

the free press

Volume 38, Issue 8 November 6, 2006

Don't know
where to
vote?

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For real this
time

More rooms, less parking

A new building in Gorham promises increased housing

SARAH SKELDING

STAFF WRITER

Construction of a new dorm is changing the skyline of the Gorham campus. A large building emerges in Gorham where fields once were. The dorm, located near Bailey Hall, is designed for 296 upper-level and graduate-level students. The new building is scheduled to be finished for the fall of 2007. The rooms will be apartment and suite-style, and most will hold four students.

The projected costs for construction of the building are \$21.5 million. However, the dorm is meant to be self-sufficient. "The room fees have to be enough to make the payments for the new residence halls," said Bob Caswell, executive director of public affairs. "We essentially take out a loan, and the payment of these loans comes from room fees that are generated by the new residence hall."

The building is also designed to be environmentally-friendly. "We go for what is known as LEED (Leadership in Energy and Environmental Design) certification on all our new buildings," said Caswell. "What this means is that they are designed to be highly energy efficient, and we use local

and recycled materials whenever possible." The Abromson Center in Portland, for example, collects rain water from the top of the building and uses it to flush toilets.

Increased demand from students for on-campus housing sparked the decision for the new dorm. "(We have had) 300 students, over the last several years, in forced triples," said Caswell. "Plus, we turn away 100 or so students who ask for on-campus housing."

The university began construction of the building in the spring of 2006. "I was at the ground breaking ceremony this past April," said Caswell, "and there were a number of stu-

students there who were pleased." Student reactions to the new dorm being built on the Gorham campus have been mixed. "I think it will make it easier for people whose majors are offered on the Gorham campus. It will offer

more flexibility to their living situation," said Liz Hart, a junior and an English major.

"I think overall it will have a positive affect," said Nate Brown, a senior who currently lives off-campus. "It will create more op-

portunity for students to live on campus and create more community. However, I think it will be bad in terms of parking, which is already a problem."

Student parking was cut by 153 spaces when construction started in

the Bailey Hall lot. This summer, 175 new spaces were built next to Dickey-Wood Hall. That is a net gain of 22 spaces for an additional 296 students on campus.

SEE DORM, PAGE 2



The new residence hall is green friendly and will open fall 2007.

Politics on campus



A student signs PIRGS banner pledging to vote on Nov. 7.

The debate that was not

Lavoie and Adams end election season

ANNE HOBBY

NEWS EDITOR

The so-called debate between Professor Herb Adams and his student Jason Lavoie last Wednesday was much less contentious than one would expect from candidates of two very different parties. Absent from the debate was Matt Reading, of the Green Party, leaving Lavoie (Republican) and Adams (Democrat) face to face. They are running against each other in the race for State Representative in District

119, but this has not affected their amicable student-teacher relationship, exchanging smiles and handshakes before and after the debate.

Less cordial were District 118 candidates Jon Hinck, Democrat, and incumbent John Eder, the only Green member of the House. Hinck often slipped in comments about his opponent when answering debate questions. District 118 includes park side and West End areas of Portland. The debate was held in Payson Smith Hall

SEE DEBATE, PAGE 2



COURTESY OF THE
USM POLICE DEPARTMENT

**NOVEMBER 1
Put away that butt (12:26 a.m.)**—Student urinated behind the smoking area of Portland Hall. He was referred to Community Standards and was given a trespass notice for Portland Hall.

It's all fun and games, and then there's the neighbor (6:29 p.m.)—A neighbor complained that Portland Hall residents were being too loud playing basketball in the rear lot. The RA on duty was notified.

Whistle while you work (1:31 a.m.)—Someone complained in Portland Hall that people in one of the wings were blowing a whistle and yelling at others in the parking lot. There was no noise when an officer arrived.

...But we're still drunk (1:50 a.m.)—An officer found three females in a hallway of Portland Hall he believed might be intoxicated. He gave them a verbal warning.

Party on, Wanye (2:03 a.m.)—There was a complaint of noise in a room in Portland Hall. An officer asked the occupants to be quiet.

With a little help from my friends (2:50 a.m.)—University police helped the Portland PD find a witness living in Portland Hall.

Lookin' trashy (9:26 a.m.)—The fourth floor of the parking garage in Portland was littered with trash. Facilities personnel were notified.

Parked cars are hard to avoid (1:02 p.m.)—A woman's car was parked in P-2. When she returned, she found the car damaged.

crime of the week

Rhino takes a TP (12:31 a.m.)—The rhino on the Gorham campus, along with the sign in front of Russell Hall were toilet-papered.

CORRECTIONS from the October 30, 2006 issue.
Jason Lavoie's name was mistakenly spelled "LaVoie."

The Halloween Bash was organized by the Board of Student Organizations (BSO) and the Portland Events Board (PEB). The Pagan Student Association (PSA) was not involved, as written in the photo caption on page 3.

from DEBATE, page 1
on the Portland campus.

Both Adams and Lavoie voiced support of Opportunity Maine. The bill proposes reimbursement of tuition costs for Maine students who graduate from state schools and go on to work in Maine.

Adams said "Opportunity Maine is something whose time is come." He said the money would be easy to find, citing what he called "the debacle of the dump," in reference to the state spending \$28 million to buy a toxic waste dump.

The professor and his student also agreed on the need for wind power as a source of renewable energy for the state. Lavoie smiled as he said he liked Pat LaMarche's idea of having offshore wind power set up on the coast of Maine. Pat LaMarche is running for governor this year as a member of the Green Party.

The candidates were asked to speak on TABOR (Taxpayer's Bill of Rights), which is referendum question #1 on the ballot this year. The bill proposes that taxes rise only to reflect inflation, and any other costs must be voted on by the citizens.

Lavoie said he is "very supportive" of such legislature, although it is "not the perfect solution." But he added that tax relief is necessary, and the "people in Augusta have failed" in bringing this to Maine citizens.

In contrast, Adams talked about Colorado, where a version of TABOR was passed in 1992.

"Colorado is billions in the hole," he said. "If you love disaster, move to Colorado."

Aside from attending his Maine Government class with Adams, Lavoie said he plans on spending most of the day



Herb Adams and Jason Lavoie discuss TABOR at their final debate.

PHOTO BY ASHLEY ST. MICHEL

Tuesday at the Expo where people in District 119 will vote. Adams said he would probably cancel class for Election Day if his students agree.

"Maybe we'll walk to the Expo together," said Lavoie, who also plans on supporting gubernatorial candidate Chandler

Woodcock while he sits at the polls. He said he was optimistic for a Republican victory in the governor's race. Of his own chances, he said it was too early to tell.

"Best I can expect is to get my people to vote." ♦



Work continues on the new dorm in Gorham.

PHOTO BY A.J. MARTIN

Police move Portland office New home more accessible, centralized

JOEL C. THERIAULT
SENIOR STAFF WRITER

USM's Portland Police left their offices in the Steego Building on Bedford Street for a new and improved space in the Sullivan Fitness Complex last Monday. Upcoming construction of the University Commons is displacing them. Lt. Jim Stanhope said the new area is smaller, but there is more office space than before. In addition, they may be better positioned to serve the campus.

The added offices provide more for handling cases sensitive to confidentiality.

Stanhope added that the new location also gives the police a few extra parking spaces, and the Sullivan complex has more handicap-accessible spots.

Chief Lisa Beecher expressed concern that the sign at the new location isn't visible enough for the public. Stanhope agreed and said, "I'd like to see the sign right in the middle of campus."

With the new location, Beecher, who usually works from her office at the Gorham campus, will be able to put in more hours in Portland. She said, "We're going to make it work." ♦

from DORMS, page 1

"Our studies have shown there shouldn't be a significant increase in parking demand with the new hall," said Caswell. "An independent parking consultant looked at parking demand on the Gorham campus. The market for the new residence hall is mostly current students living off-campus and commuting to classes." The fact that these students will now become residents will decrease parking demand on campus, he said.

Music majors are also wondering why the university is building a new dorm when they believe that Corthell Hall, which houses the music school, could use renovations itself. Amy Nolan, a senior music education major said, "I know it's a conflict of interest, building a new dorm to get more students. But music students only have 18 practice rooms." Students are often kicked out of these rooms

in favor of professors who need them for lessons, leaving the students with nowhere to finish practicing.

Students have also expressed concern about the dearth of housing in Portland. Director of Residential Life Denise Nelson said, "It is part of a long-term plan that does involve housing in Portland eventually." However, there is currently a private developer with plans to build housing on Marginal Way geared toward students, which may take away from the university's niche market. "[The private developer] caught a head start on us, so we want to be careful not to build something we can't fill," said Nelson.

Caswell said the University is aware of a possible demand for on-campus housing in Portland, and is waiting to see how the new development on Marginal Way will affect that. ♦



This week in history

Stanley discovers Livingstone in Africa

NOV. 10, 1871—UJJI, ZANZIBAR-- Seven years after Scottish doctor and missionary David Livingstone's disappearance in the heart of Africa, a search party led by journalist Henry Stanley found him. Stanley and his party had been searching for Livingstone for eight months. The doctor was living in the village Ujiji, on Lake Tanganyika.

When Stanley saw him for the first time, he tried to conceal his excitement and said, "Dr. Livingstone, I presume?"

Livingstone's (1813-1873) 1840 exploration of central Africa had propelled him to international fame. Disappearing during his second expedition into Africa in 1864 while searching for the source of the Nile River, his whereabouts began to be a concern around the world.

In 1864, Stanley (1841-1904) began as a freelance journalist and worked his way up to be a special correspondent for the *New York Herald* in 1867, which financed Stanley's 2,000-man expedition in search of Livingstone in 1871. Livingstone died May 1, 1873, in Chitambo, never having found the source of the Nile. Stanley continued Livingstone's mission, finally finishing it in 1889. In 1895, he was knighted Sir Henry Morton Stanley. ♦

COMPILED BY JOEL C. THERIAULT

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Commons to change USM's look

Portland campus gets facelift

JOEL C. THERAULT
SENIOR STAFF WRITER

The old warehouses that mar the Portland campus between Glickman Library and the Abromson Center will be torn down beginning Monday and transformed into the University Commons, a new building, promenade and plaza that Craig Hutchinson, vice president of student and university life, describes as "the gateway to campus for the community."

Hutchinson said the Abromson Center, the USM Parking Garage and the Alumni Skywalk over Bedford Street marked the very beginnings of the changes on campus, all part of the University

Commons project and funded by Transforming USM: the Capital Campaign, a project initiated in April 2005.

Elizabeth Shorr, vice president of University Advancement and Planning, spearheaded the fundraising campaign, gathering donations from alumni and other friends of USM.

"In the beginning," said Shorr, "there were many iterations (for the project's name)...When you look at the layout of the Commons, there are a lot of 'common' spaces there where a lot of students will be. There will be walkways and gathering places."

Other future projects, still in the conceptual stage include a 450-500 bed student residence located between the upcom-

ing Wishcamper Center/OLLI Headquarters and I-295, and a new student center to replace Woodbury Campus Center, and would centralize most student organizations and services.

To date, the university has accumulated \$20 million of the \$25 million needed to build the complex, which is "considered to be the most ambitious project on campus to date," according to Bob Caswell, executive director of the Office of Public Affairs.

According to Chief Finance Officer Sam Andrews, the cost for construction comes entirely from the capital campaign of donated money and not any part of the university's operating budget, which is built on tuition, fees, and state appropriation.



PHOTO BY RONALD FITTS, COURTESY OF WMTW.

The modular home, famous in town for its annual holiday decoration, was removed Oct. 24 from the roof of Portland Plastic Pipe Co.

Construction for the University Commons will begin with site preparation and demolition Monday at the Steego Building, the former offices for the campus police, university mail services and the printing office, and the recently acquired Portland Plastic Pipe Company, which the university purchased in March 2005 using \$1.95M from the capital campaign. A groundbreaking ceremony is scheduled for Nov. 15 at 10:30 a.m. in front of the Steego Building. The police offices are currently in the Sullivan Gym (see story on page 2), and the USM Mail Services was moved to Forest Avenue in October.

The Commons will consist of three major components: A building with two sections, along with a plaza and landscaped walkways that will be called the Promenade. The walkway will connect the campus buildings together.

The new Commons building will be located where Steego and Portland Plastic Pipe now stand. One part, the Wishcamper Center, will house the USM Muskie School of Public Service. It is named after Portland community leaders Joe and Carol Wishcamper, major contributors of the campaign. The Muskie School offers graduate degrees in community planning, policy planning, as well as multiple research

centers for health and social services.

The other section of the building will be dedicated to the Osher Lifelong Learning Institute (OLLI), which serves older college students. OLLI's new site will house the local Osher Institute, the Maine Senior College Network and the national headquarters for all Osher Institutes. The new space will combine OLLIs on both campuses and provide for a full week of classes instead of just Fridays, as they are scheduled now.

Another change will be an expansion of the Osher Map Library and Smith Center for Cartographic Education, currently located on the first floor of Glickman Library. The university will take advantage of the additional construction to re-orient the front entrance of the library to face the campus instead of Forest Avenue.

Hutchinson warned, "There'll be some inconvenience, some dust and some need for deliberate planning on the part of faculty and student alike," during construction. Public Affairs associate Judie O'Malley said the safe pathways would be provided with barricades during construction, and students and faculty will still have access to the parking garage. ♦



RENDERING COURTESY OF KOETTER KIM & ASSOCIATES, INC.

A rendering of University Commons from the corner of Forest Avenue and Bedford Street.

USM fights back against bomb threats

Expert on campus to train staff

JOEL C. THERAULT
SENIOR STAFF WRITER

After two bomb threats last month, a bomb expert is arriving on campus to help USM Police train faculty and staff in evacuation procedures and identifying explosives. Police Chief Lisa Beecher has secured the services of Tim Culbert, president of New England Chemical and Explosive Disposal, Inc., a company that specializes in bombs and other hazards.

Culbert retired from the Maine State Police in 1998 after 20 years of service as a homicide and major crimes detective, an academy instructor and a founding member of the State Police Bomb Squad. In 1994 he attended the Army's

Redstone Arsenal Hazardous Devices School in Huntsville, Alabama, considered the best program for training explosive technicians. In 1995, Culbert attended the FBI's Post-Blast Investigator's School in Boston.

Culbert's three-hour Explosive Search and ID course is based on oral, video and power point presentations. Topics he addresses include "sweeping" buildings for explosives, alerting proper authorities for bomb removal, appropriate emergency response, and effective evacuation procedures.

"We asked staff to volunteer (for emergency response)," said Craig Hutchinson, vice-president of Student and University Life. "but we had no orientation or presentation to help

train, and some discomfort was expressed that they weren't qualified."

Faculty from many departments will be asked to attend, including office staff, administrative assistants and Facilities Management. "They are the most familiar with these buildings...day in and day out," he said.

Hutchinson said the university has always had a policy for pooling volunteer faculty at the time of an incident. "At any given time, there is only one [officer on duty] on either campus," he said and added that Gorham and Portland campuses had over 100 buildings combined.

After Culbert's training, Hutchinson said he expects volunteers to feel more comfortable

assisting if a threat occurs. "It's a way to be better prepared in the event that this incident happens again."

The Student and University Life office is funding the class, paying per person. Hutchinson said an exact figure has not yet been calculated, but it would not disrupt his office's budget. "There's a certain amount of contingency, like every budget should have. I view this as a good use of contingency...I don't expect it to be an exorbitant amount of money."

Beecher attended a presentation by Culbert at Bates for a Maine College and University Security Directors Association (MCUSDA) training session. She chose him to train at USM instead of representatives from



PHOTO BY

Tim Culbert.

the State Police or the Bureau of Alcohol, Tobacco and Firearms (ATF). "In my mind there was no need to go anywhere else," said Beecher. Culbert will be holding his first class at the Gorham campus Nov. 15 and a Portland campus class on Nov. 29. ♦

LETTER FROM THE EDITOR

Budget cuts and buddies lost

In this week's paper, we're running a news brief about a letter President Pattenau wrote to faculty and staff. It included a few paragraphs about TABOR and why he thought it would have dangerous effects for the university. This follows Pattenau's announcement a few weeks ago that USM already was about 2 million dollars in the hole. "So, this must be a year of decisive action," said Pattenau.

Rhetoric about budget cuts, shortfalls, and tightening the belt is so pervasive that it takes on a desensitized existence. Administrators, governors, and president's often cite numbers and statistics, and insist that budget cuts must be made. But it wasn't until last week that I was sharply reminded of what a budget cut looks like.

"Bob" comes through our door at 92 Bedford every weekday afternoon wearing a giant vacuum pack. It's almost as big as he is, and strapped into it he looks like he's ready to blast off. He stands at the top of our

stairs and waits for his supervisor to plug him in so he can have at it. He's quiet and unassuming, there to perform a task that he knows he can do well. He's probably the most efficient worker that I've ever seen. He's not interested in a cell phone; he doesn't want to flirt with the girls on staff; and he never calls in sick because he's hungover. He's got one task in mind: vacuuming the office. Get out of the way, Bob's plugged in.

The crew's job coach, Jill, habitually follows in tow, Bob's vacuum plug in hand and trash bags shoved under an arm. Her job is to integrate Bob into the work force and society. She is the bridge between Bob's obstacles, and him overcoming those. She's always got a mouthful for you. She sees a lot of USM, traveling daily down the row of old two story houses. Daily she reveals something she encountered in her travels, meant to shock and amaze.

"Yep, 'Phil's' at the Pirate's game

tonight," she told me one day as she mopped and I sat at my computer, frenetically typing. She was talking about the third member of their crew, who worships the Portland hockey team and was absent. Phil is a paranoid schizophrenic, and a very quiet man. If you met him on the street, you might run. His face is still, his deep brown eyes focused with unflinching intensity. Recently Phil smiled an entire front row of teeth at me. It took both of us a little time and trust. As you get to know people, you realize that who they appear to be as a result of a category you put them in is the most dismissive and simplified way to see them.

They've become a staple in our daily routine. More importantly, this job has become a part of their daily routine. Bob's lifestyle necessitates structure and order. He suffers from a mental disability which causes anxiety and confusion when that routine is disturbed. Bob and Phil work for Youth Alternatives, a

company that helps people who have poor work histories, are foster kids, welfare cases, or have disabilities. They provide job coaching, development and placement support services. Clients like Bob and Phil are referred through the Bureau of Rehabilitation. Lee Forest, USM's director of facilities management works with Youth Alternatives to place clients in jobs best suited to their capabilities and restrictions. It serves as a vehicle to move barriers in baby steps, giving their clients confidence as well as work history.

It was something to build on. It was integration at its best.

But budget cuts hit, and decisions had to be made. So our cleaning crew got the axe.

"Bob" took it pretty hard," said Anthony Taliento, vocational coordinator for Youth Alternatives. "He doesn't quite understand these things."

Bob showed up last Friday with his vacuum strapped on and waited for Jill to plug him in. I greeted him



with "Hi, Bob! How are you?"

"[It's my] last night," he said, staring at the carpet. And that was all.

Budget cuts always sounded so bureaucratic and stale. The words floated by me and dissipated into air. But now, budget cuts are people I know. They're Bob, as he stared at the carpet, sullen and still.

This week when I look at the ballot, I'm going to think hard about what checking off a box means. I'm definitely voting no on TABOR. Behind the phrase, budget cut, I see Bob and his vacuum. And I miss him.

HAVE SOMETHING TO SAY?

Send letters to the editor to freepress@usm.maine.edu

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Letters to the editor



USM SHOULD BE PROUD

Dear Editor,

I wanted to let readers know that USM should be proud of the job its Resident Assistants did to help the kids of our community recently. Some may have noticed the Noyes moving van parked near the Campus Center for three days. It was there to gather donations for the Big BIG yard sale to benefit Big Brothers Big Sisters of Southern Maine. The event, held Aug. 26, had over 800 people come through the doors of Sullivan gym and raised \$4,000 for the mentoring programs of Big Brothers Big Sisters.

Many key partners deserve thanks for their roles in this success. We are grateful to the Student and University Life staff, Facility Management staff, Campus Dining Services, and Residential Life staff for their willingness to partner with our program. However the greatest accolades need to go to the Resident Assistants.

We knew that we were lucky to obtain the support of Andrea Thompson-McCall who coordinated the effort. What we were not prepared for, and still are amazed by, was the level of initiative, enthusiasm, discipline, focus and teamwork that was exhibited by the RAs. It was inspiring to watch such a motivated crew of over 50 students who took ownership of the event.

Simply put, USM and their Resident Assistants support went above and beyond all of our expectations. Moreover, several RAs volunteered to become big brothers and big sisters. For readers who are interested in learning more about becoming a school-based mentor for this academic year, please get in touch. The presence of caring adults who we are able to introduce into the lives of kids in need, kids with considerable odds against them, are turning those kids into young adults with bright futures.

Big Brothers Big sisters of Southern Maine depends on the support of valued partners like USM that should be proud of this terrific example of community support.

Congratulations on having such a great group of students representing the university and our BIG thanks again to all.

Sam Beal
Executive Director

WHERE TO VOTE

Polls open 7AM - 8 PM

PORTLAND

East End Elementary

195 North st.

Merrill Auditorium

20 Myrtle St..

Reiche Elementary School

166 Brackett St.

Exposition building

239 Park Ave.

Barron Center

1145 Brighton Ave.

Temple Beth El

400 Deering Ave,

St. Patricks Church

1342 Congress St.

Central Square Baptist Church

466 Stevens Ave.

Riverton Community Center

1600 Forest Ave.

Unitarian Universalist Church

524 Allen Ave.

GORHAM

Little Falls School

Masonic Building

Cressey Road

New Middle School

Weeks Rd.

Municiple Building

JELLY DONUT SERIES

Sticking with the UN

DAVID BROWN

Columnist

Stephen Schlesinger, director of the World Policy Institute and a recent guest at USM for United Nations Day tried his best to answer the question: Why does the United Nations seem so ineffectual when faced with a military crisis? A tough question, yet one that so many have asked before. It got me thinking.



The world, in 1945, was emerging from a period of war and destruction that was unprecedented in scope and brutality. Within a period of approximately 33 years the globe descended in full-scale war not once but twice. After the gradual collapse of the League of Nations in the 1930s (a front-runner to the U.N. established after World War), and with the onset of the Cold War, there was a sense of urgency in establishing some kind of global body that could regulate world affairs.

Since that time, the necessity of the U.N. has been called into question on a number of occasions, and most recently with Iraq. Yet, as Schlesinger pointed out, the effectiveness of the U.N. is entirely dependant on the willingness of its constituents (i.e. its member states) to work together and seek common resolution to the problem at hand. This Idealistic dream of collective security is far from being a reality, something that becomes evident during inter and intra state war. But this is where the greatest misperception of the U.N. occurs.

While collective security is an integral role of the U.N., it is in fact only one of its hats. But because war and chaos get more media attention than resource management, humanitarian aid, and polio vaccination combined, the only time the general public hears about the U.N. is when it is at its most ineffectual.

The key to the U.N. and its military capabilities lays in the Security Council, the small body composed of five permanent members called the P5: China, France, Great Britain, Russia, and the United States. This structure reflects the world powers of 1945. There are 10 additional members on the council who sit for a two year term. The council fulfills the idea of giving the U.N. some kind of metaphorical teeth. They are the group who decides to take any kind of collective military action, after it is debated and resolved. But there is a catch; each of the P5 countries has veto power on resolutions that come before the council. This means that if, for example, the US or China don't want the UN to take action on a particular issue, they have the ability to block it.

Because the council is composed of countries that have different agendas and are also competing against one another, it can only be expected that there will be disagreement almost constantly.

The veto is the cause of much stress and chagrin for the members of the council, let alone for the many down trodden people in this world. Yet if the veto didn't exist then neither would the UN as none of its architects, essentially the P5, would have agreed without it. Think about the scenario of creating a world body centered around five nations that have just experienced significant losses in world war. All of them could agree that something needed to be done to prevent this from happening again, yet none were sure how much they could trust the others. Also consider that even at this time the US and the USSR were sure their relationship would eventually sour.

In light of this, it becomes important to focus on the measures of reform that can be brought in to make the U.N. a more decisive, acting body, but also to recognize what outstanding work the U.N. does in all other areas. As Mr. Schlesinger pointed out, the U.N. is imperfect in its design, but be thankful that it exists at all. In a world where microseconds can change everything, its good to have a neutral environment where opposing governments can get together and talk about it. That place is at the U.N. ♦

DAVID BROWN IS A POLITICAL SCIENCE MAJOR AT USM.

VAST RIGHT-WING CONSPIRACY

The case for woodcock

JOHN READ

COLUMNIST



Chandler Woodcock is your average Mainer; he's not a career politician. His resume includes teaching for 25 years as an English teacher at Livermore Falls, Mt. Blue, and a Skowhegan area high school. As coach of the Mt. Blue girls basketball team, he led them to two Class A state championships. An attempted smear has shown that Chandler had some liens against his home for unpaid bills. Rather than proving his irresponsibility, as the attacks were meant to do, this shows that he understands the common person. He has struggled under our tax burden and our low pay for teachers, while trying to put his kids through college. His bills and liens were paid long before his opponents brought this issue to public attention, and he knows what it is like to have to work hard to make it in Maine.

Great. Chandler Woodcock is one of us, a real Mainer. But what does he want to do? His number one priority is to fix the economic crisis Maine faces. We were one of only two states to face economic decline in 2005, the other being hurricane ravaged Louisiana. One of his main focuses in the economy will be tax reform, lowering us from the highest taxed state in the nation, as well as conforming the Maine tax code to the Federal tax code. Tax cuts spur economic growth, and we can debate all day who should get them, but no legitimate economist would disagree that they create economic expansion.

Another key area Woodcock plans to focus on is making health care more affordable for all Mainers, (we have some of the highest healthcare costs in this country) by making the market more competitive. This can be done by reducing the regulations which keep healthcare providers out of Maine, and by allowing Mainers to purchase healthcare across state borders.

One of Woodcock's points that impresses me most is his government reform plan. To reduce tax burden and spending without cutting services, he plans to enact zero-based budgeting, a method of budgeting in which all expenditures must be justified each new period, as opposed to only explaining the amounts requested in excess of the previous period's funding.

The most important item of this agenda is that he will respect the people's will. If the people vote on something, he will implement it. Governor Baldacci has proven he won't back up his promises with action. No more outright rejecting or watering down of peoples' referendums! We won't see (again) the hatchet job on LD 1 that the voters approved. (LD1 was the referendum passed requiring the state government to pay 55% of public school funding.) The Governor and the Legislature amended it to the point of ineffectiveness. And no matter what the opponents claim,

Woodcock won't repeal the sexual orientation anti-discrimination law that the Maine voters backed in 2005.

Much is made of Woodcock's stance on abortion. So, he is pro-life and proud of it. A governor has no control over abortion rights. Any law has to come through the legislature before it is signed by the Governor. At most, a Governor can push legislation they believe in, but Chandler will not do this with social positions. Whether the Legislature is Republican or Democrat after this election, it will be hostile to socially conservative positions.

The attacks against Chandler are meant to drive fear into your hearts, to take your attention off of a Governor and a party who have failed to provide for the Maine people.

Governor Baldacci was not supported by 25% of his own party in the democrat primary. His numbers are the softest for any incumbent that I've ever seen. The party knows they can't defend him, so they are throwing out superfluous attacks hoping that you vote against Woodcock, as they know most won't vote for Baldacci. They think you will fall for it. I don't think so. I think Mainers are smarter than that. So I'm going to cast my vote for Chandler Woodcock and the future of Maine, and I encourage you to do so as well. As President Clinton's campaign slogan goes "It's the economy, stupid!"

Jon Read is the chair of the College Republicans.

Meet Joe Student

PHOTO AND INTERVIEW BY ROBYN WILEY

WHAT IS YOUR FAVORITE ASPECT OF USM?

The classes, the professors are pretty good. My favorite class is Linear Algebra.

WHAT IS YOUR FAVORITE SPOT TO HANG OUT ON CAMPUS?

Woodbury Campus Center, I eat meals here and I get a lot of studying done in the cafeteria.

DO YOU HAVE ANY PREDICATIONS ON UPCOMING ELECTIONS?

I haven't figured it out yet, can't say for sure.

WHAT DO YOU WATCH MOST OFTEN ON TV?

I like *House* a lot, it's a medical show and the main character is a really cool doctor.

WHAT DO YOU PRIMARILY USE THE INTERNET FOR?

Mostly for studying and MySpace, which is very addicting!

DO YOU HAVE ANY SPECIAL TALENTS?

I fly airplanes; I've been doing it for almost three years now. I haven't gotten my license yet, but I'm working on it.

IS THIS SOMETHING YOU'RE INTERESTED IN AS A CAREER?

No, I started doing it on my own, it's more of a hobby than anything.

WHAT KEEPS YOU MOTIVATED IN COLLEGE?

My parents are paying for my education, so there's pressure not to mess it up. Also, I like what I'm doing, which helps a lot.

IS THERE A BIG DIFFERENCE BETWEEN THE MINDSET OF YOU AND YOUR PARENTS?

Not too much, but on certain things. Neither of my parents is into math, they're more into art, English, and reading.



ARE YOU A BIG READER?

Sometimes, I like the *Harry Potter* books and other adventure novels, but I'm definitely not big on literature.

WHAT'S ONE OF YOURS ASPIRATIONS IN LIFE?

I want to get into sailing. I'm big on outdoor activities. ♦

News briefs

BY JOEL C. THERIAULT

USM | PATTENAUE URGES CAMPUS TO VOTE

PORTLAND--President Richard Pattenaude released a statement via e-mail urging all members of USM's community to vote tomorrow on TABOR, no matter if it is supported or not. He gave the positions of the Board of Trustees and the Board of Visitors, who oppose it. "Both bodies believe that the proposal would weaken public higher education's role and ability to contribute to economic development and job creation," he said.

LOCAL | ATTORNEY ARRESTED FOR HALLOWEEN 'GUERRILLA THEATER'

SOUTH PORTLAND-- Tom Connolly, an attorney from Scarborough, was arrested by South Portland P.D. on Halloween for misdemeanor criminal threatening for wearing an Osama bin Laden costume and mask and wielding a plastic AK-47 rifle, plastic hand grenades, and signs that said "I love TABOR." The resident that called the police thought the sign said "I love Taliban."

State | OLDEST AUTOPSY FIRST PERFORMED IN MAINE

ST. CROIX ISLAND— Forensic anthropologists from Canada and the U.S. confirmed North America's earliest known

autopsy was performed on the Maine island of St. Croix in the winter of 1604-05. A skull with a top section removed was discovered by the National Park Service in June 2003, and it was determined that French settlers on the island were attempting to find the cause of death for almost half of their 79 member party that winter. The settlers suffered from harsh weather conditions and malnutrition.

National | SALMONELLA STRIKES NATION

WASHINGTON, DC--Health officials believe the recent national salmonella outbreak may be caused by contaminated tomatoes or other fresh produce but have been unable to pinpoint a specific product or source. There have been no deaths, but 171 people have fallen sick in 19 states, including Maine. Dr. David Acheson, chief medical officer in the

Food and Drug Administration's Center for Food Safety and Applied Nutrition, believes that the outbreak is now over since the peak for contamination reports was in September.

International | POISONOUS VODKA HAMMERS RUSSIA

MOSCOW, RUSSIA—Illegal alcohol producers have been poisoning dozens of batches of vodka in Russia. Vodka is a staple in Russian culture, but some is laced with toxic household agents. Hundreds have died from hepatitis and liver failure in the past few weeks and towns from the Baltic Sea to Siberia have declared a state of emergency. Police have begun investigating into the source of the tainted liquor, but hospitals are quickly running out of room.◆

FEATURED FACULTY

PHOTO AND INTERVIEW BY TODD HEBERT

Level headed and a bit obsessive

Jane Kuentz

Departments: English Department Chair
Years at USM: 27



to be a journalist or go to law school. But I think being an English professor was always in the background as being my ideal job. I did go to law school briefly, but I quit. Students should know that it is okay to change their minds.

DO YOU HAVE ANY ASPIRATIONS TO DO SOMETHING ELSE IN THE FUTURE?

I'm happy with being a professor. If you're an English professor you get to read novels and talk to people about them, which is some people's idea of a fantasy job. But it's also very intellectually stimulating to design and teach classes. If you do it right, it can be a lot of fun.

WHO ARE SOME OF YOUR FAVORITE AUTHORS?

I like Don DeLillo. I teach popular culture but I really like the high-culture modernist canonical types. I really like Faulkner, Fitzgerald, Pound, Marianne Moore, I like them all.

HAVE YOU ALWAYS KNOWN YOU'D BE A PROFESSOR?

As an undergraduate I had a double major in political science and English and a minor in philosophy. I thought I was either going

WHAT ARE YOUR BIGGEST INTERESTS IN THE ENGLISH FIELD?

I teach, research and write on late 19th, early 20th century American literature and culture. I have a specialty in African American culture.

HOW DID YOU GET INTERESTED IN AFRICAN AMERICAN CULTURE?

It grew out of my dissertation, which was on the Harlem renaissance. I am interested in, not only that period of literature and history, but the way these African American artists and intellectuals were trying to carve a space out for themselves within the dominant culture.

WHAT IS YOUR BIGGEST PASSION IN LIFE?

In life? That is a tough question. I don't have a biggest passion in life. They come and go. Right now I'm very obsessed with politics within the United States. I also have two little kids under the age of 6, so that's a fairly time-consuming and passionate pursuit.

WHAT DO YOU DO WHEN YOU'RE NOT READING OR LOOKING AFTER THE KIDS?

I design, plant, and tend a perennial vegetable garden.

DESCRIBE YOURSELF IN ONE WORD?

Level-headed.

HMM. IS THAT TWO WORDS? I'LL GIVE IT TO YOU ANYWAYS. OK, NOW EXPLAIN.

I don't rattle easily. That's probably why I ended up in the department chair position. But I'm also very obsessive and enthusiastic in a way that is productive in the classroom. Let's face it, all professors are obsessive in some way. The trick is to match up their obsessiveness with something that works in the classroom. Otherwise you get a disaster.

HAVE A PROFESSOR WE SHOULD INTERVIEW?
Send suggestions to freepress@usm.maine.edu

Question of the week:

PHOTOS AND INTERVIEWS BY ROBYN WILEY

Who do you think will win the governor's race, and who do you want to win?



Zach Gage-Croll
Undeclared

I think Baldacci will win, though I'm undecided on who I'll vote for. I don't want Woodcock, but I fear Merrill doesn't have enough support to win.



Lara Jackson
Languages

Baldacci, I like him because he'll admit when there's a problem and work on solutions, for example on the issue of Maine healthcare.



Tina Phillips
English

Peronsally, I don't involve myself in politics. I don't know enough about it to make a fair decision so I rely on people who know more than me.



Theresa Knight
Applied Medical Science


I think Baldacci will win because there aren't any better alternatives.



Allison Gurney
Applied Medical Science

I don't think Woodcock will win, so ei ther Merrill or Baldacci, but I have no preference between the two.

Have a question you want answered? Send it to freepress@usm.maine.edu



Doin' it write

USM forms Wordsmith Syndicate

TODD HEBERT
STAFF WRITER

Imagine a room full writers talking, criticizing and comparing story ideas, subject matter and style. Enter: The Wordsmith Syndicate.

There are over 50 students groups at the University of Southern Maine as part of the BSO (Board of Student Organizations). The different groups range in theme from academic (Mathematical Society, Psychology Club), to religious (Catholic Newman Club, Pagan Students Association), to health and recreation (Bhakti Yoga Society, Ski and Ride Club), to the more eclectic (Interactive Simulations Group, Blade Society).

But this is the first group devoted entirely to student writers.

"The purpose of the group," said Wordsmith Syndicate president Ryan Gato, "is to encourage the creative output of fellow writers and to establish a community of writers dedicated to exchanging ideas and offering helpful criticism."

The group's meetings, which are held every other week for two hours, focus mainly on work shopping members' pieces. Additional time is devoted to sharing new and interesting work from the literary world. Informal writing "assignments" or exercises may be given for members to share with the group in an effort to aid in the creative process. The group also hopes to bring in guest faculty members occasionally to contribute to the workshopping experience.

Gato explained that the meetings are a lot like a workshop class that one might take at a university, only not so formal and without the authority figure.

"For me," explains group treasurer John Rogers, "this is a catalyst to give myself some time to write during the semester when I have no writing classes, and to know that I have something to look forward to."

Currently, the Wordsmith Syndicate is comprised of poets and fiction writers. But a goal of the group is to spread the word and get more diversity amongst the members. The group welcomes all types of writers including, but not limited to, nonfiction writers, screenwriters, playwrights, song lyricists and even children's story writers.

A big step for the group in gaining visibility within the university is getting recognized by the BSO (which, by the time you read this, it should be). Another benefit in being officially recognized by the BSO is that the Wordsmith Syndicate will be funded by the university.

"This gives the group the opportunity to plan a trip, publish a chapbook, ect," said Gato.

The idea for a writer's group at USM was conceived by several students while attending last summer's Stonecoast Writer's Conference. Stonecoast, which is organized by USM every summer, is a 10-day conference comprised of daily workshops and readings by guest authors. Based on the positive experience and the camaraderie that the students shared at the conference, forming a writer's group seemed like the only logical thing to do.



Members gather in the Woodbury Campus Center at a meeting of the Wordsmith Syndicate.

"It's important for writers to meet other writers and for opinions to be shared and debated," said Gato. "Writers need encouragement from each other. This is a great chance to become more passionate and productive in your craft."

For more information on The Wordsmith Syndicate or to find the time and location of the next meeting, contact Ryan Gato at ryan.gato@maine.edu.

LOVE MUSIC?

WRITE US SOME REVIEWS.

FREEPRESS@USM.MAINE.EDU

Don't stay home

Things to do instead of getting drunk with your boring roommate.

MONDAY, NOVEMBER 6

Goatwhore/ 9 p.m./ The Big Easy/ 55 Market St., Portland/ \$10/ 775-2266

Karaoke/ 9 p.m./ The Iguana Lounge/ 52 Wharf St., Portland/ free/ 871-5886

TUESDAY, NOVEMBER 7

VOTE!

Raphael DiLuzie visiting artist / 1 p.m./ Burnham Lounge of Robie Andrews/ Gorham Campus/ free/ 780-5008

WEDNESDAY, NOVEMBER 8

Trivia Night / 8 p.m./ Acoustic Coffee/ 32 Danforth St., Portland/ free/ 774-0404

Open Mic/ 6-8 pm/ Gorham Grind/ free/ 839-3003

THURSDAY, NOVEMBER 9

Reverend Horton Heat/ 8:30 p.m./ The Asylum/ 121 Center St., Portland/ \$20/ 21+/ 772-8274

Bob Dylan/ 7:30 p.m./ Civic Center/ 45 Spring St., Portland/ \$45/ 775-3481

FRIDAY, NOVEMBER 10

The Passion of Dracula/ 8 p.m./ Portland Players/ 420 Cottage Rd., Portland/ \$15/ 799-7337

The Servant of Two Masters/ 7:30 p.m./ Russell Hall/ Gorham Campus/ \$5/ 780-5151

SATURDAY, NOVEMBER 11

Lingerie Party/ 9 p.m./ Liquid Blue/ 446 Fore St., Portland/ free/ 21+/ 774-9595

Borat/ 1, 3:10, 5:15, 7:30, 9:45 p.m./ The Nickelodeon Cinema/ 1 Temple St., Portland/ \$7.50/ 772-9751

Record and Book Sale/ 10-4 p.m. / Sullivan Complex / Portland Campus/ free / 780-4630

SUNDAY, NOVEMBER 12

USM Wind Ensemble/ 2 p.m./ Corthell Hall/ Gorham Campus/ \$6/ 780-5555

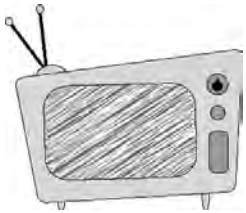
The Queen/ 1:50, 4:20, 7:15, 9:40 p.m./ The Nickelodeon Cinema/ 1 Temple St., Portland/ \$7.50/ 772-9751

COMPILED BY STEVEN NOYES

usmfreepress.org

MEDIA WHORE

The influence of political media



ALEX STEED
COLUMNIST

Most Americans learn more about the political process from political advertising than they do anywhere else. Being so informed by political media, we better comprehend rhetoric like “cutting and running”, “congressional rubber-stamping” and “staying the course” than we understand the basics of our own government. Ask a person how many congress-people there are and expect a sheepish guestimation. Ask someone to describe a flip-flopper and you’ll hear a thing or two about John Kerry.

Now that the election season has come to a close, the barrage of political advertising will recede into the distance, waiting for the next election cycle. It is through these million-dollar advertising blitzes that we come to understand the function of our Senator or Congressperson. We are civically educated through party-sanctioned name-calling, generalizing, and finger pointing. They go out of their way to fill in the gaps in our political science education. The adverse effects on our political conversation and outlook are startling.

Increasingly, during everyday conversation, I have noticed the frequent referencing of sound-bytes in the analysis of a politician’s performance. My friends and I sometimes sit around and fall into parroting political rhetoricians, explaining to each other that this or that candidate is worth voting for because they will hand over control of Iraq to the Iraqi people. We often fall into tossing around weak generalizations carefully designed for repetition. I have even heard folks reference advertisements in an unironically post-modern fashion, when they characterize attacks of their candidate of preference as a swift-boating. Between swift-boating and handing over control, we aren’t really talking about anything.

This isn’t new. Every cycle there’s an election, and every election media and analysts sculpt the message and shape the image of candidates and issues. We take notice and relearn everything we were learned freshmen civics. Political experts (and novice columnists alike) get up in arms about where people get educated on politics. Every season, however, this exchange is as relevant as the last. With the nation finally in agreement on one thing: We are quickly descending into hell; we must begin styling our understanding and conversation of who we put into power differently.

By repeating everything that is pumped into our heads when we receive political phone calls, hear a political advertisement on the radio, or see one on television, we aren’t actually having conversations; we are saying strings of words that look political, but in the name of coherence, sound like nothing at all. Every year the names and faces of the candidates might be different, but our tendency to buy into attractive rhetoric is still the same. Falling into this habitual behavior, memorizing and spewing all of the buzzwords crammed into a thirty second attack ad, we are bound to repeat even our deadliest mistakes. Because the nation has repeatedly bought into these empty statements election after election—their candidate will be a bi-partisan leader, stand for values, isn’t interested in letting the terrorists win, (fill in your favorite), we have become lazy and have forgotten how to think critically.

It makes sense that these advertisements are defining how we think about politics. With such limited comprehension of civic education required in schools, and with the specter of the 40-hour work week existing only in the history books, there is little competition for becoming our number one informant about how our government works; we have no time for anything else. As members of the populous who are negatively affected when spending has gone wild, or when our country is arbitrarily put in harms way, we must work to think of our political future independently, not in montages of candidates cleverly edited walking down beaches and saying benignly trivial, inoffensive things. There’s too much at stake for that. ♦

Pop your socks off

Glickman Library displays student produced books

STEVEN NOYES
A&E EDITOR

A new art display on the Glickman Library’s 7th floor features the 12 students of Rebecca Goodale’s Special Topic Book Arts class. Their assignment was to make a pop-up book of any topic of interest.

A reception was held this past Wednesday night opening the student’s art and a few of the pop-up books they used as inspiration. The class started when Rebecca Goodale found that the Special Collections office at USM had close to 1,000 pop-up books donated by Anne D. Williams’ family. She decided to teach a class that studied these books and the students have been enthusiastically receptive.

“It’s the best class I have this semester,” Said Erik Stoessercasad.

“I’ve done more work, mentally and physically making these books, than any other class.” Louise Nisbet said of her book *Dancing Shadows*. “I did over 100 different pages before I chose the ones I wanted for this book.”

The class is learning everything from buying the correct paper and tools to binding the books and pages. They also went to see Susie Bock, the Head of Special



Irene Coleman (top right) and Emily Delamater (top left) pose with their pop up books. (Bottom Right) “Sara’s Hands” by Erik Stoessercasad. “Thoughts of Water” by Laura Hunter (Bottom left).



PHOTO BY ERIK STOESEERCASAD

PHOTOS BY STEVEN NOYES

Collections on the 6th floor of the Glickman Library. There they viewed the pop-up books Anne D. Williams and her family donated a few years ago, ranging from Jabberwocky to Batman.

“The art of the pop-up goes back to medical use and possibly earlier.” Susie Bock said. “In the early 20th century medical pop-up books were made to help students study the body.”

Once the idea entered for pop-up children’s books the industry took off.

“Studying children’s pop-up books shows the interesting ideas that the past generation wants to instill into its children.” Susie Bock said. “I believe this style of book, with successful writers like Robert Sabuda, is at its highest form.”

The student’s books will be on display until December 12th. ♦

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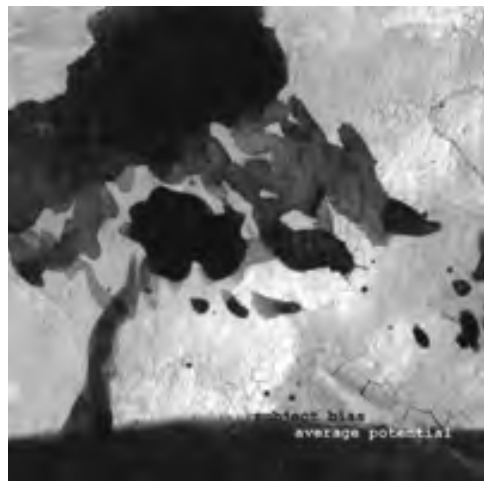
YOU GOTTA CHECK THEM OUT!

Subject Bias sounds off

JOHN COONS
COLUMNIST

This column is a musical soap-box. It's about passion. It's about a band or musician that everyone should check out.

What's the big deal with Bright Eyes? I can tell you here and now that I will never review them for this column. I've heard them, and while I like some of the music, it's just that there are so many other groups out there that deserve wider recognition, have a broader musical palette, and - cherry on top - they're not anywhere near as whiney. Case in point? Local band Subject Bias. Give me a choice of an album from the two groups, and I'll take the Portland based Subject Bias any day.



Album cover of Subject Bias' new record, Average Potential.

Subject Bias is lead singer/guitarist Kevin Ouellette's baby. Originally a soloist, he quickly realized that his musical ideas were too big to flesh out all by himself. As a result, he brings in other fantastic local musicians, all with similar mindsets and musical goals, to create a wholly fresh and lush, yet subtle sound. Violin, cello, drums, guitar, horns and other voices are all used on Ouellette's tracks, but they all seem to be an extension of his creative persuasion.

The greatness of other groups (especially jazz groups) is based on the interaction between distinctive personalities. In the

case of Subject Bias, it's more the problem of lack of limbs for Ouellette to get the final product he wants by himself.

And yes, while I say that Ouellette's music is lush, and employs the use of varied instruments, his overall sound eternally remains stripped, simple, and sparse. You don't even notice the other instruments as they weave in and out around his mellow guitar playing- they are there to reinforce, but not distract. In the case of groups where other instruments are the selling point (The Decemberists), a track with only acoustic guitar seems like a departure from the rest of the CD, but with Subject Bias, each song sounds perfectly acoustic and honest in nature, no matter how many (or few) instruments are present.

And This is Why We Can't Have Nice Things is Subject Bias' third full-length release, and is perfect for all your emo/indie rock/ "I need some alone time" music needs. It is also one of the most personal albums I have encountered. Its mix of blunt, honest lyrics and half-storytelling carry a great weight of character throughout. In fact, it's Ouellette's personality and voice that tie the entire album together. Every track

has chord progressions or formats that you've heard before (although not with this superb orchestration of instruments), but it is almost impossible to mistake any song for that of another artist.

Ouellette's voice is not the selling point of his group for me. It's certainly passionate but is just a little too nasally on most tracks for me, save for the excellent vocal work on the tracks "Hold Your Tongue" and "True Love (I Learned from the Best)". That said, it would not be Subject Bias with any other vocalist (although the tracks with guest singers Siiri Soucy and Stephanie Babirak are my favorites). His voice is treated

as just another instrument, and that just happens to be the sound that it produces. It's a passionate, honest, and borderline emo voice, and its presence is the little twist of character that solidifies most of the songs. What would be generic is suddenly satirical, or pained, or hilarious.

Because of this vocal omnipresence, some of the songs can sound like rehashings of other tracks if you don't listen to the lyrics, but this is more than made up for by the mix of styles used on the other songs. For example, the track "Judged by the State" with trumpet, trombone and sax sounds like a great, swaying last-call-at-a-bar ditty, "Like Lovers Do" shows us a glimpse of angry emo jazz meet ska, whereas "It Starts" is a creepy/whimsical love waltz that is probably my favorite track on the whole album. Overall, "*And This is Why We Can't Have Nice Things*" has a lot of strong points, "Hate the Sinner" and the catchy "Six of One" among them. That said, it feels like it's an experimental album, and that Ouellette is still fleshing out a sound for himself and playing with a varied choice of instruments and voices to help him in his journey. And let me tell you something, there's nothing wrong with that. This is a band to keep an eye on.

LISTENTO: "It Starts," "Slightest Twist," "Judged by the State"

GET THEM: Bull Moose, iTunes, subjectbias.com, or check them out live with no cover charge November 11 at the Mad Monkey Café in Raymond at 7:30 p.m. ♦

John Coons is a senior music education major who has performed with the Portland Opera, sings Jazz gigs, conducts two choirs, and was in a Queen tribute band. To say that he likes a wide variety of music is an understatement. Send your "You gotta check them out!" to John Coons at john.coons@maine.edu.

Blue plate special Breakfasts at the Blue House

AMANDA ZANE

RESTAURANT REVIEW

A cozy cottage near Pine Tree Shopping Plaza houses two remarkable restaurants—The Blue House Café open for breakfast and lunch, and Francisco's, open for dinner.

The tight two-room dining space was nearly full at about 11:00 a.m., but we managed to get the last table. Given the number of guests and that the confines allow for only one waitress, service was unsurprisingly slow.

When we finally ordered, I selected from the long list of standard breakfast and lunch dishes: Granola, fruit and yogurt, priced at a ridiculous figure near eight dollars. My mother chose the special frittata, containing spinach, tomato, portabella mushroom, and Gruyere cheese.

We drooled over the healthy portion our neighbor ordered. We also flirted with hot chocolates that came from the kitchen in bowl-like mugs. Crowned with regal rings of fresh whipped cream, laced with jeweled dots of dark chocolate syrup, and finished with a scepter-like spoon, our neighboring party gave them two thumbs up.

While we ogled edibles about the room as time elapsed; we wondered where our food was. The open window to the kitchen behind our table in the sunny second room painted in watercolors, confirmed that the yogurt bowl had been prepared, but as the frittata cooked the clock tick-tocked monotonously.

After about 40 minutes, our beautiful breakfasts arrived. I inhaled sweet bananas, red raspberries, ripe strawberries, halved green

grapes, sweet toasted granola and organic vanilla yogurt. The portion was generous, but not worth eight dollars.

My mother eagerly attacked her frittata, but spit out the second bite when she realized it was full of spicy sausage. Our waitress said the error was hers. She returned five minutes later with the proper frittata. In the meantime, my mother made fast



You won't be blue for long after a hearty meal at the Blue House.

PHOTO BY STEVEN NOYES

work of a heaping portion of bacon and home fries that she called, "The best potatoes I have eaten in my over half-century of life."

By the time the new frittata arrived, I had consumed the yogurt. Given the huge size, my mother split the golden, rich egg dish in half, and told me to "dig in." I devoured my helping. Warm and wonderful, gooey, sharp cheese accented mild mushrooms, ruddy tomatoes, and splendid spinach. I would eagerly recommend this dish, and the other delicious delights at the Blue House Café. It is unfortunate that slow service and a sloppy mistake had to interfere with the fantastic food. ♦

RATINGS OUT OF 5 STARS
SERVICE: 2
FOOD: 5
ATMOSPHERE: 4
OVERALL: 3.7

The Blue House Café is located at 1081 Brighton Ave, Portland. 347-8050

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University of Southern Maine Department of Theatre

the servant masters

by Celia Galton, directed by Will Kilroy

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7:30 p.m.: Nov 10-11, 16-18; 5 p.m.: Nov 12, 15, and 19

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\$5 students; \$35 access ticket

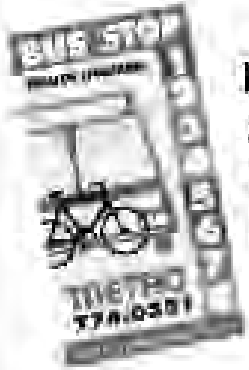
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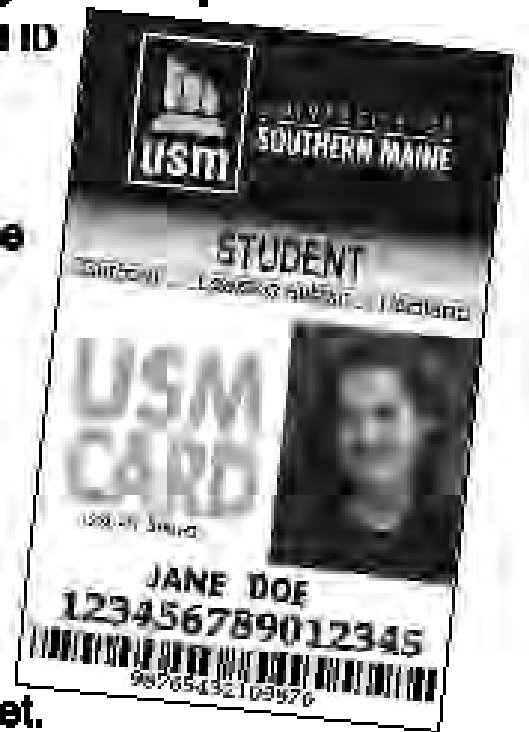


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► Catch the METRO Bus #2 or #4 to USM (Portland Campus) from the Downtown Transportation Center (PULSE at the Elm St. Garage). METRO accepts transfers from South Portland City Bus, Vermont Transit, ZOOM Bus, Shuttle-Bus, and Concord Trailways.

► METRO recently added thirteen new, natural gas buses to the fleet.

► Discounted TenRide tickets available to USM students only! Purchase tickets at USM Parking Garage, Portland or Upton Hall on the Gorham Campus.



For more information, visit www.gpmetrobus.com or call 774-0351.

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CARDS AND STARS

By LEMMA LUCIFEROUS

Rather than just looking at the sky for some insight into your week, I perform a single card tarot reading each week to see what challenges and blessings are approaching you during your journey through life.

- r retrograde, inverse
- ★★★★★ On top of your game
- ★★★★ Things are going well
- ★★★ Average week
- ★★ You have some work to do
- ★ Time to reevaluate your game plan



ARIES (10 OF PENTACLES)★★★★: The world is your home this week, Aries. All around you doors will be opening to welcome you and to offer you wonderful choices. Enjoy them all while you can because nothing is permanent.



TAURUS (3 OF PENTACLES)★★★: This is a week of learning, Taurus. You'll be best served if you don't assume anything and look at each moment as a new lesson. Or, to put it differently, learn things again for the first time. Add a star if you manage to do this – it's not as simple as it sounds.



GEMINI (4 OF RODS)r★★: Letters, emails, decisions, rewards and punishments will all be delayed this week, Gemini. That doesn't mean that they won't come – they just won't come when you want them too. Take this as a lesson in patience or as a gift of time.



CANCER (6 OF SWORDS)r★: Today's word is "lost." It means to be without direction, Cancer. It's a point of confusion that all people find themselves at and must make their way out of. This week it's your turn to do just that. If you're having trouble finding your sense of direction, get a compass – a metaphorical compass.



LEO (ACE OF SWORDS)★★★★: After looking at your wide array of options last week, Leo, you will be able to make all decisions very reasonably this week. This, like last week, is odd for a fire sign but it will serve you and those around you quite well to have such a cool head on your shoulders.



VIRGO (7 OF CUPS)★★★: Ahh, the dreamer card, Virgo. While in and of itself this is a good sign, (whatever you dream will happen) keep in mind that it goes for those dreams both good and bad. Add two stars if you choose to actualize the good in your heart and subtract two if it's the not good.



LIBRA (9 OF CUPS)★★★★: A card of satisfaction for this week, Libra. Take this week as time to enjoy your accomplishments and to rest on your laurels. That's right: enjoy a pat on your back.



SCORPIO (QUEEN OF SWORDS)★★★★: This week, Scorpio, you are done with the whole submission shtick and will find yourself crusading for social causes in a big way. What will it be? High-diving for the homeless? Parasailing for the poor? Be creative, you've got the drive and energy to actualize whatever it is you want.



SAGITTARIUS (QUEEN OF CUPS)★★★★: If this week hasn't felt manic already, then hold on, Sagittarius. This week, in a good way, you're emotions will be driving you. You'll feel sensual and alive and want to do things you've never done before. Have fun, just try not to lead others on.



CAPRICORN (PAGE OF SWORDS)★★★★: Very good, Capricorn. You are learning to use past experiences to help you navigate through your present and future paths. Although it may seem like a small lesson to learn, it is very often overlooked. A Gemini could use some of your direction this week.



AQUARIUS (ACE OF PENTACLES)★★★★: Although you're not particularly fond of it, money will be particularly fond of you this week, Aquarius. It will enter your hands quickly and leave it just as fast. You will know the desire of plans thwarted by lack of funds and the freedom of having enough to do whatever you want.

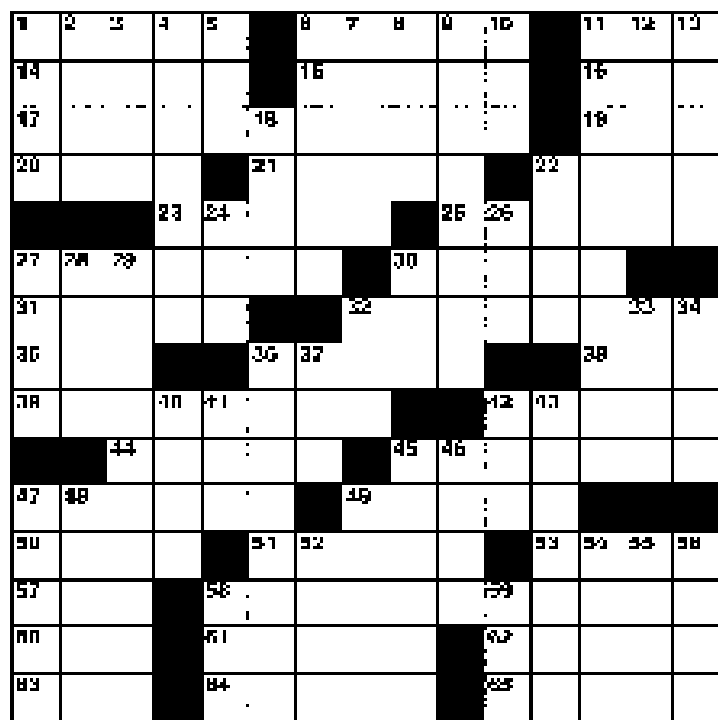


PISCES (PAGE OF RODS)★★★★: Before you take on the world, Pisces, look at your home. This is a card of introspection – the page has not yet looked for spiritual lessons in the outside world because there are still things to be learned within his space. Try modeling your week on this card. ♦

Newsday Crossword

ON YOUR FEET By Robert H. White
Edited by Stanley Newman
www.starword.com

- ACROSS**
- 1 Give measure
 - 6 Turkish official
 - 11 Greek letter
 - 14 Legal excuse
 - 15 Character of a culture
 - 16 Possessive
 - 17 Tire inflator
 - 19 Burying extension
 - 20 Words, as a had
 - 21 Shaped like Humpty-Dumpty
 - 22 Store sign
 - 23 First-rate
 - 25 Sing like 50 Cent
 - 27 Cruise ship
 - 30 Food fish
 - 31 Tickle
 - 32 Shot holes
 - 35 People direction
 - 36 Gets closer to
 - 38 Doctors' org.
 - 39 Like a mule
 - 42 -gilly
 - 44 Grown-up human
 - 45 Guilt
 - 47 Well past
 - 49 Tree-poller source
 - 50 Canine sounds
 - 51 It comes from the heart
 - 53 Mispronoun
 - 57 Our son
 - 58 Terminate a worker
 - 60 Dentists' grp.
 - 61 'And we'll have — good time'
- DOWN**
- 1 Members of a mountain club
 - 2 'I can't tell —'
 - 3 Beans partner
 - 4 Bottomless
 - 5 Spasm
 - 6 None too pleased
 - 7 How some sounds and ends
 - 8 Glow
 - 9 Dramatic hit
 - 10 Piling smoke
 - 11 Tightwad
 - 12 Party of film
 - 13 Fan - neutral
 - 18 Easy gas
 - 22 Neuter
 - 24 Western Indian
 - 25 - addition
 - 27 -ever blockers
 - 28 Give off
 - 29 Focus on apartment
 - 30 Fix the road, maybe
 - 32 Moving vehicle
 - 33 Paramedics, or about
 - 34 Expresses one's
 - 36 Lacking milk or cheese
 - 37 Hoop group
 - 40 Sounds of disapproval
 - 41 Prohibit
 - 42 CBS headq. letters
 - 43 Hobo beak
 - 45 Come to terms
 - 46 Jacob's first wife
 - 47 -mudra sign
 - 48 Fat away of
 - 49 Mocha
 - 52 Hot spot
 - 54 Unearthed
 - 55 Theater section
 - 56 Come to a halt
 - 58 Guy's date
 - 59 High train



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IT'S ABOUT
THE TEAMWORK

With the puck or without it. They have a single common goal - to be the best and compete for a championship, every shift, every game, as a team. That's Portland Pirates Hockey.

UP NEXT:

Friday, November 3rd vs. Norfolk 7:05pm
Amato's Future Stars Friday! Maine State Hockey Association, Middle School and High School Hockey Players can watch the Pirates FREE!

Saturday, November 4th vs. Bridgeport 7:05pm
Former Pirates and Mariner's Broadcaster Frank Fixaris is honored with the dedication of the Frank Fixaris Press Box!

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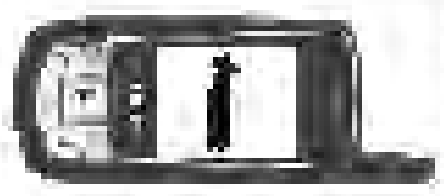
Call 775-3458 or visit www.portlandpirates.com

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THE GAME

PORTLAND PIRATES 2006 ATLANTIC DIVISION CHAMPIONS



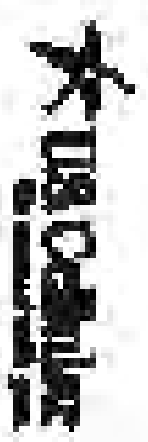
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ATTENTION

Students, Student groups, Faculty & Staff receive up to 4 lines free in the Free Press Classifieds. Use our online submission form at www.usmfreepress.com. The deadline for submissions is Thursday at noon prior to the upcoming publication.

EVENTS

Phi Kappa Sigma Fraternity is sponsoring a Blood Drive with the American Red Cross Wed., Nov. 8 from 11am -5pm. A Phi Kap representative will be in the Brooks Student Center Nov. 7 from 10-3 scheduling appointments. Please come support this worthy cause!

TRAVEL

Call STS for the best deals to this year's top 10 Spring Break destinations! 1-800-648-4849 www.ststravel.com. Ask about group discounts!

STUDENT GROUPS

RUN? Interested in traveling and learning about the world? Join Model United Nations! Meetings: Thurs@ 6PM Ambromson Rm 212. Modelunorg@yahoo.com

Get involved!! over 50 student groups at USM!!! Check out Board of Student Organization webpage@<http://student-groups.usm.maine.edu/bsi/index.html>

STUDENT GROUPS

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Join the 35th Student Senate! Check us out on Fridays at 2 p.m. Portland or Gorham -ALL are welcome! FMI: Shorty Eung - Jadensan@msn.com

Want to learn Japanese Taiko Drumming? Nov. 3 at Talbot Lecture Hall FMI: AAAS.INFO@Yahoo.com. Asian American Assoc.& Symposium

Pagan Students Association Weekly meetings held Monday's 6:30 p.m. in Boiler room, Woodbury Campus, FMI email usm_psa@yahoo.com

The Psych. club is sponsoring a trip to the EPA conference 3/22-25 in Philadelphia. Apps on 5th floor of the science building by the elevator.

HELP WANTED

SNOW SHOVELERS WANTED The grounds department is looking for help this winter. \$10/hr. No work study needed. Call Jeff McKay at 780-5443.

SPORTS WRITERS - Want to go to games and catch the action? Be

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Fall Seminar Schedule

At UCU we understand the value of education, and we're committed to offering financial education on topics that matter to you.

Financial Aid Workshop presented by FISC
November 9th at 6:30 p.m.
Keeley the Katerer, 178 Warren Ave., Portland

1st Time Home Buying Seminar presented by UCU
November 13th at 6:00 p.m.
Keeley the Katerer, 178 Warren Ave., Portland

Financial Fraud & How to Avoid It presented by UCU
November 29th at 6:00 p.m.
UCU Portland, 391 Forest Ave.

To register for any of the seminars, please contact Kim Saucier at 800-696-8628 or via e-mail at kim.a.saucier@maine.edu. Please RSVP one week prior to the seminar.



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PART ONE OF TWO

Tale of two gyms

CHRIS GILMORE

CONTRIBUTING WRITER

There are countless days we, as college students, saunter with glazed over eyes, passing the tucked away Sullivan Fitness complex on our way to Payson Smith. In Gorham too, we slowly drive by the Costello Sports complex without notice. Too angry in our scavenger state, prowling around for those lacking parking spaces to care about working out. It's in those tired, groggy days and with the aggravated tension boiling up within us that both of these complexes truly shine.

The Costello and Sullivan Complexes are more than simple gyms with a couple of cardio pin machines and a basketball court. The university has done well providing our students, staff and surrounding community with superb facilities for athletic training and fitness. Sports medicine majors develop potential in fitness training through programs that offer their expertise with private lessons and detailed health reports for USM students, arming future trainers with real-life experience.

The fitness centers on both campuses offer a wide array of

cardiovascular and strength training. Over 32 pieces of cardiovascular equipment are located throughout both centers, including elliptical cross trainers, treadmills and steppers. A full selection of pin weights and plate-loaded circuits are available in addition to a free weight section, offering Olympic bars and benches. Standing on raised wooden floors, surrounded by mirrors, you can partake in any of the several fitness programs offered at both gyms. There is no doubt as to how fulfilling these facilities are in their purpose. The equipment is clean and usually unoccupied and even if it is, you have someone to talk with.

Both of these facilities hold two gymnasiums: The Hill Gymnasium and Field House are within Costello in Gorham, and the Main Gym and Lifeline Center at Sullivan in Portland. Hill houses the primary basketball facility and bleeds into the massive Field House across the lobby on the right as you walk in. Featuring basketball and tennis courts, a 200 meter six lane track with cross training equipment, and baseball and softball practice areas, the Field House is overwhelming.



Portland's main gym is toned down from Costello but also provides basketball and tennis courts in addition to a perfect opportunity for the Lifeline program participants to work out in.

Both Costello and Sullivan offer their own unique facilities to students. Sharing the fitness centers as the heart of the gym, they branch off, each holding something the other doesn't. Sullivan is smaller than its brother Costello but offers three racquetball courts which can be converted to play Wally ball. Sullivan holds the only Olympic size ice arena in the state, open for practice hours, broomball and even open ice hours to sift around upon.

Whether students and members want to throw a Frisbee around within the Field House or ensue in a game of rough racquetball, USM has thoroughly provided healthy outlets and the fruits of proper physical exercise.

HEALTH NUT

Death by bananas

ANNE HOBBY

NEWS EDITOR



Everyone knows bananas have lots of potassium. We know this is good for us. Our mothers told us so.

And it's true. Potassium is an essential nutrient for all animals. In ion form, (K⁺) it works with the positive sodium ion (Na⁺) in cells to help with the passage of electrical impulses such as nerve impulses and muscle contractions. (This is why my mom always told us kids to "eat a banana" if we complained of muscle cramps).

If you are an avid reader of nutrition labels, you probably noticed that potassium is listed above in the main box of nutrients along with protein, fats, carbs and sodium. Other essential vitamins and minerals are listed below. Why? Well, potassium really is *that* important.

The Institute of Medicine recommends 4,700 mg of potassium daily, which is about 10 bananas or five avocados. But most Americans consume about half this. Severe cases of potassium deprivation, known as hypokalemia, can cause muscle and reflex weaknesses,

respiratory paralysis, arrhythmia and sometimes death.

But don't grab your bottle of supplements to quickly; too much potassium can be just as harmful as not enough. When people are sentenced to death by lethal injection, one of the common substances used is potassium chloride, which slows and eventually stops the heart in large doses. The death is very painful as it suffocates organs and causes a burning sensation in the veins before it makes the heart stop. Subjects are administered anesthesia before given the injection of potassium chloride.

However, the likelihood of overdosing on potassium is slim, so don't quit eating guacamole or banana bread. Potassium chloride is actually used as a substitute for table salt. Good sources of this essential mineral are oranges, potatoes, avocados, apricots, parsnips, turnips and, of course, bananas. ♦

Need One Credit? Curious About Women's Studies?

GENDER, REPRESENTATION & RESISTANCE

Meets Seven Wednesdays from 7:00 to 8:30

Events in this course are co-sponsored by the Sampson Center for Diversity

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Celebrating 35 Years of Title IX: 1972-2007

The prestigious 2007 American-Scandinavian Lecturer, Dr. Anita Nyberg, visits women's studies. She will teach "Comparative Gender Policies: the EU and the US." (WST 465/565)

Wondering what Dr. Jekyll, anxiety and Freud have in common?

Join Professor Gish in the seminar "Trauma, Hysteria, and Representation." (WST 499/599)

The History of Title IX is the subject of Professor Susan Ware's keynote address during our annual Women's History Month dinner and celebration.

Interested in helping to plan a new minor in LGBTQ Studies? Visit us at 94 Bedford Street for more information.

"Women and the Sports," a special film series co-sponsored by the USM Athletics Department. Refreshments will be served. Check out our website for dates and times.

Sexual harassment on the job is a serious problem. Professor Susan Finneran's pathbreaking research on this topic is featured in *ALTERNET*. <http://www.alternet.org/workplace/43244/>

6 sections of Introduction to Women's Studies in Portland and Gorham, as well as sections at LAC and Bath/Brunswick. See page 31 in the spring course schedule for times, places, and other exciting offerings.

Coming Soon: "Women: A Lifetime in Sports." November 15, 7 PM, Portland

FMI: www.usm.maine.edu/wst

HUSKY HERO

Aaron Runner



Sport: Hockey
Position: Goalie
Year: Freshman
Major: Undeclared

How did you decide on USM?

I felt that the USM men's hockey team had a lot of potential to be a pretty good team throughout the four years I will attend USM.

What is your favorite part about USM athletics?

I love the change of pace that playing a college sport provides. It's a lot different from playing in High School and the competition is a lot more intense.

What other hobbies do you enjoy?

I enjoy working out and drawing. I don't really draw anything-imperticular, just doodles and whatever comes into my head.

Any pre-game rituals?

I don't really do that much besides listen to some rock music. I don't

really have a single artist that I listen to just whatever is on.

Who is your personal athletic hero?

Mathew Barnaby. He's so fun to watch because he's so scrappy and exciting.

Who do you give thanks to?

I really thank my parents for putting up with me and all their support and help going through everything especially the stressful practice schedule.

Anything else you would like us to know about you?

When I played on a Midget Hockey League my team won the State Championships.

PHOTO AND INTERVIEW BY KAILEIGH DEACON

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Phil Bartlett's candidacy has been endorsed by:
Maine League of Conservation Voters • Maine Education Association • Equality Maine • Sportsman's Alliance of Maine • MPA Campaign Vote • Maine AFL-CIO • Maine State Employees Association • Planned Parenthood of No. New England-Maine PAC • Maine NOW PAC

Authorized by the Candidate and paid for by Bartlett for Senate, Maynard Charon, Treasurer

Game schedule

DAY	DATE	OPPONENT	TIME
SAT.	11/11	WOMEN'S XC @ NCAA DIVISION III NEW ENGLAND REGIONAL CHAMPIONSHIPS @ SPRINGFIELD COLLEGE	12:00 P.M.
SAT.	11/11	MEN'S XC @ NCAA NEW ENGLAND REGIONAL CHAMPIONSHIPS @ SPRINGFIELD COLLEGE	11:00 A.M.
SAT.	11/11	MEN'S WRESTLING @ ROGER WILLIAMS INVITATIONAL	10:00 A.M.

SOURCE: USM.MAINE.EDU/ATHL

Support your teams you bums

Husky scoreboard

Women's Field Hockey (10-10 After first round tournament play):

10/29 - Bridgewater State 2, USM 0
10/31 - USM 1, Westfield State 0

Women's Soccer (5-13 Season Completed):

10/28 - Western Connecticut 2, USM 0
10/31 - RIC 4, USM 1

Women's Cross Country:

10/28 - Southern Maine placed second at the 2006 Little East Conference Championship at Keene State College.

Men's Cross Country:

10/28 - Southern Maine juniors Curtis and Nick Wheeler (Derby, VT) and senior Chris Hopkins (Worcester, MA) placed third, fourth and fifth, among 65 finishers to lead the Huskies to their first ever Little East Conference championship at Keene State College.

Men's Soccer (10-9-0 LEC 3-4-0):

10/28 - USM 3, Western Connecticut 1

COMPILED BY ASHLEY ST. MICHEL

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SPORTS

Volleyball gets competitive

Zamore wants more than just kills this season

CHRISTI BROWN

STAFF WRITER

If you ask Braden Zamore to describe his teams passion for volleyball, he'll tell you they live and breathe it. Zamore teamed up with Recreations Coordinator Robert Prince to help plan and organize the intramural volleyball club that exists at USM today.

"It hasn't been easy, but I've been able to do it," said Zamore. "I haven't known any other way. I've always been busy, running around like crazy and if I didn't have it that way I think I'd be bored."

Athletic Director Al Bean said, "He's the one that

organized it. He's a lot of what's behind it."

In the club's first year there were nine people who played for fun. Now there are 16 dedicated players who practice regularly and compete in four to five tournaments a year throughout New England.

"I had to recruit people through flyers and word of mouth to get people interested," said Zamore. "It was a slow start, but each year it kept getting bigger and bigger."

The volleyball team participates in matches, but doesn't regularly host. The athletic department is currently looking into hosting other men's volleyball teams at USM.

"We've been exploring what the differences were and whether or not we wanted to move up so we can host," Bean said. "We've hosted in the past, but it was a few

years ago."

The men's volleyball team is part of the NECVL, made up of more than 40 teams from colleges across the Northeast. They became full-time members for the first time last year. Being part of the league has allowed the volleyball team to play other teams outside of the USM community, including schools as far away as Rhode Island and New York.

"Club volleyball is much more competitive," Zamore said. "It's almost as competitive as a varsity sport."

Each year the NECVL organizes a championship weekend to determine which team takes first place. Zamore said that although his team hasn't made it to the championships yet, the team is young and he is, "hoping we can do that this year."

Much of the men's volleyball



PHOTO COURTESY OF BRADEN ZAMORE

Coach Braden Zamore.

club is funded through the athletic department. In order for the team to compete in the NECVL, the department must pay dues each year. Last year the team paid upwards of \$650. The club has recently requested funding from the student senate for equipment, balls and transportation.

This year Zamore is the men's volleyball coach and a player on the team, as well as the Gorham High School girl's varsity volleyball coach. He will graduate in May with a degree in Communication and a minor in Business.

The introduction of the league at USM is appreciated by students and administrators alike.

"Nationally men's volleyball is huge," Bean said. "It's a great game, and it's another very good opportunity for students to play at the college level." ♦



PHOTO BY ASHLEY ST. MICHEL

(left) A player digs the ball to the setter. (right) The team works on blocking skills last year.

Lifeline celebrates thirty years at USM



PHOTOS BY STEVEN NOYES.

Lifeline instructor teaches a group of adults about proper posture at Sullivan gym last Saturday.

Husky highlights

Bial named player of the week

Senior Huskies midfielder Adam Bial (Wenham, MA) was named the Little East Conference Offensive Player of the Week for the week of Oct. 23-29. In two USM wins last week, Bial contributed a goal and two assists for a four-point week. Bial is the third USM player to receive a weekly LEC award this season. Bial is tied for 12th place on the all-time assists list, and in 17th place on the all-time points list.

Schoner, Stephenson, Young named captains

Oct. 30 - Senior Steve Young (Rochester, NY), junior Shane Stephenson (Pine Bush, NY) and sophomore Robert Schoner (Sussex, WI) have each been named captains for the 2006-2007 Huskies wrestling team. Stephenson finished his sophomore year with a respectable 8-8 overall record that included two pins. Young earned Pilgrim League Honor Mention All-Star and NECCWA All-New England honors in 2006, finishing the season with an 8-7 overall record. As a freshman, Schoner compiled a 13-12 overall mark.

Southern Maine falls in first round

Oct. 31 - The Rhode Island College Anchorwomen soccer team had four different players score on route to a 4-1 victory over the Huskies in a first round game of the 2006 Little East Conference Women's Soccer Championship. The Huskies dropped their fifth straight to finish the season at 5-13-0.

Field Hockey advances

Oct. 31 - Freshman Field Hockey forward India Lowe (Glocester, MA) scored the game-winning goal in the 63rd minute to lift the third-seeded Huskies to a 1-0 victory over the sixth-seeded Westfield State College Owls. The win was the first round game of the 2006 Little East Conference Championship. With the win, the Huskies advanced to the semifinal round of the tournament. Huskies freshman goalkeeper Allie Hill (Cape Elizabeth) earned her third shutout making eight saves, including seven in the second half.

Field Hockey falls in Double OT

Nov. 2 - Senior UMass Dartmouth midfielder Robin Dziedzic (Palmer, MA) scored two goals, including the game winner in overtime, leading the second-seeded Corsairs to a 2-1, double-overtime win over the third-seeded Huskies. The Huskies concluded its 2006 season with a 10-11 record - its best finish since the 2003 season when the Huskies captured the Little East Conference championship and advanced to the NCAA tournament with a 17-6 record. Huskies freshman goalkeeper Allie Hill (Cape Elizabeth) kept her team in the game with eight saves in regulation, three in the first overtime and another two in the second overtime.

SOURCE:
WWW.USM.MAINE.EDU/ATHLETICS