**Civic Matters continues growth in fourth year**

Nate Money
News Assistant

The fourth annual Civic Matters Symposium will be held at USM, said the event is both retrospective and promotional in that it celebrates work that is already completed and ongoing but also encourages more links between the college and the community. McColl said that Civic Matters was originally a part of Thinking Matters, another USM student symposium, but the focus on research of the latter event necessitated a separate home for all of the community work being done by USM students. She feels that USM is uniquely positioned to be a leader within the University of Maine System for its work done in the community, owing both to its diverse student body and its location in Maine's largest population hub. This focus on civic involvement is something McColl shares with USM president Theo Kalikow, who said "civic engagement is the glue that makes student success and fiscal sustainability possible." and the opening letter for this year's symposium.

Over 20 student projects on topics ranging from bacteria in the mud flats of Casco Bay to the classroom structure of Portland public schools will be presented in posters and oral presentations. USM students Josiah Brown and Will Gattis didn’t have any history of digging clams. Brown, an environmental science major, and Gattis, an economics major, thought it seemed like a natural fit. However, when the Casco Bay Estuaries Partnership contacted the two USM students to update a 1995 study of bacteria closure rates in clam sales, the work by the two students

**Community**

Students share their reactions to the results

Kirsten Sylvain
Editor-in-Chief

Students are giving mixed reactions following the results of the election last week, but one group remains fixed on following the issues. Before the election results came in, students voted, campaigned and volunteered on behalf of the party or candidate of their choice. Various groups were active on campus, including Mainer’s United. Students geared up, rallying efforts, coming together in the College Republicans and College Democrats to organize in support of the parties with which they affiliate, but now that all is said and done, Obama is in the White House. King is in the senate, and Question One has passed.

One student, a junior social work major, Colby Williams explained that he did not vote for Obama, but instead voted for Ron Paul as a write-in. "I wouldn’t say I was surprised with the election," he said. He also explained that for him the two-party system does not allow for people to best express their voices in the political process. But, he says, now Obama will not be focused on the task of re-election. Instead, he will be more fully focused on important issues such as the economy. However, Williams does not feel that the election results will change the status quo for USM students in terms of student debt and rising tuition costs. "One billion dollars was spent on the campaign, but little has changed in regard to who’s in power," he said. Question One, he explained, seemed to have taken the foreground in Maine this election.

Williams also expressed his concern about a potentially limited amount of student involvement with election efforts and the election presence on campus in general. "I was surprised not to see more about the election on campus," he said. He noted that he thought it had been a relatively quiet election at USM.

Nathan Polhemus, vice president of the College Democrats, claimed that the College Democrats had been quite active this election, reporting that their efforts to get out the vote resulted in 169 students voting the last day of early voting and 304 voting on election day. In total, that is 511 students that the College Dems got to the polls. Figures have also shown that Democratic state senate candidate for district six, James Doyle, was elected with 50 percent of votes for him coming from USM students. The College Dems feel that they played a major role in Doyle’s election, and they were pleased with the outcome. "We were very happy that all our hard work paid off. It was reinforcement of our beliefs that if we go out the vote, we could make a difference," Polhemus said.

The College Dems don’t plan on going away, either. Polhemus explained that now is the time for the College Dems to come to work even harder. The group wants to disrupt the usual apathy that settles in following an election. Polhemus stressed the importance of involvement and vocality on political issues during the election. "We aim to be a general voice for local Democrats and a way for students to get involved," Polhemus said. The group will adopt an "issue of the month" then a group opinion followed by a draft of a letter and an attempt to sway the votes of local or federal politicians to best represent the views of students and local Democrats. Polhemus mentioned that he thinks some of the new laws passed in Colorado and Washington on legal recreational marijuana and same sex marriage may become "hot issues," as they are led on by them and the gay community in Maine.

Follow-up to the results of USM’s elections. Polhemus said that the College Dems feel that all our hard work paid off. It was reinforcement of our beliefs that if we go out the vote, we could make a difference," Polhemus said. The group doesn’t plan on going away, either. Polhemus explained that now is the time for the College Dems to come to work even harder. The group wants to disrupt the usual apathy that settles in following an election. Polhemus stressed the importance of involvement and vocality on political issues during the election. "We aim to be a general voice for local Democrats and a way for students to get involved," Polhemus said. The group will adopt an "issue of the month" then a group opinion followed by a draft of a letter and an attempt to sway the votes of local or federal politicians to best represent the views of students and local Democrats. Polhemus mentioned that he thinks some of the new laws passed in Colorado and Washington on legal recreational marijuana and same sex marriage may become "hot issues," as they are led on by them and the gay community in Maine.

Follow-up to the results of USM’s elections. Polhemus said that the College Dems feel that all our hard work paid off. It was reinforcement of our beliefs that if we go out the vote, we could make a difference," Polhemus said. The group doesn’t plan on going away, either. Polhemus explained that now is the time for the College Dems to come to work even harder. The group wants to disrupt the usual apathy that settles in following an election. Polhemus stressed the importance of involvement and vocality on political issues during the election. "We aim to be a general voice for local Democrats and a way for students to get involved," Polhemus said. The group will adopt an "issue of the month" then a group opinion followed by a draft of a letter and an attempt to sway the votes of local or federal politicians to best represent the views of students and local Democrats. Polhemus mentioned that he thinks some of the new laws passed in Colorado and Washington on legal recreational marijuana and same sex marriage may become "hot issues," as they are led on by them and the gay community in Maine.
Trustees say yes to new credit transfer policy

Jonathan Reis
Staff Writer

The Board of Trustees had their final meeting of the year last week. There they discussed, among other things, the Credit Transfer Steering Committee's findings on the creation of a statewide, more robust credit transfer system across the University of Maine System's branches.

President Wilson Hess of the University of Maine at Fort Kent and Peggy Markson, public relations manager for the University of Maine System, explained the concept behind the new credit transfer system as a way to make it easier for non-traditional students to finish degrees they may have started, but never finished at previous institutions. Mrs. Markson stated the plan was “in order to meet the needs of Maine’s growing workforce.”

The traditional student base has been decreasing over the last few years at a system-wide level. Because of this, the system is placing a greater focus on the growing population of non-traditional students. Hess hopes to make it easier for students re-entering school to transfer previous job or training experience into credits that count toward a degree. These prior learning assessments will allow the System to assess individual academic credibility.

The Credit Transfer Steering Committee plans on revealing their four-point design for the initiative at the next board meeting. The plan initiative’s goals were to make it easier for adult students with some college credit to complete their degrees and to make transferring credits easier among the system’s universities. The plan also allowed the Board to conduct routine system-wide administrative reviews so that the committee could receive adequate funding. Hess recommends that the system implement the credit transfer and the four initiatives immediately to “create a statewide, more robust credit transfer system across the University of Maine System.”

The next trustees meeting will take place at the university’s Maine campus headquarters in Orono.

USM installs new green water heating facilities

Jim Sheldon
Staff Writer

The university will replace three 45-year-old boilers and install a new system-wide water distribution system that will maintain hot water distribution on-campus in the event of a prolonged electrical outage. It will also refurbish a $600,000 gallon water tank in Gorham. Buildings on the Gorham campus are connected by a looping water distribution system that provides hot water in each building as well as steam for food preparation in the Brooks Dining Hall. The renovations will make Brooks' energy needs independent from the central heating plant. This will allow the central heating plant to idle until outside temperatures fall into the winter, providing a cheaper, more efficient way to operate in the summertime. The system is necessary to assess the system and make recommendations based on the goals of its Council on Climate Neutrality. The university assessed current recommendations, then elected to enact the one they thought best based on cost.

The renovations mark another increase in the university's overall energy efficiency. Last spring, contractors updated the lighting systems in the Costello Sports Complex’s Field House, the Hill Gymnasium and the Ice Arena. Parking lot and campus roadway light fixtures will also receive retrofits. The university estimates that this will reduce energy expenses by over $70,000 per year. USM's Department of Facilities and Management also replaced the shower heads in the Gorham dormitories with ones that provide greater pressure while using less than half the water of the old ones.

USM has been a pioneer in implementing sustainable and renewable systems in new buildings. In 2004 the Gorham campus added the first state-owned building certified by the U.S. Green Council Leaders.
Students work to can hunger with food drive

Kit Kelchner
Staff Writer

USM’s student group Enactus, formerly known as Students in Free Enterprise, hosted its first food drive of the season at Sam’s Club in Scarborough on Friday, Nov. 9. The group accepted both monetary and non-perishable food donations to benefit the Good Shepherd Food Bank, which has helped Maine residents for over 30 years.

The Enactus team is helping the Good Shepherd Food Bank achieve its goal to raise at least $200,000 to provide some 500,000 meals through the winter to Mainers. Nearly 15 percent of Maine households are considered food insecure by the U.S. Department of Agriculture that includes 1 in 4 children. The food bank currently assists over 35,000 people per week in need of food assistance. The Enactus team will hold three drives this season, providing valuable experience working with local corporate partners and aiding the community. As Enactus team President Matthew Dechaine explained, donations go a long way, “each dollar helps save one person, and the more money we get, the more people we can help.”

The next drive will be on Nov. 18 at Walmart in Scarborough. Students wishing to assist or join the group can meet the Enactus team at their weekly meeting in Luther Bonney 502.

Delta Chi hosts its annual bone marrow drive

Alex Greenlee / Multimedia Editor

Delta Chi fraternity USM chapter organized a bone marrow registry drive to honor the family of a USM alumnus after the tragic death of his son this year.

Giovanni Guglielmo was born with a rare immune deficiency known as NEMO syndrome. His life was saved in 2007 with a marrow transplant, but he died five years later in April 2012. His father, Michael is a former brother at Delta Chi.

The goal of the event is to provide the German Bone Marrow Donor Center (DKMS) — the world’s largest registry of DNA data for bone marrow transplant potential donors. The registry identifies blood matches that could save lives of those diagnosed with bone marrow cancer and leukemia.

Since that recent tragedy, the fraternity has been heavily involved in the cause, and they have been turning out very significant results. Cody Berkowitz, senior marketing major and Delta Chi brother, told The Free Press that the fraternity regularly holds philanthropic events, but this one is particularly important for the members of the fraternity.

“We had 200-300 people come two years ago but this year the sky’s the limit,” said Berkowitz. “We would like to see 500 this year.” Berkowitz added that the drive is being held in coordination with the Alpha Xi Delta women’s fraternity. “It’s a joint effort of philanthropy for both chapters.”

No transplants will actually occur at the drive. The effort is only to get more people onto a registry for future donations. “It’s easier than donating blood,” said Berkowitz. “It takes about two minutes.” A cheek swab and a list of health questions is all that will be taken from donors. The DNA harvested from donors will be tested by DKMS and included in their database before officially being used by hospitals to match donors. When very serious cancers, like blood cancers, are diagnosed, treatment can require stem cells of a matching DNA type. Those stem cells are very unique in their DNA identity, which is representative of a person’s ethnic background, according to Guglielmo. They will harvest the German Bone Marrow Donor Center (DKMS) to find all USM alumni who have matched one’s DNA.

Some myths about the donor process are debunked on the DKMS website. There are two ways to donate stem cells — either through the blood or through the bone marrow. The bone marrow extraction process is a relatively simple procedure. After a general anaesthetic, a special syringe is used to remove bone marrow from the lower back or the pelvis — not out of the spine. There is some risk of bruising or minor pain for a week or two after the procedure, but it is not debilitating.

The more commonly used method of stem cell collection is through blood, a much more involved process than the other method. The donor takes what is known as filgrastim, a synthetic protein that stimulates blood production, during the four day period before the procedure takes place. A blood sample is then run through a machine that separates the blood from the stem cells. This process is accomplished in two consecutive 4-6 hour procedures. As a group, the 97 members of Delta Chi who know the Guglielmo’s would tell you, stem cell donations save lives. If you wish to participate, register or donate, please visit getswabbed.org, or either of the Bone Marrow Drives being held at the Woodbury and Brooks campus centers on Nov. 5 from 10 a.m. to 3 p.m.
Regardless, both Abromson and Muskie remain examples of conscientious, cost-saving design. Each is equipped with geothermal heating and cooling, photovoltaic, rainwater re-capture and sequestration, daylight harvesting and demand-controlled ventilation systems.

USM has been losing money lately due to declining enrollment, and as such has been actively seeking ways to save money, such as consolidating academic departments. USM does not intend to add any new buildings to its campuses in the foreseeable future, but it remains dedicated to renewable and sustainable system development because of the cost-savings and value-added for the university, its students and the world in which we live.

news@usmfreepress.org @USMFreePress

From LADUKE on page 2

just growing local, it’s also what you grow.” She was referring to her own crops. All of the different types of corn she grows, she said, are hardy and nutrient-rich, organic and produced quite differently from current, conventional growing practices.

“In response to a question at the end of the lecture about how to fight genetic engineering of crops, she described her tribe’s seven-year fight to keep the University of Minnesota from trying to genetically engineer wild rice, a very important crop to their tribal tradition. “We have had good success with our corn. I’m not going to get it tested, I’m just going to keep growing it.” LaDuke said.

That attitude is at the heart of LaDuke’s lecture: she feels that most of the problems she is working to fight can only truly be overcome by a closer relationship with the earth, and uses her knowledge as an economist to back it up, describing her philosophy as one of “Inter-generational economic justice.”

This is the fourth annual Donna M. Loring lecture, named for Donna Loring, an author and legislator for Native American rights and visibility. The lecture is generally held by and at the University of New England, since it is her donation of a collection of her personal and literary papers to UNE’s Maine Women Writers Collection that makes the event possible. However, according to USM’s Coordinator of Multicultural Student Affairs Susan Lewey Hamilton, the Maine Women Writers Collection was created to “spread knowledge into a program with an event every month, to spread knowledge of the craft.

The third and final event of the series will be a panel, held by the Maine Wabanaki State Child Welfare Truth and Reconciliation Commission on Nov. 15, discussing the practice of forced assimilation of Native American children. The practice of forcibly taking Native American children from their homes and sending them away to the Carlisle Indian School and places like it began in the late 1800's and is continued in the foster system to this day. Hamilton says the commission is two and a half years into a five year process to address this issue.

Get tickets online at statetheatreportland.com, in person at the Cumberland County Civic Center Box Office and charge by phone at 800-745-3000. Tickets available at the State Theatre Box Office on night of show one hour before doors.

ALSO COMING SOON:

Bubblebuckee & Reptar 1/15
Trampled by Turtles 1/22
Ryan Montbleau Band 12/28
Punch Brothers 2/17

STATE THEATRE PRESENTS:
PORT CITY MUSIC HALL

STATE THEATRE PRESENTS:
SPACE GALLERY

Pearl & the Beard 12/2
Patrick Watson 12/9
THE NEW ENGLAND PASS

2012 | 2013

SUNDAY RIVER  SUGARLOAF  LOON MOUNTAIN

COLLEGE PASS

Ski & ride Sugarloaf, Sunday River and Loon® Mountain all winter.

FOR AS LITTLE AS

$359*

Includes 5 Free Days of Lift Tickets at Big Sky, MT**

UNTIL
NOV. 30, 2012
$359

DEC. 1 – DEC. 31,
2012
$435

AFTER JAN. 1,
2013
$535

Available now at The Sullivan Recreation and Fitness Complex.

* UNLIMITED SKIING & RIDING ALL SEASON. MUST BE A FULL-TIME STUDENT, 12 CREDITS PER SEMESTER, WITH VALID COLLEGE OR UNIVERSITY IDENTIFICATION AND LETTER FROM REGISTRAR’S OFFICE.
** WHEN PURCHASING, LODGING WITH A BIG SKY PARTNER
JANUARY 6TH–10TH

$299 PARTY PACKAGE INCLUDES 5 NIGHTS LODGING, 5 DAYS OF LIFT TICKETS, 4 NIGHTS OF PARTIES!

SUPER MASH BROS.
SPOSE
THE LYNGUISTIC CIVILIANS
CAM GROVES
EDUCATED ADVOCATES
RENEGADE SOUNDSTATION
DJ NUGGET

Questions? Call 800 THE LOAF
Or visit SUGARLOAF.COM

PRESENTED BY BUD LIGHT

Featuring:

SUGARLOAF
IT job fair at Abromson

The USM College of Science, Technology and Health will be hosting a job fair in the Abromson Community Center on Wednesday, Nov. 28 from 1 p.m. to 5 p.m. Top companies in Maine information technology in attendance include Fairchild Semiconductor, L.L.Bean, General Dynamics-Idexx and Enercon Technologies. Businesses are seeking applicants for full-time and summer internship openings. Any student with an interest in a technology related career is encouraged to attend. If your resume and interview skills need some polishing up, the CSTH has you covered there, with a resume and interview skills workshop the night before. Head to Wishcamper 203 on Tuesday, Nov. 27 from 5 p.m. to 6:30 p.m. for a chance to meet corporate human resources employees and USM staff with tips on job searching, crafting a resume and interview techniques.

Ukrainian tea party

The multicultural center will host a tea party featuring Russian tea on Tuesday, Nov. 13 from 6 p.m. to 7:30 p.m. in their office at the Woodbury Campus Center. All are welcome to attend this chance to converse over some exotic hot beverages. Contact Anna Ivanova for more information at anna.ivanov@maine.edu.

Well-known Baha’i documentary screening

A documentary entitled Education Under Fire will screen in Luther Bonney’s Talbot Auditorium on Tuesday, Nov. 13 at 7 p.m. The documentary shows the oppression of members of the Baha’i faith in Iran, where its adherents are prevented from obtaining higher education, and can be put in prison for not renouncing their belief in the Baha’i faith. The documentary is co-sponsored by Amnesty International. The USM screening is part of a larger effort to raise awareness about the struggle of Baha’is. For more information contact Dr. Robert Atkinson, USM Baha’i Advisor, at (207) 780-4537.

Wabanaki reconciliation talk

Two Maine Native American activists, Denise Yarmal Alvater and Esther Anne Alvateras, will lead a panel discussion on the ongoing work of the Truth and Reconciliation Commission for State Child Welfare on Thursday, Nov. 15 at 6:30 p.m. in Talbot Hall. Many Wabanaki children were taken from their homes around the turn of the 20th century and re-located to foster homes or boarding schools in the name of love. The commission seeks to report on recommendations for child welfare practices for Wabanaki children and their families.

Police Beat

Selections from the USM Department of Public Safety police log Oct. 30 to Nov. 5

Tuesday, October 30

Manic Mondays?
12:26 a.m.- Report of a disturbance in a room. Kevin J. Lambert, 19, of Gorham, arrested for disorderly conduct, and charged with alcohol consumption by a minor and criminal mischief. - Upton Hastings Hall

Turn ‘em on
10:15 a.m.- Warning for failure to use headlights and wipers as conditions warrant. - Portland Parking Lot 4

Wednesday, October 31

Must’ve been urgent
9:11 p.m.- Report of a missing fire extinguisher. - Dickey Wood Hall

It’s either that or the tomato sauce
10:00 p.m.- Odor of marijuana. Unconfirmed. - Dickey Wood Hall

Sounds like they handled it first.
10:34 p.m.- Report of a fight. Handled by officer. One transported to hospital. - Phillipi Hall

Thursday, November 1

Amateur hour at GPD
6:35 p.m.- Gorham Police requested USM officer to assist on a call. - Off-campus Gorham

I lost my ball!
10:19 p.m.- Caller reports damage to a window. Report taken. - Upton Hastings Hall

Found it
10:27 p.m.- Hole found in the wall by officer. Report taken. - Robie Andrews Hall

Friday, November 2

It’s too late to ask how I’m voting

Not now dude, I’m in the zone
7:11 a.m.- Subject transported to hospital following medical emergency. - Sullivan Gym

At it again

Saturday, November 3

Not a Bullets-in-board!
8:43 a.m.- Report of damage to a bulletin board. Report taken. - Upton Hastings Hall

In the name of love...
1:00 p.m.- Warning to operator for stop sign violation. - Portland Parking Lot 4

Sunday, November 4

Smart move
1:25 a.m.- Officer checking on group being loud. Gone on arrival. - Gorham Parking Lot 13A

Sounded suspicious

Loud group continues all day noisefest
5:35 p.m.- Report of a group in the woods. Unable to locate. - Mechanical Trades Building Complex

Monday, November 5

Sounds like somebody’s got a case of the Mondays.

Police logs are edited for grammar and style. They can be found at usm.maine.edu/police/campus-crime-log.
Crossword

Sudoku

Cryptogram

Weekly Horoscope

Word Search

The solution to last issue's crossword

The GOLD Company

I can help with.....

- Deciding when to retire
- & to help with your cash flow in retirement

- Rolling over your retirement
- accounts to IRAs
- Developing an investment portfolio
- Family money issues

I since 1995

Joel Gold, CFP®, P. D.
USM Finance Professor since 1973

~ INVESTMENTS & FINANCIAL PLANNING ~
Call 207-650-7884 or 207-934-3698

thegoldcompanyfinancialplanning.com
Get your drag on

USM's Royal Majesty Drag Show on its thirteenth year

Sam Hill
Arts & Culture Editor

It’s that time of year again and Portland is gearing up to get its “drag on.”

The largest campus and community drag show in Northern New England, the annual Royal Majesty Drag Show will return for its 13th year on Nov. 16 in the ballroom at Holiday Inn By The Bay. This year’s show will be hosted by USM alumni and reality TV show RuPaul’s Drag Race veteran, Mimi Imfurst.

The show consists of performances from the host, community member performers from Portland and competitors from local colleges, including USM, Maine College of Art, Southern Maine Community College and St. Joseph’s College. The competitors, both drag queens and kings, will rock the runway and earn scores given to them by a panel of judges consisting of USM staff, students and community members.

“Drag has been so underground, but in recent years it’s become a legitimate, gay mainstream performance art,” said Sarah Holmes, the director of USM’s Center for Sexualities and Gender Diversity.

The show serves as a fundraiser for CSGD and a platform for the LBGT community to be in the spotlight.

The first show was performed in the Woodbury Campus Center dining hall for a crowd of an estimated 150 people in 2000 and has grown larger every year since. Holmes estimates that two-thirds of attendees are directly connected to USM, while the rest are most likely LBGT community members in the area.

“The first year when it was in the dining hall was just something else. We had music playing on this little boombox with a mic plugged in, a few balloons stapled here and there and a runway that was like 6-inches off the ground, if that,” said Imfurst.

Imfurst first got involved with the show as a contestant while attending Deering High School and has since played the role of judge, producer and host. When she’s not involved in the Royal Majesty Drag Show, she’s performing across the country. She has also been involved in drag on a national level as a competitor on RuPaul’s Drag Race, a reality television show that searches to find “America’s next drag superstar.”

Imfurst participated in the third season of the show and came back this fall for RuPaul’s All Stars Drag Race.

“I originally got into drag as a theatrical medium, and then it just became something I could get paid for,” said Imfurst. “It’s like playing dress-up. We all get to that age when I could get paid for, it’s like playing dress-up. We all get to that age when we aren’t supposed to play pretend anymore, but I get to continue doing that through drag.”

USM students have gotten a little extra help in preparing for the show this past weekend. A workshop was held in the Brooks Student Center for students who wanted to give drag a try, providing make-up and clothing to experiment with.

The state of Maine made history on election day this year by being the first state in the country to approve same-sex marriage by popular vote, and the show, those involved say, might become a bit of a celebration in the community for their national victory.

Holmes mentioned that the 2009 show had a stressful and generally down attitude due to the repeal of same-sex marriage legalization.

“This year we’ve had a huge victory and people are in the mood to celebrate that,” said Holmes.

Holmes estimates that two-thirds of attendees are directly connected to USM, while the rest are most likely LBGT community members in the area.

“Student involvement is key,” said Christopher Dalpe, Program Coordinator for Proud Rainbow Youth of Southern Maine.

“The fact that this is run by students for students is amazing. It’s really empowering to be able to say this is ours.”

PRYSM is a program that provides a safe and positive space for lesbian, gay, bisexual, transgender, questioning, intersex and allied (LGBTQIA) youth, offering social support and information about common problems facing youth and community education.

Dalpe will be at the show distributing information on PRYSM services and supporting the contestants.

“Drag, while it may seem strange to outsiders, is viewed as an art form of sorts to those involved. I originally got into drag as a theatrical medium, and then it just became something I could get paid for,” said Imfurst. “It’s like playing dress-up. We all get to that age when we aren’t supposed to play pretend anymore, but I get to continue doing that through drag.”

USM students have gotten a little extra help in preparing for the show this past weekend. A workshop was held in the Brooks Student Center for students who wanted to give drag a try, providing make-up and clothing to experiment with.

The state of Maine made history on election day this year by being the first state in the country to approve same-sex marriage by popular vote, and the show, those involved say, might become a bit of a celebration in the community for their national victory.

Holmes mentioned that the 2009 show had a stressful and generally down attitude due to the repeal of same-sex marriage legalization. She is excited to see the turnout and upbeat attitude this year.

“This year we’ve had a huge victory and we’re definitely going to find a way to celebrate that,” said Holmes.

sam@usmfreepress.org
@SamHill
Sean Morin is the ultimate multi-instrumentalist

Mai, Mai is a musical project fronted by composer and multi-instrumentalist Sean Morin, dedicated to marrying chamber and popular based music.

Sean Morin appears to be an eccentric genius. This is the impression one gets when listening to the cerebral, head compositions that have clearly flowed like the waters of consciousness from Morin’s cortex. They do not represent catchy pop production, than it does an album to put on repeat. 

The beauty of this album is the composition of each song. Every movement in the piece represents a different emotion, but every emotion is cohesive in the natural progression of the song. Multiple harmonic and melodic changes are made, and every movement is introduced with a climactic rush, in both rhythm and volume. “One Less” uses speak volumes of expression into whichever moment you enjoy it in.

The next song in the album, although thoroughly enjoyable, uses a somewhat cheesy vocoder to deploy lyrics, which is at times an awkward silhouette of Chromo’s vocals. Enjoy it for its playful rhythm, and move on to the final song on the album, “Goodbye Song.” The particularly raspy, personal, kind, and yet jazzy tone of the female vocalist is nostalgic and warm. The nostalgia is appropriate as the song moves a person to the feeling of a tough goodbye. This seems to be Morin’s goal in combining chamber and popular music. The keyboard, and slow jazz introduction, breaks into a heavy live drum kit recording, adding a backbone to the song, enabling its transition into harmonic breaks and is accompanied by a muted trumpet and xylophone.

The lyrics are so potent, they ought to be read as poetry as well as heard in music:

“...You knew you were leaving / Before you knew why / So we both said Goodbye / We both said goodbye / We blamed it on wasting the time we’d been given / We waited, we wanted, we could but we didn’t / It wasn’t the truth and it wasn’t a lie / When we both said goodbye / We both said goodbye.”

Morin masterfully blends together these two genres, creating a brand new sound that you won’t hear anywhere else. Listening to the two sounds come together is almost an out-of-body experience. We can only hope that he continues his album and continues to polish his sound and deliver it to the masses. The majority of his music is available for streaming and purchase on Bandcamp.

Rapper Meek Mill’s major-debut, Dreams and Nightmares, has its high spots but often feels more like a hip-hop head’s nightmare than it does an album to put on repeat.

Rappers who come up through the mixtape circuit have two options on how to handle their debut in the major leagues. One option is to stick with the same production route, flow and tactics that got them to where they are, essentially reproducing the content of their mixtapes with a twist, while keeping true to the core group of fans who helped propel them to the top. Basically they choose to release a well-mastered mixtape rather than the quality and depth that is expected of an album (See Lupe Fiasco’s Cole World: The Sideline Story). Or they can embrace a bigger budget and use their new access to professional collaborators to mainstream their sound and increase their outreach, gathering more fans and giving up creative license in exchange for a more pop sound. (“Maybach Curtains” by B.o.B. Meek Mill chose to the first route, releasing an unpolished work and calling it complete because there’s a label backing him.)

Dreams and Nightmares is a typical debut album that focuses on the struggle of growing up in “the hood” and finally “making it.” The topic has been beaten to death and Mill doesn’t do anything different that would separate it from the work of any other rapper. Obviously it’s a personal subject, but it still needs to be accessible and fresh.

It’s no secret that Mill can flow. He’s the smoothest rappers on the scene right now. But he only has one speed, one mode. His vocals could literally be cut and pasted onto any track on the album and you wouldn’t know. The topics of each verse are the same, and they sound the same. There’s zero diversity on the album, minus the first minute of “Dreams and Nightmares,” which slows down and can actually be appreciated. The beginning of the track is half-speed for Mill, and it’s essentially a cappella. There’s a light piano melody in the background. Here, you can appreciate the alliteration and wordplay in his verses, as soon as you get comfortable, it switches styles and busts into just another hype track. “The only track on the album that breaks the mold is the standout is “Maybach Curtains,” because John Legend delivers such a strong, emotional hook and Nas and Rick Ross jump on for verses, forcing Mill to slow down for a second. Legend sings, “Feels like yesterday / when all this was a dream / Through these Maybach curtains I see how life has changed.”

Dreams and Nightmares is proof that Mill needs to ease into the majors instead of trying to take them by storm. The kid is excited, so there’s reason for him to get hype, but he delivers so much more when he steps back and takes his time. That being said, he did earn himself a number two spot on the album sales chart, moving 167,600 copies of the album in its first week. Meek Mill deserves a spot in the industry, he just needs to settle down and focus.

See a typo anywhere? Want us to add an image? Let us know.

Lend us a hand and come copy-edit for us.

E-mail us for more info: editor@usmfreepress.org

In Heavy Rotation
What caught the eyes and ears of our staff this week.

G.O.O.D. Music, Def Jam

Big Sean / Finally Famous
Sean runs circles around beats by No I.D. on his major-label debut, living up to the hype and proving Kanye West was right to sign him to G.O.O.D. Music. Drake-style lyrics with a heavier delivery and subtle pop influences make for a classic party anthem with a twist from real, relatable lyrics.

Fleet Foxes / Helplessness Blues
Fleet Foxes have brought folk music into the twenty-first century and given it a modern feel. Tracks such as “Montezuma” and “Grown Ocean” will leave you feeling empowered and energized, while others will relax you. This album is a funfist tradition of modern folk for anyone new to the genre.

Fleet Foxes / Helplessness Blues
Fleet Foxes have brought folk music into the twenty-first century and given it a modern feel. Tracks such as “Montezuma” and “Grown Ocean” will leave you feeling empowered and energized, while others will relax you. This album is a funfist tradition of modern folk for anyone new to the genre.

By No I.D. on his major-label debut, living up to the hype and proving Kanye West was right to sign him to G.O.O.D. Music. Drake-style lyrics with a heavier delivery and subtle pop influences make for a classic party anthem with a twist from real, relatable lyrics.

Fleet Foxes / Helplessness Blues
Fleet Foxes have brought folk music into the twenty-first century and given it a modern feel. Tracks such as “Montezuma” and “Grown Ocean” will leave you feeling empowered and energized, while others will relax you. This album is a funfist tradition of modern folk for anyone new to the genre.
Eli Young Band at State Theatre

Portland’s State Theatre will be hosting a band that is creating quite a buzz in the country music industry, with a booming year of tours and unstoppable accomplishments.

The newly loved Eli Young Band will take over the stage on Thursday, Nov. 11 with an exciting show.

Eli Young Band has been performing together for 11 years. The band has had their entire album Life at Best. With country albums chart, and number two on the all-time genre favorite, Tom Petty. Eli Young Band is a lyrical sound that comes naturally. Putting forth a personal identity, the band gives off a unique, fast paced country sound, as well as an unexpected rock feel similar to that of Jimmy Kimmel Live on the Late Show with David Letterman, wide attention, Eli Young Band performed opening a song that won them the Academy of Country Music award for country song of the year. “Crazy Girl” began to escalate to double platinum status, getting them to number one song of the year. And it doesn’t stop there. The song hit number one on iTunes country albums chart, and number two on iTunes. Their success from “Crazy Girl” opened up immediate response to their album Life at Best. With country wide attention, Eli Young Band performed on the Late Show with David Letterman, Jimmy Kimmel Live and The Tonight Show with Jay Leno. Life at Best soon reached top three on the Billboard country chart.

This newest 14-track album features a unique, fast paced country sound, as well as an unexpected rock feel similar to that of the all-time genre favorite, Tom Petty. Eli Young Band carries on a career as well as an incredible friendship. A deep passion for creating music bonds the group. Putting forth a personal identity, the band gives off a lyrical sound that comes naturally.

“We found the right chemistry from the very start, it was weird we all had different musical backgrounds but somehow it turned out to be the perfect combination,” said Thompson.

The show starts at 7:30 p.m., and the box office doors will be open an hour before the show. Tickets are $25 in advance or $30 the day of the show. For additional ticket information, visit the State Theatre website.

1) Port Veritas

Bull Feeney’s on 375 Fore Street, regularly serves as host to Port Veritas, one of the longest running poetry slams series in Portland, Port Veritas opens up an opportunity for writers and poets in the community to come together in a free, open environment. Occurring every Tuesday of the month, Bull Feeney’s welcomes everyone to participate or just sit back and listen to the art. This coming week, on Nov. 13, Port Veritas has a special feature, introducing National individual poetry slam champ, Chris August. Whether you are coming to listen and throw back some insanely fresh food or participate in the actually slam, Port Veritas is a must. Performers must be at Port Veritas at 7 p.m. with three of their own pieces ready, and the slam begins at 8:30 p.m. The winner is determined through a three round audience judged competition. There is a $2 cover charge and a $3 charge for slams.

2) Rhythmic Cypher

Known as “Poetry with a Beat”, Rhythmic Cypher is an open mic poetry slam that features local, regional and national talent from around the country, as well as a talented venue of storytellers and musicians. Taking place at Dobra Tea, located at 151 Middle St., Rhythmic Cypher is hosted every Sunday. The slam is a perfect opportunity for passionate poets to come embrace and share their work. With their very unique, passion filled music, this slam opens up the opportunity for a variety of unique individuals to collaborate and create art. Starting at 5:30 p.m. tea time, anyone can come in and converse as the night gets started. The workshop starts at 6 p.m. and the actual slam takes place from 7 p.m. to 10 p.m.

3) Write Around Portland

Taking place now through Dec. 31, Write Around Portland, a collaborative writing organization, is setting up writing workshops to help writers share their work with all kinds of places and people around Portland. Write Around Portland gives an opportunity for poets to share their work in hospitals, schools, homeless youth shelters, senior centers etc. With holidays around the corner this is a perfect opportunity to keep a smile on everybody’s face. Write Around Portland sets up writing workshops for anyone and everyone, with a free ten week creative writing workshop, you are guaranteed to come out as a stronger writer. To set up workshops you can visit www.writearound.org.

4) Lifewriting

Maine Writers and Publishers Alliance is hosting a special kind of writing workshop with Denis Ledoux, who won the Maine Writing Fellowship Award as well as The Maine Fiction Award for many of his stories. This writing workshop kicks off the November Lifewriting month in a way that helps writers gain knowledge and inspiration when writing memoirs. Denis Ledoux will share his successful memoir writing as a way to provide helpful insights. He will break down the basic elements in memoir writing and eventually get all writers to flow memory off their tongues in a detailed, accurate way. This workshop is known to inspire writers and help writers learn the nuts and bolts of memoir writing. Taking place on Saturday, Nov. 17 in the Glickman Family Library, USM Portland, the workshop starts at 1 p.m. and goes until 5 p.m.

5) MWPA Short Story Competition

MWPA is also hosting a short story competition for the summer. With school, jobs and other obligations, writers are encouraged to get an early start on their short stories in order to polish them for competition. MWPA and Shanti Arts Publishing encourages writers to write their stories based off of inspiration from one of Maine’s very own artists, Leslie Anderson. Stories should show a noticeable connection between visual and literary art. Serving as the competition’s judge will be Award-Winning Maine author, Ron Currie, Jr. This competition is a one-time opportunity for writers to get a feel for the world of publishing with a different level of competition. Writers, get your inspiration now and get a head start in the competition. Submissions of the short stories will be published in a printed collection alongside Anderson’s Paintings. Winners will receive a $500 honorarium and three of their very own copies of the published book. For more details on submission go to Maine’s Writers and Publishers Alliance website.
To celebrate seventy years of practice, performance and pizzicato, the Portland Youth Symphony Orchestra will not take the stage with a fireworks display. The audience will not be greeted with a saccharine slice of birthday cake and the conclusion of the concert will not evoke a showering of sequin confetti. Fittingly, this honorable achievement will be commemorated by the performance of Mahler’s Symphony No. 3. In collaboration with PYSO, the concert will feature the Southern Maine Symphony Orchestra, the Women of the USM Chorale, the Southern Maine Children’s Choir and a smattering of faculty artists.

Mahler’s ambitious work does not take second place to a couple of firecrackers and a decadent dessert. At nearly one hundred minutes long, this musical marathon still holds the world record. How perfect that such a stunning composition would be at the heart of a celebration as grand as this one.

Seventy years ago, the Student Philharmonic Orchestra, now known as the Portland Youth Symphony Orchestra, performed its initial concert on May 19, 1942. Founder Clinton W. Graffam and his wife, Katherine Graffam assembled the group consisting of talented young musicians in the Portland area. The group’s organization was due in large part to the couple’s desire to create a music program that challenged aspiring young musicians in the state. Seventy years later, the Portland Youth Symphony Orchestra is known nationally as one of the oldest student orchestras in the country.

Back in 1942, the admission fee for the first annual concert of the Portland Youth Symphony Orchestra was donated sheet music and phonograph records. These donations were not kept for the organization’s purposes but were instead given to the members of the Armed Forces residing in Maine. This small musical contribution to the community is just one example of how the Portland Youth Symphony Orchestra has happily spread its passion for music for the past seventy years.

Although the Student Philharmonic Orchestra’s name has changed, viewers can still go to the venue of the first concert, Portland City Hall, to experience a dose of musical history. No need for party balloons and pyrotechnics on this November night as mezzo-soprano Metropolitan Opera singer Teresa Herold, a 2002 graduate of USM, will be the featured soloist. Concert goers should expect a performance of 150 dedicated musicians ages 14 to 80 to take the stage on Friday, Nov. 16 at 7 p.m. at Merrill Auditorium. The performers will be under the direction of Conductor Robert Lehmann. There will be a $12 suggested donation at the door with open seating.

Arts & Culture Recommends: Portland Youth Symphony

departmenteditor@usmfreepress.org  @SamAHill

Photos courtesy of Portland Youth Symphony

(right) Portland Youth Symphony Orchestra’s celebrates 60 years in 2002. (Left) The first concert performed by Student Philharmonic Orchestra in 1942.
A&C Listings

Tuesday, November 13
Citizen / State Champs / Candy Hearts
Studio 250
250 Read St.
Doors: 6:00 p.m. / Show: 7:00 p.m.

Bill McKibben / Melodeego
State Theatre
609 Congress St.
Doors: 6:00 p.m. / Show: 7:00 p.m.

Liz Longley / Barnaby Bright
One Longfellow Square
181 State St.
Doors: 7:30 p.m. / Show: 7:30 p.m.

Wednesday, November 14
Bassnectar / Gramatik / Gladkill
State Theatre
609 Congress St.
Doors: 7:00 p.m. / Show: 7:30 p.m.

Thursday, November 15
Eli Young Band / JT Hodges
State Theatre
609 Congress St.
Doors: 6:30 p.m. / Show: 7:30 p.m.

Rubblebucket / Reptar
Port City Music Hall
504 Congress St.
Doors: 7:00 p.m. / Show: 8:00 p.m.

Groove Ruckus
Blue
650 Congress St.
Doors: 10:00 p.m. / Show: 10:00 p.m.

Friday, November 16
Allen Stone / Tingsek / Haley Reinhart
Port City Music Hall
504 Congress St.
Doors: 7:00 p.m. / Show: 8:00 p.m.

The Potato Pickers
Blue
650 Congress St.
Doors: 8:00 p.m. / Show: 8:00 p.m.

Primo Cubano
One Longfellow Square
181 State St.
Doors: 8:00 p.m. / Show: 8:00 p.m.

Worried Well / Dustin Saucier
Empire Dine and Dance
575 Congress St.
Doors: 9:00 p.m. / Show: 9:15 p.m.

Sidecar Radio / Planeside
The Big Easy
55 Market St.
Doors: 9:00 p.m. / Show: 9:30 p.m.

Saturday, November 17
Mehuman Jonson
Blue
650 Congress St.
Doors: 6:00 p.m. / Show: 6:00 p.m.

John Hammond
One Longfellow Square
181 State St.
Doors: 8:00 p.m. / Show: 8:00 p.m.

Sunday, November 18
Taking Back Sunday / Bayside / The Menzingers
State Theatre
609 Congress St.
Doors: 6:30 p.m. / Show: 7:30 p.m.

Want to write for Arts & Culture?
E-mail the editor for more info at: arts@usmfreepress.org

TRANSFER STUDENT EXPERIENCE

“There’s electricity between students and faculty—magic happens in the classroom!”
—Shannon Partrick
Transfer Student
Individualized Major
Small class size, amazing faculty, with an individualized, student-centered approach, that’s the Burlington College difference.

Burlington College
Vermont USA
JOIN US FOR OUR SPRING 2013 SEMESTER!
FIND OUT MORE AT: BURLINGTON.EDU/TRANSFER
800-862-9616

US Theatre
2012-2013 Season
By Tennessee Williams
Directed by Thomas Power
November 16-December 2, 2012
A poetic masterpiece
Tickets: $15/ $11 seniors/$8 students
Save 55% with a flex pass.
usm.maine.edu/theatre
(207) 786-5145, TTY 780-5646
Main Stage, Russell Hall, USM Gorham campus
Free parking on campus for all evening and weekend events in student or faculty lots.
Many disappointed Republicans are lashing out at the American public for not re-electing President Obama, claiming that things are going to get worse—not better. And I can absolutely understand why.

Mitt Romney may have lost, but he still represents a true Republican. I mean, yes, during his years as Governor of Massachusetts he was widely considered a “moderate” Republican. Yes, many small businesses who have had just enough of listening to the liberal rhetoric that is infecting the nation, and the liberal voice that unfortunately dominates this university. You are not alone. There are still rational thinkers in this country, despite the fact that most people voted for the reelection of President Barack Obama.

The dominance of the liberal view at USM makes conservative and Republican students feel like outcasts. Americans learned the outcome of the 2012 election late Tuesday night, with President Barack Obama winning by a landslide against Republican Mitt Romney. President Obama has gone down in history as being America’s first African American President in addition to being the first President to be re-elected with the highest unemployment rate since Franklin D. Roosevelt. Victory for Democrats didn’t just stop with Obama’s re-election, shatteringly ignorant was: “College students should have their financial aid taken away. Clearly they don’t need it.” This kind of naivete is rampant throughout USM. It would be so easy to apply this same tactic in order to gain the support of the section of the conservative community that was on the fence about Romney. He said a firm “no” to abortion rather than supporting it, as he did in a National Review article from 2011 titled “My Pro-Life Pledge.” He also understands us in that he wants us to be able to just be like him – successful, wealthy and generally happy people. He knows that everyone wants to be rich, and he only wants us to have that opportunity as well. He did say that we should just “borrow from our parents,” but he was really trying to tell us that he wants us all to have successful enough families that we have the ability to borrow from our parents. He wasn’t just speaking from personal experience because his parents paid for his education, because that would be insensitive. That’s not the type of person Mitt Romney is – he cares about us.

He also came under fire for his comments on the 47 percent of Americans that supposedly doesn’t pay income tax, saying that those people feel they are victims and will support Obama unconditionally. Mitt Romney stated that he “wouldn’t worry about those people,” which many translated as simply not caring about 47 percent of America. But if Democrats would only look beyond the words, they could see the real message.

See ROMNEY on page 16

Andrew Henry
Perspectives Editor

This is for the moderate to conservative students – the one, or dare I say two – you might find hidden in a classroom of 30 or more liberals. This is for every student who has had just enough of listening to the liberal rhetoric that is infecting the nation, and the liberal voice that unfortunately dominates this university. You are not alone. There are still rational thinkers in this country, despite the fact that most people voted for the re-election of President Barack Obama.

The dominance of the liberal view at USM makes conservative and Republican students feel like outcasts. Americans learned the outcome of the 2012 election late Tuesday night, with President Barack Obama winning by a landslide against Republican Mitt Romney. President Obama has gone down in history as being America’s first African American President in addition to being the first President to be re-elected with the highest unemployment rate since Franklin D. Roosevelt. Victory for Democrats didn’t just stop with Obama’s re-election, however.

This election year has brought many accomplishments. In Maine, the Yes on One campaign to create marriage equality has finally passed, after much rallying and efforts to shuttle students to vote, and New Hampshire now boasts an entirely female congressional delegation, in addition to the 20 female senators coming in 2013, should the election be re-elected.

This election year has brought many accomplishments. In Maine, the Yes on One campaign to create marriage equality has finally passed, after much rallying and efforts to shuttle students to vote, and New Hampshire now boasts an entirely female congressional delegation, in addition to the 20 female senators coming in 2013, should the election be re-elected.

I’m almost positive that while on the campaign trail, you shouldn’t argue about how you should be able to roll down airplane windows – thus indicating your lack of knowledge of cabin pressurization, aka: basic physics.

I say two – you might be wondering why.

The Republican Party needs to restructure itself. A good first step would be weeding out all of the aforementioned uneducated, heartless Neanderthals who are giving us such a bad reputation. We need a more moderate Republican outlook, one that is not so degrading and less reactionary. For example, conservatives who take the pro-life stance and are just as concerned with women’s rights should be the ones who make statements. Conservatives need to come together as a unit that is balanced and educated.

As someone who voted for Mitt Romney, the re-election of Obama is not what I hoped for. What I do hope for is that other conservative students on campus never fear to stand up for their beliefs no matter how much other students disagree with them. Even if you are the only person in your class who is a conservative, or a liberal, fight for what you believe in. Never let the intolerance of other people deny you your opinions and your right to voice them. What this country needs, and what this institution needs, is people who are willing to listen to each other. History has been rewritten this year in wonderfully progressive ways. Great efforts have been put forth by multitudes of people, left and right, to bring forth this change. What we need now is for this campus to unite itself. As difficult as that may seem, it is not impossible.

Debbie Condello is an English major in her senior year.
Guest Column

Election predilection keeps voters divided to the end

Alan Barker
Contributor

The New York Yankees. The New York Giants. The Los Angeles Lakers. The Vancouver Canucks. Mitt Romney. At first glance, one of these things is not like the other.

I spent election Tuesday at Binga’s Stadium, and I finally understood what it was like to be on the other side – that is, the losing one.

Binga’s is probably my favorite sports bar, and at various times, I have experienced highs and lows from my favorite Boston teams. I watched the Bruins win the Stanley Cup in 2011 from a Binga’s bar stool. I watched the Celtics beat the Lakers in the 2008 NBA Finals and lose to them in 2010 rematch. And there was one thing that all of these experiences had in common. I was in the minority of Boston fans that mercilessly ridiculed the one or two fans of “the enemy.”

On Nov. 6, 2012, I got to experience how the other half live. I spent election night as the only Romney supporter taking in election coverage at Binga’s.

I suffered in silence as the crowd erupted at 8 p.m. when the polls closed in New England and at 10:30 p.m. with Romney’s victory in Indiana. I was happy to see Todd Akin and his “legitimate rape” get his pink slip. I voted for Angus King and for the Democratic state representative in my district. I see these votes as not going against my party, but voting in favor of what my party stands for. They reinforce the concept of state’s rights. I don’t want unnecessary spending. I think that the conservative position of smaller government would indicate that government stay out of marriage and abortion. I don’t want to see more spending.

I see Angers as the type to reach across both sides and I know my state representative has done what is right for the state, even if it isn’t the Democratic position on some bills.

However, when it comes to fixing the economy (which I feel is the most important issue at the national level) the better choice would be the man who made his millions turning around failing companies, doing so at a 78 percent success rate. I don’t want a community organizer with no such job history and a tax- and spend mentality. Our economy has seen poor budgeting in recent years and a downgrade in our credit rating due to our dependent economic relationship with China.

Thanks to Question One, I’m optimistic for an economic turn-around here in Maine, especially in the area of florists, caterers, event centers, DJ’s, bands and divorce lawyers. In other sectors of Maine’s economy and the overall economy for the rest of the country, I’m kind of worried. That might just be sour grapes on my part, though. I just didn’t see enough in the last four years to believe that our economy is in good hands looking forward.

Beyond this election, the Republican Party needs to do some serious reflecting on how they have stayed so far from that which they once stood. They need to remember that smaller government means hands off personal choice. A big reason that the Republicans were routed was that they included into their rhetoric insensitive anti-abortion comments, ranging from rape jokes to advocacy for invasive procedures required for an abortion.

They need to learn not just where spending bills need to allocate money, but also control how much will be allocated. This is especially true in defense spending. While Romney is correct in saying the Secretary of the Navy wanted a larger fleet, the overall request for funding from the Pentagon was much lower than what Romney proposed. Defense spending should be made on justifiable requests and the military budget should be combed over to eliminate wasteful spending.

This could apply to any number of spending programs, but defense seems to be the sacred cow, making it the perfect place to start.

Finally, they need to work with both sides of the aisle. Congressional approval fell so low in the last two years that even the Chicago Cubs laugh at their lack of success. A lot of this came from the “we have to prevent Obama from being re-elected” attitude adopted by the congressmen and women of the 2010 freshmen class. Their obstructionist mentality put the charge toward the fiscal cliff into hyperdrive. The voters clearly voiced their displeasure, as seen by the weakened Republican majority in the House and strengthened Democrat majority in the Senate. The only way to win back public support is to work in the best interest of the country instead of the best interest of the party. And certainly don’t act with the intention of sabotaging the other party since that has a tendency to backfire.

One thing is certain. I’m not moving out of the country in protest. I’m not going to distance myself from friends that did vote for Obama and other Democrats. I am going to hope that Congress realizes that they no longer have to work to prevent him from being re-elected and decide to actually work toward moderate, bipartisan solutions to our problems. To echo the sentiments of several of my friends from both sides of the aisle, I just hope that in 2016 both parties give us a decent candidate to vote for, because the past four elections have felt like we were voting for the guy we disliked the least rather than the guy we liked the most.

Alan Barker is a communication major and writing minor.

Take an Opinion

We want to put it in print.
Write a column for the Free Press. Contact editor@usmfreepress.org

$3.00 OFF any large pizza
www.leonardosonline.com
Free delivery or carry out
One coupon per pizza
Expires 12/30/12

Leonardo’s Pizza
415 Forest Avenue, Portland
(207) 775-4444
www.leonardosonline.com

Award-winning pizza
Free delivery
10% off with college id
Order online
the free press

92 BEDFORD STREET, PORTLAND, MAINE 04101
(207) 780-4084 • editor@usmfreepress.org

EDITOR-IN-CHIEF
Kirsten Sylvain
NEWS EDITOR

ARTS & CULTURE EDITOR
Sam Hill
PERSPECTIVES EDITOR
Andrew Henry
SPORTS EDITOR
Anna Chiu
DESIGN DIRECTOR
Warren II
MULTIMEDIA EDITOR
Alex Greenlee
ADVERTISING MANAGER
Patrick O'Reilly
BUSINESS MANAGER
Lucille Siegler
FACULTY ADVISER
Eve Raimon

NEWS ASSISTANT
Nate Mooney
STAFF WRITERS
Jim Sheldon, Kit Kelchner, Spencer McBreairty, Jake Lowry, Sam Haiden, Sidney Dritz, Skylia Gordon
STAFF PHOTOGRAPHERS
Casey Ledoux, Justicia Barreiros, Phoebe Borden, Patrick Higgins
DESIGN ASSISTANT
Sokvonny Chhouk
COPY EDITORS
Laura Sawyer, Stacey Zaccaro, Sidney Dritz, Brittany Hill, Tom Collier, Mindy Allen
ADVERTISING EXECUTIVES
Peter Macridis, Sam Haiden

Head shots by Alex Greenlee and Chelsea Ellis

Editorial & Advertising Policies

The Free Press is a weekly student-run newspaper paid for in part with the Student Activity Fee. • We reserve the right to edit or refuse all materials submitted or solicited for publication. • Columns do not reflect the opinions of The Free Press or its staff. • Guest commentaries are sometimes solicited or accepted from members of the USM community; they may not exceed 700 words. • We have a gender-neutral language policy. • One copy of The Free Press is available free of charge. Up to 10 additional copies are available for 25 cents each at the office of The Free Press, 92 Bedford St., Portland, Maine. • The Free Press reaches an estimated 11,000 students of USM, their friends and families on the Portland and Gorham campuses and in the Portland community; they may not exceed 700 words. • We reserve the right to reject advertising. We will not accept discriminatory ads. • We welcome letters to the editor. They must be submitted electronically, including the author’s full name, school year or relationship to USM, and may not exceed 350 words without prior approval from the Editor-in-Chief. • The deadline for all submissions is Wednesday at 5 p.m. preceding the week of publication. Send submissions to editor@usmfreepress.org.

From ROMNEY on page 14

Romney was really saying that he wasn’t going to worry about people that were already successful, not that he doesn’t care about them. That 47 percent is just like him - successful people. He was implying that he wasn’t going to worry, and focus more on the citizens of America that did need help, the people who do pay income tax. Why these implications about Romney’s positive stance on helping the less fortunate went unnoticed is beyond me.

It’s clear to me that Romney has more going for him than people realize. If only the Democrats would look past their winning campaign strategies and see the big picture – that winning isn’t everything – something that Mitt Romney personally understands.

Letters & Comments:

Consequences of a smoking-ban at USM

According to an eclectic collection of resources, a smoking ban at USM would not benefit the well-being of students.

Strange enough, a smoking ban actually increases your chances of dying in a car accident. A study done at the University of Wisconsin-Milwaukee compared the number of drunk driving fatalities in areas where smoking was banned versus areas where smoking was still allowed. The results suggest that smokers are willing to drive longer distances just to find a designated area where they can light up. Getting behind the wheel in the first place, plus the added travel time means that there are more drunk drivers swerving down roads in ban territories than in smoke-friendly areas. It seems that if the smoke doesn’t kill you one way, it will kill you another.

If you escape the cigarette smoke, then what about the frying pan you cook with, the barbeque grill, the car’s air conditioning or the coffee you brew? The use of a cell phone or microwave introduces toxic substances to your airway, including nitrogen dioxide and carbon monoxide. Eating barbequed food exposes you to polyaromatic hydrocarbons that are also found in cigarette smoke. Gasoline fumes and cigarette smoke can create conditions that encourage the growth of bacteria.

Forbidding activity is defined as the policy “carrying or smoking a lighted tobacco product or the burning of any material to be inhaled including, but not limited to, cigarettes, cigars, hookahs, and pipes.”

There are now at least 774 completely smoke-free campuses in the U.S., according to a report issued earlier this month by the American Nonsmokers’ Rights Foundation.

According to the Surgeon General’s report for 2012, tobacco use among people ages 18 to 25 remains at epidemic proportions nationwide. The review found 90 percent of smokers started by age 18 and 99 percent by age 26. About one quarter to one third of college students smoke, studies have found.

Smoking rights advocate Audrey Silk, founder of New York Citizens Lobbying Against Smoker Harassment, says an outdoor ban for any public facility is an attack on the rights of one segment of the population.

“This isn’t a health issue anymore. It’s a moral issue,” she says. “There’s absolutely zero reason for a smoking ban outdoors. They use it as a tool. Harm from smoke outdoors is an excuse to frustrate smokers into quitting because they can’t find a place to light up.”

“Schools are a business,” she said. “Who assigned them the role of behavior modification? It’s their responsibility to educate. What they’re doing is indoctrinating.”

- Maria Kondax

KARATE

Grand Opening Special
$50/month Lifetime, First 50 Students
First Month Free

Adult Karate Classes (13+)
Sunday-Thursday @ 6:30
Classic Shotokan Karate dojo
1844 Forest Ave, Portland
774-KATA (5282)

Full hour Massage or Facial

Call today to schedule your appointment in our teacher supervised student clinic!

$20!*

or receive 10% off any services in our Cosmetology Clinic first time visit only with this ad

591-4141 100 Larrabee Rd Westbrook, ME
Community Service Learning

You are Invited to Civic Matters 2012

4th Annual Symposium of Community-Based Student Projects and Research

Civic Matters celebrates community-engaged student work across USM disciplines that enriches student learning and addresses community-identified needs. Through this work, students gain greater engagement, academic success, and civic learning.

**Civic Matters 2012 Schedule**

Wishcamper Center, Portland campus

- **8:30 a.m.** Poster Session with Refreshments
- **9:15 a.m.** Opening Remarks from President Kalikow
- **9:25 a.m.** Service Learning Panel featuring USM faculty authors from special edition of *Group Work*
- **10:10 a.m.** Oral Session 1
- **10:55 a.m.** Oral Session 2
- **11:40 a.m.** Community Conversation and Lunch

Friday, November 16, 2012

8:00 a.m. to 1:00 p.m.

Wishcamper Center, Portland

Free and open to the public

For information contact Community Service Learning at 228-0091, community@usm.maine.edu

For access inquiries call 228-8902, TTY 785-5646

---

College of Science, Technology, & Health

**Computer Science & IT Job Fair**

Wednesday

November 28, 2012

1:00 - 5:00 PM

2nd Floor

Abromson Center

88 Bedford Street

USM Portland

**FMI: usm.maine.edu/csth/studentsjobfair**

Companies will be seeking applicants in the following areas:

- Computer science, computer engineering, cyber security, electrical engineering, information technology, project management, and other technology-related fields.

This event is free and open to all qualified candidates. If you are looking for a full-time job or internship opportunity, join us and come dressed for success!
Cigarettes and junk food are strikingly similar

With 62.9 percent of Mainers overweight, should there be a policy on junk food too?

Anna Chiu
Sports Editor

The smoking ban will officially be enforced on campus starting in January with officials hoping to improve the health of the USM community.

Cancer, in fact, is the leading cause of death in Maine and has a higher rate than any other state, according to the Centers for Disease Control. They also estimated that 85 percent of all cancer diagnoses were due to preventable life habits, which include smoking and dietary.

Cigarettes have a bad reputation, given their laundry list of over 155 different carcinogens and toxins in a single cigarette. Reasons for the smoking ban are understandable, but there is another health issue that tops smoking or being around cigarette smoke for non-smokers.

The same mentality about smoking can be applied to junk food consumption. Junk food has been in our diets since childhood, so that now it is almost impossible to turn away when it is offered to us. Maine already tops the list in adult obesity nationwide at 28 percent, with 62.9 percent overweight. According to data from the American Cancer Institute, improper diet is the cause of 40 percent of cancers in men and 60 percent in women. An improper diet constitutes consistent sugar intake and consumption of less than five servings of fruits and vegetables, according to the USDA food pyramid.

The American Cancer Society estimated about 171,600 cancer deaths are due to tobacco use but they also suggest that a third of all cancer deaths are related to poor nutrition, overweight or obesity and physical inactivity. The relationship between cigarettes and junk food consumption is strikingly similar in how both can cause havoc in the body.

The production process of any junk food involves the addition of chemicals, which are carcinogenic to the human body, to help maintain freshness and elevate taste. Carcinogenic substances act slowly in the body, but they systemically poison it day by day. These ‘extra’ substances in junk food can become a precursor to a variety of health problems including obesity, high blood pressure, diabetes, heart disease and a multitude of cancers.

In Western societies, we tend to use junk food as positive reinforcement for children. Many elementary school teachers use candy to reward students for good behavior or effort, and it is instances like this when children learn and view candy as a good thing. Sophomore Clara Reed, a sociology major, recalls her earliest memories of junk food. "My mom used to have a drawer in the kitchen full of candy, and every time we did a chore she allowed us to go into the drawer and pick out our favorite piece of candy."

At the Woodbury Campus Center, there are more varieties of king sized candy and chocolate in the snack aisle than topping choices at the salad bar. There is even a milk shake machine that was added this year, but it wasn’t decided by the dining committee. "How we decide what to offer is guided by student feedback," said Chris Kinney, general manager of USM dining service. "We survey students online.

See JUNK on page 19

Find your zen with vinyasa flow yoga in Gorham

Alyssa Thomson
Contributor

Students have been finding relief from the stresses of college at the Vinyasa Flow Yoga class offered at USM.

Vinyasa style yoga focuses on the breath and is recognized for how the different poses flow together one after another. The class takes place on Tuesday nights at 7 p.m. in the Costello Sports Complex on the Gorham campus.

The class is led by Molly Massa, a music vocal performance major and holistic health minor. She has been a yoga instructor for two months.

She has also practiced yoga consistently for two years, although she says that yoga has been a lifelong interest. She wishes to pass on to the community.

The selection of assorted junk food at the Brooks Convenience Store in Gorham.

The vinyasa flow yoga course is a good option for USM students who want another way to find balance. With all the stress that comes with the life of a college student, many students are finding that yoga has helpful qualities outside of a regular workout routine.

Anna Chiu on this story

The smoking ban will officially be enforced on campus starting in January with officials hoping to improve the health of the USM community.

Cancer, in fact, is the leading cause of death in Maine and has a higher rate than any other state, according to the Centers for Disease Control. They also estimated that 85 percent of all cancer diagnoses were due to preventable life habits, which include smoking and dietary.

Cigarettes have a bad reputation, given their laundry list of over 155 different carcinogens and toxins in a single cigarette. Reasons for the smoking ban are understandable, but there is another health issue that tops smoking or being around cigarette smoke for non-smokers.

The same mentality about smoking can be applied to junk food consumption. Junk food has been in our diets since childhood, so that now it is almost impossible to turn away when it is offered to us. Maine already tops the list in adult obesity nationwide at 28 percent, with 62.9 percent overweight. According to data from the American Cancer Institute, improper diet is the cause of 40 percent of cancers in men and 60 percent in women. An improper diet constitutes consistent sugar intake and consumption of less than five servings of fruits and vegetables, according to the USDA food pyramid.

The American Cancer Society estimated about 171,600 cancer deaths are due to tobacco use but they also suggest that a third of all cancer deaths are related to poor nutrition, overweight or obesity and physical inactivity. The relationship between cigarettes and junk food consumption is strikingly similar in how both can cause havoc in the body.

The production process of any junk food involves the addition of chemicals, which are carcinogenic to the human body, to help maintain freshness and elevate taste. Carcinogenic substances act slowly in the body, but they systemically poison it day by day. These ‘extra’ substances in junk food can become a precursor to a variety of health problems including obesity, high blood pressure, diabetes, heart disease and a multitude of cancers.

In Western societies, we tend to use junk food as positive reinforcement for children. Many elementary school teachers use candy to reward students for good behavior or effort, and it is instances like this when children learn and view candy as a good thing. Sophomore Clara Reed, a sociology major, recalls her earliest memories of junk food. "My mom used to have a drawer in the kitchen full of candy, and every time we did a chore she allowed us to go into the drawer and pick out our favorite piece of candy."

At the Woodbury Campus Center, there are more varieties of king sized candy and chocolate in the snack aisle than topping choices at the salad bar. There is even a milk shake machine that was added this year, but it wasn’t decided by the dining committee. "How we decide what to offer is guided by student feedback," said Chris Kinney, general manager of USM dining service. "We survey students online.

See JUNK on page 19

Find your zen with vinyasa flow yoga in Gorham

Alyssa Thomson
Contributor

Students have been finding relief from the stresses of college at the Vinyasa Flow Yoga class offered at USM.

Vinyasa style yoga focuses on the breath and is recognized for how the different poses flow together one after another. The class takes place on Tuesday nights at 7 p.m. in the Costello Sports Complex on the Gorham campus.

The class is led by Molly Massa, a music vocal performance major and holistic health minor. She has been a yoga instructor for two months.

She has also practiced yoga consistently for two years, although she says that yoga has been a lifelong interest. She wishes to pass on to the community.

The selection of assorted junk food at the Brooks Convenience Store in Gorham.

The vinyasa flow yoga course is a good option for USM students who want another way to find balance. With all the stress that comes with the life of a college student, many students are finding that yoga has helpful qualities outside of a regular workout routine.
Quick Hits: The Huskies’ week in review

Men’s Cross Country

Gazzelloni pushes USM to 18th place at NCAA Regionals

The men’s team finished 18th among 50 teams at the men’s NCAA Division III New England Cross Country Regional Championship on Saturday afternoon. USM will conclude its season with a total of 515 points. Lead Husky senior Justin Gazzelloni was the first Husky to cross the finish line, coming in 36th among 351 runners with a time of 23 minutes and 19.90 seconds. Senior Colton Tin-

Men’s Ice Hockey

Huskies win with 4-0 shutout

The Huskies were able to notch a 4-0 victory against Saint Michael’s College on Saturday afternoon. The men’s record was improved to 1-1 overall with a time of 23 minutes and 19.90 seconds.

Women’s Ice Hockey

Huskies face their first loss of the season

The women’s team were un-

Scoreboard

November 9

Men’s Ice Hockey
USM 0
Norwich 6

Women’s Ice Hockey
USM 2
St. Michael’s 1

November 10

Men’s Ice Hockey
USM 3
Castleton 7

Women’s Ice Hockey
USM 2
Norwich 7

Like writing? We have openings for sports writers. Email achiu@usmfreepress.org if interested.

November 16

Women’s Basketball
vs. UMaine- Farmington @ UMass Dartmouth 3 p.m.

Women’s Ice Hockey
USM @ New England Col. 4 p.m.

Men’s Ice Hockey
USM @ UNE 7 p.m.

November 17

Women’s Basketball
vs. Rivier @ UMass Dartmouth 2 p.m.

Men’s Basketball
vs. Mass Maritime @ UMaine- Presque Isle 4 p.m.

Women’s Ice Hockey
USM @ Castleton 2 p.m.

Wrestling
@ W.P.I 12 p.m.

Upcoming

From JUNK on page 18

every semester to better understand their needs and preferences. We also conduct a dining committee meeting every other week that is open to all students."

Just as smokers want their smoke, many students want their sugar fix. "I usually get some type of candy whenever I’m on campus, but I do think USM provides too much king sized chocolate and candy," Reed said. "If I do want a particular chocolate, I end up buying the king sized because it’s the only size they have."

Providing king sized candy throughout campus is like supplying students with cigarettes.

Obesity is an epidemic and so is tobacco use. They’re both behavioral issues that go unnoticed on campus. The potential harm it can cause in the human body. Nobody talks about buming barbecuing even though it has been proved to emit smoke similar to cigarettes.

Public health policies, such as the smoking ban, continue to be in charge of ignorance which is why education is necessary to bring awareness to the forefront. USM needs to realize that junk food consumption is a habit as deadly as smoking. They could start by offering smaller sized choices instead of king sized. Education will allow students to make the best decisions for their health. The statistical data is available, but we need to rethink how we handle junk food consumption and how the systemic havoc is similar to smoking.

When it comes to food, what is served on campus, the most vital tool is education, and not just education and awareness.

There are many varieties of king sized chocolates and candies at the P.O.D market located at Luther Bonney Hall.

Like writing? We have openings for sports writers. Email achiu@usmfreepress.org if interested.

November 16

Women’s Basketball
vs. UMaine- Farmington @ UMass Dartmouth 3 p.m.

Women’s Ice Hockey
USM @ New England Col. 4 p.m.

Men’s Ice Hockey
USM @ UNE 7 p.m.

November 17

Women’s Basketball
vs. Rivier @ UMass Dartmouth 2 p.m.

Men’s Basketball
vs. Mass Maritime @ UMaine- Presque Isle 4 p.m.

Women’s Ice Hockey
USM @ Castleton 2 p.m.

Wrestling
@ W.P.I 12 p.m.
The Gender Studies Student Organization meets every Wednesday from 4:30 to 5:30 p.m. in the Women and Gender Studies Department. The GSSO has attended the "National Young Feminist Leadership Conference" in Washington, D.C. This year they plan to attend "Queer Sexuality" in Massachusetts. “It’s important to go to conferences in order to talk to other students and professionals within our field of study. We share ideas and make connections,” White said.

The members hold panels each year to discuss current gender issues. Each panel has a theme that pertains to a specific issue, such as the first ever panel in fall 2011, which discussed transgender issues. Earlier this year, they held a “Beyond Gay and Straight: A Panel of Other Sexualities.”

“The panel was about breaking down the mythical gay/straight binary. It’s tempting to categorize people simply as being either gay or straight, but those terms can be both inadequate and inaccurate in describing a person’s sexuality,” White said.

They held one panel last year, have two scheduled for this year, and they hope to amp it up to at least three next year. Panels are composed of students and community members who have had direct experience with the chosen topic.

They have a panel coming up on Nov. 14 from 6:00-7:30 pm in the Woodbury Amphitheatre on USM’s Portland Campus. The topic of this panel is “Gender and Geek Culture.” They plan to examine masculinity and “First Person Shooters,” a genre of video games. The online players of these games are almost strictly male and harass female players.

The GSSO also works with other departments to plan events such as “Ada Lovelace Day.” GSSO coordinated with the Science, Mathematics and the Environmental Science Departments to honor female professors in these fields. When other departments want to discuss a gender-related issue, they call on the GSSO for support.

The GSSO members pride themselves on partaking in activist opportunities as they arise. Last year they demonstrated against the tactics of “the Genocide Awareness Project,” which used shocking images of aborted fetuses to dissuade the citizens of Maine from getting abortions. The GSSO disapproved of their tactics and organized a “Take Another Path” event, where they provided maps and escorted students around campus by routes that avoided the Genocide Awareness Project’s obscene billboards.

Sam Fisher, a Junior Women and Gender Studies major, describes why he was drawn to the Gender Studies Organization. “I enjoy discussing and investigating gender and identity politics. This club places emphasis on getting involved and taking action. This is my way of taking action.”

The goals of GSSO for the upcoming year are to conduct more panels, raise more money and recruit new members. Currently, the GSSO holds a Buck-a-Book book sale to raise profits. Professor, students, and community members donate books and the GSSO sells them for $1 each.

“Everybody should be equal and free,” White sums up the sentiments of the group. The Gender Studies Student Organization prides itself on giving students a safe place to discuss gender-related topics. Keep an eye out for upcoming panels, meetings and events to discuss these prominent topics.