11-5-2012

The Free Press Vol 44 Issue 8, 11-05-2012

Kirsten Sylvain
University of Southern Maine

Follow this and additional works at: http://digitalcommons.usm.maine.edu/free_press

Recommended Citation
http://digitalcommons.usm.maine.edu/free_press/87

This Book is brought to you for free and open access by the Student Newspapers at USM Digital Commons. It has been accepted for inclusion in Free Press, The, 1971- by an authorized administrator of USM Digital Commons. For more information, please contact jessica.c.hovey@maine.edu.
Death of system employee puts USM security under national attention

After David Norton’s mother asked for a review, the university has begun to re-evaluate

Kirsten Sylvain
Editor-in-Chief

USM was the target of many state and national news reports last week after the circumstances of the death of University of Maine System Communication Specialist David Norton were made public.

Following the initial article published Monday of last week, local newspapers around the state seized on the story, and shortly after, national news sources began to take an interest, including ABC News, NPR and the Washington Post. One story, published in the Portland Press Herald featured interviews with Norton’s mother, Linda, beseeching the university to take a better look at its security policies. The Free Press also spoke to her.

She adamantly described her idea of a correction for USM security under national attention. She has spoken with the university and they tell her there are “no such thing as impossible. It just takes change,” she said. “They all agreed that I’m upset, but I want change.”

Linda Norton explained that over the weekend an officer had checked to make sure that the Specials on the USM System Communication of the death of University of Southern Maine Student Newspaper Board of Trustees acted to clarify disputed benefits.

Professor and partner asked to pay Cigna for cancer treatments

Nate Mooney
News Assistant

Professor of New England Studies Ardis Cameron and her partner, Nancy MacKay, didn’t have a spare hundred grand kicking around and certainly not for something that their health insurance had covered without issue for the past two decades. After a few months of frustration and confusion, though, a decision made this week by the Board of Trustees ensures their money will remain their own.

The couple was understandably shocked a month ago when they got a letter from Cigna, the company that administers the UM technologies on campus health insurance, saying they owed over $90,000 for treatment they thought was paid for. That first letter, according to Cameron, signaled the beginning of Cigna’s attempts to recover funds paid for the treatment of MacKay’s stage 4 battle with cancer. The letters continued to come. Cigna even called the Maine Cancer Center and demanded the return of their payment for MacKay’s recent visits and procedures. They asked for every penny they had paid for MacKay’s treatment since Cigna had taken control of administering the health insurance for USM faculty, their spouses and domestic partners just a few months earlier. And none of this would have happened if Cameron and MacKay were married.

Cigna took over administration of the faculty health insurance policy on Jan. 1 of this year after a decision to do so by the Board of Trustees. Anthem had overseen the policy for many years, and the change to Cigna caused quite a stir. Cameron herself was an outspoken opponent. She had heard a battle with cancer. The letters continued to come. Cigna even called the Maine Cancer Center and demanded the return of their payment for MacKay’s recent visits and procedures. They asked for every penny they had paid for MacKay’s treatment since Cigna had taken control of administering the health insurance for USM faculty, their spouses and domestic partners just a few months earlier. And none of this would have happened if Cameron and MacKay were married.

Cigna took over administration of the faculty health insurance policy on Jan. 1 of this year after a decision to do so by the Board of Trustees. Anthem had overseen the policy for many years, and the change to Cigna caused quite a stir. Cameron herself was an outspoken opponent. She had heard a
Candidates for: U.S. Senate

Charlie Summers, R

Residence: Brunswick
Elected 2008 as U.S. representative for Maine’s 1st District and re-elected in 2010.
- End wars Iraq and Afghanistan
- Build clean energy programs
- Expand the Affordable Care Act
- Fight for Maine manufacturing jobs
- Supports tax cuts for small businesses

Angus King, Party (Ind.)

Residence: Scarborough
- No more bailouts
- Reduce the deficit, end reckless spending
- Repeal and replace Obamacare
- Develop the nation’s energy reserves to assure energy independence
- Create jobs and lower taxes
- Create a better business climate in Maine to attract new jobs

Chellie Pingree, D

Residence: North Haven
Elected 2008 as U.S. representative for Maine’s 1st District and re-elected in 2010.
- End wars Iraq and Afghanistan
- Build clean energy programs
- Expand the Affordable Care Act
- Fight for Maine manufacturing jobs
- Supports tax cuts for small businesses

Barack Obama, D

- Create more domestic jobs in the manufacturing sector
- Cut taxes for American workers while asking the wealthy to pay a little bit more
- End the war in Afghanistan
- Focus government spending on rebuilding America’s infrastructure
- End government subsidies for oil companies and instead invest in clean, domestic energy
- Invest in education to create new and better opportunities for Americans
- Expand health care access and lower costs for everyone

Jon Courtney, R

Residence: Springvale
- Favors smaller government and less regulation
- Opposes same-sex marriage
- Opposes abortion
- Biggest concern is the economy
- Wants to work to repeal the Affordable Care Act

Mitt Romney, R

- Create jobs in the energy sector by tapping into America’s natural resources
- Open new trade markets for American goods and services
- Improve public schools and higher education
- Find new markets for American workers and products
- Strengthen our economic relationship with Latin America
- Cap Federal spending at twenty percent of GDP
- Replace the Affordable Care Act with cost controlling reforms

U.S. House, 1st District

Residence: Cape Elizabeth
- Supports the Affordable Care Act
- Increase funding for education
- Decrease defense spending
- End the Afghanistan war
- Supports federal decriminalization of Marijuana
- Supports same-sex marriage
- Pro-choice

Residence: Scarborough
- No more bailouts
- Reduce the deficit, end reckless spending
- Repeal and replace Obamacare
- Develop the nation’s energy reserves to assure energy independence
- Create jobs and lower taxes
- Create a better business climate in Maine to attract new jobs

Residence: Harpswell
Experience: Tea Party Patriots Maine coordinator and policy adviser and Former Young Republican Maine chairman.
- Limited government
- Less regulation and less tax on business and citizens
- Stronger defenses against illegal immigration
- Legalize “natural drugs,” end war on drugs
- Cut defense budget

Residence: Brunswick
Experience: None
- Supports Education Vouchers
- Washington is too politicized
- No strings on Federal money for Education
- End abuse of eminent domain by governments
- Too many visas for tech jobs
- Crude oil tax for infrastructure

Candidates for: U.S. Senate

Cynthia Dill, D

Residence: Cape Elizabeth
- Supports the Affordable Care Act
- Increase funding for education
- Decrease defense spending
- End the Afghanistan war
- Supports federal decriminalization of Marijuana
- Supports same-sex marriage
- Pro-choice

Ian Dodge Ind./Libertarian

Residence: Harpswell
Experience: Tea Party Patriots Maine coordinator and policy adviser and Former Young Republican Maine chairman.
- Limited government
- Less regulation and less tax on business and citizens
- Stronger defenses against illegal immigration
- Legalize “natural drugs,” end war on drugs
- Cut defense budget

Danny Dalton, Ind.

Residence: Brunswick
Experience: None
- Supports Education Vouchers
- Washington is too politicized
- No strings on Federal money for Education
- End abuse of eminent domain by governments
- Too many visas for tech jobs
- Crude oil tax for infrastructure

Residence: Harpswell
Experience: Tea Party Patriots Maine coordinator and policy adviser and Former Young Republican Maine chairman.
- Limited government
- Less regulation and less tax on business and citizens
- Stronger defenses against illegal immigration
- Legalize “natural drugs,” end war on drugs
- Cut defense budget
Even with recent fires, reports show decrease in campus arson

Liam Beliveau
Contributor

Three fires set in Gorham last week had USM on news stations across New England, but according to Public Safety Chief Kevin Conger, there has been a sharp decrease in arson cases this year, from 15 reported cases in 2011 to four so far in 2012, but Conger still maintains that is four too many.

“Three “mischief cases” constitute a majority of arson incidents here at USM. Burn and singe marks are typically discovered by custodians a day or so after the incident. As Conger put it, students are the “eyes and ears” of the university and are instrumental in discovering who is responsible for these fires,” said Theo Kalikow, USM President.

“We have zero tolerance for any actions that jeopardize the safety of our students. We have zero tolerance for any actions that jeopardize the safety of our students,” Conger said.

The State Fire Marshal along with the USM Police started to investigate the incident soon after it was reported. One fire was set in a trash can near the entrance to Philippi Hall, and two others were set to post in the building. None of the three fires “really took off and went very far,” according to Sgt. Joel Davis of the State Fire Marshal’s office. “Obviously, we take very seriously any fire in a dorm where people are sleeping – or any fire,” he said. “This underscores that. We’ll investigate it fully.”

Investigators from the State Fire Marshal questioned students on Monday morning. Maroon was recognized as a person of interest and was arrested around 1:30 p.m. by Chris Stanford Sr. of the State Fire Marshal’s office. Students characterize Maroon as a loner and speculate about whether drugs or alcohol were involved, expressing confusion about Maroon’s motives. Maroon is a graduate of Winslow High School in the class of 2010, and he worked at the front desk of Philippi Hall.

Officials at the university and with the State Fire Marshal are optimistic that their treatment of the arson at Philippi Hall will show students and the community that they have no tolerance for these types of crimes. “We are relieved that these fires did not result in injuries or worse,” said USM President Theo Kalikow. “I hope the charges of arson and the arrest send a strong message that we have zero tolerance for any actions that jeopardize the safety of our students.”

See a typo anywhere? 
Lend us a hand and come copy-edit for us.

E-mail us for more info: editor@usmfreepress.org

System sees increases in enrollment and online education credits

Jim Sheldon 
Staff Writer

University of Maine System trustees will meet today to review increasing enrollment trends and continue to plan an expansion of online and distance education.

The student population of UMS has shrunk by 2.9 percent over the past five years. The system has responded by implementing policies to attract new students, such as advertising more aggressively both in and out of state and reaching to community colleges for potential transfers. They have also acted to benefit the system’s current students by freezing tuition and have taken extra measures to reduce costs of attendance. USM appropriated nearly $1,000,000 in housing grants on top of a $1,000,000 increase in financial aid last year.

The traditional student base, that is, recent high school graduates seeking to matriculate to a college or university, has also been declining in Maine. To counter this, USM has tailored its efforts to specifically target non-traditional markets within Maine, and both the traditional and non-traditional markets out of state. “The reality is that there is a mix of students. Traditional student numbers are on the decline, so non-traditional students need greater attention,” said Lisa Redonnett, UMS executive director of Student Affairs.

At the meeting today, the trustees will also review the development of the system’s distance education services. Distance education credits have increased by 0.3 percent from last year, and on-line credit hours have increased by 95 percent over the past five years. Since last year, the number of students who have attended courses on campus has decreased by 1.2 percent. Trustees have set as their goal a reduction of 5 percent to 6 percent in credit hours in the system by online.

More and more students are taking online courses at University of Maine because of their convenience and because they offer a chance for independence.

Redonnett also cited USM’s efforts to recruit more community college students as a successful component of a system-wide strategy. According to Redonnett, “articulation agreements” between campuses ease the process of continuing from one academic program in a community college to another in one of the system schools. Additionally, traveling advisors help individuals plan their academic futures. “The work done there has intensified over the last two or three years,” Redonnett said. Transfers from community colleges increased 19.9 percent, and so did transfers from non-community colleges and universities, by 16.4 percent.

UMS counts “full-time equivalent” students to find enrollment totals. “Full-time equivalent” refers to a student who is taking 12 credit hours or a group of students whose total credit hours equals 12. System-wide enrollment as of fall 2012 is 22,933 full-time equivalent students, up from 22,926 in 2011.

For UMS, enrollment and credit hours are up by 0.3 percent. Incoming degree-seeking freshmen have increased 5.6 percent from last year. First-time and transfer students rose from last year by 4.7 percent and 14.1 percent, respectively. Matriculation from out-of-state students grew, too, by 5.2 percent, or 21.4 percent by year, and most of those students hail from northern New England.

More and more students are taking online courses at University of Maine because of their convenience and because they offer a chance for independence.

Liam Beliveau
Contributor

Three fires set in Gorham last week had USM on news stations across New England, but according to Public Safety Chief Kevin Conger, there has been a sharp decrease in arson cases this year, from 15 reported cases in 2011 to four so far in 2012, but Conger still maintains that is four too many.

“Three “mischief cases” constitute a majority of arson incidents here at USM. Burn and singe marks are typically discovered by custodians a day or so after the incident. As Conger put it, students are the “eyes and ears” of the university and are instrumental in discovering who is responsible for these fires,” said Theo Kalikow, USM President.

“We have zero tolerance for any actions that jeopardize the safety of our students,” Conger said.

The State Fire Marshal along with the USM Police started to investigate the incident soon after it was reported. One fire was set in a trash can near the entrance to Philippi Hall, and two others were set to post in the building. None of the three fires “really took off and went very far,” according to Sgt. Joel Davis of the State Fire Marshal’s office. “Obviously, we take very seriously any fire in a dorm where people are sleeping – or any fire,” he said. “This underscores that. We’ll investigate it fully.”

Investigators from the State Fire Marshal questioned students on Monday morning. Maroon was recognized as a person of interest and was arrested around 1:30 p.m. by Chris Stanford Sr. of the State Fire Marshal’s office. Students characterize Maroon as a loner and speculate about whether drugs or alcohol were involved, expressing confusion about Maroon’s motives. Maroon is a graduate of Winslow High School in the class of 2010, and he worked at the front desk of Philippi Hall.

Officials at the university and with the State Fire Marshal are optimistic that their treatment of the arson at Philippi Hall will show students and the community that they have no tolerance for these types of crimes. “We are relieved that these fires did not result in injuries or worse,” said USM President Theo Kalikow. “I hope the charges of arson and the arrest send a strong message that we have zero tolerance for any actions that jeopardize the safety of our students.”
The New England Pass

2012 | 2013

SUNDAY RIVER SUGARLOAF LOON MOUNTAIN

COLLEGE PASS

Ski & ride Sugarloaf, Sunday River and Loon® Mountain all winter.

FOR AS LITTLE AS
$359

Includes 5 Free Days of Lift Tickets at Big Sky, MT**

UNTIL NOV. 30, 2012
DEC. 1 - DEC. 31, 2012
AFTER JAN. 1, 2013

$359
$435
$535

Available now at The Sullivan Recreation and Fitness Complex.

*LIMITED TIME OFFER. MUST BE A FULL-TIME STUDENT, 3+ CREDITS PER SEMESTER, WITH VALID COLLEGE OR UNIVERSITY IDENTIFICATION AND LETTER FROM REGISTRAR’S OFFICE.
** EXCLUDES NON-POWDER HILL, BIG SKY, MT PARTNER.
From NORTON on page 1

Office was secure by rattling the door knob to Norton’s office in the Science Building. “They told that door knob. It would have taken two more motions to open it. They would have had a chance,” she said. She explained her motivation for speaking out, saying that she wanted to ensure that this never happened to anyone again.

Linda Norton also acknowledged the possibility that security systems might also learn which employees maintain odd hours and routinely check on them instead of all offices. According to her and other sources, information technology employees often work odd hours when other employees are not in their offices, putting them in more danger of being out of touch in the event of an emergency. At USM, they also work in a more isolated space where there isn’t much traffic even during the day, a spot referred to by several university employees as “practically a basement.”

The university has responded to Linda Norton by assuring that a thorough re-evaluation and review of safety and security policies will take place. Judie O’Malley, assistant director of Public Affairs for USM, responded to questions about Norton’s death in a statement to The Free Press. “When something terribly tragic happens within any organization, like what happened to David, it offers the opportunity to look at and assess the organization’s safety protocol and procedures. USM is doing things still unclear. “We have no idea how long this assessment will take, or what changes, if any, will be made to our procedures.”

"There’s no such thing as impossible. It only takes change.

-Linda Norton of Kingfield, ME
Mother of David Norton

From SMOKING on page 1

of the rights of students. He also believes that the new ban won’t be effective as officials hope it will be. “People tell me that a policy change isn’t going to stop them,” he said. “I think Public Safety is going to have their work cut out for them.” He plans to start a committee to get students more involved in the effort and to push students to clean up after themselves at designated smoking areas.

Wendy Chapkis, professor of Women and Gender Studies helped Avital plan the event. She commented on the new ban. “I am not a smoker,” she said. “But my research is in the area of drug policy, and what I know of prohibition is that it is generally a failed policy. Some of these policies could include designated smoking areas, education or the availability of nicotine in other less harmful forms.”

Asked about what products the ban will apply to, Chapkis responded with uncertainty. “It’s not clear to me that’s really the problem they’re trying to address,” she said. She acknowledged that it is not clear to her whether or not the objective of the ban will be to enforce a zero tolerance policy of tobacco products on campus or to reduce the health risks of second-hand smoke. “If it’s really about second-hand smoke, and not about zero tolerance for tobacco, than I think they wouldn’t be fined,” she said.

"You can see it’s not just a romantic issue...It’s a civil act."

-Ardis Cameron
Professor of New England Studies

lack of a federal precedent. “We finally got all the necessary information and all the right people in the room,” said one of the emerging clarifications, adding that they have communicated this to Cigna.

This chapter of Cameron and MacKay’s struggle is over. MacKay was over the age of 65, and not a spouse under federal law, she should be covered by Medicare rather than Cigna’s argument. Their claim was that since MacKay was over the age of 65, Cigna’s argument. Their claim was that because MacKay was over the age of 65, they should be covered by Medicare rather thanCigna.

Cameron said of her office, “We don’t get involved in any individual cases. But we are concerned that if Cigna is hindering the process, then there is a systemic problem.”

"You can see it’s not just a romantic issue...It’s a civil act."

-Ardis Cameron
Professor of New England Studies

said, referring to those students using tobacco products other than cigarettes on campus.

Jodie O’Malley, assistant director of USM Public Affairs, responded to questions about the forum. Students are welcome to exercise their right of free speech, but the policy is in place,” she said. She explained that the ban, although it might seem that way to new students, was not hastily passed. The ban has been worked on for years and eventually needed to go through all four senate: faculty, student, classified staff and professional staff senate.

USM President Theo Kalikow stated that it is an health issue, public and individual, and a difficult issue in which individual freedom and public safety intersect, but she isn’t faltering. “I expected there would be outcries, and I don’t think they’re going to change my mind,” she said. “You know, people get sick and die from this.”

Caswell, director of USM Public Affairs, was also unable to give specific details about the review, but he agreed with O’Malley and other officials. “Something needs to be looked at. That’s the bottom line,” he said.

Chief Student Affairs Officer Craig Hutchinson explained, in a statement that he and Chief Financial Officer, Dick Campbell, plan to meet next week to decide exactly which procedures and policies need to be reviewed. He explained why they were going to address the issue collaboratively. “We have responsibilities for USM Public Safety and Facilities Management respectively,” he said. Hutchinson was also uncertain of how long the review would take, explaining that the timeline of the review had yet to be determined.

"It is reasonable to assume that a review will be completed by the end of the semester at the latest,” he said. Hutchinson reiterated views expressed by Public Affairs. “A review of applicable procedures should always occur when a situation of this type occurs and, as a rule, does occur,” he said. “We remain committed to maintaining a safe community as is possible at USM.”

USM President Theo Kalikow would not comment on David Norton when The Free Press requested a statement.

Students and university officials met last week to discuss the tobacco ban.

"We have responsibilities for USM Public Safety and Facilities Management respectively,” he said. Hutchinson was also uncertain of how long the review would take, explaining that the timeline of the review had yet to be determined.

“lt is reasonable to assume that a review will be completed by the end of the semester at the latest,” he said. Hutchinson reiterated views expressed by Public Affairs. “A review of applicable procedures should always occur when a situation of this type occurs and, as a rule, does occur,” he said. “We remain committed to maintaining a safe community as is possible at USM.”
USM President Theo Kalikow dressed up for Halloween as Harry Potter’s Professor Dumbeldore and greeted trick-or-treaters at her house in Gorham.
**Maine info tech conference**

The first State of Maine IT conference will be held Friday, Nov. 9 in the Abromson Center from 8:30 a.m. until 4 p.m. The event will feature keynote speakers, including the Chief Information Officers from Wright’s Express, The University of Maine and the State of Maine. The event seeks to become a hub of activity for educators, professionals and employers in the state. Admission, which includes breakfast and lunch, is $25 for students and $50 for USM faculty and staff. To register for the event contact Jennifer Dean in the College of Science, Technology and Health at 207-780-4149.

**USM Music performs Messiah**

The USM School of Music will present George Handel’s Messiah at Woodford’s Congregational Church on Saturday, Nov. 10 at 5 p.m. Handel’s famous work draws heavily on his own faith and is inspiring in its musicality. Numerous USM Chorale members will perform the solos with the accompaniment of a small orchestra. Tickets are $6 for the public and $3 for USM faculty, students or staff. For more information call Lori Arsenault at 207-780-5142.

**USM enrollment up**

USM’s enrollment figures for fall 2012 are out and are moving upward, something that is much needed, according to Susan Campbell, USM’s chief student success officer. “There are some very positive trends within that overall number,” she said. The numbers owe much to a reallocation of funds that freed up a cool million for more scholarships and to lower room and board rates. The number of new transfer and first-year students is 1,879 - about 20 percent higher than that number last year. Overall enrollment did not experience such hearty growth, but still rose by a slow and steady one percent from 9,301 to 9,385. Part-time enrollment stayed mostly within that overall number, “she said. The numbers owe much to a reallocation of funds that freed up a cool million for more scholarships and to lower room and board rates. The number of new transfer and first-year students is 1,879 - about 20 percent higher than that number last year. Overall enrollment did not experience such hearty growth, but still rose by a slow and steady one percent from 9,301 to 9,385. Part-time enrollment stayed mostly consistent compared to last year, though that is still significant since part-time enrollment dropped 20 percent between 2007 and 2011. Total credit hours are up, and the enrollment goals for Gorham were exceeded.

**Speech on environmental justice**

A Native American activist and former vice-presidential candidate, Winona Laduke, will be at the Hannaford lecture hall in Portland’s Abromson Center Thursday, Nov. 8 at 5:30 p.m. to speak on the sustainable nature of indigenous lifestyles. Laduke was Ralph Nader’s Green Party running mate in 1996 and 2000 and the Ms. magazine woman of the year in 1997. The event is put on by the University of New England Maine Women Writers Collection and is free to the public.

**USM is 2013 military friendly school**

GI Jobs magazine has listed USM as one of its “Military Friendly Schools.” The list, which has been released since 2009, takes into account availability of support for military members on campus, military members enrolled as students and job placement rates. There are 376 students benefitting from the GI Bill at USM, as well as numerous organizations for veterans and servicemembers like the Veterans Resource Center and Veterans support group.

**Free rock climbing for students**

Portland Events Board is hosting a day of rock climbing at the Maine Rock Gym on Marginal Way in Portland on Friday, Nov. 9 from 10 a.m. until 2 p.m. The event is free to students and is a great way to keep active as the weather gets a little colder. Contact David Naimey at peb.usm@gmail.com for more information.

**Police Beat**

**Wednesday, Oct. 24**

**Guess they’re just talking**

2:17 a.m.- Officer checked on two occupants in a vehicle. All set - G7 Parking Lot

**Someone smoking here?**

10:23 p.m.- Reports an odor of marijuana. Unable to locate source. - Anderson Hall

**Thursday, Oct. 25**

**Scorched Wood**


**And some friendly hair pulling**

1:22 p.m.- Report of people fighting in the hallway. It was two people arguing in a friendly manner. - Payson Smith Hall

**Friday, Oct. 26**

**Ghostly smoker is right on time**

4:20 p.m.- Odor of marijuana. No resident in the room. - Phillipi Hall

**I was just looking at it!**

4:42 p.m.- Security alarm set off by employee. - Art Gallery

**He lingers!**

11:04 p.m.- Odor of marijuana. Nothing found. - Phillipi Hall

**Saturday, Oct. 27**

**Handle it, dudes**

12:36 a.m.- Report of loud party. Handled by Residential Life staff. - Upton Hastings Hall

**Someone stole my party!**

12:48 a.m.- Reporting a theft of an item. - John Mitchell Center

**Really I just couldn’t catch ‘em!**

4:36 p.m.- Report of a subject chasing another. Appears to be horse play. All set. - 19 Campus Avenue

**Sketchy spots for sketchy books**

4:44 p.m.- Person sitting behind the parking garage. All set, just reading. - Parking Garage

**Sunday, Oct. 28**

**Go home!**

12:17 a.m.- Report of people verbally harassing passersby. Subjects moved along. - Upton Hastings Hall

**Keeep going**

12:24 a.m.- Report of a large group. Officer checked the area and they were calm. - Woodward Hall

**Services, eh?**

12:41 a.m.- Report of possible theft of services. Restitution was made. - Upton Hastings Hall

**Monday, Oct. 29**

**That fire shouldn’t be there!**

4:32 a.m.- Fire alarm activation for suspicious fire. Gorham Fire Department responded along with State Fire Marshall’s office. - Phillipi Hall

**But the email said I was rich!**


**Public Safety police log Oct. 24 to Oct. 29**

Police logs are edited for grammar and style. They can be found at usm.maine.edu/police/campus-crime-log.
Sudoku

A sudoku puzzle consists of a 9 × 9–square grid subdivided into nine 3 × 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 × 3 box contains each of the numbers from 1 to 9 exactly once.

Word Search

Theme: Hockey

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.

L TQN Q NEQPP CAF TBA TQDUXXO UA MQF.

And here is your hint: G = C

Cryptogram

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

L TQN Q NEQPP CAF TBA TQDUXXO UA MQF.

And here is your hint: G = C

Weekly Horoscope

- Aries (March 21-April 19)
  - People are often prone to overthinking and second-guessing themselves.

- Taurus (April 20-May 20)
  - This is a good time to focus on personal growth and development.

- Gemini (May 21-June 20)
  - Good for socializing and networking.

- Cancer (June 21-July 22)
  - Focus on your health and well-being.

- Leo (July 23-August 22)
  - Time to take on new challenges and explore new opportunities.

- Virgo (August 23-September 22)
  - Good for critical thinking and analyzing situations.

- Libra (September 23-October 22)
  - Good for socializing and making new connections.

- Scorpio (October 23-November 21)
  - Time to focus on personal growth and self-discovery.

- Sagittarius (November 22-December 21)
  - Good for travel and exploring new places.

- Capricorn (December 22-January 19)
  - Time to focus on your career and personal goals.

- Aquarius (January 20-February 18)
  - Good for creative thinking and innovation.

- Pisces (February 19-March 20)
  - Time to focus on your emotions and relationships.

- April Fool's Edition

- March 31-April 7
  - Time to celebrate and have fun.

- April 8-April 14
  - Time to focus on personal growth and development.

- April 15-April 21
  - Time to focus on your health and well-being.

- April 22-April 28
  - Time to focus on your career and personal goals.

- May 1-May 7
  - Time to celebrate and have fun.

- May 8-May 14
  - Time to focus on personal growth and development.

- May 15-May 21
  - Time to focus on your health and well-being.

- May 22-May 28
  - Time to focus on your career and personal goals.
A week-long toast to local beer culture

Maine Beer Week offers fun, excitement and plenty of drinks

Casey Ledoux / Free Press Staff

Twenty-five eclectic tap handles highlight the decor at Novare Res Beer Cafe, 4 Canal Plaza, Portland. Novare will be featuring a different Maine brewery each day of Beer Week, Nov. 4-10.

Sam Haiden
Arts & Culture Editor

The taps are coming in like the tide this week in Portland. The golden brew will be flowing through the streets as local breweries, restaurants, brewpubs and craft beer enthusiasts celebrate Maine Beer Week. The festivities will take place between Sunday, Nov. 4 and Saturday, Nov. 10.

You can celebrate, too, by attending all of the events that are being hosted throughout the week. These events are meant to give you a taste of the local beer scene here in Portland and have fun while doing so.

Portland has several local brews to boast. The experts of fermentation at Baxter Brewing Co., Allagash Brewing Company, Oxbow Beer and many more have put Maine on the map as one of the country’s premier homes for craft beer. There is such a thriving beer culture, that Maine Restaurant Week has sanctioned a whole seven events purely devoted to puzzling down the liquid bread. The end goal of course, is to rally the much-deserved appreciation for this local art form.

Every true aficionado of beer, wine and liquor alike understands the value of pairing the nuanced flavors of food and drink. Similarly, every indiscriminate beer-chugger understands the necessity of having food in your stomach to absorb all of the alcohol. Fortunately, Portland is packing the munchies, and she’s prepared to deliver.

Port City Running Tours will lead you through Portland, while having a drink or ten at the same time. So check out the full schedule of events online, grab a few friends, and plan out an entire local beer experience. If you’re still in the mood to exercise while you drink, Port City Running Tours will be hosting another tour at 10 a.m. and later a tour specifically for women at 3:30 p.m. Breweries toured will include Portland, Allagash Brewing, Shipyard, Urban Farm Fermentory and Shipyard.

For the most comprehensive brewery tour all week, you will have to call ahead to reserve a spot for $75. The phone number is available at portlandbeerweek.org. The Casco Fiasco Tour and Run of the Mill. More than a tasting, full glasses of beer will be served. Included in the price is lunch, a snack and transportation.

Maine Beer Week is a great chance to go out and experience a lot of businesses unique to Portland, while having a drink or ten at the same time. So check out the full schedule of events online, grab a few friends, and plan out an entire week of fun.

Alex Greenlee / Multimedia Editor


Mark Mechanic / Free Press Staff

Casey Ledoux / Free Press Staff

The Casco Fiasco Tour and Run of the Mill. More than a tasting, full glasses of beer will be served. Included in the price is lunch, a snack and transportation.

Maine Beer Week is a great chance to go out and experience a lot of businesses unique to Portland, while having a drink or ten at the same time. So check out the full schedule of events online, grab a few friends, and plan out an entire week of fun.
1) Woodbury Campus Center - The Nest

You can get here by taking the stairs right next to the SIAC or going around back and walking up the amphitheater stairs, but either way, you’ll be glad to have a place to crash. There are three large couches here that are by far the most comfortable couches within a 10-mile radius of the campus, I swear. They’re cozy and warm. You can sink right into them, but in a relaxing way - the frame is still totally intact so don’t worry. If the couches are occupied, which they often are during peak hours, there are several armchairs that are equally comfy. This area has limited seating and occupants are often studying, so it’s a relatively quiet spot as well. Run here after class to secure the perfect spot to pass out until that lecture an hour away.

2) Glickman Library

If you’re brave enough to journey through the labyrinth of bookshelves and reference desks to find a spot to rest your legs, Glickman is the spot for you. The Learning Commons, although regularly full of students on tour, has plenty of pleasant spaces to take a snooze. Unfortunately, there are only armchairs, so laying down isn’t an option (Hey, you’re sleeping on campus. Beggars can’t be choosers…). There are plenty of ways to kick your feet up though, with coffee tables and footrests galore in any of the study areas. And if all the seats are taken or there’s some rowdy studying going on, each floor of the library has a few seats hidden throughout them far away from the masses.

3) Gorham Library

The Gorham Library has very similar options to the Glickman library, only far fewer spaces. The Learning Commons here has a very similar set-up. Generally it is a bit quieter at this library than its Portland counterpart, because there are, on average, less people using it throughout the day. Go a bit more solo-studying instead of the noisy tutoring sessions in Glickman. There is one prime spot in this library, but it’s hard to get a hold of. Straight through the entrance and against the back wall of the first floor is a long, black leather couch. It’s perfect. But, like I said, there’s only one, so you might have to fight for it.

4) Woodbury Campus Center - Ground level

If you can’t get a first-class seat in the loft, you can come back down to the ground floor to the coffee shop and take a seat among the advertising kiosks. While these loveseats and armchairs are much lower quality, they’ll get the job done if you just spent an entire class period studying the backs of your eyelids. It’s a bit noisier here, but it’s bearable. Be sure to avoid scheduling slumber during a Portland Student Life event, because this lobby can get bumpin’. The companier lounge is also an option, but the TV is usually blaring and stuck on ESPN. This is the spot for your short-term power naps, the quick pick-me-ups. Plus, the food court is right nearby, so you can grab a snack to get you back in the game when you wake up.

5) The Bus

I know. No one likes riding the bus, but hear me out. What are you doing when you’re on the bus? Listening to your Ipod? Obsessively checking Twitter and Facebook on your phone? Socializing?! Pfft. Don’t let technology and your friends drag you down and tire you out. Take advantage of the half hour ride between campuses and try to do a little catnap. I say try because, well, you’re on a bus. People

Don’t let technology and your friends drag you down and tire you out. Take advantage of the half hour ride between campuses and try to do a little catnap. I say try because, well, you’re on a bus. People
Taylor Swift continues to hold her position as the poet laureate and connoisseur of young, American women as she offers another collection of catchy, diary-honest songs with her recently released album, Red. While the songs are all solid individually, a lot of them lack the vibrancy and vitality that the title suggests. Fans will be fans, but overall, these are lyrically bland and perhaps by the same tracks we’ve been hearing for years.

Taylor Swift and her label Red recorded a genre-spanning album this time around, playing and experimenting with various sounds, recording her usual pop singles along with a few country ballads and multiple dance tracks. This is another step away from Top-40 pop and country music, ignoring critics along the way. Swift has really created a genre-spanning album this time around, playing and experimenting with various sounds, recording her usual pop singles along with a few country ballads and multiple dance tracks. This is another step away from Top-40 pop and country music.

With Red, Swift decided to switch the production up, with her longtime producer, Nathan Chapman taking a backseat role and only producing half of the album while Pickett and Prueher were involved with the project. The album varies as DJ Pam the Funkstress mixes live instrumentals, somehow creating perfect uptempo beats for Riley to spit over. It’s impossible not to want to get up and move your feet to any of these tracks.

The Coup shouldn’t be sorry

Oakland, CA’s politically provocative hip-hop group, The Coup, has long been making albums full of strong statements about discriminatory social order, but it seems like they’re losing their mind-stimulating bites and are looking more toward the dance floor with their latest top-notch LP, Sorry to Bother You. The title of the album itself sounds like they’re admitting defeat, but leader and MC Boots Riley still delivers strong, intellectually nuanced lyrics with impeccable flow throughout, giving a good performance regardless of the signs of strain. On “My Murder, My Love,” Riley raps “I could rhyme silk with cigarettes / I could rhyme Jack Daniels with triumph / But no sentence I could spit couldn’t’ve shifted events,” admitting his failure in fighting the system.

Sorry to Bother You comes to fund the production of the documentary footage and performing in 100 cities across the nation. Each year and has now turned national. Each year they produce a new show and make sure to use local footage when visiting specific states. The festival goes to show that you don’t need to have a sketch show on Comedy Central to make the country laugh. There’s plenty of material all around us, discarded at pawn shops and thrown out with the trash. Regular people do the funniest things everyday, catch them on tape and then never let them see the light of day again.

Despite being a national act and gaining so much popularity, the festival maintains an independent feel. Prueher and Pickett are always collecting new footage on the road and often collect material from people as they see shows as well, letting the audience get involved with the project.

Prueher and Pickett are currently taking the presentation on the road, screening their footage and performing in 100 cities across all 50 states in the timespan of 150 days.

The Coup shouldn’t be sorry

So far, they haven’t convinced me of anything. While the songs are all odd and hilarious fun, they have yet to convince me of anything, as they choose to stay at a track or two when no one is looking. You might find something you can slip into your guilty pleasure playlist. “22” has a few good melodic raps than I’d like to admit on my iPod already. Or just ignore it altogether. If you hate Taylor Swift, you won’t convince you to change your mind.

The Coup shouldn’t be sorry

Sorry to Bother You is a solid album. Each song is bound to get you up on your feet and on the dancefloor. And if you manage to resist the funk, close attention to the lyrics will leave you satisfied and looking to rebel.
Arts & Culture Recommends:
Elegant Enigmas:
The art of Edward Gorey

Sam Hill
Arts & Culture Editor

Eerie men, uninvited guests and dark looming creatures fill the fictional world of artist and author Edward Gorey (1925 - 2000). Best known for his brilliant drawings, wit and playfully macabre stories, Gorey has become known as one of the most eccentric American artists of all time. A collection of his work titled Elegant Enigmas is currently on display at Portland Public Library’s Lewis Gallery.

The exhibition features original illustrations, preparatory sketches, unpublished drawings and ephemera, exploring the diversity and depth of Gorey’s works. Also included are less official works such as illustrated envelopes, book-cover ideas and theatrical costume designs. Drawn from the holdings of the Gorey Charitable Trust, the exhibition includes approximately 180 objects, including selections from The Gashlycrumb Tinies, The Unstrung Harp, The Gilded Bat and other well-known Gorey publications. In his 75 years, Gorey not only wrote, illustrated and published over 100 books, but was also trusted with illustrating the reprinted works of many notable authors including Charles Dickens, Virginia Woolf and John Updike.

The works of Gorey are a special blend of darkness, humor and peculiarity. His pieces are always clever and engaging, showing us that the world is never certain and things aren’t always the way they appear to be. One of his most popular works, the illustrated story The Gashlycrumb Tinies, is an alphabet book that depicts the slow demise of a group of children. “A is for Amy, who fell down the stairs” and “B is for Basil, assaulted by bears.” The collection is dark and unsettling, but manages to generate some laughter from those who are fans of black humor.

This collection is on display in Portland thanks to support from The Bank of Maine and a collaboration between Maine College of Art and Portland Public Library. The exhibition is free of charge to the general public and will be on display until Saturday, Dec. 29. A $5 donation is recommended. For information on hours and the exhibition visit the Portland Public Library web site.

Like to design graphics?
Good at illustrator?
Email li@usmfreepress.org
Could you be the future of Arts & Culture at the Free Press?

We're looking for artists to add some life to our pages and critics to help review music and films.

For more information contact the section editor at: arts@usmfreepress.org

---

Monday, November 5
Heart to Heart / Giants At Large
Studio 250
250 Read St.
Doors: 6:00 pm / Show: 7:00 pm

Tuesday, November 6
Souvenirs
Studio 250
250 Read St.
Doors: 6:00 pm / Show: 7:00 pm
Mimosa / JMSN
Port City Music Hall
504 Congress St.
Doors: 7:00 pm / Show: 8:00 pm

Wednesday, November 7
Crown The Empire / It Lives It Breathes
Studio 250
250 Read St.
Doors: 7:00 pm / Show: 7:00 pm
The Tragically Hip
State Theatre
609 Congress St.
Doors: 7:00 pm / Show: 8:00 pm
Justin Townes Earle / Tift Merritt
Port City Music Hall
504 Congress St.
Doors: 7:00 pm / Show: 8:00 pm

Thursday, November 8
Eric Bettencourt
One Longfellow Square
181 State St.
Doors: 8:00 pm / Show: 8:00 pm
Greg McKillop
Blue
650 Congress St.
Doors: 8:00 pm / Show: 8:00 pm

Friday, November 9
Ashley Davis / Cormac De Barra
One Longfellow Square
181 State St.
Doors: 8:00 pm / Show: 8:00 pm
The Brew / Sophistafunk
Port City Music Hall
504 Congress St.
Doors: 8:00 pm / Show: 9:00 pm
Doubting Gravity / Andi Fawcett / Anna & The Diggs
The Big Easy
55 Market St.
Doors: 9:00 pm / Show: 9:30 pm

Saturday, November 10
The Tonekings / HD R&B
The Big Easy
55 Market St.
Doors: 7:00 pm / Show: 7:30 pm
Richard James & The Name Changers
Port City Music Hall
504 Congress St.
Doors: 8:00 pm / Show: 9:00 pm
G. Love & Special Sauce / Giant Panda Gorilla Dub SQ
State Theatre
609 Congress St.
Doors: 7:00 pm / Show: 8:00 pm
Sue Sheriff / Louise Van Aarsen / Rebecca Parris
One Longfellow Square
181 State St.
Doors: 8:00 pm / Show: 8:00 pm

---

A&C Listings

Want to submit an event? arts@usmfreepress.org

---

KARATE
Grand Opening Special
$50/month Lifetime, First 50 Students First Month Free
Adult Karate Classes (13+)
Sunday - Thursday @ 6:30
Classic Shotokan Karate Dojo
1844 Forest Ave, Portland
774-KATA (5282)
The tobacco ban leaves students with no room to breathe

Tom Collier
Contributor

On the day students return to campus this January from winter break, the air will be fresh, clean and crisp. The campus will be completely tobacco-free because of a ban, and it will be across the street, smoking.

The reasons for the ban are understandable: smoking stinks, makes it easier to catch airborne illnesses, causes cancer and polluting fumes pose a health threat to others. Smoking is bad. So why would anyone want to see them on campus while they smoke?

Most smokers are aware of the health risks of smoking and of being around smokers while they smoke. One would posit that fear of contact with second-hand smoke is perhaps the biggest reason for USM's smoking ban. Yet again, allow me to iterate that this is an entirely understandable concern.

One may wish to consider, however, that the cancerous proclivities of tobacco have been juxtaposed with a metatextual narrative rather than a physiological one.

Smokers aren’t really a close-knit group, and I’ve yet to meet a person who is very passionate about the act of smoking. We’re not like beer drinkers or boozers or even cigar aficionados: we smoke because we like to smoke, but that’s about as far as it goes. That said, the smoking ban that USM intends to put into place next semester will surely bring smokers together in some fashion, whether it’ll be in an off-campus huddle to stay warm in the cold weather or as part of some sort of smoketastic event.

If you’re a smoker and choose to stay, you’re choosing to be in an off-campus huddle to stay together in some fashion, whether it’s the university’s business or any less deserving of disappointment. Why, for instance, don’t smokers have well-positioned smoking areas?

Andrew Henry
Perspectives Editor

Why should the university, a public state institution, dictate what its paying students are allowed to do with their own bodies?

Smokers aren’t really a close-knit group, and I’ve yet to meet a person who is very passionate about the act of smoking. We’re not like beer drinkers or boozers or even cigar aficionados: we smoke because we like to smoke, but that’s about as far as it goes. That said, the smoking ban that USM intends to put into place next semester will surely bring smokers together in some fashion, whether it’ll be in an off-campus huddle to stay warm in the cold weather or as part of some sort of smoketastic event. If you’re a smoker and choose to stay, you’re choosing to be in an off-campus huddle to stay together in some fashion, whether it’s the university’s business or any less deserving of disappointment. Why, for instance, don’t smokers have well-positioned smoking areas?
Learnin’ About Light: Bulbs

You flick the switch, you turn the knob or perhaps you clap and you have light.

But have you ever considered the impact of the type of light bulb you’re switching on? Many of us probably haven’t thought about it much, if at all. I know I hadn’t until I learned about the differences between the two types of bulbs out there in the market, and I was astonished at the significant differences between them. I began to see that becoming educated about this is very important, and with the right information, maybe others will too.

Incandescent

This is your standard 60 watt-hour bulb. It is probably the one you know best.

There is a filament wire inside that heats up when the electric current passes through, causing both heat and light to emit outward. A lot of energy is lost through the heat, when the desire is just to have light, and so scientists came up with another bulb that loses less energy to heat, the CFL.

Compact Fluorescent Light Bulbs

These bulbs are more energy efficient than incandescent bulbs because only 13W of energy are used to emit the same amount of light as the bulb above (which takes 60W!). What does this mean? Less money, of course! You can save quite a lot on your electric bill by switching to CFLs. They are more expensive, obviously, but Maine has been promoting them so shop around— you should be pretty cheap. They also last as much as ten times as long! Since they don’t lose so much energy to heat, they can definitely save you money in the end. Sounds like a no-brainer, right? Are you about to jump up and switch all the bulbs in your apartment?

CFLs don’t have the filament wire found in incandescent bulbs. Instead, they have a gas inside that ignites in order to create light. This gas contains mercury, and when the mercury gets into the environment, it can cause serious damage. It kills brain cells and can make you very ill if absorbed into your skin. The Department of Environmental Protection (DEP) has classified the CFL as a “universal hazardous waste.”

Because of this, it is important that you do not throw the CFL bulb away. It could do serious damage to our environment and could give people health problems if we did so. In fact, you must bring the CFL bulb back to where you bought it and recycle them. It is very dangerous if people just throw these bulbs in the trash, and unfortunately it probably happens all the time because not everyone is educated on this issue.

Concerned about light now? Well, I have something that may help you with your spirits. There has recently been a new development in the world of bulbs. The following bulb is very expensive at the moment but does not contain mercury!

Light-Emitting Diode bulb

The LED bulb is a wonderful new solution to our CFL mercury problem. It doesn’t contain mercury, and it still produces the same amount of light as the other two at only 12W. The added bonus is that LED bulbs can last five times as long as a CFL so fewer bulbs need to be disposed. Not many people have heard of or seen this bulb yet, because it is not widely available in the market yet. People aren’t aware of the mercury issue enough to care and put pressure on making these environmentally friendly bulbs more economical. It’s also a problem for the future, not one for your bank account today. So in order to make a difference here, people need to zoom out and look at a picture that is bigger than a single energy bill. Do we want to be responsible for health hazards in future generations?

Currently, CFL manufacturers seem very happy that people are switching out incandescent bulbs with their product to save on their electric bill. They certainly don’t want you to be aware of the mercury issue, but now you aren’t in the dark anymore.

(Stay tuned for more “Learnin’ About Light” articles coming soon.)

Ali is a student at the University of Maine School of Law and works part time with the Office of Sustainability in Facilities Management. Sustainability & ME is a recurring column overseen by Tyler Kidder, Assistant Director for Sustainable Programs, who can be reached at tkidder@usm.maine.edu.

Unfortunately, political signs are also a massive target for vandalism.

Reports of stolen or vandalized lawn signs are one of the most common complaints in a general election year. Signs are an easy target, and offenders are rarely caught. Facts first. From first hand experience, I know that signs are not cheap by any measure. At an average cost of $5 a sign to the campaign, it represents a large part of a budget that cannot be replenished without having to make concessions somewhere else.

Second, don’t get mad, go vote and get involved. Whether you like him or not, I agree wholeheartedly with the president’s general message regarding negativity towards an opposition campaign.

Stealing campaign signs doesn’t help your cause. It makes you and your side look lowly and desperate for any advantage. The difference stealing a sign makes is so very small in its benefits compared to what detrimental effects it does to the side you support. Therefore if you think yourself a political powerhouse while raising away with a stolen sign, you’ve effectively given the opposing campaign a talking point against you.

Here are my suggestions for alternatives: Instead of risking a $250 fine (that’s right, not change) for sign theft (and in some cases, trespassing as well), I suggest you go to your candidate or cause’s regional office. Get on the phone and make some calls. Talk to fellow voters about your candidate or cause. Grab a clipboard and knock on some doors.

Casey Ledoux / Free Press Staff Writer

Perspectives
Our opinion: Norton deserves a thorough review

A tragic event rocked this university last week, with the news of the untimely death of David Norton. It brought national media outlets to our front door and set us before the critical public eye.

Certainly it was an unfortunate, unpredictable event, but many questions are left unanswered for students, the public and Norton’s family – how could this have possibly happened? What went wrong? Could we have done anything to make a difference? University officials and Norton’s family and friends agree that an event that raises so many questions makes a thorough review of our safety and security procedures and protocol absolutely imperative. The nature of this review is equally important for the peace of Norton’s family, this university and concerned members of the community.

Ideally, the review should not be overseen, initiated or drafted by USM officials, but rather, University of Maine System officials or some other higher entity should completely undertake it. It is concerning that any conflict of interest might become an issue in an internal review of this kind. An internal review simply does not make sense, and it may not demonstrate to the community the most candid and forthright effort. It would not be ethical if in our own government system, when a law’s constitutionality was questioned, it was reviewed by the bodies involved in passing the bill. For this, we have judicial review. In a similar fashion, USM needs to hand off this matter to a neutral party.

Transparency and selflessness are of the utmost importance to the university’s reputation, and enrollment and retention are top priorities for USM right now. If in this internal review we fail to critically and earnestly confront this, then the reputation for this school may suffer and, as a result, USM itself may suffer.

We must realize, however, most importantly, that the bottom line is safety. Certainly, a poor handling of this issue may negatively affect enrollment figures, public opinion or the Princeton Review, but we must not feign a thorough review of policies in order to appease our baser motivations. The only way that a thorough review is possible is for USM to pass the baton. The reality is that David Norton could have suffered im- mensely, and that it is the duty of an institution to assure the safety of its employees and students.

The Free Press is a weekly student-run newspaper paid for in part with the Student Activity Fee. • We reserve the right to edit or refuse all materials submitted or solicited for publication. • Columns do not reflect the opinions of The Free Press or its staff. • Guest commentaries are sometimes solicited or accepted from members of the USM community; they may not exceed 700 words. • We have a gender-neutral language policy. • One copy of The Free Press is available free of charge. Up to 10 additional copies are available for 25 cents each at the office of The Free Press, 92 Bedford St., Portland, Maine. • The Free Press reaches an estimated 11,000 students of USM, their friends and families on the Portland and Gorham campuses and in the Portland community. To advertise, contact our Advertising Manager at 207.780.4084 ex. • We reserve the right to reject advertising. We will not accept discriminatory ads. • We welcome letters to the editor. They must be submitted electronically, include the author’s full name, school year or relationship to USM, and may not exceed 350 words without prior approval from the Editor-in-Chief. • The deadline for all submissions is Wednesday at 5 p.m. preceding the week of publication. Send submissions to editor@usmfreepress.org.

Casey Ledoux, Justicia Barreiros, Phoebe Borden, Laura Sawyer, Stacey Zaccaro, Sidney Dritz

Andrew Henry

Anna Chiu

Warren II

Alex Greenlee

Patrick O’Reilly

Lucille Siegler

Eve Raimon

Nate Mooney

Jim Tierney

Wanwen Li

Brittany Hill

Patrick O’Reilly

Alex Greenlee

Eve Raimon

Our opinion: Norton deserves a thorough review

$20! or receive 10% off any services in our Cosmetology Clinic first time visit only with this ad

Full hour Massage or Facial

Call today to schedule your appointment in our teacher supervised student clinic!

591-4141 100 Larrabee Rd Westbrook, ME

perspectives
More than a year ago, an article titled “The Battle of Greek life at USM” appeared in The Free Press. In the piece, serious difficulties facing the future of Greek life at the university were outlined. Among these difficulties were declining numbers, a smaller pool of resident students as potential pledges and negative perceptions of Greek life by students and administrators. In the year since that article was published, significant changes have occurred within the fraternal world. Despite this, it still holds that, at least according to the group’s Facebook page, more than a dozen students attended a recent meeting to help the organization get off the ground. Greek organizations on campus are welcoming the return of Phi Mu Delta, seeing it as a step in the right direction. “Greek Life is growing, and it’s only going to benefit USM through service and dedication to creating a better environment at this university,” says men’s fraternity representative Richard Laminard. But one need not turn only to the new Greek life at USM to see positive signs. Sigma Nu, which is housed in evidence hall, is a critical time in the movement for marriage equality. He provided a religious motive for opposing marriage equality. He spoke in person at the rally on Sept. 10, which was attended by a metropolitan crowd of 10,000. “The plan for Phi Mu Delta, this fall after several years of dormancy, has occurred within the fraternity and sororities at USM. This is a campaign that only marriage can provide protection that only marriage can offer,” said McAvoy.

“Loving, committed same-sex couples have stories to share. According to Laminard, “Joining a Greek organization is an amazing life-long experience that can’t be understood fully unless actually experienced personally. The connections made through networking are real. Many of my brothers have found professional jobs through alumni relations.”

One of the most striking things I noticed in researching this article is the level of passion these students exude for their organizations. Many went above and beyond to answer my questions and guide me in the right direction. As someone who has never been to a Greek event, it really opened my eyes to the benefits of Greek life. The “Yes on #1!” stickers, which have been seen around campus with Greeks letters on, say hello. Everyone in Greek life is more than happy to talk about their organization, and will definitely assist students who are interested,” says Laminard.

Kappa Iota reiterated that point, with McAvoy commenting, “Don’t be afraid to ask questions. It is the only way to learn about being Greek!”
Get your kicks on with the Martial Arts Club

Anna Chiu  Sports Editor

Senior Jake Hunkler knew nothing about martial arts when he decided to start the USM martial arts club in March of 2010 during his sophomore year. Fast forward to 2012, and Hunkler has already competed in a tournament and will be testing for his blue belt, only two belts shy from black, on Nov. 17. All thanks to the club he started.

With the help of friends and colleagues, the ambitious senior was able to assemble the club and finally had the opportunity. “I started the club because I had always wanted to learn a martial art but never got the chance to,” Hunkler said. “When I got to school, I realized there was a way for me to get an on-campus resource for students who wanted to learn martial arts.”

The club learns the art of Jukado, a traditional combination of kung fu, karate, aikido and judo. The unique blend of the different types of martial arts was developed for practical use in real-life situations and also works to strengthen the body, mind and spirit. For instance, part of learning jukado are ways of striking with your hands and feet, which can be effective in dangerous real-life situations.

Martial arts promotes discipline, perseverance and the importance of teamwork, all skills that are useful in everyday life. For anyone who has ever practiced martial arts, it is clear that it is not about aggression or violence. Confidence is a virtue that comes naturally when learning martial arts. Instructors constantly push their students to do their best, aim higher and move faster. For the student, this can transform into confidence in their own ability, a feeling that can transcend martial arts and become relevant in other life events.

For Hunkler, the benefits are more than just learning about fighting or self-defense. “It gives you a little more confidence in those situations that you might find uncomfortable, like walking across campus by yourself at night, and it’s really a good, hour long workout where you come out learning something new.”

Instructors Joseph Johnson and Doshu Ali Vander all teach every other week. Joseph Johnson is a certified brown belt and an assistant instructor at the Greater Portland School of Jukado. Viernes is a third generation Grand Master and a black belt in all the forms of Jukado. The “Doshu” title used for the highest authority, also called “Grand Master.”

From left to right, Krs Reeds, Justin McNeal and Ryan Whitney, members of USM’s Martial Arts Club.

“Tennis the way” in Japanese, and it is a title used for the highest authority, also called “Grand Master.”

For such a relatively small and unchartered club, Viernes has the credentials that aspiring martial artists dream of.

The best part about the martial arts club is that any student can join, regardless of experience. The members of the club have a good relationship with both instructors, creating a familial atmosphere. “Most of us have been around since I started the club, or have been in it a year or more, and we all know each other really well, but if someone new comes to the club, they don’t get cold shouldered,” said Hunkler.

“We welcome them in and give them the tips that helped us when we were starting out.”

Several students currently in the club are already highly ranked in other styles of martial arts, but in Jukado, they start at the white belt. That way, students with no martial arts experience can easily integrate themselves without getting lost.

The Martial Arts Club practices every other week. Thursday or Friday nights at 5:30 p.m. in the Hastings Formal Lounge on the Gorham campus. This club offers more than just learning self-defense and other sought-after qualities like self-discipline or confidence. It’s also a chance for students to put themselves out of their comfort zone while working on other skills, developing strong work ethic and persevere in all areas of life.

Anna Chiu  Sports Editor

This year, a fun, Latin-inspired fitness class has motivated many USM students to dance their way to good health. USM is now offering one of the world’s largest and most successful dance themed fitness parties, known as Zumba. It is perfect for those who hate working out, but love dancing.

Staff member Jennifer Camire, who discovered Zumba four years ago and instantly fell in love, teaches part time at the Sullivan Complex a couple evenings a week. Zumba has allowed her to get back in touch with her dancing roots. “I was involved with dance a lot as a child and throughout high school, but kind of lost touch after that. Zumba brought me back into the dance world and inspired me to become certified as a group fitness instructor.”

Zumba brings exercise to a whole new level because you do not feel like you are working out. It does not involve knowing any complicated dance steps or choreography; instead it focuses on moving to the music and just having fun. “It’s a program that is really accessible to a wide range of fitness levels, including those who are brand new to exercise,” says Camire. “I also was getting use to the uncertainty. Everybody in the class feels the same in the beginning but you get used to it and you just dance and have fun.”

For students who don’t have the time to work out or simply have no motivation or desire for traditional exercise routines, Zumba is a win-win solution. Not only do participants get the health benefits of exercise, they also get to have fun and dance like they would at a nightclub. There’s no fault in trying—sometimes you discover new things about yourself because of the chances you take. Zumba will surely satisfy your expectations.

Kirsten Sylvain / The Free Press

Instructor Jennifer Camire leads her class with a freelance styled dance regimen known as Zumba.

Anna Chiu / The Free Press

This year, a fun, Latin-inspired fitness class has motivated many USM students to dance their way to good health.
Huskies underscore season opener

The men’s team opened their season with a 3-7 loss against Castleton State College on Friday night. Scoring for the Huskies were junior Jamie Osborne, sophomore Ryan Seward and senior Jon Grandinetti. Freshman goalie Patrick Farrington had 17 stops. USM had a 25-24 advantage in shots on goal, but were zero for three in power plays.

Last season, the men’s team finished their season with a 1-3-1 overall record, and this year, the Huskies plans to do better. Senior forward David Nies and junior Jon Grandinetti. Freshman goalie Patrick Farrington had 17 stops. USM had a 25-24 advantage in shots on goal, but were zero for three in power plays.

Quick Hits: The Huskies’ week in review

Huskies underdog in season opener

Women’s Soccer

USM ends season with four wins overall

The women’s team were unable to advance in the LEC tournament, losing 0-2 to third seeded Western Connecticut State University. Sixth seeded USM ends their season with a 3-14 overall record. The Huskies had a 13-6 disadvantage in shots but a 4-3 lead in corner kicks. Senior goalie Katie Cobb had four saves.

SCOREBOARD

November 1

Women’s Soccer

USM 0
Western Conn. St. 2

Field Hockey

USM 0
Bridgewater St. 3

November 2

Men’s Ice Hockey

USM 3
Castleton 7

November 3

Men’s Ice Hockey

USM 5
Skidmore 3

UPCOMING

November 9

Men’s Ice Hockey

USM @ Norwich

Women’s Ice Hockey

St. Michael’s @ USM

November 10

Wrestling

USM @ Roger Williams

Men’s Ice Hockey

USM @ St. Michael’s

Women’s Ice Hockey

Norwich @ USM

Like writing? We have openings for sports writers. Email achiu@usmfreepress.org if interested.

Skate your ‘bouts’ off for charity

Quick Hits:
The Huskies’ week in review

Anna Chiu
Sports Editor

Men’s Hockey
Men’s team redeem season opener loss with a win

The Huskies were able to pull a 5-3 victory against Skidmore College on Saturday afternoon. The win improves the team record to 1-1 overall and in conference play. Five different players scored for the Huskies, including junior Angelo Vrachnos, senior Matt McDonald, sophomore Stephen Gallo and freshmen Jeremy Griffin and Ryan Conners. Griffin converted a turnover for his first collegiate goal.

Huskies end season after tournament loss

Seventh seeded USM lost 0-3 against second seeded Bridgewater State in the first round of the Little East Conference field hockey tournament on Thursday night. The Huskies finish their season with a 6-12-1 record. The women’s team had an unfortunate 4-25 disadvantage in shots and a 2-8 disadvantage in penalty corners. Juniors Christina Mountain and Rebecca Pratt both made defensive saves while goalie Kayla Kennedy had eight saves.

Women’s Soccer

USM ends season with four wins overall

The women’s team were unable to advance in the LEC tournament, losing 0-2 to third seeded Western Connecticut State University. Sixth seeded USM ends their season with a 3-14 overall record. The Huskies had a 13-6 disadvantage in shots but a 4-3 lead in corner kicks. Senior goalie Katie Cobb had four saves.

Skate your ‘bouts’ off for charity

Offensive jammer skates around in hopes to pass opposing blockers

The Maine Roller Derby started in March 2006 and have become known for the players, including ju-
Professor gets students involved in playground construction

Skyla Gordon
Contributor

David Jones, an associate professor of recreation and leisure studies and president of the International Childhood Enrichment Program, has been organizing fundraisers with student volunteers to build new playgrounds for children in areas throughout Haiti and Afghanistan that have been ravaged by natural disaster, poverty or conflict.

The ICEP, founded in 2004, is a nonprofit organization that arranges the construction of new playgrounds. ICEP has built a total of 15 playgrounds since it's inception. As a teacher and president of the organization, Jones encourages his students to volunteer with

or other creative experiences. “Without this play, they can never work past their trauma,” Jones said. This research supports his belief that building playgrounds is tremendously important, especially in places in which traumatic events have occurred.

Jones encourages his students to participate in ICEP fundraisers such as “Hoops for Playgrounds” because he believes in learning through doing. His students find this hands-on experience incredibly rewarding.

Rebecca Roy, a Junior Recreation Therapy major and a student of Jones, stated, “Play is so important in children’s development, and I am thrilled to have the chance to impact multiple children. We are able to provide safe equipment for kids to have a chance to laugh and play—simple things that most of us take for granted.”

The latest playground ICEP constructed was in Port au Prince, Haiti in August 2012. This community is also known as the “TentTarp city” where Haitians are still living in tents and tarpars after the earthquake in Jan. 2010. The children of this city sent Jones a video from their playground, telling him how incredibly grateful they were to have a playground built for them.

The goals for the future of ICEP are to expand the production of playgrounds into other countries, possibly in Ghana or the Dominican Republic. They are also hoping to increase their production from one to two playgrounds a year to three or four. Jones and the ICEP hope to gain more support and funds in order to achieve their new goals. Currently, the majority of their funds come from donors or fundraisers such as last year’s

ICEP to fulfill their service learning requirement for their class, which requires students to volunteer 15-20 hours in their communities. Currently, Jones has 12 students devoted to the project, although they do not travel to the constructed playground.

According to the ICEP website, their mission is to enable the healthy physical, social, emotional and creative development of children in need through the construction of safe playground environments. Our Children Enriching Children program provides North American youth a window into global education and an opportunity to improve the lives of their international counterparts.

Jones became involved with ICEP when he saw a photo collection in the USM library. The organization’s founder, Charles Carpenter, had traveled the countryside of poor countries on a bicycle, taking photographs of what he saw to bring attention to these economically devastated areas. Jones was blown away by the photos and was compelled to become involved with the group immediately.

“There’s so much need there,” Jones said referring to Afghanistan and Haiti. Jones believes building playgrounds is extremely important for the growth of children. "Sometimes people don’t see the importance of play.”

Jones has also conducted research that demonstrates the importance of play for childhood development. The data shows that kids who have been traumatized are less likely to overcome their condition unless they have opportunities to engage in spontaneous play. This year, ICEP is sponsoring a Hoops for Playgrounds fundraiser from Nov. 12 through 16 at elementary schools in Portland. ICEP coordinates with the Portland Recreational Department to host fundraisers at these elementary schools. At the events, adults can sponsor children to shoot baskets, ball hoops or twist bula-hoops, and the profits support ICEP. Supporting a child at the upcoming Hoops for Playgrounds fundraiser will go a long way toward building new playgrounds in economically depressed areas of the world.

To sponsor a child or get more information about Hoops for Playgrounds, contact Dr. David Jones.

Children in Haiti enjoy a playground built by the International Childhood Enrichment Program. The program has been building playgrounds since 2004.

Courtesy of David Jones

---

**Student Group Contact:** Dr. David Jones, dbjones@usm.maine.edu

Want your student group featured? Have a USM event for our calendar?

Send an email to events@usmfreeexpress.org.