients with serious and persistent mental illness to gain and sustain employment?

Limits Used:

 Peer Reviewed 	•	Peer	Reviewec
-----------------------------------	---	------	----------

- OT Focused articles
- Related to Employment
- Individuals with SPMI
- Working Age participants

Occupational Therapy's Role in Helping Individuals With SPMI Gain and Sustain Employment

Jill Blackstock, MOT/S & Emile Castonguay, MOT/S Susan Noyes, PhD, OTR/L & Jesica Michaud, MOTR/L

SPMI represents the population of individuals with serious and persistent mental illness.

- Supported
- Employment
- IPS
- Just Right Challenge
- Coping Skills
- Environment
- Context

- within the scope of OT as outlined in the OTPF.
- mental health teams.



Employment Interventions

Occupational Therapy

Clinical Bottom Line:

• Helping people with SPMI gain and sustain employment is specifically targeted

• Evidence supports Individual Placement and Support as the most effective employment intervention. OTs are effective in working with this intervention. OTs are effective in bridging the gap between a clinical and vocational focus on

UNIVERSITY OF **CONTHERN MAINE**

Gaining and sustaining employment is the end goal. Including OT as part of the interdisciplinary team yields positive outcomes.

