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# the free press

University of Southern Maine Student Newspaper

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## Election victories 2012



Top: Photo from the White House Photo Stream. Bottom: Photo by Alex Greenlee / Multimedia Editor, Senator Angus King celebrates with a bottle of champagne at the election party Tuesday night with supporters, friends and family.

## Students share their reactions to the results

**Kirsten Sylvain**  
Editor-in-Chief

Students are giving mixed reactions following the results of the election last week, but one group remains fixed on following the issues.

Before the election results came in, students voted, campaigned and volunteered on behalf of the party or candidate of their choice. Various groups were active on campus, including Mainer's United. Students geared up, rallying efforts, coming together in the College Republicans and College Democrats to organize in support of the parties with which they affiliate, but now that all is said and done, Obama is in the White House. King is in the senate, and Question One has passed.

One student, a junior social work major, Colby Williams explained that he did not vote for Obama, but instead voted for Ron Paul as a write-in. "I wouldn't say I was surprised with the election," he said. He also explained that for him the two-party system does not allow for people to best express their voices in the political process. But, he says, now Obama will not be focused on the task of re-election. Instead, he will be more fully focused on important issues such as the economy. However, Williams does not feel that the election results will change the status quo for USM students in terms of student debt and rising tuition costs. "One billion dollars was spent [on the campaign], but little has changed in regard to who's in power," he said. Question One, he explained, seemed to have taken the foreground in Maine this election.

Williams also expressed his concern about a potentially limited amount of student involvement with election efforts and the election presence on campus in general. "I was surprised not to see more about the election on campus," he said. He

noted that he thought it had been a relatively quiet election at USM.

Nathan Polhemus, vice president of the College Democrats, claimed that the College Democrats had been quite active this election, reporting that their efforts to get out the vote resulted in 169 students voting the last day of early voting and 304 voting on election day. In total, that is 511 students that the College Dems got to the polls. Figures have also shown that Democratic state senate candidate for district six, James Boyle, was elected with 50 percent of votes for him coming from USM students. The College Dems feel that they played a major role in Boyle's election, and they were pleased with the outcome. "We were very happy that all our hard work paid off. It was reinforcement of our beliefs that if we got out the vote, we could win this," Polhemus said.

The College Dems don't plan on going away, either. Polhemus explained that now is the time for the College Dems to come to work even harder. The group wants to disrupt the usual apathy that settles in following an election. Polhemus stressed the importance of involvement and vocality on political issues during the elected officials' terms. "We aim to be a general voice for local Democrats and a way for students to get involved," Polhemus said. The group will adopt an "issue of the month" then a group opinion followed by a draft of a letter and an attempt to sway the votes of local or federal politicians to best represent the views of students and local Democrats. Polhemus mentioned that he thinks some of the new laws passed in Colorado and Washington on legal recreational marijuana and here in Maine on gay marriage may become "hot issues," as they are legal on the state level, but not at the

See **REACTION** on page 2

## Civic Matters continues growth in fourth year

**Nate Mooney**  
News Assistant

The fourth annual Civic Matters Symposium will be held in the Wishcamper Center on Friday, Nov. 16, from 8:30 a.m.- 1 p.m. The event put on by the Office of Community Service Learning will highlight projects by USM students and faculty who serve their surroundings.

Andrea Thompson McCall, director of Community Service Learning

at USM, said the event is both retrospective and promotional in that it celebrates work that is already completed and ongoing but also encourages more links between the college and the community. McCall said that Civic Matters was originally a part of Thinking Matters, another USM student symposium, but the focus on research of the latter event necessitated a separate home for all of the community work being done by USM students. She feels

that USM is uniquely positioned to be a leader within the University of Maine System for its work done in the community, owing both to its diverse student body and its location in Maine's largest population hub. This focus on civic involvement is something McCall shares with USM president Theo Kalikow, who said "civic engagement is the glue that makes student success and fiscal sustainability possible," in the opening letter for this year's symposium.

Over 20 student projects on topics ranging from bacteria in the mud flats of Casco Bay to the classroom structure of Portland public schools will be presented in posters and oral presentations.

USM students Josiah Brown and Will Gattis didn't have any history digging clams. Brown, an environmental science major, and Gattis, an economics major, thought it seemed like a natural fit. However, when the Casco Bay Estuary Partnership

contacted the two USM students to update a 1995 study of bacterial closures of Maine clam flats, the group, which includes organizations at all levels of government, non-profits and businesses, looks at the bacteria closure rates in clam flats and how they affect Maine clam sales. The work by the two students is ongoing and includes a survey of clams sold in area restaurants and permits issued for clamming by mu-

See **CIVIC** on page 3



From REACTION on page 1  
 federal level. This contradiction, he predicts, will become an important issue for politicians in the near future.

Polhemus summed up the response of the group to the election results. "It was a very good night."

Another student, Kate Wolfinger, a junior and Biology major, described her family as mostly Republican and explained that she views the election results as someone who has heard a lot from both sides of the political spectrum. Wolfinger voted for Obama, but she explained that she almost didn't vote because of the frustration she experienced hunting for honest candidate information. She also acknowledged that her family's belief that Obama has not been the most successful in terms of the economy is not ill-founded. She stressed government investments in long-term initiatives in the environment and the hard sciences. "Something needs to be done," she said, referring to disadvantaged people living in poor conditions in this country who are unable to obtain the resources they need to be more successful. She believes that Obama is more likely to understand and engage in resolving those issues.

Senator Angus King, she said,

wants to internally change the senate and take a more individual look at the issues instead of following party lines. Marriage equality, she agrees, was a very important issue. In the future, she hopes to see a more open definition of family, one in which the same-sex couple will be viewed as equal with all other Maine couples.

Chris Camire, chair of the student senate, told The Free Press about his reaction to the election results. "Although I don't agree with President Obama completely, I stand behind him - he's my President." However, he is concerned about the negative effects of partisan politics. According to Camire, this election is a clear example of what partisan politics can do to a country. "Good Americans are pitted against each other instead of working together to build our nation for future generations," he said.

As the first independent candidate elected to serve in the U.S. Senate, Angus King appears to agree with Camire. In his acceptance speech, King spoke out against partisan politics, saying that his election was a clear indicator that Mainers agreed that the end of partisan politics should be near. "Maine is leading by saying we're tired of the political divisions that are keeping us from



Alex Greenlee / Multimedia Editor

Those in attendance at King's election celebration last week enjoyed meeting their new senator.

solving real problems, and we're tired of politicians whose main purpose seems to be to divide us instead of unite us," he said.

Williams is an example of the

Mainer who wants to vote between the party lines, who wants to vote for the issues and not for the party. "Sometimes it's almost like you have to choose between the lesser of

two evils," he said laughing. "You have to pick one way or the other. It would be nice if there was a choice that would show both sides of your beliefs, social and fiscal."

# Trustees say yes to new credit transfer policy

Jonathan Reis  
 Staff Writer

The Board of Trustees had their final meeting of the year last week. There they discussed, among other things, the design of a new system-wide steering committee aimed at making the transfer process easier for non-traditional students transitioning between the University of Maine System's branches.

President Wilson Hess of the University of Maine at Fort Kent and chair of the new steering committee continued on about the committee's plans at the meeting on Monday. He explained the change as a "concierge type of service" that will allow both traditional and non-traditional students access to counselors who will guide them through the transfer process. Hess also stated that the newly planned design called for the implementation of an online communication tool that will aid students when

comparing their classes for transfer.

Peggy Markson, public relations manager for the University of Maine System, explained the concept behind the new credit transfer system as a way to make it easier for non-traditional students to finish degrees they may have started, but never finished at previous institutions. Mrs. Markson stated the plan was made "in order to meet the needs of Maine's growing workforce".

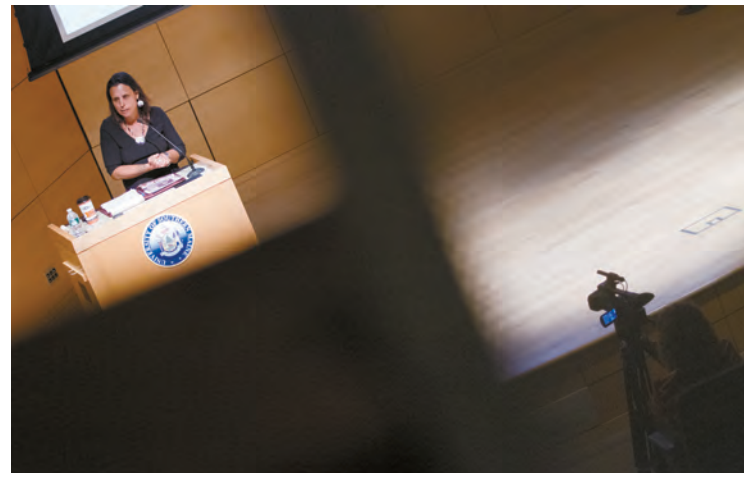
The traditional student base has been decreasing over the last few years at a system-wide level. Because of this, the system is placing a greater focus on the growing population of non-traditional students. Hess hopes to make it easier for students re-entering school to transfer previous job or training experience into credits that count toward a degree. These prior learning assessments will allow the System to assess individual academic credibility. The Credit Transfer Steering

Committee plans on revealing their four-part design for the initiative at the next board meeting. The plan initiative's goals were to make it easier for adult students with some college credit to complete their degrees and to make transferring credits easier among the system's universities. The plan also allowed the Board to conduct routine system-wide administrative reviews so that the committee could receive adequate funding. Hess recommends that the system implement the credit transfer and the four initiatives immediately to "create a statewide, more robust credit transfer system across the University of Maine System."

The next trustees meeting will take place in late January at the UMaine headquarters in Orono.

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# Native American activist, LaDuke, speaks at USM



Alex Greenlee / Multimedia Editor

Environmental activist and founder of "Honor the Earth," Winona LaDuke, lectured at USM last week as part of Native American Awareness Month.

Sidney Dritz  
 Staff Writer

Donna M. Loring lecturer Winona LaDuke asked her audience to think outside the box when it comes to environmental justice and solutions to climate change. LaDuke is an environmental activist, enrolled member of the Mississippi Band Anishinaabeg and founding member of Honor The Earth, which describes itself on its website as, "a Native-led organization...to address the two primary needs of the Native environmental movement: the need to break the geographic and political isolation of Native communities and the need to increase financial resources for organizing and change." LaDuke is a former board member of Greenpeace USA, and was Ralph Nader's Vice Presidential running mate in both 1996 and 2000.

She was quick to assure listeners that, "I've been in the box, too—I'm an economist, for crying

out loud." Still, she said, the systems in place in modern American society for food and energy production are unsustainable and are having dire effects on the planet. LaDuke did not simply list the problems she saw, however. Instead, she proceeded to explain the alternative systems that her own community, the White Earth Reservation in northern Minnesota, has been putting in place.

She drew several parallels between Maine and Minnesota's climate and environment, suggesting that since both were remote, largely rural places with cold climates, many of those same strategies her tribe has adopted might be effective here as well. The strategies she mentioned include wind and solar power and a commitment to locally grown food, which, as she mentioned, Maine's many organic farms already have a head start with.

Still, LaDuke said, "It's not

# USM installs new green water heating facilities

Jim Sheldon  
 Staff Writer

The university will replace three 45-year-old boilers and install a permanent standby emergency generator that will maintain hot water distribution on-campus in the event of a prolonged electrical outage. It will also refurbish a 600,000 gallon water tank in Gorham. Buildings on the Gorham campus are connected by a looping hot water distribution system that provides hot water in each building as well as steam for food preparation in the Brooks Dining Hall. The renovations will make Brooks' energy needs independent from the central heating plant. This

will allow the central heating plant to idle until outside temperatures fall enough for the system to engage, providing a cheaper, more efficient way to operate in the summertime.

USM retained an engineering firm to assess the system and make recommendations based on the goals of its Council on Climate Neutrality. The university assessed those recommendations, then elected to enact the one they thought best based on cost.

The renovations mark another increase in the university's overall energy efficiency. Last spring, contractors updated the lighting systems in the Costello Sports Complex's Field House, the Hill Gymnasium and the

Ice Arena. Parking lot and campus roadway light fixtures will also receive retrofits. The university estimates that this will reduce energy expenses by over \$70,000 per year. USM's Department of Facilities and Management also replaced the shower heads in the Gorham dormitories with ones that provide greater pressure while using less than half the water of the old ones.

USM has been a pioneer in implementing sustainable and renewable systems in new buildings. In 2004 the Gorham campus added the first state-owned building certified by the U.S. Green Counsel Leader-

See GREEN on page 4

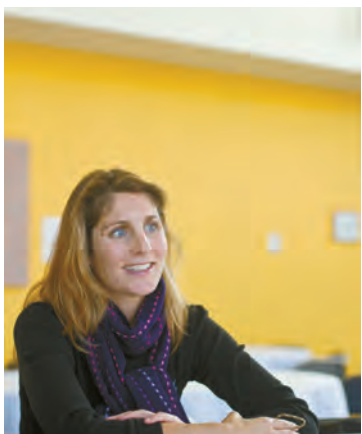
See LADUKE on page 4



From CIVIC on page 1

municipalities. Gattis said he liked the opportunity because it gave them the chance to study actual economic impacts in the industry, and the two have already managed to update some information in it as well. They will present their findings during the Civic Matters poster session on Friday.

Diana McDermott is working on her master's degree in counseling and will present Friday regarding her work with the America Reads program, which currently focuses on two Portland elementary schools. The federally funded work-study program puts undergraduate students into kindergarten, first and second grade classrooms to read aloud to children. East End Community School and the Ocean Avenue School in Portland are this year's schools, though it changes annually. A mother and a former teacher, McDermott says she really believes in the program and that it makes a difference for a lot of youth that might



Alex Greenlee / Multimedia Editor  
Graduate student Diana McDermott will present on her leadership of the program "America Reads" and its partnership with local school departments.

not have many books at home. She also likes working with undergrads, though she is a little light on help this year – her count of "readers" has gone from twelve last year to only four so far this fall. Interested stu-

dents can contact her for available work-study through the CSL office.

Alicia Ethridge, Coordinator for the Office of Community Service Learning at USM, has organized Civic Matters for the past four years. She says this year is particularly exciting because USM faculty are featured exclusively in an upcoming publication of the magazine *Groupwork*. The British magazine focuses on the social applications of working in groups across professions. Several USM faculty members authored articles for the next issue on the ways that group work can aid the community and will present their work at the Civic Matters panel discussion. The special all-USM issue was partly facilitated by USM Associate Professor of Social Work Paul Johnson, who sits on the publication's editorial board.

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## Students work to can hunger with food drive

Kit Kelchner  
Staff Writer

USM's student group Enactus, formerly known as Students in Free Enterprise, hosted its first food drive of the season at Sam's Club in Scarborough on Friday, Nov. 9. The group accepted both monetary and non-perishable food donations to benefit the Good Shepherd Food Bank, which has helped Maine residents for over 30 years.

The Enactus team is helping the Good Shepherd Food Bank achieve its goal to raise at least \$200,000 to provide some 500,000 meals through the winter to Mainers.

Nearly 15 percent of Maine households are considered food insecure by the U.S. Department of Agriculture that includes 1 in 4 children. The food bank currently assists over 35,000 people per week in need

of food assistance.

The Enactus team will hold three drives this season, providing valuable experience working with local corporate partners and aiding the community. As Enactus team President Matthew Dechaine explained, donations go a long way, "each dol-

**"[Student involvement] is especially important to bring awareness to our communities."**

**-Sarah Dubois**  
organizer of "Let's Can Hunger"

lar represents one pound of food for Maine families." Last year, the organization contributed 2,200 lbs. to the

cause, but is setting a higher goal of 5,000 lbs. this season.

In order to meet their goal, the more expansive three-tiered campaign is being organized by Sarah Dubois, an Enactus member and senior Business major. Commenting on the need for student awareness and involvement, she said, "It's a big problem that we often don't see, but is especially important to bring awareness to our communities because this support system is really strained."

The next drive will be on Nov. 18 at Walmart in Scarborough. Students wishing to assist or join the group can meet the Enactus team at their weekly meeting in Luther Bonney 502.

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## Delta Chi hosts its annual bone marrow drive



Alex Greenlee / Multimedia Editor

Left: Cody Berkowitz, senior marketing major. Middle: Casey Mountain, Communication major and USM alumnus. Right: Kyle Foyt-Bridges, sophomore Biology major.

Sam Haiden  
Staff Writer

The Delta Chi fraternity USM chapter organized a bone marrow registry drive to honor the family of a USM alumnus after the tragic death of his son this year.

Giovanni Guglielmo was born with a rare immune deficiency known as NEMO syndrome. His life was saved in 2007 with a marrow donation, but he died five years later in April 2012. His father, Michael is a former brother at Delta Chi.

The goal of the event is to provide the German Bone Marrow Donor Center (DKMS) – the world's largest registry of DNA data for bone marrow transplants – with potential donors. The registry identifies blood matches that could save lives of those diagnosed with bone marrow cancer and leukemia.

Since that recent tragedy, the fraternity has been heavily involved in the cause, and they have been turning out very significant results. Cody Berkowitz, senior marketing major and Delta Chi brother, told The Free Press that the fraternity regularly holds philanthropic events, but this one is particularly important for the members of the fraternity.

"We had 200-300 people come two years ago but this year the sky's the limit," said Berkowitz. "We would like to see 500 this year." Berkowitz added that the drive is being held in coordination with the Alpha Xi Delta women's fraternity – "It's a joint effort of philanthropy for both chapters."

No transplants will actually occur at the drive. The effort is only to add potential donors to a registry for future donations. "It's easier than donating blood," said Berkowitz. "It takes about two minutes." A cheek swab and a list of health questions is all that will be taken from donors. The DNA harvested from donors will be tested by DKMS and included in their database before officially being used by hospitals to match patients with donors. When very serious cancers, like blood cancers, are diagnosed, treatment can

require stem cells of a matching DNA type. Those stem cells are very unique in their DNA identity, which is representative of a person's ethnic background, according to Guglielmo. They are harvested from bone marrow and blood and, if found as a match for a patient who requires stem cells, could be that person's very life-line.

Guglielmo estimates that he and his wife, through networking with the Delta Chi fraternity's drives as well as from their own efforts, have added over 55,000 people to the DKMS registry, producing 166 life-saving matches for victims of blood cancer.

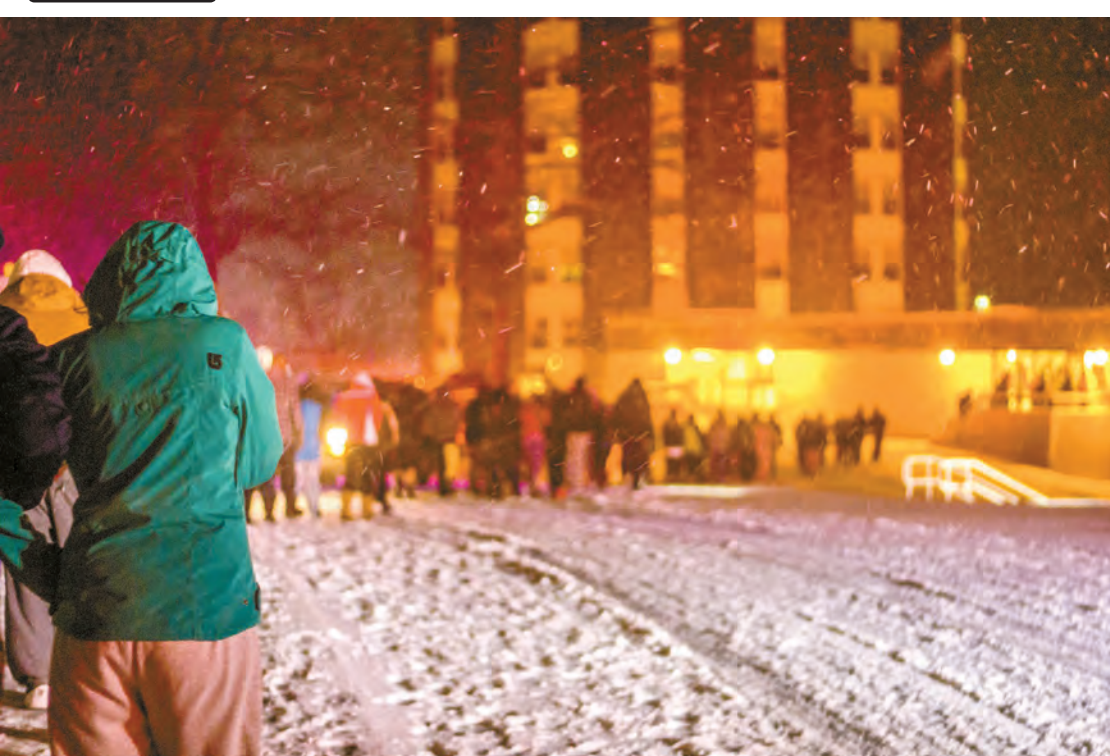
Some myths about the donation process are debunked on the DKMS website. There are two ways to donate stem cells – either through the blood or through the bone marrow. The bone marrow extraction process is a relatively simple procedure. After a general anaesthetic, a special syringe is used to remove bone marrow from the lower back or the pelvis – not out of the spine. There is some risk of bruising or minor pain for a week or two after the procedure, but it is not debilitating.

The more commonly used method of stem cell collection is through blood, a much more involved process than the other method. The donor takes what is known as filgrastim, a synthetic protein that stimulates blood production, during the four day period before the procedure takes place. A blood sample is then run through a machine that separates the blood from the stem cells. This process is accomplished in two consecutive 4-6 hour procedures.

As any member of Delta Chi who know the Guglielmo's would tell you, stem cell donations save lives. If you wish to participate, register or donate, please visit [getswabbed.org](http://getswabbed.org), or either of the Bone Marrow Drives being held at the Woodbury and Brooks campus centers on Nov. 15 from 10 a.m. to 5 p.m.

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## Featured Photo:



Patrick Higgins / Free Press Staff

Students were evacuated from Dickey Wood Hall around 3:30 a.m. on Thursday and led through the snow to wait for the ok to return. Students shivered as they waited. The temperature was 34 degrees Fahrenheit.



From GREEN on page 2

ship in Energy and Environmental Design (LEED). In 2005 it added the Abromson Community Education Center, and in 2008, it added the Muskie School of Public Service, both LEED certified. This certification demonstrates, according to the US Green Building Council, that a building is designed to lower operating costs, increase asset value, reduce waste and greenhouse gas emissions, conserve resources and be healthier for users.

In 2004 Governor John Baldacci issued an executive order mandating that the design, construction, operation and maintenance of new or expanded state buildings meet LEED certification. In 2008 Governor Paul LePage repealed that order with his own, which permits the use of "unsustainably-harvested wood" in construction.

Regardless, both Abromson and Muskie remain examples of conscientious, cost-saving design. Each is equipped with geothermal heating and cooling, photovoltaic, rain water re-capture and sequestration, daylight harvesting and demand-controlled ventilation systems.

USM has been losing money lately due to declining enrollment, and as such has been actively seeking ways to save money, such as consolidating academic departments. USM does not intend to add any new buildings to its campuses in the foreseeable future, but it remains dedicated to renewable and sustainable system development because of the cost-savings and value-added for the university, its students and the world in which we live.

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From LADUKE on page 2

just growing local, it's also what you grow." She was referring to her own crops. All of the different types of corn and squash she grows, she said, are hardy and nutrient rich, organic and produced quite differently from current, conventional growing practices. In response to a question at the end of the lecture about how to fight genetic engineering of crops, she described her tribe's seven-year fight to keep the University of Minnesota from trying to genetically engineer wild rice, a very important crop to their tribal tradition. "We have had good success with our corn. I'm not going to get it tested, I'm just going to keep growing it." LaDuke said.

That attitude is at the heart of LaDuke's lecture: she feels that most of the problems she is work-

ing to fight can only truly be overcome by a closer relationship with the earth, and she uses her knowledge as an economist to back it up, describing her philosophy as one of "Inter-generational economic justice."

This is the fourth annual Donna M. Loring lecture, named for Donna Loring, an author and legislator for Native American rights and visibility. The lecture is generally held by and at the University of New England, since it is her donation of a collection of her personal and literary papers to UNE's Maine Women Writers Collection that makes the event possible. However, according to USM's Coordinator of Multicultural Student Affairs Susan Lewey Hamilton, the Maine Women Writers Collection was concerned that LaDuke would draw such a crowd that UNE's Biddeford cam-

pus would be unable to accommodate the lecture. "We were very fortunate," Hamilton added.

The office of Multicultural Student Affairs is holding a series of events to celebrate Native American Awareness Month, a project that Hamilton said she had done in the past, but had been unable to find room for in the budget last year. This November, there are three events in Hamilton's program, two of which have passed. The first was a social and basket-making workshop run by Pam Cunningham, of the Penobscot Indian Nation of Maine. "It's a lost art that really needs to come back. It's lost through assimilation—these are some of the things that are lost," said Hamilton talking about basket-making. She added that she intends to write a grant for next year, hoping to extend the basket-making workshop into a program with an event every month, to spread knowledge of the craft.


The third and final event of the series will be a panel, held by the Maine Wabanaki State Child Welfare Truth and Reconciliation Commission on Nov. 15, discussing the practice of forced assimilation of Native American children. The practice of forcibly taking Native American children from their homes and sending them away to the Carlisle Industrial School and places like it began in the late 1800's and is continued in the foster system to this day. Hamilton says the commission is two and a half years into a five year process to address this issue.

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 **BAND OF HORSES**  
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## In Brief...



for more information at [anna.ivanov@maine.edu](mailto:anna.ivanov@maine.edu).

### IT job fair at Abromson

The USM College of Science, Technology and Health will be hosting a job fair in the Abromson Community Center on Wednesday, Nov. 28 from 1 p.m. to 5 p.m. Top companies in Maine information technology in attendance include Fairchild Semiconductor, L.L.Bean, General Dynamics, Idexx and Enercon Technologies. Businesses are seeking applicants for full-time and summer internship openings. Any student with an interest in a technology related career is encouraged to attend. If your resume and interview skills need some polishing up, the CSTH has you covered there, with a resume and interview skills workshop the night before. Head to Wishcamper 203 on Tuesday, Nov. 27 from 5 p.m. to 6:30 p.m. for a chance to meet corporate human resources employees and USM staff with tips on job searching, crafting a resume and interview techniques.

### Ukrainian tea party

The multicultural center will host a tea party featuring Russian teas on Tuesday, Nov. 13 from 6 p.m. to 7:30 p.m. in their office at the Woodbury Campus Center. All are welcome to attend this chance to converse over some exotic hot beverages. Contact Anna Ivanova

### DHHS commissioner speaks

Mary Mayhew, commissioner for Maine Department of Health and Human Services, will speak on Tuesday, Nov. 13 at 6:45 p.m. in Portland's Wishcamper Center. Her speech, entitled "Maine DHHS: Challenges and Opportunities," will focus on the problems facing Maine's medicare system today and her hopes for the future of the department. Before moving to the MDHHS, Mayhew served as vice president for the Maine Hospital Association, partnered in a public affairs firm and, most recently, as a senior health policy advisor for Governor Paul LePage. The event is free and open to the public.

### Stonecoast MFA writer book signing

A graduate of USM's Stonecoast MFA in creative writing program, Jeff Foltz, will speak about his newest book at the Portland campus bookstore from 7 p.m. to 8:30 p.m. *Two Mens Ten Suns* is a fictional account of men on either side of Japan and America's efforts to build an atomic bomb at the end of World War 2. His first novel received an honorable mention at the 2011 New England Book Festival. Contact Kelly at USM bookstores for more information (207) 780-4071.

### Well-known Baha'i documentary screening

A documentary entitled Education Under Fire will screen in Luther Bonney's Talbot Auditorium on Tuesday, Nov. 13 at 7 p.m. The documentary shows the oppression of members of the Baha'i faith in Iran, where its adherents are prevented from obtaining higher education, and can be put in prison for not renouncing their belief in the Baha'i faith. The documentary is co-sponsored by Amnesty international. The USM screening is part of a larger effort to raise awareness about the struggle of Baha'i. For more information contact Dr. Robert Atkinson, USM Baha'i Advisor, at (207) 780-4537.

### Wabanaki reconciliation talk

Two Maine Native American activists, Denise Yarmal Altvater and Esther Anne Alvateras, will lead a panel discussion on the ongoing work of the Truth and Reconciliation Commission for State Child Welfare on Thursday, Nov. 15 at 6:30 p.m. in Talbot Hall. Many Wabanaki children were taken from their homes around the turn of the 20th century and re-located to foster homes or boarding schools designed to subvert their heritage. The commission seeks to report on recommendations for child welfare practices for Wabanaki children and their families.



## Police Beat

*Selections from the USM Department of Public Safety police log Oct. 30 to Nov. 5*

#### Tuesday, October 30

##### Manic Mondays?

12:26 a.m.- Report of a disturbance in a room. Kevin J. Lambert, 19, of Gorham, arrested for disorderly conduct, and charged with alcohol consumption by a minor and criminal mischief. - Upton Hastings Hall

##### Turn 'em on

10:15 a.m.- Warning for failure to use headlights and wipers as conditions warrant. - Portland Parking Lot 4

#### Wednesday, October 31

##### Must've been urgent

9:11 p.m.- Report of a missing fire extinguisher. - Dickey Wood Hall

##### It's either that or the tomato sauce

10:06 p.m.- Odor of marijuana. Unconfirmed. - Dickey Wood Hall

##### Sounds like they handled it first.

10:34 p.m.- Report of a fight. Handled by officer. One transported to hospital. - Phillippi Hall

#### Thursday, November 1

##### Amateur hour at GPD

6:35 p.m.- Gorham Police requested USM officer to assist on a call. - Off-campus Gorham

##### I lost my ball!

10:19 p.m.- Caller reports damage to a window. Report taken. - Upton Hastings Hall

##### Found it

10:27 p.m.- Hole found in the wall by officer. Report taken. - Robie Andrews Hall

#### Friday, November 2

##### It's too late to ask how I'm voting

12:02 a.m.- Report of harassment. Report taken. - Robie Andrews Hall

##### Not now dude, I'm in the zone

7:11 a.m.- Subject transported to hospital following medical emergency. - Sullivan Gym

##### At it again

11:07 p.m.- Report of odor of marijuana. Could not locate source. - Upton Hastings Hall

#### Saturday, November 3

##### Not a Bullets-in-board!

8:43 a.m.- Report of damage to a bulletin board. Report taken. - Upton Hastings Hall

##### In the name of love...

1:00 p.m.- Warning to operator for stop sign violation. - Costello Complex

#### Sunday, November 4

##### Smart move

1:25 a.m.- Officer checking on group being loud. Gone on arrival. - Gorham Parking Lot 13A

##### Sounded suspicious

3:12 p.m. Report of a suspicious phone call. Information gathered. - Bedford St.

##### Loud group continues all day noisefest

5:35 p.m.- Report of a group in the woods. Unable to locate. - Mechanical Trades Building Complex

#### Monday, November 5

##### Sounds like somebody's got a case of the Mondays.

9:09 a.m.- Report of an assault. Report taken. - Luther Bonney

*Police logs are edited for grammar and style. They can be found at [usm.maine.edu/police/campus-crime-log](http://usm.maine.edu/police/campus-crime-log).*

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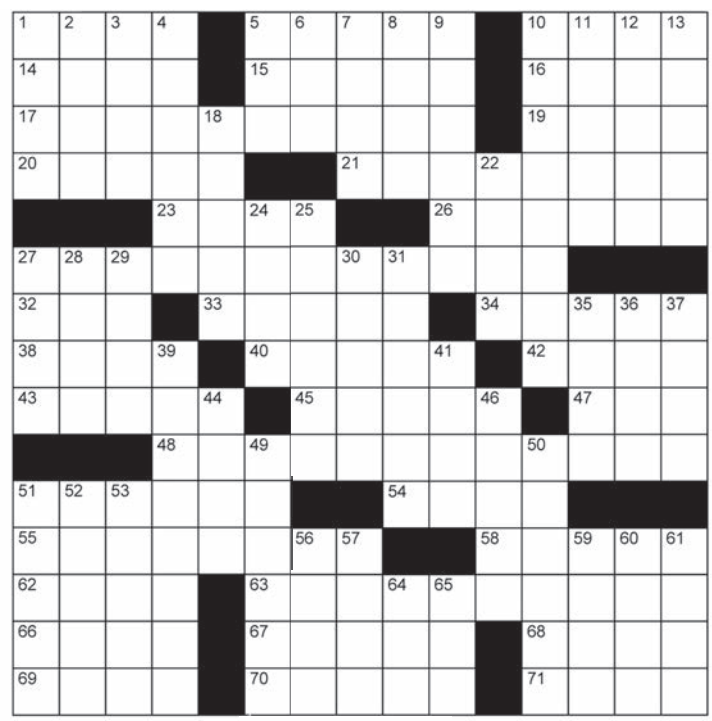
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**Crossword**

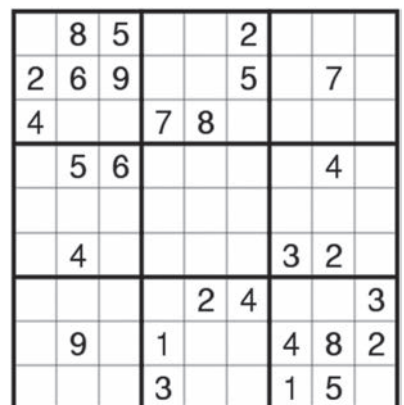
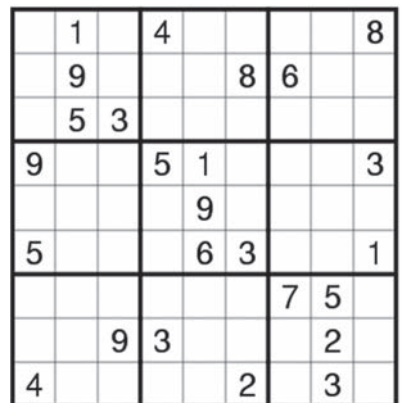
- Across**
- Pound lightly.
  - Metal to be reprocessed
  - Corner-to-corner: Abbr.
  - West Samoan capital
  - Road monument
  - \_\_\_-Chinese
  - Gallantry award
  - Quebec evening
  - Mournful sound
  - Soprano harmonies
  - Cheers for the torero
  - Be cruel to
  - 1998 romantic comedy
  - Suffix with differ and correspond
  - Marsh of mystery
  - Round-necked shirts
  - Chinese nanny
  - Wheat type
  - Marry a woman
  - Addict's program, in short
  - Cyber-trade
  - Atlantique, e.g.
  - Jaguar on a Jaguar, e.g.
  - Hang on to
  - Pop music's 'N \_\_\_
  - Thatcher sobriquet
  - Writer Pierce and actor Richard
  - 2003 and 2005 A.L. MVP
  - Siphoning of skilled professionals
  - Cleft
  - Get on the list
  - City southeast of Turin
  - Oingo Boingo's "Only \_\_\_"
  - Metric weight
  - Pacific states, with "the"
- Down**
- Challenging chore
  - "... hear \_\_\_ drop"
  - Race that once had a four-minute barrier
  - "Conditioned Reflexes" author
  - Lithuania or Estonia, once: Abbr.
  - Coins: Abbr.
  - Emeritus: Abbr.
  - Insects' wings
  - Xerxes ruled it
  - Rule out
  - Turkish statesman
  - Mine openings
  - Furze or whin
  - Actress DeGeneres
  - Hair holder
  - Omelet requirements
  - Lathered up
  - \_\_\_round
  - "This one is \_\_\_"
  - 2002 Winter Olympics locale
  - Associate with
  - Adults have 12
  - Citrus fruit
  - Convection \_\_\_
  - Spanish muralist Jose Maria \_\_\_
  - HOW SWEETHEARTS STROLL
  - Itty-bitty
  - Prepare, as tea water
  - Like a highway
  - In order to win money
  - Country singer Tim
  - Gaucho gear
  - Lord Fauntleroy
  - Lullaby syllables
  - First Bond movie
  - Folksy tale
  - Peer Gynt's mother
  - Picking \_\_\_ with
  - Tiff
  - Ca++ or Cl-, e.g.
  - Atlanta Braves' div.



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  - Tiff
  - Ca++ or Cl-, e.g.
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**Sudoku**

A sudoku puzzle consists of a 9 x 9-square grid subdivided into nine 3 x 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 exactly once.



**Cryptogram**

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

**YFEUUQAJ YFNX UMLU  
L JGLBB JEGOBQ  
OLUUQAF EJ FN JX-  
QLUQA.**

And here is your hint:

**B = L**

**EH JHIKY TS TMH  
CKTSHNNUTMIX NJTH  
NJUMHK EJTKHSHKN  
QT PH AIXHY I "PT-  
TQUAUM."**

And here is your hint:

**U = I**

**Word Search**

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.

**Theme:  
Roller Coasters**



**The solution to last issue's crossword**



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**Weekly Horoscope**



**Aries** ★★★★★

**March 21-April 19**  
You feel torn between a career and a partnership. Dividing your time and energy isn't easy, but you can manage.

**Taurus** ★★★★★

**April 20-May 20**  
Far horizons beckon; you can plan or start a trip today. Go in spirit if you can't go in body.

**Gemini** ★★★★★

**May 21-June 20**  
Talk about how you structure your lovemaking and who seems to take control. You may wish to share the responsibility more.

**Cancer** ★★★★★

**June 21-July 22**  
Hypersensitivity is emphasized today, so tread gently and kindly with yourself and those around you.

**Leo** ★★★★★

**July 23-August 22**  
Your thinking may seem very scattered, as you try to absorb too much information. Clear priorities prevent overload and confusion.

**Virgo** ★★★★★

**August 23-September 22**  
Power plays or manipulations by loved ones are likely, so be extra empathic and cooperative tonight. Look for chances to be a team.

**Libra** ★★★★★

**September 23-October 22**  
Your mind (and tongue) never stop today, with an urge to think, communicate, teach, learn, question and explore almost anything.

**Scorpio** ★★★★★

**October 23-November 21**  
Slow and easy is the tone for today. Don't push yourself. Take a nap if you feel like it. Dreaming the day away is OK.

**Sagittarius** ★★★★★

**November 22-December 21**  
Time to be with people. Sharing ideas and feeling understood by others is emphasized. Seek out friends and social activities.

**Capricorn** ★★★★★

**December 22-January 19**  
You flit from one thing to another today. Many options for leisure tug at you. You can't do everything; choose your favorites.

**Aquarius** ★★★★★

**January 20-February 18**  
Tread gently with loved ones today. Criticism may be a problem--from you or from them. Channel nit-picking energy into work.

**Pisces** ★★★★★

**February 19-March 20**  
You can be very cool, rational and objective about your relationship today. Focus on facts, but keep your sense of humor.



# Arts & Culture

Album Reviews / 10  
Local Top 5 / 11  
A&C Listings / 13

## Get your drag on USM's Royal Majesty Drag Show on its thirteenth year

Sam Hill  
Arts & Culture Editor

It's that time of year again and Portland is gearing up to get its "drag on."

The largest campus and community drag show in Northern New England, the annual Royal Majesty Drag Show will return for its 13th year on Nov. 16 in the ballroom at Holiday Inn By The Bay. This year's show will be hosted by USM alumni and reality TV show RuPaul's Drag Race veteran, Mimi Imfurst.

The show consists of performances from the host, community member performers from Portland and competitors from local colleges, including USM, Maine College of Art, Southern Maine Community College and St. Joseph's College. The competitors, both drag queens and kings, will rock the runway and earn scores given to them by a panel of judges consisting of USM staff, students and community members.

"Drag has been so underground, but in recent years it's become a legitimate, gay mainstream performance art," said Sarah Holmes, the director of USM's Center for Sexualities and Gender Diversity.

The show serves as a fundraiser for CSGD

and a platform for the LGBT community to be in the spotlight.

The first show was performed in the Woodbury Campus Center dining hall for a crowd of an estimated 150 people in 2000 and has grown larger every year since. Holmes estimates that two-thirds of attendees are directly connected to USM, while the rest are most likely LGBT community members in the area.

"The first year when it was in the dining hall was just something else. We had music playing on this little boombox with a mic plugged in, a few balloons stapled here and there and a runway that was like 6-inches off the ground, if that," said Imfurst.

Imfurst first got involved with the show as a contestant while attending Deering High School and has since played the role of judge, producer and host. When she's not involved in the Royal Majesty Drag Show, she's performing across the country. She has also been involved in drag on a national level as a competitor on RuPaul's Drag Race, a reality television show that searches to find "America's next drag superstar." Imfurst participated in the third season of the show and came back this fall for RuPaul's All



Alex Greenlee / Multimedia Editor

Top: Justin Gifford, senior linguistics major, applies makeup to Joshua Witham, senior musical theater major. Bottom: Michael DesRoches, graduate student creates a beard for Dri Huber, junior social work and psychology double-major.

Stars Drag Race.

"It's just crazy that I started out doing all these little shows in Maine and as it blew up, so did I and then I was asked to be a part of one of the biggest shows in the country. I feel so lucky and blessed," said Imfurst.

Throughout the years, more and more organizations at USM have become involved in sponsoring the show. The event is sponsored in part by the the Student Senate, Portland and Gorham Events Board, the Queer Straight Alliance and the Women's Center.

"It's great to see so many student organizations and university departments supporting it," said Holmes.

"Student involvement is key," said Christopher Dalpe, Program Coordinator for Proud Rainbow Youth of Southern Maine. "The fact that this is run by students for students is amazing. It's really empowering to be able to say this is ours."

PRYSM is a program that provides a safe and positive space for lesbian, gay, bisexual, transgender, questioning, intersex and allied (LGBTQIA) youth, offering social support and information about common problems facing youth and community education. Dalpe will be at the show distributing information on PRYSM services and supporting the contestants.

Drag, while it may seem strange to outsiders, is viewed as an art form of sorts to those involved.

"I originally got into drag as a theatrical medium, and then it just became something I could get paid for," said Imfurst. "It's like playing dress-up. We all get to that age when we aren't supposed to play pretend anymore,

but I get to continue doing that through drag."

**"Drag has been so underground, but in recent years, it's become a legitimate, gay mainstream performance art."**

**-Sarah Holmes**  
Director of USM's Center for Sexualities and Gender Diversity

USM students have gotten a little extra help in preparing for the show this past weekend. A workshop was held in the Brooks Student Center for students who wanted to give drag a try, providing make-up and clothing to experiment with.

The state of Maine made history on election day this year by being the first state in the country to approve same-sex marriage by popular vote, and the show, those involved say, might become a bit of a celebration in the community for their national victory. Holmes mentioned that the 2009 show had a stressful and generally down attitude due to the repeal of same-sex marriage legalization. She is excited to see the turnout and upbeat attitude this year.

"This year we've had a huge victory and we're definitely going to find a way to celebrate that," said Holmes.

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@SamAHill

Friday  
Nov. 16<sup>th</sup> 2012

Portland  
Holiday Inn by the Bay  
Spring Street

7:30  
Doors open at 7:00

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\$10 all others  
(tickets available at the door only)

13<sup>th</sup> Annual  
**USM  
Royal  
Majesty**  
Drag Competition  
& Show

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from RuPaul's Drag Race All Stars

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## Local Review

## Sean Morin is the ultimate multi-instrumentalist



Self-released

Sam Haiden  
Free Press Staff

Mai, Mai is a musical project fronted by composer and multi-instrumentalist Sean Morin, dedicated to marrying chamber and popular based music.

Sean Morin appears to be an eccentric genius. This is the impression one gets when listening to the cerebral, heady compositions that have clearly flowed like the waters of consciousness from Morin's cortex. They do not represent catchy pop beats. They harness them and then supercede them with the added sonic context of well-layered harmonies.

Morin has composed several live recordings of a plethora of symphonic instruments. We hear the pluck and song of a variety of string instruments; violins, upright basses, and the cello. They have been recorded over one another for harmonic power, and lay upon your eardrums like the honey of melody. "One Less," uses not only live recorded instruments, but a bass synth and recorded drum machine implements. A harp introduces the song, paired with what appears to be a string synth. We hear a melody of flutes, and it carries us into the heavy bass line, as we are ushered forward by the sultry voice of one of Morin's contributors, of which there are many. The varied concert of instruments lay down the path for a slow, evocative, ambient walk down a path of curiosity.

The beauty of this album is the composition of each song. Every movement in the piece represents a different emotion, but every emotion is cohesive in the natural progression of the song. Multiple harmonic and melodic changes are made, and every movement is introduced with a climactic rush, in both rhythm and volume. "One Less" will speak volumes of expression into whichever moment you enjoy it in.

The next song in the album, although thoroughly enjoyable, uses a somewhat cheesy vocoder to deploy lyrics, which is at times an awkward silhouette of Chromeo's vocals. Enjoy it for its playful rhythm, and move on to the final song on the album,

"Goodbye Song." The particularly raspy, personal, kind, and yet jazzy tone of the female vocalist is nostalgic and warm. The nostalgia is appropriate as the song moves a person to the feeling of a tough goodbye. This seems to be Morin's goal in combining chamber and popular music. The keyboard, and slow jazz introduction, breaks into a heavy live drum kit recording, adding a backbone to the song, enabling its transition into harmonic breaks and is accompanied by a muted trumpet and xylophone.

The lyrics are so potent, they ought to be read as poetry as well as heard in music: "You knew you were leaving / Before you knew why / So we both said Goodbye / We both said goodbye / We blamed it on wasting the time we'd been given / We waited, we wanted, we could but we didn't / It wasn't the truth and it wasn't a lie / When we both said goodbye / We both said goodbye."

Morin masterfully blends together these two genres, creating a brand new sound that you won't hear anywhere else. Listening to the two sounds come together is almost an out-of-body experience. We can only hope that he continues his craft and continues to polish his sound and deliver it to the masses. The majority of his music is available for streaming and purchase on Bandcamp.

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@SavorSolidSound

## In Heavy Rotation

What caught the eyes and ears of our staff this week.



G.O.O.D. Music, Def Jam

## Big Sean / Finally Famous

Sean runs circles around beats by No I.D. on his major-label debut, living up to the hype and proving Kanye West was right to sign him to G.O.O.D. Music. Drake-style lyrics with a heavier delivery and subtle pop influences make for a classic party anthem album with a twist from real, relatable lyrics.

-Sam Hill  
Arts & Culture Editor

## National Review

## Meek Mill debut too similar to previous mixtape



ANTI-

Sam Hill  
Arts & Culture Editor

Rapper Meek Mill's major-debut, *Dreams and Nightmares*, has its high spots but often feels more like a hip-hop head's nightmare than it does an album to put on repeat.

Rappers who come up through the mixtape circuit have two options on how to handle their debut in the major leagues. One option is to stick with the same production, flow and tactics that got them to where they are, essentially reproducing the content of their mixtapes with a twist, while keeping true to the core group of fans who

helped propel them to the top. Basically they choose to release a well-mastered mixtape rather than the quality and depth that's expected of an album (See J. Cole's *Cole World: The Sideline Story*). Or they can embrace a bigger budget and use their new access to professional collaborators to mainstream their sound and increase their outreach, gathering more fans and giving up creative license in exchange for a more pop sound. This path can trap good MCs like Lupe Fiasco, leaving their unbelievable lyricism covered up by pop production, and cause a loss of credibility for "selling out" like B.o.B. Meek Mill chose to go the first route, releasing an unpolished work and calling it complete because there's a label backing him

*Dreams and Nightmares* is a typical debut album that focuses on the struggle of growing up in "the hood" and finally "making it." The topic has been beaten to death and Mill doesn't do anything different that would separate it from the work of any other rapper. Obviously it's a personal subject, but it still needs to be accessible and fresh.

It's no secret that Mill can flow. He's one of the smoothest rappers on the scene right now. But he only has one speed, one mode. His vocals could literally be cut and pasted onto any track on the album and you wouldn't know. The topics of each verse are the same, and they sound the same. There's

zero diversity on the album, minus the first minute of "Dreams and Nightmares," which slows down and can actually be appreciated. The beginning of the track is half-speed for Mill, and it's essentially a cappella. There's a light piano melody in the background. Here, you can appreciate the alliteration and wordplay in his verses, but as soon as you get comfortable, it switches styles and busts into just another hype track.

The only track on the album that is a standout is "Maybach Curtains," because John Legend delivers such a strong, emotional hook and Nas and Rick Ross jump on for verses, forcing Mill to slow down for a second. Legend sings, "Feels like yesterday when all this was a dream / Through these Maybach curtains I see how life has changed."

*Dreams and Nightmares* is proof that Mill needs to ease into the majors instead of trying to take them by storm. The kid is excited, so there's reason for him to get hype, but he delivers so much more when he steps back and takes his time. That being said, he did earn himself a number two spot on the album sales chart, moving 167,000 copies of the album in its first week. Meek Mill deserves a spot in the industry, he just needs to settle down and focus.

sam@usmfreepress.org  
@SamAHill



Bridge Nine

## Crime In Stereo / Is Dead

This album captivates the beauty of 'screamo' punk. They have a similar feel to bands like Moving Mountains and Four Year Strong so you won't be disappointed. The lyrics are raw and humanizing, creating an emotional trap for listeners. Just listen to the track Small Skeletal and you will understand.

-Anna Chiu  
Sports Editor



Sub Pop, Bella Union

## Fleet Foxes / Helplessness Blues

Fleet Foxes have brought folk music into the twenty-first century and given it a modern feel. Tracks such as "Montezuma" and "Grown Ocean" will leave you feeling empowered and energized, while others will relax you. This album is a funfirst taste of modern folk for anyone new to the genre.

-Mindy Allen  
Free Press Staff

# See a typo anywhere?

Lend us a hand and **come copy-edit for us.**

E-mail us for more info: [editor@usmfreepress.org](mailto:editor@usmfreepress.org)



# Arts & Culture Recommends: Eli Young Band at State Theatre



Photo courtesy of the band

**Mallory Pelton**  
Contributor

Portland's State Theatre will be hosting a band that is creating quite a buzz in the country music industry, with a booming year of tours and unstoppable accomplishments. The newly loved Eli Young Band will take over the stage on Thursday, Nov. 15, with an exciting show.

Starting off as students at North Texas State University, these four enthusiastic, passionate musicians shared the same respect for music and instantly became friends. After starting up their band, they performed at small local bars and restaurants. Not knowing this would turn into their music career, Eli Young Band began to move on from local gigs to larger stages that overflowed with fans, and the band began its eventful musical journey.

Eli Young Band has been performing together for 11 years. The band has had their most successful year yet, hitting number one ranks on iTunes charts. The band continued to get a larger fan base, as well as increased airtime.

Chris Thompson, who plays the drums for the band, explains how this year set them apart from other years, saying, "we never really had one specific genre of music, but the record companies kept asking for a specific one; our singer had more of a country voice, so we decided on country".

Turning to country and finding a song that spoke to their fan base, created an opening for their biggest song yet, "Crazy Girl,"

that won them the Academy of Country Music award for country song of the year. "Crazy Girl" began to escalate to double platinum status, getting them to number one song of the year. And it doesn't stop there. The song hit number one on iTunes country albums chart, and number two on iTunes. Their success from "Crazy Girl" opened up immediate response to their entire album *Life at Best*. With country wide attention, Eli Young Band performed on the *Late Show with David Letterman*, *Jimmy Kimmel Live* and *The Tonight Show with Jay Leno*. *Life at Best* soon reached top three on the Billboard country chart.

This newest 14-track album features a unique, fast paced country sound, as well as an unexpected rock feel similar to that of the all-time genre favorite, Tom Petty. Eli Young Band carries on a career as well as an incredible friendship. A deep passion for creating music bonds the group. Putting forth a personal identity, the band gives off a lyrical sound that comes naturally.

"We found the right chemistry from the very start, it was weird we all had different musical backgrounds but somehow it turned out to be the perfect combination," said Thompson.

The show starts at 7:30 p.m., and the box office doors will be open an hour before the show. Tickets are \$25 in advance or \$30 the day of the show. For additional ticket information, visit the State Theatre website.

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## Local Top 5:

Places to share  
your writing

**Mallory Pelton**  
Contributor

### 1) Port Veritas

Bull Feeney's on 375 Fore Street, regularly serves as host to Port Veritas, one of the longest running poetry slams series in Portland. Port Veritas opens up an opportunity for writers and poets in the community to come share their talent in a free, open environment. Occurring every Tuesday of the month, Bull Feeney's welcomes everyone to participate or just sit back and listen to the art. This coming week, on Nov. 13, Port Veritas has a special feature, introducing National individual poetry slam champ, Chris August. Whether you are coming to listen and throw back some insanely fresh food or participate in the actual slam, Port Veritas is a must. Performers must be there at 7 p.m. with three of their own pieces ready, and the slam begins at 8:30 p.m. The winner is determined through a three round audience judged competition. There is a \$2 cover charge and a \$3 charge for slams.

### 2) Rhythmic Cypher

Known as "Poetry with a Beat", Rhythmic Cypher is an open mic poetry slam that features local, regional and national poets, as well as a talented venue of storytellers and musicians. Taking place at Dobra Tea, located at 151 Middle St., Rhythmic Cypher is hosted every Sunday. The slam is a perfect opportunity for passionate poets to come embrace and share their work. With their very own stage, this slam opens up the opportunity for a variety of unique individuals to collaborate and create art. Starting at 5:30 p.m. tea time, anyone can come in and converse as the night gets started. The workshop starts at 6 p.m. and the actual slam takes place from 7 p.m. to 10 p.m.

### 3) Write Around Portland

Taking place now through Dec. 31, Write Around Portland, a collaborative writing organization, is setting up writing workshops to help writers share their work with all kinds of places and people around Portland. Write Around Portland gives an opportunity for writers to share their work in hospitals, schools, homeless youth shelters, senior centers etc. With holidays around the corner this is a perfect opportunity to keep a smile on everybody's face. Write Around Portland sets up writing workshops for anyone and everyone, with a free ten week creative writing workshop, you are guaranteed to come out as a stronger writer. To set up workshops you can visit [www.writearound.org](http://www.writearound.org).

### 4) Lifewriting

Maine Writers and Publishers Alliance is hosting a special kind of writing workshop with Denis Ledoux, who won the Maine Writing Fellowship Award as well as The Maine Fiction Award for many of his stories. This writing workshop kicks off the November Lifewriting month in a way that helps writers gain knowledge and inspiration when writing memoirs. Denis Ledoux will share his successful memoir writing as a way to provide helpful insights. He will break down the basic elements in memoir writing and eventually get all writers to flow memory off their tongues in a detailed, accurate way. This workshop is known to inspire writers and help writers learn the nuts and bolts of memoir writing. Taking place on Saturday, Nov. 17 in the Glickman Family Library, USM Portland, the workshop starts at 1 p.m. and goes until 5 p.m.

### 5) MWPA Short Story Competition

MWPA is also hosting a short story competition for the summer. With school, jobs and other obligations, writers are encouraged to get an early start on their short stories in order to polish them for competition. MWPA and Shanti Arts Publishing encourages writers to write their stories based off of inspiration from one of Maine's very own artists, Leslie Anderson. Stories should show a noticeable connection between visual and literary art. Serving as the competition's judge will be Award-Winning Maine author, Ron Currie, Jr. This competition is a one-time opportunity for writers to get a feel for the world of publishing with a different level of competition. Writers, get your inspiration now and get a head start in the competition. Submissions of the short stories will be published in a printed collection alongside Anderson's Paintings. Winners will receive a \$50 honorarium and three of their very own copies of the published book. For more details on submission go to Maine's Writers and Publishers Alliance website.

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# Arts & Culture Recommends: Portland Youth Symphony



*The Student Philharmonic Orchestra, Portland City Hall Auditorium, 1943*

**Courtney Aldrich**  
Contributor

To celebrate seventy years of practice, performance and pizzicato, the Portland Youth Symphony Orchestra will not take the stage with a fireworks display. The audience will not be greeted with a saccharine slice of birthday cake and the conclusion of the concert will not evoke a showering of sequin confetti.

Fittingly, this honorable achievement will be commemorated by the performance of Mahler's Symphony No. 3. In collaboration with PYSO, the concert will feature

the Southern Maine Symphony Orchestra, the Women of the USM Chorale, the Southern Maine Children's Choir and a smattering of faculty artists.

Mahler's ambitious work does not take second place to a couple of firecrackers and a decadent dessert. At nearly one hundred minutes long, this musical marathon still holds the world record. How perfect that such a stunning composition would be at the heart of a celebration as grand as this one.

Seventy years ago, the Student Philharmonic Orchestra, now known as the Portland Youth Symphony Orchestra, per-



*Photos courtesy of Portland Youth Symphony*

*(right) Portland Youth Symphony Orchestra's celebrates 60 years in 2002. (Left) The first concert performed by Student Philharmonic Orchestra in 1942.*

formed its initial concert on May 19, 1942. Founder Clinton W. Graffam and his wife, Katherine Graffam assembled the group consisting of talented young musicians in the Portland area. The group's organization was due in large part to the couple's desire to create a music program that challenged aspiring young musicians in the state. Seventy years later, the Portland Youth Symphony Orchestra is known nationally as one of the oldest student orchestras in the country.

Back in 1942, the admission fee for the first annual concert of the Portland Youth Symphony Orchestra was donated sheet music and phonograph records. These donations were not kept for the organization's purposes but were instead given to the members of the Armed Forces residing in Maine. This small musical contribution to the community is just one example of how the Portland Youth Symphony Orchestra has happily spread its passion for music for

the past seventy years.

Although the Student Philharmonic Orchestra's name has changed, viewers can still go to the venue of the first concert, Portland City Hall, to experience a dose of musical history. No need for party balloons and pyrotechnics on this November night as mezzo-soprano Metropolitan Opera singer Teresa Herold, a 2002 graduate of USM, will be the featured soloist.

Concert goers should expect a performance of 150 dedicated musicians ages 14 to 80 to take the stage on Friday, Nov. 16 at 7 p.m. at Merrill Auditorium. The performers will be under the direction of Conductor Robert Lehmann. There will be a \$12 suggested donation at the door with open seating.

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## A&C Listings

### Tuesday, November 13

Citizen / State Champs / Candy Hearts  
Studio 250  
250 Read St.  
Doors: 6:00 p.m. / Show: 7:00 p.m.

Bill McKibben / Melodeego  
State Theatre  
609 Congress St.  
Doors: 6:00 p.m. / Show: 7:00 p.m.

Liz Longley / Barnaby Bright  
One Longfellow Square  
181 State St.  
Doors: 7:30 p.m. / Show: 7:30 p.m.

### Wednesday, November 14

Bassnectar / Gramatik / Gladkill  
State Theatre  
609 Congress St.  
Doors: 7:00 p.m. / Show: 7:30 p.m.

### Thursday, November 15

Eli Young Band / JT Hodges  
State Theatre  
609 Congress St.  
Doors: 6:30 p.m. / Show: 7:30 p.m.

Rubblebucket / Reptar  
Port City Music Hall  
504 Congress St.  
Doors: 7:00 p.m. / Show: 8:00 p.m.

Groove Ruckus  
Blue  
650 Congress St.  
Doors: 10:00 p.m. / Show: 10:00 p.m.

### Friday, November 16

Allen Stone / Tingsek / Haley Reinhart  
Port City Music Hall  
504 Congress St.  
Doors: 7:00 p.m. / Show: 8:00 p.m.

The Potato Pickers  
Blue  
650 Congress St.  
Doors: 8:00 p.m. / Show: 8:00 p.m.

Primo Cubano  
One Longfellow Square  
181 State St.  
Doors: 8:00 p.m. / Show: 8:00 p.m.

Worried Well / Dustin Saucier  
Empire Dine and Dance  
575 Congress St.  
Doors: 9:00 p.m. / Show: 9:15 p.m.

Sidecar Radio / Planeside  
The Big Easy  
55 Market St.  
Doors: 9:00 p.m. / Show: 9:30 p.m.

### Saturday, November 17

Mehuman Jonson  
Blue  
650 Congress St.  
Doors: 6:00 p.m. / Show: 6:00 p.m.

John Hammond  
One Longfellow Square  
181 State St.  
Doors: 8:00 p.m. / Show: 8:00 p.m.

### Sunday, November 18

Taking Back Sunday / Bayside / The Menzingers  
State Theatre  
609 Congress St.  
Doors: 6:30 p.m. / Show: 7:30 p.m.

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## Henry's Head

# So, wait a minute – why did Obama win again?



Andrew Henry  
Perspectives Editor

Many disappointed Republicans are lashing out at the American public for making a mistake by re-electing President Obama, claiming that things are going to get worse, not better. And I can absolutely understand why.

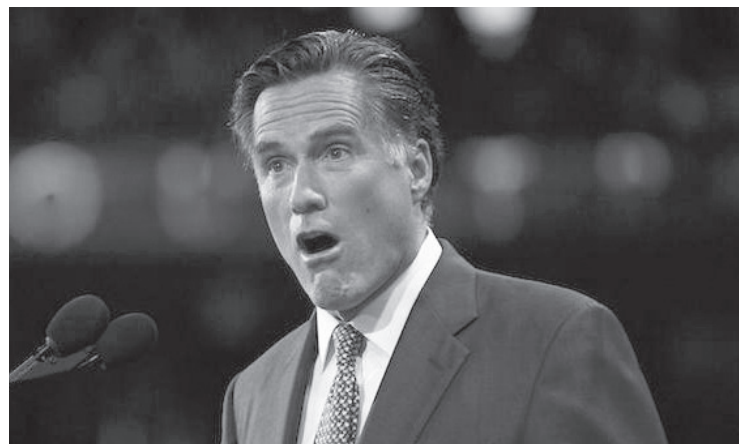
Mitt Romney may have lost, but he still represents a true Republican. I mean, yes, during his years as

Governor of Massachusetts he was widely considered a “moderate” Republican. Yes, many small businesses were suffering before he became governor and he turned them around and made most of them successful. But when he became the frontrunner during the Republican primaries, he realized something crucial: Governor Mitt Romney wasn’t going to cut it. He realized that in order to stand a chance of becoming President, he would need to renege his views on gay marriage, abortion and many other important stances in order to become a “real” Republican, or for all intents and purposes, a RealRepublican. Mitt Romney had the courage to abandon his clearly unsuccessful views as governor and change them in order to gain the support of the section of the conservative community that was on the fence about him. He said a firm “no” to abortion rather than supporting it, as he did in a National Review article from 2011 titled “My Pro-Life Pledge.” He said a firm “no” to gay marriage rather than endorsing it, like he did in a 1994 article for New England

newspaper Bay Windows. Romney appealed the farther right because he understood what it means to sacrifice for the good of this country. He sacrificed his former views. He changed and flip-flopped for us.

You know when someone is in a relationship, and they change to please the other person in the relationship? That’s what Mitt Romney did. All those clips of him saying one thing in an interview and then stating the exact opposite in a different one - he did that for the betterment of the American public. It’s absurd that Democrats fail to realize this completely clear fact.

He also understands us – that is, students in college. Romney went to college himself, and he understands what it’s like to be a hard-working student just like us. Granted, he did go to Brigham Young University and Harvard paid for by his family, but Romney understands us in that he wants us to be able to be just like him - successful, wealthy and generally happy people. He knows that everyone wants to be rich, and he only wants us to have that opportunity as well. He did say that



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we should just “borrow from our parents,” but he was really trying to tell us that he wants us all to have successful enough families that we have the ability to borrow from our parents. He wasn’t just speaking from personal experience because his parents paid for his education, because that would be insensitive. That’s not the type of person Mitt Romney is - he cares about us.

He also came under fire for his comments on the 47 percent of

America that supposedly doesn’t pay income tax, saying that those people feel they are victims and will support Obama unconditionally. Mitt Romney stated that he wouldn’t “worry about those people,” which many translated as simply not caring about 47 percent of America. But if Democrats would only look beyond the words, they could see the real message.

See ROMNEY on page 16

## Guest Column

# Republicans, like Democrats, deserve to be heard

Debbie Condello  
Contributor

This is for the moderate to conservative students – the one, or dare I say two – you might find hidden in a classroom of 30 or more liberals. This is for every student who has had just about enough of listening to the liberal rhetoric that is infecting the nation, and the liberal voice that unfortunately dominates this university. You are not alone. There are still rational thinkers in this country, despite the fact that most people voted for the re-election of President Barack Obama.

The dominance of the liberal view at USM makes conservative and Republican students feel like outcasts. Americans learned the outcome of the 2012 election late Tuesday night, with President Barack Obama winning by a landslide against Republican Mitt Romney. President Obama has gone down in history as being America’s first African American President in addition to being the first President to be re-elected with the highest unemployment rate since Franklin D. Roosevelt. Victory for Democrats didn’t just stop with Obama’s re-election, however.

This election year has brought many accomplishments. In Maine, the Yes on One campaign to create marriage equality has finally passed, after much rallying and efforts to shuttle students to vote, and New Hampshire now boasts an entirely female congressional delegation, in addition to the 20 female senators coming in 2013, shatter-

ing all previous records.

Despite all of these accomplishments that this election year has brought, continued progress will be an obstacle. The level of division in this country is astounding. The blindness and hatred of opposing political views is strong enough to cause division on campus. If students cannot respect each other’s views in the classroom, how can one expect those who are in power to be any different? I know everyone is familiar with the political posts on Facebook that have been annoying enough to make friends delete and block each other. One particular status I found to be disgustingly ignorant was: “College students who have voted for Mitt Romney should have their financial aid taken away. Clearly they don’t need it.” This kind of naivete is rampant throughout USM. It would be so easy to apply this same tactless falsehood by replying, “People who voted for Obama might as well drop out of college and forget

**[As a Republican] I find it almost impossible to share my opinion in class without a rapid-fire response from the opposing side.**

about finding a job, because they can just receive a welfare check.”

Because of this mentality, as a moderately conservative female



edebell / flickr

student, I find it almost impossible to share my opinion in class without a rapid-fire response from the opposing side. The dominance of the liberal view at USM makes conservative and Republican students feel like outcasts. As soon as a student identifies him or herself as being left or right, it is almost as if their value as a political contributor is completely disregarded by people who do not share that view, which is ignorant and a shame.

That said, the Democrats are winning multiple elections because Republicans keep making downright idiotic statements that lump us all into one big group of civil-rights-hating, greedy lunatics. Conservatives simply cannot go around making statements such as, “the body will shut itself down during a legitimate rape,” without sounding like completely uneducated, heartless Neanderthals. As far as Mitt Romney is concerned,

I’m almost positive that while on the campaign trail, you shouldn’t argue about how you should be able to roll down airplane windows – thus indicating your lack of knowledge of cabin pressurization, aka: basic physics.

The Republican Party needs to re-structure itself. A good first step would be weeding out all of the aforementioned uneducated, heartless Neanderthals who are giving us such a bad reputation. We need a more moderate Republican outlook, one that is not so degrading and less reactionary. For example, conservatives who take the pro-life stance and are just as concerned with women’s rights should be the ones who make statements. Conservatives need to come together as a unit that is balanced and educated.

As someone who voted for Mitt Romney, the re-election of Obama is not what I hoped for. What I do

hope for is that other conservative students on campus never fear to stand up for their beliefs no matter how much other students disagree with them. Even if you are the only person in your class who is a conservative, or a liberal, fight for what you believe in. Never let the intolerance of other people deny you your opinions and your right to voice them. What this country needs, and what this institution needs, is people who are willing to listen to each other. History has been rewritten this year in wonderfully progressive ways. Great efforts have been put forth by multitudes of people, left and right, to bring forth this change. What we need now is for this campus to unite itself. As difficult as that may seem, it is not impossible.

Debbie Condello is an English major in her senior year.



## Guest Column

## Election predilection keeps voters divided to the end

Alan Barker  
Contributor

The New York Yankees. The New York Giants. The Los Angeles Lakers. The Vancouver Canucks. Mitt Romney. At first glance, one of these things is not like the other. I spent election Tuesday at Binga's Stadium, and I finally understood what it was like to be on the other side – that is, the losing one.

Binga's is probably my favorite sports bar, and at various times, I have experienced highs and lows from my favorite Boston teams. I watched the Bruins win the Stanley Cup in 2011 from a Binga's bar stool. I watched the Celtics beat the Lakers in the 2008 NBA Finals and lose to them in 2010 rematch. And there was one thing that all of these experiences had in common. I was in the majority of Boston fans that mercilessly ridiculed the one or two fans of "the enemy."

On Nov. 6, 2012, I got to experience how the other half live. I spent election night as the only Romney supporter taking in election coverage at Binga's.

I suffered in silence as the crowd erupted at 8 p.m. when the polls closed in New England and Barack Obama had completed a near-clean sweep of the Northeast. I was assaulted by a chorus of jeers when I cheered on Romney's victory in Indiana. I left the bar at 10:30 p.m. with Romney holding a slight lead and the major swing states looking promising. I got back to my apartment just in time to see Ohio declared in favor of Obama and the unofficial announcement that 2012 would give us Barack: The

Sequel.

Just like Game 7 of the 2010 NBA Finals and the last two times the Patriots have played the Giants in the Super Bowl, I sat in my bed, television on in the background, in stunned silence. I honestly believed Romney would at least make this a tight race, possibly even win. I mentally prepared myself for the chance of a loss, but let's face it: no one likes to see their guy lose.

Now, don't get me wrong. I am a Republican by belief system, but I don't line up with the 2012 version of the Republican. I voted "yes" on Question One. I voted no on three of the five spending bills. I am against overturning Roe v. Wade. I was happy to see Todd Akin and his "legitimate rape" get his pink slip. I voted for Angus and for the Democrat state representative in my district. I see these votes as not going against my party, but voting in favor of what my party stands for. They reinforce the concept of state's rights. I don't want unnecessary spending. I think that the conservative position of smaller government would indicate that government stay out of marriage and abortion. I don't want to see more spending.

I see Angus as the type to reach across both sides and I know my state representative has done what is right for the state, even if it isn't the Democratic position on some bills.

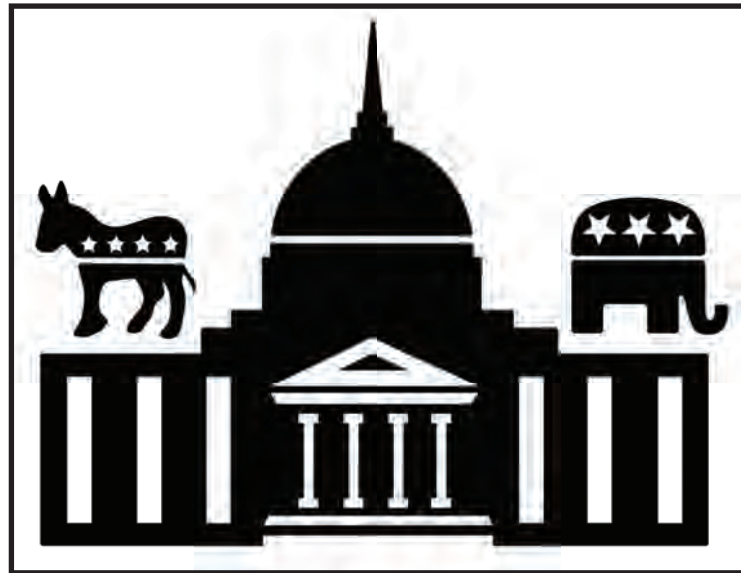
However, when it comes to fixing the economy (which I feel is the most important issue at the national level) the better choice would be the man who made his millions turning around failing companies, doing so at a 78 percent success rate. I don't want a community organizer with no

such job history and a tax-and-spend mentality. Our economy has seen poor budgeting in recent years and a downgrade in our credit rating due to our dependant economic relationship with China.

Thanks to Question One, I'm optimistic for an economic turnaround here in Maine, especially in the area of florists, caterers, event centers, DJs, bands and divorce lawyers. In other sectors of Maine's economy and the overall economy for the rest of the country, I'm kind of worried. That might just be sour grapes on my part, though. I just didn't see enough in the last four years to believe that our economy is in good hands looking forward.

Beyond this election, the Republican Party needs to do some serious reflecting on how they have strayed so far from that which they once stood. They need to remember that smaller government means hands off personal choice. A big reason that the Republicans were routed was that they included into their rhetoric insensitive anti-abortion comments, ranging from rape jokes to advocacy for invasive procedures required for an abortion.

They need to learn not just where spending bills need to allocate money, but also control how much will be allocated. This is especially true in defense spending. While Romney is correct in saying the Secretary of the Navy wanted a larger fleet, the overall request for funding from the Pentagon was much lower than what Romney proposed. Defense spending should be made on justifiable requests and the military budget should be combed over to eliminate wasteful spending.



Sokvony Chhouk / Design assistant

This could apply to any number of spending programs, but defense seems to be the sacred cow, making it the perfect place to start.

Finally, they need to work with both sides of the aisle. Congressional approval fell so low in the last two years that even the Chicago Cubs laugh at their lack of success. A lot of this came from the "we have to prevent Obama from being re-elected" attitude adopted by the congressmen and women of the 2010 freshmen class. Their obstructionist mentality put the charge toward the fiscal cliff into hyperdrive. The voters clearly voiced their displeasure, as seen by the weakened Republican majority in the House and strengthened Democrat majority in the Senate. The only way to win back public support is to work in the best interest of the country instead of the best interest of the party. And certainly don't

act with the intention of sabotaging the other party since that has a tendency to backfire.

One thing is certain. I'm not moving out of the country in protest. I'm not going to distance myself from friends that did vote for Obama and other Democrats. I am going to hope that Congress realizes that they no longer have to work to prevent him from being re-elected and decide to actually work toward moderate, bipartisan solutions to our problems. To echo the sentiments of several of my friends from both sides of the aisle, I just hope that in 2016 both parties give us a decent candidate to vote for, because the past four elections have felt like we were voting for the guy we disliked the least rather than the guy we liked the most.

Alan Barker is a communication major and writing minor

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From **ROMNEY** on page 14

Romney was really saying that he wasn't going to worry about people that were already successful, not that he doesn't care about them. That 47 percent is just like him - successful people. He was implying that he wasn't going to worry, and focus more on the citi-

zens of America that did need help, the people who do pay income tax. Why these implications about Romney's positive stance on helping the less fortunate went unnoticed is beyond me.

It's clear to me that Romney has more going for him than people realize. If only the Democrats would

look past their winning campaign strategies and see the big picture - that winning isn't everything, something that Mitt Romney personally understands.

ahenry@usmfreepress.org  
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## Letters & Comments:

### Consequences of a smoking-ban at USM

According to an eclectic collection of resources, a smoking ban at USM would not benefit the well-being of students.

Strangely enough, a smoking ban actually increases your chances of dying in a car accident. A study done at the University of Wisconsin-Milwaukee compared the number of drunk driving fatalities in areas where smoking was banned versus areas where smoking was still allowed. The results suggest that smokers are willing to drive longer distances just to find a designated area where they can light up. Getting behind the wheel in the first place, plus the added travel time means that there are more drunk drivers swerving down roads in ban territories than in smoke-friendly areas. It seems that if the smoke doesn't kill you one way, it will kill you another.

If you escape the cigarette smoke, then what about the frying pan you cook with, the barbecue grill, the carcinogenic radioactivity from a cell-phone or microwave, the artificial flavoring in your beverage, the benzene from the burning interior of a hot car or the gas station?

These pollutants are the same as those found in cigarettes. Cooking in a frying pan fills the house with volatile nitrosamines that are the same as those found in cigarette smoke. Eating barbecued food exposes you to polyaromatic hydrocarbons that are also found in smoke. Standing at the gas station to fill up your car - or filling up the lawn mower with gasoline - can easily fill your lungs with a heavy dose of benzene that is present in both gasoline fumes and cigarette smoke. Sitting inside of a vehicle with the windows up on a hot day can create lightheadedness also from the benzene of the burning interior.

These are toxic situations that you encounter everyday. Will a smoking ban really make life healthier? I guess so - as long as you don't talk on a cellphone, cook with a frying pan, fuel up your vehicle or drink sugary beverages.

Forbidden activity is defined in the policy as "carrying or smoking a lighted tobacco product or the burning of any material to be inhaled including, but not limited to, cigarettes, cigars, hookahs and pipes."

There are now at least 774 completely smoke-free campuses in the U.S., according to a report issued earlier this month by the American Nonsmokers' Rights Foundation.

According to the Surgeon General's report for 2012, tobacco use among people ages 18 to 25 remains at epidemic proportions nationwide. The review found 90 percent of smokers started by age 18 and 99 percent by age 26. About one quarter to one third of college students smoke, studies have found.

Smoking rights advocate Audrey Silk, founder of New York Citizens Lobbying Against Smoker Harassment, says an outdoor ban for any public facility is an attack on the rights of one segment of the population.

"This isn't a health issue anymore. It's a moral issue," she says. "There's absolutely zero reason for a smoking ban outdoors. They use it as a tool. Harm from smoke outdoors is an excuse to frustrate smokers into quitting because they can't find a place to light up."

"Schools are a business," she said. "Who assigned them the role of behavior modification? It's their responsibility to educate. What they're doing is indoctrinating."

- Maria Kondax

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### 4th Annual Symposium of Community-Based Student Projects and Research

Civic Matters celebrates community-engaged student work across USM disciplines that enriches student learning and addresses community-identified needs. Through this work, students gain greater engagement, academic success, and civic learning.

#### Civic Matters 2012 Schedule

Wishcamper Center, Portland campus

8:30 a.m.	<b>Poster Session with Refreshments</b>	Wishcamper Forum
9:15 a.m.	<b>Opening Remarks from President Kalikow</b>	Lee Hall
9:25 a.m.	<b>Service Learning Panel</b> featuring USM faculty authors from special edition of <i>Group Work</i>	Lee Hall
10:10 a.m.	<b>Oral Session 1</b>	
10:55 a.m.	<b>Oral Session 2</b>	
11:40 a.m.	<b>Community Conversation and Lunch</b>	Room 102



**Friday, November 16, 2012**

8:00 a.m. to 1:00 p.m.

Wishcamper Center, Portland

Free and open to the public

For information contact Community Service Learning at 228-8091, [community@usm.maine.edu](mailto:community@usm.maine.edu)

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Companies will be seeking applicants in the following areas:

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# Sports

## Saturday

Men's Cross Country  
@ Rose Hulman  
College  
11 a.m.

Women's Cross  
Country  
@ Rose Hulman  
College  
12 p.m.

## Friday

Men's Ice Hockey  
vs. University  
of New England  
7 p.m.

## Saturday

Women's Ice  
Hockey  
vs. New England  
College  
4 p.m.

### Chiu on this

## Cigarettes and junk food are strikingly similar

*With 62.9 percent of Mainers overweight, should there be a policy on junk food too?*



Anna Chiu  
Sports Editor

The smoking ban will officially be enforced on campus starting in January with officials hoping to improve the health of the USM community.

Cancer, in fact, is the leading cause of death in Maine and has a higher rate than any other state, according to the Centers for Disease Control. They also estimated that 85 percent of all cancer diagnoses were due to preventable life habits, which include smoking and dietary.

Cigarettes have a bad reputation, given their laundry list of over 155

different carcinogens and toxins in a single cigarette. Reasons for the smoking ban are understandable, but there is another health issue that tops smoking or being around cigarette smoke for non-smokers.

The same mentality about smoking can be applied to junk food consumption. Junk food has been in our diets since childhood, so that now it is almost impossible to turn away when it is offered to us. Maine already tops the list in adult obesity nationwide at 28 percent, with 62.9 percent overweight. According to data from the American Cancer Institute, improper diet is the cause of 40 percent of cancers in men and 60 percent in women. An improper diet constitutes consistent sugar intake and consumption of less than five servings of fruits and vegetables, according to the USDA food pyramid.

The American Cancer Society estimated about 171,600 cancer deaths are due to tobacco use but they also suggest that a third of all cancer deaths are related to poor nutrition, overweight or obesity and physical inactivity. The relationship between cigarettes and junk food consumption is strikingly similar in how both can cause havoc in the body.

The production process of any junk food involves the addition of chemicals, which are carcinogenic



Alex Greenlee / Multimedia Editor

The selection of assorted junk food at the Brooks Convenience Store in Gorham.

to the human body, to help maintain freshness and elevate taste. Carcinogenic substances act slowly in the body, but they systemically poison it day by day. These 'extra' substances in junk food can become a precursor to a variety of health problems including obesity, high blood pressure, diabetes, heart disease and a multitude of cancers.

In Western societies, we tend to use junk food as positive reinforcement for children. Many elementary

school teachers use candy to reward students for good behavior or effort, and it is instances like this when children learn and view candy as a good thing. Sophomore Clara Reed, a sociology major, recalls her earliest memories of junk food. "My mom used to have a drawer in the kitchen full of candy, and every time we did a chore she allowed us to go into the drawer and pick out our favorite piece of candy."

At the Woodbury Campus Center,

there are more varieties of king sized candy and chocolate in the snack aisle than topping choices at the salad bar. There is even a milk shake machine that was added this year, but it wasn't decided by the dining committee. "How we decide what to offer is guided by student feedback," said Chris Kinney, general manager of USM dining service. "We survey students online

See JUNK on page 19

## Find your zen with vinyasa flow yoga in Gorham

Alyssa Thomson  
Contributor

Students have been finding relief from the stresses of college at the Vinyasa Flow Yoga class offered at USM.

Vinyasa style yoga focuses on the breath and is recognized for how the different poses flow together one after another. The class takes place on Tuesday nights at 7 p.m. in the Costello Sports Complex on the Gorham campus.

The class is led by Molly Massa, a music vocal performance major and holistic health minor. She has been a yoga instructor for two months. She has also practiced yoga consistently for two years, although she says that yoga has been a lifelong interest that she wishes to pass on to the community. Like many others, she says that she likes the overall sense of well-being it brings to both her body and her mind.

This yoga class is accessible to students of all different ability levels, and the participants are encouraged to do only what feels right for their bodies. For Ayesha Bhardwaj, a psychology major, it is her first yoga class. "It's an easy way to work out," she said. "You don't have to worry about whether you're doing it right



Patrick Higgins / Free Press Staff

Students find their focus and balance in the vinyasa flow yoga class on the Gorham campus.

or wrong, because there is someone instructing you." Bhardwaj has also recommended the class to friends as a fun, relaxing option for group

exercise.

"This class is beneficial because we do different routines every week, so there's always something new

to try," says Kelly McLin, a sophomore social work major. Kelly started practicing yoga in high school but says she likes this course because

it's relaxing and a good way to end her day.

Vinyasa flow yoga provides a mixture of exercise for the body as well as the mind that many college students find helpful because it is simple but effective. While the participants can feel their body strengthening during the hour long course, the students seem to think it is a nice alternative to regular exercise routines.

As part of this body strengthening class, there is also a period of the class known as shavasana in which all of the tension built up in the body from the workout is let go, and the mind comes to rest. "It's refreshing because after all the hard work of yoga and academic classes it's nice to take a breather and just focus on relaxing," says Kelsey O'Neil, a sophomore nursing major.

The vinyasa flow yoga course is a good option for USM students who want another way to find balance. With all the stress that comes with the life of a college student, many students are finding that yoga has helpful qualities outside of a regular workout routine.

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From JUNK on page 18

every semester to better understand their needs and preferences. We also conduct a dining committee meeting every other week that is open to all students."

Just as smokers want their smoke, many students want their sugar fix. "I usually get some type of candy whenever I'm on campus, but I do think USM provides too much king sized chocolate and candy," Reed said. "If I do want a particular chocolate, I end up buying the king sized because it's the only size they have."

Providing king sized candy throughout campus is like supplying students with cigarettes.

Obesity is an epidemic and so is tobacco use. They're both behavioral issues that can only be solved by individuals themselves through education and awareness.

One cigarette won't cause cancer, it's the accumulation of the deadly habit that increase your chances. Since the student voice dictates what is served on campus, the most vital tool is education, and not just nutrition. The science behind how ingredients react and also interact systemically in our bodies and the potential harm it can cause in the future should be recognized. People are exposed to numerous carcinogenic situations that go unnoticed on a daily basis. For instance, breathing the fumes at a gas station exposes you to benzene, a known carcino-



Alex Greenlee / Multimedia Editor

There are many varieties of king sized chocolates and candies at the P.O.D market located at Luther Bonney in Portland.

gen to the human body. Nobody talks about banning barbecuing even though it has been proved to emit smoke similar to cigarettes.

Public health policies, such as the smoking ban, continue to be in charge of ignorance which is why education is necessary to bring

awareness to the forefront. USM needs to realize that junk food consumption is a habit as deadly as smoking. They could start by offering smaller sized choices instead of king sized. Education will allow students to make the best decisions for their health. The statistical data

is available, but we need to rethink how we handle junk food consumption and how the systemic havoc is similar to smoking.

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**Scoreboard**

**November 9**

**Men's Ice Hockey**  
 USM 0  
 Norwich 6

**Women's Ice Hockey**  
 USM 2  
 St. Michael's 1

**November 10**

**Men's Ice Hockey**  
 USM 3  
 Castleton 7

**Women's Ice Hockey**  
 USM 2  
 Norwich 7

**Upcoming**

**November 16**

**Women's Basketball**  
 vs. UMaine- Farmington  
 @ UMass Dartmouth  
 3 p.m.

**Women's Ice Hockey**  
 USM  
 @ New England Col.  
 4 p.m.

**Men's Ice Hockey**  
 USM  
 @ UNE  
 7 p.m.

**November 17**

**Women's Basketball**  
 vs. Rivier  
 @ UMass Dartmouth  
 2 p.m.

**Men's Basketball**  
 vs. Mass Maritime  
 @ UMaine- Presque Isle  
 4 p.m.

**Women's Ice Hockey**  
 USM  
 @ Castleton  
 2 p.m.

**Wrestling**  
 @ W.P.I  
 12 p.m.

**Quick Hits: The Huskies' week in review**



Anna Chiu  
Sports Editor

**Men's Cross Country**  
**Gazzelloni pushes USM to 18th place at NCAA Regionals**

The men's team finished 18th among 50 teams at the men's NCAA Division III New England Cross Country Regional Championship on Saturday afternoon. USM will conclude its season with a total of 515 points.

Junior Justin Gazzelloni was the first Husky to cross the finish line, coming in 36th among 351 runners with a time of 25 minutes and 42.35 seconds. Senior Colton Tinker was the second Husky to cross the finish line at 106th place overall and a pace of 27 minutes and 9.59 seconds. Junior Briar Beede finished in 111th place with the time of 27 minutes and 15.37 seconds. Other finishers were freshman River Vogel, senior Ben Manning, sophomore Kevin Desmond and freshman Chris Dunn.

**Women's Ice Hockey**  
**Huskies face their first loss of the season**

The women's team were un-

able to win their second game of the season, losing to the number one ranked Norwich University 2-7 on Saturday afternoon. The loss brings the team's record to 1-1 overall and in league games.

Scoring the only two goals for USM were sophomore Erin Banfield and senior Kailey Bubier. Junior Bridget O'Brien and freshman Cassandra Sherman both had recorded assists. Sophomore goalie Liz Bergstrom had a recorded 39 saves for the team. The women's team had a 46-17 disadvantage in shots on goal. The Huskies will face New England College next Friday and Castleton State College on Saturday.

**Men's Ice Hockey**  
**Huskies win with 4-0 shutout**

The Huskies were able to snatch a 4-0 victory against Saint Michael's College on Saturday afternoon. The men's record was improved to 2-2 overall and in the ECAC Men's East.

Freshman goalie Josh Hillegas had 28 saves to earn the first shutout of his collegiate career. Scoring for the Huskies were junior Jamie Osborne, Troy Thibodeau, sophomore Brad McGovern and senior Jon Grandinetti. Seniors David Nies and Matt

McDonald, junior Mike Green and sophomores Stephen Gallo and Sam Guimond each captured an assist for the team. The Huskies will next face the University of New England next Friday.

**Women's Cross Country**  
**Carl leads USM to 10th place at NCAA Regionals**

The women's team finished at 10th place overall at the NCAA Division III New England Regional Championships, the best result since 1999. This concludes the Huskies' season.

Senior Molly Carl finished the 6,000 meter course in sixth place overall with a time of 21 minutes and 45.26 seconds. Carl will be competing at the NCAA Division III National Championship next Saturday. Freshman Brooke Davis finished in 82nd with the time of 23 minutes and 18.66 seconds while freshman Hannah Damron finished right after Davis at 83rd with the time of 23 minutes and 19.06 seconds. Senior Katherine McWilliams finished 85th with a time of 23 minutes and 19.90 seconds followed by senior Caitlin Miller, finishing 88th with a time of 23 minutes and 25.27 seconds.

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# USM COMMUNITY PAGE



## Community Spotlight: Gender Studies Student Organization



## Campus Events



Alex Greenlee / Multimedia Editor

Left to right: Students Catheryn Mason and Sam Fisher at the weekly Gender Studies Student Organization meeting.

**Skyla Gordon**  
Staff Writer

The Gender Studies Student Organization meets every Wednesday from 4:30 to 5:30 p.m. in the Women and Community Center on the Portland Campus to discuss gender related topics such as male dominance in the workforce, how gender roles are enforced through toys, televisions and movies and the lack of bathrooms for transgendered individuals.

Sporting an "open policy," the GSSO welcomes students from every major and discipline. They also encourage nonmembers to come to them with gender related issues that they want to shed light on, and the GSSO will support their efforts to inform students and the community.

Their mission statement outlines their purpose as an organization. "The GSSO is open to all USM students interested in gender related issues. We sponsor speakers and events on campus as well as in the community. Our goals are to participate in the Women and Gender Studies program, generate events and educate the campus about feminist and LGBTQA studies issues."

Paige Barker, a sophomore Women and Gender Studies major, said, "It's a great place for students of any major to talk about gender. I feel like I can talk about these issues with my peers."

Jacob White, president of GSSO, thinks it's important for students to have a place to discuss the issues that they learn about in Gender Studies classes. Catheryn Mason, senior English major and a GSSO member agrees. "I like the atmosphere. It's a safe place to talk about gender issues without a filter."

The GSSO typically has 6-10 members per year, who attend a yearly conference on gender-related issues, conduct scholarly panels and coordinate events with USM's Women and Gender Studies Department.

For the past two years members of the GSSO have attended the "National Young Feminist Leadership Conference" in Washington, D.C. This year they plan

to attend "Queer Sexuality" in Massachusetts. "It's important to go to conferences in order to talk to other students and professionals within our field of study. We share ideas and make connections," White said.

The members hold panels each year to discuss current gender issues. Each panel has a theme that pertains to a specific issue, such as the first ever panel in fall 2011, which discussed transgender issues. Earlier this year, they held a "Beyond Gay and Straight: A Panel of Other Sexualities".

"[The panel] was about breaking down the mythical gay/straight binary. It's tempting to categorize people simplistically as being either gay or straight, but those terms can be both inadequate and inaccurate in describing a person's sexuality," White said.

They held one panel last year, have two scheduled for this year, and they hope to amp it up to at least three next year. Panels are composed of students and community members who have had direct experience with the chosen topic.

They have a panel coming up on Nov. 14 from 6:00-7:30pm in the Woodbury

Amphitheatre on USM's Portland Campus. The topic of this panel is "Gender and Geek Culture." They plan to examine masculinity and "First Person Shooters," a genre of video games. The online players of these games are almost strictly male and harass female players.

The GSSO also works with other departments to plan events such as "Ada Lovelace Day." GSSO coordinated with the Science, Mathematics and the Environmental Science Departments to honor female professors in these fields. When other departments want to discuss a gender-related issue, they call on the GSSO for support.

The GSSO members pride themselves on partaking in activist opportunities as they arise. Last year they demonstrated against the tactics of "the Genocide Awareness Project," which used shocking images of aborted fetuses to dissuade the citizens of Maine from getting abortions. The GSSO disapproved of their tactics and organized a "Take Another Path" event, where they provided maps and escorted students around campus by routes that avoided the Genocide Awareness Project's obscene billboards.

Sam Fisher, a Junior Women and Gender Studies major, describes why he was drawn to the Gender Studies Organization. "I enjoy discussing and investigating gender and identity politics. This club places emphasis on getting involved and taking action. This is my way of taking action."

The goals of GSSO for the upcoming year are to conduct more panels, raise more money and recruit new members. Currently, the GSSO holds a Buck-a-Book book sale to raise profits. Professor, students, and community members donate books and the GSSO sells them for \$1 each.

"Everyone should be equal and free," White sums up the sentiments of the group. The Gender Studies Student Organization prides itself on giving students a safe place to discuss gender-related topics. Keep an eye out for upcoming panels, meetings and events to discuss these prominent topics.



Alex Greenlee / Multimedia Editor

Left: President Jacob White. Right: Paige Barker

Want your student group featured? Have a USM event for our calendar?  
Send an email to [events@usmfreepress.org](mailto:events@usmfreepress.org).

Comments or questions?  
Email us at [editor@usmfreepress.org](mailto:editor@usmfreepress.org)

### Monday, November 12

Students Performing Artists Weekly Meeting  
3:30 PM - 4:30 PM  
Russel Hall, Lab Theater, Gorham

Circle K Weekly Meetings  
8:00 PM - 9:00 PM  
113 Upperclass Hall, Gorham

### Tuesday, November 13

ASB Informational Meeting  
6:30 PM - 7:30 PM  
Wednesdays - Burnham Lounge, Gorham  
Tuesdays - Woodbury Dining Room, Portland

Muskie School Fall Lecture Series:  
Mary Mayhew, "Maine DHHS:  
Challenge and Opportunities"  
6:45 PM - 8:00 PM  
Wishcamper Center, Room 133, Portland

### Wednesday, November 14

Pre-Medical and Health Student  
Society (PMHSS) Weekly Meeting  
9:00 AM - 10:00 AM  
Woodbury Campus Center,  
Room 132, Portland

### Thursday, November 15

Food Sale Fundraiser - USM Classics Club  
10:00 AM - 4:00 PM  
Luther Bonney Hall, Lobby, Portland

Gender in Geek Culture - Gender Studies  
Student Organization  
6:00 PM - 7:30 PM  
Woodbury Campus Center, Amphitheater,  
Portland

### Friday, November 16

2013 Senior Committee Week  
10:00 AM - 11:00 AM  
Woodbury Campus Center,  
Conference Room, Portland

Student Senate Weekly Meeting  
1:00 PM - 3:00 PM  
Glickman Library, Room 423/424, Portland

13th Annual USM Drag Competition and Show  
7:00 PM - 11:00 PM  
Holiday Inn by the Bay, Spring Street, Portland

### Saturday, November 17

Boff Club Meeting  
12:00 PM - 4:00 PM  
The hill behind Robie Andrews

USM presents THE GLASS MENAGERIE  
7:30 PM - 10:00 PM  
Russel Hall, Gorham

### Sunday, November 18

USM Concert Band  
2:00 PM - 4:00 PM  
McCormack Performing Arts Center, Gorham  
High School, 41 Morrill Avenue, Gorham

For more events:  
[www.usm.maine.edu/events](http://www.usm.maine.edu/events)