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**edition**

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Volume III Number VI

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**All this and  
more in this  
edition of  
IN THE  
AFFIRMATIVE**

# in the **Affirmative**

**THE AIDS PROJECT**

**A NEWSLETTER FOR MAINE'S HIV/AIDS COMMUNITY**

## **our cover story**

### **AN INTERVIEW WITH STEVE MOSKEY TAP'S NEW EXECUTIVE DIRECTOR** by Mike Martin



Steve had been on the job for just a month when we sat down in his office at TAP for this interview. Already his desk had a significant accumulation of papers and files he was working on. Steve offered me some "penny" candy from the jar he keeps on his desk, as he does to all who enter his office.

Steve began the job of Executive Director on July 22nd. Previously Steve had worked for Aetna Insurance out of Hartford, Connecticut. He has extensive connections with AIDS groups through his work for Aetna and his own personal connection as a gay

man with friends who have HIV/AIDS or who have died from AIDS.

He was already familiar with Maine, as his lover is from Cape Elizabeth. Steve was already on the board of the Maine Community AIDS Partnership (MCAP) before he got the job here.

This was not the first interview I had done with Steve, as I had been on the Search Committee charged with finding a new Executive Director. So I was pleased to sit down with our choice and ask him how it was all going. **(continued on pg 4)**

## **THE AIDS PROJECT TO STAY IN ANDROSCOGGIN AND OXFORD COUNTIES**

**by Mike Martin**

The AIDS Project announced that negotiations with the State of Maine for more money to provide case management services were successful and that TAP will continue operations in Androscoggin and Oxford counties through its office in Lewiston/Auburn, according to Steve Moskey, TAP's Executive Director.

The AIDS Project's service area is York, Cumberland, Androscoggin and Oxford counties.

It had been reported accurately in the Portland Press Herald that TAP would be leaving Androscoggin and Oxford counties at the end of September, but further negotiations with the State have reversed that decision, and The AIDS Project will continue to have an office in Auburn to cover the two counties, for one additional year.

Services continue in York County and Cumberland County at TAP's offices.



# NOW IS THE SEASON OF CHANGE

by Mike Martin

Fall is in the air and, to me, it's just the best time of year. With any luck, we're past those humid, hot days of summer and on our way to brisk, invigorating days of blue skies, cool temperatures and fresh, dry air. Have I made myself clear??? I love fall.

Maybe it goes back to my own schooldays, this feeling that I have that things change in the fall; back when Labor Day meant a new school year was upon me, with a new teacher and a new classroom. Certainly, even as adults, we rev up our engines as fall arrives. It is back to work time, time to get back in gear. There is just something about fall that excites me.

Certainly things pick up around The AIDS Project. Attendance at support groups increases, new groups are started. Already, if you have been reading the papers, you know that TAP is working with the State on new contracts for things like case management and prevention education programs. The new Client Services Committee of TAP's Board of Directors has started to meet. The staff and Board, like the rest of the world, are revving up their engines as we pass the summer of '96 on the road to fall.

I had a birthday at the end of August, and perhaps that, too, contributes to my feeling that fall is the season of change. I'm 42 years old now and happy to be. It's now eight and a half years since I tested positive for HIV and it seems a long time ago that I sat in Dr. Bach's office with my Mom to talk about what it meant to be HIV-positive. The future wasn't quite as bright back then, in the early years of the epidemic. People with HIV weren't given much hope. It was just a matter of time before things went to hell in a hand basket, and then you died. AZT was the only drug around and, if you couldn't tolerate it, you were pretty much on your own.

Things really are different now, and better in many ways, though still people are dying from AIDS. We know it takes longer for symptoms to appear, than was first believed, for most people with HIV. We have a myriad of drugs to fight HIV and to fight the opportunistic infections that have killed so many people. There are studies going on now that doctors hope will lead to treatments that effectively slow down or even wipe out the virus. There was a greater sense of hope at the International Conference on AIDS than there had been in years, and that hope has trickled down to people with HIV. I have friends now, with HIV, who aren't worried so much about getting sick and dying, but worried about losing their disability payments and going back to work. In short, the face of the epidemic is changing year by year.

Still, I worry that as we come to think of AIDS as a chronic illness, which is what many people are starting to do, we will forget that AIDS is

still killing millions around the world and that, even with the new drugs and treatments, millions more will die. If we start to think of AIDS as a chronic illness, will young people not be so cautious about safer sex and start to think that there are magic pills to control the virus? If we start to think of AIDS as a chronic illness, will we start to assume that we need not worry about the future?

It is important, I think, to remember that for all the good news about the protease inhibitors, there are stories of people who can't tolerate them or for whom the drugs are ineffective. For all the good news of triple-combination therapies, there are stories of people who can't tolerate them or for whom the therapies are ineffective, and for whom the cost of these therapies is out of reach. Already state health departments are being overwhelmed with the expense of providing these drugs to needy citizens. In some states, only a limited number of people can qualify, and the rest are left on waiting lists to fend for themselves. In short, hope is out there, but so is hopelessness. That's why it seems to me that we need to keep up the pressure, to remind the rest of the world that AIDS is still very much a devastating problem. To think of it as a chronic illness might bring solace to some, but it might also leave some out of luck.

Still, isn't this the way of the AIDS epidemic? Trying to balance the hope so essential to survival with the stark realities of the virus. It seems to me, from my own experience, that the virus has always been something to be concerned about, without being overwhelmed by it, physically and emotionally.

Anyway, fall is here and in this issue of *In The Affirmative* we have a couple of really interesting articles, including a look at TAP's new Executive Director, Steve Moskey, who has now been on the job about two months. Bethany Roma has written an informative story about a group called the Time Dollar Network that is building up here in Maine. Maine's Time Dollar Network is interesting in its concept of helping others while helping ourselves, and I recommend to our readers that they really think about the volunteer aspects of this group. If enough clients are interested in this kind of volunteer group, perhaps it will come to The AIDS Project. Like all volunteer efforts, it depends on people committed to its success.

So fall is in the air. This is the time when things really start to happen and I always look forward to that. Change is always coming, but it looks and feels and smells the best in the fall. The new year always starts in September for me, and starting a new year is something I look forward to. I hope you, too, feel good about the new year, for if you're like me, you'll take all the new years you can get.

**Sources for some of the stories in this newsletter include:  
The Portland Press Herald, USA Today, Positively Social,  
The NAMES Project, and The Maine AIDS Quarterly**



*In The Affirmative* is a monthly newsletter published by the clients and staff of The AIDS Project for people living with and affected by HIV/AIDS. Letters, articles or other submissions should be sent to: *In The Affirmative*, c/o The AIDS Project, P.O. Box 5305, Portland, ME 04101 or call (207) 774-6877. Submissions can be printed anonymously as long as the person submitting the material includes his or her name and phone number for verification. News, information and features are as up-to-date as possible prior to publication. Any medical information included in this newsletter is submitted for the reader's information only, to be used as the reader so chooses.

Contributors to this edition of *In The Affirmative* include:

**Tamara Harvey, Judi Mansing, Steve Moskey, Bethany Roma, and Jill Tacy.  
Mike Martin, Copy Writer and Editor.**



# THE MAINE TIME DOLLAR NETWORK

by Bethany Roma

(Editor's note: Carol LeBlanc, TAP's Director of Social Services, first told me about Barbara Crowley and the Maine Time Dollar Network about 6 weeks ago. The concept of Maine Time Dollar is one that agencies like TAP might consider doing and, so, TAP's clients can contact Carol if they're interested in this idea.)

Time Dollar Network is based on a concept originally conceived of by Edgar S. Cahn, an attorney in Washington, D.C. He was a founder of a legal assistance program and was active in many community organizations that focused on rebuilding communities. He noted that in areas that were failing, there was a lack of sense of community. People did not know their neighbors. People were unaware of who in their own neighborhood required assistance. He had a vision of a service organization that would be grass-roots based and would foster a sense of community. This organization became the Time Dollar Network. Currently, Time Dollar Exchanges have operated successfully in 250 communities across the nation.

Participants of the Time Dollar Network help others with tasks ranging from providing transportation, running errands, cleaning homes, and tutoring students, to cooking meals, gardening, repairing homes, raking yards and more. For every hour that you provide services, you receive an hour in your own "bank account". You can then spend your hours to have tasks performed for you, or your mother, or even your neighbor. You can also accumulate your hours for a rainy day. The Time Dollar Network is more than a volunteer organization; it is a self-help group.

For example, if your apartment or home needs painting and you cannot afford to pay to have it done, you could use Time Dollars. You would begin to provide services for others through Time Dollars (perhaps you could garden, tutor, or cook, for instance). Upon accumulating enough time in your "bank account", you could then use those Time Dollars to pay for services that you could not or did not want to do yourself (like painting the house).

People use the Time Dollar Network for varying reasons. Several examples are given in "A Report From The Field" by Leslie Burdick for the Time Dollar Network in Washington, D.C., like these:

"But many participants are more like Myrtle McNair of Miami. McNair has no immediate need for help. She participates because it makes her feel good. McNair likes the contact with her neighbors. She's saving her credits for the future. Tall and lively, McNair works two days a week as a

maid. On non-work days, she helps her elderly neighbors with washing, cleaning, and however else she can. 'It's a lot of work, but (helping them) revives me. It makes me feel spiritually uplifted,' she says. McNair's credits are building up. She views them as security for the future. 'One day I'm going to get old, too,' she says, 'and someone's going to do this for me.'"

"In Pittsburgh, Kathryn Williams and Venice Proctor are using Time Dollars to break out of poverty. Williams wants to be a nurse and Proctor a computer operator. Right now, they are welfare mothers. Williams baby-sat for Proctor's kids three days a week this year while she attended computer classes and studied. Proctor in turn baby-sat for Williams when she prepared for pre-nursing exams."

In February, a Board of Directors and Advisory Council was formed to bring the Time Dollar Network to Maine. They hired an Executive Director, Barbara Crowley. Barbara was previously with Central Maine Medical Center as manager of Geriatric Services and prior to that as the Retired Seniors Volunteer Coordinator.

Maine Time Dollar Network is starting with two approaches. The first is to work with existing organizations to design their own Time Dollar Network. Currently, Barbara has been working with the Portland Housing Authority and Catholic Charities of Maine. Their programs are slated to be launched in late September.

The second approach is to design and manage a service exchange for the Portland area. Time Dollar Network is currently exploring potential partners which would link them with a segment of the community's population. In order to be successful, there needs to be a pool of people to work with to begin a service exchange.

Maine Time Dollar Network wants to encourage service exchanges throughout the state. Whether newly planned organizations or established volunteer programs utilizing the concept, Barbara Crowley and the Maine Time Dollar Network can help. They can provide strategic planning, technical support and training, and evaluations strategy.

If you would like more information on service exchanges and how to set up a program in your community, you can contact the Maine Time Dollar Network at 874-9868, or if you think this is something you'd like to help TAP get involved in, call Carol LeBlanc at The AIDS Project at 774-6877, so she can gauge client interest in such a project.

## TAP news

# THE AIDS PROJECT BOARD OF DIRECTORS ELECTS OFFICERS FOR 1996-1997

by Mike Martin

The Board of Directors of The AIDS Project held its August meeting at the lovely seaside home of Board member Roberta Wright. At the meeting, the Board voted on officers for 1996-1997. The officers will serve until next August.

Leo LaPlante was elected to serve another term as President. Also re-elected were Pat Pinto as Vice-President and Joel Martin as Secretary. Anne Romano was elected to her first time as Treasurer.

Three board members were voted in for second three-year terms: Judi Mansing, Joel Martin, and Michael Quint. Mary C. Anderson was reinstated to complete the one year left on

her term after a year's leave of absence.

The Board of Directors also voted to realign its committees into three primary committees: Public Relations and Fundraising, Client Services, and Finance. Committee chairs elected at the August Board meeting are JoAnne Peterson for Public Relations and Fundraising, Mike Martin for Client Services, and Anne Romano for Finance. Each committee chair will also serve on the Board's Executive Committee, along with the officers of The Project.

The Board meets monthly, and the next meeting will be in September.



I started off by asking Steve why he applied for the job at TAP. Steve told me that it "just seemed like the perfect job for me at this time of my life." After 16 years in the corporate world, Steve realized that he had achieved all his goals and had reached a plateau, so when it became clear, due to corporate merging, that it would be advantageous for him to leave, he started looking at other opportunities. Timing is everything and TAP had reopened its search for an Executive Director, so Steve applied. Also, Steve is in a relationship with a man from Maine and they had a commuter-relationship for three years. Steve wanted to be in the same house, at the same time, with his lover. Having done AIDS work for 11 years, much of it through his job at Aetna, Steve felt he could bring his experience to the agency. From going through the interview process, it seemed to Steve that TAP was a place that would value that experience.

Steve's corporate experience at Aetna involved a lot of work on the AIDS issue. As a gay man, he worked to help Aetna deal with both gay issues and AIDS issues. Aetna, Steve told me, was one of the first national companies to work in the AIDS field. From 1988 to 1994, he spent 80-90 percent of his time there working with local and national AIDS organizations. Steve was involved with boards and advisory committees of AIDS organizations. He was an advisor to the CDC early on in the epidemic. He was also involved with Hartford AIDS groups, doing some pro bono consulting work or volunteering. He is on Maine's Community AIDS Partnership's advisory board, which he joined before even applying for the job at TAP.

I asked Steve if he had any expectations about TAP when he took the job. He said he didn't really, except for "the expectation that I would be the manager of change in the organization and that the challenge would be to bring the organization to the next level, the next generation of development." He sees his job as bringing a higher level of effectiveness and capacity to TAP, and greater staff development. He heard from the Board of Directors during the interview process that TAP was looking for someone to provide stability and vision and that appealed to him.

I asked what he had been doing on the job for the first four weeks. He told me that he spent the first two weeks getting to know the staff of The Project by having one-on-one meetings with each staff member. He said, "I know I could have been doing some operational kinds of things, but I really decided I needed to spend time with the staff, as I felt they were eager to know me and I was eager to know them."

He has also spent a fair amount of time dealing with renewals of state contracts in case management and in the education department. Steve has been working to redefine TAP's funding relationship with the state, by seeking higher levels of funding and by fitting the services and programs to the resources available.

Steve also talked about the need to find new and different sources of funding. He's always looking for innovative ideas for services and funding and has some things in the works that will be announced when they are ready to begin.

Asked about short- and long-term goals for the agency, Steve said that in the short-term he has really worked with the state on the idea of fully funding programs, but that regardless of the outcome of those talks, "We are committed to case management as a core function at The AIDS Project." Steve said he and his department heads are looking at ways to enhance the level of service provided and at ways to be more sensitive to

the needs of clients, including the area of privacy and confidentiality for people coming into TAP's office space.

Steve is always working with the staff "making sure we have a cross-fertilization of ideas. That the departments work together and share ideas." Steve talked about his role as asking "where are we going?", and providing direction, guidance and vision while working with the staff, asking for and receiving their input and feedback.

"The success of this agency depends on the dedication and expertise of the people who work up and down these halls," Steve told me. He said that he knows he can't do the frontline work of the agency, that it depends on the drive and professionalism of the people who work at TAP, but that his job was to lead. He said he told the staff that "change is going to happen, but I am not the initiator of change. I'm the manager of change."

I talked to Steve about the idea that AIDS is changing, in many people's minds, into a chronic illness and that while I personally disagree with that evaluation, AIDS service organizations really are in this work for the long haul as people live longer and drug therapies become more effective. One concern is that if we become just another chronic illness, we will lose the sense of importance due to a disease that still kills millions worldwide. Steve brought up the fact that AIDS is still a disease with a stigma attached, albeit less of a stigma than ten years ago, and that as AIDS spreads to a greater population, many carry the additional stigma of being poor, homeless, suffering from mental illness, and/or drug and alcohol problems. "There are just more faces to AIDS," he said.

When I talked about the transition of TAP, and many AIDS service organizations, from a grass-roots movement to becoming a professional agency, Steve said, "Let's face it, the gay community invented the response to AIDS, and they did it because no one else would pay attention to the needs of people who were sick and dying." Often, he said, case management was done by people with other full-time jobs from their kitchens or living rooms, a real grass-roots effort. "Now we have funding streams, like Medicare, Medicaid, SSI and Ryan White, from the public sector available, as they should be, to the sick and dying." And because of these public funds, grass-root organizations have to become more professional in order to keep receiving these funds. He noted that TAP's more recent hires in case management have been people with advanced professional degrees.

We went on to the area of private fundraising, noting the departures of Paul Draper and Susan Tremblay from TAP's Development Office. Steve said he hoped to have a fundraising assistant on staff soon and to hire a new person to replace Paul by mid-November. Steve talked about redefining the fundraising arm of TAP to include the areas of corporate and foundation relationships, to build relationships with these groups in hopes of future grants and contracts.

"My goal," Steve said, "is to reduce our dependence on the state. Not by reducing the dollars that we get from the state, but by increasing the amount of funding we get from private sources," thereby lessening the percentage of TAP's budget dependent on state funding. An executive will be on loan to The Project starting in October to help The Project begin building a corporate and foundation relations initiative. Steve is excited by this as he hopes it will bring good ideas to the agency.



I asked Steve about his relationship to clients at TAP and what he would like that relationship to be. He said, "This agency exists basically for 2 reasons - first, to help people with HIV/AIDS get the services they need - and in doing that, improve the quality of their lives - and second, to educate and help prevent new infections." He knows that historically TAP has tried to get input and feedback from its clients and he hopes to continue that. He wants to be accessible to clients, which is why he attends the client lunch most Thursdays, so he can put a face on the clients he knows the agency serves. Still, he was careful to point out that he is not a case manager, that TAP has case managers who do that job, and that he is not a substitute for the client-case manager relationship. Steve said, "Clients provide an important perspective and richness to the place."

Steve said he is still getting to know the members of the Board of Directors and of the Advisory Board. Many of them have called him to talk and he will be meeting in October with the Advisory Board and looks forward to it.

When I asked him what message he hoped to project to the AIDS community and the community-at-large, Steve talked about his being someone who brings a new perspective to the state. He wants to open the discussion about the appropriate roles of the public and private sectors, and in defining those roles to not confuse them. He talked about building coalitions and working together with other organizations. He talked about meeting Tom Cathcart, Peabody House's new Executive Director and feeling good about the two organizations' relationship. Peabody House is now contracted by TAP to provide coordination of volunteers who provide practical services to clients, like grocery shopping, dog walking and the like.

Steve and I also talked about Carol LeBlanc, TAP's Director of Social Services, and all the good ideas she was bringing to life. For instance, the interdepartmental cooperation between case management and counseling/testing in providing support for

people newly diagnosed with HIV.

Finally, I asked Steve to talk, as he had in the interview process, about what it is about HIV/AIDS that makes him want to work in this field.

"Even though I'm coming from a corporate background," Steve said, "and even though I wear a tie to the office three or four days a week, I want people to look beyond that and to recognize that I'm a gay man who has lost many, many friends. And watched friends die. And I will never forget that aspect of this epidemic. When I do things, my agenda is to make things better for people. I don't want anyone misunderstanding me because I wear a tie or worked in the corporate world for 16 years."

Steve went on, "There are ways to get the job done so people's lives get better, and people's lives get saved. And that's what I'm about here. That's why I took this job. I didn't take this job for the money. I didn't take this job for the perks. I gave up a lot of that to take this job, because I wanted to do the work. Because I've seen what AIDS does to people. I've suffered losses and I want to help make things better." It is these feelings that I appreciate most of all from my interview with Steve.

So, Steve Moskey is on the job; a job that he says is his "greatest job", something he looks forward to doing every day with a "great staff".

## ATTENTION YORK COUNTY CLIENTS

The **York County AIDS Network (YCAN)** needs your help! If you're interested in helping, you can make a big difference!

YCAN is a group dedicated to providing a computerized resource base for people with HIV/AIDS and in establishing anonymous testing sites in York County.

We are looking for a Project Director, who has the ability to write grants and to do fundraising.

We're also interested in any kind of volunteers to work with YCAN to meet its goals.

If you're interested or know of someone who is interested, call **Getty at 985-8199**. If no one is in the office, leave a message with your name and phone number.

**in the**  
**affirmative**  
**mid-october**

**LOOK FOR AMANDA SEWALL'S  
STORY ON THE MAINE DRUG  
REIMBURSEMENT PROGRAM**

**NEXT ISSUE**



**The National AIDS Hotline**  
**1-800-342-2437**  
**The Maine AIDSLINE**  
**1-800-851-2437**





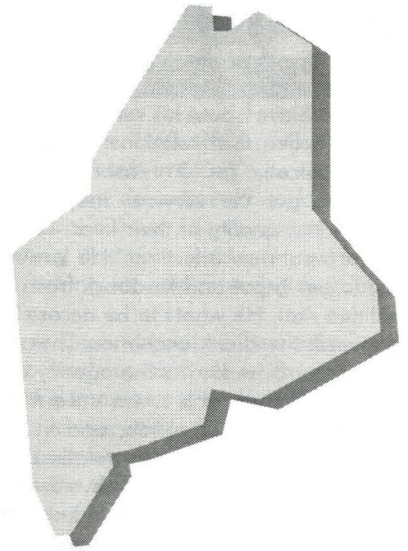
## the AIDS update

**Cases of AIDS in the U.S. since the beginning:  
513,486, with 319,849 deceased.**

**Cases of AIDS in Maine since the beginning:  
735, with 409 deceased.**

**Cases in Maine by region:  
Southern - 387    Central - 235    Northern - 113**

**72% of cases in Maine in 1996 are homosexual or bisexual.  
11% are heterosexual and 17% are undetermined.**



### people AT TAP

## MINI-BIOS OF THE PEOPLE AT THE AIDS PROJECT

### JUDI MANSING, BOARD MEMBER

Judi Mansing lives in Portland and is serving her second three-year term on the Board of Directors. She's been married to her husband Ed for 29 years. She has a Master of Science in Education from the City College of New York with a major in Education and minors in English and Psychology. She also has a Master of Arts from the State University of New York at Stonybrook.

Judi taught elementary education for 11 years and now has two businesses: Mansing and Company, an advertising agency, and R. P. Imports, a wine brokerage and importing company.

Her goal as member of the Board is "to make a difference; to be able to improve the services and quality of life of clients." She says, "I was tired of losing friends (to AIDS) and needed to do something positive."

Judi enjoys wine, sailing, travel, fly fishing, golf and cooking. Her favorites include: Movies, French Kiss and Out of Africa.

Her fantasy vacation would be travelling on the Orient Express, where she would no doubt run into that master detective, Hercule Poirot. The best trip she's ever taken was a 2-week wine tasting and cooking trip to France. The best meal was dinner at L'Esperance, a 3-star restaurant in Burgundy, France.

Her philosophy to live by is: Two roads diverged in a wood and I took the one less travelled by, and that made all the difference.

When asked who she would want for roommates, any 3 people real or fictional, she chose: Queen Elizabeth, "so I could borrow her jewelry"; Lulu Peyraud, "the famous cook from Provence, so I could taste her food"; and Paul McCartney, "so I could hear the songs he has written, but never published".

Judi is a terrific member of the Board of Directors and a warm and funny person to be around.

### MIKE MARTIN, BOARD MEMBER

Mike Martin lives in Sanford and is in his second year on the Board. He is gay and HIV-positive, having been diagnosed in 1988. He lives with his four cats: Fanny, George, Sandy and Tigger. He has an Associate of Science degree in Communications with a major in Broadcast Journalism from Grahm Junior College in Boston.

Mike was self-employed for many years and is now "semi-retired" doing temp work from time to time. He is the editor of this newsletter and was on the Search Committee for TAP's Executive Director position. He chairs the Client Services Committee of the Board.

Mike's goal as a Board member is "to help improve the delivery of services to clients and to ensure that, as TAP changes, it keeps hold of its primary mission." His interest in working on HIV issues is "obviously, my own status as HIV-positive and the status of my friends with HIV/AIDS."

Mike's favorites include: Books, Sherlock Holmes and anything by Kinky Friedman; Movies, Field of Dreams and Driving Miss Daisy; Magazine, Vanity Fair; TV Shows; Mystery! and The McLaughlin Group; Play, Inherit The Wind; Color, Blue; Singer, Billy Joel; Actor and Actress, Jeremy Brett and Jessica Tandy.

His best trip "should have been California, but it wasn't." His fantasy vacation would be to go to London. His best meal was "tomato soup and toast at a diner at the foot of Mount Chocurua in New Hampshire after the hike."

He most admires Edward R. Murrow. His philosophy in life is: "It seemed like a good idea at the time." His favorite quote is: "No man is so different from another than he is from himself at another time."

His three roommates would be: Sherlock Holmes, for the adventures; Mark Twain, for the laughs; and Benjamin Franklin, for his stories of being at the birth of our nation.

Asked to share anything else, Mike said, "When life weighs heavily on me, I remember that my mother loves me, my brothers love me, my best friend loves me, and my cats love me, too."



## NEWSBRIEFS

### TEACHERS NEED MORE AIDS PREVENTION TRAINING

The CDC is pleased that 39 states require AIDS prevention education in their schools, but, the CDC says, teachers need more training. Only 31 percent of those who teach AIDS prevention are trained to do it, and the CDC says more needs to be done.

### FEDS STOP TESTING OF INEFFECTIVE AIDS DRUG

Testing of a drug for treatment of the AIDS-related virus CMV retinitis was stopped by federal health officials when it was discovered that the drug was having no effect on the disease.

209 patients, out of 325 planned, were enrolled in the study of MSL 109 when the feds halted the study after an independent data and safety monitoring board recommended discontinuing. CMV can lead to sight impairment and even blindness.

### BOSTON TO NEW YORK BIKE RIDE FOR AIDS RAISES \$6.2M

Over three thousand bicyclists travelled on a four-day, 300 mile course from Boston to New York to raise money for people with AIDS. It was the fifth such event in as many years and raised 6.2 million dollars for the treatment of people who have AIDS. All together, the rides have raised over 25 million dollars.

The riders were a varied group of mostly amateur riders. Each rider had to have pledges totaling at least \$1,500 to take part in the ride.

One rider, Martin Silver, says the ride was his "penance" for years of homophobia. Growing up he reviled gay people and when AIDS struck he considered it to be gay people's curse for immorality.

Martin's wife helped change her husband's attitude when she introduced him to her co-worker, a gay man who had helped her with her career at the office. Initially cold to the co-worker, Martin and the gay man, Richard, grew to have a genuine friendship.

The friendship was only a few years old when Richard went into the hospital. Silver said, "He never even told us he was HIV-positive. He didn't want to burden his friends. I watched his decline and I watched him die. And I cried."

Martin raised over \$7,000 in the AIDS ride.

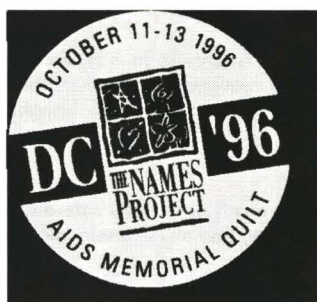
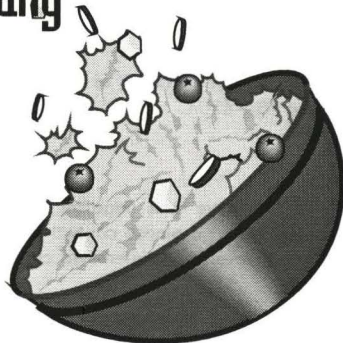
take  
note

# Free Lunch

for TAP clients  
and TAP staff

Every Thursday  
At Noon at TAP

Come and join  
the gang for good  
food and good  
company



**The AIDS Quilt Goes to Washington, D.C.**

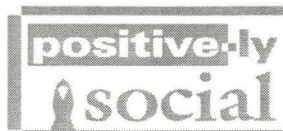
**October 11-13, 1996**

Quilt on Display, Open to the Public, 8 am to 5 pm.

For more information contact:  
**The NAMES Project at 415-882-5500**

or  
**The NAMES Project/Maine**  
**(207) 774-2198**

**P.O. Box 10248**  
**Portland, ME 04104**



**POSITIVELY SOCIAL OF MAINE**  
PRESENTS

## THE FALL RETREAT

FOR ANYONE WITH HIV/AIDS

**OCTOBER 18-19-20, 1996**

FRIDAY THRU SUNDAY

\$40 (IF REGISTERED BY SEPTEMBER 15, 1996)

\$50 (AFTER SEPTEMBER 15, 1996)

INCLUDES ALL MEALS

The Fall Retreat is open to anyone with HIV/AIDS. The 3-day retreat will be held at Pilgrim Lodge in Litchfield, Maine, from Friday, October 18th, to Sunday, October 20th. The Fall Retreat will be filled with fun, good company, interesting workshops, discussion groups and games. Pilgrim Lodge offers a beautiful setting on a lake, a warm fireplace and a relaxing atmosphere.

TO RECEIVE AN APPLICATION AND MORE  
INFORMATION CALL:

**(207) 499-0166 OR**

**(207) 774-7630**

Positively Social is a group by and for people with HIV/AIDS located in southern Maine, where members can socialize and enjoy the company of others with HIV/AIDS. Correspondence to and membership in Positively Social is strictly confidential.

**REGULAR SOCIAL MEETINGS ARE  
HELD THE 2ND FRIDAY OF EACH  
MONTH AT WILLISTON WEST  
CHURCH, 32 THOMAS ST.,  
PORTLAND, AT 7 P.M.**



Steve Zimmerman is the volunteer coordinator of the free tickets program at TAP called "Immediate Seating". He can be reached by calling TAP at 774-6877 on Thursday mornings or you can leave a message for "Immediate Seating" at other times.

To get free tickets, you must sign up on Steve's confidential list of clients interested in tickets; then when tickets become available, Steve will call the people on his list.

Or, if you have a specific event in mind, call Steve way ahead of the event's date to see if Steve can get free tickets donated.

**call 774-6877**



## support groups

### **Mondays**

#### **5:30 p.m.-7:00 p.m. - HIV and Substance Abuse Recovery**

A safe space for people living with HIV and in the process of recovery from alcohol and drug addiction. Small Group Room, TAP.

### **Tuesdays**

#### **10:30 a.m.-Noon - HIV Infected and Affected Drop-in Support Group**

A place for both persons infected and affected to express feelings, share experiences and receive support. Large Group Room, TAP.

### **Thursdays**

#### **Noon - Open Client Lunch**

Informal gathering of TAP staff and clients. Large Group Room, TAP.

### **HIV and IDU Recovery**

Discovery House and The AIDS Project are co-sponsoring a safe and supportive place for people living with HIV, who are also in recovery from intravenous drug abuse. It is not necessary to be a client of either agency. Contact Randy May at TAP 774-6877 or Willy Willette at Discovery House 774-7111 for more information about the group.

#### **5:30 p.m.-7:00 p.m. - People Living with HIV**

Drop-in support group open to anyone with HIV/AIDS. Large Group Room, TAP.

### **Other Support Groups**

#### **Androscoggin/Oxford Counties**

#### **Tuesdays, 1:30 p.m.-3:00 p.m. - People Living with HIV**

Drop-in support group. 3rd Tuesdays of the month, also open to partners. Group Room at TAP Office at 1 Auburn Center, Auburn. For more information contact Diana Carrigan at 783-4301.

### **Groups Resuming at TAP in the Fall:**

#### **Mixed HIV Status Gay Male Couples**

A closed, time-limited support group that provides a space for both positive and negative partners to explore issues specific to their relationships. This group is limited to five couples, so please contact Victor Rash at TAP 774-6877 to sign up. Because of the success of this group, if we have enough interested couples, we will run a second group.

#### **Heterosexual Couples Group**

A closed, time-limited support group for couples with one or both partners living with HIV. This group is limited to five couples, so please contact Randy May at TAP 774-6877 to sign up.

#### **Polarity Yoga**

An open, drop-in morning support group for anyone living with HIV. "Polarity yoga is based on the premise that the least amount of effort can produce the greatest results. Using movement, sound and breath, Polarity Yoga exercises the body, mind and spirit, allowing our vital energies to flow freely, bringing harmony, balance, and insight into our own truths."

#### **Videos and Safer Sex for Men**

An open discussion group for gay, bisexual and questioning men of all ages. This safe and confidential educational group will focus on safer sex today, barriers to safer activity, and skills development for healthier choices. Contact John Holverson at 774-6877 for more information.

### **New Groups Starting at TAP in the Fall:**

#### **Heterosexuals Living with HIV**

A drop-in support group for straight men and women who are living with HIV.

#### **HIV Negative Partners**

A time-limited closed group for HIV-negative gay male partners, offering a time and place to share experiences, clarify feelings and needs, and gain strength and hope toward living and loving someone infected with the virus.

**Any suggestions or questions about support groups, contact Randy May, LMSW, Case Manager, at The AIDS Project - (207) 774-6877.**

## THE AIDS PROJECT

### **The AIDS Project**

**615 Congress Street**

**(or 142 High Street)**

**P.O. Box 5305**

**Portland, Maine 04101**

Phone: 774-6877

Fax: 879-0761

AIDS Hotline: 775-1267

or 1-800-851-2437

E-mail: [aidsproj@neis.net](mailto:aidsproj@neis.net)

Oxford/Androscoggin County Office

One Auburn Center

P.O. Box 14L

Auburn, ME 04210

Phone: 783-4301

Fax: 795-4084

York County Office

Suite 8

208 Lafayette Center

Kennebunk, ME 04043

Phone: 985-8199

Fax: 985-8199

### **Staff:**

Steve Addario

Simon Bogan

Diana Carrigan

Janine Collins

Sequoia Dance

Douglas Eaton

Tamara Harvey

John Holverson

Paul Lavin

Carol LeBlanc

Randy May

Steve Moskey

Getty Payson

Victor Rash

Steve Reevey

Jill Tacy

David Young

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