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Occupational Therapy's Role in Helping Individuals With SPMI Gain and Sustain Employment

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Occupational Therapy's Role in Helping Individuals With SPMI Gain and Sustain Employment



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PIO Question:

Does including occupational therapy services as part of an interdisciplinary mental health team help clients with serious and persistent mental illness to gain and sustain employment?

Limits Used:

- Peer Reviewed
- OT Focused articles
- Related to Employment
- Individuals with SPMI
- Working Age participants

SPMI represents the population of individuals with serious and persistent mental illness.

- Supported Employment
- IPS
- Just Right Challenge
- Coping Skills
- Environment
- Context

Individuals with SPMI

Employment Interventions

Occupational Therapy

Gaining and sustaining employment is the end goal. Including OT as part of the interdisciplinary team yields positive outcomes.

- Focus on meaningful occupation
- Client-centered
- Environment
- Performance
- Evidenced-Based
- Assessments

Clinical Bottom Line:

- Helping people with SPMI gain and sustain employment is specifically targeted within the scope of OT as outlined in the OTPF.
- Evidence supports Individual Placement and Support as the most effective employment intervention. OTs are effective in working with this intervention.
- OTs are effective in bridging the gap between a clinical and vocational focus on mental health teams.